

ENGLISH

Chapter 4 Session A

1st
SECONDARY

ME TIME



 **SACO OLIVEROS**

HELICOMOTIVATION





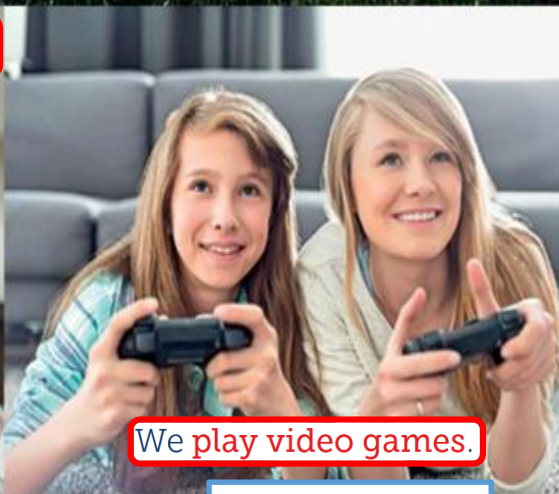
I take photos.



I play soccer.



I watch a TV series.



We play video games.

2 Me time

WDYT?

(What do you think?)

How important
are hobbies for
teenagers?

A hobby can make teenagers feel happier in a variety of ways. Hobbies allow them to learn new skills, meet new people and discover new passions.

Do you think young people have enough time for hobbies?

Why / Why not?



Free-time activities



1 Work in pairs. Read the statistics. Does any of the information surprise you?

FREE time in the USA

how teenagers spend their weekends

4.3 hours a day on social media

Teens sleep for 10.9 hours a day

3.8 hours on hobbies

Teens spend 0.9 hours a day on sports

1.1 hours a day on schoolwork

Teens also meet friends, work
and listen to music

I'm surprised American teenagers sleep for nearly 11 hours.


Really? I'm not that surprised. I think ...





Complete the table with the free-time activities in red.

Media and communication	Sports	Art and music	Other
<ul style="list-style-type: none">➤ play video games➤ watch a TV series	<ul style="list-style-type: none">➤ play soccer	<ul style="list-style-type: none">➤ listen to music➤ take photos	<ul style="list-style-type: none">➤ sleep➤ meet friends

3  Which free-time activities in the box do you see in photos 1–6? Add them all to the table in exercise 2.

go to a dance class

collect things

draw

go to the gym

help at home

make videos

play chess

play in a band

use social media

play on a team

practice the piano



1 collect things



2 go to the gym



3 play in a band



4 play on a team



5 practice the piano



6 use social media

4 Complete the description with words and phrases from exercise 3. Change the form of the verb if necessary.

My brother Archie and I are twins but we're very different. I'm really into sports. I love soccer and I **1 play on a team** called the Midland Juniors. I have to be quick and strong for soccer, so I also **2 go to the gym** once a week.


Archie is very musical. He plays the guitar and he sometimes **3 practices** for three hours a day. On weekends, he **4 plays in a band** with two friends.

We both **5 use social media** on our phones to chat with our friends and sometimes we **6 make videos** to put on YouTube™. But it isn't all fun! On weekends, we also do homework and **7 help at home**.

5 How many hours do you spend on free-time activities on the weekend?

social media – 2 hours

soccer – 1 hour

6  Work in pairs. Talk about your free-time activities using your notes in exercise 5.



7 What activities does the vlogger do on the weekend?



He sleeps



He gets dressed



He eats



He plays sports



He helps at home



He vlogs



He uses social media



He meets with his best friend



He does football training.



He edits videos



He plays videogames



He watches videos

8



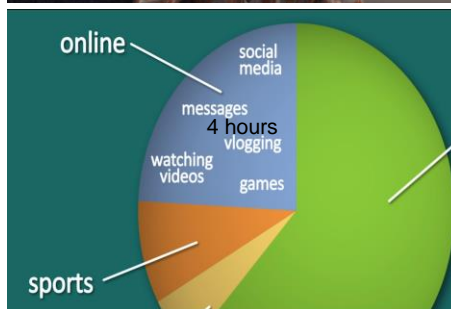
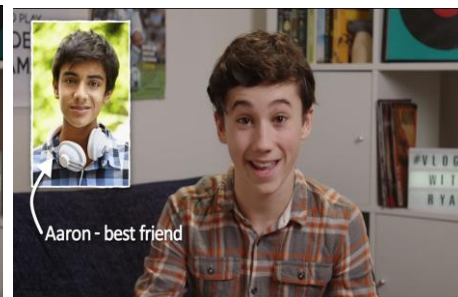
Work in pairs. Discuss the questions.

- 1 Which elements of the video help you to understand it? Think about images, text and the presenter.

The presenter speaks slowly and clearly.

The images (the clock, the sad face emoji).

The text helps to understand the language.



2 Why are vloggers popular?

Young people identify with vloggers because they usually are the same age, have similar interests and come from similar background.

3 Would you like to be a vlogger? Why/Why not?



THANK
you!