

Sample Type / Medical Specialty: General Medicine

Sample Name: Gen Med Progress Note - 3

Description: Sample progress note - Gen Med.

(Medical Transcription Sample Report)

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CHIEF COMPLAINT: Followup on diabetes mellitus, hypercholesterolemia, and sinusitis.

SUBJECTIVE: A 70-year-old female who was diagnosed with diabetes mellitus last fall. She has been checking her Accu-Cheks generally once a day, and they range from 82 to a high of 132. She feels well. She walks 1-2 miles most days. If the weather is bad, they go to a local mall. Otherwise they walk outside. She does complain of some sinus congestion and drainage for the last several days. She is up-to-date on her mammogram that she had at the Baylis Building. She sees Dr. Cheng for her gynecological care. She is a nonsmoker. Denies abdominal pain, nausea, vomiting, diarrhea, constipation, blood in her urine, blood in her stools. She has nocturia x 1. Denies swelling in her ankles. She checks her feet regularly.

PAST MEDICAL HISTORY: Refer to chart.

MEDICATIONS: Refer to chart.

ALLERGIES: Refer to chart.

PHYSICAL EXAMINATION:

Vitals: Wt: 185 B/P: 142/70. When she checks it at the mall and other places, it is usually about 120/56. T: 96.5 P: 84 and regular.

General: A 70-year-old female who does not appear to be in acute distress.

HEENT: She has frontal and maxillary sinus tenderness on the right to palpation. The right TM is slightly dull.

Neck: Supple.

Heart: Clear.

Lungs: Clear.

Abdomen: Large, nontender. No swelling.

IMPRESSION:

1. Hypercholesterolemia.
2. Diabetes mellitus.
3. Sinusitis.

PLAN:

1. Allegra D 1 p.o. b.i.d. x 3 days.
2. Allegra 180 mg daily x 7 days.
3. Check an A1c, BMP, lipid profile, TSH.
4. She was given a copy of Partners in Prevention.
5. We discussed colonoscopy, and she is not ready to do that right now.
6. Will check stools for occult blood x 3. She is aware that a colonoscopy could pick up an early cancer.
7. Diet, exercise, weight loss stressed. We will let her know the results of her tests.
8. Refilled her prescriptions x 6 months.