

# Patient Medical Report

## Patient Information

Full Name: John Doe

Date of Birth: January 5, 1980

Gender: Male

Patient ID: 123456789

Blood Type: O+

Contact: johndoe@example.com | (555) 123-4567

## Medical History

- Hypertension (Diagnosed 2015)
- Type 2 Diabetes (Diagnosed 2018)
- Knee Surgery (2010)
- No history of smoking or alcohol abuse

## Current Medications

- Metformin 500mg, twice daily
- Lisinopril 10mg, once daily
- Atorvastatin 20mg, once daily

## Allergies

- Penicillin
- Shellfish

## Recent Test Results

- Blood Pressure: 130/85 mmHg
- Fasting Blood Glucose: 122 mg/dL
- HbA1c: 6.9%
- Cholesterol: Total 195 mg/dL, HDL 50 mg/dL, LDL 110 mg/dL

# Patient Medical Report

- ECG: Normal
- X-ray (Chest): Clear

## Diagnoses

- Type 2 Diabetes Mellitus
- Hypertension
- Hyperlipidemia

## Treatment Plan

- Continue current medications
- Monitor blood glucose daily
- Monthly blood pressure checks
- Follow-up in 3 months
- Low-carb diet & moderate exercise (at least 30 min/day)

## Doctor's Notes

Patient is responding well to treatment. Recommend continued lifestyle modifications and adherence to prescribed medications.

Physician: Dr. Emily Carter

License Number: MD-987654

Signature: \_\_\_\_\_

Date: May 31, 2025