

A word cloud representing feedback from the 'How to Use This Book' section. The words are arranged in a circular pattern around the central word 'information'. The words include: 'understand', 'practical', 'experience', 'book', 'beginning', 'helpful', 'workshop', 'training', 'learn', 'time', 'people', 'difficult', 'dont', 'ideas', 'idea', 'lots', 'medical', 'questions', 'feedback', 'understood', 'enjoyed', 'week', 'glasses', 'wouldnt', 'benefit', 'tool', 'test', 'practise', 'developing', and 'security'.