

# **ENGLISH**

**Chapter 24 Week 24** 

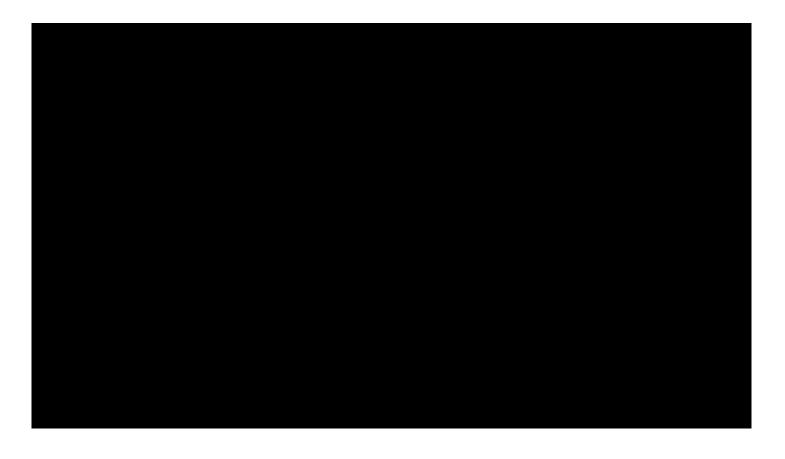




**SPORTS** 



# HELICOMOTIVATION!



# Benefits of sports

- 1 Work in pairs. Discuss the photos using the phrases below.
  - individual sport
  - indoor sport
  - outdoor sport
  - summer sport

- team sport
- water sport
- winter sport
- year-round sport

**2** Check the meaning of the words in the box. Which are important for each of the sports on the poster?

accuracy balance confidence coordination fitness flexibility focus skill speed stamina strength

#### **Word families**

Many nouns also have an adjective form, e.g. skill (n) – skillful (adj).



# **3** Write the adjectives and example sentences.

- 1 accuracy accurate 5 flexibility flexible
- 2 confidence confident 6 focus focused
- 3 coordination coordinated 7 strength strong
- 4 fitness fit 8 skill skillful

Accuracy is important in basketball. If you are accurate, you will score lots of points.

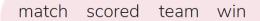
**2** Watch the video

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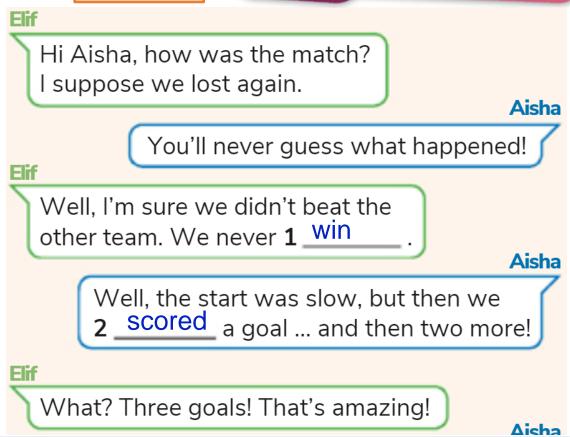
Complete the dialogue with the words in the box. Watch again and check.

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**Page 103** 

I know! The crowd went wild. Everyone was clapping and cheering.

Then what happened? What was the final score?

**Aisha** 

The other 3 team scored three times, but by the time the match finished we had scored one more goal!

So we won 4–3? I can't believe it! I wanted to come, but I had to go into town to buy a present for my sister.

**Aisha** 

It was so exciting. I'll never forget when we scored the final goal. It was one minute before the end of the 4 match





1 Reinforcement Which phrases take the infinitive and which take the gerund?

		Infinitive (e.g. to eat)	Gerund (e.g. eating)
1	l want	✓	
2	lt's necessary		
3	He avoids		
4	l gave up		
5	She offered		
6	They agreed		

ining to train, but I always want I enjo wir

to watch/ e good at **to run/** 

g part in competitions **e** in the Olympics.

**to practice** but you elax relaxing.

> h is one of the **doing** well in the

mon.

• When you learn to play/playing a new sport, it's difficult winning to win at first.









infinitive or garund of the works in the box.

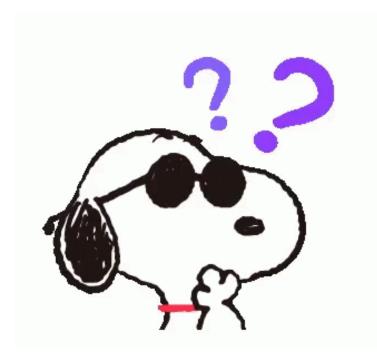
Reinforcement Make a phrase about school life with each quantifier in exercise 5. You can use the ideas below or your own words.

books days equipment exercise homework sport students time

We do not exercise enough.







#### Reinforcement | Circle the correct option to complete the sentences.

- There are only (...) athletes I admire.
  - a few

**b** a few

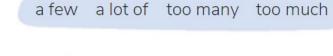
- c lots of
- 2 Skiing has (...) fitness benefits.
  - a much
- **b** few

- lots of
- 3 There are (...) sports facilities in my town.
  - a plenty
- b not enough
- c too little
- 4 We have (...) of time to get there, don't worry.
  - a too much
- **b** plenty

- c several
- 5 There isn't (...) snow on the mountain this winter.
  - a many
- **b** a few

- 6 I've been to (...) sports events, but no soccer games.
  - severa
- **b** not enough **c** plenty







1 He spends too much time looking at his screen.



2 He has a lot clothes.









HOMEWORK from 1 to 5

4 Reinforcement the same.

Match the phrases that mean

1 not enough

2 only a few

3 not much

**4** several

**5** lots of

6 too much

a a small amount of

**b** more than enough

c too little

**d** plenty of

e a few

**f** not many



