

ENGLISH

Chapter 1 Session B

5th
SECONDARY

ALL ABOUT ME



 **SACO OLIVEROS**



Do you like sports?

Take it up! Vocabulary: sports

1 Which of these sports are used with *do*, *go* and *play*? Have you tried any of them?

biking gymnastics hockey rock climbing
skateboarding tennis track and field
volleyball yoga

do

track and field .:

gymnastics .:

yoga .:

go

rock climbing .:

biking .:

skateboarding .:

play

hockey .:

tennis .:

volleyball .:

2 What are the differences in meaning between each set of words?

1 hold, **break** and **set** a record

2 train, **practice** and **compete**

3 lose, beat, **draw** and win

4 a **game**, a **match** and a **tournament**

5 an **athlete**, a **coach** and a **referee**

2 What are the differences in meaning between each set of words?

1 hold, break and set a record

Hold a record: to have a particular position in a competition.

Break a record: to reach a higher level of performance than previously.

Set a record: to state a standard that people should try to achieve.

2 train, practice and compete

Train: to prepare for a job, activity, or sport, by learning skills.

Practice: to do something regularly in order to become skilled at it.

Compete: to take part in a race or competition.

3 lose, beat, draw and win

Lose: to fail to succeed in a game, competition, etc.

Beat: to defeat or do better than someone in a game, competition, etc.

Win: to achieve first position in a competition, election, fight, etc.

4 a game, a match and a tournament

Match: a sports competition where 2 people or teams compete against.

Tournament: a competition involving competitors in a sport or game.

5 an athlete, a coach and a referee

Athlete: a person who is very good at sports or physical exercise.

Coach: someone whose job is to teach people to improve at a sport.

Referee: someone who makes certain that rules are followed in a game.

3 Read the text about breaking. What do the words in bold have in common?



Breaking, which originally **comes from** New York City, is a competitive dance form. B-girls and B-boys **compete in** 'dance battles' which **consist of** high-energy steps **set to** hip hop music. A panel of judges **award** points **for** things like creativity, personality and technique. Some people say 'break' **refers to** how the DJ **changes from** one track **to** another. So why does the International Olympic Committee plan to **include** it **in** the Olympics®? They hope to **connect with** more young athletes by **moving** sports **out of** stadiums and **into** the city.

Collocations

Write down and learn any words that go with new vocabulary. e.g. (play) football, (do) breaking, (do) yoga, compete (in), consist (of), etc.

- a We're **competing** in a tennis tournament in June. **Present progressive**
- b Rita's beating him 7–0 – she's **going to win!** **Future with be going to**
- c I'm bored. I know, I'll **call** Kevin to see if he wants to go skateboarding. **Future with will**
- d The match **starts** at 10:00 am tomorrow – don't be late! **Simple present**
- e I think sports **will be** very different in the future. **Future with will**
- f My team's **going to practice** at the sports stadium this season. **Future with be going to**

5 Look at the examples in exercise 4 again. Match uses 1–6 with examples a–f.

- 1 a decision made at the moment
- 2 a future arrangement with a fixed date
- 3 a prediction with little evidence now
- 4 a scheduled event
- 5 a prediction with evidence now
- 6 a plan or decision made before

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1 a decision made at the moment

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a

b

c

d

e

f

6 Complete the sentences with the words and phrases in the box.

'm changing 'm going to take up 's going to
rain starts will beat

- 1 Practice starts next week.
- 2 I 'm changing from tennis to volleyball on Monday.
- 3 I 'm going to take up yoga this semester.
- 4 I think our team will beat an important rival later this month.
- 5 It 's going to rain all afternoon – look at those clouds!



**All about
me**



WDYT?
(What do you think?)

What makes you the
person you are?



Personal qualities

1



Look at the adjectives in the box. Can you add any more personality adjectives?

confident

creative

enthusiastic

generous

hard-working

patient

polite

reliable

sensible

sociable

3 Which adjectives form an opposite with negative prefixes *un-* or *im-*?

reliable – unreliable

-un	-im
unconfident	impatient
uncreative	impolite
unenthusiastic	impossible
ungenerous	imperfect
unkind	immoral

5



Check the meaning of the words in bold in the text. Read descriptions 1–4 and match pictures A–D with the descriptions.

1

This shape is solid, like a mountain, and shows many characteristics. Characters with this shape are often strong and confident, but they can also be big and scary or kind and **clumsy**. They're often **determined** like typical superheroes. They can be a little **stubborn**.

2

This is the most dynamic shape and it is often used to show danger and villains. Sharp lines and angles can make characters appear **aggressive** or **arrogant** and **selfish**, and suggest they might be **cruel**, **grumpy** and **competitive**.

3

This shape is used for strong **likeable** characters who can be **thoughtful** and **sensitive**. They're usually **modest** and **supportive** of others.

4

When we think of this shape, soft and safe images appear. This shape shows friendly characters who are optimistic. These are happy characters who are sociable, **chatty** and **outgoing**. Many famous cartoon and comic book characters are designed around this shape.

7 Match the definitions with the words in bold in the text. Then think of a character from a movie, book or video game for each adjective.

- 1 not willing to let anything prevent them from doing what they have decided to do **determined**
- 2 not willing to change their ideas or consider anyone else's reasons or arguments **stubborn**
- 3 kind, and showing that they consider that what other people want or need is important **thoughtful**
- 4 unhappy and dissatisfied, often for no obvious reason; often complaining **grumpy**
- 5 friendly and enjoys talking to people **chatty/outgoing**
- 6 helpful and sympathetic **supportive**

A



2

B



3

C



1

D



4

9 What do you know about the characters in the box? Listen again. Which shape is each character?

Superman Super Mario The Incredible Hulk
The Joker Wreck-It Ralph Zelda

Superman: square

The Joker: triangle

Super Mario: circle

Wreck-It Ralph: square

The incredible Hulk: square

Zelda: rectangle

A magazine article

1 Look at the photos in the article and answer the questions.

- 1 Describe the clothes and think about the colors. What kind of people might wear them?
- 2 What do you think is unusual about the lifestyles of the people in the article?



This is me!

Is it excessive to dress only or mainly in one color? Could you do it? People have often used color in advertising to represent brands because color can send powerful messages at an emotional level – but what about as a personal ‘trademark’?

Ella London, who is originally from the UK but lives in Los Angeles, USA, is known as ‘Miss Sunshine’ because she's been wearing only yellow clothes for years. Always unconventional, she was wondering what color wedding dress to get when her husband-to-be suggested yellow. She loved the idea because yellow was her dad's favorite color, and the perfect color for an optimistic and outgoing person like her.

Ella wasn't originally intending to go ‘all yellow’; it happened slowly. Her first purchase was a top from eBay, then a friend gave her a cardigan and over the next four years, her collection grew until she was able to dress exclusively in yellow. Although shoes were the trickiest items to find, she's managed to find plenty, along with yellow make-up and accessories, yellow furniture and even a yellow car. For Ella, it's a cool way of expressing herself and she loves it when people ask about her look. Recently, a video about her went viral: people were fascinated by ‘Miss Sunshine’. Since then she's been posting a daily photo of herself on Instagram and now has followers worldwide.



Designer Gary Card fell in love with the color purple when he was five, although he didn't start wearing it until he was in high school. Initially, he changed his school jacket so that the inside of it was purple and wore purple socks. Although other students used to bully him for it, Gary was determined not to stop. After he'd been certified as a designer, he became well known for his purple outfits and having a memorable look was often an advantage in the design world. In his 20s, he used to only wear purple, though these days he mixes it with other colors.

Why purple? For Gary, it's a fascinating and mysterious color because it's both warm and cool, and it's always in fashion. As well as clothes, he's bought purple furniture and his most expensive possessions (two portfolios for carrying artwork) are purple. He's also had some fantastic presents including 30 different purple toothbrushes from his mother.



While some people might argue that dressing in a single color is an obsession, for others it's a way of life that makes them feel good. Perhaps the most important thing is to be true to yourself.

4 Are the sentences true, false or is there no information? Correct the false sentences.

- 1 Before she got married, Ella didn't use to wear only yellow clothes. **T**
- 2 Ella chose yellow even though it didn't really suit her personality. **F**
Yellow was the perfect color for an optimistic and outgoing person like her.
- 3 Ella is thinking about getting other yellow items, such as makeup or a car. **F**
Ella already has yellow makeup and a yellow car.
- 4 Ella often posts photos of herself on Instagram®. **T**
- 5 Gary now loves purple, although he didn't when he was a child. **F**
Gary has loved the color purple since he was five years old.

5 Answer the questions in your own words.

Give evidence for your answers.

- 1 How has color been used in advertising?
It has been used for brands to symbolize them because it can communicate with people emotionally.
- 2 What did Ella find hardest about dressing only in yellow?
It was hard to find yellow shoes.
- 3 Why does Ella like dressing in yellow?
Because it is a great way to show people who she is and express her identity.
- 4 How did so many people become interested in Ella?
They watched a video about her.
- 5 When did Gary start wearing only purple clothes?
While he was in his 20s.

excessive (ADJECTIVE) /ɪk'sesɪv/
much more than is reasonable or necessary
The charges seemed a little excessive.

excessively (ADVERB), excess (NOUN)

He was not polite - in fact he was rather rude!

The store had an of cakes so they gave them away.

The amount of force used was . It wasn't necessary.

7

Word work

Record the other words in bold in the article. Then complete sentences 1–6 with the correct form of the words.

- 1 Hours later, I can still see the painting clearly in my mind; it was very _____.
- 2 She always says 'pip pip' instead of 'goodbye'; it's her _____ phrase.
- 3 They always wear black clothes because they're goths. It's their _____.
- 4 Sam can't stop talking about politics – it's become a real _____ with him.
- 5 I bought three things on sale, but my favorite _____ was a pink jacket.
- 6 White is often used to _____ peace.