

## Encounter #1

### History & Physical Report

#### 7/1/2023: Urgent Care Visit - Headache (R51.9) (MD Giancarlo DiMassa)

Rinaldi Cobarrubia

Appointment: 7/1/2023 9:00 AM

Location: Continuum - Office South

Patient #: 61290

DOB: 3/17/1981

Married / Language: English / Race: Asian

Male

History of Present Illness (MD Giancarlo DiMassa; 7/3/2023 12:04 PM)

Patient words: patient coming in for headache for 1.5 weeks all day disrupts work day, sleep

Patient describes a very sharp headache in the back of his head for the past week and a half. Patient states that it is intermittent in nature and will last a few minutes. Not the worst week of his life no associated nausea or vomiting. It does disrupt his sleep as he wakes up from it. Patient notes no history of similar headaches in the past. Patient notes no fever. Patient notes no neck pain. Patient describes the pain as mild to moderate when it occurs. Patient is requesting MRI.

The patient is a 42 year old male who presents with headache.

Problem List/Past Medical (Krystal Headlee, MA; 7/1/2023 1:12 PM)

No Known Problems [07/01/2023]:

Allergies (Krystal Headlee, MA; 7/1/2023 1:12 PM)

No Known Drug Allergies [07/01/2023]:

Medication History (Krystal Headlee, MA; 7/1/2023 1:13 PM)

Miralax (17gram powder in pack, 1 (one) oral daily, as needed for constipation, Taken starting 02/17/2023) Inactive.

Social History (Krystal Headlee, MA; 7/1/2023 1:13 PM)

No Drug Use

Tobacco Assessment

Alcohol Use

Past Surgical History (Krystal Headlee, MA; 7/1/2023 1:13 PM)

None [07/01/2023]:

Review of Systems (MD Giancarlo DiMassa; 7/3/2023 12:04 PM)

Note: Pertinent positives listed in the HPI otherwise a full 10 point review of systems reviewed and negative.

Vitals (Krystal Headlee MA; 7/1/2023 4:49 PM)

7/1/2023 4:47 PM

**Pain Level:** 8/10

**Temp.:** 98.3° F (Oral) **Pulse:** 76 (Regular) **Resp.:** 17 (Unlabored) P.OX: 95% (Room air, FiO2: 20%)

**BP:** 126/82 (Sitting, Left Arm, Standard)

7/1/2023 1:13 PM

**Weight:** 183.25 lb **Height:** 67 in

Height was reported by patient.

**Body Surface Area:** 1.95 m<sup>2</sup> **Body Mass Index:** 28.7 kg/m<sup>2</sup>

**Pain Level:** 8/10

**Temp.:** 98.5° F (Tympanic) **Pulse:** 71 (Regular) **Resp.:** 17 (Unlabored) P.OX: 99% (Room air, FiO2: 20%)

**BP:** 145/95 (Sitting, Left Arm, Standard)

Physical Exam (MD Giancarlo DiMassa; 7/3/2023 12:04 PM)

The physical exam findings are as follows:

Note: GENERAL: Well-developed, well-nourished alert and in no acute distress. Ambulates into the room without any difficulty or assistance.

SKIN: Warm and dry.

HEENT: Normocephalic. Atraumatic.

EYES: Normal conjunctiva, normal sclera. PERRLA, EOMI.

EARS: Canals are patent. Tympanic membranes are clear.

NOSE: No swelling. No rhinorrhea.

MOUTH/THROAT: Posterior pharynx clear. No tonsillar swelling or exudate. Uvula midline. No oral lesions.

NECK: No swelling, no lymphadenopathy, normal ROM. No meningismus.

CHEST: No tachypnea. No respiratory distress. Lungs have good tidal volume with normal breath sounds bilaterally. No wheezing, no crackles, no rhonchi.

HEART: Regular rate and rhythm.

ABDOMEN: Non distended. Nontender to palpation; no guarding, rebound, or rigidity. No masses.

BACK: Nontender without step-off or deformity to firm midline palpation. No CVAT.

EXTREMITIES: Normal ROM. No edema.

NEURO: A&O x3, GCS 4-6-5. Speech normal.

Patient has 5 out of 5 strength in all extremities

Patient has normal distal sensation

Patient has normal gait

Cranial nerves II through VII are tested and normal

Results (MD Giancarlo DiMassa; 7/3/2023 12:07 PM)

#### Procedures

Name	Value	Date
MR Brain WO	Procedure Note: IMPRESSION: Negative non-gadolinium enhanced MRI brain.	Performed: 7/1/2023 3:40 PM
Dictated By: James Summa MD at 07-01-2023 17:54		

Assessment & Plan (MD Giancarlo DiMassa; 7/3/2023 12:07 PM)

Headache (R51.9)

Story: Patient had significant pain here in the emergency department. Therefore, he was given Toradol. He was ultimately given dexamethasone IM as well. He had moderate improvement of the symptoms. MRI of the brain is included above and shows no evidence of intracranial mass bleed or worrisome lesion. I sincerely doubt subarachnoid hemorrhage. The symptoms have been intermittent for 10 days, not the worst of his life no associated nausea or vomiting and patient has normal neurologic exam at this time. I doubt meningitis as the patient has no meningismus no fever. I doubt carbon oxide poisoning. I doubt vertebrobasilar insufficiency as there is been no manipulation or trauma. At this time I do feel comfortable and the patient be discharged home. He has been given a prescription for tramadol. He has been asked to follow-up closely with PCP. Impression: I spent 80 minutes today in the the evaluation and management of this established/patient. This direct patient care time listed above included my review of prior records, review and interpretation of studies completed today, initial and repeat bedside assessments of the patient's clinical status, and documentation of the encounter. My time also included discussion with the patient as to the diagnosis, potential treatments and their risks/benefits, as well as discussion with PCP/consulting physicians in regards to this case. The patient had multiple complex medical problems addressed during this encounter. None of this time described above was spent performing separate billable procedures or ancillary services.

#### Current Plans

- MR BRAIN WO CON (70551) : walked over 3:33 lp
- INJECTION OF KETOROLAC 30 mg IM(J1885) - STAT (2 Units)
- INJECTION OF DEXAMETHASONE 10 MG (J1100)
- Started naproxen 500 mg tablet, 1 Tablet 2 times per day;pain, #20, 07/01/2023, No Refill.
- INJECTION, INTRAMUSCULAR OR SUBCUTANEOUS, THERAPEUTIC (96372)
- Started tramadol 50 mg tablet, 1 Tablet 2 times per day;pain, #5, 07/02/2023, No Refill.

Local Order:

- Pharmacist Notes: cancel fioricet

Signed by MD Giancarlo DiMassa (7/3/2023 12:07 PM)

#### Procedures

**MR BRAIN WO CON (70551) : walked over 3:33 lp** Performed: 07/01/2023 (Ordered)

**INJECTION OF KETOROLAC 30 mg IM(J1885)** (2 Units) Performed: 07/01/2023 (Final, Reviewed)

**INJECTION OF DEXAMETHASONE 10 MG (J1100)** Performed: 07/01/2023 (Final, Reviewed)

**INJECTION, INTRAMUSCULAR OR SUBCUTANEOUS, THERAPEUTIC (96372)** Performed: 07/01/2023 (Final, Not Reviewed)