



ENGLISH

Chapter 8 Session B

2nd
SECONDARY

TRAVEL
Simple Past



 **SACO OLIVEROS**




VOCABULARY 2

Travel

1 Match pictures 1-6 with the words in the box.



2  35 Listen and repeat.



climb mountains 1

explore new places 2

have a good time

make friends

take a taxi

rent a bike 5

swim and bathe

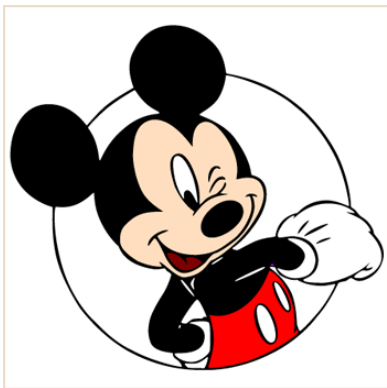
see pictures 4

taste local food 3

visit museums 6







- 3** Complete the sentences using the verbs in activity 1.
- a Remember to wear sunscreen (minimum of SPF 30) to sunbathe.
 - b Staying in hostels is a good way to make friends when traveling as you share a bedroom with other young people.
 - c For my next vacation, I plan to just relax and stay in a very calm and easy place, far from the city's noise and traffic.
 - d One of the best things to do when traveling to Asia is to taste local food. The aromas and colors of their exotic cuisine are just amazing!
 - e To explore new places in a foreign country, it is recommended you have a travel guide and a map, or GPS!



READING 2

1



36

Listen and read the interview.

Who is Bear Grylls? Does he go on typical holidays?

He's a British adventurer, writer and TV presenter.
No, he doesn't



2 Read the text again. Then write T for *true* or F for *false*.

- a ☐ T Bear was y ... tains when he
- b ☐ F He di ... in after his
- c ☐ T He w ... Up.
- d ☐ F He sunbathed after climbing Everest.
- e ☐ F He traveled to the Sahara Desert alone.



Bear Grylls is a British adventurer, writer and TV presenter and admired by many. Last week, *Teen Explorer* magazine told us more about him!

Q Why is he called Bear?

A Bear is a nickname. His sister invented that nickname for him when he was a baby!

Q Obviously, he loves exploring new places. When did he start?

A At an early age, he climbed mountains with his father.

Q Was that dangerous?

A Not as dangerous as when he was in the Special Forces and had a serious parachuting accident. He fractured his back in three places.

Q Did he stop his adventures?

A No – quite the opposite – at the age of 23, he was the youngest British man to climb Everest.

Q What did he do next?

A He released the book *Facing Up*, describing his experiences.

Q And then did he have a holiday? Did he relax and sunbathe like us?

A No, he didn't. First he circumnavigated the United Kingdom on jet skis, then he crossed the North Atlantic Ocean on an open, inflatable boat to support a charity.

Q What did he do next?

A Next he and a group of men joined the French Foreign Legion in the Sahara Desert. Maybe that was a holiday for Bear – it depends on what you call a holiday!

Q And what is he up to now?

A He continues to film more adventure episodes for TV and has his own gym brand, *BG Fitness Center*!





Simple Past: Regular Verbs (Spelling)

- 1 Read these sentences about Ed Grylls. Underline the simple past endings **-ed / -ied**. Refer to the base form of the verbs in the box below.

- a In 1998, Grylls achieved his childhood dream of climbing to the summit of Everest in Nepal.
- b Grylls prepared to climb Mount Everest. In 1997, he climbed Ama Dablam, a mountain in the Himalaya range.



Ed Grylls was born in 1968. He was born naked in a homemade bathtub in the River Thames. He tried to raise funds for the charity who lost his legs in a climbing accident.

He planned the highest open-air party under a hot-air balloon at 7,600 metres.

- e He employed survival strategies for his dangerous adventures.

- 2** Read the spelling rules for the simple past of regular verbs. Then write in the box what rule applies to each verb in activity 1.

a		
ro		d
a		
b		
c		; omit
d		add <i>-ed</i> .

- e** For verbs that end in a stressed vowel + a consonant (except *w*, *x* or *y*), double the final consonant and add *-ed*.

3 Complete the sentences with the correct form

- a My sister always _____ (like) chocolate or a huge
ice cream cake.
- b The company _____ (apply) a new policy
last year.
- c The company _____ (use) the same
strategy for years.
- d We _____ (visit) the art markets
which we were in New York last year.
- e My sister always preferred (prefer)
cookies to donuts, but I'm a donut person!



Travel

1 Underline the correct verbs.

try / visit museums

make / take pictures

climb mountains

have / spend a good time

visit / explore new places

sunbathe / take on the beach

meet / make new friends

go / relax / have in a café

eat / taste / experiment local food



Homework

2 Match the pictures with the phrases from activity 1.



visit museums



Homework



- 3 Complete the sentences with the present form of the verbs in the box.

explore make relax sunbathe



I'm interested in history so I often visit museums.

The weather is very strong between 12 and three. It isn't a good idea to sunbathe then.

The people there are very friendly. They always greet their friends when they're on vacation.

We went to the beach over the weekend. Let's relax and do nothing.

I bought a new camera. I take pictures all the time.

- e It's fun to explore new places. You just need a good map!

4 Complete the text



TRANQUILITY TROPICAL RESORT

Leave the city and come to TRANQUILITY TROPICAL RESORT. It's the perfect place to a relax for a week or two. There are eight hours of sunshine every day, so you can sunbathe on the beach all day.

TRANQUILITY TROPICAL RESORT is located

the coast range, so we also
ent for you to use if you want
o a mountain. Lots of young
come here during school
njoy the beach and meet new
ery easy to d make friends

QUILITY TROPICAL RESORT is
oric town of Capitola, CA. Every
rning there's a huge market in
a fantastic place to go shopping
ste local food. Don't forget your

digital camera! You can f take pictures
of all the beautiful things at TRANQUILITY
TROPICAL RESORT.

**Come to TRANQUILITY TROPICAL
RESORT and have a great time!**

