

*He is...*



7 DAY  
PRAYER  
JOURNEY



## 7 Day Prayer Journey Monday Day 1 – Jesus is King

### Daily Reading

- Zechariah 9:9
- Luke 19:29-40
- John 12:12-13

### Devotional:

As Jesus entered Jerusalem, crowds of people came out to meet Him, rejoicing and proclaiming Him King of kings. They proclaimed Jesus as Lord and cried out "Hosanna" while waiving palm branches to celebrate His victorious arrival and honor His royalty. Their sound was joyful and triumphant, for their King had arrived. They placed their garments across the road in acknowledgment of His Lordship. Their rejoicing filled the city of Jerusalem that day as they celebrated Christ as King.

It was the first time Jesus did not tell His followers to be quiet about who He was. The religious leaders asked Jesus to quiet the crowds. He responded, "I tell you that if these should keep silent, the stones would immediately cry out." (Luke 19:40 NKJV) Jesus refused to take away their right to worship Him. He pointed out that it would be more likely that the impossible would happen before He could silence the praises of His people. It was the praise and worship of the crowd that day that announced King Jesus had come to establish His Kingdom.

Every day we wake up is a fresh start and a new opportunity to acknowledge Jesus as King. We get to shout His praises and announce His Kingship. How do we do this? We proclaim Him as the King of our lives by living a life that represents His kingdom. We are called to love others as Christ first loved us. "By this everyone will know that you are my disciples, if you love one another" (John 13:35 NIV). We have been given a daily duty to the Kingdom of God to celebrate Jesus as King by being the example of Christ to the world around us. Others will see the love in us and will want to know more about the good news of Jesus Christ. We can share His love by loving others the way He loves them. We will demonstrate true love when we allow Him to establish His kingdom through us. As we love as He loves, our lives will loudly cry, "Jesus is King!"

### Reflection

- What else can you do today that will proclaim Jesus is King of your life?

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### Prayer

Jesus, thank You that You came into this world to establish Your kingdom. You came to be King over all the earth and bring Your people love and reconciliation. Help me to be the best example of Your kingdom that I can be by loving everyone. Show me how to love as You love. Help me to have a heart like Yours. I long to see Your Kingdom established in me. Help me to proclaim You as King of my life by living the way You want me to live and to love like You want me to love.

In the Name of Jesus I pray, Amen!



## 7 Day Prayer Journey

### Tuesday Day 2 – Jesus is Worthy

#### Daily Reading

- Matthew 26:6-13
- Mark 14:3-9
- Romans 12:1

#### Devotional:

Throughout the Bible, perfumed oil was traditionally poured over the body when a person died. It was to both bless the body and slow down its decay. The spiced oils were usually costly and very treasured. Many times, it was housed in precious sealed jars such as alabaster. To get the oil out of the jar, it would have to be broken open, and the contents spilled out. There was no saving the vessel and no way to undo it.

In today's reading, a woman comes in to anoint Him for burial as Jesus and His disciples gather. The value of the contents of her oil vessel had to have been great. Yet she was willing to break it open and use it to anoint Jesus. She had decided that no matter what the cost, the oil had to be poured out as she worshiped her King. When the disciples and guests protested the waste, Jesus defended her actions. He explained that what she had done was to prepare for Him for His burial. It didn't matter to her what the others had to say. She was not concerned about what they thought. Jesus responded to her worship by defending it.

Worship is our way to anoint Jesus. He desires this same type of broken and poured-out act of worship. True worship should come at a great cost. It is a sacrifice to set aside our egos and pride. Worship doesn't concern itself with what others think about it. It focuses attention on Jesus alone. He knows the cost of the oil of our worship. He knows what it took for us to be broken. "And so, dear brothers and sisters, I plead with you to give your bodies to God because of all He has done for you. Let them be a living and holy sacrifice - the kind He will find acceptable. This is truly the way to worship Him" (Romans 12:1 NLT). He loves when you give your best, your broken worship. He will restore your brokenness to wholeness as you worship Him.

#### Reflection

- What are some other ways that you can worship Jesus today?

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#### Prayer

Jesus, thank You for loving me enough to take my brokenness in exchange for wholeness. The source of my brokenness will no longer hold my attention. I turn my face to You to look thoroughly at Your grace. I give You my broken pieces and leave them at Your feet. I know that wholeness will come as I worship You. I will worship You with my whole heart. I will let my life sing Your praises and testify of Your goodness. My worship will anoint You with honor and glory like oil poured from a broken vessel.

In the Name of Jesus I pray, Amen.



## 7 Day Prayer Journey

### Wednesday Day 3 – Jesus is Redeemer

#### Daily Reading

- Matthew 26:17-30
- Luke 22:19-20
- I Corinthians 11:23-28

#### Devotional:

As the events of the last supper unfolded, none shaped as many religious ceremonies as when Jesus shared the broken bread and the cup of wine with His 12 disciples. The weight of the events to come was heavy on the mind of Jesus as He shared with them that His time had come, and His death was close. In a moment of

foreshadowing, Jesus broke the bread and gave it to them. He told them the broken bread represented His body that would be broken. He passed a cup of wine and told them it represented His blood that would be spilled. This was a sacred moment that we now call communion. He told His disciples, "...Do this in remembrance of me" (I Corinthians 11:24 & 25 NIV).

It was a call for His people to remember His sacrifice. He was beaten, broken, and died for us. All of this happened so we could be reconciled to God and have a personal relationship with Him. God desires to spend time with us and share His heart. It is the most authentic meaning of the word communion. The fall of Adam broke the relationship between God and humanity. God had walked in the garden and spent time with Adam. God communed with them. He still desires that same type of communion with us. So, He sent His Son to redeem us back to Himself. Jesus suffered and died to save us so His blood could cover our sins and make us righteous before God.

When we take communion, we do so to remember the sacrifice Jesus paid so that we could commune with the Father once again. We also commune with Him by meditating on His Word, praying, and singing His praises. Communion is a time to remember Jesus' sacrifice for reconciliation. God is calling us back into a relationship so He can spend time with us. He wants to be in communion with His creation.

#### Reflection

- What will you do today to establish a deeper relationship with God and commune with Him?

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#### Prayer

Jesus, thank You for the sacrifice You made for my sins. Thank You for making a path of redemption so that I may be able to commune with and have a relationship with You. Help me remember this sacrifice and honor what You have done by spending time in prayer, meditation, and worship. Help me to set aside time every day to spend in Your presence. I want to build my life upon a solid relationship with You. I know that I can only do this by spending time with You and keeping in communion with You.

In the Name of Jesus I pray, Amen.



## 7 Day Prayer Journey

### Thursday Day 4 – Jesus is Our Example

#### Daily Reading

- Matthew 26:36-44
- Mark 14:32-41
- Luke 22:39-46

#### Devotional:

The hour that Jesus would be betrayed was quickly nearing. He took His disciples to the Garden of Gethsemane at the Mount of Olives to pray and await Judas' kiss. Historically, the garden was an olive grove and press at the base of the Mount of Olives. For the harvest, olives were brought to this press to be crushed and ground into olive oil. Olives have always been a symbol of eternal life. It was fitting that Jesus, God manifested in the flesh, would go to this very spot to pray on this night. Here, He would be pressed so that eternal life could begin to be released into the earth.

As Jesus prayed, the weight of the sins of the entire world, past, present, and future, rested fully on His shoulders. "Abba, Father," He cried out, 'everything is possible for You. Please take this cup of suffering away from me. Yet I want Your will to be done, not Mine'" (Mark 14:36 NLT). Our sins were so heavy that Jesus asked to be released from the task He would soon face. His flesh was weak. He was being crushed under the weight of our sins. In Luke, it says that as He prayed, angels came to minister to Him to strengthen Him. His final cry to God was a cry of total surrender. "Yet I want Your will to be done, not Mine." Jesus was our example of how to face difficulties.

Life is, at times, overwhelming. Life is life, people are people, and we must all endure heartaches, disappointments, and tragedies. But we have hope and a promise from God that He will never leave or forsake us. Our flesh can cry out to God to remove these troubles, but with trust in Him, we can face them and say, "Your will be done, not mine." We must surrender our brokenness to Him and trust He will work it out for our good. When we surrender and let God have control, He is unhindered and can use every situation to testify to His love. He will be magnified if we humble ourselves and surrender to His will. He will see us through if we can say, "Your will, not mine."

#### Reflection

- What do you want to surrender to God today?

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#### Prayer

Jesus, thank You for being the perfect example of facing trying times. It was a heavy burden to carry my sins, let alone the sins of the world. I face troubles, have hurts, and endure situations that sometimes overwhelm me. Could You help me to trust in You fully? I know that by Your strength, I can make it through anything. I will give my situation to You today. I can't carry them anymore. Receive glory in my weakness. You are my strength. Thank You for being my example of surrender. In the Name of Jesus I pray, Amen.



## 7 Day Prayer Journey Friday Day 5 – Jesus is Healer

### Daily Reading

- Matthew 27:11-31
- John 19:1-3
- Isaiah 53:5

### Devotional:

Approximately 700 years before Christ, Isaiah prophesied that the Messiah would be tortured. The torture surrounding the crucifixion was brutal. Jesus was stripped and beaten with rods and a whip with metal shards and pottery in the ends. He was punched, kicked, spat on, humiliated, and mocked. His body was so weak when it came to His crucifixion that His cross had to be carried. Christ had prayed that this suffering passes from Him but submitted to the will of God so that you and I could have healing and wholeness.

We focus on the verse from Isaiah mainly as a verse for physical healing. However, it covers so much more. It says Christ was pierced in His side because we are rebellious. It was so we could find a path of obedience through willing submission. He was crushed or bruised because of our sin. Christ took the punishment for our sins so that we wouldn't have to. The beatings that He took were so we could be made whole. He was broken so that we could be put back together. Because of the stripes laid across His back, we can have healing. It wasn't just for physical healing but for emotional and spiritual healing.

God desires for us to walk in wholeness and healing. He knew that we would face situations in our lives that would break us, crush us, and beat us down. He made a way for us to be made whole through the suffering He endured. Because He went through the torture, we can live in wholeness. We can be healed and made whole physically, emotionally, and spiritually. He knows we will be broken, but He never intended us to stay broken. He wants us to have life and life abundantly. How can we live life abundantly if we remain bruised, crushed, and broken? Jesus is our healer. He wants to make us whole.

### Reflection

- What area of your life do you need wholeness in? How can God heal you today?

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### Prayer

Jesus, thank You for the suffering and torture You withstood because of me. You endured it all so I can live a healed and whole life. I ask You to heal my mind, body, and spirit today. Fix the broken, bruised, and crushed pieces of my life. Make me whole again. I am tired of living broken. I know it is through Your sacrifice that I can live abundant in You. I receive Your healing today so that I can be made whole. You are my healer. You make all things new.

In the Name of Jesus I pray, Amen.



## 7 Day Prayer Journey

### Saturday Day 6 – Jesus is The Lamb

#### Daily Reading

- Luke 23:26-49
- John 15:13
- 2 Corinthians 5:21

#### Devotional:

From the time of Adam, there has always been a penalty for sin. Death. The final punishment for humanity was that our bodies were to die. "By the sweat of your brow will you have food to eat until you return to the ground from which you were made. For you were made

from dust, and to dust you will return" (Genesis 3:19 NLT). Humanity continued to do evil in the sight of God, and He decided to destroy it by the flood. Only Noah and his family were spared. Later, God called the family of Abraham to be His chosen people. But they, too, continued to do evil. Through Moses, God established a plan for atonement. Once a year, the high priest would take a spotless lamb, one without defect or imperfection, and sacrifice it as an atonement for the sins of the children of Israel. It only pushed their sin ahead for one year. But God had a better plan. He wanted to free His people from the curse of sin and grant them access to reconciliation.

Centuries later, God would send His Son to the Earth to become the final sacrifice for the sins of the entire world. Jesus became the spotless Lamb for our atonement. He paid the price for sin even though He was perfect and sinless. "For He made Him who knew no sin to be sin for us, that we might become the righteousness of God in Him" (2 Corinthians 5:21 NKJV). Just as the animal sacrifices, His death was bloody. He died in unbearable physical pain. He endured emotional anguish as well. He took on the guilt and shame so we wouldn't have to live in condemnation. No other blood sacrifice could have ever done that, nor would it be needed. Christ bled and died so that we could live. Our bodies will die unless we are caught away when Christ returns. But we are reconciled and can have a relationship with God, our Father. The sacrifice He made paid it all. The old hymn says, "Jesus paid it all. All to Him I owe. Sin had left a crimson stain; He washed it white as snow."

#### Reflection

- How can you show Him gratitude today for His sacrifice?

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#### Prayer

Jesus, the price You paid for my sin debt is more significant than anything I could have paid. What You did was the greatest act of love. There is no greater love than to lay down one's life for one's friend. Thank You for laying down Your life for me. Thank You for shedding Your blood so my sins can be washed away. Thank You for making all things right. Help me to robe myself in your righteousness and walk with You daily. My life no longer belongs to me. I give it all to You.

In the Name of Jesus I pray, Amen.



## 7 Day Prayer Journey

### Sunday Day 7 – Jesus is Victorious

#### Daily Reading

- Matthew 28:1-20
- John 10:10
- 1 Corinthians 15:55-57
- Revelation 1:18

#### Devotional:

What makes Christianity different and separate from all other religions is that Jesus Christ, our Messiah, was raised from the dead by the power that dwelt in Him. Jesus said to Martha, the sister of Lazarus "I am the resurrection and the life..." (John 11:25 NIV). He told her that the power that speaks life is the same power that resurrects life. And this power lived inside of Him. At the beginning of time, God

spoke into nothing, and everything was. This same Word became flesh, Christ Jesus. The power that made the universe and everything in it stood before Martha that day. Therefore, this same power raised Jesus back to life because He was life and the resurrection.

The enemy tried to kill God's plan for the redemption of humanity. But the enemy didn't realize that God was about turn that plan around. They thought it would be over if they could kill Jesus, and they would have won the war to keep humanity in chains of sin. But God not only proved the sins of man were forgiven through Christ, but we could have the power to overcome them. He did this by resurrecting Christ from the dead and displaying His power over death, hell, and the grave. Jesus walked out of the grave victorious over it. Because He is alive, He has absolute control and is victorious over the curse of sin. Now we can live in Christ and share in His victory.

God desires us to live a victorious life. Forgiving our sin begins our journey of new life in Christ. He rose from the dead so that we could have the power to be victorious over addictions, pain, shame, and regret. Jesus said, "But I have come to give you everything in abundance, more than you expect - life in its fulness until you overflow" (John 10:10 TPT). Jesus came to redeem us back to our Father. And in doing so, He gave us the power to be victorious. We are free from the curse of sin and the control it wants to have. Live victorious today because He is victorious forever!

#### Reflection

- What do you need victory over today?

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#### Prayer

Jesus, thank You for the resurrection power and for bringing new life into dead situations. Because of You, I no longer live in fear or worry. I can live daily in victory because You have already won the battle for me. Help me in overcoming the struggles that I face. Give me the strength to be victorious over sin and shame. I trust in Your power to break the chains that try to hold me down. I will live victorious in you because you are my victory!

In the Name of Jesus I pray, Amen.