**1. Goal not Specific:** I want to develop myself in 4 months.

**Smart Goal:** I want to develop myself in programming in 4 months by taking a course in C++.

**2. Goal not Measurable:** I want to be rich in the next 5 years.

**Smart Goal:** I want to have 3 million dollars in the next 5 years.

**3. Goal not Achievable:** I want to swim 50 meters in 15 seconds in the next month.

**Smart Goal:** I want to swim 50 meters in 22 seconds in the next month.

**4. Goal not Relevant:** I want to be one of the best Flutists in Egypt this year by running everyday morning.

**Smart Goal:** I want to be one of the best Flutists in Egypt this year by practicing more with the flute with professional trainers.

**5. Goal not Timely:** I want to become stronger by going to the gym 3 times a week.

**Smart Goal:** I want to Become Stronger in 6 months by going to the gym 3 times a week.