

# **Product Requirements for Activity, Symptom, Wellbeing Tracking, Health Professionals, Emergency Directory.**

## **Objectives:**

1. Ability to manually and automatically log on an activity or symptom.
2. Ability to search for information on a recommended solution or action to the impact of the logged activity or symptom (Physical or Mental)
3. Ability to analyze (AI, Wearable) daily, weekly, monthly or yearly activity(s) and develop a related well-being plan that can either be downloaded, print
4. Ability to look and access directories of available physical and mental health professionals (Doctors, Dentist, Psychiatrists, Nurses, Carer, General Practitioner, Health Insurers, Dispenser, Pharmacists, Psychosocial, etc), ambulances, first Aider, etc) in a search directory of their availability, credit rating and distance map to be able to make an appointment or telemedicine for efficient attendance.
5. Ability to provide individual interaction with the practitioner, and the app including security, confidentiality and quality assurance
6. Ability to provide a snapshot monthly, quarterly or yearly history of a common or experienced ailment, disease, or well-being data of an area, community, or region for research and policy.
7. Ability to provide a medical certification, renewed etc
8. Ability to use Mobile device, Touch Screen and Laptop to access.

## **Persona**

**Who are the target personas for this product, and which is the key persona?**

Key Persona	Individual Citizens of all ages
Persona 2	Employees in the workplaces
Persona 3	An employee at an event
Persona 4	Resident at home, on a journey, in a leisure
Persona 5	Residents/Citizens in the community and a country

## **Use Case**

Scenario 1: Registration logging and creation of a user access and accreditation code for individuals' groups organizations etc

Scenario 2: Free and Payment Process

Scenario 2: Logging or from a dropdown lists a physical activity session, or mental activity experience for the day (e.g., at work, home, school etc )

Scenario 2: Logging a symptom or wellness experience [the information to automatically go into the record as a case to further proceed or wellness with feedback on what was done to attain or sustain the wellness.

Scenario 3: If symptomatic, the levels of the symptom will determine what steps to take (search for recommendations and help as outlined above)

Scenario 3: Records and history of individual cases and wellbeing

Scenario 4. Data for organisation use, research, policy and comparative analysis.