

mywellbeingtoday subscription plan

1. Free - 7 days

2 basic activity log

2. basic mood track/insight

1 report download

2 access to directory

2 AI interaction

Self-care - Pains and Gains, virtual class

2 Starter plan - \$5/month

activity log

mood tracking/insight

limited report

access to directory

AI interaction

Self-care - Pains and Gains, virtual class

3 Pro-plan -\$12/month

Full activity log

full mood tracking/insight + analysis

unlimited wellbeing report

access to directory

Full AI interactions

Self-care – wellbeing pathways to stay alive virtual

class part 1

4 Premium plan -\$20/month

Full activity log

full mood tracking/insight + analysis

unlimited wellbeing report

access to directory

Full AI interactions

Priority support

Exported wellbeing plan

Self-care – wellbeing pathways to stay alive virtual

class part 1

5 On request/tailored on terms

Team/Group/Community/Organisation's Plan + Full 6-6-

4 wellbeing pathways keys to stay alive:
virtual/physical lessons and certifications.

6 Franchise on terms

Full set up + 6-6-4 wellbeing pathways keys to stay
alive virtual/physical lessons and certifications.

