- 1. Imagine that you live in a city that currently does not require bicycle riders to wear helmets. Furthermore, imagine that you enjoy riding your bicycle without wearing a helmet.
 - a) From your perspective, what are the major costs and benefits of a proposed city ordinance that would require all bicycle riders to wear helmets?
 - b) What are the categories of costs and benefits from society's perspective?
- 1.a. The most significant categories of costs to you as an individual are probably: the purchase price of a helmet, the reduced pleasure of riding your bicycle while wearing a helmet, diminished appearance when you take the helmet off (bad hair), and the inconvenience of keeping the helmet available. The most significant categories of benefits are probably: reduced risk of serious head injury (morbidity) and reduced risk of death (mortality).
- 1.b. There are a number of categories of costs and benefits that do not affect you (directly or are insignificant), but which are important in aggregate. These are:
 - program enforcement (a cost)
 - reduced health care costs (a benefit), (although this may not be as high as one might
 expect if bicyclists ride more aggressively because they feel safer; this is called offsetting behaviour)
 - increased pollution, due to cyclists switching to cars (a cost)

A social cost-benefit analysis would take account of these costs and benefits in addition to your costs.