# **ENGLISH**

**Chapter 4 Session A** 

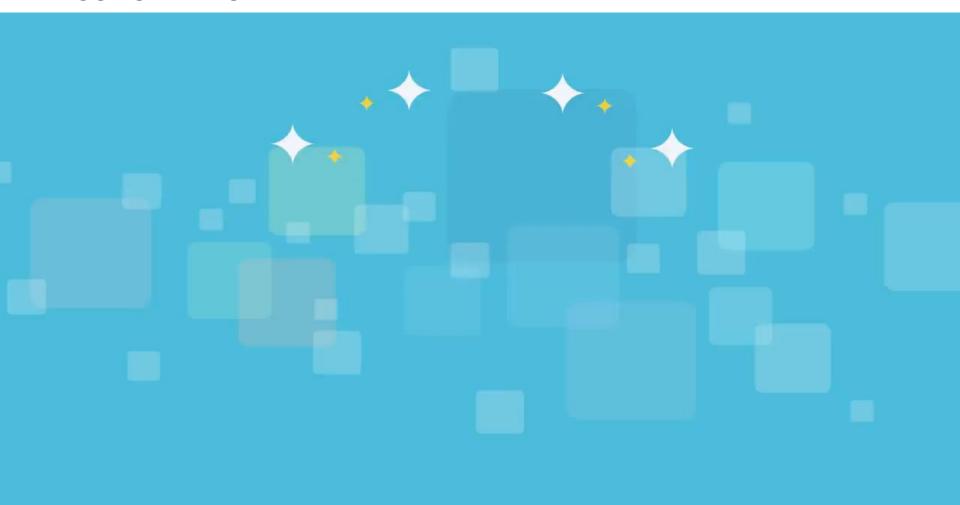
1st SECONDARY

**ME TIME** 





### **HELICOMOTIVATION**





## Me time



How important are hobbies for teenagers?

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#### Free-time activities

**PAGE 24** 

Work in pairs. Read the statistics. Does any of the information

surprise you?

I'm surprised American teenagers sleep for nearly 11 hours.

FREE time in the USA how teenagers spend their weekends 4.5 hours a day on social media Teens sleep for 10.9 hours a day 3 8 hours on hobbies Teens spend 0.9 hours a day on sports hours a day on schoolwork Teens also meet friends, work and listen to music

Really? I'm not that surprised. I think ...



**ENGLISH** 

# 2 Complete the table with the free-time activities in red.

Media and communication	Sports	Art and music	Other
play video games watch a TV series	play soccer	listen to music take photos	sleep meet friends

Which free-time activities in the box do you see in photos 1–6? Add them all to the table in exercise 2.

collect things draw go to a dance class go to the gym help at home make videos play chess play in a band play on a team practice the piano use social media







1 collect things 2 go to the gym 3 play in a band









Complete the description with words and phrases from exercise 3. Change the form of the verb if necessary.

My brother Archie and I are twins but we're very different. I'm really into sports. I love soccer and Iplay on a team called the Midland Juniors. I have to bet quick and strong for soccer, so I also go to the gym once a week.

Archie is very musical. He plays the guitar and he sometimes **practices** for three hours a day. On weekends, he **plays in a band** with two friends.

We both <u>use social media</u> on our phones to chat with our friends and sometimes we <u>make videos</u> to put on YouTube™.

But it isn't all fun! On weekends, we also do homework and **7 help at home**.



7 Watch the video. What activities does the vlogger do on the weekend?

He sleeps, gets dressed, eats, plays sports, helps at home, vlogs, uses social media, meets with his best friend, does football training, edits videos, plays videogames and watches videos.



# Work in pairs. Discuss the questions.

- Which elements of the video help you to understand it? Think about images, text and the presenter. The images (the clock, the sad face emoji). The text helps to understand the language.
- Why are vloggers popular?

  Young people identify with vloggers because they usually are the same age, have similar interests and come from similar background.
- 3 Would you like to be a vlogger? Why/Why not?