Spiritual Tracker Readme - Bourgeois

Spiritual Addiction Tracker

🛠 Overview

The Spiritual Addiction Tracker is a faith-based React web app that helps users overcome and reflect on spiritual struggles like lust, pride, wrath, envy, gluttony, greed, and sloth. Through guided journaling, scripture-based encouragement, and goal-setting, users can track their growth, mark victories, and deepen their spiritual walk.

✝️ Purpose

This app was created to be more than a checklist. It’s a space for spiritual accountability, reflection, and redemption. Every feature—from Bible verse replies to daily logs—is built to help users confront sin and celebrate spiritual progress through Christ.

🚀 Features

✅ Daily sin struggle log with linked Bible verses

✅ View logs history to reflect on spiritual growth

✅ Track current & best streaks for resilience

✅ 7 Deadly Sins tracker (mark sins as "Struggling" or "Overcome")

✅ Spiritual goal tracking (prayer, fasting, reading, etc.)

✅ Contact/Reflection form with automatic scripture reply

✅ Mobile-friendly layout and navigation

✅ Clean, themed UI (dark-to-light gradient, divine gold highlights)

🧱 Tech Stack

Frontend: React, React Router DOM

Styling: CSS (custom), Responsive Design

State Management: useState, localStorage (optional persistence)

Version Control: Git + GitHub

Deployment: GitHub Pages

📖 How to Use

Visit the homepage to view your dashboard.

Navigate to:

/sinlog to journal a daily struggle (and receive a verse)

/seven-deadly-sins to track core sins and mark progress

/todo to set spiritual goals

/contact to reflect and get a scripture-based response

Review your logs regularly to build awareness and encouragement.

🌱 Future Improvements

🔐 Add user accounts for personalized tracking and history

☁️ Sync logs with a backend for true persistence

📱 Create a native app version for iOS/Android

📊 Add charts or visual stats on growth and streaks

🧠 Integrate devotionals or daily verse widgets

🙏 Author

Matthew Bourgeois Bootcamp student with a passion for purposeful, faith-inspired development.

📍 Live Project

## 🔗 Links

- GitHub Repository: https://github.com/Matthew-Bourgeois/spiritual-addiction-tracker

- Live Site: https://matthew-bourgeois.github.io/spiritual-addiction-tracker/