



# ENGLISH

## Chapter 9 Session A

**1st**  
SECONDARY

**HEALTHY LIVING**  
**Simple Present**

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 **SACO OLIVEROS**





## Rugby

Rugby has its origins in the town of Rugby, England. Its story begins in 1823, when a student from a prestigious school in this town picks up the ball during a soccer match and runs. As the students start to play this form of 'soccer' more and more frequently, they invent the rules that are still in use to this day.

Two teams of 15 players run after an oval ball on a field also referred to as a *pitch* or *paddock*. They score points by kicking the ball over a high bar (*posts*), which is like a giant letter H. Players also score points by putting the ball down the goal line. This is what we call a *try*. The players wear uniforms composed of: helmet, shorts, shirt and cleats.

Today rugby is more popular than soccer in some parts of the world. The most important international teams are Argentina, Australia, South Africa, England, France, New Zealand, Scotland and Wales. These and other teams compete for the Rugby World Cup every four years.



1



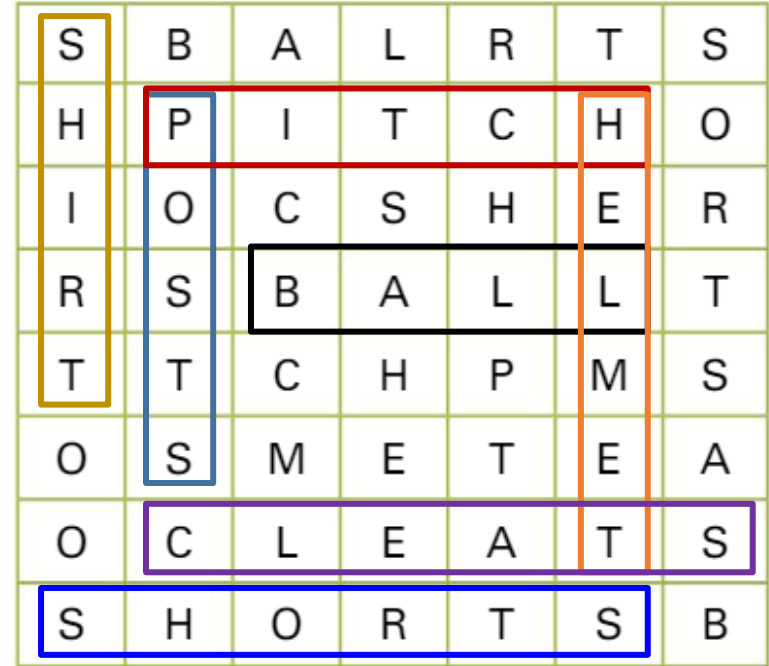
Read and listen. Then answer:

How many players compete in a rugby game?

Two teams of 15 (fifteen) players each.



2 Look at the picture. Find seven rugby words in the Word Search.



### 3 Complete the text with words from activity 2.

Rugby is the national sport of Wales. There are 15 players on a rugby team. All rugby players wear a shorts, shirts and special b cleats on their feet. Some players wear c helmets on their heads. The two teams play a rugby match on a d pitch. The match lasts for 80 minutes. The e ball isn't round like a soccer ball. It's oval.



## VOCABULARY IN PICTURES

### Food



apple



bread



cake



carrots



cheese



fish



ice cream



meat





## VOCABULARY IN PICTURES



milk



nuts



pasta



potatoes



strawberries



yogurt





## VOCABULARY IN PICTURES

### Free-time Activities



go shopping



listen to music



meet my friends



play soccer



read comics



## VOCABULARY IN PICTURES



ride a bike



stay up late



surf the internet



talk on the phone



watch TV

# Simple Present: Third Person Singular (Spelling)



## GRAMMAR 2

**1** Write the verbs.

|          | verb  | third person singular |
|----------|-------|-----------------------|
|          | play  | <u>plays</u>          |
| <b>a</b> | wash  | <u>washes</u>         |
| <b>b</b> | go    | <u>goes</u>           |
| <b>c</b> | study | <u>studies</u>        |
| <b>d</b> | make  | <u>makes</u>          |
| <b>e</b> | pass  | <u>passes</u>         |
| <b>f</b> | have  | <u>has</u>            |

## 2 Circle the correct words.

My mom **washes** / **wash** the apples.

a Martin **buy** / **buys** apples at the market.

b Lisa **don't** / **doesn't** come from Canada.

c She **eat** / **eats** apple for breakfast.

d An apple **contain** / **contains** antioxidants.

e My dad **don't** / **doesn't** like apples.

- 3** Complete the text with the simple present form of the verbs in parentheses.



Every week my mom watches (watch) a TV show called Healthy Cooking. My dad **a** doesn't like (not like) it. He **b** says it's boring. On Saturday my mom **c** buys (buy) lots of healthy food for dinner. Mom thinks that fish **d** helps (help) our intelligence.

|                              | Simon<br> | Martha and Tim<br>  |
|------------------------------|--|---|
| have breakfast               | ✓  | x   |
| drink eight glasses of water | ✓  | ✓   |
| eat meat                     | x  | ✓   |
| buy healthy food             | ✓  | x   |
| play sports                  | x  | ✓   |
| watch TV                     | ✓  | x   |

**4** Look at the chart and write sentences about Simon, Martha and Tim.

**a** Simon has breakfast.

Martha and Tim don't have breakfast.

**b** Simon drinks eight glasses of water.

Martha and Tim drink eight glasses of water.

**c** Simon doesn't eat meat.

Martha and Tim eat meat.

|                              | Simon<br> | Martha and Tim<br> |
|------------------------------|--|---|
| have breakfast               | ✓  | x   |
| drink eight glasses of water | ✓  | ✓   |
| eat meat                     | x  | ✓   |
| buy healthy food             | ✓  | x   |
| play sports                  | x  | ✓   |
| watch TV                     | ✓  | x   |

- d Simon buys healthy food.
- Martha and Tim don't buy healthy food.
- e Simon doesn't play sports.
- Martha and Tim play sports
- f Simon watches TV.
- Martha and Tim don't watch TV.





## GRAMMAR CHECK

- 1 Read the text and circle the correct answers.

a \_\_\_\_ you know what a goji berry is?  
A goji berry is a small, red fruit that b \_\_\_\_ from China. People c \_\_\_\_ goji berries as a snack because d \_\_\_\_'re a superfood. That means they're very good for you. They e \_\_\_\_ a lot of beta-carotene, vitamins and antioxidants. People f \_\_\_\_ fresh goji berries, they eat dried ones. You g \_\_\_\_ them in supermarkets and health shops. I h \_\_\_\_ them for breakfast. They're delicious!




- |   |             |            |            |
|---|-------------|------------|------------|
| a | Does        | Do         | Doesn't    |
| b | coming      | come       | comes      |
| c | eating      | eats       | eat        |
| d | she         | he         | they       |
| e | contains    | contain    | containing |
| f | doesn't eat | don't eats | don't eat  |
| g | buying      | buy        | buys       |
| h | eat         | eating     | eats       |

- 2 94 Listen and check your answers.



## LISTENING

- 1  95 Listen to Olivia in a café. Which food does she order? Check (✓) the correct picture.

a




b



c



**2**  **95** Listen again. Then write T for *true* or F for *false*.

**a** Olivia doesn't know exactly what she wants to order.

**T**

**b** She loves eating *chili con carne*.

**F**

**c** She doesn't like fries.

**F**

**d** She likes fish.

**T**

**e** She doesn't want to eat the cake in the café.

**T**

**f** She spends \$15.00.

**F**

