

Saint Spyridon Greek Orthodox Cathedral

GRECIAN FESTIVAL '18

102 Russell Street, Worcester, MA 01609

Food

*Collaboration by the best
Greek Celebrity Chefs*

Greek Pastries

Art & Culture

Cathedral Tours

Live & DJ Music

Greek Dancing & Performances

Agora - Marketplace Shopping

Youth Activities

Cash Raffle

June 1, 2 & 3

Friday 5-12

Saturday 11-12

Sunday 12-10





Commerce and Berkshire Bank are proud to support the 2018 Grecian Festival.

Our support for local events and organizations is well known. It is a key factor in our commitment to the well-being and vitality of the communities that we serve.

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Welcome

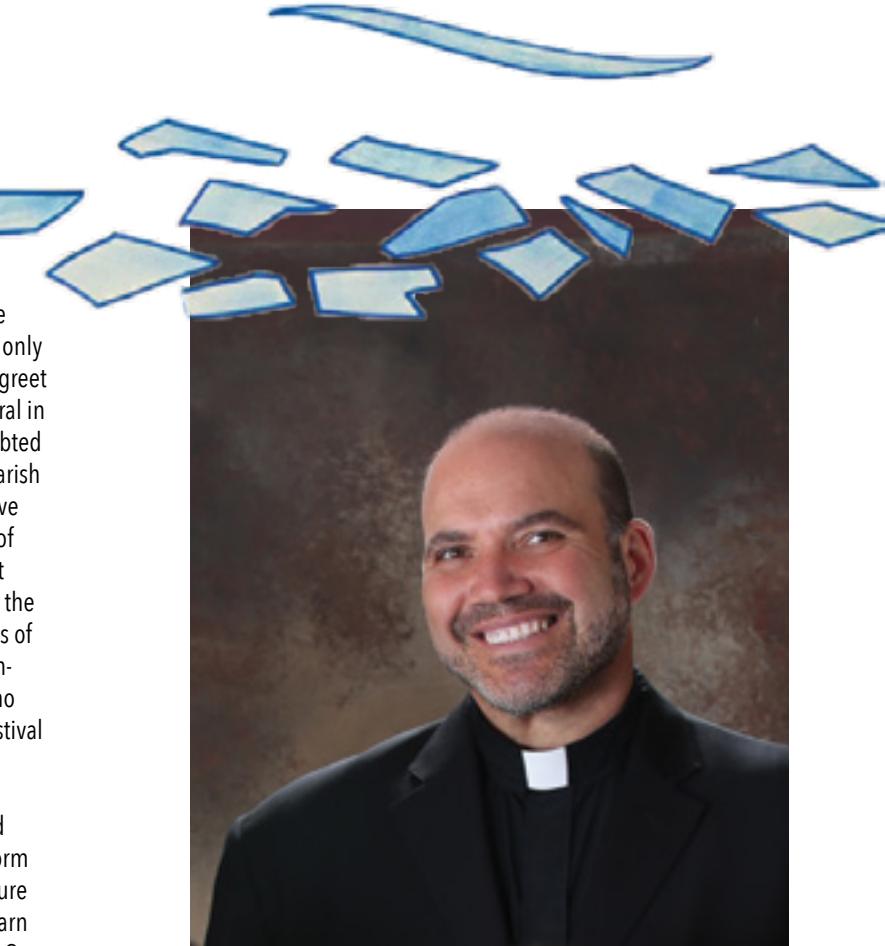
Dear Friends,

There are few things that give Greek people greater joy than to share their treasured traditions and culture with their friends. Perhaps the only other greater joy is to feed them. It is with that same great joy that I greet you and welcome you to the Saint Spyridon Greek Orthodox Cathedral in Worcester, Massachusetts to "Grecian Festival 2018." I am truly indebted to my predecessor, Fr. Dean Paleologos, as well as all the previous Parish Councils and the former festival committees for all the work they have done building up this festival in years past. I have had the blessing of seeing the hard work of this year's committee along with the current Council, and I am in awe, not only of all the work that it takes, but of the incredible synergy that exists among the people and the committees of this impressive community. I wish to thank all of our sponsors, volunteers, our chairpeople, our parishioners, and all of our neighbors who have supported us, and who show up year after year to make this festival successful.

I invite you to taste the homemade food crafted with recipes handed down from generation to generation; watch our young people perform classical Greek folk dances from various regions of Greece; and be sure to take a tour of the jewel of our community, which is our church. Learn about our iconography and our architecture. Take one of our guided Cathedral Tours, led by several of our parishioners and our newly ordained priest, Father Nicholas Livingston. Enjoy your time here and when you see me serving food or giving a tour please be sure to stop by and say hello or "yasou."

May God Bless You ("Doksa To Theo")

Fr. Dimitrios Moraitis
Dean, Saint Spyridon Greek Orthodox Cathedral



Welcome...to the 42nd year of our Grecian Festival! St. Spyridon is proud to share and celebrate our faith, culture, and heritage with Worcester County and Central Massachusetts. Thank you for joining us during these three fun filled days of music, dance, and delicious food. This year's festival features Cathedral tours, traditional Greek dance performances, live music, shopping at the Agora (marketplace), and a raffle. As always, there will be plenty of delicious traditional food. Also, be sure to enjoy a freshly-made cup of coffee at the Kafenio (café). I would like to thank our St. Spyridon parishioners for their hard work and dedication. Our volunteers have devoted countless hours, lending their talents, to ensure the success of the festival. I also wish to express my gratitude to our Worcester County sponsors for their generous support to St. Spyridon Cathedral throughout the years. The Grecian Festival is our biggest fundraiser that provides for our programs, activities, and helps support those in need in the community! We warmly invite you to enjoy a bit of Greece with us!

Truly yours in Christ,

Georgia Parafestas
Parish Council President



Kali Diaskedasi

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Welcome from Father Dimitrios

Welcome from Georgia Parafestas

Kali Diaskedasi

Community Sponsors

Map

Our Cathedral

Committee

Schedule of Events

The Orthodox Church

Cotsidas Cultural Center

Sponsors

Featured Chefs & Recipes

Festival Menu

Quick Dining Service Station

Featured Chefs

Featured Artist

FOOD, FOOD, FOOD

3-full days of the most delicious and authentic Greek specialties to enjoy. At this festival, we are once again featuring the successful Chef Spotlight Dinners. Paul Barber, Festival Culinary Chairman is an award-winning Chef and owner, with his lovely wife Melina, of Flying Rhino. Paul has collaborated with the best Greek chefs and restaurant owners in Worcester County to present Festival Daily Specials. Check the food pages for the festival menu and Chef Spotlight features. They are also posted on our website GrecianFestival.org and Facebook.

GREEK FOOD STATIONS

In addition to the Chef Spotlights, we are pleased to report that the individual Greek Food Stations have more selections than past festivals. The following is a brief listing of all the delicious food you can choose from all weekend long. You can even take some to go!

TRADITIONAL FOOD LINE - Besides the Chef's featured specials, there is a wide selection of dinners and A la Carte items from which to choose. Dinners served the entire weekend include roasted half chicken, pork souvlaki (skewered pork), and Vegetarian Pastitsio Dinner. All dinners come with a choice of (2) sides that include rice pilaf, Greek green beans (fasolakia), lemon roasted potatoes, or Greek salad. There is also a great selection of A la Carte choices to add to the meal or eat separately.

A LA CARTE CHOICES INCLUDE:
Spanakopita/Triopita - Greek Spinach or Cheese Pita.
Pastitsio (vegetarian)- baked Greek macaroni casserole, filled with oozing cheese and béchamel sauce.

Grape Leaves and Greek Salad with Greek seasonings, tomato, onion and feta cheese. AND crowning your meal with delicious Greek pastry will earn your "Greek for the day" title!

QUICK DINING SERVICE STATIONS -
Gyro, Souvlaki, and Greek Gourmet Burger Station - interested in quick dining service? Try these popular Food Stations with choices such as **Gyro** (pronounced "yero") an all-time favorite Greek sandwich-seasoned combination of ground lamb and beef-cooked on a vertical "Gyro" rotisserie, where you will watch the meat carved off the spinning cone and placed in warm pita bread with Greek delicious fixings and topped with our famous Tsatziki sauce. **Pork Souvlaki** sandwich cubes of marinated pork skewered, and grilled nestled in warm pita bread with Greek fixings and Tsatziki sauce. New this festival, try these new foods - **Greek Gourmet Burgers**, succulent all beef burgers grilled "Greek style" plain or topped with Greek Feta-Tsatziki Sauce. And add our "famous" mouth-watering **Greek Fries**, slow cooked like our Yiayia served them. An all-time New England favorite **Hot Dogs**-steamed to perfection served in a bun and pairs perfectly with other Greek specialties.

LOUKOUMADES STATION - honey puffs lovingly made before your eyes by the LoukouMAMAS-soaked in honey syrup...so delicious offered in 1/2 or full dozens...and sprinkled with walnuts (if desired) and powdered sugar. Great to take some home and heat up later!

GREEK BAKERY STATION - offers single

pieces or packaged to go in 1/2 and dozen packages of baklava, kourambiedes (Greek powdered sugar butter cookie), kouroulakia-braided butter cookies, galaktoboureko-an all-time favorite dessert made with creamy custard in a crispy phyllo pastry, bathed with sweet syrup. Take some home too!

KAFENIO-GREEK COFFEE STATION - "Get your Greek on" offering selections such as a traditional demitasse cup of rich Greek coffee or a famous Frappe-high octane coffee iced offered your-way, sweet, semi-sweet or none-guarantee it will help you do a few extra dances after one Frappe. Also offering a selection of sodas and our **famous fresh-squeezed lemonade**.

In our beautiful Cotsidas Cultural Center you will enjoy the **Agora-Greek Bazaar (Market Place)**, and feel as if you have been transported to a Greek island where an eclectic collection of Greek traditional and fashionable specialties displayed by vendors for your browsing and shopping pleasure. Some of the items include jewelry, arts and crafts, clothing, spiritual items and icons, and so much more. In our **Cultural Museum** display you will experience what it was like to live in a Greek home many years ago in the "old country," like our Yiayias and Pappous did.

OTHER HIGHLIGHTS OF THE FESTIVAL INCLUDE

Cathedral Tours of our beautiful Byzantine-designed Cathedral architecture adorned with sparkling chandeliers, stained glass, icons, candles and Orthodox artifacts. It will give you a moment to unwind and reflect before returning to the festival glendi (enjoyment).

Greek Dance Performances - by children, youth and adult groups in traditional costumes for all to enjoy. New this festival a Greek Dance lesson and demonstration for adults and children, join in and learn a few steps. Look for the schedule posted at the festival.

Live Greek Music and DJ Music - You will be serenaded by DJs special selections both traditional and top-40. Live Orchestra music from Orfeas Orchestra featuring guest female vocalist Voula Berdos serenading us on Friday night, and guest Clarinetist Thanasis Kotsias on Saturday night, and the full band returns on Sunday. The music is meant to encourage everyone to get up and join the dance lines weaving throughout the dance floor as the stars start twinkling in the night. Shy? Forget about it! Not at the Grecian Festival everyone is family. Stroll through our **Art & Culture Center** in the Tonna Room, Enjoy original artwork from local artists that you can meet and greet. And a special feature for this festival, a **Historic Display of Worcester and Elm Park Neighborhood** by the Worcester Historical Society.

AND a **Youth Activity Center** with many fun activities for all ages from the littlest fans to teens.

CASH Raffle-Your chance to win \$10,000 cash Grand prize or 3 runner-up prizes of \$1,000 each with our Raffle.

All under the largest custom designed tent at St. Spyridon Greek Orthodox Cathedral grounds.

Community Sponsors

Alexandrou, Dean & Family

Anonymous

Coulouras, Jim & Ana

Drapos, Anthony & Family

Fotiadis, Philip

Gatzogiannis, Anastasia

Gjini, Vasilios & Family

Gjini, Elia & Family

Grammenos, Dimitroula

Gourousis, George

Gourousis, Peter Arthur

Gourousis, Peter & Paula

Harling, Ken & Noreen

Karalekas M.D., Diane

Kaouris, Athanasios & Georgia

Kirusis, Chris

Leasca, George

Leasca, Pierce

Maria's Pastries

Mitkonis, Christina

Moschos, Dean & Celeste

Panagiotopoulos, George & Helen

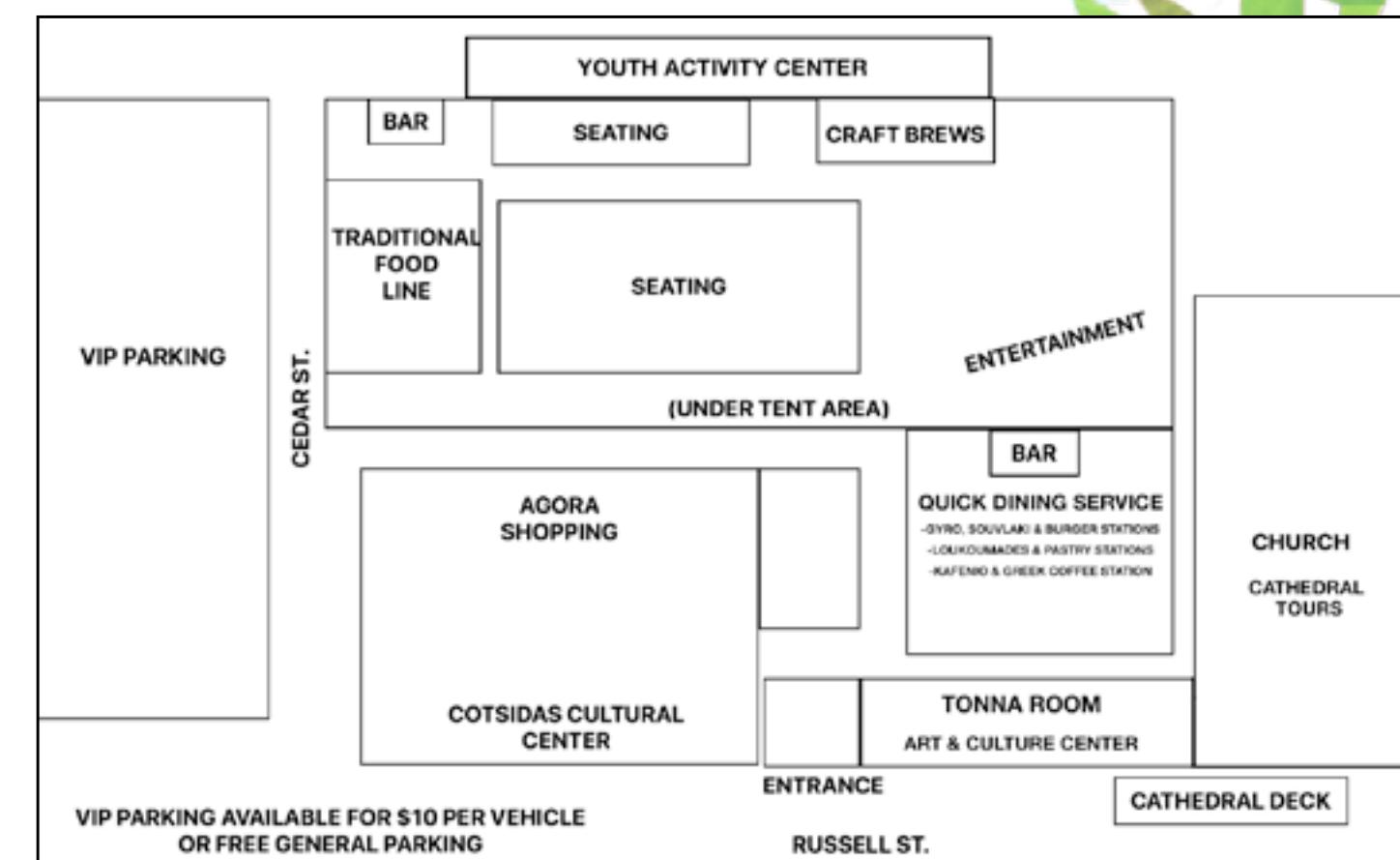
Panagiotou, Matthew

Paskalis, Stuart

Parafestas, Georgia

Rapsomanikis, George & Family

Soukalopoulos, Tony



Our Cathedral

CATHEDRAL INFORMATION

508-791-7326

www.spyridoncathedral.org

Monday-Friday 9:00 am - 5:00 pm

CLERGY

Reverend Doctor Dimitrios Moraitis
Dean

Reverend Father Dean N. Paleologos
Dean Emeritus

Reverend Father Nicholas Livingston
Associate Pastor

Reverend Deacon Andrew Giourelis

CATHEDRAL INFORMATION

Georgia Parafestas, President
Michael Dionis, Vice President
Efrosini "Sue" Kika, Secretary
Nicholas Paleologos, Treasurer
George Gourousis, Assistant Treasurer

Dean Alexandrou
Anthony Drapos
George Fotos
Aristotle "Telly" Kassos
Christina Mitkonis
Magdalini Moraitis
Joan Therios

George Panagiotopoulos
Mariana Vasilakeris

Office Administration
Alexandra Economou, Secretary
Georgia Vanikiotis-Pechie, Accounting

Church Maintenance
Andreas Karampinas & Joe Beando

The Grecian Festival has been a highlight of Worcester and Central Massachusetts for the last 42 years. It has become the finest and the largest festival of New England, with attendance exceeding 20,000 people. During the festival the Greek Community recognizes and celebrates our forefathers, Greek Immigrants who came to Worcester to work and create a new life, and in doing so made lasting contributions to the political, economic and cultural development of Worcester. It's also a time to join in the festivities of our Hellenic Heritage. The Grecian Festival is one of our largest fund raisers that supports all our educational, cultural, spiritual programs and activities; youth and senior programs, our Board of Education certified Pre-School, our Orthodox Food Pantry (working with the Worcester County Food Bank) that feeds more than 200 families a month, Missions to help build homes in poor countries, food and gift baskets provided to the poor and needy, and much more.

Our Cathedral is an active community for all ages, our ministries include:

- Altar Boys
- Sunday School
- Chanters
- Choir
- Little Angels
- HOPE (Holy Orthodox Primary Education)
- JOY (Junior Orthodox Youth)
- GOYA (Greek Orthodox Youth of America)
- Greek Dance Troupe
- YAL (Young Adult League)
- Basketball
- Greek Afternoon School
- Greek School Alumni Association
- Preschool
- Project Mexico
- Orthodox Food Pantry
- Senior Parishioners
- Ladies Philoptochos Society
- Care Ministry
- Feeding Ministry

Affiliates:

- AHEPA
- Daughters of Penelope
- Maids of Athena
- Holy Trinity Nursing Home
- Panepirotic Federation of America
- Hellenic Arts Society
- Saint George of Tsamanta Society
- Cultural Center Hrisohorafiton
- Greek American Veterans

Admissions: George Kalogeropoulos

Alcoholic Beverages: Dimitrios Vasiliadis

Agora: Evangelia "Lika" Velentzas, Panagiota Kakouros

Art & Culture: Shiela Shields Nealon, Christina Andrianopoulos

Bakery Station: The Ladies Philoptochos Society

Baking & Packing: The Ladies Philoptochos Society

Book Shop:

Cathedral Tours: Father Dimitrios Moraitis, Father Nicholas

Livingston, Lynn Tonna

Culinary & Food: Paul Barber

Traditional Food Line: Michael & Janice Dionis, Telly & Maria Kassos

Quick Dining Service Stations: George Gourousis, Nicholas Paleologos

> **Gyro, Souvlaki & Burger Station:** Nicholas Paleologos, George Gourousis

> **Loukoumades:** Jody Athanasiou, Vicki Helali (LoukouMAMAs)

> **Greek Pastries:** The Ladies Philoptochos Society

> **Kafenio-Greek Coffees:** Yeoryia Giolekas, Sarah Kyriazis, Zoe Paleologos, Magdelina Panagiotidis

Grilling: Charlie Bloumis

Salad:

Kitchen: Paul Barber, Melina Barber

DJ's: DJ Christos Tsigas, DJ Niko Pitsoulis

Entertainment: Christos Tsigas

Facilities: Christos Tsigas

Finance: George Fotiades, Tina Niebala

Youth Activities: Presvytera Flora Moraitis, GOYA (Greek Orthodox Youth Association)

Licensing / Permits: Konstantinos "Gus" Giannakis & Christos Tsigas

Linen Shop: Dimitra Kimbouris & Penelope Kakouros

Photographers: Anna Briggs, John Lenis, Nikolas Moudios

Marketing, PR, Publicity, Program Book: Christina Andrianopoulos

> **Creative Oversight:** Christina Andrianopoulos

> **Graphic Designers:** Eleni Pirperis, Sean Casey

> **Social Media:** Amy Kalogeropoulos, Christina Andrianopoulos

Raffle: Amy Kalogeropoulos

Religious Shop: Dimitra Kimbouris & Penelope Kakouros

Web Design: Matthew Dionis

Festival Committee

HONORARY CHAIRS

Reverend Doctor Dimitrios Moraitis
Dean

Reverend Father Dean N. Paleologos
Dean Emeritus

Reverend Father Nicholas Livingston
Associate Pastor

Reverend Deacon Andrew Giourelis

FESTIVAL CHARMEN

Konstantinos "Gus" Giannakis
Paul Barber - Culinary Chairman
Christos Tsigas
George Gourousis



Friday Schedule

DANCE PERFORMANCES

Location: Main Tent

Enjoy our Greek Dance performances by all dancers as young as 4 years to adults.

The St. Spyridon Greek Dance Group aims to maintain and continue the tradition of Greek dancing by teaching the dances from all over Greece free of cost to all age groups and levels of experience, in order to promote dance as a way of preserving regional culture and building an understanding of the rich history of the country as a whole. We are thrilled to share our culture with you at the 2018 festival and hope you enjoy!

Cultural Center Hrisohorafiton Alexander the Great Dance Group, a youth dance group ages 4-17 are proud members of Saint Spyridon and have been happily performing at our Grecian Festival for many years.



YOUTH ACTIVITY CENTER

Location: Main Tent

New location and activities! Have fun with many activities all weekend, basketball shootout, face painting, make slime, hands-on activities, games, giveaways, inflatable moon bounce, special appearances and more! Enjoy kids food like hot dogs, Greek fries, lemonade, or a variety of pastries offered at the Quick Service Food Station.

Check the schedule of events for times and activities.

CARICATURES

BASKETBALL

CRAFTS

SAND ART

FACE PAINTING

SLIME MAKING

INFLATABLE MOON BOUNCE

TSHIRTS

and more!



KIDS Menu Offered at the Fast Food Station

COTTON CANDY - HOT DOGS - GREEK FRIES - POPCORN



	EVENT	LOCATION
11:00 - 10:00	Art & Culture Center	Tonna Room
11:00 - 7:00	DJ Christos	Main Tent
12:00 - 8:00	Youth Activity Center	Main Tent
11:00 - 10:00	Agora (Shopping)	Cotsidas Cultural Center
11:00 - 1:00	Ryan Maloney and Randall Byrd of It's the Liquor Talking on WCRN Radio AM830, live broadcast	Foyer
12:30	Cathedral Tour	Cathedral Narthex
1:15	Cathedral Tour	Cathedral Narthex
2:00	Dance Lessons	Main Tent
2:00	Cathedral Tour	Cathedral Narthex
2:45	Cathedral Tour	Cathedral Narthex
3:30	Cathedral Tour	Cathedral Narthex
4:00	Dance Performance St. Spyridon Horopatimata (ages 4-7)	Main Tent
4:15	Dance Performance St. Spyridon Arhontopoula (ages 8-11)	
4:15	Cathedral Tour	Cathedral Narthex
7:00 - 12:00	Live Music by Orfeas with guest musician Thanasis Kotsias on the clarinet	Main Tent
5:15	Cathedral Tour	Cathedral Narthex
5:45	Cathedral Tour	Cathedral Narthex
6:30	Dance Performance St. Spyridon Asteria (ages 12-15)	Main Tent
7:00	Dance Performance Cultural Center Hrisohorafiton (ages 9-12)	Main Tent
7:15	Dance Performance Cultural Center Hrisohorafiton (ages 15-18)	
6:30	Cathedral Tour	Cathedral Narthex
7:15	Cathedral Tour	Cathedral Narthex
11:30	Music by DJ Christos	Main Tent



Saturday Schedule



CATHEDRAL TOURS

Location: The Cathedral Narthex

One of the highlights of our festival is the guided tours of our beautiful Cathedral. Allow the flicker of the candles to ignite your soul as the sparkle of the chandeliers reflect the stained glass, opening you to an experience of faith and spirituality.

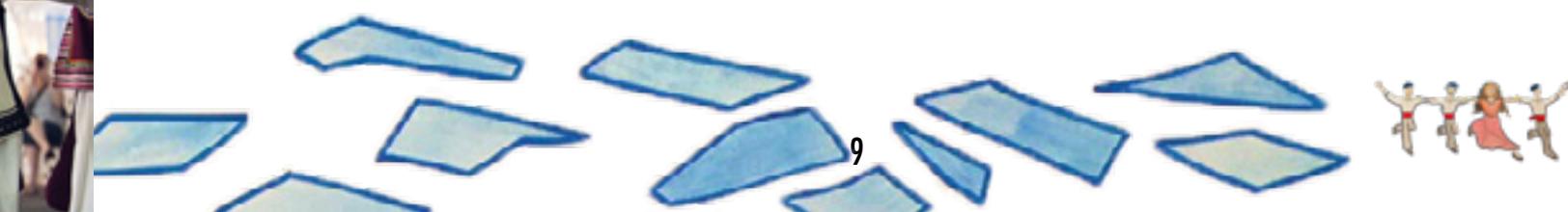
AGORA (SHOPPING)

Location: Cotsidas Cultural Center



A marketplace consisting of many vendors displaying their specialties. Vendors include:

- Handmade Jewelry, scarves, accessories and more
- Hellenic books from our very own book shop
- Byzantine icons and many other religious items from our Religious Shop
- Homemade Greek pastries made by our parishioners in our Bakery Shop
- A variety of wall art, souvenirs, t-shirts, purses & more
- Popular treats and sweets



Sunday Schedule

GREEK MUSIC & DANCE

Location: Main Tent

DON'T BE SHY.. grab someone's hand in the dance line snaking through the crowds... we'll make you feel like Zorba the Greek! Live band Orfeas will be performing Friday, Saturday and Sunday. DJ Christos and DJ Niko will play a variety of Greek Music for everyone's enjoyment.



Art & Culture

Location: Tonna Room

Stroll through our Art & Cultural Center in the Tonna Room, Enjoy original artwork from local artists that you can meet and greet. You will also be able to meet the Grecian Festival theme contributor Elias Andrinopoulos displaying the original art that our festival designs were based on. And a special feature this festival, a Historic Display of Worcester and Elm Park Neighborhood by the Worcester Historical Society.



	EVENT	LOCATION
9:00 - 12:00	Peter Blute WCRN Radio AM830 Broadcasting Live from the Festival	Foyer
12:00 - 8:00	Art & Culture Center	Tonna Room
12:00 - 5:00	DJ Christos & DJ Niko	Main Tent
12:30 - 6:30	Youth Activity Center	Main Tent
12:00 - 8:00	Agora (Shopping)	Cotsidas Cultural Center
1:00	Cathedral Tour	Cathedral Narthex
1:45	Cathedral Tour	Cathedral Narthex
2:30	Cathedral Tour	Cathedral Narthex
3:00	Dance Performance St. Spyridon Horopatimata (ages 4-7)	Main Tent
3:15	Dance Performance St. Spyridon Arhontopoulia (ages 8-11)	Main Tent
3:15	Cathedral Tour	Cathedral Narthex
4:00	Cathedral Tour	Cathedral Narthex
4:45	Cathedral Tour	Cathedral Narthex
5:00	Dance Performance Cultural Center Hrisohorafiton (ages 9-12)	Main Tent
5:15	Dance Performance Cultural Center Hrisohorafiton (ages 15-18)	Main Tent
5:00 - 9:00	Live Music by Orfeas	Main Tent
6:00	Dance Performance St. Spyridon Asteria (ages 12-15)	Main Tent
7:00	Dance Performance Cultural Center Hrisohorafiton (ages 13-15)	Main Tent
7:15	Dance Performance Cultural Center Hrisohorafiton (ages 15-18)	Main Tent
7:15	Cathedral Tour	Cathedral Narthex
9:30	Grand Prize Raffle Drawing	Main Tent

If you are unfamiliar with Orthodox Christianity,

here is a little background information. The Orthodox Church has her origin with Jesus Christ and the Holy Spirit, not with a human teacher, or group, nor a code of conduct or religious philosophy. Orthodoxy believes that the Church has her origin in the Apostolic Community called into being by Jesus Christ, and enlivened by the Holy Spirit. The Feast of Pentecost, which is celebrated fifty days after Easter, commemorates the "outpouring" of the Holy Spirit upon the Apostles and marks the beginning of the mission of the Church to the world.

We are Orthodox because our tradition of prayer and worship is rooted in the One, Holy, Catholic, and Apostolic undivided Church. The Orthodox Church was founded by Christ through the Apostles and has maintained a living, historical connection with the Apostolic Church through the ordination of its clergy. The bishop that ordains an Orthodox priest today can trace his ordination historically all the way back to the Apostles, and through them to Christ. For this reason we are "apostolic" – rooted in the first Apostles – the disciples of Jesus.

We are also apostolic because we believe our calling is to go out and share our faith with others. For this reason, we welcome you to visit the Orthodox Christian parish in your neighborhood or town.

Although our parishes may carry a designation of Greek Orthodox or some other ethnic identity, this does not imply that you need to be of a certain ethnic origin to join us in worship or to consider becoming an Orthodox Christian. All people are welcome in our church and we actually look forward to you visiting. Please allow us to welcome you to our community!

The Orthodox Church

Understanding the Sacraments of the Orthodox Church

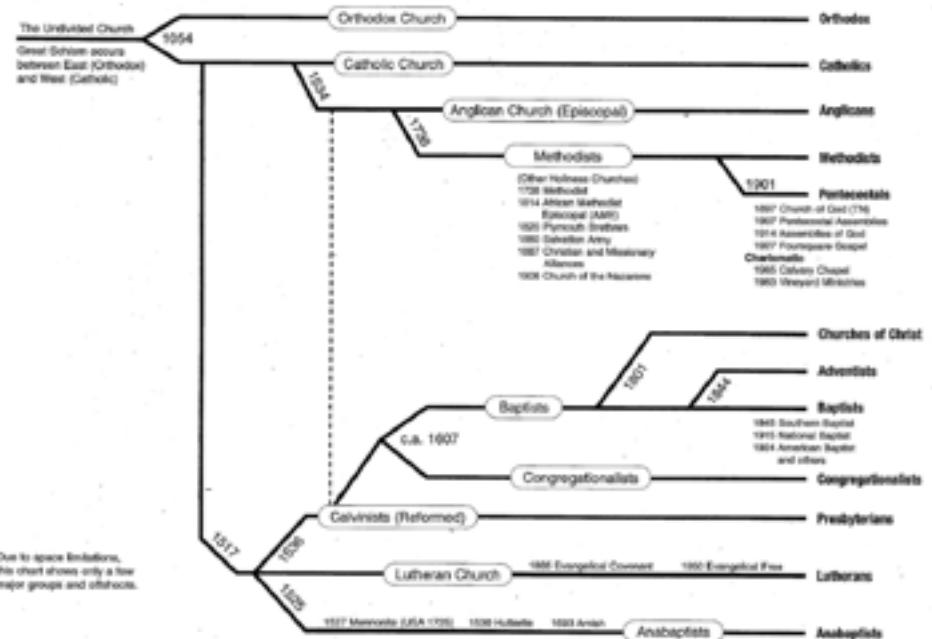
One of the best-known prayers of the Orthodox Church speaks of the spirit of God being "present in all places and filling all things." This profound affirmation is basic to Orthodoxy's understanding of God and His relationship to the world. We believe that God is truly near to us. Although He cannot be seen, God is not detached from His creation. Through the persons of The Risen Christ and the Holy Spirit, God is present and active in our lives and in the creation about us. All our life and the creation of which we are an important part, points, to and reveals God.

There are special experiences in our corporate life as Orthodox Christians when the perception of God's presence and actions is heightened and celebrated.

We call these events of the Church Sacraments. Traditionally, the Sacraments have been known as Mysteries in the Orthodox Church. This description emphasizes that in these special events of the Church, God discloses Himself through the prayers and actions of His people.

Not only do the Sacraments disclose and reveal God to us, but also they serve to make us receptive to God. All the Sacraments affect our personal relationship to God and to one another. The Holy Spirit works through the Sacraments. He leads us to Christ who unites us with the Father. By participating in the Sacraments, we grow closer to God and to receive the gifts of the Holy Spirit. This process of deification, or theosis, as it is known by Orthodoxy, takes place not in isolation

Family Tree of Denominations



from others, but within the context of a believing community. Although the Sacraments are addressed to each of us by name, they are experiences which involve the entire Church.

The Eucharist

The Holy Eucharist, which is known as the Divine Liturgy, is the central and most important worship experience of the Orthodox Church. Often referred to as the "Sacrament of Sacraments", it is the Church's celebration of the Death and Resurrection of Christ offered every Sunday and Holy day

Baptism

The Sacrament of Baptism incorporates us into the Church, the Body of Christ, and is our introduction to the life of the Holy Trinity. Water is a natural symbol of cleansing and newness of life. Through the three-fold immersion in the waters of Baptism in the Name of the Holy Trinity, one dies to the old ways of sin and is born to a new life in Christ. Baptism is one's public identification with Christ Death and victorious Resurrection.

Chrismation

The Sacrament of Chrismation (Confirmation) immediately follows baptism and is never delayed until a later age. As the ministry of Christ was enlivened by the Spirit, and the preaching of the Apostles strengthened by the Spirit, so is the life of each Orthodox Christian sanctified by the Holy Spirit. Chrismation, which is often referred to as one's personal Pentecost, is the Sacrament which imparts the Spirit in a special way.

Confession

As members of the Church, we have responsibilities to one another and, of course, to God. When we sin, our relationship to God and to others distorted. Sin is ultimately alienation from God, from our fellow human beings, and from our own true self which is created in God's image and likeness. Confession is the Sacrament

through which our sins are forgiven, and our relationship to God and to others is restored and strengthened. The priest is viewed not as a judge, but as a physician and guide. The frequency is left the discretion of the individual in cooperation with his priest.

Marriage

Through the Sacrament of Marriage, a man and a woman are publicly joined as husband and wife. They enter into a new relationship with each other, God, and the Church. Since Marriage is not viewed as a legal contract, there are no vows in the Sacrament. According to Orthodox teachings, Marriage is not simply a social institution; it is an eternal vocation of the kingdom. A husband and a wife are called by the Holy Spirit not only to live together but also to share their Christian life together so that each, with the aid of the other, may grow closer to God and become the persons they are meant to be

Holy Orders

The Holy Spirit preserved the continuity of the Church through the Sacrament of Holy Orders. Through ordination, men who have been chosen from within the Church are set apart by the Church for special service to the Church. Each is called by God through His people to stand amid the community, as pastor and teacher, and as the representative of the parish before the Altar.

Anointing of the Sick (Holy Unction)

When one is ill and in pain, this can very often be a time of life when one feels alone and isolated. The Sacrament of the Anointing of the Sick, or Holy Unction as it is also known, remind us that when we are in pain, physical, emotional, or spiritual, Christ is present with us through the ministry of his Church. He is among us to offer strength to meet the challenges of life, and even the approach of death.

MINISTRIES OF ST. SPYRIDON GREEK ORTHODOX CATHEDRAL

As part of our mission to spread the Gospel of Jesus Christ to the whole world, we offer a series of ministries here at St. Spyridon to allow the faithful people of our community to learn, to socialize, and to become empowered to share their faith.

The **CARE** Ministry is our newest offering to the community. There are many members of our parish who, for many reasons, are not able to join us regularly. This ministry organizes faithful parishioners to share the blessing of visiting these members of our community for companionship, but also to remind them that we love them and care for them and they remain a part of our cathedral family.

Feeding Ministry is a ministry that embodies Christ's call to minister to our neighbors in any way we can. This ministry meets on the second Saturday of every month to provide a free meal to anyone who is in need.

Philoptochos is a philanthropic organization for the women of our community. They are part of the national Philoptochos Society. Their mission is to aid the poor, destitute, hungry, aged, sick, unemployed, orphaned, imprisoned, widowed, handicapped, victims of disasters, to undertake the burial of impoverished persons and to offer assistance to anyone who may need the help of the Church through fund raising efforts; and to promote the charitable, benevolent, and philanthropic purposes of the Greek Orthodox Archdiocese of America, through instructional programs, presentations, lectures, seminars and other educational resources; to preserve and perpetuate Orthodox Christian concepts and the Orthodox Christian Family, and through them, to promote the Greek Orthodox Faith and traditions, in accordance with its doctrines, canons, discipline, divine worship, usages and customs.

Little Angels is a group for our youngest parishioners and their parents to spend time together and familiarize them, from the very beginning, with being in church and feeling comfortable there.

GOYA is the Greek Orthodox Youth of America and serves our teenagers with social and educational opportunities. We meet twice a month and learn about the Orthodox Faith, and also spend time together in fellowship. GOYA also takes a trip to Mexico each summer to help build a home for a needy family there. We partner with Project Mexico to do this service work for families in need. This is an invaluable experience for our teens to physically carry out the Gospel and also come to appreciate the blessings they have in life.

HOPE/JOY serves the children younger than GOYA age, and offers lessons about Orthodoxy Christianity in a hands-on way, usually paired with a craft or project to take home.

Our **Seniors Group** meets every week to swap stories, play games, drink coffee, and talk about life. These vibrant leaders of our community have seen so much and continue to be an inspiration to our younger generations.

Greek School offers our young people the chance to learn in a concentrated way about the storied Greek Culture. They learn the language, traditional poems, dances, and history of the Greek people.

Sunday School offers a comprehensive education for children nursery-age through high school. They attend classes every Sunday following Holy Communion and learn about the structure of our Church, the sacraments, prayer life, the saints, the core prayers of the Church (Nicene Creed and Our Father), among many more topics.

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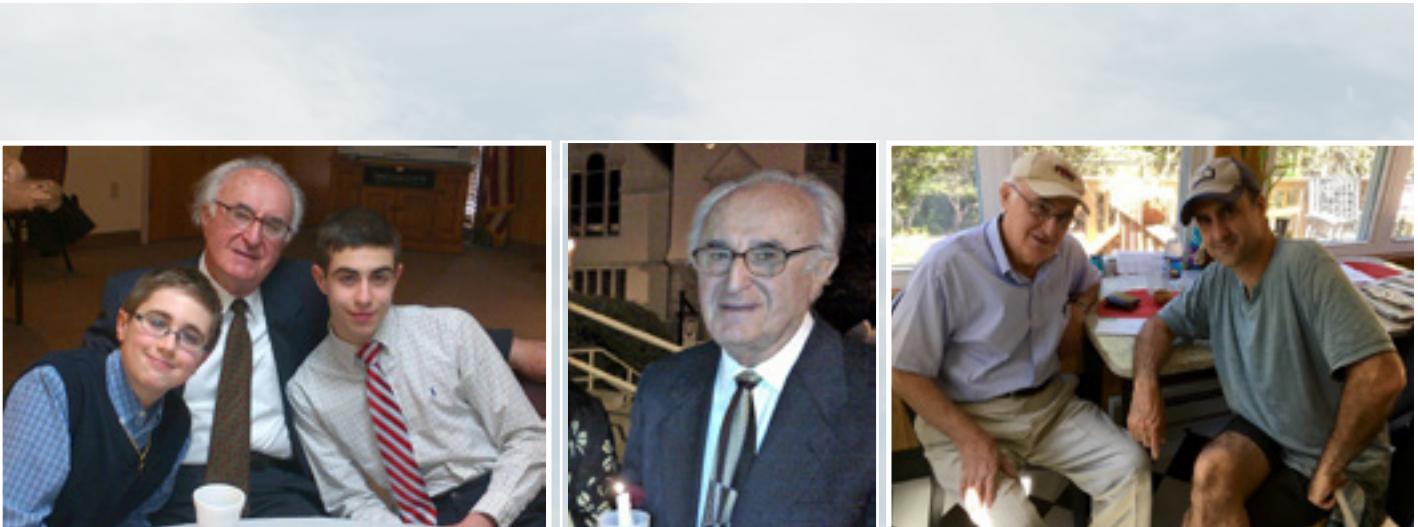
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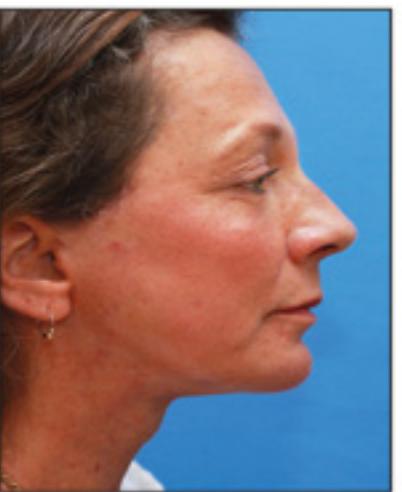
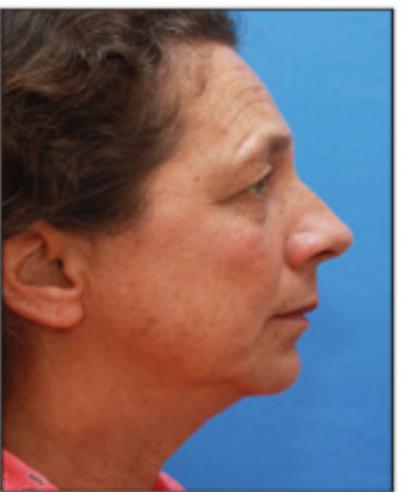
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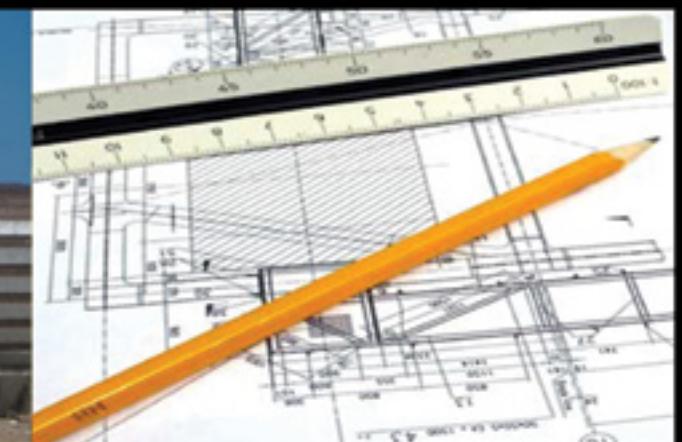


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A large graphic featuring the letters "WA" in white, which are cut out from a background image of students walking outdoors. Below the letters, the text "WORCESTER ACADEMY" is written in white, with a large "W" above the word "ACADEMY".

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The Fotiadis-Rajotte Family with Chef Egi Velieu are happy to be offering a Chef's Featured Recipe from their own personal collection.

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The Dimopoulos and The Zorba's Team are thrilled to be presenting their special Pork Souvlaki recipe for this year's Grecian Festival Featured Chef's recipe pages. They are also excited to be delighting the palettes of Worcester's discerning diners in their Stafford St location as well as in Charlton.



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GRECIAN FESTIVAL FUN FACTS

What does it take to organize and launch the biggest festival in New England of its kind that attracts in excess of 20,000 over three days? We thought you would find this information interesting and let it add another dimension of knowledge to your Grecian Festival experience. Keep an eye out for "Did you know?" fun facts that you will see throughout the Program Book. Flip through the pages and learn more about our festival....



Featured Artist

MEET OUR 2018 FEATURED ARTIST ELIAS ANDRINOPoulos

Elias submitted his artwork to be considered as our featured artist for the 2018 Grecian Festival. His original artwork was created specifically to embrace the essence of our Grecian Festival and includes all the elements that signify our festival, the church, glendi portrayed by the dancers, our Greek heritage, our beautiful Greek landscape, and sea, and its Mediterranean vegetation represented by the lemon tree.

Elias Andrinopoulos is a Seascape and Portraiture artist who has been making art from his earliest memory. He loves to laugh, create, converse with friends, play music, and read the Bible. Elias lives with his wife and two children in Swampscott, Ma.



Festival Menu

TRADITIONAL FOOD LINE

- Roasted half Chicken, with roasted lemon potatoes and green beans
- Vegetarian Pastitsio - baked Greek macaroni casserole with salad, and green beans
- Pork Souvlaki marinated and perfectly seasoned cubes of pork, skewered and grilled. Served with rice and green beans and topped with Tsatziki sauce.

A LA CARTE CHOICES

- Vegetarian Pastitsio - baked Greek macaroni casserole, filled with oozing cheese and bechamel sauce sprinkled with lots of herbs
- Spanakopita - a tasty blend of spinach, scallions, parsley, dill, salt and pepper, generously sprinkled with feta cheese, mixed with beaten eggs, and layered in buttered-crispy phyllo baked and served in generous portions
- Tiropita - a creamy blend of feta and cottage cheese mixed with fresh herbs, beaten eggs, salt and pepper, layered in buttered-crispy phyllo baked and served in generous portions - a vegetarian delight
- Roasted Lemon Potatoes (Patates) - slow roasted in olive oil, with Aegean herbs, salt, pepper and splashed with lemon
- Green Beans (Fasolakia) - Yiayia's recipe of sauteed green beans slowly cooked with olive oil, onions, garlic, carrots, parsley, dill, salt, pepper in a rich whole and crushed tomato broth
- Dolmades - Grape leaves stuffed with seasoned rice and splashed with olive oil and lemon - a vegetarian delight
- Greek Salad (Salata) - lettuce, tomato, onion, tossed with Greek dressing, Greek seasonings and sprinkled with feta cheese
- Rice Pilaf (Rizi) - A flavorful combination of long grained rice with onion, garlic, and seasonings, accented with pasta browned with butter, a perfect vegetarian delight
- Strawberry Shortcake - a local "farm to table" refreshing seasonal favorite
- Baklava - phyllo pastry with walnuts and honey

GYRO, SOUVLAKI & GREEK GOURMET BURGER STATION

Quick Dining Service

- Gyro (yero) - All time favorite, roasted blend of seasoned beef and lamb carved off spinning vertical rotisseries and placed on warm pita, topped with tzatziki
- Pork Souvlaki Wrap - skewered and roasted marinated pork cubes, served on warm pita with Greek fixings and Tsatziki sauce.
- NEW-Greek Gourmet Burgers, succulent all beef burgers grilled "Greek style" plain or topped with Greek Feta-Tzatziki Sauce.
- Greek Fries-our "famous" mouth-watering Greek Fries, slow cooked like our Yiayia served them, and an all-time New England favorite
- Hot Dog-steamed in a bun

KAFENIO - GREEK COFFEE STATION - "Get Your Greek On"

- Demitasse Greek Coffee
- Frappe (high-octane iced coffee made to order-sweet, semi-sweet or no sweet)
- Freshly Squeezed Lemonada (Lemonade)
- Assortment of soda beverages
- Assortment of Greek Pastries-Baklava, Kourambiedes, Koulourakia, Galaktobouriko

DAILY SPECIALS

By local Greek Celebrity Chefs from restaurants you all love!

FRIDAY, JUNE 1

Soup of the Day Aegean Seafood Stew

A combination of succulent seafood in a broth touched by tomatoes by Chef Val James of Val's Restaurant.

Chef Spotlight Pastitsio w/meat Dinner

Baked Greek macaroni casserole, with seasoned ground beef filled with oozing cheese and bechamel sauce. Served with rice and Greek green beans .

SATURDAY, JUNE 2

Soup of the Day Avgolemono Soup

A classic Greek soup that's thickened with eggs and spiked with lemon by Chef Val James of Val's Restaurant.

Chef Spotlight Braised Lamb Shank Dinner

Available 5:00-closing
Succulent braised lamb shanks slow cooked in a red wine, induced beef broth, a touch of tomato, and fresh basil guaranteed to fall off the bone, served with rice pilaf and green beans. Created by Paul & Melina Barber Chef/Owners Flying Rhino Cafe.

SUNDAY, JUNE 3

Soup of the Day Avgolemono Soup

A classic Greek soup that's thickened with eggs and spiked with lemon by Chef Val James of Val's Restaurant.

Chef Spotlight Traditional Moussaka Dinner

Available 12:00-7:00
An all-time favorite layers of thinly sliced eggplant and potatoes, with seasoned ground meat, nestled with cheese and drenched with béchamel sauce browned to perfection. Served with lemon potatoes, and Greek green beans (fasolakia).

LOUKOUADES STATION

- Loukoumades - honey puffs made in front of your eyes with pizzazz by the LoukouMAMAS, sprinkled with walnuts or powdered sugar

GREEK BAKERY STATION

- Baklava - phyllo pastry with walnuts and honey
- Kourambiedes - white powdered sugar butter cookie
- Koulourakia - braided butter cookies
- Galaktobouriko - (sweet baked custard delight) creamy custard in a crispy phyllo pastry bathed with sweet syrup



Quick Dining Service Menu

GYRO, SOUVLAKI & GREEK GOURMET BURGER STATION

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- Freshly Squeezed Lemonada (Lemonade)
- Selection of soda beverages
- Assortment of Greek Pastries-Baklava, Kourambiedes, Koulourakia, Galaktobouriko

Youth Activity Center - Special Snacks

- Popcorn
- Assorted beverages, sodas, water
- Other favorite children foods offered at the Quick Dining Service Stations including Gyros, Greek Gourmet Burgers, Hot Dogs, and Greek Fries.



Our Featured Chefs



PAUL & MELINA BARBER FLYING RHINO

Combining the culinary experience and love of Greek Food Paul and Melina, gladly accepted the offer to once again collaborate on this festival's menu design and offerings. After both graduating from Boston University, Paul and Melina were married at St. Spyridon Greek Orthodox Cathedral and made Worcester their home. Having operated the Flying Rhino since 2000, and their passion for food is reflected in their menu seasonally. The menu is inspired by the Rhino flying around the world grabbing eclectic dishes that are showcased in this well-diverse menu. They are proud to be part of the rich Hellenic Community as well as greater Worcester County. Paul and Melina's featured Chef's Spotlight for Saturday's Dinner is their own recipe of slow cooked Lamb Shank, guaranteed to fall off the bone. This year the Barber's welcomed the next generation Chef, their Grandbaby Mila Mae.. Congratulations Yiayia (Mimi) and Pappou!

VAL JAMES VAL'S RESTAURANT

Val was raised in the restaurant industry working by her parent's side from as far back as she can remember. Val's father emigrated from Greece to this country, working his way up from a dishwasher to the owner and operator of several pizzerias. Val was encouraged by her strong following of loyal clientele and avid supporters to expand her business. She purchased her present location at 75 Reservoir Street in 1996 – going from a small storefront pizzeria to a 7,200-square-foot restaurant and bar.

Over the last two decades Val has evolved as a restaurateur with creative, sophisticated cuisine.

The accolades have followed with many reviews and awards including Best Seafood Restaurant and Best Family Restaurant, and Val's crowning glory being inducted into Les Amis d'Escoffier Society of Massachusetts.



Aegean Seafood Stew

12-14 8 oz cups

20 oz Seafood stock or Clam juice (see below)
10 oz of tomato sauce prepared ahead of time
2lb of red bliss potatoes diced
2 lbs of fresh leeks (cut ends off, quartered the long way & sliced half inch thick)
8 oz white wine
1 tsp fennel seed chopped
1 or 2 stalks of fresh garlic
1/4 tsp thyme
2 bay leaves
1 tsp of basil dry
8 oz baby shrimp 90+ count/lb or 1Lb shrimp peeled 16-20 count/lb
16 oz count necks or steamer, or 8 oz Fresh Chopped clams.
16 oz fresh mussels
8 oz dice firm fish (swordfish, salmon, tuna)
(optional) 1 whole lobster, claws pulled & cut in quarters
(optional) 16 oz scallops

SEAFOOD STOCK
Pick up FRESH fish bones, skin, heads, tails, shrimp shells, 2lb total.
Rinse well in cold water, add about one quart of water per pound of bones, add a couple of carrot, one stalk of celery without leaves, one medium onion. Salt & pepper lightly.
Bring to a boil & simmer without cover until reduced by half.

RECIPE
In a saucepan, heat dash of extra virgin olive oil & add, leeks, garlic
Sauté until leeks wilted
Add 8 oz white wine
Simmer with wine for five minutes until the alcohol evaporates,
Add: Seafood broth or Clam juice, thyme, celery salt, fennel seed, basil, bay leaves, Tomato Sauce, Salt & pepper to taste
Slowly bring to a boil & simmer until diced potatoes are almost soft to the bite.
Add Seafood

Simmer for 15 more minutes or until the diced potatoes, lobster meat is done & the mussels are open. Taste & season with salt & pepper before serving.

Val's





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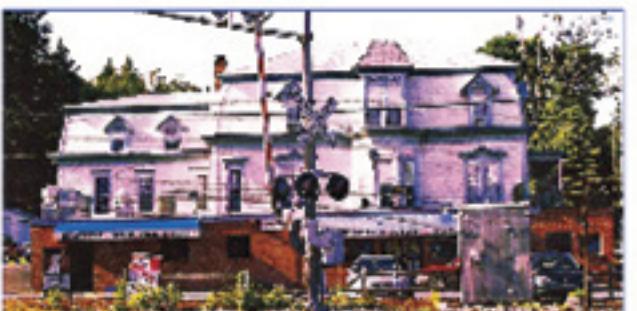
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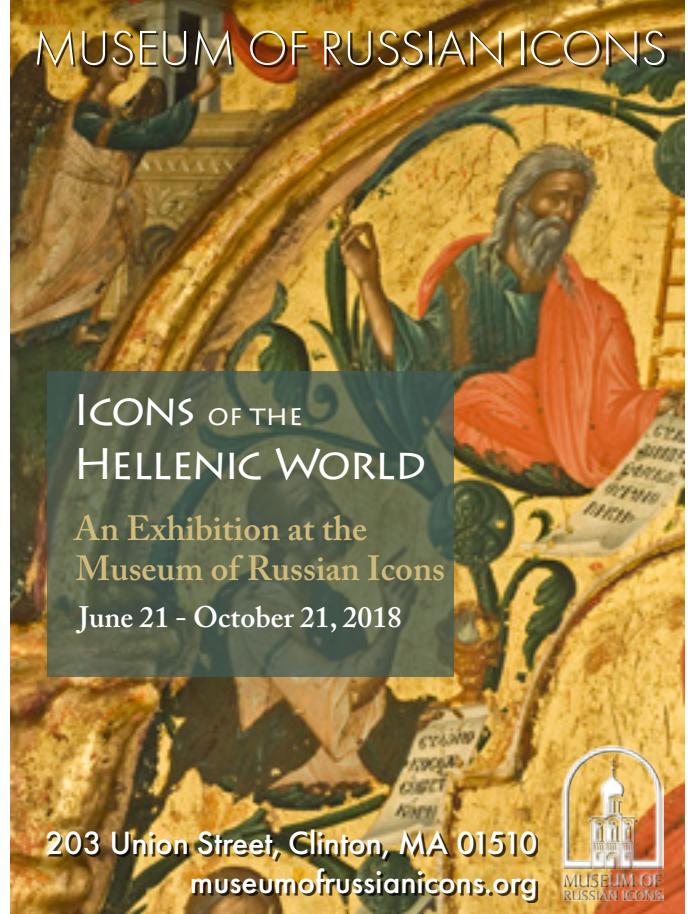
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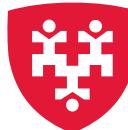
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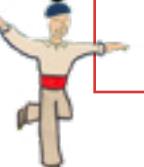
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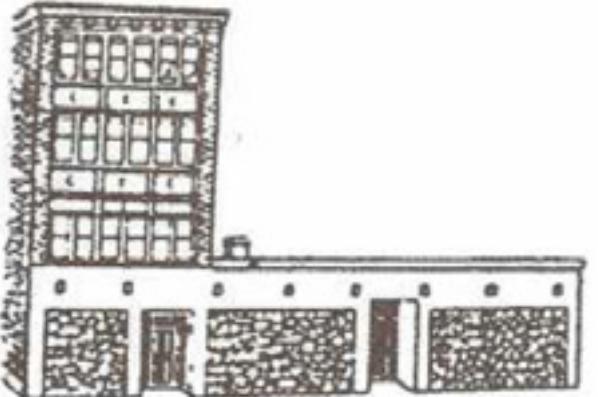
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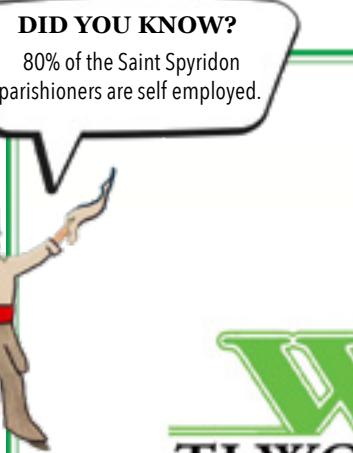


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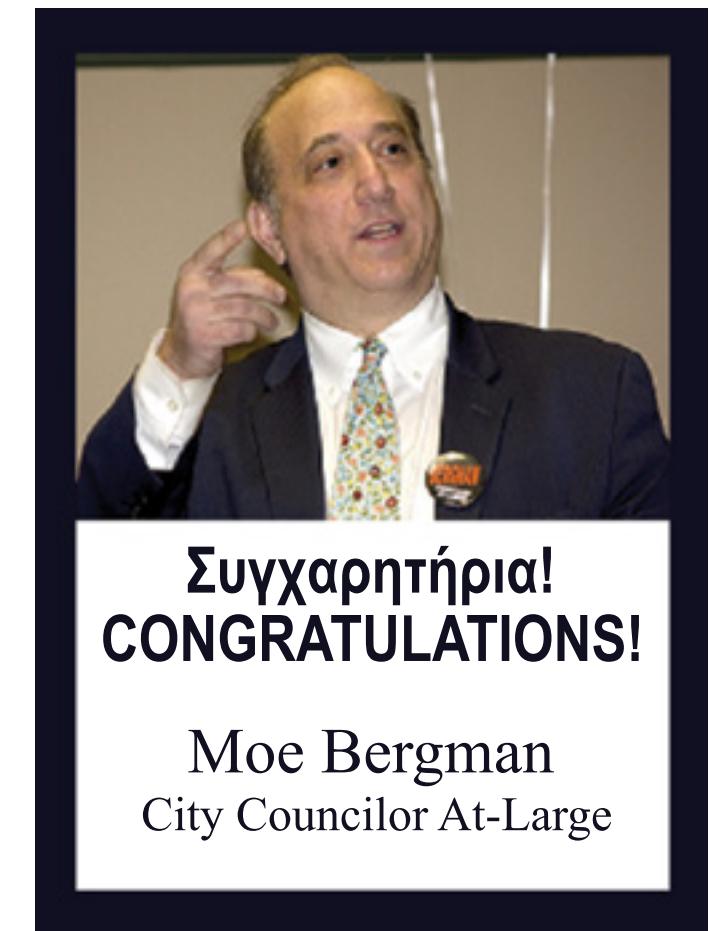
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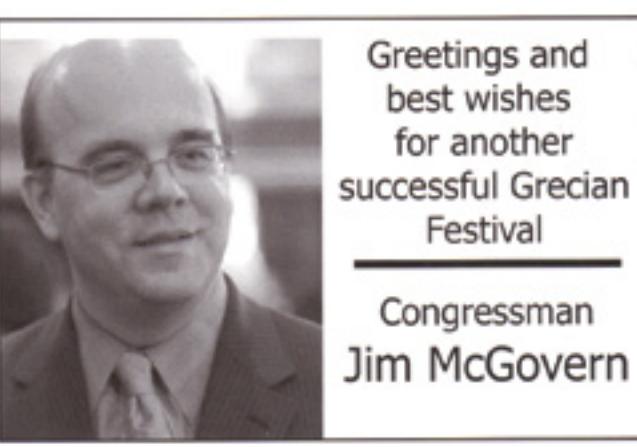


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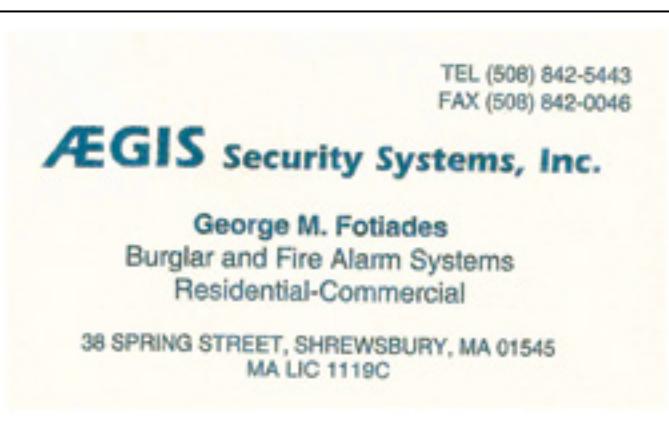


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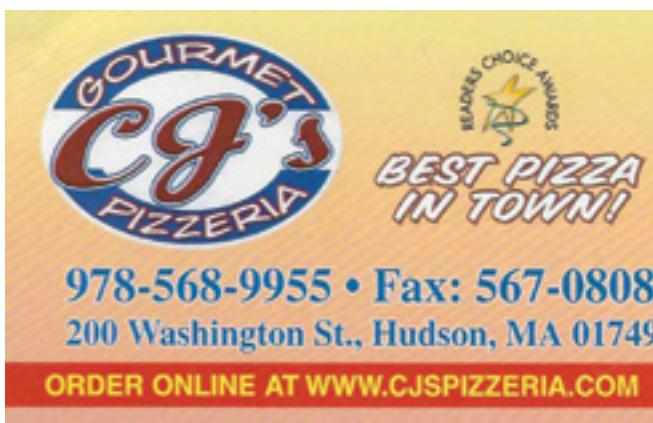
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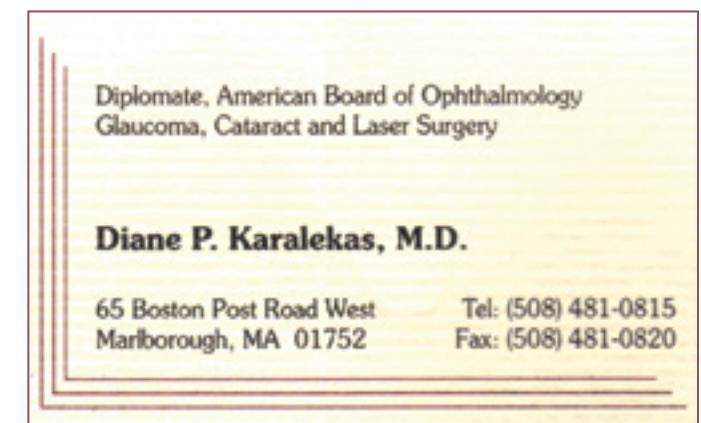
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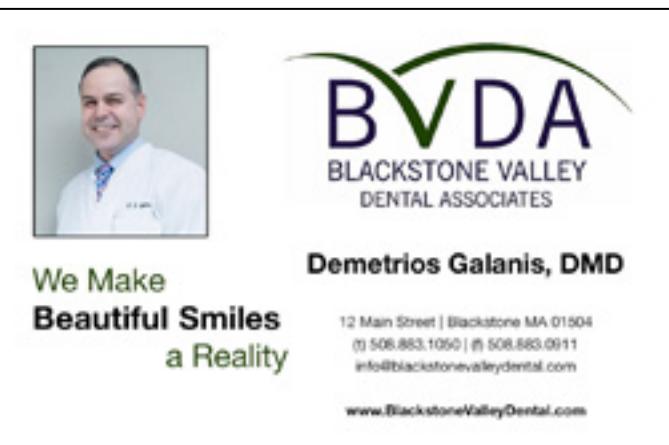
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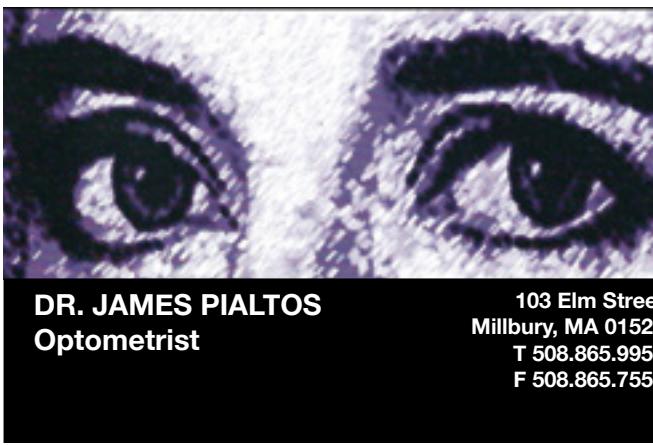
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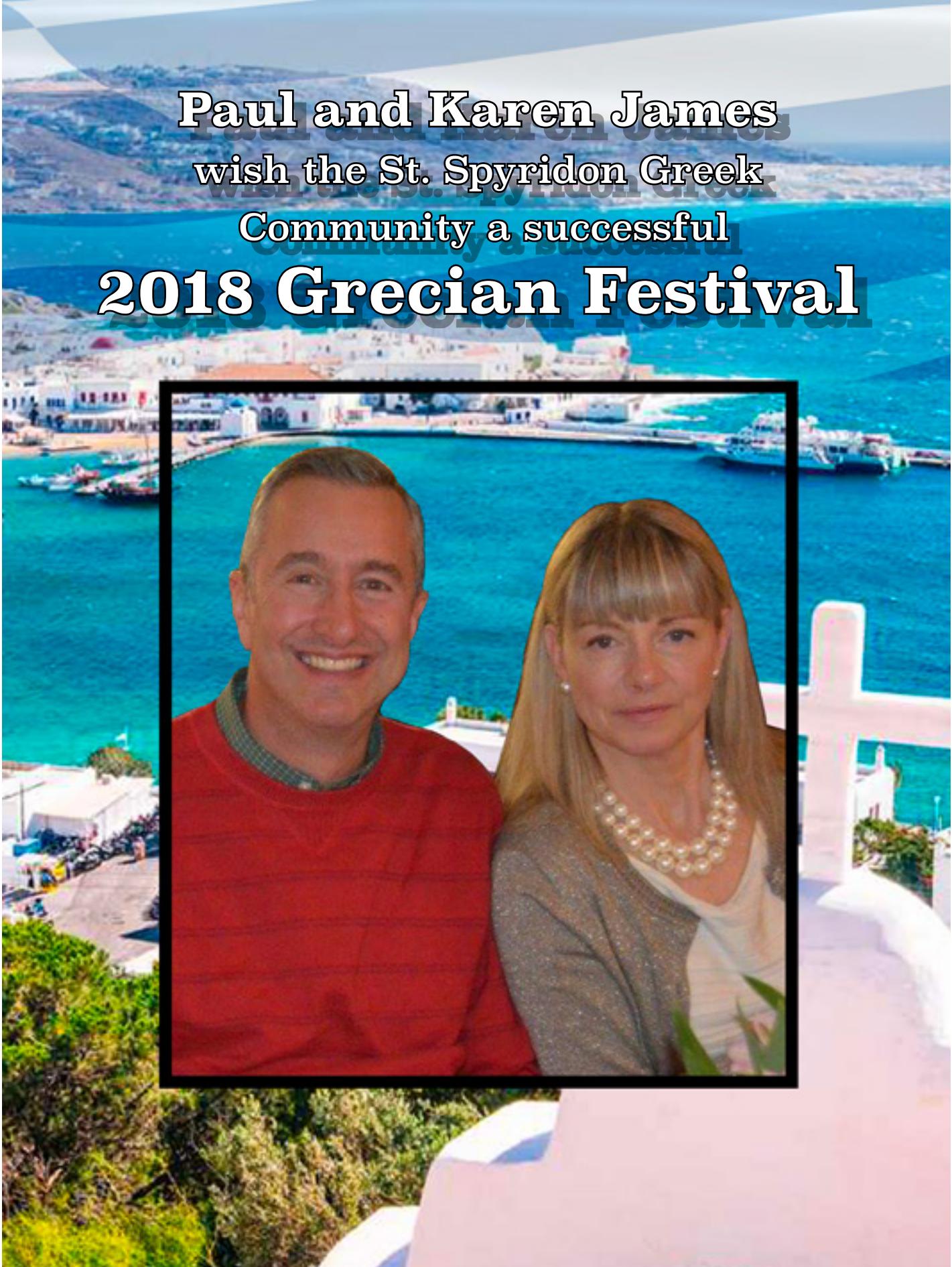
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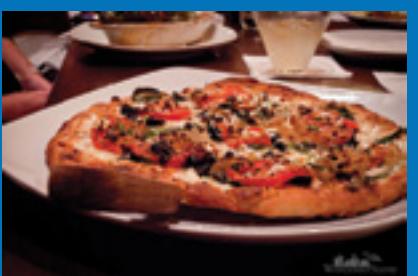
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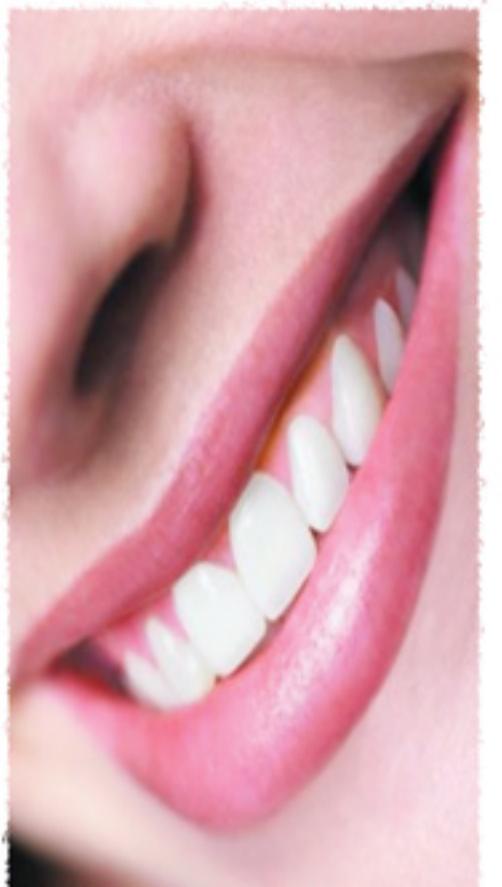
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