

ENGLISH

Chapter 4

1st
SECONDARY

ME TIME



 **SACO OLIVEROS**






Me time

WDYT?
(What do you think?)

How important
are hobbies for
teenagers?



- 1  Work in pairs. Read the statistics. Does any of the information surprise you?

I'm surprised American teenagers sleep for nearly 11 hours.

Really? I'm not that surprised. I think ...

FREE time in the USA

how teenagers spend their weekends

4.3 hours a day on social media


Teens **sleep** for **10.9** hours a day

3.8 hours on hobbies

Teens spend **0.9** hours a day on sports

1.1 hours a day on schoolwork

Teens also **meet friends**, work and **listen to music**

2  Complete the table with the free-time activities in red.

Media and communication	Sports	Art and music	Other
play video games watch a TV series	play soccer	listen to music take photos	sleep meet friends

3



Which free-time activities in the box do you see in photos 1–6? Add them all to the table in exercise 2.

collect things draw go to a dance class
go to the gym help at home make videos
play chess play in a band play on a team
practice the piano use social media

1 collect things2 go to the gym3 play in a band4 play on a team5 practice the piano6 use social media

- 4 Complete the description with words and phrases from exercise 3. Change the form of the verb if necessary.

My brother Archie and I are twins but we're very different. I'm really into sports. I love soccer and I play on a team called the Midland Juniors. I have to be quick and strong for soccer, so I also go to the gym once a week.

Archie is very musical. He plays the guitar and he sometimes practices for three hours a day. On weekends, he plays in a band with two friends.


We both use social media on our phones to chat with our friends and sometimes we make videos to put on YouTube™.


But it isn't all fun! On weekends, we also do homework and 7 help at home.

5 How many hours do you spend on free-time activities on the weekend?

social media – 2 hours

soccer – 1 hour

- 6**  Work in pairs. Talk about your free-time activities using your notes in exercise 5.

7  Watch the video. What activities does the vlogger do on the weekend?

He sleeps, gets dressed, eats, plays sports, helps at home, vlogs, uses social media, meets with his best friend, does football training, edits videos, plays videogames and watches videos.

8



Work in pairs. Discuss the questions.

1 Which elements of the video help you to understand it? Think about images, text and the presenter. The images (the clock, the sad face emoji). The text helps to understand the language.

2 Why are vloggers popular?

Young people identify with vloggers because they usually are the same age, have similar interests and come from similar background.

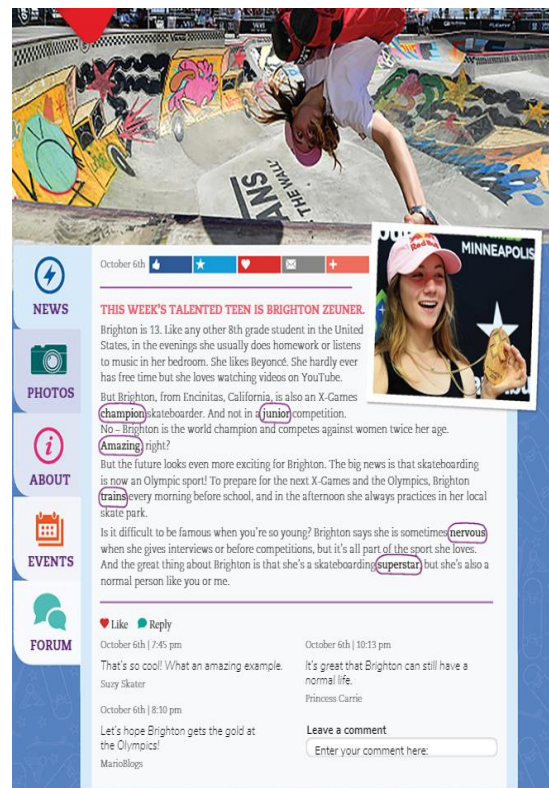
3 Would you like to be a vlogger?
Why/Why not?

3 Look at the text, but don't read it. What type of text is it? Explain your answer.

a a newspaper article

b part of a novel

c ☒ a blog post



THIS WEEK'S TALENTED TEEN IS BRIGHTON ZEUNER.

Brighton is 13. Like any other 8th grade student in the United States, in the evenings she usually does homework or listens to music in her bedroom. She likes Beyoncé. She hardly ever has free time but she loves watching videos on YouTube.

But Brighton, from Encinitas, California, is also an X-Games champion skateboarder. And not in a junior competition. No - Brighton is the world champion and competes against women twice her age.

Amazing right?

But the future looks even more exciting for Brighton. The big news is that skateboarding is now an Olympic sport! To prepare for the next X-Games and the Olympics, Brighton trains every morning before school, and in the afternoon she always practices in her local skate park.

Is it difficult to be famous when you're so young? Brighton says she is sometimes nervous when she gives interviews or before competitions, but it's all part of the sport she loves. And the great thing about Brighton is that she's a skateboarding superstar but she's also a normal person like you or me.

Comments:

- Like Reply
 - October 6th | 7:45 pm
 - That's so cool! What an amazing example.
 - Suzy Skater
 - October 6th | 8:10 pm
 - Let's hope Brighton gets the gold at the Olympics!
 - Marioblog
- October 6th | 10:13 pm
 - It's great that Brighton can still have a normal life.
 - Princess Carrie

Leave a comment
Enter your comment here.

4 14 Read and listen to the text

At the top of her game



THIS WEEK'S TALENTED TEEN IS BRIGHTON ZEUNER.

Brighton is 13. Like any other 8th grade student in the United States, in the evenings she usually does homework or listens to music in her bedroom. She likes Beyoncé. She hardly ever has free time but she loves watching videos on YouTube.

But Brighton, from Encinitas, California, is also an X-Games **champion** skateboarder. And not in a **junior** competition.

No – Brighton is the world champion and competes against women twice her age. **Amazing**, right?



But the future looks even more exciting for Brighton. The big news is that skateboarding is now an Olympic sport! To prepare for the next X-Games and the Olympics, Brighton **trains** every morning before school, and in the afternoon she always practices in her local skate park.

Is it difficult to be famous when you're so young? Brighton says she is sometimes **nervous** when she gives interviews or before competitions, but it's all part of the sport she loves. And the great thing about Brighton is that she's a skateboarding **superstar**, but she's also a normal person like you or me.

Like Reply

October 6th | 7:45 pm

That's so cool! What an amazing example.

Suzy Skater

October 6th | 8:10 pm

Let's hope Brighton gets the gold at the Olympics!

MarioBlogs

October 6th | 10:13 pm

It's great that Brighton can still have a normal life.



Princess Carrie

Leave a comment

Enter your comment here:

4  **14** Read and listen to the text and circle the best summary.

a Brighton has lots of hobbies.

☒ Brighton is a normal girl with a special talent.

c Brighton has a busy life.



Subskill: Reading for specific information

To find specific information in a text, first identify key words in the exercise that will help you.

5 Read the text again and complete the sentences.

- 1 Brighton is 13 years old.
- 2 She studies in 8th grade.
- 3 One of her favorite musicians is Beyonce.
- 4 She likes watching videos on YouTube.
- 5 She's extremely good at skateboarding.
- 6 She practices before and after school every day.
- 7 She feels nervous before competitions.

6 Match 1–5 to a–e to make sentences.

At home, Brighton
does

Brighton is only 13,
but

Skateboarding is a
new

Brighton doesn't like

Brighton is famous
but

she's a normal
teenager too.

sport at the
Olympics.®

some things about
being famous.

she's a champion in
adult competitions.

the same things as
other teenagers.

7

Word work

Match the definitions to the words in bold in the text.

1 a very famous actor, singer or athlete _____

2 practices (a sport) seriously _____

3 fantastic, surprising _____

4 (in sports) for young people, not adults _____

5 a person who wins a competition _____

6 excited and worried at the same time nervous

HOMEWORK

from 1 to 5