## The Nose-Hoover thermostat

The Nose-Hoover thermostat is derived from an extended Lagrangian formalism introduced by Nose, which was later reformulated by Hoover. The idea is to extend the original systems degrees of freedom by introducing an additional variable that acts as a thermal reservoir, allowing the system to exchange energy with this reservoir to maintain the desired temperature. This extended system is then transformed into a form suitable for numerical integration in molecular dynamics.

## The Extended Lagrangian by Nose

Nose introduced an extended system by defining a new Lagrangian that includes an additional degree of freedom s, which scales time and allows for the system to fluctuate in a way that mimics the thermal fluctuations in the canonical ensemble. The extended Lagrangian L for a system of N particles is given by:

$$L = \sum_{i=1}^{N} \frac{m_i \mathbf{r}_i^2}{2s^2} - U(\mathbf{r}_1, \mathbf{r}_2, \dots, \mathbf{r}_N) + \frac{Q\dot{s}^2}{2} - gk_B T \ln(s)$$
 (0.1)

where:

- **r**<sub>i</sub> is the position of the ith particle,
- $\dot{\mathbf{r}}_i$  is the velocity of the ith particle,
- $m_i$  is the mass of the ith particle,
- *U* is the potential energy,
- *s* is the time scaling factor,
- $\dot{s}$  is the derivative of s with respect to time,
- *Q* is a fictitious mass associated with the variable *s*
- g = 3N + 1 (the degrees of freedom plus 1 for the additional s variable),
- *T* is the desired temperature,
- $k_B$  is the Boltzmann constant.

Using the Euler-Lagrange equations, the equations of motion can be derived from the extended Lagrangian. The generalized coordinates are  $\mathbf{r}_i$  and s.

The Euler-Lagrange equation is:

$$\frac{d}{dt}\left(\frac{\partial L}{\partial \dot{q}_j}\right) - \frac{\partial L}{\partial q_j} = 0$$

Applying this to each coordinate:

(a) For  $\mathbf{r}_i$ :

$$\frac{d}{dt}\left(\frac{\partial L}{\partial \dot{\mathbf{r}}_i}\right) - \frac{\partial L}{\partial \mathbf{r}_i} = 0$$

This gives:

$$\frac{d}{dt}\left(\frac{m_i\dot{\mathbf{r}}_i}{s^2}\right) = -\frac{\partial U}{\partial \mathbf{r}_i}$$

$$m_i \ddot{\mathbf{r}}_i = -\frac{\partial U}{\partial \mathbf{r}_i} - m_i \frac{\dot{s}}{s} \dot{\mathbf{r}}_i$$

(b) For s:

$$\frac{d}{dt}\left(\frac{\partial L}{\partial \dot{s}}\right) - \frac{\partial L}{\partial s} = 0$$

This gives:

$$Q\ddot{s} = \sum_{i=1}^{N} \frac{m_i \dot{\mathbf{r}}_i^2}{s^3} - \frac{g k_B T}{s}$$

$$Q\ddot{s} = \frac{2K}{s} - \frac{gk_BT}{s}$$

where  $K = \sum_{i=1}^{N} \frac{m_i \dot{\mathbf{r}}_i^2}{2}$  is the kinetic energy.

## **Hoovers Reformulation**

Hoover simplified Nose's formulation by transforming the equations into the physical time scale, effectively eliminating the explicit dependence on the variable *s* .

Define a new time variable t' related to s by dt' = sdt. In this new time scale, the velocities  $\mathbf{v}_i$  are related to the original velocities by  $\mathbf{v}_i' = \mathbf{v}_i/s$ .

The equations of motion become:

$$\frac{d\mathbf{r}_i}{dt} = \mathbf{v}_i$$

$$\frac{d\mathbf{v}_i}{dt} = \frac{\mathbf{F}_i}{m_i} - \xi \mathbf{v}_i$$

$$\frac{d\xi}{dt} = \frac{1}{Q} \left( \frac{2K}{Nk_BT} - 1 \right)$$

where  $\xi = \frac{\dot{s}}{s}$  is the friction coefficient, and Q is the thermal inertia parameter.

The variable  $\xi$  dynamically adjusts the particle velocities to control the temperature of the system. If the kinetic energy is higher than the target value (indicating a temperature higher than desired),  $\xi$  increases, applying a damping force to reduce the velocities. Conversely, if the kinetic energy is too low,  $\xi$  decreases, allowing the velocities to increase.

## 0.0.1 Partition function of the extended system

So far we have discussed how to perform integration. But we haven't proof why is this formula can ensure an *NVT* ensemble. Following the definition in eq. 0.1, the corresponding Hamiltonian is

$$H = \sum_{i=1}^{N} \frac{\mathbf{p}_{i}^{2}}{2ms^{2}} + U(\mathbf{r}_{1}, \mathbf{r}_{2}, \dots, \mathbf{r}_{N}) + \frac{p_{s}^{2}}{2Q} + gk_{B}T\ln(s)$$
(0.2)

To ensure a canonical ensemble, we want to make the probability of observing the total energy of E is  $p(E) \propto \exp(-E/kT)$ .

If we proceed to compute the partition function Z for the given H

$$Z = \frac{1}{N!} \int dp_{s} ds d\mathbf{p}^{N} d\mathbf{r}^{N} \delta(H - E)$$

$$= \frac{1}{N!} \int dp_{s} ds d\mathbf{p}'^{3N} d\mathbf{r}^{3N} s^{3N} \delta\left(\sum_{i=1}^{N} \frac{\mathbf{p}_{i}'^{2}}{2ms^{2}} + U(\mathbf{r}_{1}, \mathbf{r}_{2}, \dots, \mathbf{r}_{N}) + \frac{p_{s}^{2}}{2Q} + gk_{B}T \ln(s) - E\right)$$

$$= \frac{1}{N!} \int dp_{s} ds d\mathbf{p}'^{3N} d\mathbf{r}^{3N} s^{3N} \delta\left(\sum_{i=1}^{N} H^{0} + \frac{p_{s}^{2}}{2Q} + gk_{B}T \ln(s) - E\right)$$
(0.3)

Note that here we defined

$$\mathbf{p}' = \mathbf{p}/s$$

and

$$H^0 = \frac{\mathbf{p}_i'^2}{2ms^2} + U(\mathbf{r}_1, \mathbf{r}_2, \dots, \mathbf{r}_N)$$

Now let

$$f(s) = \sum_{i=1}^{N} H^{0} + \frac{p_{s}^{2}}{2Q} + gk_{B}T \ln(s)$$

and

$$s_0 = \exp\left[-\frac{H^0 + p_s^2/2Q}{gk_BT}\right] \leftarrow f(s_0) = 0$$

$$f'(s_0) = \frac{gk_BT}{s}$$

$$\delta(f(s)) = \delta(s - s_0) / f'(s_0)$$

Plugin them back to Z (eq. 0.3)

$$Z = \frac{1}{N!} \int dp_{s} ds d\mathbf{p}^{\prime 3N} d\mathbf{r}^{3N} s^{3N} \frac{s}{gk_{B}T} \delta\left(s - \exp\left[-\frac{H^{0} + p_{s}^{2}/2Q - E}{gk_{B}T}\right]\right)$$

$$= \frac{1}{N!} \frac{1}{gk_{B}T} \int dp_{s} ds d\mathbf{p}^{\prime 3N} d\mathbf{r}^{3N} s^{3N+1} \delta\left(s - \exp\left[-\frac{H^{0} + p_{s}^{2}/2Q - E}{gk_{B}T}\right]\right)$$

$$= \frac{1}{N!} \frac{1}{gk_{B}T} \int dp_{s} d\mathbf{p}^{\prime 3N} d\mathbf{r}^{3N} ds s^{3N+1} \delta\left(s - \exp\left[-\frac{H^{0} + p_{s}^{2}/2Q - E}{gk_{B}T}\right]\right)$$

$$= \frac{1}{N!} \frac{1}{gk_{B}T} \int dp_{s} d\mathbf{p}^{\prime 3N} d\mathbf{r}^{3N} \exp\left[\left(-\frac{H^{0} + p_{s}^{2}/2Q}{gk_{B}T}\right) * (3N+1)\right]$$

$$= \frac{1}{N!} \frac{1}{gk_{B}T} \int dp_{s} \exp\left[\left(-\frac{p_{s}^{2}/2Q - E}{gk_{B}T}\right) * (3N+1)\right] \int d\mathbf{p}^{\prime 3N} d\mathbf{r}^{3N} \exp\left[-\frac{H^{0}(\mathbf{p}^{\prime}, \mathbf{r}^{\prime})}{gk_{B}T} * (3N+1)\right]$$

$$= \frac{1}{N!} \frac{1}{gk_{B}T} \int dp_{s} \exp\left[\left(-\frac{p_{s}^{2}/2Q - E}{gk_{B}T}\right) * (3N+1)\right] \int d\mathbf{p}^{\prime 3N} d\mathbf{r}^{3N} \exp\left[-\frac{3N+1}{g} \frac{H^{0}(\mathbf{p}^{\prime}, \mathbf{r}^{\prime})}{k_{B}T}\right]$$

$$= C \int d\mathbf{p}^{\prime 3N} d\mathbf{r}^{3N} \exp\left(-\frac{3N+1}{g} \frac{H^{0}(\mathbf{p}^{\prime}, \mathbf{r}^{\prime})}{k_{B}T}\right)$$

$$= C \int d\mathbf{p}^{\prime 3N} d\mathbf{r}^{3N} \exp\left(\frac{-H^{0}}{k_{B}T}\right) \text{ (when } g = 3N+1)$$

The  $P_s$  part gives a constant dependent on the parameters E, T, Q and g. If we choose g = 3N + 1, the partition function Z of the extended system is equivalent to that of the physical system in the canonical ensemble  $Z_c$  except for a constant factor, Z = CZc. Hence, this approach maintains the system at a desired temperature, allowing it to sample from the canonical ensemble, making the Nose-Hoover thermostat an effective tool for molecular dynamics simulations that require temperature control.