## Reflection

The integration of technology and sustainable practices in local agriculture, as highlighted in the Industry Visit 2 Newsletter, presents a promising solution to the challenges faced in the fresh vegetable supply chain. The introduction of Smart Urban Farms, utilizing advanced technologies like data analytics and IoT, offers precision farming capabilities and promotes community engagement. Dr. Seah Choon Sen's I-Farm technology, with its e-commerce platform for fresh vegetables, allows users to monitor the growing process and reduce reliance on imported vegetables. This innovative approach not only enhances productivity and controls supply but also minimizes market disruptions. It is encouraging to see the potential impact of these tech-driven solutions in ensuring a consistent supply of fresh vegetables and fostering eco-friendly practices. Moving forward, it is crucial to continue supporting and implementing such initiatives to build a resilient and sustainable post-pandemic food system.