ENGLISH

Chapter 4

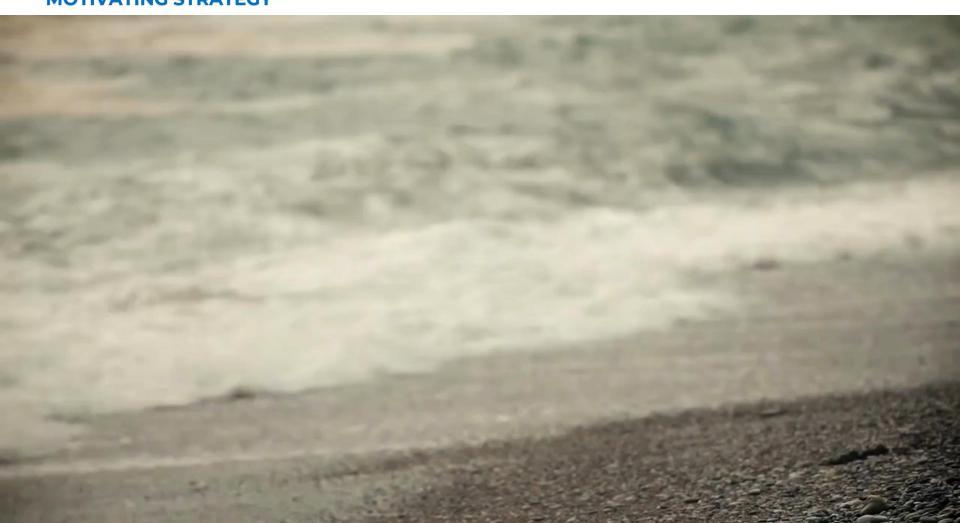


ME TIME





MOTIVATING STRATEGY

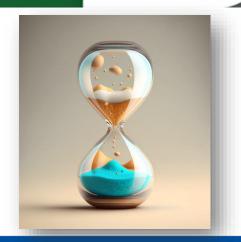


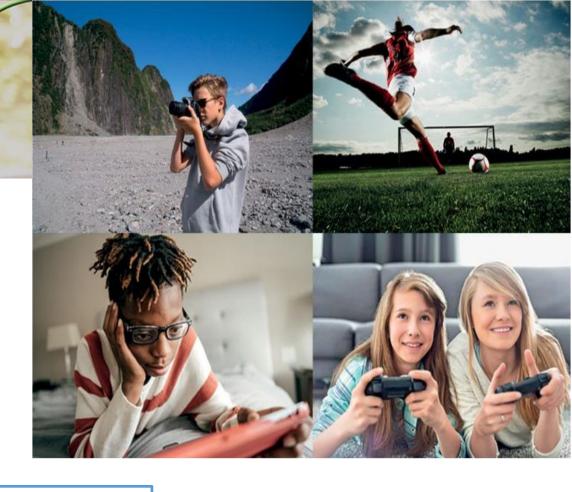


Me time



How important are hobbies for teenagers?





Free-time activities

1 Work in pairs. Read the statistics. Does any of the information surprise you?

I'm surprised American teenagers sleep for nearly 11 hours.

Really? I'm not that surprised. I think ...







2 Complete the table with the free-time activities in red.

Media and communication	Sports	Art and music	Other
play video games watch a TV series	play soccer	listen to music take photos	sleep meet friends

Which free-time activities in the box do you see in photos 1–6? Add them all to the table in exercise 2.

collect things draw go to a dance class go to the gym help at home make videos play chess play in a band play on a team practice the piano use social media



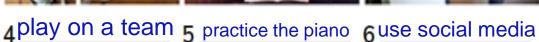






1 collect things 2 go to the gym 3 play in a band





Phrases from exerc of the verb if neces

My brother Arch we're very diffe I love soccer and the Midland Jun strong for socce once a week.



collars the guitar collars for kends, he riends.

n our phones to ometimes we 'ouTube™.

ends, we also home.

5 How many hours do you spend on free-time activities on the weekend?

social media – 2 hours

soccer – 1 hour

Work in pairs. Talk about your free-time activities using your notes in exercise 5.





Watch the video. What activities does the vlogger do on the weekend?

He sleeps, go sports, helps social media: does football

eats, plays gs, uses his best friend, ts videos, plays videogames and watches videos.

Well Done

A blog

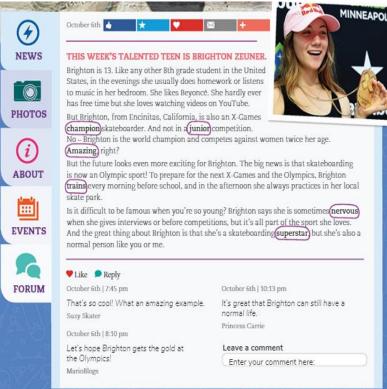


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3 Look at the text, but don't read it. What type of text is it? Explain your answer.

- a a newspaper article
- **b** part of a novel

C a blog post



At the top of her game

4 Read and listen to the text and circle the best summary.

THIS WEEK'S TALENTED TEEN IS BRIGHTON ZEUNER.

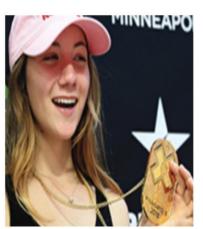
Brighton is 13. Like any other 8th grade student in the United States, in the evenings she usually does homework or listens to music in her bedroom. She likes Beyoncé. She hardly ever has free time but she loves watching videos on YouTube.

But Brighton, from Encinitas, California, is also an X-Games **champion** skateboarder. And not in a **junior** competition.

romen twice her age.

No – Brighton is the world champion and competes against women twice her age.

Amazing, right?



But the future looks even more exciting for Brighton. The big news is that skateboarding is now an Olympic sport! To prepare for the next X-Games and the Olympics, Brighton trains every morning before school, and in the afternoon she always practices in her local skate park.

Is it difficult to be famous when you're so young? Brighton says she is sometimes (nervous) when she gives interviews or before competitions, but it's all part of the sport she loves. And the great thing about Brighton is that she's a skateboarding superstar, but she's also a normal person like you or me.





October 6th | 7:45 pm

That's so cool! What an amazing example. Suzy Skater

October 6th | 8:10 pm

Let's hope Brighton gets the gold at the Olympics!

MarioBlogs

October 6th | 10:13 pm

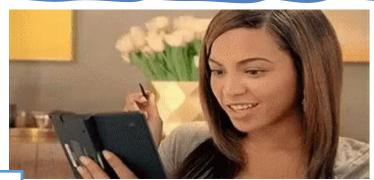
It's great that Brighton can still have a normal life.

Princess Carrie

Leave a comment

Enter your comment here:





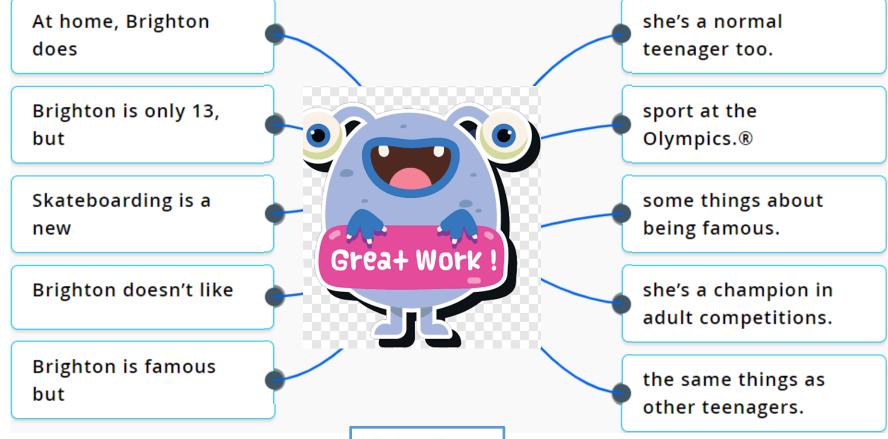


- 4 Nead and listen to the text and circle the best summary.
 - **a** Brighton has lots of hobbies.
 - Brighton is a normal girl with a special talent.
 - **c** Brighton has a busy life.

5 Read the text again and complete the



6 Match 1–5 to a–e to make sentences.



7 Word work Match the definitions to the words in bold in the text.

- 1 a very famous actor, singer or athlete
- 2 practices (a sport) seriously
- 3 fantastic, surprising
- 4 (in sports) for young people, not adults
- 5 a person who wins a competition
- 6 excited and worried at the same time



nervous

