Formas de instanciar uma Data:

var d = new Date();  
var d = new Date(*milliseconds*);  
var d = new Date(*dateString*);  
var d = new Date(*year*, *month*, *day*, *hours*, *minutes*, *seconds*, *milliseconds*);​

​Métodos para manipular datas:

|  |  |
| --- | --- |
| [getDate()](https://www.w3schools.com/jsref/jsref_getdate.asp) | Returns the day of the month (from 1-31) |
| [getDay()](https://www.w3schools.com/jsref/jsref_getday.asp) | Returns the day of the week (from 0-6) |
| [getFullYear()](https://www.w3schools.com/jsref/jsref_getfullyear.asp) | Returns the year |
| [getHours()](https://www.w3schools.com/jsref/jsref_gethours.asp) | Returns the hour (from 0-23) |
| [getMilliseconds()](https://www.w3schools.com/jsref/jsref_getmilliseconds.asp) | Returns the milliseconds (from 0-999) |
| [getMinutes()](https://www.w3schools.com/jsref/jsref_getminutes.asp) | Returns the minutes (from 0-59) |
| [getMonth()](https://www.w3schools.com/jsref/jsref_getmonth.asp) | Returns the month (from 0-11) |
| [getSeconds()](https://www.w3schools.com/jsref/jsref_getseconds.asp) | Returns the seconds (from 0-59) |
| [getTime()](https://www.w3schools.com/jsref/jsref_gettime.asp) | Returns the number of milliseconds since midnight Jan 1 1970, and a specified date |
| [getTimezoneOffset()](https://www.w3schools.com/jsref/jsref_gettimezoneoffset.asp) | Returns the time difference between UTC time and local time, in minutes |
| [getUTCDate()](https://www.w3schools.com/jsref/jsref_getutcdate.asp) | Returns the day of the month, according to universal time (from 1-31) |
| [getUTCDay()](https://www.w3schools.com/jsref/jsref_getutcday.asp) | Returns the day of the week, according to universal time (from 0-6) |
| [getUTCFullYear()](https://www.w3schools.com/jsref/jsref_getutcfullyear.asp) | Returns the year, according to universal time |
| [getUTCHours()](https://www.w3schools.com/jsref/jsref_getutchours.asp) | Returns the hour, according to universal time (from 0-23) |
| [getUTCMilliseconds()](https://www.w3schools.com/jsref/jsref_getutcmilliseconds.asp) | Returns the milliseconds, according to universal time (from 0-999) |
| [getUTCMinutes()](https://www.w3schools.com/jsref/jsref_getutcminutes.asp) | Returns the minutes, according to universal time (from 0-59) |
| [getUTCMonth()](https://www.w3schools.com/jsref/jsref_getutcmonth.asp) | Returns the month, according to universal time (from 0-11) |
| [getUTCSeconds()](https://www.w3schools.com/jsref/jsref_getutcseconds.asp) | Returns the seconds, according to universal time (from 0-59) |
| getYear() | Deprecated. Use the [getFullYear()](https://www.w3schools.com/jsref/jsref_getfullyear.asp) method instead |
| [now()](https://www.w3schools.com/jsref/jsref_now.asp) | Returns the number of milliseconds since midnight Jan 1, 1970 |
| [parse()](https://www.w3schools.com/jsref/jsref_parse.asp) | Parses a date string and returns the number of milliseconds since January 1, 1970 |
| [setDate()](https://www.w3schools.com/jsref/jsref_setdate.asp) | Sets the day of the month of a date object |
| [setFullYear()](https://www.w3schools.com/jsref/jsref_setfullyear.asp) | Sets the year of a date object |
| [setHours()](https://www.w3schools.com/jsref/jsref_sethours.asp) | Sets the hour of a date object |
| [setMilliseconds()](https://www.w3schools.com/jsref/jsref_setmilliseconds.asp) | Sets the milliseconds of a date object |
| [setMinutes()](https://www.w3schools.com/jsref/jsref_setminutes.asp) | Set the minutes of a date object |
| [setMonth()](https://www.w3schools.com/jsref/jsref_setmonth.asp) | Sets the month of a date object |
| [setSeconds()](https://www.w3schools.com/jsref/jsref_setseconds.asp) | Sets the seconds of a date object |
| [setTime()](https://www.w3schools.com/jsref/jsref_settime.asp) | Sets a date to a specified number of milliseconds after/before January 1, 1970 |
| [setUTCDate()](https://www.w3schools.com/jsref/jsref_setutcdate.asp) | Sets the day of the month of a date object, according to universal time |
| [setUTCFullYear()](https://www.w3schools.com/jsref/jsref_setutcfullyear.asp) | Sets the year of a date object, according to universal time |
| [setUTCHours()](https://www.w3schools.com/jsref/jsref_setutchours.asp) | Sets the hour of a date object, according to universal time |
| [setUTCMilliseconds()](https://www.w3schools.com/jsref/jsref_setutcmilliseconds.asp) | Sets the milliseconds of a date object, according to universal time |
| [setUTCMinutes()](https://www.w3schools.com/jsref/jsref_setutcminutes.asp) | Set the minutes of a date object, according to universal time |
| [setUTCMonth()](https://www.w3schools.com/jsref/jsref_setutcmonth.asp) | Sets the month of a date object, according to universal time |
| [setUTCSeconds()](https://www.w3schools.com/jsref/jsref_setutcseconds.asp) | Set the seconds of a date object, according to universal time |
| setYear() | Deprecated. Use the [setFullYear()](https://www.w3schools.com/jsref/jsref_setfullyear.asp) method instead |
| [toDateString()](https://www.w3schools.com/jsref/jsref_todatestring.asp) | Converts the date portion of a Date object into a readable string |
| toGMTString() | Deprecated. Use the [toUTCString()](https://www.w3schools.com/jsref/jsref_toutcstring.asp) method instead |
| [toISOString()](https://www.w3schools.com/jsref/jsref_toisostring.asp) | Returns the date as a string, using the ISO standard |
| [toJSON()](https://www.w3schools.com/jsref/jsref_tojson.asp) | Returns the date as a string, formatted as a JSON date |
| [toLocaleDateString()](https://www.w3schools.com/jsref/jsref_tolocaledatestring.asp) | Returns the date portion of a Date object as a string, using locale conventions |
| [toLocaleTimeString()](https://www.w3schools.com/jsref/jsref_tolocaletimestring.asp) | Returns the time portion of a Date object as a string, using locale conventions |
| [toLocaleString()](https://www.w3schools.com/jsref/jsref_tolocalestring.asp) | Converts a Date object to a string, using locale conventions |
| [toString()](https://www.w3schools.com/jsref/jsref_tostring_date.asp) | Converts a Date object to a string |
| [toTimeString()](https://www.w3schools.com/jsref/jsref_totimestring.asp) | Converts the time portion of a Date object to a string |
| [toUTCString()](https://www.w3schools.com/jsref/jsref_toutcstring.asp) | Converts a Date object to a string, according to universal time |
| [UTC()](https://www.w3schools.com/jsref/jsref_utc.asp) | Returns the number of milliseconds in a date since midnight of January 1, 1970, according to UTC time |
| [valueOf()](https://www.w3schools.com/jsref/jsref_valueof_date.asp) | Returns the primitive value of a Date object |