



Dipartimento di Ingegneria e Scienza dell'Informazione

KnowDive Group

SU2 Time Diaries Codebook

Date

2022.02.01 v0.1

Reference persons

Matteo Busso

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Trento, Italy

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Revision History

| Revision | Date | Author | Description of Changes |
|----------|------------|--------------|------------------------|
| 0.1 | 2022.02.01 | Matteo Busso | Document created |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

Data report overview

The dataset examined has the following dimensions:

| Feature | Result |
|------------------------|--------|
| Number of observations | 168095 |
| Number of variables | 13 |

Codebook summary table

| • | | | unique | |
|--|-----------------------|-----------|--------|---------|
| Label | Variable | Class | values | Missing |
| The participant's identifier | userid | numeric | 158 | 0.00 % |
| Date and time when the notification had to be sent by the server | dt | POSIXct | 1063 | 0.00 % |
| Date when the notification was to be sent by the server (Missing = No notification sent) | questiontimestamp | POSIXct | 906 | 37.88 % |
| Date and time when the notification was received by the user (Missing = No notification received) | notificationtimestamp | POSIXct | 102877 | 37.88 % |
| Date and time when the notification was answered by the user (Missing = No answer) | answertimestamp | POSIXct | 102307 | 37.88 % |
| Time elapsed for answering the notification | answerduration | numeric | 22338 | 37.88 % |
| Time elapsed between sending the notification and its response | delta | numeric | 87058 | 37.88 % |
| What are you doing? | what | factor | 23 | 37.88 % |
| How are you moving? | how | factor | 7 | 94.86 % |
| Where are you? | where | factor | 17 | 52.59 % |
| With whom are you? | withwhom | factor | 9 | 47.50 % |
| What is your mood? | mood | numeric | 6 | 47.50 % |
| Weeks of the experiment. During the first two weeks, questions were asked every half hour; during the second two they were reduced to every two hours. | week | character | 2 | 0.00 % |

Daily contributions

1st Weeks

| userid | W | T | F | S | S | M | T | W | T | M | S | S | M | T | W | userid | W | T | M | S | S | M | T | W | T | M | S | S | M | T | W |
|--------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|--------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 0 | 35 | 28 | 34 | 38 | 35 | 36 | 35 | 30 | 28 | 27 | 27 | 17 | 18 | 15 | 28 | 79 | 31 | 46 | 48 | 29 | 39 | 44 | 47 | 48 | 48 | 45 | 41 | 44 | 42 | 44 | 47 |
| 1 | 37 | 46 | 38 | 34 | 31 | 33 | 42 | 42 | 48 | 48 | 48 | 45 | 43 | 48 | 46 | 80 | 29 | 29 | 35 | 33 | 29 | 29 | 29 | 32 | 28 | 29 | 30 | 33 | 31 | 28 | 32 |
| 2 | 27 | 23 | 29 | 29 | 28 | 26 | 27 | 25 | 26 | 27 | 27 | 14 | 28 | 23 | 27 | 81 | 33 | 45 | 36 | 38 | 40 | 29 | 36 | 33 | 34 | 36 | 36 | 32 | 39 | 32 | 34 |
| 3 | 34 | 34 | 38 | 38 | 34 | 33 | 37 | 47 | 32 | 34 | 31 | 30 | 32 | 30 | 31 | 82 | 36 | 47 | 36 | 32 | 34 | 37 | 45 | 44 | 44 | 42 | 34 | 33 | 37 | 40 | 41 |
| 4 | 33 | 43 | 32 | 44 | 36 | 48 | 48 | 48 | 44 | 40 | 27 | 44 | 37 | 36 | 21 | 83 | 29 | 19 | 15 | 28 | 21 | 11 | 19 | 21 | 18 | 28 | 7 | 10 | 26 | 35 | 34 |
| 5 | 36 | 45 | 48 | 46 | 48 | 44 | 36 | 46 | 48 | 44 | 48 | 48 | 47 | 46 | 47 | 84 | 35 | 33 | 38 | 32 | 43 | 33 | 31 | 33 | 36 | 35 | 32 | 31 | 33 | 37 | 31 |
| 6 | 37 | 46 | 45 | 44 | 48 | 46 | 38 | 36 | 34 | 32 | 28 | 46 | 48 | 47 | 43 | 85 | 33 | 46 | 34 | 47 | 45 | 41 | 47 | 46 | 47 | 46 | 45 | 46 | 46 | 47 | 47 |
| 7 | 32 | 30 | 48 | 47 | 47 | 47 | 47 | 47 | 46 | 48 | 47 | 48 | 41 | 44 | 47 | 86 | 35 | 31 | 40 | 31 | 36 | 33 | 34 | 44 | 33 | 32 | 38 | 37 | 26 | 24 | 32 |
| 8 | 29 | 31 | 30 | 24 | 29 | 22 | 19 | 18 | 26 | 25 | 30 | 16 | 28 | 32 | 28 | 87 | 33 | 42 | 30 | 46 | 48 | 47 | 47 | 47 | 42 | 46 | 47 | 47 | 30 | 46 | 46 |
| 9 | 26 | 42 | 41 | 43 | 37 | 38 | 45 | 40 | 28 | 42 | 35 | 35 | 34 | 42 | 39 | 88 | 34 | 33 | 33 | 34 | 34 | 37 | 33 | 25 | 36 | 36 | 30 | 25 | 28 | 37 | 35 |
| 10 | 31 | 21 | 32 | 28 | 31 | 35 | 33 | 30 | 32 | 33 | 26 | 26 | 31 | 28 | 35 | 89 | 35 | 30 | 35 | 37 | 20 | 23 | 40 | 35 | 33 | 35 | 31 | 28 | 30 | 36 | 31 |
| 11 | 34 | 47 | 42 | 43 | 43 | 38 | 40 | 41 | 41 | 43 | 46 | 38 | 33 | 39 | 40 | 90 | 36 | 41 | 48 | 48 | 48 | 47 | 42 | 44 | 42 | 43 | 48 | 41 | 47 | 46 | 48 |
| 12 | 33 | 47 | 41 | 35 | 47 | 48 | 48 | 48 | 46 | 39 | 48 | 37 | 46 | 33 | 45 | 91 | 20 | 9 | 33 | 16 | 23 | 21 | 21 | 41 | 36 | 47 | 9 | 19 | 40 | 44 | 32 |
| 13 | 35 | 45 | 44 | 48 | 47 | 48 | 44 | 48 | 43 | 48 | 48 | 48 | 46 | 48 | 48 | 92 | 33 | 36 | 37 | 38 | 34 | 44 | 40 | 35 | 34 | 41 | 27 | 22 | 40 | 47 | 48 |
| 14 | 33 | 41 | 42 | 42 | 40 | 42 | 39 | 42 | 48 | 45 | 46 | 44 | 40 | 44 | 42 | 93 | 23 | 41 | 45 | 45 | 41 | 36 | 40 | 37 | 43 | 38 | 38 | 33 | 26 | 34 | 40 |
| 15 | 31 | 21 | 29 | 21 | 30 | 29 | 24 | 31 | 15 | 15 | 22 | 32 | 20 | 26 | 30 | 94 | 36 | 36 | 31 | 34 | 40 | 37 | 37 | 40 | 39 | 40 | 35 | 37 | 37 | 39 | 36 |
| 16 | 17 | 45 | 40 | 28 | 29 | 34 | 41 | 45 | 19 | 46 | 44 | 30 | 29 | 41 | 43 | 95 | 27 | 38 | 25 | 40 | 44 | 39 | 34 | 44 | 37 | 36 | 44 | 24 | 46 | 42 | 22 |
| 17 | 37 | 37 | 35 | 45 | 48 | 48 | 47 | 36 | 48 | 47 | 45 | 48 | 35 | 46 | 44 | 96 | 20 | 29 | 31 | 30 | 34 | 38 | 28 | 34 | 37 | 21 | 29 | 32 | 30 | 30 | 27 |
| 18 | 5 | 34 | 30 | 26 | 30 | 33 | 39 | 30 | 46 | 27 | 19 | 47 | 43 | 43 | 36 | 97 | 33 | 45 | 44 | 28 | 41 | 44 | 24 | 31 | 26 | 7 | 47 | 48 | 45 | 43 | 46 |
| 19 | 37 | 43 | 39 | 33 | 32 | 30 | 29 | 40 | 37 | 38 | 35 | 33 | 29 | 39 | 36 | 98 | 26 | 25 | 35 | 28 | 11 | 33 | 34 | 31 | 33 | 13 | 0 | 21 | 30 | 31 | 26 |
| 20 | 36 | 36 | 47 | 45 | 36 | 47 | 48 | 47 | 48 | 46 | 44 | 48 | 47 | 48 | 48 | 99 | 34 | 34 | 29 | 28 | 33 | 41 | 40 | 48 | 45 | 38 | 32 | 38 | 35 | 39 | 32 |
| 21 | 32 | 43 | 48 | 47 | 37 | 44 | 34 | 45 | 48 | 45 | 47 | 44 | 43 | 48 | 44 | 100 | 27 | 37 | 43 | 31 | 45 | 34 | 41 | 41 | 35 | 29 | 43 | 46 | 46 | 37 | 30 |
| 22 | 17 | 43 | 42 | 23 | 44 | 41 | 40 | 46 | 48 | 39 | 27 | 46 | 45 | 41 | 46 | 101 | 32 | 42 | 44 | 48 | 46 | 48 | 41 | 37 | 45 | 47 | 31 | 42 | 39 | 39 | 25 |
| 23 | 3 | 44 | 19 | 31 | 16 | 41 | 37 | 34 | 44 | 45 | 18 | 39 | 13 | 45 | 24 | 102 | 28 | 26 | 25 | 24 | 28 | 28 | 33 | 26 | 24 | 26 | 24 | 30 | 32 | 28 | 28 |
| 24 | 31 | 23 | 42 | 23 | 36 | 31 | 48 | 35 | 34 | 28 | 30 | 27 | 32 | 33 | 46 | 103 | 31 | 46 | 47 | 0 | 38 | 35 | 31 | 29 | 31 | 45 | 31 | 17 | 32 | 17 | 17 |
| 25 | 34 | 36 | 26 | 33 | 32 | 28 | 33 | 38 | 35 | 35 | 33 | 32 | 32 | 35 | 35 | 104 | 36 | 36 | 37 | 35 | 42 | 43 | 36 | 38 | 45 | 35 | 40 | 38 | 34 | 44 | 46 |
| 26 | 34 | 46 | 48 | 30 | 45 | 45 | 46 | 48 | 44 | 44 | 45 | 43 | 44 | 45 | 48 | 105 | 37 | 44 | 47 | 48 | 40 | 33 | 42 | 46 | 46 | 31 | 46 | 21 | 44 | 48 | 46 |
| 27 | 33 | 37 | 28 | 32 | 31 | 34 | 31 | 35 | 35 | 36 | 30 | 36 | 35 | 30 | 22 | 106 | 24 | 42 | 37 | 45 | 32 | 30 | 21 | 43 | 35 | 44 | 47 | 44 | 46 | 42 | 45 |
| 28 | 35 | 32 | 36 | 46 | 41 | 29 | 25 | 34 | 36 | 27 | 36 | 31 | 28 | 33 | 35 | 107 | 37 | 46 | 38 | 45 | 25 | 42 | 39 | 42 | 46 | 28 | 24 | 10 | 40 | 46 | 48 |
| 29 | 37 | 33 | 36 | 29 | 29 | 29 | 31 | 23 | 41 | 39 | 30 | 32 | 31 | 31 | 41 | 108 | 31 | 40 | 35 | 43 | 48 | 45 | 42 | 42 | 45 | 41 | 42 | 48 | 29 | 40 | 40 |
| 30 | 29 | 33 | 25 | 18 | 38 | 40 | 40 | 43 | 44 | 46 | 48 | 39 | 41 | 36 | 30 | 109 | 25 | 41 | 34 | 47 | 16 | 48 | 31 | 29 | 32 | 14 | 29 | 4 | 20 | 29 | 21 |
| 31 | 0 | 45 | 46 | 47 | 43 | 47 | 48 | 44 | 37 | 35 | 33 | 19 | 45 | 40 | 21 | 110 | 33 | 22 | 24 | 29 | 35 | 26 | 24 | 26 | 23 | 22 | 17 | 11 | 13 | 34 | 25 |
| 32 | 34 | 47 | 43 | 48 | 48 | 48 | 48 | 48 | 48 | 38 | 48 | 48 | 48 | 48 | 48 | 111 | 33 | 45 | 45 | 48 | 44 | 41 | 46 | 42 | 48 | 48 | 48 | 48 | 42 | 48 | 48 |
| 33 | 36 | 34 | 30 | 28 | 27 | 36 | 38 | 37 | 36 | 37 | 36 | 32 | 35 | 35 | 33 | 112 | 36 | 31 | 33 | 34 | 34 | 35 | 36 | 37 | 35 | 29 | 30 | 33 | 34 | 33 | 36 |
| 34 | 29 | 35 | 40 | 40 | 30 | 35 | 35 | 37 | 36 | 41 | 39 | 40 | 39 | 35 | 47 | 113 | 25 | 12 | 19 | 38 | 12 | 14 | 5 | 27 | 17 | 17 | 4 | 18 | 30 | 15 | 18 |
| 35 | 36 | 35 | 37 | 45 | 36 | 39 | 29 | 37 | 38 | 36 | 35 | 36 | 36 | 36 | 35 | 114 | 31 | 43 | 36 | 30 | 31 | 27 | 26 | 32 | 22 | 27 | 32 | 38 | 32 | 30 | 32 |
| 36 | 28 | 26 | 42 | 46 | 45 | 47 | 47 | 41 | 11 | 35 | 33 | 37 | 27 | 22 | 47 | 115 | 35 | 46 | 38 | 26 | 24 | 30 | 48 | 39 | 42 | 48 | 42 | 15 | 41 | 42 | 44 |
| 37 | 30 | 35 | 41 | 39 | 31 | 45 | 37 | 33 | 38 | 43 | 27 | 34 | 21 | 45 | 30 | 116 | 37 | 38 | 44 | 41 | 38 | 41 | 40 | 42 | 26 | 21 | 39 | 46 | 30 | 43 | 32 |
| 38 | 30 | 28 | 25 | 32 | 38 | 34 | 28 | 29 | 31 | 26 | 24 | 29 | 31 | 33 | 25 | 117 | 26 | 42 | 30 | 48 | 42 | 24 | 22 | 44 | 47 | 45 | 27 | 39 | 35 | 47 | 44 |
| 39 | 25 | 21 | 27 | 22 | 18 | 35 | 27 | 26 | 26 | 25 | 35 | 35 | 28 | 29 | 31 | 118 | 28 | 45 | 36 | 48 | 39 | 33 | 37 | 36 | 36 | 46 | 44 | 47 | 45 | 38 | 41 |
| 40 | 13 | 35 | 38 | 48 | 46 | 37 | 46 | 44 | 43 | 46 | 34 | 41 | 32 | 40 | 45 | 119 | 28 | 29 | 40 | 38 | 30 | 36 | 35 | 37 | 28 | 34 | 27 | 23 | 11 | 24 | 37 |
| 41 | 25 | 26 | 25 | 22 | 31 | 32 | 34 | 30 | 34 | 28 | 29 | 29 | 25 | 28 | 31 | 120 | 31 | 27 | 34 | 33 | 41 | 34 | 31 | 37 | 33 | 16 | 30 | 39 | 36 | 33 | 23 |
| 42 | 35 | 35 | 28 | 33 | 32 | 32 | 31 | 36 | 30 | 33 | 34 | 25 | 31 | 33 | 34 | 121 | 33 | 37 | 42 | 38 | 38 | 48 | 44 | 42 | 48 | 47 | 38 | 32 | 43 | 47 | 47 |
| 43 | 36 | 45 | 48 | 48 | 46 | 48 | 48 | 42 | 46 | 46 | 44 | 47 | 43 | 45 | 48 | 122 | 37 | 47 | 46 | 45 | 47 | 47 | 48 | 46 | 46 | 46 | 48 | 47 | 45 | 45 | 46 |
| 44 | 32 | 43 | 47 | 47 | 46 | 37 | 44 | 45 | 41 | 46 | 48 | 45 | 42 | 46 | 25 | 123 | 37 | 38 | 45 | 48 | 48 | 45 | 44 | 42 | 38 | 29 | 33 | 45 | 47 | 44 | 44 |
| 45 | 29 | 34 | 48 | 41 | 46 | 44 | 34 | 43 | 33 | 39 | 35 | 40 | 35 | 31 | 36 | 124 | 32 | 35 | 36 | 39 | 35 | 32 | 34 | 26 | 29 | 26 | 33 | 35 | 32 | 22 | 32 |
| 46 | 36 | 46 | 46 | 47 | 47 | 47 | 47 | 46 | 47 | 48 | 45 | 47 | 41 | 39 | 46 | 125 | 33 | 43 | 26 | 20 | 40 | 43 | 31 | 44 | 33 | 36 | 10 | 37 | 40 | 48 | 35 |
| 47 | 37 | 46 | 44 | 35 | 46 | 48 | 48 | 44 | 46 | 48 | 46 | 46 | 26 | 39 | 39 | 126 | 28 | 44 | 42 | 48 | 40 | 41 | 48 | 41 | 47 | 45 | 48 | 48 | 45 | 45 | 42 |
| 48 | 32 | 36 | 41 | 32 | 43 | 36 | 36 | 41 | 36 | 48 | 48 | 47 | 42 | 43 | 39 | 127 | 33 | 31 | 35 | 30 | 31 | 28 | 37 | 30 | 36 | 30 | 38 | 37 | 30 | 33 | 22 |
| 49 | 32 | 47 | 31 | 30 | 38 | 41 | 48 | 31 | 43 | 24 | 37 | 39 | 41 | 34 | 47 | 128 | 26 | 28 | 19 | 48 | 13 | 48 | 47 | 48 | 48 | 45 | 32 | 18 | 47 | 36 | 32 |
| 50 | 30 | 29 | 28 | 35 | 33 | 32 | 33 | 30 | 25 | 11 | 26 | 35 | 25 | 31 | 26 | 129 | 37 | 37 | 42 | 34 | 41 | 48 | 41 | 46 | 40 | 36 | 47 | 34 | 48 | 32 | 43 |
| 51 | 35 | 30 | 26 | 24 | 34 | 30 | 35 | 35 | 29 | 34 | 31 | 31 | 37 | 33 | 32 | 130 | 30 | 16 | 20 | 29 | 10 | 29 | 32 | 13 | 32 | 33 | 34 | 35 | 28 | 35 | 24 |
| 52 | 32 | 30 | 32 | 35 | 39 | 36 | 31 | 32 | 32 | 29 | 31 | 32 | 28 | 32 | 27 | 131 | 27 | 47 | 50 | 35 | 26 | 47 | 47 | 47 | 30 | 25 | 43 | 30 | 46 | 48 | 34 |
| 53 | 29 | 46 | 46 | 41 | 45 | 46 | 48 | 45 | 46 | 48 | 47 | 44 | 44 | 44 | 48 | 132 | 37 | 46 | 48 | 46 | 46 | 47 | 42 | 44 | 48 | 48 | 48 | 48 | 48 | 44 | 47 |
| 54 | 35 | 36 | 36 | 33 | 22 | 31 | 24 | 26 | 36 | 29 | 33 | 26 | 32 | 38 | 29 | 133 | 33 | 32 | 34 | 34 | 35 | 31 | 33 | 30 | 35 | 35 | 39 | 25 | 32 | 33 | 33 |
| 55 | 31 | 31 | 42 | 43 | 47 | 42 | 41 | 44 | 45 | 40 | 32 | 46 | 46 | 42 | 46 | 134 | 17 | 32 | 35 | 23 | 33 | 21 | 27 | 33 | 25 | 27 | 25 | 35 | 20 | 33 | 23 |
| 56 | 33 | 43 | 46 | 48 | 48 | 47 | 42 | 48 | 48 | 47 | 48 | 42 | 48 | 48 | 48 | 135 | 34 | 43 | 43 | 47 | 48 | 48 | 46 | 47 | 44 | 45 | 46 | 48 | 45 | 47 | 48 |
| 57 | 29 | 26 | 19 | 39 | 28 | 48 | 32 | 12 | 34 | 46 | 45 | 29 | 29 | 25 | 30 | 136 | 36 | 47 | 39 | 35 | 39 | 36 | 32 | 35 | 45 | 43 | 39 | 47 | 48 | 47 | 38 |
| 58 | 22 | 27 | 39 | 40 | 42 | 36 | 36 | 36 | 33 | 36 | 34 | 29 | 33 | 31 | 35 | 137 | 33 | 32 | 35 | 44 | 35 | 33 | 32 | 32 | 33 | 33 | 38 | 39 | 24 | 32 | 29 |
| 59 | 32 | 41 | 24 | 37 | 27 | 38 | 28 | 36 | 33 | 38 | 43 | 44 | 38 | 46 | 46 | 138 | 14 | 30 | 29 | 27 | 38 | 27 | 21 | 25 | 18 | 30 | 21 | 21 | 25 | 8 | 27 |
| 60 | 34 | 36 | 30 | 43 | 39 | 38 | 27 | 33 | 30 | 36 | 46 | 39 | 29 | 39 | 25 | 139 | 36 | 47 | 48 | 48 | 15 | 45 | 47 | 48 | 48 | 41 | 46 | 47 | 35 | 39 | 45 |
| 61 | 24 | 39 | 44 | 44 | 46 | 48 | 45 | 48 | 44 | 48 | 39 | 44 | 48 | 47 | 42 | 140 | 36 | 38 | 37 | 37 | 37 | 36 | 47 | 35 | 38 | 36 | 37 | 46 | 43 | 33 | 36 |
| 62 | 23 | 21 | 23 | 15 | 16 | 16 | 33 | 39 | 32 | 47 | 38 | 48 | 20 | 30 | 36 | 141 | 26 | 18 | 26 | 26 | 20 | 18 | 24 | 34 | 27 | 10 | 22 | 31 | 31 | 18 | 25 |
| 63 | 30 | 20 | 48 | 48 | 46 | 46 | 47 | 46 | 48 | 39 | 21 | 44 | 31 | 25 | 28 | 142 | 5 | 47 | 34 | 48 | 48 | 47 | 48 | 31 | 48 | 48 | 32 | 35 | 27 | 48 | 33 |
| 64 | 27 | 28 | 29 | 27 | 29 | 35 | 20 | 33 | 17 | 28 | 34 | 36 | 38 | 36 | 34 | 143 | 21 | 46 | 40 | 15 | 46 | 48 | 41 | 30 | 32 | 26 | 22 | 36 | 31 | 28 | 43 |
| 65 | 32 | 42 | 46 | 47 | 37 | 47 | 43 | 36 | 45 | 30 | 17 | 9 | 25 | 26 | 31 | 144 | 34 | 24 | 48 | 34 | 41 | 47 | 48 | 39 | 23 | 46 | 23 | 35 | 32 | 47 | 36 |

| 66 | 34 | 46 | 39 | 46 | 48 | 45 | 46 | 48 | 44 | 43 | 43 | 41 | 48 | 42 | 43 | 145 | 35 | 39 | 39 | 48 | 44 | 42 | 34 | 44 | 48 | 48 | 48 | 47 | 45 | 48 | 42 |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|-----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 67 | 36 | 31 | 47 | 45 | 48 | 47 | 41 | 45 | 44 | 37 | 48 | 47 | 47 | 45 | 36 | 146 | 25 | 32 | 35 | 34 | 43 | 36 | 33 | 30 | 37 | 28 | 20 | 26 | 33 | 34 | 34 |
| 68 | 30 | 34 | 30 | 9 | 14 | 31 | 32 | 38 | 38 | 34 | 34 | 32 | 33 | 40 | 37 | 147 | 30 | 43 | 48 | 43 | 42 | 43 | 48 | 48 | 46 | 46 | 43 | 39 | 42 | 42 | 41 |
| 69 | 34 | 27 | 32 | 23 | 29 | 36 | 32 | 34 | 35 | 30 | 11 | 28 | 29 | 34 | 25 | 148 | 22 | 37 | 37 | 37 | 33 | 36 | 33 | 38 | 39 | 37 | 30 | 27 | 33 | 31 | 37 |
| 70 | 21 | 25 | 19 | 30 | 30 | 28 | 25 | 20 | 27 | 26 | 22 | 18 | 28 | 24 | 30 | 149 | 31 | 27 | 34 | 29 | 28 | 28 | 31 | 34 | 28 | 24 | 27 | 33 | 29 | 23 | 35 |
| 71 | 3 | 7 | 25 | 47 | 25 | 35 | 32 | 20 | 42 | 42 | 36 | 35 | 31 | 34 | 44 | 150 | 28 | 37 | 37 | 29 | 28 | 35 | 30 | 38 | 37 | 35 | 39 | 29 | 35 | 31 | 40 |
| 72 | 36 | 46 | 45 | 32 | 47 | 41 | 22 | 26 | 43 | 40 | 44 | 44 | 39 | 43 | 41 | 151 | 33 | 33 | 48 | 31 | 34 | 30 | 31 | 29 | 31 | 29 | 35 | 35 | 30 | 37 | 39 |
| 73 | 35 | 30 | 39 | 18 | 9 | 17 | 35 | 36 | 13 | 24 | 36 | 33 | 14 | 24 | 29 | 152 | 32 | 35 | 31 | 27 | 38 | 33 | 31 | 35 | 36 | 30 | 31 | 31 | 28 | 34 | 33 |
| 74 | 36 | 26 | 29 | 22 | 31 | 36 | 36 | 32 | 28 | 21 | 22 | 26 | 32 | 34 | 34 | 153 | 26 | 35 | 32 | 22 | 22 | 34 | 24 | 23 | 32 | 46 | 24 | 45 | 29 | 27 | 15 |
| 75 | 17 | 33 | 27 | 33 | 27 | 30 | 38 | 38 | 38 | 31 | 35 | 17 | 26 | 32 | 33 | 154 | 24 | 36 | 31 | 32 | 35 | 34 | 28 | 28 | 35 | 37 | 29 | 29 | 31 | 34 | 30 |
| 76 | 25 | 34 | 31 | 48 | 48 | 45 | 34 | 23 | 43 | 33 | 40 | 28 | 44 | 41 | 31 | 155 | 22 | 27 | 48 | 48 | 48 | 34 | 44 | 39 | 31 | 48 | 48 | 33 | 38 | 44 | 45 |
| 77 | 17 | 25 | 44 | 20 | 9 | 42 | 43 | 42 | 25 | 41 | 40 | 24 | 36 | 48 | 31 | 156 | 26 | 38 | 37 | 41 | 41 | 47 | 22 | 31 | 43 | 35 | 36 | 28 | 44 | 42 | 46 |
| 78 | 5 | 22 | 48 | 43 | 37 | 38 | 40 | 47 | 36 | 35 | 5 | 12 | 7 | 5 | 9 | 157 | 37 | 42 | 44 | 48 | 48 | 48 | 48 | 39 | 46 | 44 | 35 | 43 | 41 | 41 | 41 |

Table 1. Daily answers to the time diaries question for each participant for the firsts two weeks

2nd Weeks

| | <u>Z</u> | 77 | ee | <u> </u> | • | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|----------|----|---------------|----------|----|----|----|----|----|----|----|----|----|----|----|----|--------|----|---|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 2 12 28 3 4 0 20 3 3 3 5 6 5 5 6 7 9 4 5 8 8 9 9 8 12 10 8 12 10 13 13 14 14 15 15 15 15 15 15 | userid | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | userid | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T |
| | 0 | 24 | 3 | 1 | 3 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 79 | 37 | 4 | 12 | 11 | 12 | 10 | 12 | 11 | 7 | 9 | 12 | 11 | 12 | 11 | 10 |
| | 1 | 28 | 3 | 4 | 0 | 2 | 3 | 3 | 0 | 8 | 6 | 5 | 5 | 4 | 5 | 6 | 80 | 20 | 3 | 8 | 8 | 12 | 10 | 8 | 7 | 8 | 8 | 8 | 9 | 8 | 12 | 8 |
| 5 37 3 4 4 8 9 11 7 11 9 10 8 10 8 12 9 10 11 8 8 7 8 8 9 12 3 8 4 1 0 0 0 6 6 6 4 9 0 3 7 3 4 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 | 2 | 21 | 2 | 6 | 3 | 6 | 7 | 7 | 7 | 7 | 5 | 5 | 6 | 7 | 9 | 4 | 81 | 27 | 4 | 10 | 7 | 9 | 11 | 8 | 8 | 9 | 8 | 9 | 9 | 9 | 8 | 10 |
| | 3 | 9 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 82 | 28 | 3 | 8 | 12 | 11 | 8 | 10 | 12 | 10 | 9 | 9 | 10 | 9 | 11 | 9 |
| | 4 | 14 | 4 | 9 | 11 | 7 | 11 | 9 | 10 | 8 | 12 | 9 | 10 | 11 | 8 | 7 | 83 | 21 | 3 | 4 | 1 | 0 | 0 | 6 | 6 | 4 | 9 | 3 | 7 | 3 | 4 | 9 |
| | 5 | 37 | 3 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 84 | 36 | 2 | 8 | 9 | 9 | 8 | 9 | 10 | 9 | 9 | 9 | 9 | 9 | 9 | 9 |
| | 6 | 37 | 4 | 0 | 0 | 0 | 6 | 11 | 10 | 6 | 11 | 11 | 12 | 11 | 10 | 8 | 85 | 37 | 3 | 12 | 12 | 10 | 12 | 12 | 11 | 12 | 12 | 12 | 12 | 12 | 11 | 4 |
| 1 | 7 | 36 | 4 | 7 | 12 | 11 | 12 | 12 | 9 | 11 | 11 | 12 | 10 | 9 | 10 | 12 | 86 | 21 | 4 | 8 | 7 | 7 | 7 | 8 | 9 | 8 | 8 | 8 | 8 | 9 | 8 | 9 |
| 1 | 8 | 24 | 3 | 6 | 7 | 5 | 4 | 9 | 8 | 5 | 7 | 8 | 6 | 0 | 3 | 6 | 87 | 37 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 14 12 12 13 14 15 15 15 15 15 15 15 | 9 | 33 | 3 | 8 | 5 | 8 | 5 | 10 | 12 | 9 | 8 | 9 | 8 | 8 | 10 | 10 | 88 | 20 | 4 | 8 | 7 | 6 | 8 | 8 | 7 | 7 | 10 | 10 | 7 | 7 | 9 | 6 |
| | 10 | 24 | 4 | 8 | 7 | 7 | 6 | 6 | 7 | 8 | 8 | 6 | 6 | 8 | 8 | 2 | 89 | 21 | 2 | 9 | 9 | 4 | 9 | 8 | 8 | 9 | 9 | 9 | 7 | 8 | 9 | 9 |
| 14 27 4 10 11 9 7 9 11 4 11 5 5 8 9 11 9 7 9 11 4 11 5 5 8 9 11 9 9 8 1 9 9 10 9 10 9 10 9 10 9 10 10 | 11 | 22 | 4 | 4 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 90 | 32 | 4 | 12 | 10 | 10 | 10 | 11 | 11 | 9 | 11 | 11 | 11 | 9 | 5 | 12 |
| 14 | 12 | 28 | 2 | 4 | 12 | 11 | 8 | 7 | 12 | 11 | 8 | 7 | 11 | 12 | 2 | 5 | 91 | 16 | 0 | 7 | 10 | 10 | 8 | 3 | 3 | 6 | 2 | 2 | 3 | 8 | 5 | 8 |
| 15 | 13 | 33 | 4 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 92 | 32 | 4 | 11 | 12 | 12 | 9 | 10 | 6 | 11 | 12 | 9 | 9 | 11 | 8 | 9 |
| 14 15 15 15 15 15 15 15 | 14 | 27 | 4 | 10 | 11 | 9 | 7 | 9 | 11 | 4 | 11 | 5 | 5 | 0 | 7 | 11 | 93 | 36 | 4 | 9 | 11 | 10 | 11 | 7 | 10 | 8 | 10 | 9 | 11 | 9 | 10 | 6 |
| 17 | 15 | 24 | 4 | 7 | 4 | 5 | 6 | 6 | 6 | 7 | 6 | 5 | 6 | 7 | 5 | 6 | 94 | 12 | 2 | 10 | 5 | 5 | 3 | 4 | 7 | 5 | 7 | 7 | 2 | 5 | 3 | 7 |
| 18 | 16 | 36 | 4 | 7 | 8 | 9 | 4 | 8 | 11 | 8 | 5 | 5 | 7 | 9 | 6 | 7 | 95 | 36 | 4 | 11 | 11 | 10 | 8 | 10 | 6 | 10 | 11 | 9 | 9 | 11 | 11 | 11 |
| | 17 | 36 | 4 | 12 | 8 | 10 | 9 | 7 | 8 | 5 | 11 | 8 | 11 | 11 | 7 | 9 | 96 | 23 | 4 | 7 | 9 | 9 | 10 | 8 | 7 | 7 | 11 | 9 | 9 | 7 | 12 | 10 |
| 20 35 | 18 | 18 | 4 | 5 | 5 | 7 | 6 | 8 | 7 | 4 | 8 | 5 | 5 | 4 | 5 | 7 | 97 | 35 | 2 | 10 | 6 | 11 | 11 | 11 | 9 | 12 | 7 | 0 | 0 | 3 | 2 | 4 |
| 21 35 3 11 12 10 10 10 12 12 11 11 10 10 12 12 12 11 11 10 10 24 0 10 10 10 10 10 10 10 10 10 10 10 10 1 | 19 | 27 | 3 | 8 | 6 | 8 | 10 | 10 | 12 | 12 | 8 | 10 | 8 | 10 | 12 | 12 | 98 | 23 | 2 | 7 | 6 | 6 | 9 | 9 | 6 | 7 | 8 | 8 | 8 | 7 | 8 | 7 |
| 22 37 | 20 | 35 | 4 | 12 | 12 | 1 | 8 | 11 | 11 | 8 | 11 | 11 | 8 | 12 | 12 | 12 | 99 | 26 | 3 | 9 | 9 | 9 | 7 | 10 | 8 | 3 | 8 | 6 | 10 | 8 | 6 | 8 |
| 23 25 | 21 | 35 | 3 | 11 | 12 | 10 | 10 | 12 | 12 | 11 | 11 | 10 | 12 | 12 | 11 | 11 | 100 | 24 | 0 | 10 | 11 | 10 | 10 | 10 | 10 | 11 | 10 | 4 | 10 | 11 | 10 | 12 |
| 24 33 2 8 6 7 7 9 7 6 4 9 9 9 8 9 104 33 4 12 12 12 12 9 11 11 11 | 22 | 37 | 3 | 7 | 12 | 5 | 12 | 6 | 12 | 10 | 12 | 12 | 12 | 12 | 11 | 11 | 101 | 25 | 4 | 12 | 5 | 11 | 9 | 8 | 10 | 11 | 10 | 9 | 9 | 12 | 12 | 0 |
| 25 30 3 8 9 10 9 8 9 10 11 11 11 10 11 11 | 23 | 15 | 2 | 12 | 10 | 5 | 8 | 11 | 5 | 6 | 3 | 1 | 7 | 4 | 4 | 4 | 102 | 9 | 1 | 4 | 5 | 7 | 5 | 7 | 8 | 2 | 2 | 4 | 6 | 5 | 2 | 4 |
| 26 32 4 11 7 6 12 10 11 11 11 10 9 8 9 9 9 106 35 2 12 7 12 12 12 12 12 | 24 | 33 | 2 | 8 | 6 | 7 | 7 | 9 | 7 | 6 | 4 | 9 | 9 | 9 | 6 | 7 | 103 | 16 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 1 | 25 | 30 | 3 | 8 | 9 | 10 | 9 | 8 | 9 | 10 | 8 | 9 | 9 | 9 | 8 | 9 | 104 | 33 | 4 | 12 | 12 | 12 | 9 | 11 | 11 | 11 | 10 | 11 | 11 | 9 | 10 | 12 |
| 28 | 26 | 32 | 4 | 11 | 7 | 6 | 12 | 10 | 11 | 11 | 11 | 10 | 9 | 8 | 9 | 9 | 105 | 35 | 2 | 12 | 7 | 12 | 12 | 11 | 12 | 8 | 12 | 9 | 6 | 12 | 12 | 12 |
| 29 18 2 6 9 9 8 0 6 8 6 9 8 9 8 9 8 9 8 9 108 28 4 11 10 11 11 8 9 10 8 0 0 0 0 0 0 0 0 | 27 | 10 | 4 | 7 | 8 | 9 | 9 | 7 | 10 | 8 | 5 | 4 | 9 | 5 | 7 | 8 | 106 | 37 | 3 | 8 | 8 | 9 | 10 | 6 | 6 | 8 | 9 | 12 | 9 | 11 | 11 | 11 |
| 30 3 2 0 0 0 0 0 0 0 0 0 | 28 | 7 | 4 | 9 | 7 | 8 | 9 | 8 | 7 | 8 | 8 | 2 | 3 | 8 | 10 | 10 | 107 | 35 | 4 | 10 | 11 | 8 | 12 | 11 | 9 | 7 | 0 | 9 | 7 | 10 | 7 | 12 |
| 31 | 29 | 18 | 2 | 6 | 9 | 9 | 8 | 0 | 6 | 8 | 6 | 9 | 8 | 9 | 8 | 9 | 108 | 28 | 4 | 11 | 10 | 11 | 11 | 8 | 9 | 10 | 8 | 0 | 0 | 4 | 12 | 6 |
| 32 37 | 30 | 3 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 109 | 12 | 3 | 9 | 9 | 7 | 3 | 2 | 12 | 5 | 9 | 2 | 9 | 1 | 9 | 4 |
| 33 | 31 | 2 | 0 | 5 | 12 | 8 | 12 | 8 | 1 | 9 | 6 | 9 | 0 | 5 | 10 | 6 | 110 | 26 | 4 | 3 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 34 31 3 5 8 7 6 10 9 7 9 7 2 4 6 4 113 30 3 6 6 6 9 4 9 3 3 3 5 2 4 6 4 3 3 5 2 4 6 4 4 3 3 5 2 8 4 7 8 8 8 9 9 9 9 9 6 8 8 8 8 8 9 7 114 6 3 5 7 7 6 7 6 7 6 6 9 7 7 3 7 3 7 3 7 3 3 8 3 10 12 10 11 9 9 9 6 11 11 4 8 8 9 6 115 35 4 12 11 5 11 5 10 3 5 5 11 11 10 10 12 11 7 12 38 10 9 6 7 9 10 10 10 10 12 11 11 10 10 12 11 11 10 10 12 11 11 11 11 11 11 11 11 11 11 11 11 | 32 | 37 | 4 | 8 | 8 | 12 | 12 | 12 | 10 | 12 | 11 | 12 | 8 | 12 | 10 | 12 | 111 | 36 | 4 | 11 | 12 | 11 | 12 | 10 | 12 | 10 | 12 | 12 | 10 | 11 | 12 | 9 |
| 35 | 33 | 27 | 3 | 6 | 5 | 7 | 7 | 9 | 4 | 8 | 8 | 9 | 8 | 6 | 8 | 10 | 112 | 25 | 4 | 9 | 10 | 9 | 9 | 8 | 8 | 8 | 9 | 6 | 7 | 9 | 8 | 7 |
| 36 35 3 10 12 10 11 9 9 6 11 11 4 8 9 6 115 35 4 12 11 5 11 5 10 3 5 11 11 10 10 12 37 36 3 11 11 8 10 9 6 7 9 10 12 4 8 0 116 37 2 7 11 9 10 6 11 12 11 10 12 11 7 12 38 20 4 4 8 10 7 6 0 0 0 0 0 0 0 0 0 0 117 34 4 10 7 9 12 12 11 8 7 10 8 11 9 10 9 10 9 12 12 11 10 12 11 7 12 39 16 4 5 3 0 4 3 2 8 3 8 6 6 5 6 18 35 3 8 9 10 12 12 12 11 10 10 12 12 12 | 34 | 31 | 3 | 5 | 8 | 7 | 6 | 10 | 9 | 7 | 9 | 7 | 2 | 4 | 6 | 4 | 113 | 30 | 3 | 6 | 6 | 6 | 9 | 4 | 9 | 3 | 3 | 5 | 2 | 4 | 6 | 4 |
| 37 36 3 11 11 8 10 9 6 7 9 10 12 4 8 0 116 37 2 7 11 9 10 6 11 12 11 10 12 11 7 12 38 20 4 4 8 8 10 7 6 0 0 0 0 0 0 0 0 0 0 117 34 4 10 7 9 12 12 11 8 7 10 8 11 9 7 39 16 4 5 3 0 4 3 2 8 3 8 6 6 6 5 6 118 35 3 8 9 10 12 12 12 12 12 11 10 9 10 9 10 9 1 | 35 | 28 | 4 | 7 | 8 | 8 | 9 | 9 | 9 | 9 | 6 | 8 | 8 | 8 | 9 | 7 | 114 | 6 | 3 | 5 | 7 | 7 | 6 | 7 | 6 | 6 | 9 | 7 | 7 | 3 | 7 | 3 |
| 38 20 4 4 8 10 7 6 0 0 0 0 0 0 0 0 0 0 117 34 4 10 7 9 12 12 11 8 7 10 8 11 9 7 39 16 4 5 3 0 4 3 2 8 3 8 6 6 5 6 118 35 3 8 9 10 12 12 12 13 10 9 10 9 12 12 10 10 9 10 9 12 40 26 4 10 8 8 11 11 9 12 11 12 6 9 11 6 119 16 4 7 7 10 8 8 7 9 8 8 9 6 9 8 8 9 6 9 8 8 14 12 12 13 14 15 9 12 14 15 9 12 14 15 9 12 14 15 9 15 15 15 15 15 15 15 15 | 36 | 35 | 3 | 10 | 12 | 10 | 11 | 9 | 9 | 6 | 11 | 11 | 4 | 8 | 9 | 6 | 115 | 35 | 4 | 12 | 11 | 5 | 11 | 5 | 10 | 3 | 5 | 11 | 11 | 10 | 10 | 12 |
| 39 16 4 5 3 0 4 3 2 8 3 8 6 6 5 6 118 35 3 8 9 10 12 12 9 12 11 10 9 10 9 12 11 10 9 10 9 12 11 10 9 10 8 7 7 4 7 3 2 6 119 16 4 7 7 10 8 8 7 9 8 8 9 10 9 7 7 4 7 3 2 6 120 25 2 6 9 7 7 6 9 3 7 7 6 7 11 12 12 25 2 0 9 7 7 6 9 3 7 7 6 7 11 12 11 13 11 11 11 11 14 13 11 11 11 11 < | 37 | 36 | 3 | 11 | 11 | 8 | 10 | 9 | 6 | 7 | 9 | 10 | 12 | 4 | 8 | 0 | 116 | 37 | 2 | 7 | 11 | 9 | 10 | 6 | 11 | 12 | 11 | 10 | 12 | 11 | 7 | 12 |
| 40 26 4 10 8 8 11 11 9 12 11 12 6 9 11 6 119 16 4 7 7 10 8 8 7 9 8 8 9 6 9 8 4 12 12 14 12 6 9 11 6 120 25 2 6 9 7 7 8 7 8 7 8 7 4 7 8 5 7 4 7 8 5 7 4 7 8 5 7 8 7 | 38 | 20 | 4 | 4 | 8 | 10 | 7 | 6 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 117 | 34 | 4 | 10 | 7 | 9 | 12 | 12 | 11 | 8 | 7 | 10 | 8 | 11 | 9 | 7 |
| 41 27 2 8 9 8 9 10 8 7 7 4 7 3 2 6 120 25 2 6 9 7 7 8 7 8 7 8 7 4 7 8 5 7 42 22 4 7 3 9 9 7 7 6 9 3 7 7 6 9 11 12 11 8 12 11 8 12 35 2 9 11 10 11 9 10 7 10 10 6 10 11 11 11 11 11 11 11 11 11 11 11 11 | 39 | 16 | 4 | 5 | 3 | 0 | 4 | 3 | 2 | 8 | 3 | 8 | 6 | 6 | 5 | 6 | 118 | 35 | 3 | 8 | 9 | 10 | 12 | 12 | 9 | 12 | 11 | 10 | 9 | 10 | 9 | 12 |
| 42 22 4 7 3 9 9 7 7 6 9 3 7 7 6 7 121 35 2 9 11 10 11 9 10 7 10 10 6 10 11 11 43 33 4 12 12 8 11 12 8 10 11 9 11 12 11 11 11 11 12 12 12 12 10 10 11 11 11 12 12 12 12 12 10 10 11 11 11 12 12 12 12 10 10 11 11 11 12 12 12 10 10 11 11 11 11 11 11 12 12 12 10 10 11 11 11 11 11 11 11 11 11 11 11 11 11 11 11 11 11 11 11 | 40 | 26 | 4 | 10 | 8 | 8 | 11 | 11 | 9 | 12 | 11 | 12 | 6 | 9 | 11 | 6 | 119 | 16 | 4 | 7 | 7 | 10 | 8 | 8 | 7 | 9 | 8 | 8 | 9 | 6 | 9 | 8 |
| 43 33 4 12 12 8 11 12 8 10 11 9 11 12 11 8 10 11 8 10 11 8 10 11 10 11 11 11 11 12 12 12 12 10 10 10 11 44 34 4 11 11 12 12 12 12 12 12 12 12 10 10 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | 41 | 27 | 2 | 8 | 9 | 8 | 9 | 10 | 8 | 7 | 7 | 4 | 7 | 3 | 2 | 6 | 120 | 25 | 2 | 6 | 9 | 7 | 7 | 8 | 7 | 8 | 7 | 4 | 7 | 8 | 5 | 7 |
| 44 34 4 11 11 12 11 12 12 8 12 11 8 10 11 10 123 3 2 7 6 1 6 5 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | 42 | 22 | 4 | 7 | 3 | 9 | 9 | 7 | 7 | 6 | 9 | 3 | 7 | 7 | 6 | 7 | 121 | 35 | 2 | 9 | 11 | 10 | 11 | 9 | 10 | 7 | 10 | 10 | 6 | 10 | 11 | 11 |
| 45 32 2 1 8 5 9 10 9 6 1 6 7 10 10 4 124 24 3 7 10 10 9 7 9 9 6 6 10 9 7 7 46 35 4 9 12 10 10 9 11 12 9 11 11 11 11 11 11 11 11 11 11 11 11 11 11 12 13 13 12 12 12 12 11 11 11 12 11 12 11 11 11 12 11 12 11 11 11 12 11 12 11 11 12 11 12 11 12 11 12 11 12 11 12 12 12 12 11 11 12 12 12 12 12 12 11 11 12 12 12 12 11 <td>43</td> <td>33</td> <td>4</td> <td>12</td> <td>12</td> <td>8</td> <td>11</td> <td>12</td> <td>8</td> <td>10</td> <td>11</td> <td>9</td> <td>11</td> <td>12</td> <td>11</td> <td>8</td> <td>122</td> <td>37</td> <td>4</td> <td>11</td> <td>11</td> <td>11</td> <td>12</td> <td>12</td> <td>12</td> <td>12</td> <td>12</td> <td>12</td> <td>12</td> <td>10</td> <td>10</td> <td>11</td> | 43 | 33 | 4 | 12 | 12 | 8 | 11 | 12 | 8 | 10 | 11 | 9 | 11 | 12 | 11 | 8 | 122 | 37 | 4 | 11 | 11 | 11 | 12 | 12 | 12 | 12 | 12 | 12 | 12 | 10 | 10 | 11 |
| 46 35 4 9 12 10 10 9 11 12 9 11 11 11 11 11 11 12 34 3 6 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | 44 | 34 | 4 | 11 | 11 | 12 | 11 | 12 | 12 | 8 | 12 | 11 | 8 | 10 | 11 | 10 | 123 | 3 | 2 | 7 | 6 | 1 | 6 | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 47 26 4 8 12 12 12 9 12 12 11 12 11 9 12 12 11 11 12 11 11 12 11 11 11 12 11 11 12 11 11 12 11 11 12 11 11 12 11 11 12 11 11 12 11 11 12 11 11 12 11 11 12 11 11 12 11 11 12 11 11 12 11 11 12 11 11 12 11 11 12 11 11 12 11 11 12 11 11 12 12 11 11 12 11 11 12 27 3 8 9 9 8 10 9 9 6 9 10 4 12 11 11 11 11 11 11 11 11 11 11 11 11 | 45 | 32 | 2 | 1 | 8 | 5 | 9 | 10 | 9 | 6 | 1 | 6 | 7 | 10 | 10 | 4 | 124 | 24 | 3 | 7 | 10 | 10 | 9 | 7 | 9 | 9 | 6 | 6 | 10 | 9 | 7 | 7 |
| 48 31 3 12 12 9 11 11 11 12 11 10 12 11 11 12 11 11 12 11 11 12 11 11 12 11 11 12 11 11 12 12 11 11 12 11 10 6 10 11 | 46 | 35 | 4 | 9 | 12 | 10 | 10 | 10 | 9 | 11 | 12 | 9 | 11 | 11 | 11 | 11 | 125 | 34 | 3 | 6 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 49 36 4 8 7 10 8 10 9 6 12 12 11 8 8 8 128 28 4 12 11 11 11 11 6 2 11 11 10 6 10 11 | 47 | 26 | 4 | 8 | 12 | 12 | 12 | 9 | 12 | 12 | 12 | 11 | 12 | 11 | 9 | 12 | 126 | 34 | 2 | 11 | 8 | 11 | 11 | 12 | 7 | 8 | 12 | 9 | 10 | 4 | 12 | 11 |
| | 48 | 31 | 3 | 12 | 12 | 9 | 11 | 11 | 11 | 12 | 11 | 10 | 12 | 11 | 11 | 12 | 127 | 27 | 3 | 8 | 9 | 9 | 8 | 10 | 9 | 9 | 8 | 9 | 9 | 6 | 9 | 10 |
| 50 11 | 49 | 36 | 4 | 8 | 7 | 10 | 8 | 10 | 9 | 6 | 12 | 12 | 11 | 8 | 8 | 8 | 128 | 28 | 4 | 12 | 11 | 11 | 11 | 11 | 6 | 2 | 11 | 11 | 10 | 6 | 10 | 11 |
| | 50 | 11 | 4 | 8 | 6 | 8 | 5 | 5 | 4 | 7 | 7 | 6 | 6 | 8 | 3 | 8 | 129 | 23 | 2 | 8 | 8 | 3 | 12 | 8 | 12 | 12 | 11 | 6 | 4 | 4 | 7 | 0 |

| 51 | 21 | 4 | 10 | 11 | 11 | 9 | 10 | 10 | 6 | 6 | 9 | 6 | 10 | 4 | 3 | 130 | 17 | 1 | 6 | 7 | 5 | 7 | 8 | 7 | 6 | 8 | 7 | 4 | 9 | 8 | 3 |
|----|----|---|----|----|----|----|----|----|----|----|----|----|----|----|----|-----|----|---|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 52 | 23 | 4 | 8 | 6 | 8 | 7 | 8 | 7 | 8 | 8 | 7 | 8 | 7 | 9 | 7 | 131 | 24 | 2 | 4 | 7 | 11 | 8 | 5 | 12 | 4 | 5 | 12 | 9 | 12 | 4 | 2 |
| 53 | 37 | 3 | 10 | 12 | 9 | 7 | 11 | 12 | 11 | 11 | 12 | 11 | 11 | 10 | 9 | 132 | 36 | 4 | 11 | 4 | 12 | 8 | 12 | 12 | 12 | 12 | 9 | 7 | 12 | 11 | 11 |
| 54 | 21 | 2 | 1 | 8 | 9 | 9 | 9 | 10 | 8 | 8 | 6 | 6 | 0 | 0 | 3 | 133 | 25 | 4 | 9 | 3 | 5 | 5 | 8 | 3 | 5 | 8 | 2 | 2 | 7 | 4 | 6 |
| 55 | 24 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 134 | 17 | 2 | 6 | 5 | 5 | 5 | 9 | 9 | 4 | 0 | 11 | 9 | 8 | 8 | 8 |
| 56 | 37 | 4 | 10 | 10 | 12 | 12 | 12 | 11 | 11 | 11 | 12 | 12 | 11 | 11 | 12 | 135 | 36 | 4 | 10 | 12 | 12 | 12 | 11 | 10 | 9 | 11 | 12 | 11 | 12 | 11 | 12 |
| 57 | 37 | 2 | 4 | 9 | 12 | 11 | 9 | 12 | 10 | 9 | 11 | 12 | 7 | 1 | 8 | 136 | 35 | 4 | 6 | 7 | 10 | 12 | 10 | 9 | 8 | 10 | 10 | 8 | 10 | 12 | 12 |
| 58 | 27 | 6 | 9 | 9 | 9 | 8 | 7 | 8 | 7 | 7 | 9 | 9 | 6 | 6 | 7 | 137 | 23 | 4 | 10 | 8 | 10 | 7 | 7 | 8 | 10 | 7 | 9 | 7 | 4 | 6 | 9 |
| 59 | 28 | 2 | 11 | 5 | 5 | 11 | 8 | 0 | 6 | 6 | 10 | 0 | 0 | 2 | 7 | 138 | 9 | 3 | 5 | 4 | 7 | 6 | 7 | 6 | 5 | 7 | 7 | 7 | 3 | 6 | 6 |
| 60 | 15 | 3 | 10 | 7 | 8 | 5 | 6 | 10 | 6 | 2 | 3 | 9 | 4 | 10 | 10 | 139 | 37 | 4 | 11 | 12 | 12 | 12 | 11 | 9 | 12 | 11 | 12 | 10 | 7 | 10 | 5 |
| 61 | 37 | 4 | 11 | 11 | 9 | 5 | 11 | 11 | 0 | 11 | 1 | 4 | 9 | 12 | 12 | 140 | 30 | 4 | 6 | 7 | 10 | 8 | 8 | 10 | 9 | 9 | 10 | 9 | 8 | 9 | 8 |
| 62 | 12 | 2 | 5 | 5 | 4 | 8 | 0 | 8 | 10 | 1 | 0 | 7 | 4 | 3 | 2 | 141 | 22 | 0 | 7 | 7 | 8 | 7 | 2 | 8 | 6 | 2 | 5 | 2 | 3 | 4 | 7 |
| 63 | 28 | 2 | 12 | 12 | 12 | 12 | 10 | 11 | 10 | 8 | 12 | 12 | 12 | 11 | 10 | 142 | 31 | 2 | 12 | 12 | 12 | 7 | 12 | 8 | 7 | 12 | 12 | 11 | 11 | 12 | 12 |
| 64 | 24 | 4 | 8 | 9 | 11 | 10 | 8 | 7 | 8 | 9 | 8 | 7 | 9 | 9 | 9 | 143 | 16 | 4 | 5 | 7 | 9 | 6 | 3 | 7 | 6 | 3 | 0 | 0 | 7 | 4 | 7 |
| 65 | 29 | 3 | 11 | 3 | 5 | 2 | 8 | 5 | 5 | 10 | 6 | 3 | 6 | 5 | 7 | 144 | 26 | 4 | 8 | 6 | 4 | 2 | 10 | 12 | 11 | 8 | 12 | 10 | 9 | 8 | 7 |
| 66 | 37 | 3 | 10 | 11 | 11 | 10 | 10 | 11 | 12 | 11 | 11 | 8 | 1 | 9 | 7 | 145 | 37 | 4 | 11 | 11 | 12 | 12 | 12 | 11 | 10 | 11 | 12 | 8 | 10 | 12 | 12 |
| 67 | 36 | 3 | 8 | 8 | 11 | 12 | 11 | 12 | 9 | 12 | 11 | 10 | 12 | 12 | 10 | 146 | 20 | 4 | 9 | 9 | 8 | 7 | 8 | 8 | 8 | 8 | 12 | 8 | 8 | 9 | 8 |
| 68 | 20 | 4 | 10 | 6 | 8 | 10 | 8 | 9 | 9 | 10 | 8 | 9 | 9 | 9 | 9 | 147 | 26 | 2 | 11 | 7 | 12 | 12 | 9 | 12 | 11 | 11 | 6 | 11 | 9 | 11 | 12 |
| 69 | 15 | 2 | 5 | 8 | 6 | 8 | 9 | 7 | 2 | 9 | 3 | 3 | 1 | 9 | 1 | 148 | 26 | 2 | 3 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 70 | 22 | 4 | 8 | 3 | 0 | 8 | 5 | 7 | 8 | 6 | 5 | 4 | 11 | 8 | 7 | 149 | 16 | 2 | 6 | 9 | 6 | 7 | 6 | 8 | 8 | 7 | 9 | 6 | 5 | 5 | 8 |
| 71 | 21 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 150 | 29 | 3 | 8 | 8 | 6 | 8 | 7 | 8 | 6 | 11 | 4 | 0 | 1 | 7 | 7 |
| 72 | 35 | 3 | 6 | 12 | 11 | 9 | 11 | 11 | 9 | 11 | 8 | 10 | 11 | 11 | 12 | 151 | 17 | 4 | 12 | 12 | 8 | 9 | 9 | 8 | 6 | 8 | 8 | 7 | 7 | 8 | 9 |
| 73 | 34 | 1 | 0 | 4 | 0 | 8 | 4 | 3 | 6 | 2 | 0 | 1 | 0 | 6 | 6 | 152 | 22 | 2 | 9 | 9 | 5 | 9 | 7 | 9 | 5 | 10 | 8 | 8 | 9 | 9 | 9 |
| 74 | 20 | 4 | 8 | 6 | 7 | 8 | 1 | 6 | 7 | 6 | 3 | 7 | 9 | 7 | 6 | 153 | 34 | 3 | 9 | 12 | 11 | 11 | 10 | 12 | 8 | 12 | 4 | 11 | 12 | 11 | 2 |
| 75 | 24 | 4 | 8 | 8 | 9 | 7 | 7 | 6 | 8 | 8 | 7 | 8 | 9 | 12 | 6 | 154 | 28 | 4 | 7 | 7 | 8 | 7 | 8 | 8 | 8 | 6 | 7 | 9 | 6 | 7 | 6 |
| 76 | 29 | 1 | 0 | 6 | 0 | 9 | 6 | 8 | 5 | 5 | 5 | 0 | 7 | 9 | 8 | 155 | 29 | 3 | 6 | 12 | 11 | 12 | 7 | 10 | 12 | 6 | 9 | 12 | 10 | 9 | 10 |
| 77 | 13 | 1 | 9 | 12 | 7 | 9 | 6 | 7 | 7 | 11 | 9 | 7 | 0 | 10 | 6 | 156 | 35 | 4 | 9 | 11 | 8 | 10 | 4 | 10 | 9 | 7 | 6 | 6 | 9 | 9 | 9 |
| 78 | 15 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 157 | 31 | 4 | 10 | 10 | 12 | 10 | 10 | 11 | 9 | 10 | 10 | 12 | 8 | 6 | 12 |

Table 2. Daily answers to the time diaries question for each participant for the second two weeks



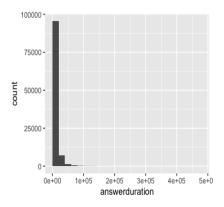
Know dive

Variable list

answerduration

Time elapsed for answering the notification

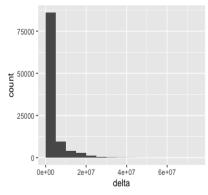
| Feature | Result |
|-------------------------|----------------------|
| Variable type | numeric |
| Number of missing obs. | 63681 (37.88 %) |
| Number of unique values | 22337 |
| Median | 8106 |
| 1st and 3rd quartiles | 5760.25; 11800.75 |
| Min. and max. | 0; 462960 |



delta

Time elapsed between sending the notification and its response

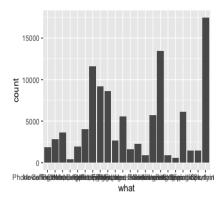
| Feature | Result |
|-------------------------|-----------------------|
| Variable type | numeric |
| Number of missing obs. | 63681 (37.88 %) |
| Number of unique values | 87057 |
| Median | 808813 |
| 1st and 3rd quartiles | 101560.75; 3226259 |
| Min. and max. | 0; 73881685 |



what

What are you doing?

| Feature | Result |
|-------------------------|----------------------------|
| Variable type | factor |
| Number of missing obs. | 63681 (37.88 %) |
| Number of unique values | 22 |
| Mode | "Studying" |
| Reference category | Phone calling; WhatsApp |

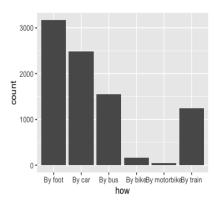


Observed factor levels: "Coffee break, cigarette, beer, etc.", "Eating", "En route", "Expired", "Hobbies", "Housework", "I will go to sleep", "Lesson", "Movie Theater, Concert, Exhibit,...", "Other", "Phone calling; WhatsApp", "Reading a book; listening to music", "Rest/nap", "Selfcare", "Shopping", "Sleeping", "Social life", "Social media (Facebook, Instagram, etc.)", "Sport", "Studying", "Watcing Youtube, Tv-shows, etc.", "Work".

how

How are you moving?

| Feature | Result |
|-------------------------|-----------|
| Variable type | factor |
| Number of | 159448 |
| missing obs. | (94.86 %) |
| Number of unique values | 6 |
| Mode | "By foot" |
| Reference category | By foot |

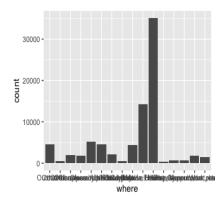


Observed factor levels: "By bike", "By bus", "By car", "By foot", "By motorbike", "By train".

where

Where are you?

| Feature | Result |
|-------------------------|-----------|
| Variable type | factor |
| Number of | 88402 |
| missing obs. | (52.59 %) |
| Number of unique values | 16 |
| Mode | "Home" |
| Reference category | Outdoors |

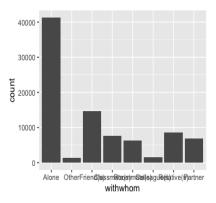


Observed factor levels: "Canteen", "Classroom / Laboratory", "Classroom / Study hall", "Gym", "Home", "House (friends, others)", "Movie Theater, Museum, ...", "Other Library", "Other place", "Other university place", "Outdoors", "Pizzeria, pub, bar, restaurant", "Relatives Home", "Shop, supermarket, etc", "UNITN Library", "Work place".

withwhom

With whom are you?

| Feature | Result |
|-------------------------|-------------------|
| Variable type | factor |
| Number of missing obs. | 79840 (47.5 %) |
| Number of unique values | 8 |
| Mode | "Alone" |
| Reference category | Alone |

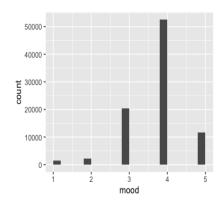


Observed factor levels: "Alone", "Classmate(s)", "Colleague(s)", "Friend(s)", "Other", "Partner", "Relative(s)", "Roommate(s)".

mood

What is your mood?

| Feature | Result |
|-------------------------|-------------------|
| Variable type | numeric |
| Number of missing obs. | 79840 (47.5 %) |
| Number of unique values | 5 |
| Median | 4 |
| 1st and 3rd quartiles | 3; 4 |
| Min. and max. | 1; 5 |

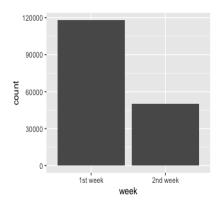


week

Weeks of the experiment. During the first two weeks, questions were asked every half hour; during the second two they were reduced to every two hour.

| Feature | Result |
|---------------|-----------|
| Variable type | character |

| Number of | 0 (0 %) |
|--------------|---------|
| missing obs. | |
| Number of | 2 |
| unique | |
| values | |
| Mode | "1st |
| | week" |



Observed factor levels: "1st week", "2nd week".