

ENGLISH

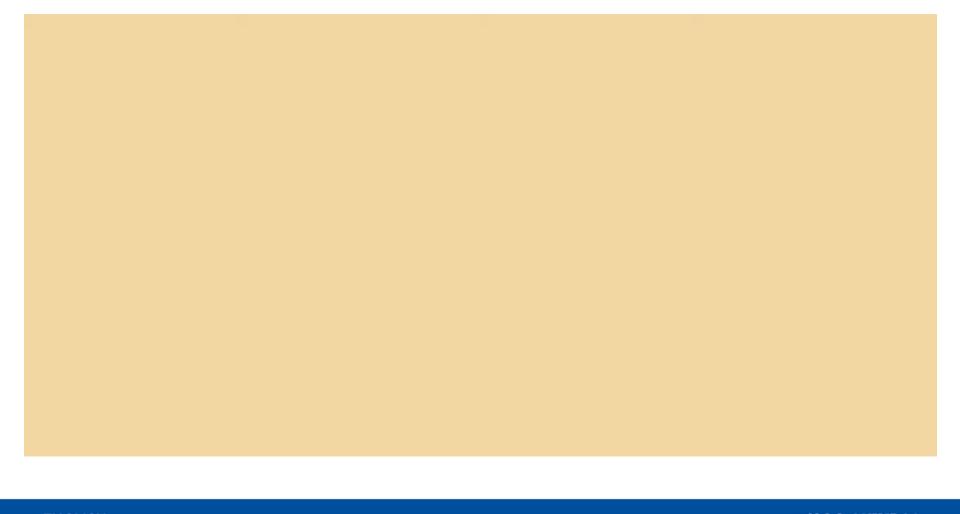
Chapter 9 Session B



HEALTHY LIVING Simple Present







Simple Present

affirmative				
I / You	eat			
He / She / It	eats	fruit.		
We / You / They	eat			

- we use the simple present to talk about routines and habits
 l get up at seven o'clock every morning.
- we use the simple present to describe facts
 She lives in Australia.

	negative	contracte	d form
I / You	do not	don't eat	
He / She / It	does not	doesn't eat	meat.
We / You / They	do not	don't eat	

- to form the negative, we use don't or doesn't before the verb
- we usually use contracted forms (don't and doesn't) in conversation and informal writing She doesn't like coffee.

questions and short answers

Do I / you read?

Yes, I / you do. No, I / you don't.

Does he / she / it read?

Yes, he / she / it does. No, he / she / it doesn't.

Do we / you / they read?

Yes, we / you / they do. No, we / you / they don't.

- in questions we use do or does before the subject
- we don't repeat the verb in short answers
 Do you like pasta?
 Yes, I do. / No, I don't.

Spelling: Third Person Singular

for most verbs add -s drink → drinks for verbs that end in -o, -s, -sh, -ch and -x add -es do → does watch → watches miss → misses mix → mixes wash → washes for verbs that end in consonant +y, omit the -y and add -ies study → studies for verbs that end in vowel +y, keep the -y and add -s play → plays irregular verbs be → is have → has

Food

1 Complete the chart with the words in the box.

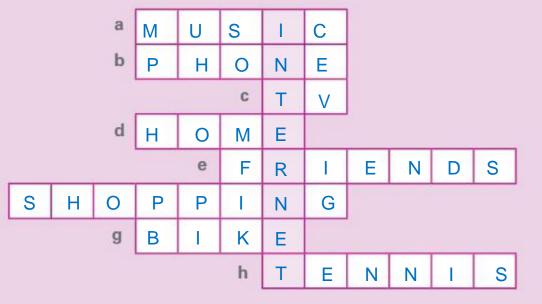
apple bread cake carrot cheese ice cream milk nuts pasta potatoes strawberries yogurt

carbohydrates	bread, cake, pasta, potatoes
fruit and vegetables	apple, carrot, strawberries
protein	nuts
dairy products	cheese, ice, cream, milk, yogurt

Free-time Activities

Complete the crossword. Then f mystery word.

- a listen to ... e meet ...
- **b** talk on the ... **f** go ...
- c watch ... g ride my ...
- d relax at ... h play ...





Simple Present

3 Complete the text with the correct form of the verbs in parentheses.

I have a healthy lifestyle. I a <u>eat</u> (eat)
breakfast every morning. Then I b <u>walk</u> (walk)
to school with my friends but they c don't live (not
live) in my street. At break time, I dplay_ (play)
soccer with my friends. After school, I ego
(go) home to do homework. Then I f <u>listen</u>
(listen) to music and I g <u>read</u> (read) a comic.
My sister h doesn't have (not have) a healthy lifestyle.
She i doesn't do (not do) any sport and she
j <u>doesn't eat</u> (not eat) fruits and vegetables. She
kwatches (watch) TV all the time!



4 Complete the questions. Then write short answers that are true for you.

- a ______ you eat fish regularly?
 Yes, I do. / No, I don't.
- b <u>Does</u> your teacher ride a bike to school? Yes, he or she does. / No, he or she doesn't.
- c _____ Do__ you and your friends talk on the phone for hours? Yes, we do. / No. we don't.
- d <u>Does</u> your best friend stay up late on the computer?
 Yes, he or she does. / No, he or she doesn't.



Simple Present: Third Person Singular (Spelling)

- 5 Rewrite the sentences with the correct forms of the verbs in parentheses.
 - a Mark (miss) his school.
 Mark misses his school.
 - Andrew (enjoy) pop music.

 Andrew enjoys pop music.
 - Your baby still (cry) at night.
 Your baby still cries at night.
 - d My grandpa always (talk) about the old times.
 My grandpa always talks about the old times.

Grammar Buildup 3

 1
 2
 3
 4
 5
 6
 7
 8

6 Complete the dialogue with the correct form of the verbs in parentheses.

Mason What a <u>is</u> (be) your favorite free-time activity?

Charlotte Well, I usually **b** meet (meet) my

friends in town.

Mason What c do you do (do) there?

Charlotte We d go (go) shopping or we

e <u>sit</u> (sit) in a coffee shop with a drink.

Mason Really? Sounds boring!

Charlotte **f** <u>Do</u> you and your friends <u>like</u> (like) shopping?

PROGRESS CHECK

Mason Sure!

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Mason No, we g <u>hate</u> (hate) it. Jack sometimes h <u>goes</u> (go) shopping with his sister but we usually i <u>play</u> (play) soccer or we j <u>ride</u> (ride) our bikes.

Charlotte Very healthy! Look, I k <u>am</u> (be)
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hungry. Let's have something to eat.

ENGLISH



Circle the correct words to complete the text.

a Who / What is a vegan?

Vegans are people who **b doesn't** / **don't** have any animal products in their diet. That means that a vegan doesn't eat meat, fish, eggs, honey or dairy products.

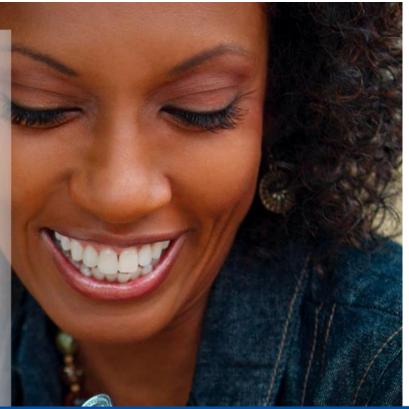
Where is the name from?

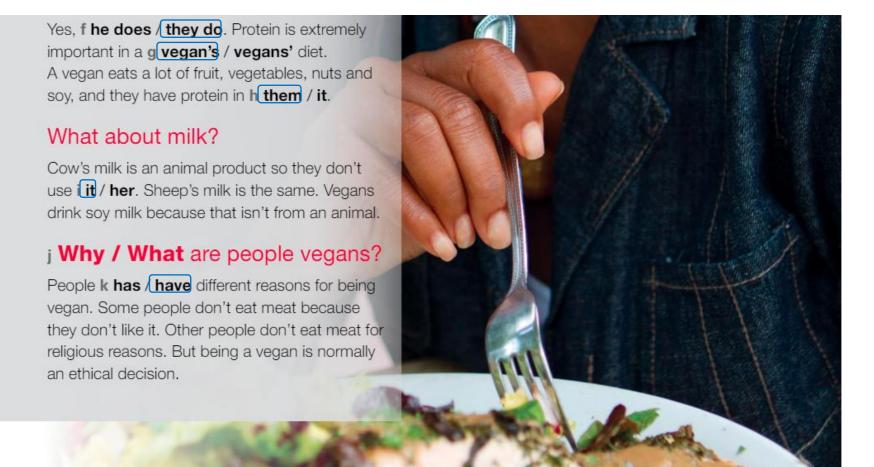
The name comes from the word 'vegetarian'. 'V-E-G' care/ is the first three letters of the word and 'A-N' the last two.

How do you pronounce it?

d Is / It's 'vee-gun'.

e **Do vegans eat** / Eat vegans protein?





VOCABULARY PLUS

Fruit and Vegetables

1 Listen to the names of fruit and vegetables below.

beans cherries mandarins onions peaches pears peppers pineapples spinach zucchini

2 Label the pictures with the words in activity 1.







3 Circle the odd word out in each line.

cherries onions peaches mandarins

- a spinach pepper zucchini peach
- **b** pineapple spinach pear peach
- c beans peaches mandarins cherries
- d onions peppers cherries zucchini
- e mandarin pepper pear pineapple

4 Complete the sentences with words from activity 1.

<u>Peppers</u> can be green, red or yellow.

- a Popeye's favorite vegetable is <u>spinach</u>.
- **b** <u>Peach</u> is a fruit and a color.
- **c** <u>Zucchini</u> are long, with green skin and are white inside.
- d <u>Cherries</u> are small, round and red. Are they your favorite fruit?

- e ____Onions___ can make you cry!
- f <u>Mandarins</u> are similar to oranges.
- **g** People eat _____beans_ with rice in Brazil.
- h Pineapples are large and yellow.
- i Pears are round at the bottom, green or pink on the outside and white on the inside. They're very sweet!