

## Development Guide

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## Development Guide

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### 1 Environment configuration

#### 1.1 Add framework

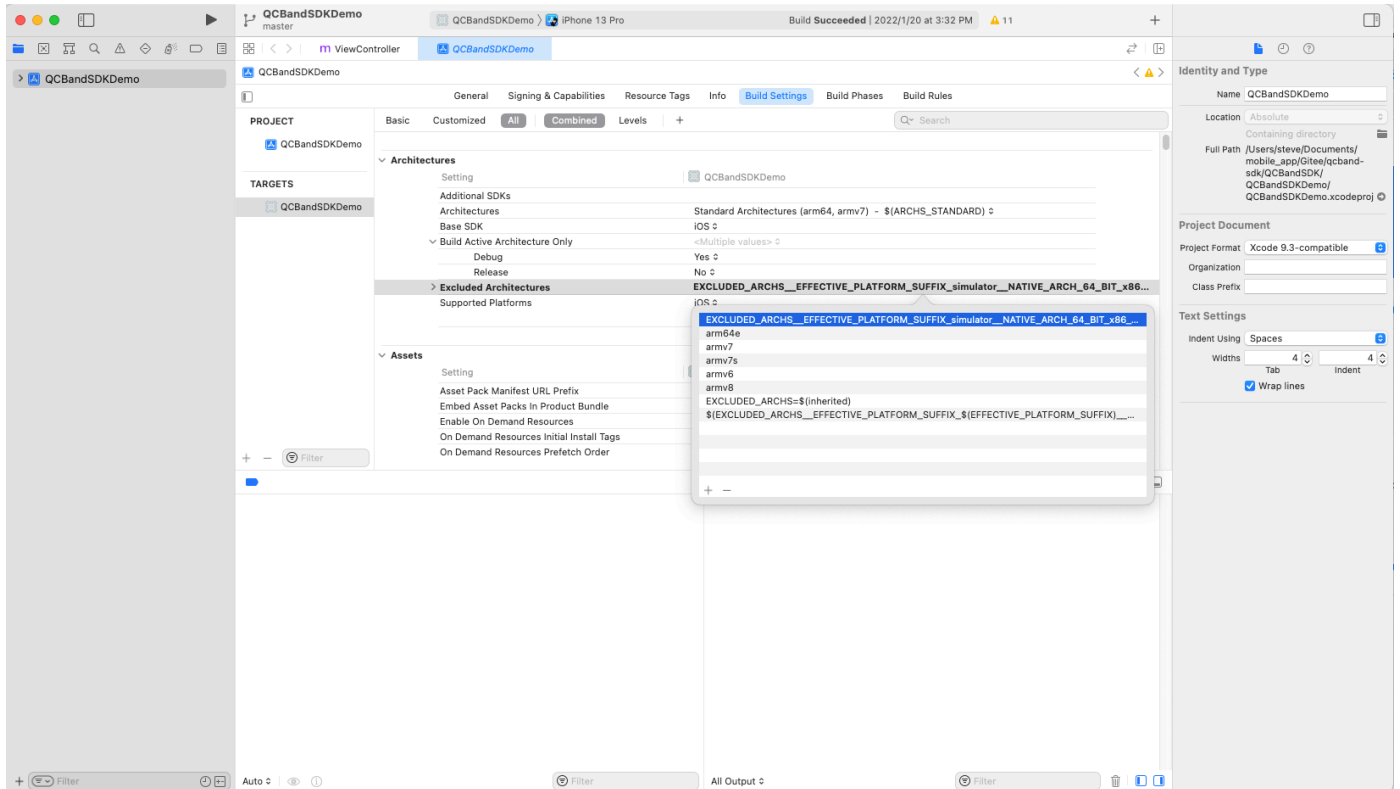
Add `QCBandSDK.framework` to the project, the framework supports iOS 9.0 and above

**Note:**Because the classification is used in the framework, you need to add settings to the project

**Target->Build Settings -> Other Linker Flags** add **-ObjC**

Add the following code in Target-Build Settings-Excluded Architectures

```
EXCLUDED_ARCHS__EFFECTIVE_PLATFORM_SUFFIX_simulator__NATIVE_ARCH_64_BIT_x86_64=arm64
arm64e armv7 armv7s armv6 armv8 EXCLUDED_ARCHS=$(inherited)
$(EXCLUDED_ARCHS__EFFECTIVE_PLATFORM_SUFFIX_$(EFFECTIVE_PLATFORM_SUFFIX)__NATIVE_ARCH_64_
BIT_$(NATIVE_ARCH_64_BIT))
```



## 1.2 Configure Bluetooth permissions

Configure bluetooth permissions in info.plist file

```
<key>NSBluetoothAlwaysUsageDescription</key>
<string>App needs to use your bluetooth device</string>
<key>NSBluetoothPeripheralUsageDescription</key>
<string>App needs to use your bluetooth device</string>
```

## 2 Usage

### 2.1 Service UUIDs supported by the device

Defined in `QCSDKManager.h`, the service UUID supported by the device:

```
extern NSString *const QCBANDSDKSERVERUUID1;
extern NSString *const QCBANDSDKSERVERUUID2;
```

### 2.2 import framework library

Introduce the framework library into the code

```
#import <QCBandSDK/QCSDKManager.h>
#import <QCBandSDK/QCSDKCmdCreator.h>
```

Initialize `[QCSDKManager sharedInstance]` with a singleton

`QCSDKManager`:Peripherals for joining connections

`QCSDKCmdCreator`:Used to send commands to peripherals

## 2.3 Scan Ring

### initialization

Scanning can only be started when permissions are allowed and Bluetooth is turned on.

Import Apple's CoreBluetooth library and follow two protocols `<CBCentralManagerDelegate,`  
`CBPeripheralDelegate>`

```
#import <CoreBluetooth/CoreBluetooth.h>
```

Declare central and peripheral roles

```
/*Central Role,app*/
@property (strong, nonatomic) CBCentralManager *centerManager;

/*Peripheral role, scanned peripherals*/
@property (strong, nonatomic) NSMutableArray<CBPeripheral *> *peripherals;

/*Connected peripheral role*/
@property (strong, nonatomic) CBPeripheral *connectedPeripheral;
```

Instantiate the central role

```
self.centerManager = [[CBCentralManager alloc] initWithDelegate:self queue:nil];
```

### Scan Ring

Using Scan Peripherals

```

NSArray *serviceUUIDStrings = @[QCBANDSDKSERVERUUID1,QCBANDSDKSERVERUUID2];

NSMutableArray *uuids = [NSMutableArray array];
for (id obj in serviceUUIDStrings) {
    if ([obj isKindOfClass:[NSString class]]) {
        CBUUID *uuid = [CBUUID UUIDWithString:obj];
        [uuids addObject:uuid];
    }
}

NSDictionary *option = @{@"CBCentralManagerScanOptionAllowDuplicatesKey" : [NSNumber
numberWithBool:NO]};
[self.centerManager scanForPeripheralsWithServices:uuids options:option];

```

Note: To obtain the scanned peripheral devices in the agent, you can perform secondary filtering through the device name and other related information.

```

- (void)centralManager:(CBCentralManager *)central didDiscoverPeripheral:(CBPeripheral
*)peripheral advertisementData:(NSDictionary<NSString *,id> *)advertisementData RSSI:
(NSNumber *)RSSI {
    if (peripheral.name.length > 0) {
        [self.peripherals addObject:peripheral];
        [self.deviceList reloadData];
    }
}

```

## 2.4 Cancel the scan of the Ring

Call the interface of the central role to stop scanning

```

[self.centerManager stopScan];

```

## 2.5 Connect the Ring

start connecting

```

self.connectedPeripheral = self.peripherals[indexPath.row];
[self.centerManager connectPeripheral:self.connectedPeripheral options:nil];

```

After the connection is successful, pass in the peripheral device to the SDK

```
- (void)centralManager:(CBCentralManager *)central didConnectPeripheral:(CBPeripheral *)peripheral {
    [[QCSDKManager sharedInstance] addPeripheral:peripheral];
}
```

## 2.6 Disconnect

```
[self.centerManager cancelPeripheralConnection:self.connectedPeripheral];
```

After disconnecting, remove peripherals

```
- (void)centralManager:(CBCentralManager *)central didDisconnectPeripheral:(CBPeripheral *)peripheral error:(nullable NSError *)error {
    [[QCSDKManager sharedInstance] removePeripheral:peripheral];
}
```

## 3. Instructions supported by the device

### 3.1 Set Ring time

```
/**
    Set the time of the Ring
 */
+ (void)setTime:(NSDate *)date success:(void (^)(NSDictionary *))suc failed:(void (^)(void))fail;
```

### 3.2 Read Ring battery

```
/*!
 * @func Read Ring battery
 * @param suc battery:Power level(0~8)
 */
+ (void)readBatterySuccess:(void (^)(int battery))suc failed:(void (^)(void))fail;
```

### 3.3 Bound Vibration

```
/**
 * Bound Vibration
 */
+ (void)alertBindingSuccess:(nullable void (^)(void))suc fail:(nullable void (^)(void))fail;
```

### 3.4 Set wristband time base/user personal information

```
/**
 Set wristband time base/user personal information

@param twentyfourHourFormat : YES 24 hour system; NO 12 hour system
@param metricSystem         : YES Metric; NO Imperial
@param gender               : gender (0=male, 1=female)
@param age                  : age (years)
@param height               : height (cm)
@param weight               : weight (kg)
@param sbpBase              : systolic blood pressure base (mmhg) (reserved value,
Defaults:0)
@param dbpBase              : Diastolic blood pressure base (mmhg) (reserved value,
Defaults:0)
@param hrAlarmValue         : Heart rate alarm value (bpm) (reserved value,
Defaults:0)
 *
 *
 */
+ (void)setTimeFormatTwentyfourHourFormat:(BOOL)twentyfourHourFormat
    metricSystem:(BOOL)metricSystem
    gender:(NSInteger)gender
    age:(NSInteger)age
    height:(NSInteger)height
    weight:(NSInteger)weight
    sbpBase:(NSInteger)sbpBase
    dbpBase:(NSInteger)dbpBase
    hrAlarmValue:(NSInteger)hrAlarmValue
    success:(void (^)(BOOL, BOOL, NSInteger, NSInteger, NSInteger, NSInteger,
NSInteger, NSInteger))success
    fail:(void (^)(void))fail;
```

### 3.5 Get Ring time base/user personal information

```
/**
 * Get Ring time base/user personal information
 *
 * @param success isTwentyfour: YES 24 hour system; NO 12 hour system
 *               isMetricSystem: YES Metric; NO Imperial
 *               gender: gender (0=male, 1=female)
 *               age: age (years)
 *               height: height (cm)
 *               weight: weight (kg)
 *               sbpBase: systolic blood pressure base (mmhg) (reserved value, Defaults:0)
 *               dbpBase: Diastolic blood pressure base (mmhg) (reserved value, Defaults:0)
 *               hrAlarmValue: Heart rate alarm value (bpm) (reserved value, Defaults:0)
 */
+ (void)getTimeFormatInfo:(nullable void (^)(BOOL isTwentyfour, BOOL isMetricSystem,
NSInteger gender, NSInteger age, NSInteger height, NSInteger weight, NSInteger sbpBase,
NSInteger dbpBase, NSInteger hrAlarmValue))success fail:(nullable void (^)(void))fail;
```

### 3.6 Get the version number of the Ring firmware

```
/**
 * @func Get the version number of the Ring firmware
 *
 * @param success The format of software and hardware version numbers is
generally "x.x.x"
 */
+ (void)getDeviceSoftAndHardVersionSuccess:(void (^)(NSString *_Nonnull, NSString
*_Nonnull))success fail:(void (^)(void))fail;
```

### 3.7 Get current steps

```
/*!
 * @func Get current steps
 */
+ (void)getCurrentSportSuccess:(void (^)(SportModel *sport))suc failed:(void (^)(
void))fail;
```



### 3.8 Get total statistics for a day(Steps、Calories、Distance、Time)

```
/*!
 * @func    Get total statistics for a day
 *
 * @param   index    : 0->Today 1->1 day ago.Maximum 29
 * @param   suc      :Using this command cannot accurately obtain the statistical data of
the day, the device will save the data every 15 minutes, so there will be a 15-minute
interval
 */
+ (void)getOneDaySportBy:(NSInteger)index success:(void (^)(SportModel *model))suc fail:
(void (^)(void))fail;
```

### 3.9 Get detailed exercise data for a day

```
/*!
 * @func    Get detailed exercise data for a day
 * @discussion There is a tick every 15 minutes, and there will be a maximum of 96
pieces of data per day. For details, please see the returned content
 * @param   items    sports:return all sports models
 */
+ (void)getSportDetailDataByDay:(NSInteger)dayIndex sportDatas:(nullable void (^)(
NSArray<SportModel *> *sports))items fail:(nullable void (^)(void))fail;
```

### 3.10 Get detailed exercise data for a specified time period on a certain day

```
/*!
 * @func    Get detailed exercise data for a specified time period on a certain day
 * @param   minuteInterval  minute interval for each index
 * @param   beginIndex      time period start index
 * @param   endIndex        time period end index
 * @param   items           sports:return all sports models
 */
+ (void)getSportDetailDataByDay:(NSInteger)dayIndex minuteInterval:
(NSInteger)minuteInterval beginIndex:(NSInteger)beginIndex endIndex:(NSInteger)endIndex
sportDatas:(nullable void (^)(NSArray<SportModel *> *sports))items fail:(nullable void
(^)(void))fail;
```

### 3.11 Get detailed sleep data for a day

```
//sleep data type
typedef NS_ENUM(NSInteger, SLEEPTYPE) {
    SLEEPTYPENONE,      //no data
    SLEEPTYPESOBER,     //wide awake
    SLEEPTYPELIGHT,     //light sleep
    SLEEPTYPEDEEP,      //Deep sleep
    SLEEPTYPEUNWEARED   //not worn
};

@interface QCSleepModel : NSObject
@property (nonatomic, assign) SLEEPTYPE type;           //sleep type
@property (nonatomic, strong) NSString *happenDate;    //Start Time yyyy-MM-dd HH:mm:ss
@property (nonatomic, strong) NSString *endTime;       //End Time yyyy-MM-dd HH:mm:ss.
@property (nonatomic, assign) NSInteger total;         //Time interval between start time
and end time (unit: minutes)
@end

/*!
 * @func Get detailed sleep data for a day
 * @discussion The time period corresponding to each sleep type, please see the returned
content for details
 * @param items sleeps:return all sleep models
 */
+ (void)getSleepDetailDataByDay:(NSInteger)dayIndex sleepDatas:(nullable void (^)
(NSArray<QCSleepModel *> *sleeps))items fail:(nullable void (^)(void))fail;
```

### 3.12 Find Ring

```
/**
 * Find Ring
 */
+ (void)lookupDeviceSuccess:(void (^)(void))suc fail:(void (^)(void))fail;
```

### 3.13 Ring to the camera interface

```
/**
 * Switch the lower computer to the camera interface
 */
+ (void)switchToPhotoUISuccess:(nullable void (^)(void))success fail:(nullable void (^)(
void))fail;
```

### 3.14 keep the camera interface

```
/**
 * Keep the camera interface of the lower computer
 */
+ (void)holdPhotoUISuccess:(nullable void (^)(void))success fail:(nullable void (^)(void))fail;
```

### 3.15 Stop taking pictures

```
/**
 * Stop the lower computer to take pictures
 */
+ (void)stopTakingPhotoSuccess:(nullable void (^)(void))success fail:(nullable void (^)(void))fail;
```

### 3.16 Restart the Ring

```
/**
 Restart the Ring
 */
+ (void)resetBandHardlySuccess:(nullable void (^)(void))suc fail:(nullable void (^)(void))fail;
```

### 3.17 Get Ring Mac address

```
/**
 * @func Get Ring Mac address
 * @param success The Mac address format is "AA:BB:CC:DD:EE:FF"
 */
+ (void)getDeviceMacAddressSuccess:(nullable void (^)(NSString *_Nullable macAddress))success fail:(nullable void (^)(void))fail;
```

### 3.18 Get information about the timed blood pressure measurement function

```

/**
 * Get information about the timed blood pressure measurement function
 * @param success featureOn YES: ON; NO: OFF
 *
 * beginTime Start time, format "HH:mm"
 *
 * endTime End time, the format is "HH:mm"
 *
 * minuteInterval minute interval (minutes)
 */
+ (void)getSchedualBPInfo:(nullable void (^)(BOOL featureOn, NSString *beginTime,
NSString *endTime, NSInteger minuteInterval))success fail:(void (^)(void))fail;

```

### 3.19 Information on setting the timed blood pressure measurement function

```

/**
 * Information on setting the timed blood pressure measurement function
 * @param featureOn YES: ON; NO: OFF
 * @param beginTime Start time, format "HH:mm"
 * @param endTime End time, the format is "HH:mm"
 * @param minuteInterval minute interval (minutes)
 */
+ (void)setSchedualBPInfoOn:(BOOL)featureOn beginTime:(NSString *)beginTime endTime:
(NSString *)endTime minuteInterval:(NSInteger)minuteInterval success:(nullable void (^)(
BOOL featureOn, NSString *beginTime, NSString *endTime, NSInteger
minuteInterval))success fail:(void (^)(void))fail;

```

### 3.20 Obtain historical data for timed blood pressure measurements

```

/**
 * Obtain historical data for timed blood pressure measurements
 * @param userAge :User age
 * @param success data: Heart rate module data, the current reply is actually unified
as heart rate, which can be processed by itself in the callback
 */
+ (void)getSchedualBPHistoryDataWithUserAge:(NSInteger)userAge success:(nullable void (^)(
NSArray<BloodPressureModel *> *data))success fail:(nullable void (^)(void))fail;

```

### 3.21 Reset the Ring to factory settings

```

/**
 * Reset the Ring to factory settings
 */
+ (void)resetBandToFacotrySuccess:(nullable void (^)(void))success fail:(nullable void
(^)(void))fail;

```

### 3.22 Get historical data of exercise records

```
/**
 * @func Get historical data of exercise records
 * @param lastUnixSeconds The time when the last exercise data occurred (seconds since
1970-01-01 00:00:00)
 * @note success models Motion data array
 */
+ (void)getExerciseDataWithLastUnixSeconds:(NSInteger)lastUnixSeconds getData:(nullable
void (^)(NSArray<ExerciseModel *> *models))getData fail:(nullable void (^)(void))fail;
```

### 3.23 Get historical data for manual blood pressure measurements

```
/**
 * Get historical data for manual blood pressure measurements
 * @param lastUnixSeconds Time when the last manual blood pressure data occurred
(seconds since 1970-01-01 00:00:00)
 * @param success data blood pressure data array
 */
+ (void)getManualBloodPressureDataWithLastUnixSeconds:(NSInteger)lastUnixSeconds
success:(nullable void (^)(NSArray<BloodPressureModel *> *data))success fail:(nullable
void (^)(void))fail;
```

### 3.24 Get timed heart rate historical data

```
/**
 * @func Get timed heart rate historical data
 * @param dates: List of dates for which historical data needs to be obtained
 * @note success models Timed heart rate data array
 */
+ (void)getSchedualHeartRateDataWithDates:(NSArray<NSDate *> *)dates success:(nullable
void (^)(NSArray<SchedualHeartRateModel *> *models))success fail:(nullable void (^)(
void))fail;

/**
 * @func Get timed heart rate historical data
 * @param dayIndexs The number of days for which historical data needs to be obtained (0-
>today, 1->yesterday, 2->the day before yesterday, and so on)
 * @note success models Timed heart rate data array
 */
```

```
+ (void)getSchedualHeartRateDataWithDayIndexs:(NSArray<NSNumber*> *)dayIndexs success:
(void (^)(NSArray<QCSchedualHeartRateModel *> *_Nonnull))success fail:(void (^)(
(void))fail;
```

### 3.25 Get information about the timed heart rate function

```
/**
 * Get information about the timed heart rate function
 * @param success enable Whether the timed heart rate function is enabled. YES: ON;
NO: OFF
 */
+ (void)getSchedualHeartRateStatusWithCurrentState:(BOOL)enable success:(nullable void
(^)(BOOL enable))success fail:(nullable void (^)(void))fail;
```

### 3.26 Information on setting the timed heart rate function

```
/**
 * Information on setting the timed heart rate function
 * @param enable Whether the timed heart rate function is enabled. YES: ON; NO: OFF
 */
+ (void)setSchedualHeartRateStatus:(BOOL)enable success:(nullable void (^)(BOOL
enable))success fail:(nullable void (^)(void))fail;
```

### 3.27 According to the specified time stamp, the new version of Sports+ (V2) data summary information

```
/**
 According to the specified time stamp, the new version of Sports+ (V2) data summary
information
 @param timestamp
 @param finished spSummary - Motion+Summary info array
 */
+ (void)getSportPlusSummaryFromTimestamp:(NSTimeInterval)timestamp finished:(nullable
void (^)(NSArray *_Nullable spSummary, NSError *_Nullable error))finished;
```

### 3.28 According to the specified new version of the campaign + summary information, get some summary information and detailed data of the campaign

```
/**
    According to the specified new version of the campaign + summary information, get some
    summary information and detailed data of the campaign
    @param finished spSummary - Motion+Summary info array
    */
+ (void)getSportPlusDetailsWithSummary:(OdmGeneralExerciseSummaryModel *)summary
finished:(nullable void (^)(OdmGeneralExerciseSummaryModel *_Nullable summary,
OdmGeneralExerciseDetailModel *_Nullable detail, NSError *_Nullable error))finished;
```

### 3.29 Get/set user target information

```
/**
    Get/set user target information

    * @param suc stepTarget:      Step target
      calorieTarget:      Calorie Goal, Unit: Calories
      distanceTarget:      Distance to target, unit: meters
      sportDuration:      Exercise duration target Unit: minutes (reserved value,
default: 0)
      sleepDuration:      Sleep duration target unit: minutes (reserved value,
default: 0)
    */
+ (void)getStepTargetInfoWithSuccess:(nullable void (^)(NSInteger stepTarget,NSInteger
calorieTarget,NSInteger distanceTarget,NSInteger sportDuration,NSInteger
sleepDuration))suc fail:(nullable void (^)(void))fail;

/**
    Set user target information

    * @param stepTarget:      Step target
    * @param calorieTarget:      Calorie Goal, Unit: Calories
    * @param distanceTarget:      Distance to target, unit: meters
    * @param sportDuration:      Exercise duration target Unit: minutes (reserved value,
default: 0)
    * @param sleepDuration:      Sleep duration target unit: minutes (reserved value, default:
0)
    */
+ (void)setStepTarget:(NSInteger)stepTarget calorieTarget:(NSInteger)calorieTarget
distanceTarget:(NSInteger)distanceTarget sportDurationTarget:(NSInteger)sportDuration
sleepDurationTarget:(NSInteger)sleepDuration success:(nullable void (^)(void))suc fail:
(nullable void (^)(void))fail;
```

### 3.30 Obtain historical data of timed body temperature measurement

```
/**
 * Obtain historical data of timed body temperature measurement
 */
+ (void)getSchedualTemperatureDataByDayIndex:(NSInteger)dayIndex finished:(nullable void (^)(NSArray *_Nullable temperatureList, NSError *_Nullable error))finished;
```

### 3.31 Get historical data for manual body temperature measurements

```
/**
 * Get historical data for manual body temperature measurements
 */
+ (void)getManualTemperatureDataByDayIndex:(NSInteger)dayIndex finished:(nullable void (^)(NSArray *_Nullable temperatureList, NSError *_Nullable error))finished;
```

### 3.32 Get historical data for blood oxygen measurements

```
/**
 * Get historical data for blood oxygen measurements
 */
+ (void)getBloodOxygenDataByDayIndex:(NSInteger)dayIndex finished:(void (^)(NSArray *_Nullable, NSError *_Nullable))finished;
```

### 3.33 Send firmware file

```
/**
 Send the firmware file and request to use the bin file to upgrade, the result will be
 processed in the callback

 @param data          OTA binary character stream
 @param start          start sending callback
 @param percentage     progress callback
 @param success        success callback
 @param failed         failure callback
 */

+ (void)syncOtaBinData:(NSData *)data
    start:(nullable void (^)(void))start
  percentage:(nullable void (^)(int percentage))percentage
    success:(nullable void (^)(int seconds))success
    failed:(nullable void (^)(NSError *error))failed;
```



### 3.34 Receive a Ring message

```
@interface QCSDKManager : NSObject

/*
 * Receive notifications from Ring, find phone
 */
@property(nonatomic,copy)void(^findPhone)(void);

/*
 * Receive notifications from Ring, enter camera
 */
@property(nonatomic,copy)void(^switchToPicture)(void);

/*
 * Receive notification of Ring, take photo
 */
@property(nonatomic,copy)void(^takePicture)(void);

/*
 * Receive a notification from the Ring to end taking pictures
 */
@property(nonatomic,copy)void(^stopTakePicture)(void);

// singleton class instance
+ (instancetype)shareInstance;

@end
```

### 3.35 Set/get timed blood oxygen switch status

```
/**
 * Information on setting the timed oximetry function
 * @param featureOn YES: ON; NO: OFF
 */

+ (void)setSchedualBOInfoOn:(BOOL)featureOn success:(nullable void (^)(BOOL featureOn))success fail:(void (^)(void))fail;

/**
 * Get information about the timed oximetry function
 * @param success featureOn YES: 开启; NO: 关闭
 */

+ (void)getSchedualBOInfoSuccess:(nullable void (^)(BOOL featureOn))success fail:(void (^)(void))fail;
```

### 3.36 Send measurement commands (commands are encapsulated in QCSDKManager)

```
typedef NS_ENUM(NSInteger, QCMeasuringType) {
    QCMeasuringTypeHeartRate = 0,    //Heart rate measurement
    QCMeasuringTypeBloodPressue,      //blood pressure measurement
    QCMeasuringTypeBloodOxygen,       //blood oxygen measurement
    QCMeasuringTypeOneKeyMeasure,     //One-click measurement
    QCMeasuringTypeStress,
    QCMeasuringTypeBloodGlucose,
    QCMeasuringTypeCount,
};

//The measurement result is the result in the hanle callback
//When measuring heart rate, result returns NSNumber: @(60)
//When measuring blood pressure, the result returned is
NSDictionary:@{@"sbp":@"120",@"dbp":@"60"}
//When measuring blood oxygen, the result returns NSNumber: @(98)

/// Send measurement order
/// @param type                :Measurement type
/// @param measuring           :Real-Time Measuring Value
/// @param handle              :Measurement result callback (error code: -1: failed to
send start command, -2: failed to send end command, -3: bracelet is not properly worn)
- (void)startToMeasuringWithOperateType:(QCMeasuringType)type measuringHandle:(void(^)(id
_Nullable result))measuring completedHandle:(void(^)(BOOL isSuccess,id _Nullable
result, NSError * _Nullable error))handle;

/// Send measurement order
/// @param type                :Measurement type
/// @param measuring           :Real-Time Measuring Value
/// @param handle              :Measurement result callback (error code: -1: failed to
send start command, -2: failed to send end command, -3: bracelet is not properly worn)
- (void)startToMeasuringWithOperateType:(QCMeasuringType)type timeout:(NSInteger)timeout
measuringHandle:(void(^)(id _Nullable result))measuring completedHandle:(void(^)(BOOL
isSuccess,id _Nullable result, NSError * _Nullable error))handle;

/// stop measurement command
/// @param type                :Measurement type
/// @param handle              :Measurement result callback (error code:-1: Failed to send end
command)
- (void)stopToMeasuringWithOperateType:(QCMeasuringType)type completedHandle:(void(^)(
BOOL isSuccess, NSError *error))handle;
```

### 3.37 Sleep protocol (get a day to today)

```
/*!
 * @func    Get all sleep data from a certain day to today
 * @param   fromDayIndex  The number of days from today, (0: means today, 1: means
yesterday)
 * @param   items          Returned sleep data (key: days from today, value: corresponding
sleep data)
 * @param   fail           failed callback
 */
+ (void)getSleepDetailDataFromDay:(NSInteger)fromDayIndex sleepDatas:(nullable void (^)(
NSDictionary <NSString*,NSArray<QCSleepModel*>*>*_Nonnull))items fail:(nullable void (^)(
void))fail;
```

### 3.38 RealTime HeartRate Measuring

```
typedef enum {
    QCBandRealTimeHeartRateCmdTypeStart = 0x01, //Start real-time heart rate measurement
    QCBandRealTimeHeartRateCmdTypeEnd, //End real-time heart rate measurement
    QCBandRealTimeHeartRateCmdTypeHold, //Continuous heart rate test (for continuous
measurement to keep alive)
} QCBandRealTimeHeartRateCmdType;

/**
 * RealTime HeartRate Measuring
 * 实时心率测量
 *
 * @param type          :commond type
 * @param finished      :finish callback
 */
+ (void)realTimeHeartRateWithCmd:(QCBandRealTimeHeartRateCmdType)type finished:(nullable
void (^)(BOOL))finished;
```

### 3.39 Set Sport Mode State (Only Ring support)

```
/// Set Sport Mode State
///
/// - Parameters:
///   - sportType: type
///   - state: state
///   - finished: finished callback
+ (void)operateSportModeWithType:(OdmSportPlusExerciseModelType)sportType state:
(QCSportState)state finish:(void (^)(id _Nullable, NSError * _Nullable))finished;
```

Get callback:

```

[QCSDKManager sharedInstance].currentSportInfo = ^(QCSportInfoModel * _Nonnull
sportInfo) {

    NSLog(@"sportType:%zd,duration:%zd,state:%u,hr:%zd,step:%zd,calorie(unit:calorie):%zd,distance(unit:meter):%zd",sportInfo.sportType,sportInfo.duration,sportInfo.state,sportInfo.hr,sportInfo.step,sportInfo.calorie,sportInfo.distance);
};

```

### 3.40 Get Schedual Stress Datas (Only Ring support)

```

/// Get Schedual Stress Datas (Only Ring Support)
///
/// - Parameters:
/// - dates: 0-6,0:today,1:yesterday....
/// - finished: finished callback
+ (void)getSchedualStressDataWithDates:(NSArray<NSNumber*> *)dates finished:(void (^)(NSArray * _Nullable, NSError * _Nullable))finished;;

/// Get Schedual Stress Status
///
/// - Parameter finished: finished callback
+ (void)getSchedualStressStatusWithFinshed:(nullable void (^)(BOOL,NSError * _Nullable error))finished;

/// Set Schedual Stress Status
///
/// - Parameters:
/// - enable:YES:On,NO:Off
/// - finished: finished callback
+ (void)setSchedualStressStatus:(BOOL)enable finshed:(nullable void (^)(NSError * _Nullable error))finished;

```

### 3.42 Get Schedual HRV Datas (Only Ring Support)

```

/// Get Schedual HRV Datas (Only Ring Support)
///
/// @param dates 0-6,0:today,1:yesterday....
/// @param finished finished callback
+ (void)getSchedualHRVDataWithDates:(NSArray<NSNumber*> *)dates finished:(void (^)(NSArray * _Nullable, NSError * _Nullable))finished;

/// Get Schedual HRV Status
///
/// - Parameter finished: finished callback

```

```

+ (void)getSchedualHRVWithFinshed:(nullable void (^)(BOOL, NSError *_Nullable
error))finished;

/// Set Schedual HRV Status
///
/// - Parameters:
///   - enable:YES:On,NO:Off
///   - finished: finished callback
+ (void)setSchedualHRVStatus:(BOOL)enable finshed:(nullable void (^)(NSError *_Nullable
error))finished;

```

### 3.43 Get Touch Control Type

```

/// Get Touch Control Type
///
/// @param finished : callback-> type:QCTouchGestureControlType ,strength:1-10
+ (void)getTouchControlFinshed:(nullable void (^)(
QCTouchGestureControlType, NSInteger, NSError *_Nullable error))finished;

/// Set Touch Control Type
/// @param type : type
/// @param strength :1-10
/// @param finished :callback
+ (void)setTouchControl:(QCTouchGestureControlType)type strength:(NSInteger)strength
finshed:(nullable void (^)(NSError *_Nullable error))finished;

/// Get Gesture Control Type
///
/// @param finished : callback-> type:QCTouchGestureControlType ,strength:1-10
+ (void)getGestureControlFinshed:(nullable void (^)(
QCTouchGestureControlType, NSInteger, NSError *_Nullable error))finished;

/// Set Gesture Control Type
/// @param type : type
/// @param strength :1-10
/// @param finished :callback
+ (void)setGestureControl:(QCTouchGestureControlType)type strength:(NSInteger)strength
finshed:(nullable void (^)(NSError *_Nullable error))finished;

```

### 3.43 Wearing Calibration

```

/// Wearing Calibration
///
/// @param type 1->Start calibration (reset ring data), 2->End calibration, 3->Get single
data, 4->Power consumption mode, 5->Stop power consumption, 6->App starts calibration
/// @param finished finshed callback
+ (void)wearCalibration:(NSInteger)type finshed:(nullable void (^)(NSError *_Nullable
error))finished;

```

### 3.44 Get Sedentary Reminder

```

/// Get Sedentary Reminder (Only Ring Support)
///
/// @param fromDayIndex :0->Today,1->Yesterday,2->The day before yesterday ....
/// @param finished : callback
+ (void)getSedentaryReminderFromDay:(NSInteger)fromDayIndex finished:(nullable void (^)(
NSDictionary <NSString*,NSArray<QCSedentaryModel*>*>*_Nullable datas, NSError *_Nullable
error))finished;

```