```
-- Initialize Tables
-- Clear old:
DROP TABLE IF EXISTS demo;
DROP TABLE IF EXISTS USER;
DROP TABLE IF EXISTS UNIT;
DROP TABLE IF EXISTS USER PERMS;
DROP TABLE IF EXISTS REGION;
DROP TABLE IF EXISTS BLOG REVIEW;
DROP TABLE IF EXISTS BLOG;
DROP TABLE IF EXISTS RECIPE;
DROP TABLE IF EXISTS BLOG INGREDIENT;
DROP TABLE IF EXISTS BLOG_INGREDIENT_ALT;
DROP TABLE IF EXISTS INGREDIENT;
DROP TRIGGER IF EXISTS enforce_blog_perm_validity;
DROP TRIGGER IF EXISTS preserve blog perm validity;
-- Create the tables:
CREATE TABLE USER (
    id INT PRIMARY KEY,
    username VARCHAR(25) UNIQUE NOT NULL,
    password VARCHAR(20) NOT NULL,
    email VARCHAR(45) UNIQUE
);
CREATE TABLE USER_PERMS (
    uid INT,
    perm lvl INT CHECK (perm lvl IN (-1, 1)),
    -- lvl -1: viewer only (violator)
    -- not listed: view + post (normal user)
    -- lvl 1:
                   view + post + approve posts (mod)
    PRIMARY KEY (uid),
    FOREIGN KEY (uid) REFERENCES USER(id)
);
CREATE TABLE REGION (
  code VARCHAR(5) PRIMARY KEY,
  name VARCHAR(30) UNIQUE NOT NULL
);
CREATE TABLE UNIT (
  name VARCHAR(20) PRIMARY KEY
);
CREATE TABLE INGREDIENT (
  id INT PRIMARY KEY,
  name VARCHAR(30)
);
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CREATE TABLE BLOG (
    id INT PRIMARY KEY,
    recipe id INT NOT NULL,
    author id INT NOT NULL,
    region_id VARCHAR(5),
   mod id INT, -- if null, not approved yet for viewing
   title VARCHAR(20) NOT NULL,
    INSTRUCTS TEXT NOT NULL,
   prep time TIME,
   difficulty lvl INT NOT NULL check (difficulty lvl BETWEEN 1 AND 5),
   UNIQUE (recipe_id, region_id, author_id),
    FOREIGN KEY (recipe id) REFERENCES RECIPE(id),
    FOREIGN KEY (author id) REFERENCES USER(id),
    FOREIGN KEY (region id) REFERENCES REGION(code),
   FOREIGN KEY (mod id) REFERENCES USER(id)
);
CREATE TABLE BLOG_REVIEW (
   blog id INT,
   reviewer id INT,
   comment TEXT,
   rating INT NOT NULL CHECK (rating BETWEEN 1 AND 5),
   PRIMARY KEY (blog id, reviewer id),
   FOREIGN KEY (blog id) REFERENCES BLOG(id),
   FOREIGN KEY (reviewer id) REFERENCES USER(id)
);
-- https://www.sqlitetutorial.net/sqlite-trigger/
CREATE TRIGGER enforce blog perm validity
    BEFORE INSERT ON BLOG
    FOR EACH ROW
BEGIN
    -- Check if mod id has sufficient permissions
   SELECT RAISE(ABORT, 'Invalid BLOG mod id: Invalid or insufficient permissions (INSERT).')
   WHERE NEW.mod id IS NOT NULL
   AND (SELECT perm_lvl FROM USER_PERMS WHERE uid = NEW.mod_id) <= 0;
    -- Check if author id has sufficient permissions
    SELECT RAISE(ABORT, 'Invalid BLOG author id: Invalid or insufficient permissions.
(INSERT)')
    WHERE (SELECT perm_lvl FROM USER_PERMS WHERE uid = NEW.author_id) < 0;
END;
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CREATE TRIGGER preserve_blog_perm_validity
    BEFORE UPDATE ON BLOG
    FOR EACH ROW
    -- Check if mod id has sufficient permissions
   SELECT RAISE(ABORT, 'Invalid BLOG mod_id: Invalid or insufficient permissions. (UPDATE)')
   WHERE NEW.mod id IS NOT NULL
   AND (SELECT perm lvl FROM USER PERMS WHERE uid = NEW.mod id) <= 0;
    -- Check if author id has sufficient permissions
    SELECT RAISE(ABORT, 'Invalid BLOG author id: Invalid or insufficient permissions
(UPDATE).')
    WHERE (SELECT perm lvl FROM USER PERMS WHERE uid = NEW.author id) < 0;
END;
CREATE TABLE RECIPE (
    id INT PRIMARY KEY,
   name VARCHAR(20) UNIQUE NOT NULL,
   description TEXT
);
CREATE TABLE BLOG INGREDIENT (
    blog id INT,
   ingredient id INT,
   quantity REAL,
   unit VARCHAR(20),
   PRIMARY KEY (blog_id, ingredient_id),
    FOREIGN KEY (unit) REFERENCES UNIT(name),
   FOREIGN KEY (blog_id) REFERENCES BLOG(id),
    FOREIGN KEY (ingredient id) REFERENCES INGREDIENT(id)
);
CREATE TABLE BLOG INGREDIENT ALT (
 blog id INT,
    standard ingredient id INT,
    alt ingredient id INT,
   quantity REAL,
   unit VARCHAR(20),
   PRIMARY KEY (blog_id, standard_ingredient_id, alt_ingredient_id),
    FOREIGN KEY (unit) REFERENCES UNIT(name),
    FOREIGN KEY (blog_id) REFERENCES BLOG(id),
    FOREIGN KEY (standard ingredient id) REFERENCES INGREDIENT(id),
    FOREIGN KEY (alt_ingredient_id) REFERENCES INGREDIENT(id)
);
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-- Fill tables with sample data
-- Provide accepted units
INSERT INTO UNIT (name) VALUES
('cup'),
('spoon'),
('tablespoon'),
('gram')
-- Fill regions table:
INSERT INTO REGION (code, name) VALUES
('NA', 'North America'),
('EU', 'Europe'),
('AS', 'Asia'),
('SA', 'South America'),
('AF', 'Africa'),
('IN', 'India'),
('MENA', 'Middle East'),
('MEDIT', 'Mediterranean'),
('CAR', 'Caribbean'),
('MX', 'Mexico'),
('JO', 'Jordan'),
('TUR', 'Turkiye')
-- Create new users:
INSERT INTO USER (id, username, password, email) VALUES
(1, 'teacupTaster', 'pass123', 'king@breakfast.com'),
(2, 'earlyBird', 'bird123', 'bird@morning.com'),
(3, 'hashbrownHero', 'toast456', NULL),
(4, 'EggMaster', 'eggy789', 'master@egg.com')
-- Assign users as mods/violators:
INSERT INTO USER_PERMS (uid, perm_lvl) VALUES
(3, -1),
(4, 1)
-- Add ingredients
INSERT INTO INGREDIENT (id, name) VALUES
(1, 'Egg'),
(2, 'Soy sauce'),
(3, 'Vegetable oil'),
(4, 'Olive oil'),
(5, 'Potato'),
(6, 'Salt'),
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(7, 'Water'),
(8, 'Onion'),
(9, 'Bell pepper'),
(10, 'Chili powder'),
(11, 'Cumin'),
(12, 'Paprika'),
(13, 'Parsley'),
(14, 'Garlic'),
(15, 'Chia seeds'),
(16, 'Milk'),
(17, 'Lox'),
(18, 'Avocado'),
(19, 'Bagel'),
(20, 'Spinach'),
(21, 'Banana'),
(22, 'Honey'),
(23, 'Flaxseeds'),
(24, 'Tortilla wrap'),
(25, 'Tomato paste'),
(26, 'Simit'),
(27, 'Eggplant'),
(28, 'Chicken breast'),
(29, 'Fig'),
(30, 'Cucumber'),
(31, 'Olives'),
(32, 'Feta cheese'),
(33, 'Ground chickpeas'),
(34, 'Almond milk'),
(35, 'Whole wheat bagel'),
(36, 'Maple syrup'),
(37, 'Sweet potatoes'),
(38, 'Pita bread'),
(39, 'Zucchini'),
(40, 'Black beans')
-- Add recipes
INSERT INTO RECIPE (id, name, description) VALUES
(1, 'Rolled Omelet', 'Dish made by rolling layers of seasoned eggs.'),
(2, 'Boiled egg', 'Simple and nutritious breakfast item made by cooking an egg in its shell
in boiling water. Can be prepared soft-boiled or hard-boiled.'),
(3, 'Shakshuka', 'Middle Eastern and North African dish made by poaching eggs in a sauce of
tomatoes, peppers, and onions, seasoned with spices like cumin and paprika. This savory and
aromatic dish is often served for breakfast or brunch, accompanied by bread for dipping.'),
(4, 'Chia pudding', 'Healthy and versatile dish made by soaking chia seeds in liquid, such as
milk or a plant-based alternative, until they form a gel-like consistency. Often sweetened
and flavored with ingredients like vanilla, honey, or fruit, chia pudding is typically served
as a nutritious breakfast or dessert.'),
(5, 'Salmon bagel', 'Breakfast or brunch dish made by layering smoked salmon on a sliced and
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toasted bagel, typically spread with cream cheese. Often garnished with toppings such as

- capers, red onions, & fresh dill, this savory meal combines creamy, smoky, & tangy flavors.'),
- (6, 'Energy smoothie', 'Nutritious drink made by blending fruits, vegetables, and other ingredients like yogurt, milk, or a plant-based alternative. Often enhanced with protein powder, nuts, seeds, or greens for an extra boost, this smoothie is designed to provide sustained energy and essential nutrients, making it a popular choice for breakfast or a post-workout snack.'),
- (7, 'Breakfast burrito', 'Flour tortilla wrapped around a filling of scrambled eggs, cheese, and other ingredients such as sausage, potatoes, beans, and vegetables. Often served with salsa, sour cream, or avocado, this savory and customizable dish is perfect for a quick and satisfying breakfast.'),
- (8, 'Menmen', 'Traditional Turkish dish made by cooking scrambled eggs with tomatoes, green peppers, and onions, seasoned with spices like paprika and pepper. Often enjoyed for breakfast or brunch, this savory and flavorful dish is typically served with bread for dipping.'),
- (9, 'Mezze', 'A selection of small dishes served as appetizers in Middle Eastern and Mediterranean cuisines. Common components include hummus, baba ghanoush, tabbouleh, falafel, dolmas, and a variety of olives and cheeses. Mezze is often enjoyed with pita bread and serves as a communal and flavorful start to a meal or as a light, shared meal on its own.'), (10, 'Hummus', 'Creamy and savory dip made from blended chickpeas and other ingredients.'), (11, 'Hashbrown', 'Crispy and golden breakfast dish made from grated or finely chopped potatoes, often mixed with onions and seasoning, then fried until browned and crunchy. Hashbrowns are commonly served as a side dish in American breakfasts, complementing eggs, bacon, and other breakfast items.')

## -- Blogs

## INSERT INTO BLOG (id, recipe\_id, author\_id, mod\_id, title, region\_id, prep\_time, difficulty\_lvl, instructs) VALUES

- (1, 1, 1, 2, 'Japanese Tamagoyaki', 'AS', '00:20:00', 3, 'Tamagoyaki layers are thin, rectangular, and typically seasoned with soy sauce, sugar, and mirin. This slightly sweet and savory omelet can be served in traditional breakfast or as a topping.\n\n1. In a bowl, mix together eggs with soy sauce, sugar, and mirin until well combined.\n2. Heat a rectangular tamagoyaki pan over medium heat and lightly oil it.\n3. Pour a thin layer of the egg mixture into the pan, tilting to spread evenly.\n4. When the egg is almost set, roll it to one side of the pan.\n5. Add another thin layer of egg mixture, lifting the rolled omelet to let the uncooked egg flow underneath.\n6. Once this layer is nearly set, roll the omelet again, incorporating the first roll.\n\nRepeat steps 5 and 6 until all the egg mixture is used.\n\nRemove the omelet from the pan and let it cool slightly before slicing. Serve warm or at room temperature.'),
- (2, 2, 1, 2, 'Perfect Boiled Egg', NULL, '00:10:00', 1, 'After boiling a pot of water (enough to fully submerge the egg(s)), gently add in the eggs and leave them to cook.\n\nFor softboiled eggs (runny yolk and slightly set white), cook for about 6-8 minutes.\n\nFor hardboiled (fully set yolk and white), cook for about 9-12 minutes.'),
- (3, 3, 2, 2, 'Spicy Shakshuka', 'MEDIT', '00:30:00', 2, 'Cook vegetables and poach eggs in sauce.'),
- (5, 5, 1, 2, 'Classic Salmon Bagel', NULL, '00:10:00', 1, 'Assemble ingredients on a bagel.'),
- (6, 6, 2, 2, 'Energy Smoothie', NULL, '00:05:00', 1, 'Blend all ingredients together.'),

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(7, 7, 4, 2, 'Breakfast Burrito', 'MX', '00:15:00', 2, 'Fill tortilla with cooked
ingredients.'),
(8, 8, 1, 2, 'Turkish Menmen', 'TUR', '00:25:00', 2, 'Cook vegetables and eggs together.'),
(9, 9, 2, 'Jordanian Mezze', 'JO', '00:30:00', 3, 'Prepare and arrange ingredients.'),
(11, 11, 4, 2, 'Crispy Hashbrowns', NULL, '00:20:00', 2, 'Shred and fry potatoes.')
-- Ingredients for blog
INSERT INTO BLOG_INGREDIENT (blog_id, ingredient_id, quantity, unit) VALUES
(1, 1, 3, 'whole'), -- Rolled Omelet: eggs
(1, 2, 2, 'tbsp'), -- Rolled Omelet: soy sauce
(1, 3, 1, 'tbsp'),
(1, 4, 1, 'tsp'),
(1, 5, 1, 'tsp'),
(1, 6, 1, 'cup'),
(2, 1, 2, 'whole'),
(2, 7, 2, 'cups'),
(3, 1, 4, 'whole'),
(3, 8, 1, 'whole'),
(3, 9, 1, 'whole'),
(3, 4, 2, 'tbsp'),
(3, 10, 1, 'tsp'),
(3, 11, 1, 'tsp'),
(3, 12, 1, 'tsp'),
(3, 13, 2, 'tbsp'),
(3, 14, 2, 'cloves'),
(4, 15, 1, 'cup'),
(4, 16, 1, 'cup'),
(5, 17, 2, 'slices'),
(5, 18, 1, 'whole'),
(5, 19, 1, 'whole'),
(11, 5, 2, 'whole'),
(11, 4, 2, 'tbsp'),
(6, 20, 1, 'cup'),
(6, 21, 1, 'whole'),
(6, 22, 1, 'tbsp'),
(6, 23, 1, 'tbsp'),
(7, 24, 1, 'whole'),
(7, 1, 2, 'whole'),
(7, 5, 1, 'whole'),
(8, 1, 3, 'whole'),
(8, 9, 2, 'whole'),
(8, 8, 1, 'whole'),
(8, 4, 1, 'tsp'),
(8, 6, 1, 'tsp'),
(8, 25, 2, 'tbsp'),
(8, 26, 1, 'whole'),
(9, 27, 1, 'whole'),
(9, 10, 2, 'tbsp'),
```

(9, 28, 1, 'whole'),

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(9, 29, 1, 'whole'),
(9, 30, 1, 'whole'),
(9, 9, 2, 'whole'),
(9, 31, 1, 'cup'),
(9, 32, 1, 'cup'),
(10, 33, 2, 'cups'),
(10, 4, 2, 'tbsp')
-- Alternative ingredients
DELETE FROM BLOG_INGREDIENT_ALT;
INSERT INTO BLOG_INGREDIENT_ALT (blog_id, standard_ingredient_id, alt_ingredient_id) VALUES
(11, 4, 3),
(6, 22, 36),
(1, 3, 4),
(7, 5, 37),
(2, 1, 2),
(8, 26, 38),
(3, 4, 3),
(9, 27, 39),
(4, 16, 34),
(10, 33, 40),
(5, 19, 35)
INSERT INTO BLOG_REVIEW (blog_id, reviewer_id, rating, comment) VALUES
(1, 1, 5, 'Delicious and authentic!'),
(2, 2, 4, 'Simple and easy to make.'),
(2, 3, 4, '10 minutes is too much. It really depends on your stove.'),
(3, 3, 5, 'Spicy and flavorful.'),
(4, 4, 3, 'Healthy but a bit bland. Personally, I like it with a bit of cinnamon.'),
(4, 1, 2, 'How is this a breakfast item??'),
(5, 1, 2, 'Who eats salmon for breakfast?'),
(6, 2, 4, 'Refreshing and energizing.'),
(7, 3, 5, 'Filling and tasty.'),
(8, 4, 5, 'Amazing traditional flavor.'),
(9, 1, 4, 'A great variety of flavors.'),
(10, 2, 5, 'Smooth and creamy.'),
(11, 3, 5, 'Crispy and perfect.')
```

```
-- Operative Queries
-- [Q] What Turkish (code = TUR) blogs have a prep time <= 10 or prep time is null?
SELECT *
FROM BLOG
WHERE region id = 'TUR'
  AND (prep_time <= '00:10:00' OR prep_time IS NULL)
-- [Q] What blogs do not contain the ingredients Maple syrup (id = 36) or olive oil (id = 4)?
SELECT b.*
FROM BLOG b
WHERE b.id NOT IN (
    SELECT bi.blog id
    FROM BLOG_INGREDIENT bi
    JOIN INGREDIENT i ON bi.ingredient id = i.id
    WHERE i.name IN ('Maple syrup', 'Olive oil')
);
-- [Q] What blogs have a difficulty level of 3 or less, and 4+ average star ratings?
SELECT BLOG.*
FROM BLOG
JOIN (
      SELECT BLOG_REVIEW.blog_id, AVG(BLOG_REVIEW.rating) AS avg_rating
      FROM BLOG REVIEW
      GROUP BY BLOG_REVIEW.blog_id
      HAVING AVG(BLOG REVIEW.rating) >= 4
  ) avg ratings ON BLOG.id = avg ratings.blog id
WHERE BLOG.difficulty lvl <= 3
-- [Q] (For testing purposes)
      Show all blog alternatives, but by name, not id.
SELECT
    ia.blog_id,
    si.name AS standard_ingredient,
    ai.name AS alt_ingredient,
    ia.quantity,
    ia.unit
FROM BLOG INGREDIENT ALT ia
JOIN INGREDIENT si ON ia.standard_ingredient_id = si.id
JOIN INGREDIENT ai ON ia.alt ingredient id = ai.id
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-- [Q] What alternative can I use for 'Olive oil' (id = 4) in the blog 'Hashbrown' (id = 11)?
-- (A: 'Vegetable oil, id = 3)
SELECT BLOG INGREDIENT ALT.alt ingredient id, INGREDIENT.name AS alt ingredient name
FROM BLOG INGREDIENT ALT
JOIN BLOG ON BLOG INGREDIENT ALT.blog id = BLOG.id
JOIN INGREDIENT ON BLOG_INGREDIENT_ALT.alt_ingredient_id = INGREDIENT.id
WHERE BLOG.title = 'Crispy Hashbrowns'
AND BLOG INGREDIENT ALT.standard ingredient id = (SELECT id FROM INGREDIENT WHERE name =
'Olive oil')
-- [Q] Which region is the blog 'Creamy Hummus' (id = 10) for?
SELECT r.code, r.name
FROM BLOG b
JOIN REGION r ON b.region id = r.code
WHERE b.title = 'Creamy Hummus'
-- [Q] Sort top 5 posts (with 2+ reviews) by their average rating.
SELECT b.id, b.title, AVG(br.rating) AS avg rating, COUNT(br.blog id) AS review count
FROM BLOG b
JOIN BLOG REVIEW br ON b.id = br.blog id
GROUP BY b.id, b.title
 HAVING COUNT(br.blog id) >= 2
ORDER BY avg rating DESC
LIMIT 5 -- Only show top 5
-- [Q] Add new blogs for a recipe:
INSERT INTO BLOG (id, recipe id, author id, mod id, title, region id, prep time,
difficulty lvl, INSTRUCTS)
VALUES
(4, 4, 4, 4, 'It's Mexican?', 'MX', '00:15:00', 1, 'Mix chia seeds with milk and
refrigerate.'),
(14, 4, 2, 4, 'Almondy CP', NULL, '00:25:00', 1, 'Mix chia seeds with almond milk and
almonds.'),
(15, 4, 2, 4, 'Nutritious Chia', NULL, '00:20:00', 2, 'Mix chia seeds with milk, almonds,
flax seeds, honey, and banana.'),
(16, 4, 1, 4, 'Plain Pudding', NULL, '00:25:00', 1, 'Mix chia seeds in water.')
-- [Q] What are the reviews on 'earlyBird''s (id = 2) blog?
       Purpose: Analyze user trends to review permission levels.
SELECT BR.blog id, BR.reviewer id, BR.rating, BR.comment
FROM BLOG_REVIEW BR
JOIN BLOG B ON BR.blog id = B.id
JOIN USER U ON B.author id = U.id
WHERE U.username = 'earlyBird'
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-- [Q] What are the reivews BY 'earlyBird'?
       Purpose: Analyze user trends to review permission levels.
SELECT BLOG REVIEW.comment, BLOG REVIEW.rating
FROM BLOG_REVIEW
WHERE reviewer id = (SELECT id FROM USER WHERE username = 'earlyBird')
-- [Q] Which blogs are not yet approved (mod id is null)?
SELECT *
FROM BLOG
WHERE mod_id IS NULL
-- [Q] Remove a blog from viewing.
UPDATE BLOG
SET mod id = NULL
WHERE id = 2
-- [Q] Accept a blog for viewing.
UPDATE BLOG
SET \mod id = 4
WHERE id = 2
-- [Q] EggMaster (id = 4) approve blog 1 (Tamagoyaki).
UPDATE BLOG
SET mod_id = 4
WHERE title = 'Japanese Rolled Omelet (Tamagoyaki)';
-- [Q] Update the rating of a blog_review
UPDATE BLOG REVIEW
SET rating = 4
WHERE blog_id = 4 AND reviewer_id = 4
-- [Q] Update the email of a user:
UPDATE USER
SET email = 'gotTheWorm@outlook.com'
WHERE username = 'earlyBird'
-- [Q] Update a user password:
UPDATE USER
SET password = 'ch1rp1ng@w@y'
WHERE id = 4
```

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-- [Q] Create a table that support favorite recipes for each unique user
      Note: Change "recipe" to "blog"
DROP TABLE IF EXISTS USER FAVORITE;
CREATE TABLE USER FAVORITE (
 uid INT,
  blog_id INT,
  PRIMARY KEY (uid, blog id),
  FOREIGN KEY (uid) REFERENCES USER(id),
  FOREIGN KEY (blog id) REFERENCES BLOG(id)
);
-- [Q] List all Mexican recipes that:
* Do NOT include bellpeppers,
     * Take longer than 20 minutes to make.
INSERT INTO BLOG (id, recipe id, author id, mod id, title, region id, prep time,
difficulty lvl, INSTRUCTS)
VALUES
(20, 4, 1, 4, 'Mexican Chia Pudding', 'MX', '00:30:00', 1, 'Coming soon...')
SELECT DISTINCT BLOG.title, BLOG.prep_time
FROM BLOG
LEFT JOIN BLOG_INGREDIENT on BLOG_INGREDIENT.blog_id = BLOG.id
WHERE BLOG.region id = 'MX'
  AND BLOG.prep time > '00:20:00'
    AND BLOG_INGREDIENT.ingredient_id is NOT 9
-- [Q] Find the top 3 regions with the most ingredient associated with them.
-- [Q] (Updated) Find the top blogs with the most ingredients associated with them.BLOG
SELECT BLOG.title, COUNT(BLOG_INGREDIENT.blog_id) AS instance_count
FROM BLOG
LEFT JOIN BLOG INGREDIENT ON BLOG.id = BLOG INGREDIENT.blog id
GROUP BY BLOG.title
ORDER BY instance count
LIMIT 3
```