



ENGLISH

Chapter 21
Week 21

3rd
SECONDARY

CHOICES



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iKEEPSAFE

Wise Tech Choices
Finding Balance Part2



Phrasal verbs: screen-life balance



1 Complete the texts with the verbs in the box.

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If I want to 1 chill out, staring at a screen doesn't help. I go outside to relax. I try to get plenty of exercise. It's a good idea to 2 take up a sport like volleyball or an activity like dance. When you 3 work out, you improve your energy levels. It's fun too.

Lucy, 15



chill get hang log meet
print sign take turn work

chill get hang log meet
print sign take turn work



Chatting online is fun, but it's good to 4 **log** off after a while. It's important to 5 **meet** up with friends in real life too! When you 6 **hang** out with friends, don't spend all the time checking your phone. 7 **turn** it off!

Sarita, 17

When I go on vacation I like to
8 **get** ____ away from all screens.
I 9 **sign** ____ out of all social media
sites until I go home! And when
I'm working, I 10 **print** ____ out
documents to read. It gives my
eyes a rest from the screen. I use
recycled paper!

Mateo, 16



~~chill~~ get hang log meet
print sign take turn work

Then answer the questions.

- 1 Look at the photos – who isn't following their own advice?

Mateo isn't following his own advice.

- 2 Who do you think gives the best advice? Why?

PERSONAL ANSWER

Separable and inseparable phrasal verbs

Inseparable verbs: the noun or pronoun must come after the preposition.

*I **meet up with** my friends.* ✓

*I **meet up with** them.* ✓ ~~*I **meet up** them **with**.*~~ X

Separable verbs: the noun can come before or after the preposition. The pronoun must come before the preposition.

*Let's **take up** a new hobby.* ✓

*Let's **take** a new hobby **up**.* ✓

*Let's **take** it **up**.* ✓ ~~*Let's **take up** it.*~~ X

2 Circle the correct answers.

- 1 When you finish on the computer, please
☒ a log off. b log it off. c log off it.
- 2 I started playing basketball last year. I'm so glad I
a took up. ☒ b took it up. c took up it.
- 3 I see my friends on the weekend and
a hang out them with. ☒ b hang out with them.
- 4 If you aren't listening to the radio,
☒ a turn it off. b chill it out. c get it away.

Giving advice



Real-world speaking



- 1  Watch the video. Why does Emily need some advice?

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She posted a video online of her and a friend without checking with her friend if it was OK first.

Now the friend is angry with her and she's upset.





First and second conditionals

1 Reinforcement Write sentences using the first conditional. Don't forget to include a comma where necessary.

1 if / I / get money for my birthday / I / buy a new phone

If I get money for my birthday, I'll buy a new cell phone.

2 if Louise / not text me / I / call her later

If Louis doesn't text me , I'll call her later.



3 you / go / to Julia's party / if / she / invite you ?

Will you go to Julia's party if she invites you?

4 I / not go / unless / you / go

I won't go unless you go.

5 what / you / do / if / not / pass / your exams ?

What will you do if you don't pass your exams?

- 2 **Reinforcement** Complete the questionnaire with the second conditional. Then answer the questions for you.

Are you safe online?

Answer these questions and find out.



- 1 What would you do if you saw (see) bullying online?
a I wouldn't do (not do) anything.
b I 'd report (report) it to a teacher or parent.
- 2 If someone asked you for your password, would you give (you/give) it to them?
a It 'd depend (depend) on the situation.
b No, I wouldn't give (give) it to them.

- 3 How would you react if your parents posted (post) a baby photo of you online?
a I wouldn't mind (not mind). b I would ask (ask) them to remove it.
- 4 Would you accept (you/accept) an invitation on social media from someone that you didn't know (not know)?
a Yes, I would would you say. b No, I wouldn't.
- 5 What would you say (you/say) if an online friend asked (ask) you to meet them?
a I (...) (arrange) a time and place. 'd arrange
b I (...) (say) no. 'd say

Mostly a: You need to be more careful online.

Mostly b: You understand online safety. Well done!



3 **Challenge** Write questions in the first or second conditional.

- 1 What / you / do / tonight if your teacher / not give / you any homework?

What will you do tonight if your teacher doesn't give you any homework?

- 2 If you / can / meet any famous person, who / you / meet and why?

If you could meet any famous person, who would you meet and why?



3 If you / watch / TV this evening, what / you watch?

If you watch TV this evening, what will you watch?

4 Where / you / go / if / you / can / fly / anywhere in the world?

Where would you go if you could fly anywhere in the world?

5 If you / be / the president of your country, what / you change?

If you were the president of your country, what would change?

4 **Challenge** Answer the questions in exercise 3 for you. Write complete sentences.

If our teacher ...

PERSONAL ANSWER



5 Reinforcement Complete the sentences in the third conditional.

- 1 I'd have called you if I hadn't lost (**not lose**) my phone.
- 2 If Louis hadn't missed the bus, he wouldn't have been (**not be**) late for class.
- 3 Would your brother have gone to college if he had passed (**pass**) his exams?
- 4 My dad would have uploaded (**upload**) a terrible photo of me if I hadn't stopped him.
- 5 I'd have played video games all weekend if our teacher hadn't given (**give**) us a lot of homework.
- 6 What would you have done (**you/do**) if you hadn't come to school today?



6

Challenge Write sentences in the third conditional.

- 1 Jada stayed up late. She didn't hear her alarm the next morning.

If Jada hadn't stayed up late , she would have heard her alarm the next morning.

- 2 She missed her bus because she was late.

She wouldn't have missed her bus if she hadn't been late.

- 3 She ran to school and dropped her phone. *She wouldn't have dropped her phone if she hadn't run to school.*

- 4 Maria saw it and picked it up. *If Maria hadn't seen it, she wouldn't have picked it up.*

- 5 She gave Jada her phone and they started chatting. *If she hadn't given Jada her phone, they wouldn't have started chatting.*

- 6 They became good friends, because Jada dropped her phone. *If she hadn't dropped her phone, they wouldn't have become good friends.*



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HOMEWORK from 1 to 5

7

Reinforcement

Complete the article using the words in the box.

anything everything everywhere
nobody someone something

How do teens listen to music?

Teens listen to music on **1** _____, from CDs and podcasts to music videos. **2** _____ surprising is that more and more teens listen to music on the radio, so it isn't true that **3** _____ listens to the radio anymore!

The most popular way to listen to music, though, is via music streaming services. Some of these services are free, so you don't have to pay **4** _____. Others require a monthly fee, but you can download music to your phone and listen to it **5** _____ you go.

Why did **6** someone want to know how teens listen to music? Well, young people are important to companies, because they are the consumers of the future.

