**“Factor” 1:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Merging step: 3** | **Merging step 2:** | **Merging step 1** | **Item label** | **Item** |
| Label\_1 (?) | Lifestyle Impacts Health | Belief that healthy diet & Phys activity influence health | "ATT1\_1\_" | Health can be maintained with **regular exercise** and a **healthy diet**. |
| "ATT1\_12\_" | Every illness is caused by a weak immune system. |
| Keeping healthy diet | ATT1\_7\_ | I try to keep a healthy diet. |
|  | Beliefs about illness and environment | ATT1\_5\_ | (my) **Falling ill** and **healing** are largely dependent on my **environment** (family, friends, colleagues, etc.). |
| ATT1\_24\_ | Illness is caused by genetic factors or inherited predispositions. |
| ATT1\_13\_ | Electronic devices emit radiation that causes disease. |
| Trust in Western Medical Practices | Objective metrics of healing | ATT1\_8\_ | I need to see my healing reflected in a test result (blood test, ultrasound, CT, etc.) |
| Trust in western remedies | ATT1\_32\_ | I trust western doctors. |
| ATT1\_35\_ | With a serious symptom, I always turn to a western doctor. |
|  | Believing in randomness of life events | ATT1\_17\_ | If I get sick, it is mostly by chance. |
| ATT1\_20\_ | My healing is mostly due to luck. |
|  | Beliefs about the negative nature of Western medical practices | ATT1\_18\_ | Western medicine only treats symptoms. |
|  | ATT1\_25\_ | Chemotherapy does more harm than good. |
| ATT1\_29\_ | Radiation therapy does more harm than good. |

**“Factor” 2:**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Merging step: 3** | **Merging step 2:** | **Merging step 1** | **Item label** | **Item** | |
|  |  |  | ATT1\_14\_ | I believe in reincarnation. | |
| ATT1\_34\_ | The belief in energy (chi, prana, etc.) is shared by all eastern religions and medicines. | |
| ATT1\_27\_ | The human body is interlaced with a (spiritual) energetic system (chi, prana, etc.). | |
|  | ATT1\_16\_ | Everything is connected to everything. | |
|  | ATT1\_23\_ | Nothing **happens by chance** (**everything in life has a reason**). | |
|  |  | ATT1\_28\_ | Healing always begins with confronting an emotional problem. | |
| ATT1\_33\_ | If I get well emotionally, then my symptoms/illness will disappear as well. | |
| ATT1\_36\_ | If a trauma is left unprocessed, it will eventually cause an illness in the body. | |
| ATT1\_26\_ | My healing is the result of my spiritual/emotional development. | |
| ATT1\_9\_ | Our mind can have a strong effect on our healing. | |
|  | ATT1\_4\_ | The body is a mirror to the soul. | |
| ATT1\_6\_ | An imbalance between body and soul will lead to illness. | |
| ATT1\_21\_ | Every illness is caused by emotional problems (soul). | |
| ATT1\_11\_ | Our body remembers everything (emotions, life events, etc.). | |
|  |  | ATT1\_2\_ | You have to **suffer** in order to achieve health (you have to suffer to heal). | |
| ATT1\_40\_ | If my complaints intensify due to a treatment that means the treatment is effective and I will get better soon. | |
|  |  | ATT1\_10\_ | You attract people and **events**, which help you **grow**. | |
| ATT1\_38\_ | Every illness enters our life in order to teach us. | |
| ATT1\_31\_ | It is important which organ/body part gets sick because that tells us about the reason for falling ill/the cause (throat = something you have not said, ear = something you don’t want to hear, etc.) | |
|  |  | ATT1\_3\_ | I **trust** **traditional remedies** more than I trust **western medicine**. |
| ATT1\_15\_ | Ancient/old remedies are more **trustworthy** than western medicine. |
|  |  | ATT1\_39\_ | I only look for **natural** treatments to cure my illness. |
| ATT1\_22\_ | I consciously avoid pharmaceuticals. |
| ATT1\_30\_ | I do not agree with mandatory vaccines. |
| ATT1\_37\_ | You shouldn’t perform a biopsy on a tumor. |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Merging step: 3** | **Merging step 2:** | **Merging step 1** | **Item label** | **Item** |
|  |  | Passivity in treatment | ATT1\_19\_ | I expect my doctor/practitioner to heal me. |

**“Factor” 3:**