Is the following statement true or false? If it is true, explain why. If it is false, provide a game that illustrates that it is false. "If a Nash equilibrium is not strict, then it is not efficient."

$$\frac{B}{A}$$
 $\frac{1}{1}$, $\frac{1}{1}$ $\frac{1}{1}$, $\frac{1}{1}$ $\frac{$