Mason Competitive Cyber

CTFs For Beginners



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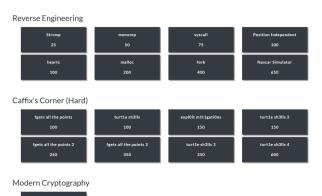




Capture the Flag Competitions



- Usually online
- Jeopardy style
 - Questions worth varying amounts of points
 - Complete tasks to find the answer, called the "flag"
 - Web exploitation
 - Forensics
 - Cryptography
 - Reverse engineering
- Attack/Defense style
 - Option 1: server that everyone tries to control
 - Option 2: protect your own machine, capture other people's machines



What is this Flag thing?



- Normally the solution to the challenge
- Has a specific format unique to the CTF
 - Commonly in the form flag{The Flag}
 - For the MasonCC training CTF, format is masoncc{Flag}
- Sometimes the flag is already formatted, sometimes it's not
 - You may find a flag in the form flag{}
 - Other times flag will need to be put into the flag format
- Example: "What year was the Statue of Liberty Built?"
 - Put you answer in the form flag{}
 - In this case, the flag will be the year it was built.
 - flag{1875}



Joining Your First CTF





- For Today, we will be joining the MasonCC Training CTF, TCTF
- To get started, go to https://tctf.competitivecyber.club/ and click on register
 - Choose a Username, password, and Use your @gmu.edu email
 - Choose Wisely, everyone will see it
- After Registering, click challenges
 - Wow, that's a lot of challenges
 - Almost all of them were written by MasonCC Members
 - Contacting the author may help if your stuck

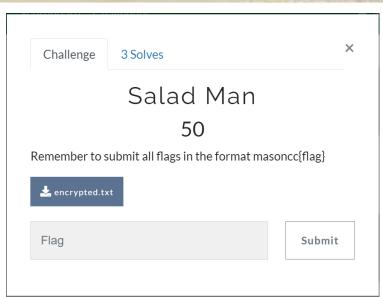
our username on the site
mail
ever shown to the public
assword
assword used to log into your account

Submit

Let's Solve a Challenge



- The name of the challenge is "Salad Man", remember this.
 - Many times, the title and description give you hints
- Let's download the attached file and see what we get.
- File Contents: "synt{Fnynq_zna_vf_orfg_zna}"*
- Not sure where to start? Google It!
- Alright, so we think it may be a "Caesar Cipher"
- Let's use a website to try and get the flag.
- https://www.dcode.fr/caesar-cipher



Let's Solve Another One





- This challenge is a Steganography challenge.
- Steganography is the technique of hiding data in files.
- Some nice tools to have:
 - Foremost (detects file headers to extract files)
 - Zsteg (Runs an automated set of scripts)
 - strings (looks for strings in the input file)
- Let's try running the png through some tools
- Hey, what's this zip file doing in there?
- In linux, the unzip command will unzip a file



Web Challenges



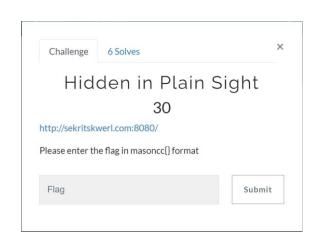
- In web challenges, I like to start by opening the developer tools (F12) and just poking around the site.
- Open the Elements or Sources tab and look at the source html.
 - In HTML, <!-- Comments Look Like This -->
- If that yields nothing, try opening the network tab and look at the web requests.
 - You may have to reload the page to see them
 - GET requests are your computer downloading a file from a server
 - POST requests are your computer sending data to a server
 - Pay close attention to the request headers, they often include useful details.

Hidden in Plain Sight



On your own, (or with a friend), try and see if you can solve "Hidden in Plain Sight"

- Use the tips on the last slide, remember, F12 to open the developer panel
- In a couple of minutes, we will solve it as a group.
- Open the Elements tab and look at the source html.
 - In HTML, <!-- Comments Look Like This -->
- If that yields nothing, try opening the network tab and look at the web requests.
 - You may have to reload the page to see them
 - GET requests are your computer downloading a file from a server
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Where to Find CTFs?



- Watch out in the #ctf-watch slack channel for announcements for CTFs
- There are a few long running CTFs that are good practice.
 - PicoCTF is a good beginner oriented CTF
 - Our very own TCTF
 - MicroCorruption-Embedded Security Challenges