

ENGLISH

Chapter 13

Week 13

1st
SECONDARY

MUST TRY!



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Must try!

WDYT?
(What do you think?)

What makes
a town a good
place to live in?

Food and drink







Look at this photo-sharing app for food lovers. Choose the missing food in each text from the words in the box.


banana cheese chicken chocolate oil peas rice



1. Peas
2. Rice
3. Chicken
4. Cheese
5. Banana
6. Chocolate
7. Oil

2 Complete the table with the words in exercise 1.

Meat/Fish	Carbs	Dairy	Fruits	Vegetables	Desserts	Other
						
Chicken	Rice	Cheese	Banana	Peas	chocolate	Oil








3  Read the Fun food facts and complete the text with some of the words in the box.


beef butter cake eggs fries
grapes herbs and spices ice cream
melon milk mushrooms noodles
onions pasta sauce yogurt

FUN FOOD FACTS

- a Pasta comes in more than 100 different shapes; two of the most popular are spaghetti and macaroni.
- b Cows are not the only animals to produce milk. You can also get it from sheep, camels and reindeer!
- c The USA and Brazil are the biggest producers of beef. That's why burgers are so popular there.
- d Noodles are similar to pasta. They are popular in China and Japan.
- e It takes over 20 liters of milk to make a kilo of butter.
- f A lot of people cry when they cut onions. Some people say it helps to cut them under water.
- g Sauce is a liquid you put on food. Examples are ketchup and mayonnaise.
- h People use herbs and spices like pepper, oregano and curry when cooking to make food taste better.

4 Add the words from exercise 3 to the table in exercise 2.

Meat/Fish	Carbs	Dairy	Fruits	Vegetables	Desserts	Other
						
Beef	Fries Noodles Pasta	Eggs Butter Milk Yogurt	Grapes Melon	Mushrooms Onions	Cake Ice Cream	Herbs and Spices Souce

5  Work in pairs. Can you add any more food items to the table?

6



Work in pairs. Ask and answer the questions.

1 What's your favorite food?

My favorite food is chocolate.
What about you?

I love bananas! I have one
every morning for breakfast.

2 What do you eat for a snack?

3 What food don't you like?

4 What food do you eat on your birthday?

7 Say three ingredients you use when you make ...

1 a cake

Butter, sugar, eggs, flour, milk, vanilla
essence, baking powder.

2 pizza : for example Italian pizza

Flour, water, salt, olive oil, tomato
sauce, mozzarella cheese, tomato.

8 Think of a popular dish in your country. What are the ingredients?

9  Watch the video and answer the questions.

1 What cake and drink does she make?

Oreo cheesecake and mango lemonade.

2 What are the ingredients?

Oreo cheesecake — oreo cookies, sugar, cream cheese, and heavy cream.

Mango lemonade — lemons, mango, water and sugar.

10



Work in pairs. Discuss the questions.

- 1** Why do people make 'how to' videos?
- 2** Why is this kind of video popular?
- 3** What could you make a 'how to' video about?



Reading and critical thinking

5

3 Look at the flags. Can you name the country?
Do you know any food from these countries?



Canada



Portugal



Jamaica



Philippines



Thailand

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4

Read the text quickly and name the food in the photos.



HOW TO ... EAT LIKE A LOCAL



When you visit other countries, forget fast food like burgers. There are some great local foods you must try. Here are some of our favorites!

If you're feeling cold and hungry in the winter in Canada, then there is only one thing to eat: poutine. There isn't a better snack! To make poutine, you take some fries, **add** some cheese and cover it all with gravy. It's a **delicious** way to get warm on a winter's day.

If you visit Portugal there is a fantastic cake you must eat called pastel de nata. It's a small cake made with eggs and butter. For me there's only one problem with pastel de nata: there isn't any chocolate!



Imagine: you're walking along the road in Kingston, Jamaica. Music is playing and there is a wonderful **smell** of herbs and spices. You're starting to feel really hungry and there's only one thing you want to eat: jerk chicken. There aren't any fries with this **takeout**. You eat jerk chicken with rice and peas.

The weather is tropical and it's sunny and hot. After a long day you want something cool and sweet. There are two alternatives. The first is ice cream. That sounds good, but in the Philippines there is something better: halo-halo. Halo-halo is a delicious **mix** of fruit, milk and lots more, but it's also beautiful and includes purple ice cream!

There are some great **food stands** in Thailand and one of the most popular dishes is pad Thai. The most important ingredients are eggs, noodles and vegetables, but you can add some beef or chicken if you like meat.

4


Read the text quickly and name the food in the photos.



5 Read the text quickly again. Complete the table.

Dish	Country	Ingredients
poutine	1 Canada	2 Fries, cheese, gravy
3 Pastel de nata	Portugal	4 Eggs, butter
5 Jerk chicken	6 Jamaica	chicken, herbs and spices, rice, peas
halo-halo	7 Philippines	8 Fruit, milk, ice cream
pad Thai	9 Thailand	eggs, noodles, beef, vegetables, chicken



6  **31** Read and listen to the text in detail and correct the sentences.

- 1 Poutine is a good thing to eat in the winter.
- 2 Pastel de nata is a delicious cake made with eggs and butter.
- 3 Jerk chicken and rice is popular in Jamaica.
- 4 Halo-halo is the best thing on a hot day in the Philippines.
- 5 Pad thai sometimes has beef and chicken.

8 Complete the sentences with words from exercise 7.

- 1 My dad's macaroni cheese is delicious.
- 2 My favorite takeout is pizza.
- 3 I hate the smell of onions.
- 4 My favorite dish is a mix of rice,
vegetables and chicken.
- 5 To make ice cream even better, add
chocolate sauce.
- 6 One of my favorite food stand sells pancakes
with lemon and sugar.

HOMework

7

Word work

Match the definitions to the words in bold in the text.

- 1 very tasty and good to eat _____
- 2 a combination of different things _____
- 3 something you notice with your nose _____
- 4 food you buy to eat somewhere else _____
- 5 put something extra _____
- 6 places (e.g. in a market) where you can buy food to eat in the street

Food stands

THANK
YOU

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