

Encounter # 1

History & Physical Report

10/29/2022: Urgent Care Visit - Intractable migraine without status migrainosus, unspecified migraine type (G43.919) (Freddy Sotelo, MD)

Monica Moreno

Appointment: 10/29/2022 9:00 AM

Location: Continuum - Office South

Patient #: 57380

DOB: 12/4/1993

Single / Language: English / Race: Undefined

Female

History of Present Illness (Freddy Sotelo MD: 10/29/2022 1:03 PM)

The patient is a 28 year old female who presents with a complaint of C/O Migraine. 28-year-old female with a history of migraine headaches 2 episodes per month presenting with intractable headache she tried Naprosyn and sumatriptan it did not work pulsating right-sided headache denies fever or nuchal rigidity which she has mild nausea and mild photophobia. Pain is 8 out of 10 in severity. Denies any weakness paralysis or numbness

Additional reasons for visit:

Headache

Past Surgical History (Jennifer Ortega, MA: 10/29/2022 10:49 AM)

Gallbladder Surgery

None [10/29/2022]: (Marked as Inactive)

Review of Systems (Freddy Sotelo, MD: 10/29/2022 1:3 PM)

General Present- Feeling well, Not Present- Fatigue, Fever and Night Sweats.

Skin Not Present- Clamminess and Rash.

HEENT Present- See HPI.

Neck Present- See HPI.

Respiratory Not Present- Cough and Difficulty Breathing.

Cardiovascular Not Present- Chest Pain, Shortness of Breath and Swelling of Extremities.

Gastrointestinal Not Present- Abdominal Pain, Diarrhea and Vomiting

Musculoskeletal Not Present- Back Pain, Calf Pain, Joint Pain, Joint Swelling, Muscle Cramps, Muscle Weakness and Swelling of Extremities.

Neurological Present- See HPI.

Psychiatric Not Present- Anxiety, Change in Sleep Pattern, Depression and Mood changes.

Endocrine Not Present- Cold Intolerance, Excessive Thirst, Excessive Urination and Heat Intolerance.

Vitals (Marissa Morimoto: 10/29/2022 1:34 PM)

10/29/2022 1:34 PM

Pain Level: 2/10

Temp.: 98.2° F **Pulse:** 78 (Regular) **Resp.:** 18 (Unlabored) **P.OX:** 98% (Room air)

BP: 140/87 (Sitting, Left Arm, Standard)

10/29/2022 10:49 AM

Weight: 213.8 lb **Height:** 66 in

Body Surface Area: 2.06 m² **Body Mass Index:** 34.51 kg/ m²

Pain Level: 7/10 **LMP:** 10/2/2022

Temp.: 98.1° F (Temporal) **Pulse:** 73 (Regular) **Resp.:** 16 (Unlabored) **P.OX:** 100% (Room air)

BP: 132/82 (Sitting, Left Arm, Standard)

Physical Exam (Freddy Sotelo, MD; 10/29/2022 1:3 PM)

General

Mental Status - Alert.

General Appearance - Cooperative, Well groomed, Consistent with stated age, Not in acute distress.

Build & Nutrition - Well nourished and Well developed.

Hydration - Well hydrated.

Head and Neck

Head - normocephalic, atraumatic with no lesions or palpable masses.

Neck

Global Assessment - full range of motion and supple, no bruit auscultated on the right, no bruit auscultated on the left, non-tender, no lymphadenopathy, no palpable mass on the right, no palpable mass on the left, no nuchal rigidity.

Eye

Vision - Visual fields without obvious defect.

Eye ball - Left - No Nystagmus - Left.

Eye ball - Right - No Nystagmus - Right.

Pupil - Left - Direct reaction to light normal, Equal, Regular and Round.

Pupil - Right - Direct reaction to light normal, Equal, Regular and Round.

ENMT

Ears

External Auditory Canal - Left - no tenderness noted. **External Auditory Canal - Right** - no tenderness noted.

Mouth and Throat

Oral Cavity/ Oropharynx - **Oral Mucosa** - pink and moist.

Chest and Lung Exam

Inspection

Shape - Normal. **Movements** - Symmetrical.

Auscultation

Breath sounds - Normal. **Adventitious sounds** - No Adventitious sounds.

Cardiovascular

Inspection

Jugular vein - Bilateral - Inspection Normal.

Palpation/ Percussion

Carotid Artery - Bilateral - Normal pulsations - Bilateral.

Auscultation

Rhythm - Regular. **Heart Sounds** - Normal heart sounds. **Murmurs & Other Heart Sounds** - **Auscultation of the heart reveals** - No

Murmurs. **Carotid arteries** - No Carotid bruit.

Abdomen

Inspection

Inspection of the abdomen reveals - No Visible peristalsis, No Abnormal pulsations, No Paradoxical movements and No Hernias. **Skin** -

Inspection of the skin of the abdomen reveals - No Stria and No Scars.

Peripheral Vascular

Upper Extremity

Palpation - Left - Temperature - Warm - Left. **Temperature - Right** - Warm - Right. **Tenderness - Left** - Non Tender. **Tenderness - Right**

- Non Tender. **Edema - Left** - No edema - Left. **Edema - Right** - No edema - Right.

Lower Extremity

Palpation - Left - Temperature - Warm - Left. **Temperature - Right** - Warm - Right. **Tenderness - Left** - Non Tender. **Tenderness - Right**

- Non Tender. **Edema - Left** - No edema - Left. **Edema - Right** - No edema - Right.

Neurologic

Mental Status

Speech - Normal.

Cranial Nerves - Normal Bilaterally.

Sensory - Normal.

Motor

Bulk and Contour - Normal. **Tone** - Normal. **Strength** - 5/ 5 normal muscle strength - All Muscles.

Coordination - Normal.

Gait - Normal.

Meningeal Signs - None.

Neuropsychiatric

Mental status exam performed with findings of - Oriented X3 with appropriate mood and affect.

Assessment & Plan (Freddy Sotelo MD; 11/2/2022 10:32 AM)

Intractable migraine without status migrainosus, unspecified migraine type (G43.919)

Impression: 28-year-old female presents with intractable migraines I did consider the differential diagnosis which includes migraine exacerbation, status migrainosus, subarachnoid hemorrhage, meningitis. History and physical examination is suggestive of migraine exacerbation doubt subarachnoid hemorrhage or meningitis as patient is well-appearing afebrile and this is a typical gradual onset headache. total time spent with patient counseling , re-assessing, high risk medication infusion and resolution of symptoms: 120 minutes

Current Plans

- URINE PREG TEST-VIS COL (81025)
- INTRAVENOUS ADMINISTRATION OF PROCHLORPERAZINE 10 MG (J0780) - STAT
- INFUSION, NORMAL SALINE SOLUTION , 1000 CC (J7030) : done JL - STAT
- INJECTION OF KETOROLAC (J1885) : IV - done JL - STAT (30 MG) (2 Units)
- INJECTION OF DIPHENHYDRAMINE 25mg (J1200) : done JL - STAT
- INJECTION, INTRAVENOUS 15 min or less (96374)
- INFUSION, INTRAVENOUS, 91-151 MINUTES (96366)
- INFUSION, THERAPEUTIC AGENT, INTRAVENOUS 16-90 minutes (96365)



Signed electronically by Freddy Solelo, MD (11/2/2022 10:32 AM)

Flow Sheet

IV therapy-ContinuEM

Date: 10/29/2022

Note:

	IV/ IM/ SQ
Insertion Date and Time	10/29/22 1135
Procedure	PIV insertion
Gauge	22G
Location	left AC
Cath status	patent
# Failed Attempts	0
Flush	yes
Blood Draw?	no
Initials	JL
Date removed/ time	10/29/22
Initials	1402

Laboratories

URINE PREG TEST-VIS COL (81025) Final, Not Reviewed (Collected: 10/29/2022)

Diagnosis: Intractable migraine without status migrainosus, unspecified migraine type (G43.919)

URINE PREG TEST-VIS COL **negative**

Result Note:

Result Annotation:

Procedures

INTRAVENOUS ADMINISTRATION OF PROCHLORPERAZINE 10 MG (J0780) Performed: 10/29/2022 (Final, Reviewed)

INFUSION, NORMAL SALINE SOLUTION, 1000 CC (J7030) : done JL Performed: 10/29/2022 (Final, Reviewed)

INJECTION OF KETOROLAC (J1885) : IV - done JL (2 Units) Performed: 10/29/2022 (Final, Reviewed)

INJECTION OF DIPHENHYDRAMINE 25mg (J1200) : done JL Performed: 10/29/2022 (Final, Reviewed)

INJECTION, INTRAVENOUS 15 min or less (96374) Performed: 10/29/2022 (Final, Not Reviewed)

INFUSION, INTRAVENOUS, 91-151 MINUTES (96366) Performed: 10/29/2022 (Final, Not Reviewed)

INFUSION, THERAPEUTIC AGENT, INTRAVENOUS 16-90 minutes (96365) Performed: 10/29/2022 (Final, Not Reviewed)

Encounter #1

History & Physical Report

7/3/2023: Urgent Care Visit - Threatened miscarriage (O20.0) (Kim Reich, FNP C)

Monica Moreno

Appointment: 7/3/2023 1:59 PM

Location: Continuum - Office South

Patient #: 57380

DOB: 12/4/1993

Single / Language: English / Race: Undefined

Female

History of Present Illness (Kayla Rehm PA; 7/3/2023 2:45 PM)

Patient words: c/o low abdominal pain x1 week, spotting x2-3 days.

The patient is a 29 year old female who presents with a complaint of abdominal pain. Patient here with complaints of lower pelvic pain and cramping and mild spotting. Patient is roughly 7 weeks pregnant. She developed some left lower pelvic pain that has been radiating across over the last week. She noticed some spotting with wiping and some yellow discharge. She has an appointment for her first visit with her OB on 7/13/2023 but has not seen them yet. She does have a history of chlamydia when she was pregnant with her first. She denies any history of ectopic. She is G4, P1 with 1 prior miscarriage and 1 prior abortion. No fevers, vomiting, urinary symptoms. Unsure of her blood type.

Allergies (Nanci Hernandez, MA; 7/3/2023 2:15 PM)

No Known Drug Allergies [07/03/2023]:

Medication History (Nanci Hernandez, MA; 7/3/2023 2:16 PM)

mupirocin (2% ointment, 1 (one) topical three times daily, as needed, Taken starting 02/08/2023) Active.

ibuprofen (600mg tablet, 1 (one) oral every 6 hours as needed for pain, Taken starting 02/08/2023) Active.

Naproxen Sodium (Oral) Specific strength unknown - Active.

Social History (Nanci Hernandez, MA; 7/3/2023 2:16 PM)

None [07/03/2023]:

Past Surgical History (Nanci Hernandez, MA; 7/3/2023 2:16 PM)

Gallbladder Surgery

None [10/29/2022]: (Marked as Inactive)

Review of Systems (Kayla Rehm PA; 7/3/2023 2:46 PM)

Note: GENERAL: no fever, no chills

SKIN: no rash

EYES: no eye redness

ENT: no throat pain, no rhinorrhea

CARDIAC: no chest pain, no edema

PULMONARY: no cough, no shortness of breath

GASTROINTESTINAL: no vomiting, no diarrhea, no abdominal pain

GU: no dysuria

NEUROLOGIC: no focal weakness, no headache

MUSCULOSKELETAL: no joint swelling

HEMATOLOGY: no abnormal bleeding

IMMUNOLOGY: no immunosuppression

Vitals (Nanci Hernandez MA; 7/3/2023 5:30 PM)

7/3/2023 5:30 PM

LMP: (Pregnant)

Pulse: 70 (Regular) Resp.: 17 (Unlabored) P.OX: 99% (Room air, FiO2: 20%)

BP: 113/73 (Sitting, Left Arm, Standard)

7/3/2023 2:16 PM

Weight: 217.25 lb Height: 66 in

Height was reported by patient.

Body Surface Area: 2.07 m² Body Mass Index: 35.06 kg/m²

Pain Level: 4/10 LMP: 5/15/2023 (Pregnant)

Temp.: 98.7° F (Tympanic) Pulse: 76 (Regular) Resp.: 18 (Unlabored) P.OX: 98% (Room air, FiO2: 20%)

BP: 125/80 (Sitting, Left Arm, Standard)

Physical Exam (Kayla Rehm PA; 7/3/2023 3:47 PM)

The physical exam findings are as follows:

Note: GENERAL: Well-developed, well-nourished, alert and in no acute distress. Ambulates into the room without any difficulty or assistance.

SKIN: Warm and dry.

HEENT: Normocephalic. Atraumatic.

EYES: Normal conjunctiva, normal sclera.

NECK: No swelling, no lymphadenopathy, normal ROM. No meningismus.

CHEST: No tachypnea. No respiratory distress. Lungs have good tidal volume with normal breath sounds bilaterally. No wheezing, no crackles, no rhonchi.

HEART: Regular rate and rhythm.

ABDOMEN: Non distended. Nontender to palpation; no guarding, rebound, or rigidity. No masses.

PELVIC: Normal external genitalia. No rash, redness, discoloration. Yellow vaginal discharge noted. There is no cervical motion tenderness or adnexal masses or tenderness.

BACK: Nontender without step-off or deformity to firm midline palpation. No CVAT.

EXTREMITIES: Normal ROM. No edema.

NEURO: A&O x3, GCS 4-6-5. Speech normal.

Results (Kim Reich FNP C; 7/3/2023 6:05 PM)

Labs

Name	Value	Range	Date
CHLAMYDIA TRAC, AMPL, INFCT ANTIGEN (87491)			Collected: 7/3/2023 2:38 PM
Chlamydia Trachomatis (CT)	NOT DETECTED	NOT DETECTED	Collected: 7/3/2023 2:38 PM
Neisseria Gonorrhoeae (NG)	NOT DETECTED	NOT DETECTED	Collected: 7/3/2023 2:38 PM
TRICHOMONAS VAGINALIS (87661)			Collected: 7/3/2023 2:38 PM
Trichomonas Vaginalis	NOT DETECTED	NOT DETECTED	Collected: 7/3/2023 2:38 PM
BHCG (HUMAN CHORIONIC GONADOTROPIN - BETA) (84702) : Drawn 3:01pm KH			Collected: 7/3/2023 2:38 PM
HCG	>1332.00 mIU/mL	0.0 - 5.0 mIU/mL	Collected: 7/3/2023 2:38 PM
HCG Dilution	66411.0 mIU/mL	1050.0 - 270000.0 mIU/mL	Collected: 7/3/2023 2:38 PM
URINALYSIS, AUTOMATED, W/O MICRO* (81003)			Collected: 7/3/2023 2:00 PM
UA - APPEARANCE	clear		Collected: 7/3/2023 2:00 PM
UA - COLOR	yellow		Collected: 7/3/2023 2:00 PM
UA - LEUKOCYTE ESTERASE	negative Leu/uL		Collected: 7/3/2023 2:00 PM
UA - NITRITE	negative		Collected: 7/3/2023 2:00 PM
UA - UROBILINOGEN	negative mg/dL		Collected: 7/3/2023 2:00 PM
UA - PROTEIN	negative mg/dL		Collected: 7/3/2023 2:00 PM
UA - PH	8		Collected: 7/3/2023 2:00 PM
UA - BLOOD	2+ Ery/uL		Collected: 7/3/2023 2:00 PM
UA - SPECIFIC GRAVITY	1.015		Collected: 7/3/2023 2:00 PM
UA - KETONES	negative mg/dL		Collected: 7/3/2023 2:00 PM
UA - BILIRUBIN	negative mg/dL		Collected: 7/3/2023 2:00 PM
UA - GLUCOSE	negative mg/dL		Collected: 7/3/2023 2:00 PM
URINE PREG TEST-VIS COL (81025)			Collected: 7/3/2023 2:00 PM
URINE PREG TEST-VIS COL	positive		Collected: 7/3/2023 2:00 PM

Procedures

Name	Value	Date
US Ob Less Than 14 Weeks TA and TV	<p>Procedure Note: EXAM: ULTRASOUND OBSTETRICAL LESS THAN 14 WEEKS, TRANSABDOMINAL AND TRANSVAGINAL</p> <p>HISTORY: Threatened miscarriage 29-year-old pregnant patient</p> <p>TECHNIQUE: Sonographic imaging was performed utilizing transabdominal and transvaginal approach.</p> <p>COMPARISON: None available.</p> <p>FINDINGS:</p> <p>Uterus measures 8.3 x 6.5 x 5.7 cm. Intrauterine gestational sac is seen. Within this gestational sac is a yolk sac and fetal pole with crown-rump length of 8 mm corresponding to gestational age of 6 weeks 5 days. Fetal heart rate is 164 beats per minutes. There is no evidence of subchorionic hemorrhage.</p> <p>Bilateral maternal ovaries are unremarkable.</p> <p>IMPRESSION: Early intrauterine pregnancy with crown-rump length 8 mm corresponding to gestational age of 6 weeks 5 days with ultrasound EDD 2/21/2024</p> <p>End of diagnostic report for accession: 39335353 Dictated: 07-03-2023 5:30:39 PM Electronically Signed By: Fan, Paul C, MD 07-03-2023 5:30:39 PM</p>	Performed: 7/3/2023 3:45 PM

Assessment & Plan (Kim Reich FNP C; 7/3/2023 6:07 PM)

Threatened miscarriage (O20.0)

Impression: Urine shows some mild blood

Urine pregnancy positive

Beta hCG 66,000s

Rh+

Trichomonas negative

Patient declined pain medication.

Pelvic ultrasound was ordered to check for ectopic.

Patient here with pelvic pain and spotting. I think unlikely PID as she has no cervical motion tenderness or adnexal tenderness. Doubt tubo-ovarian abscess. Did consider ectopic which is why we do for ultrasound. Did consider threatened miscarriage with other complication. I doubt UTI or pyelonephritis.

Patient be signed out to Kim Reich NP pending ultrasound results and gonorrhea and Chlamydia results. If gonorrhea chlamydia is negative and ultrasound shows an IUP patient will be discharged with outpatient follow-up with her OB/GYN. If any concerns for possible ectopic patient will be referred to the ED.

@1800: Care signed out to me. Gonorrhea and Chlamydia negative. Ultrasound shows IUP. Copy of ultrasound sent via email. No evidence of ectopic. Patient will follow-up with her OB/GYN and discharged in stable condition.

Current Plans

- URINE PREG TEST-VIS COL (81025)
- URINALYSIS, AUTOMATED, W/O MICRO* (81003)
- CHLAMYDIA TRAC, AMPL, INFCT ANTIGEN (87491)
- TRICHOMONAS VAGINALIS (87661)
- NEISSERIA GON, AMPL, INFCT ANTIGEN (87591)
- PELVIC EXAM (57410)
- RH (D) BLOOD TYPING (86901) : sent out 1545 NEH
- URINE BAC CULTURE-IDENTIFICATN (87088) : sent out 1545 NEH
- US Ob Less Than 14 Weeks TA and TV (76801) : w/o 1549 NEH
- BHCG (HUMAN CHORIONIC GONADOTROPIN - BETA) (84702) : Drawn 3:01pm KH
- MICROB ID NCL AC PR+AMP (87798) : sent out 1545 NEH
- HANDLING OF LAB SPECIMEN (99000)

History and Physical Note

Chart Review Note (WASHOFSKY, RICHARD MD; 7/3/2023 6:33 PM)

I have reviewed the history and physical note and findings.

Completed and submitted for review by Kim Reich FNP C (7/3/2023 6:07 PM)

Richard Washofsky

Signed electronically by RICHARD WASHOFSKY, MD (7/3/2023 6:35 PM)

Laboratories

URINE PREG TEST-VIS COL (81025) Final, Not Reviewed (Collected: 07/03/2023)

Diagnosis: Threatened miscarriage (O20.0)

URINE PREG TEST-VIS COL **positive** Result Note:
Result Annotation:

URINALYSIS, AUTOMATED, W/O MICRO* (81003) Final, Not Reviewed (Collected: 07/03/2023)

Diagnosis: Threatened miscarriage (O20.0)

UA - APPEARANCE	clear	Result Note:	Result Annotation:
UA - COLOR	yellow	Result Note:	Result Annotation:
UA - LEUKOCYTE ESTERASE	negative Leu/uL	Leu/uL Result Note:	Result Annotation:
UA - NITRITE	negative	Result Note:	Result Annotation:
UA - UROBILINOGEN	negative mg/dL	mg/dL Result Note:	Result Annotation:
UA - PROTEIN	negative mg/dL	mg/dL Result Note:	Result Annotation:
UA - PH	8 (abn)	Result Note:	Result Annotation:
UA - BLOOD	2+ (abn) Ery/uL	Ery/uL Result Note:	Result Annotation:
UA - SPECIFIC GRAVITY	1.015 (abn)	Result Note:	Result Annotation:
UA - KETONES	negative mg/dL	mg/dL Result Note:	Result Annotation:
UA - BILIRUBIN	negative mg/dL	mg/dL Result Note:	Result Annotation:
UA - GLUCOSE	negative mg/dL	mg/dL Result Note:	Result Annotation:

CHLAMYDIA TRAC, AMPL, INFCT ANTIGEN (87491) Final, Not Reviewed (Collected: 07/03/2023)

Diagnosis: Threatened miscarriage (O20.0)

Note: swab

Chlamydia Trachomatis (CT)	NOT DETECTED	(Normal Range: NOT DETECTED)	Result Note:
Neisseria Gonorrhoeae (NG)	NOT DETECTED	(Normal Range: NOT DETECTED)	Result Note:
Test Performed at: CEM(CEM), 6430 South Street, Lakewood, CA, 90713; Phone#Freddy Sotelo, MD			
Result Annotation:			

TRICHOMONAS VAGINALIS (87661) Final, Not Reviewed (Collected: 07/03/2023)

Diagnosis: Threatened miscarriage (O20.0)

Note: swab

Trichomonas Vaginalis	NOT DETECTED	(Normal Range: NOT DETECTED)	Result Note:
Test Performed at: CEM(CEM), 6430 South Street, Lakewood, CA, 90713; Phone#Freddy Sotelo, MD			
Result Annotation:			

NEISSERIA GON, AMPL, INFCT ANTIGEN (87591) Ordered (Collected: 07/03/2023)

Diagnosis: Threatened miscarriage (O20.0)

RH (D) BLOOD TYPING (86901) : sent out 1545 NEH Ordered

Diagnosis: Threatened miscarriage (O20.0)

URINE BAC CULTURE-IDENTIFICATN (87088) : sent out 1545 NEH Ordered

Diagnosis: Threatened miscarriage (O20.0)

BHCG (HUMAN CHORIONIC GONADOTROPIN - BETA) (84702) : Drawn 3:01pm KH Final, Not Reviewed (Collected: 07/03/2023)

Diagnosis: Threatened miscarriage (O20.0)

HCG >1332.00 mIU/mL (Normal Range: 0.0 - 5.0 mIU/mL) Result Note:

Result Annotation:

HCG Dilution 66411.0 mIU/mL (Normal Range: 1050.0 - 270000.0 mIU/mL) Result Note:

Approximate Gestation Age in Weeks:

0.2-1 (5 - 50 mIU/mL)
1-2 (50 - 500 mIU/mL)
2-3 (100 - 5,000 mIU/mL)
3-4 (500-10,000 mIU/mL)
4-5 (1,000 - 50,000 mIU/mL)
5-6 (1,000 - 100,000 mIU/mL)
6-8 (15,000 - 200,000 mIU/mL)
8-12 (10,000 - 100,000 mIU/mL)

Test Performed at:

CEM(CEM), 6430 South Street, Lakewood, CA, 90713; Phone#Freddy Sotelo, MD

Result Annotation:

MICROB ID NCL AC PR+AMP (87798) : sent out 1545 NEH Ordered

Diagnosis: Threatened miscarriage (O20.0)

Procedures

PELVIC EXAM (57410) Performed: 07/03/2023 (Final, Not Reviewed)

US Ob Less Than 14 Weeks TA and TV (76801) : w/o 1549 NEH Performed: 07/03/2023 (Ordered)

HANDLING OF LAB SPECIMEN (99000) Performed: 07/03/2023 (Final, Not Reviewed)

Encounter #1

History & Physical Report

7/3/2023: Urgent Care Visit - Threatened miscarriage (O20.0) (Kim Reich, FNP C)

Monica Moreno

Appointment: 7/3/2023 1:59 PM

Location: Continuum - Office South

Patient #: 57380

DOB: 12/4/1993

Single / Language: English / Race: Undefined

Female

History of Present Illness (Kayla Rehm PA; 7/3/2023 2:45 PM)

Patient words: c/o low abdominal pain x1 week, spotting x2-3 days.

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Allergies (Nanci Hernandez, MA; 7/3/2023 2:15 PM)

No Known Drug Allergies [07/03/2023]:

Medication History (Nanci Hernandez, MA; 7/3/2023 2:16 PM)

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Naproxen Sodium (Oral) Specific strength unknown - Active.

Social History (Nanci Hernandez, MA; 7/3/2023 2:16 PM)

None [07/03/2023]:

Past Surgical History (Nanci Hernandez, MA; 7/3/2023 2:16 PM)

Gallbladder Surgery

None [10/29/2022]: (Marked as Inactive)

Review of Systems (Kayla Rehm PA; 7/3/2023 2:46 PM)

Note: GENERAL: no fever, no chills

SKIN: no rash

EYES: no eye redness

ENT: no throat pain, no rhinorrhea

CARDIAC: no chest pain, no edema

PULMONARY: no cough, no shortness of breath

GASTROINTESTINAL: no vomiting, no diarrhea, no abdominal pain

GU: no dysuria

NEUROLOGIC: no focal weakness, no headache

MUSCULOSKELETAL: no joint swelling

HEMATOLOGY: no abnormal bleeding

IMMUNOLOGY: no immunosuppression

Vitals (Nanci Hernandez MA; 7/3/2023 5:30 PM)

7/3/2023 5:30 PM

LMP: (Pregnant)

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BP: 113/73 (Sitting, Left Arm, Standard)

7/3/2023 2:16 PM

Weight: 217.25 lb Height: 66 in

Height was reported by patient.

Body Surface Area: 2.07 m² Body Mass Index: 35.06 kg/m²

Pain Level: 4/10 LMP: 5/15/2023 (Pregnant)

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BP: 125/80 (Sitting, Left Arm, Standard)

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The physical exam findings are as follows:

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CHEST: No tachypnea. No respiratory distress. Lungs have good tidal volume with normal breath sounds bilaterally. No wheezing, no crackles, no rhonchi.

HEART: Regular rate and rhythm.

ABDOMEN: Non distended. Nontender to palpation; no guarding, rebound, or rigidity. No masses.

PELVIC: Normal external genitalia. No rash, redness, discoloration. Yellow vaginal discharge noted. There is no cervical motion tenderness or adnexal masses or tenderness.

BACK: Nontender without step-off or deformity to firm midline palpation. No CVAT.

EXTREMITIES: Normal ROM. No edema.

NEURO: A&O x3, GCS 4-6-5. Speech normal.

Results (Kim Reich FNP C; 7/3/2023 6:05 PM)

Labs

Name	Value	Range	Date
CHLAMYDIA TRAC, AMPL, INFCT ANTIGEN (87491)			Collected: 7/3/2023 2:38 PM
Chlamydia Trachomatis (CT)	NOT DETECTED	NOT DETECTED	Collected: 7/3/2023 2:38 PM
Neisseria Gonorrhoeae (NG)	NOT DETECTED	NOT DETECTED	Collected: 7/3/2023 2:38 PM
TRICHOMONAS VAGINALIS (87661)			Collected: 7/3/2023 2:38 PM
Trichomonas Vaginalis	NOT DETECTED	NOT DETECTED	Collected: 7/3/2023 2:38 PM
BHCG (HUMAN CHORIONIC GONADOTROPIN - BETA) (84702) : Drawn 3:01pm KH			Collected: 7/3/2023 2:38 PM
HCG	>1332.00 mIU/mL	0.0 - 5.0 mIU/mL	Collected: 7/3/2023 2:38 PM
HCG Dilution	66411.0 mIU/mL	1050.0 - 270000.0 mIU/mL	Collected: 7/3/2023 2:38 PM
URINALYSIS, AUTOMATED, W/O MICRO* (81003)			Collected: 7/3/2023 2:00 PM
UA - APPEARANCE	clear		Collected: 7/3/2023 2:00 PM
UA - COLOR	yellow		Collected: 7/3/2023 2:00 PM
UA - LEUKOCYTE ESTERASE	negative Leu/uL		Collected: 7/3/2023 2:00 PM
UA - NITRITE	negative		Collected: 7/3/2023 2:00 PM
UA - UROBILINOGEN	negative mg/dL		Collected: 7/3/2023 2:00 PM
UA - PROTEIN	negative mg/dL		Collected: 7/3/2023 2:00 PM
UA - PH	8		Collected: 7/3/2023 2:00 PM
UA - BLOOD	2+ Ery/uL		Collected: 7/3/2023 2:00 PM
UA - SPECIFIC GRAVITY	1.015		Collected: 7/3/2023 2:00 PM
UA - KETONES	negative mg/dL		Collected: 7/3/2023 2:00 PM
UA - BILIRUBIN	negative mg/dL		Collected: 7/3/2023 2:00 PM
UA - GLUCOSE	negative mg/dL		Collected: 7/3/2023 2:00 PM
URINE PREG TEST-VIS COL (81025)			Collected: 7/3/2023 2:00 PM
URINE PREG TEST-VIS COL	positive		Collected: 7/3/2023 2:00 PM

Procedures

Name	Value	Date
US Ob Less Than 14 Weeks TA and TV	<p>Procedure Note: EXAM: ULTRASOUND OBSTETRICAL LESS THAN 14 WEEKS, TRANSABDOMINAL AND TRANSVAGINAL</p> <p>HISTORY: Threatened miscarriage 29-year-old pregnant patient</p> <p>TECHNIQUE: Sonographic imaging was performed utilizing transabdominal and transvaginal approach.</p> <p>COMPARISON: None available.</p> <p>FINDINGS:</p> <p>Uterus measures 8.3 x 6.5 x 5.7 cm. Intrauterine gestational sac is seen. Within this gestational sac is a yolk sac and fetal pole with crown-rump length of 8 mm corresponding to gestational age of 6 weeks 5 days. Fetal heart rate is 164 beats per minutes. There is no evidence of subchorionic hemorrhage.</p> <p>Bilateral maternal ovaries are unremarkable.</p> <p>IMPRESSION: Early intrauterine pregnancy with crown-rump length 8 mm corresponding to gestational age of 6 weeks 5 days with ultrasound EDD 2/21/2024</p> <p>End of diagnostic report for accession: 39335353 Dictated: 07-03-2023 5:30:39 PM Electronically Signed By: Fan, Paul C, MD 07-03-2023 5:30:39 PM</p>	Performed: 7/3/2023 3:45 PM

Assessment & Plan (Kim Reich FNP C; 7/3/2023 6:07 PM)

Threatened miscarriage (O20.0)

Impression: Urine shows some mild blood

Urine pregnancy positive

Beta hCG 66,000s

Rh+

Trichomonas negative

Patient declined pain medication.

Pelvic ultrasound was ordered to check for ectopic.

Patient here with pelvic pain and spotting. I think unlikely PID as she has no cervical motion tenderness or adnexal tenderness. Doubt tubo-ovarian abscess. Did consider ectopic which is why we do for ultrasound. Did consider threatened miscarriage with other complication. I doubt UTI or pyelonephritis.

Patient be signed out to Kim Reich NP pending ultrasound results and gonorrhea and Chlamydia results. If gonorrhea chlamydia is negative and ultrasound shows an IUP patient will be discharged with outpatient follow-up with her OB/GYN. If any concerns for possible ectopic patient will be referred to the ED.

@1800: Care signed out to me. Gonorrhea and Chlamydia negative. Ultrasound shows IUP. Copy of ultrasound sent via email. No evidence of ectopic. Patient will follow-up with her OB/GYN and discharged in stable condition.

Current Plans

- URINE PREG TEST-VIS COL (81025)
- URINALYSIS, AUTOMATED, W/O MICRO* (81003)
- CHLAMYDIA TRAC, AMPL, INFCT ANTIGEN (87491)
- TRICHOMONAS VAGINALIS (87661)
- NEISSERIA GON, AMPL, INFCT ANTIGEN (87591)
- PELVIC EXAM (57410)
- RH (D) BLOOD TYPING (86901) : sent out 1545 NEH
- URINE BAC CULTURE-IDENTIFICATN (87088) : sent out 1545 NEH
- US Ob Less Than 14 Weeks TA and TV (76801) : w/o 1549 NEH
- BHCG (HUMAN CHORIONIC GONADOTROPIN - BETA) (84702) : Drawn 3:01pm KH
- MICROB ID NCL AC PR+AMP (87798) : sent out 1545 NEH
- HANDLING OF LAB SPECIMEN (99000)

History and Physical Note

Chart Review Note (WASHOFSKY, RICHARD MD; 7/3/2023 6:33 PM)

I have reviewed the history and physical note and findings.

Completed and submitted for review by Kim Reich FNP C (7/3/2023 6:07 PM)

Richard Washofsky

Signed electronically by RICHARD WASHOFSKY, MD (7/3/2023 6:35 PM)

Laboratories

URINE PREG TEST-VIS COL (81025) Final, Not Reviewed (Collected: 07/03/2023)

Diagnosis: Threatened miscarriage (O20.0)

URINE PREG TEST-VIS COL **positive** Result Note:
Result Annotation:

URINALYSIS, AUTOMATED, W/O MICRO* (81003) Final, Not Reviewed (Collected: 07/03/2023)

Diagnosis: Threatened miscarriage (O20.0)

UA - APPEARANCE	clear	Result Note:
		Result Annotation:
UA - COLOR	yellow	Result Note:
		Result Annotation:
UA - LEUKOCYTE ESTERASE	negative Leu/uL	Leu/uL Result Note:
		Result Annotation:
UA - NITRITE	negative	Result Note:
		Result Annotation:
UA - UROBILINOGEN	negative mg/dL	mg/dL Result Note:
		Result Annotation:
UA - PROTEIN	negative mg/dL	mg/dL Result Note:
		Result Annotation:
UA - PH	8 (abn)	Result Note:
		Result Annotation:
UA - BLOOD	2+ (abn) Ery/uL	Ery/uL Result Note:
		Result Annotation:
UA - SPECIFIC GRAVITY	1.015 (abn)	Result Note:
		Result Annotation:
UA - KETONES	negative mg/dL	mg/dL Result Note:
		Result Annotation:
UA - BILIRUBIN	negative mg/dL	mg/dL Result Note:
		Result Annotation:
UA - GLUCOSE	negative mg/dL	mg/dL Result Note:
		Result Annotation:

CHLAMYDIA TRAC, AMPL, INFCT ANTIGEN (87491) Final, Not Reviewed (Collected: 07/03/2023)

Diagnosis: Threatened miscarriage (O20.0)

Note: swab

Chlamydia Trachomatis (CT)	NOT DETECTED	(Normal Range: NOT DETECTED) Result Note:
		Result Annotation:
Neisseria Gonorrhoeae (NG)	NOT DETECTED	(Normal Range: NOT DETECTED) Result Note:
		Test Performed at: CEM(CEM), 6430 South Street, Lakewood, CA, 90713; Phone#Freddy Sotelo, MD
		Result Annotation:

TRICHOMONAS VAGINALIS (87661) Final, Not Reviewed (Collected: 07/03/2023)

Diagnosis: Threatened miscarriage (O20.0)

Note: swab

Trichomonas Vaginalis	NOT DETECTED	(Normal Range: NOT DETECTED) Result Note:
		Test Performed at: CEM(CEM), 6430 South Street, Lakewood, CA, 90713; Phone#Freddy Sotelo, MD
		Result Annotation:

NEISSERIA GON, AMPL, INFCT ANTIGEN (87591) Ordered (Collected: 07/03/2023)

Diagnosis: Threatened miscarriage (O20.0)

RH (D) BLOOD TYPING (86901) : sent out 1545 NEH Ordered

Diagnosis: Threatened miscarriage (O20.0)

URINE BAC CULTURE-IDENTIFICATN (87088) : sent out 1545 NEH Ordered

Diagnosis: Threatened miscarriage (O20.0)

BHCG (HUMAN CHORIONIC GONADOTROPIN - BETA) (84702) : Drawn 3:01pm KH Final, Not Reviewed (Collected: 07/03/2023)

Diagnosis: Threatened miscarriage (O20.0)

HCG >1332.00 mIU/mL (Normal Range: 0.0 - 5.0 mIU/mL) Result Note:

Result Annotation:

HCG Dilution 66411.0 mIU/mL (Normal Range: 1050.0 - 270000.0 mIU/mL) Result Note:

Approximate Gestation Age in Weeks:

0.2-1 (5 - 50 mIU/mL)
1-2 (50 - 500 mIU/mL)
2-3 (100 - 5,000 mIU/mL)
3-4 (500-10,000 mIU/mL)
4-5 (1,000 - 50,000 mIU/mL)
5-6 (1,000 - 100,000 mIU/mL)
6-8 (15,000 - 200,000 mIU/mL)
8-12 (10,000 - 100,000 mIU/mL)

Test Performed at:

CEM(CEM), 6430 South Street, Lakewood, CA, 90713; Phone#Freddy Sotelo, MD

Result Annotation:

MICROB ID NCL AC PR+AMP (87798) : sent out 1545 NEH Ordered

Diagnosis: Threatened miscarriage (O20.0)

Procedures

PELVIC EXAM (57410) Performed: 07/03/2023 (Final, Not Reviewed)

US Ob Less Than 14 Weeks TA and TV (76801) : w/o 1549 NEH Performed: 07/03/2023 (Ordered)

HANDLING OF LAB SPECIMEN (99000) Performed: 07/03/2023 (Final, Not Reviewed)