

ENGLISH

Chapter 4

1st
SECONDARY

ME TIME



 **SACO OLIVEROS**






Me time

WDYT?
(What do you think?)

How important
are hobbies for
teenagers?



Free-time activities

- 1  Work in pairs. Read the statistics. Does any of the information surprise you?

I'm surprised American teenagers sleep for nearly 11 hours.

Really? I'm not that surprised. I think ...



FREE time in the USA

how teenagers spend their weekends

4.3 hours a day on social media
Teens **sleep** for **10.9** hours a day
3.8 hours on hobbies
Teens spend **0.9** hours a day on sports
1.1 hours a day on schoolwork
Teens also **meet friends**, work
and **listen to music**


A photograph of two young women with long blonde hair, smiling and holding video game controllers. They are sitting on a couch in a living room setting.

We **play video games**.



2  Complete the table with the free-time activities in red.

Media and communication	Sports	Art and music	Other
play video games watch a TV series	play soccer	listen to music take photos	sleep meet friends

3  Which free-time activities in the box do you see in photos 1–6? Add them all to the table in exercise 2.

collect things draw go to a dance class
go to the gym help at home make videos
play chess play in a band play on a team
practice the piano use social media



1 collect things



2 go to the gym



3 play in a band



4 play on a team



5 practice the piano



6 use social media

4 Complete the descriptions using the phrases from exercise 3. Use the infinitive form of the verb if necessary.

My brother Arch
we're very diffe
I love soccer and
the Midland Jun
strong for socce
once a week.



plays the guitar
practices for
 kends, he
 riends.


on our phones to
sometimes we
'ouTube™.

ends, we also
home.


5 How many hours do you spend on free-time activities on the weekend?

social media – 2 hours

soccer – 1 hour

6  Work in pairs. Talk about your free-time activities using your notes in exercise 5.



7  Watch the video. What activities does the vlogger do on the weekend?

He sleeps, goes to sports, helps with social media, does football, plays videogames and watches videos.



He eats, plays videogames, uses social media, helps his best friend, does football, plays videos, watches videos.

A blog



3 Look at the text, but don't read it. What type of text is it? Explain your answer.

a a newspaper article

b part of a novel

c ☒ a blog post

The screenshot shows a blog post interface. On the left is a sidebar with icons for NEWS, PHOTOS, ABOUT, EVENTS, and FORUM. The main content area features a post dated October 6th with a title 'THIS WEEK'S TALENTED TEEN IS BRIGHTON ZEUNER.' and a photo of Brighton Zeuner, a young woman wearing a pink cap and holding a gold medal. The text describes her as a 13-year-old skateboarder from Encinitas, California, who is an X-Games champion and a junior world champion. It mentions she practices skateboarding every morning and afternoon. Below the text are two comments: one from 'Suzy Skater' dated October 6th at 7:45 pm, and another from 'Princess Carrie' dated October 6th at 10:13 pm. There is also a 'Leave a comment' section at the bottom.

October 6th

THIS WEEK'S TALENTED TEEN IS BRIGHTON ZEUNER.

Brighton is 13. Like any other 8th grade student in the United States, in the evenings she usually does homework or listens to music in her bedroom. She likes Beyoncé. She hardly ever has free time but she loves watching videos on YouTube.

But Brighton, from Encinitas, California, is also an X-Games champion skateboarder. And not in a junior competition. No – Brighton is the world champion and competes against women twice her age.

Amazing right?

But the future looks even more exciting for Brighton. The big news is that skateboarding is now an Olympic sport! To prepare for the next X-Games and the Olympics, Brighton trains every morning before school, and in the afternoon she always practices in her local skate park.

Is it difficult to be famous when you're so young? Brighton says she is sometimes nervous when she gives interviews or before competitions, but it's all part of the sport she loves. And the great thing about Brighton is that she's a skateboarding superstar but she's also a normal person like you or me.

Like Reply

October 6th | 7:45 pm

That's so cool! What an amazing example.

Suzy Skater

October 6th | 8:10 pm

Let's hope Brighton gets the gold at the Olympics!

MarioBlogs

October 6th | 10:13 pm

It's great that Brighton can still have a normal life.

Princess Carrie

Leave a comment

Enter your comment here:

At the top of her game



4 Read and listen to the text and circle the best summary.



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4  **14** Read and listen to the text and circle the best summary.

a Brighton has lots of hobbies.

☒ Brighton is a normal girl with a special talent.

c Brighton has a busy life.

5 Read the text again and complete the sentences

1 Bright

2 She

3 One

4 She

5 She's

6 She

ever

7 She



cé .

hool

before competitions.

6 Match 1–5 to a–e to make sentences.

At home, Brighton
does

Brighton is only 13,
but

Skateboarding is a
new

Brighton doesn't like

Brighton is famous
but



she's a normal
teenager too.

sport at the
Olympics.®

some things about
being famous.

she's a champion in
adult competitions.

the same things as
other teenagers.

7

Word work

Match the definitions to the words in bold in the text.

- 1 a very famous actor, singer or athlete _____
- 2 practices (a sport) seriously _____
- 3 fantastic, surprising _____
- 4 (in sports) for young people, not adults _____
- 5 a person who wins a competition _____
- 6 excited and worried at the same time nervous

**HOMEWORK**

from 1 to 5



Thank You
for your attention