

Prescription

Patient Name: John Doe

Date of Birth: January 5, 1980

Date: May 31, 2025

Medications:

- Metformin 500mg - Take one tablet twice daily with meals
- Lisinopril 10mg - Take one tablet daily
- Atorvastatin 20mg - Take one tablet at bedtime

Instructions:

- Monitor blood glucose levels daily
- Maintain a low-carb diet
- Exercise at least 30 minutes daily

Prescribed by:

Dr. Emily Carter

License Number: MD-987654

Signature: _____