

ENGLISH

Chapter 1 Week 1

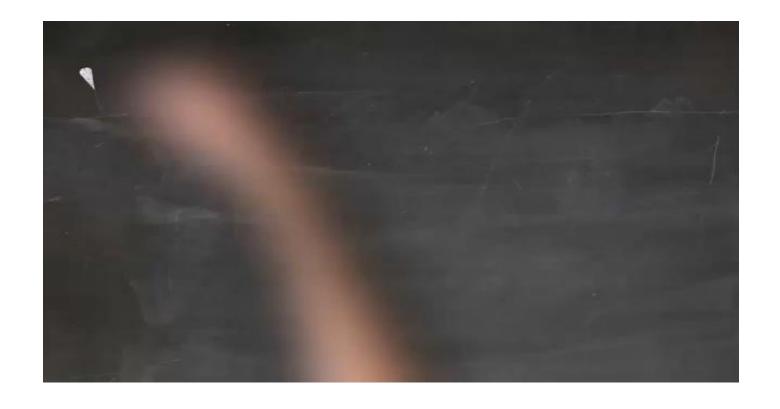








HELICOMOTIVATION





Making music

WDYT?

(What do you think?)

How can music bring people together?

Music and performance



1 Complete the diagram. Add more music words.

classical music composer DJ drums guitarist hip hop jazz keyboard musician orchestra **Types of music Musical instruments** hip hop drums keyboard classical music jazz **MUSIC** People in music Other music words DJ composer orchestra guitarist musician

2 Work in pairs. Answer the questions.

- 1 Which kinds of music do you like/dislike?
- 2 Which instruments can you play? Which would you like to learn?
- **3** What is the most interesting job in music? Why?

How important is music to you?

- 1 What's most important to you in a song?
 - a The lyrics I want to be able to sing it.
 - **b** The music and how well the band or singer **performs** it.
 - c Whether the lead singer is cool, of course!

2 At a concert you probably ...

- a stand where you can dance and chat to friends.
- **b** notice the **sound quality** if it's bad it can affect the **performance**.
- **c** stand at the back of the **audience** so you can listen without too many people around you.
- 3 If a singer or band you like goes on tour, you ...
 - a check out who the support band is first.
 - **b** quickly buy tickets before they **sell out**.
 - c perhaps download the live album.

4 You like singers and bands that ...

a make you want to dance.

b tour regularly and often release new albums.

c record your favorite songs.

5 When a singer you like releases a new single, you ...

a quickly learn the lyrics so you can sing along to the song.

b download it immediately.

c wait and see if it is a **hit** before you download it.

6 You ...

a think music is something to enjoy with friends.

b would love to release a **record** one day.

c usually listen to friends' **playlists** because you don't make your own.

4 Complete the diagram with the words in bold from the quiz.

Nouns

audience playlists
lead singer sound quality
live album support band
lyrics hit
performance

Both

record

release

tour

Verbs

performance

sell out

Work in pairs. Guess if your partner agrees (A) or disagrees (D) with the statements.

- 1 In a band, I'd rather be the lead singer than a guitarist or drummer.
- **2** Most support bands aren't worth listening to.
- **3** All musicians should go on tour at least once every two years.
- 4 I'd rather be in the audience than on stage at a concert.
- 5 I would love to perform on a music reality show like The X Factor, America's Got Talent or The Voice.



2 Look at the words in the box. Do you think music can affect these things? Do you think it affects them in a positive or negative way?

> ability to focus happiness how you exercise learning foreign languages math ability memory movement your dreams





- **1** What will you be good at if you have a strong bridge between the two sides of your brain?
- 2 When you study, what can fast music help you to do?
- **3** How are music and memory connected?
- **4** What effects will learning a musical instrument for more than 14 months have?
- **5** What kind of music is good to exercise to?
- **6** How does music affect your mood?



Music is fun and relaxing. It allows us to express ideas and feelings – but did you know it's also good for your brain? We've been doing some research and we've found six important benefits.

Thinking

When you listen to music, you use many different parts of the brain to process the rhythm, tune and sound. This strengthens a part of the brain called the corpus callosum, the bridge between the right and left side of the brain. People with a strong corpus callosum are better at solving problems, making decisions and planning. Studies also show that students' math and reading skills improve if they study music.

Focus

Background music without lyrics is good for studying or working as it can help you concentrate. How? It stimulates brainwaves – faster rhythms help you stay alert and concentrate for longer, and slower rhythms help you relax and feel less stressed or anxious.

Memory

Listening to
music improves
memory because
music activates the parts
of the brain involved in
controlling memory.
Hearing a favorite old song
can bring back strong
memories of an occasion or
time when you used to listen
to it.



Language



ENGLISH

People who play a musical instrument for at least 14 months are better at learning both the grammar and pronunciation of foreign languages. Adults who only learned music as children still have this ability. Why? People have been making and listening to music for over 500,000 years, but they've only been speaking languages for 200,000 years. Scientists believe that communicating through language developed from humans' original use of music. When you train musically, your language abilities develop too.

Physical ability

Want to exercise for longer? Listen to music! When you get tired, the body sends a signal to the brain to stop, but listening to music distracts the

brain from this. Not only that, it can help you exercise more efficiently and use less oxygen. The best beats are house, hip hop, pop and disco.

Mood

Have you ever felt happier after listening to music? When you listen to music, the brain releases dopamine, the 'feel-good' chemical. Being in the audience at a live music event or performing with others also improves your mood.



DID YOU KNOW?

A typical teen spends up to four hours a day listening to music. That's about 6,280 songs a year! Are the sentences true, false, or is there no information? Correct the false sentences.

When you listen to music, you use many False different parts of the brain. If you feel stressed when you study, listening to True slow music is a good idea. False Hearing an old favourite song can bring back memories. No information It doens't say if people who play music also speak another language. We are not told how long adults spend listening No information to music. If you are listening to music, it will help you True exercise for longer. No information The text only says that being in an audience and performing can also improve mood.

Subskill: Recognizing informal writing

Informal writing is used for sharing information, sending emails to friends and in magazines.

Characteristics include:

- contractions
- talking to the reader (using 'you')
- asking the reader questions
- exclamation marks
- colloquial language and idioms
- 6 Find at least one example in the infographic for each informal writing characteristic above.

contractions They've only been speaking languages for 200,000 years. talking to the reader Backround music can help you concentrate. (using 'you') asking the reader Have you ever felt happier? questions exclamation marks That's about 6,280 songs a year. colloquial language Want to exercise for longer? and idioms

HOMEWORK

Word work Match the definitions to the words in bold in the infographic. Are the words nouns, verbs or adjectives?

- able to think in a clear and intelligent way
- 2 gets someone's attention and prevents them from concentrating on something
- **3** deal with; put information in order to organize it
- **4** a time at which something happens
- 5 the main patterns of sounds in a piece of music
- makes stronger

strengthens verb

