

REFLECTION | Self-Directed & Discovery-Based Learning

Answer the reflection questions below. Choose to send yourself an email receipt to get a copy of your reflection. You can navigate away from the form at any time and your responses will be saved until the form is submitted.

* This form will record your name, please fill your name.

1. Think about a time when you wanted to learn something and directed your own learning path. It could be an instance at work, or from your life in general. Write notes below on how you sought out learning materials and resources (including people).

2. Continuing to think about the example you outlined above, what was that experience like compared to training that was "pushed" to you instead of learning that you "pulled" for yourself?

3. Can you see yourself using a self-directed or discovery-based learning strategy in the training you deliver? If you answered yes, create a brief outline of how you would apply one of these strategies to a specific training. Write your thoughts below.

4. Ensure that "Send me an email receipt of my responses" is checked below before submitting your response.

☐ Complete