



ENGLISH

Chapter 16 Session A

1st
SECONDARY

SPORTS FOR ALL
Present Progressive

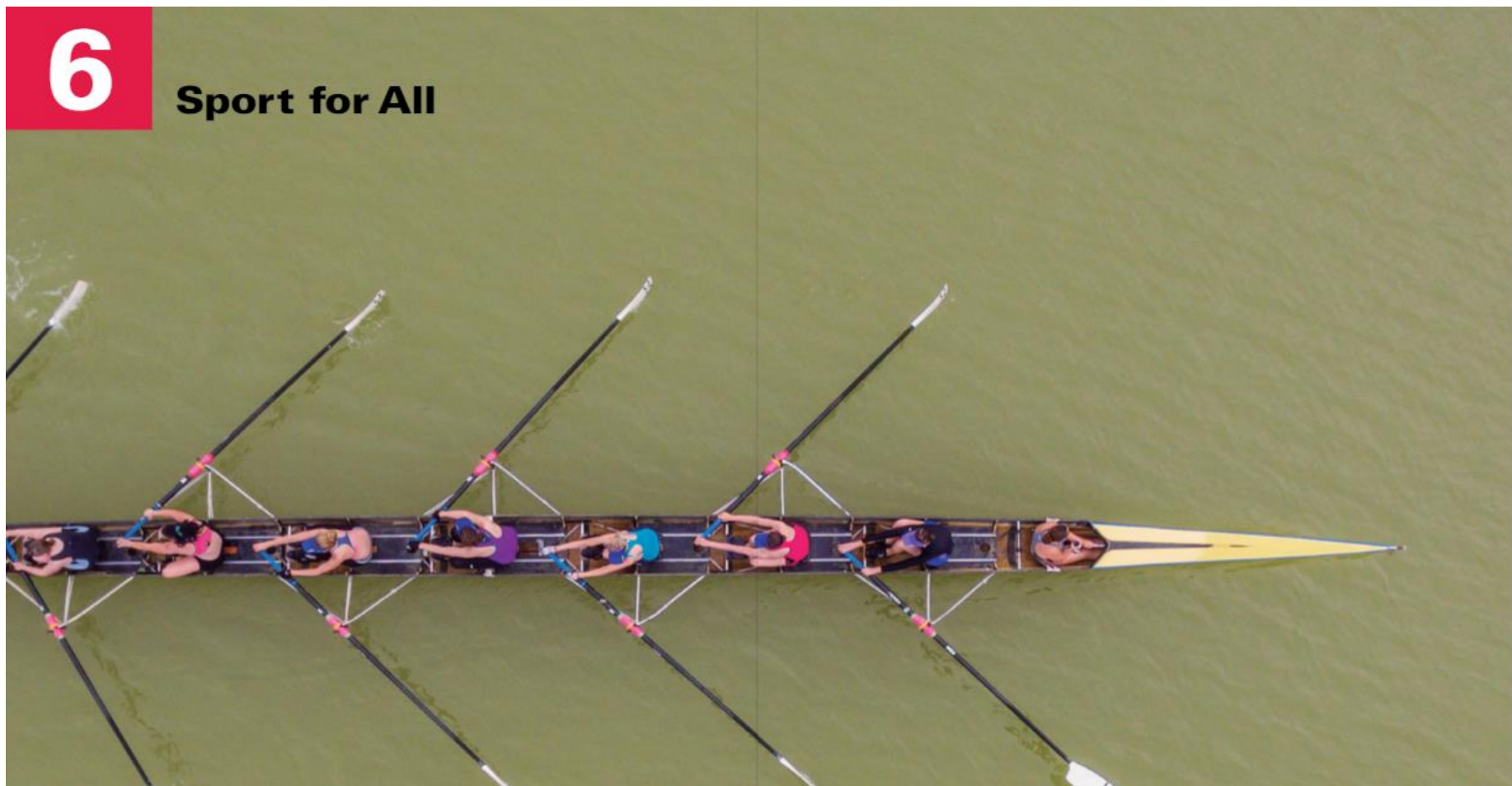


 **SACO OLIVEROS**



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Sport for All

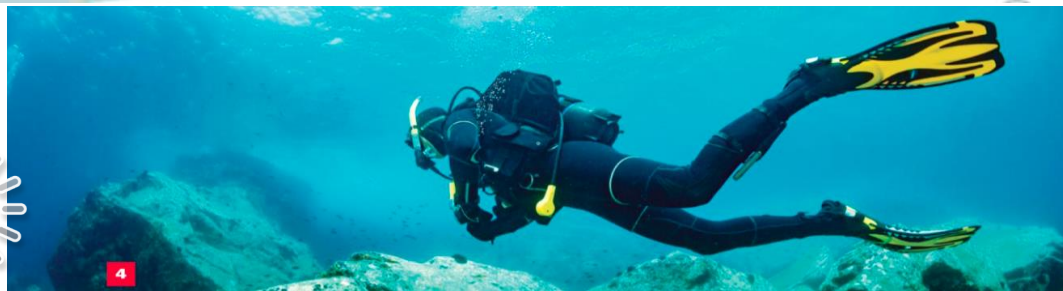


Sports

- 1 Match the words in the box with the actions represented in the pictures. There is more than one word for each picture. Some words can be left out.

catch	3	run	1
dance	-	score	1
dive	4	shout	2
hit	-	throw	2
jump	3	train	-
kick	3	walk	1
lose	1	win	1

- 2  58 Listen and repeat.



TIP

In general, we use:

play with ball sports: *play soccer*

go + *-ing*: *go swimming*

do + other activities: *do track and field*

3 Complete the chart with the words in the box. Can you add more?


basketball cycling football golf
hockey judo rugby snowboarding
soccer surfing swimming tennis
track and field yoga

play	go	do
<i>basketball</i> football golf hockey rugby soccer tennis	cycling snowboarding surfing swimming	judo track and field yoga

4 Order the sports in the box in activity 3 in your order of preference. Compare your list with a partner.

1 play soccer, 2 do track and field ...

Personal answer

1  59 Read and listen to the text. Where do you think this article is featured?

☒ a In a newspaper.

☐ b In an encyclopedia.



Teaching Dance in Schools: Is It PE?

What sports do American students usually play at school? In winter, it's usually basketball, hockey or gymnastics, and in summer it's often baseball or track and field. But at Yellow Creek Middle School, classes are different. So, what are they doing for their PE classes?

The students aren't playing basketball or hockey and they aren't running. They're doing a new form of exercise – they're doing street dance!

So, what is street dance and why are students doing it in school? There are many different types of street dance, but it's basically a combination of hip-hop dance, funk and lots of physical exercise. It's a lot of fun and all the students have a good time.

The students at Yellow Creek Middle School love street dance and are really happy. But, is it a sport? Street dance isn't an Olympic sport but the students are doing physical exercise. Some teenagers don't like playing competitive sports like soccer or running. They often bring notes from their doctors with an excuse, so they don't play anything. These students love street dance and there aren't any notes from the doctor today!

What's next for American PE lessons? Some schools are introducing skateboarding, martial arts and even yoga in their PE programs!

- 2** Skim the text and answer: is street dance part of a conventional PE program?

No, it isn't.

3 Write T for *true* or F for *false*.

- a ☐ F American students always do street dance in their PE lessons.
- b ☐ F There is only one type of street dance.
- c ☐ T Students at Yellow Creek Middle School like doing street dance.
- d ☐ F Street dance is an Olympic sport.
- e ☐ T Many students don't play any sports in PE classes.
- f ☐ F Yellow Creek Middle School is the only one in the country to offer unconventional activities in PE class.

4 Answer the questions.

- a What sports do American students play at school?


In the winter, they play basketball, hockey or do gymnastics.
In the summer, they play baseball or do track and field.

- b What is street dance?

It's a combination of hip-hop, dance, funk and lots of
physical exercise.

- c Why do some students bring notes from their doctor?

Because They don't like playing competitive
sports.

- 5  **CLASS VOTE** Do you want to try street dance? What other sports do you want to try at school?

Personal answer

Sports

1 Look at the pictures and write the verbs.



train



dance



run



walk



dive



kick



t hrow



h it



w in



j ump



c atch



l ose



s hout



s core

2 Complete the sentences with the correct form of *play*, *go* or *do*.

We usually go skateboarding.

a Students at my school play basketball.

b My brother does track and field.

c Lily goes swimming every day.

d My dad usually loses when he plays golf.

e Is it easy to play hockey?

f I love doing yoga. It's very relaxing.

- 3 Complete the text with the verbs in the box. Which sport is it about?

catch	kick	lose	run	score
	throw	train	win	

I play on the school team. We **a** train every Tuesday after school. The games are on Saturdays. There are 15 players. The 'forwards' are often big, so they can't **b** run very fast! To play this sport, you run with the ball in your hands and then **c** throw it to a player behind you. They **d** catch the ball with their hands, run, and throw it to another player. They can also **e** kick the ball with their feet. All the players can **f** score, but it isn't called a 'goal' – it's called a 'try.' My team isn't very good. We don't usually **g** win our games and we often **h** lose ☹. But I love this sport!

4 Complete the sentences with a sport.

- a** When you play soccer, you kick a ball and try to score goals.
- b** When you play tennis, you hit a ball with a racket.
- c** When you do judo, you try to throw your opponent onto the floor.
- d** When you go cycling, you ride a bike.