

# ENGLISH

## Chapter 1 Week 1

**1st**  
SECONDARY

**School Life**

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# HELICOMOTIVATION





# SCHOOL LIFE

**WDYT?**  
(What do you think?)

What is an  
ideal school?



**Vocabulary:** daily routines;  
school subjects

**Grammar:** simple present;  
object pronouns

**Reading:** an online article  
about online schools

**Listening:** a conversation with  
a Finnish student

**Speaking:** working together  
to check answers

**Writing:** a blog post

**Project:** design a schedule for  
your ideal school

## Daily routines

1



When do  
Complete the ta

~~do homework~~  
have

## Morning

get up ..

go to

have breakfast

start school ..

Excellent  
Work!

the box?

to bed go to school  
start school

## Evening

do homework

go to bed ..

have dinner ..



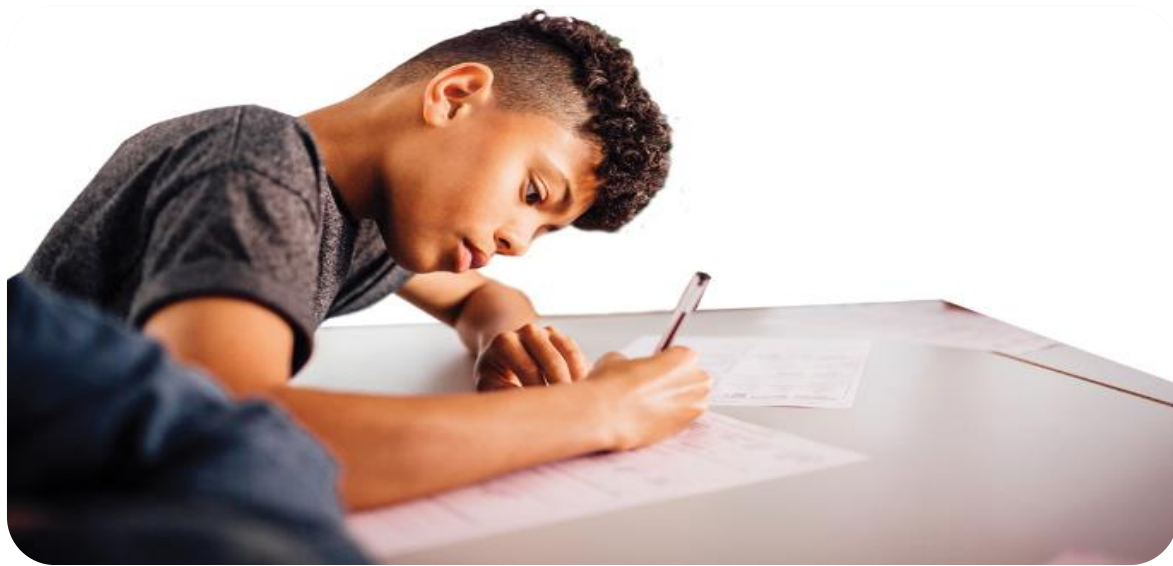
At my school in France, we have two hours for lunch. Some students <sup>1</sup> go home, but others <sup>2</sup> have lunch in the school cafeteria. There are no packed lunches!



Students at my school in Finland have less than four hours of class a day, and we only<sup>3</sup>

do

about 30 minutes of homework in the evening.



In Brazil, some students <sup>4</sup> start school at seven o'clock in the morning and <sup>5</sup> finish at 12 o'clock. My school is different. We study from 12 o'clock until five in the afternoon.



# EXCELLENT



I'm from G


help at ho

there isn't a bus.

ning. I often

ol because



- 4  Read about a Chinese student's typical day.  
Match paragraphs 1–6 with pictures A–F.



A. 2



B. 5



C. 6



D. 1



E. 3



F. 4

## My typical day

- 1 On school days, I **wake up** at six fifteen, and get up five minutes later. I **take a shower** and **brush my hair**.
- 2 I have breakfast – noodles or oatmeal – at about six forty-five. I **brush my teeth** and then I go to school with my friends.
- 3 I **get dressed** in my school uniform and I **pack my bag** for school. I usually **make my bed** and **clean my room**, but sometimes I forget!
- 4 We start school at seven thirty and **take a break** at nine fifty. We all do physical exercises together. 
- 5 We have lunch at twelve thirty and finish school at four o'clock. I go home and **get changed** into my regular clothes.
- 6 I have dinner with my family at about five thirty, and then I do homework for about three hours. I go to bed at ten o'clock and **go to sleep** – I'm usually really tired!

**6** Put the activities in the order you do them on a typical day.

- 1 make my bed / wake up / get up
- 2 brush my hair / get dressed / take a shower
- 3 have breakfast / make my bed / brush my teeth
- 4 take a break / pack my bag / start school
- 5 go to sleep / go to bed / brush my teeth



### Time and day

Use *at* with times – *at six thirty, at ten o'clock*

Use *in* with parts of the day – *in the morning, in the afternoon, in the evening BUT at night*

Use *on* with days – *on Monday(s), on Tuesday(s)*

## 7 Complete the sentences with *at*, *in* or *on*.

- 1 We finish school early on Fridays.
- 2 I sometimes take a shower in the evening.
- 3 I usually have breakfast at about seven o'clock.
- 4 I brush my teeth in the morning and at night.
- 5 My first class on Monday morning is math.





# An online article

**1** Match the words in the box with photos A–J.  
Then order them for a typical day.

get dressed   get up   go home   go to school  
go to sleep   have lunch   pack my bag  
start school   take a break   wake up



A

ha



C

get up

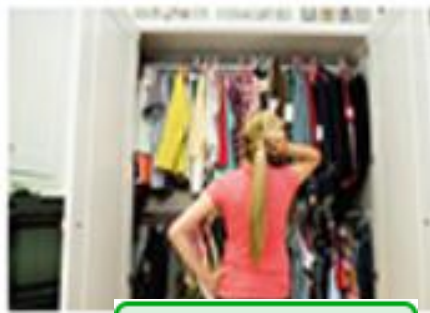


k



go to sleep

Excellent ☒  
Very Good ☐  
Good ☐  
Average ☐



get dressed

E



start school

G

Excellent ☒  
Very Good ☐  
Good ☐  
Average ☐

H



pack my bag





## A DAY IN THE LIFE OF AN ONLINE STUDENT

Every year, more and more teens study at online high schools. They don't go to school like other students. They stay at home and connect to classes via the internet. So, what is a typical day for an online student?

The fact is, it depends. Students have classes, but they can study when they want. Jack wakes up at seven and reads for an hour before breakfast. He starts his classes at nine. Abi prefers to start school early, so she has free time for sports and other activities in the afternoon.

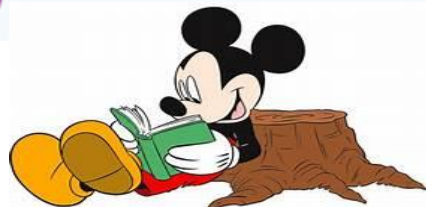
'I get up and **log on** for my first class at eight' she says. 'I read the notes on the whiteboard on my computer.' Abi doesn't see her teachers, but she can hear them. Later, she can ask questions online or by phone.



Both Jack and Abi have four classes in the morning. After lunch, they do homework and class projects. 'I don't sit at the computer all day,' says Jack. 'I make robots, or I go to the **library** and learn about the things I like.'

Of course, online students don't see their **classmates** every day. They sometimes go on **school trips** together, but they only meet friends in after-school clubs. They also need to be motivated, because they spend a lot of time studying alone.

In other ways, online schools are the same as ordinary schools. 'We study all the regular **subjects** like math and history,' says Abi. 'We take tests and we get **grades** for our work.'



**4** Read the article and decide if the sentences are true or false? Correct the false sentences.

- 
- 1 An online school is open at fixed times. ☒ False
- 2 Students see their teacher on their computer. ☒ True
- 3 They can communicate with their teacher. ☒ True
- 4 Students work on their computer all day. ☒ False
- 5 They see their classmates outside school. ☒ True
- 6 Online students learn about subjects from students in other schools. ☒ False

# 5 Complete the sentence

1 J

2 /

3 ||

4 1

5 J

6 1

VERY GOOD



ass projects

7

## Complete with words from exercise 6.

- 1 We sometimes go on school trips to museums or other places.
- 2 There are many clubs at school.
- 3 I like to go to the library to read books.
- 4 The school has a log to record the number of books read.
- 5 I walk to school with one of my classmates.
- 6 We have science subjects every Friday.

**WELL DONE!**



**6** **Word work** Match the definitions to the words in bold in the text.

- 1 numbers or letters that show how good schoolwork is \_\_\_\_\_
- 2 things you learn at school, e.g. math or English \_\_\_\_\_
- 3 a place where you can borrow or read books \_\_\_\_\_
- 4 start to use a computer \_\_\_\_\_
- 5 students in your class \_\_\_\_\_

THANK YOU

