

Appendix

GEAR MANUFACTURERS AND SOURCES

Black Diamond Equipment, Ltd.
2084 East 3900 South
Salt Lake City, UT 84124
(801) 278-5533
www.bdel.com

Blue Water
209 Loworn Road
Carrollton, GA 30117
(770) 834-7515
www.bluewaterropes.com

Mammut Sports Group
(formerly Climb High)
135 Northside Drive
Shelburne, VT 05482
(802) 985-5056
www.mammutusa.com

Metolius Climbing
63189 Nels Anderson Road
Bend, OR 97701
(541) 382-7585
www.metoliusclimbing.com

Pigeon Mountain Industries (PMI)
P.O. Box 803
LaFayette, GA 30728
(800) 282-7673
www.pmirope.com

SMC
6930 Salashan Parkway
Ferndale, WA 98248
(360) 366-5532
www.smcgear.net

Wild Country
Meverill Road
Buxton, Derbyshire, England
SK17 8PY
44 (0) 1298-871-010
www.wildcountry.co.uk

Wild Country distributed in the
United States by:
Excalibur
P.O. Box 1007
Sandy, UT 84091
(801) 942-8471
xcalibur@mindspring.com

Yates Gear, Inc.
2608 Hartnell Avenue #6
Redding, CA 96002
(530) 222-4606
www.yatesgear.com

ESSENTIAL READING

Each year's climbing accidents are compiled and published in *Accidents in North American Mountaineering*, available at climbing shops nationwide.

Black Diamond comparative testing of high-tensile cord:
www.xmission.com/~tmoyer/testing.

American Safe Climbing Association (ASCA) Web site, www.safeclimbing.org. Good resource for those who want to place bolts.

Supplemental Instruction

The American Mountain Guides Association (AMGA) is an excellent source of qualified instructors and guides. They can be reached at P.O. Box 1739, Boulder, CO 80306; (303) 271-0984.

Vertical Adventures, run by co-author Bob Gaines, offers instructional and guiding services in Joshua Tree and Idylwild, California. (800) 514-8785; www.verticaladventures.com; e-mail bgvertical@aol.com.

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About the Authors

John Long is the author of twenty-five books, with over one million copies in print. He is the principal author of the *How to Rock Climb* series. His short-form literary stories have been widely anthologized and translated into many languages. John won the 2006 Literary Award for excellence in alpine literature from the American Alpine Club.



PHOTO COURTESY OF JOHN LONG



PHOTO COURTESY OF BOB GAINES

Bob Gaines is an AMGA Certified Rock Guide who has been teaching rock climbing since 1983. He is the owner/director of Vertical Adventures Climbing School, based at Joshua Tree National Park, California, where he has taught clients ranging from Boy Scouts to Navy Seals. Bob has also worked extensively as a climbing stunt coordinator on over 40 television commercials. He was the chief safety officer for the movie *Cliffhanger* and doubled for Captain Kirk when Kirk free soloed El Capitan in *Star Trek V*. Bob is also the co-author of *Rock Climbing Tahquitz* and *Suicide Rocks* (The Globe Pequot Press, 2001).

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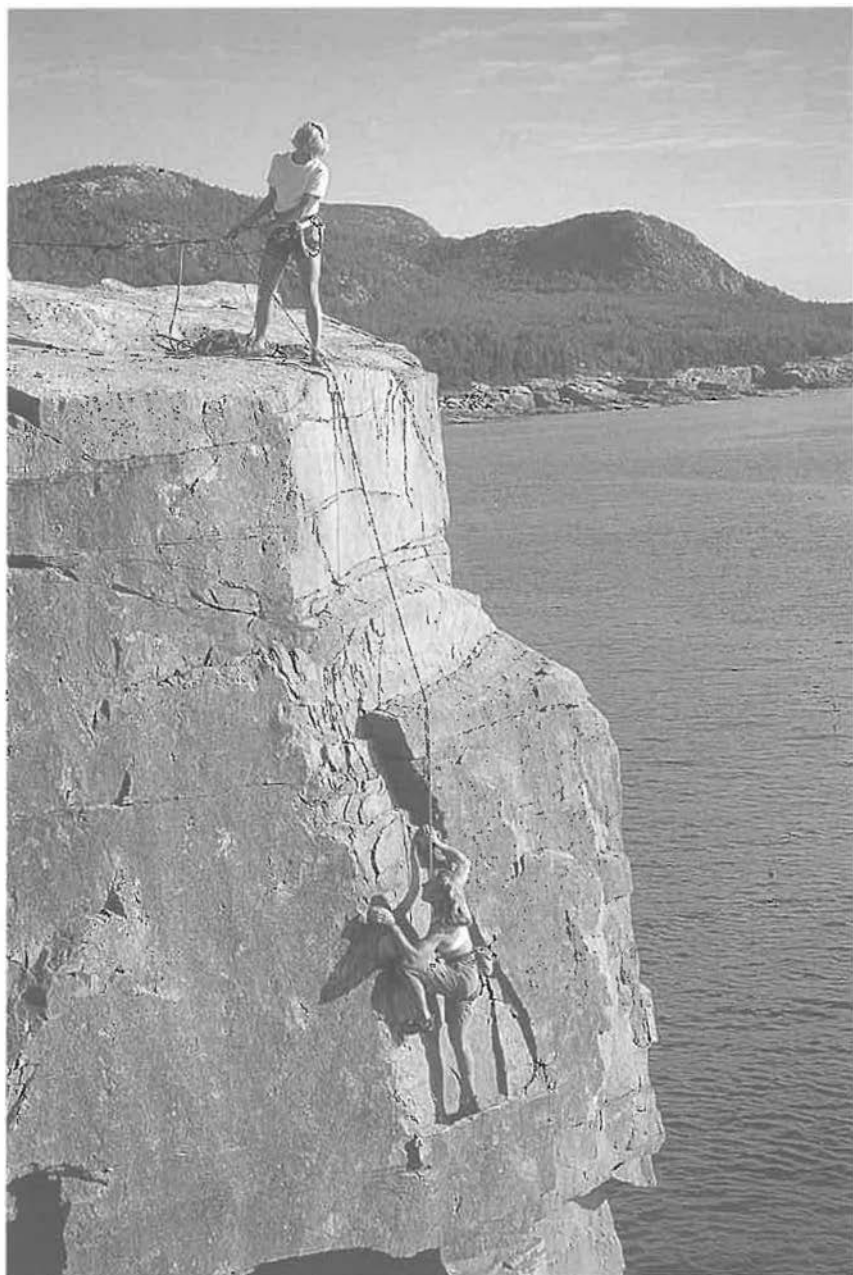
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Liz Dunn-Tierney on *Rock Lobster*, Otter Cliff, Acadia National Park, Maine. PHOTO BY STEWART M. GREEN.

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