

# ENGLISH

**5th**  
SECONDARY

## ONLINE CONSULTING Session A

Chapters 13, 14 and 15.



 **SACO OLIVEROS**

# Motivating strategy

Imagine you want  
to change  
something  
in your life.

**Which  
structure  
would you use?**



CREATED USING  
**PowToon**

1

# Do you recognize these pictures?

PIN number

Make a deposit

Take out a loan

Open a bank account

Write a check

Use the ATM



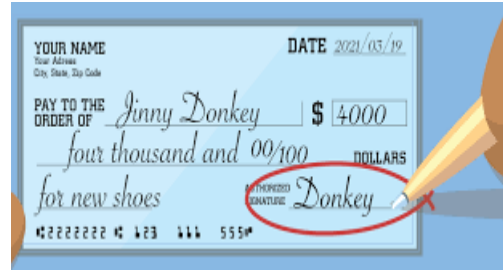
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\_\_\_\_\_

# Helicotheory

## I WISH / IF ONLY

A REGRET IN THE PRESENT	IN THE PAST	ABOUT A SITUATION / ABOUT THE FUTURE
We use PAST SIMPLE	PAST PERFECT	COULD/WOULD + Base form
If only I <b>had</b> enough time  She <b>wishes</b> (that) her brother <b>were</b> * here	I <b>wish</b> we <b>had stayed</b> longer Doesn't she <b>wish</b> he <b>had kissed her</b> before?	I <b>wish</b> I <b>could</b> pass my driving test My mother <b>wishes</b> I <b>would</b> * enjoy a healthy lifestyle
* We use <b>WERE</b> in all the cases, even 1st & 3rd singular		* When the subject of Wish is the same as the one of the verb = <b>COULD</b> If they are different, we use <b>WOULD</b>



## 2

## HELICO PRACTICE

❖ Choose the best verb in the box to complete each sentence.

a. I wish someone had taught me how to use online banking before.

b. If only there was a way to get in contact with her.

c. I wish you would teach me how to start my own business.

d. If only they hadn't left so soon! The party had just started.

e. I wish this boy weren't so stubborn

had  taught

hadn't  left

weren't 

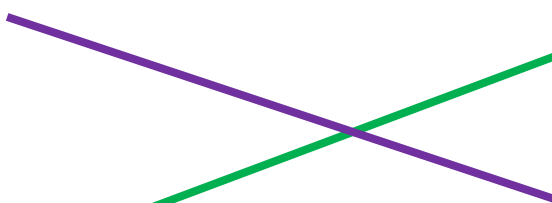
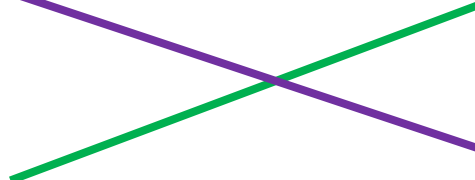
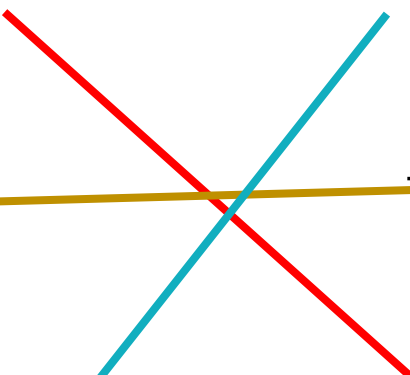

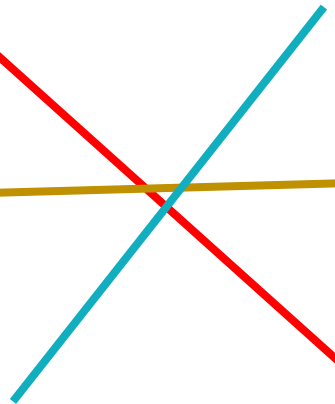
was 

would  teach

## 3

## HELICO PRACTICE

❖ **Match the columns to complete the sentences.**

- a. I really wish I hadn't lost...  the money exchange place was!
- b. If only we knew where...  my keys – it's so annoying!
- c. They wish she would tell...  I wouldn't have got a fine.
- d. If only I hadn't come...  to this boring party – there are only kids!
- e. If only I hadn't parked there...  them where she is going for vacation!

## 4

## HELICO PRACTICE

❖ **Write the sentences with *wish* / *if only* to talk about each regret. Use first person.**

a. Live with parents after high school to save money (if only)

**If only I had lived with my parents after high school.**

b. Work weekends now (wish)

**I wish I didn't have to work weekends now.**

c. Have a car to get to work faster (if only)

**If only I had a car to get to work faster.**

d. Have a sister to tell her my sister (I wish)

**I wish I had a sister to tell her my secrets.**

e. Have a dog to play in the afternoons. ( I wish)

**I wish I had a dog to play in the afternoons.**





# Helicotheory

A phrasal verb is a combination of 2 words, usually a verb and a preposition, that create a phrase with a different meaning.

Example:

I gave up when the game got too hard

## PHRASAL VERBS WITH "GIVE"

### Give away

Meaning: Make a gift of (something)

E.g. I didn't like that book, so I gave it away.

### Give away

Meaning: Unintentionally reveal a secret, or expose someone

E.g. He gave himself away with a stupid lie.

### Give back

Meaning: Return, restore

E.g. Give me back my book!.

### Give forth

Meaning: Emit or release something

E.g. The chimney gave forth a cloud of grey smoke.

### Give out

Meaning: Issue; to distribute

E.g. Can you help me to give out the new books to the class, please?



## 5

## HELICO PRACTICE

❖ **Choose the phrasal verb to complete the sentence.**

a. Riley seriously needs to \_\_\_\_\_ her travelling expenses by taking the bus instead of taxi.

a) cut down

b) cut up

c) cut off her

b. It's unfortunate they haven't \_\_\_\_\_ anything all these years.

a) put inside

b) put onside

c) put aside

c. You really need to \_\_\_\_\_ your shopping obsession before you go completely broke.

a) deal of

b) deal with

c) deal on

d. Let's try to \_\_\_\_\_ what happened last year so that we don't make the same mistakes again.

a) figure with

b) figure out

c) figure off

e. Why don't you \_\_\_\_\_ eating fast food? It is not healthy.

a) give up

b) give with

c) take up

## 6

## HELICO PRACTICE

❖ **Match the columns to complete the phrasal verbs and the sentences.**

- |   |   |
|---|---|
| a. If we don't start saving             | cut down on his trips to the movies after he realized how much he was spending. |
| b. I can't keep bailing you             | out of the trouble when you spend all your paycheck.                            |
| c. Cody decided to                      | up now, we'll never have enough to buy the computer.                            |
| d. We'll do whatever's necessary to get | aside her tips until she was able to pay for a cruise for her parents.          |
| e. For years, Jacinta put               | by, even if it means finding a second job.                                      |

## 7

## HELICO PRACTICE

❖ **Cross out the incorrect options in each phrase.**

- a. **Check:** the balance / the bank statement / ~~cash~~.
- b. ~~Deposit~~ / credit / debit **card**.
- c. **Close a:** ~~teller~~ / checking account / bank account.
- d. **Use:** ~~the balance~~ / the ATM / online banking.
- e. **Make:** ~~a check~~ / transaction / credit.

## 8

## HELICO PRACTICE

❖ Complete the phrases with the missing vowels.

a. C A S H    A C H E C K

b. T A L K    T O    A T E L L E R

c. A C C O U N T    N U M B E R

d. M A K E    A D E P O S I T

e. T A K E    O U T    A L O A N



❖ **Read carefully and complete with T (true) or F (false) according to the text.**

There is a famous expression in English: "Stop the world, I want to get off!" This expression refers to a feeling of panic, or stress, that makes a person want to stop whatever they are doing, try to relax, and become calm again. 'Stress' means pressure or tension. It is one of the most common causes of health problems in modern life. Too much stress results in physical, emotional, and mental health problems.

There are numerous physical effects of stress. Stress can affect the heart. It can increase the pulse rate, make the heart miss beats, and can cause high blood pressure. Stress can affect the respiratory system. It can lead to asthma. It can cause a person to breathe too fast, resulting in a loss of important carbon dioxide. Stress can affect the stomach. It can cause stomach aches and problems digesting food. These are only a few examples of the wide range of illnesses and symptoms resulting from stress.

Emotions are also easily affected by stress. People suffering from stress often feel anxious. They may have panic attacks. They may feel tired all the time. When people are under stress, they often overreact to little problems. For example, a normally gentle parent under a lot of stress at work may yell at a child for dropping a glass of juice. Stress can make people angry, moody, or nervous.

- a. The text affirms that stress is one of the main causes of health problems..... ( T )
- b. One of the diseases caused by stress mentioned in the text is heart cancer.....( F )
- c. When people are over stress they tend to overreact to small problems ..... ( T )
- d. "Stop the world, I want to get off" is one common phrase someone may say when being stressed ..... ( T )
- e. The text mentions many tips to release stress and control our emotions ..... ( F )



❖ **Listen carefully and complete with (true) or F (false).**

- a. The daughter is interested in electronic devices..... ( T )
- b. They have saved \$ 30.75 in coins..... ( F )
- c. Only the father likes the idea of giving money to charity ..... ( F )
- d. Both, father and daughter said they were going to take the coins to the bank.... ( F )
- e. Last year they took a vacation to Hawaii.....( T )



Thanks for  
your  
attention!

