

Demographics table

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Full table only

Full sample characteristics

Variable	N = 40,136 ¹
Response variables	
Mask usage	21,658 (54%)
Compliance with protective behaviours	26,149 (65%)
Self protective behaviours	
Non-household contacts	23.00 (87.49)
Willingness to isolate if unwell	
Not sure	3,328 (8.3%)
No	6,808 (17%)
Yes	30,000 (75%)
Willingness to isolate if instructed	
Not sure	546 (1.4%)
Very unwilling	715 (1.8%)
Somewhat unwilling	796 (2.0%)
Neither willing nor unwilling	2,484 (6.2%)
Somewhat willing	7,859 (20%)
Very willing	27,736 (69%)
Other protective health behaviours (out of five)	3.73 (1.40)
Demographics	
Age	47.95 (17.04)
Gender	
Female	20,752 (52%)
Male	19,384 (48%)
State	
Australian Capital Territory	635 (1.6%)
New South Wales	12,204 (30%)
Northern Territory	274 (0.7%)
Queensland	8,188 (20%)
South Australia	3,853 (9.6%)
Tasmania	825 (2.1%)
Victoria	10,323 (26%)
Western Australia	3,834 (9.6%)
Household size	2.67 (1.37)
Employment status	

Not working	4,285 (11%)
Unemployed	4,154 (10%)
Part time employment	9,268 (23%)
Full time employment	14,001 (35%)
Retired	8,428 (21%)
<hr/> Trust in government <hr/>	
Confidence in government response to COVID-19	
Don't know	1,149 (2.9%)
No confidence at all	2,528 (6.3%)
Not very much confidence	6,296 (16%)
A fair amount of confidence	19,806 (49%)
A lot of confidence	10,357 (26%)
Opinion of government handling of COVID-19	
Don't know	1,270 (3.2%)
Very badly	5,043 (13%)
Somewhat badly	6,635 (17%)
Somewhat well	17,333 (43%)
Very well	9,855 (25%)
<hr/> Health, mental health and wellbeing <hr/>	
Satisfaction with life	6.29 (2.07)
Little interest or pleasure in doing things	
N/A	6,175 (15%)
Prefer not to say	391 (1.0%)
Not at all	14,184 (35%)
Several days	10,670 (27%)
More than half the days	4,848 (12%)
Nearly every day	3,868 (9.6%)
Feeling down, depressed, or hopeless	
N/A	6,183 (15%)
Prefer not to say	453 (1.1%)
Not at all	15,355 (38%)
Several days	10,446 (26%)
More than half the days	4,026 (10%)
Nearly every day	3,673 (9.2%)
Feeling nervous, anxious, or on edge	
N/A	6,183 (15%)
Prefer not to say	398 (1.0%)
Not at all	13,438 (33%)
Several days	11,558 (29%)
More than half the days	4,389 (11%)
Nearly every day	4,170 (10%)
Not being able to stop or control worrying	
N/A	6,182 (15%)
Prefer not to say	407 (1.0%)
Not at all	15,223 (38%)
Several days	10,160 (25%)
More than half the days	4,074 (10%)
Nearly every day	4,090 (10%)
Comorbidity	
NA	6,205 (15%)
Prefer not to say	583 (1.5%)
No	15,005 (37%)

Yes	18,343 (46%)
Perception of illness threat	
Perceived severity (out of seven)	4.47 (1.96)
Perceived susceptibility (out of seven)	3.51 (1.83)

¹_n (%); Mean (SD)

Sub data tables

Full sample characteristics

Variable	Overall N = 40,136 ¹	Pre mandates N = 14,945 ¹	During mandate N = 25,191 ¹
Response variables			
Mask usage	21,658 (54%)	3,861 (26%)	17,797 (71%)
Compliance with protective behaviours	26,149 (65%)	7,910 (53%)	18,239 (72%)
Self protective behaviours			
Non-household contacts	23.00 (87.49)	21.19 (79.06)	24.08 (92.12)
Willingness to isolate if unwell			
Not sure	3,328 (8.3%)	1,314 (8.8%)	2,014 (8.0%)
No	6,808 (17%)	2,556 (17%)	4,252 (17%)
Yes	30,000 (75%)	11,075 (74%)	18,925 (75%)
Willingness to isolate if instructed			
Not sure	546 (1.4%)	218 (1.5%)	328 (1.3%)
Very unwilling	715 (1.8%)	251 (1.7%)	464 (1.8%)
Somewhat unwilling	796 (2.0%)	292 (2.0%)	504 (2.0%)
Neither willing nor unwilling	2,484 (6.2%)	1,009 (6.8%)	1,475 (5.9%)
Somewhat willing	7,859 (20%)	2,957 (20%)	4,902 (19%)
Very willing	27,736 (69%)	10,218 (68%)	17,518 (70%)
Other protective health behaviours (out of five)	3.73 (1.40)	3.56 (1.41)	3.83 (1.38)
Demographics			
Age	47.95 (17.04)	48.28 (17.05)	47.75 (17.03)
Gender			
Female	20,752 (52%)	7,697 (52%)	13,055 (52%)
Male	19,384 (48%)	7,248 (48%)	12,136 (48%)
State			
Australian Capital Territory	635 (1.6%)	414 (2.8%)	221 (0.9%)
New South Wales	12,204 (30%)	7,135 (48%)	5,069 (20%)
Northern Territory	274 (0.7%)	233 (1.6%)	41 (0.2%)
Queensland	8,188 (20%)	2,472 (17%)	5,716 (23%)
South Australia	3,853 (9.6%)	2,313 (15%)	1,540 (6.1%)
Tasmania	825 (2.1%)	648 (4.3%)	177 (0.7%)
Victoria	10,323 (26%)	502 (3.4%)	9,821 (39%)
Western Australia	3,834 (9.6%)	1,228 (8.2%)	2,606 (10%)
Household size	2.67 (1.37)	2.69 (1.39)	2.66 (1.36)
Employment status			
Not working	4,285 (11%)	1,523 (10%)	2,762 (11%)
Unemployed	4,154 (10%)	1,597 (11%)	2,557 (10%)

Part time employment	9,268 (23%)	3,465 (23%)	5,803 (23%)
Full time employment	14,001 (35%)	5,126 (34%)	8,875 (35%)
Retired	8,428 (21%)	3,234 (22%)	5,194 (21%)
Trust in government			
Confidence in government response to COVID-19			
Don't know	1,149 (2.9%)	401 (2.7%)	748 (3.0%)
No confidence at all	2,528 (6.3%)	558 (3.7%)	1,970 (7.8%)
Not very much confidence	6,296 (16%)	1,595 (11%)	4,701 (19%)
A fair amount of confidence	19,806 (49%)	7,591 (51%)	12,215 (48%)
A lot of confidence	10,357 (26%)	4,800 (32%)	5,557 (22%)
Opinion of government handling of COVID-19			
Don't know	1,270 (3.2%)	406 (2.7%)	864 (3.4%)
Very badly	5,043 (13%)	1,029 (6.9%)	4,014 (16%)
Somewhat badly	6,635 (17%)	1,737 (12%)	4,898 (19%)
Somewhat well	17,333 (43%)	6,979 (47%)	10,354 (41%)
Very well	9,855 (25%)	4,794 (32%)	5,061 (20%)
Health, mental health and wellbeing			
Satisfaction with life	6.29 (2.07)	6.31 (2.05)	6.27 (2.08)
Little interest or pleasure in doing things			
N/A	6,175 (15%)	1,638 (11%)	4,537 (18%)
Prefer not to say	391 (1.0%)	148 (1.0%)	243 (1.0%)
Not at all	14,184 (35%)	5,703 (38%)	8,481 (34%)
Several days	10,670 (27%)	4,095 (27%)	6,575 (26%)
More than half the days	4,848 (12%)	1,873 (13%)	2,975 (12%)
Nearly every day	3,868 (9.6%)	1,488 (10.0%)	2,380 (9.4%)
Feeling down, depressed, or hopeless			
N/A	6,183 (15%)	1,635 (11%)	4,548 (18%)
Prefer not to say	453 (1.1%)	184 (1.2%)	269 (1.1%)
Not at all	15,355 (38%)	6,192 (41%)	9,163 (36%)
Several days	10,446 (26%)	3,965 (27%)	6,481 (26%)
More than half the days	4,026 (10%)	1,570 (11%)	2,456 (9.7%)
Nearly every day	3,673 (9.2%)	1,399 (9.4%)	2,274 (9.0%)
Feeling nervous, anxious, or on edge			
N/A	6,183 (15%)	1,640 (11%)	4,543 (18%)
Prefer not to say	398 (1.0%)	163 (1.1%)	235 (0.9%)
Not at all	13,438 (33%)	5,397 (36%)	8,041 (32%)
Several days	11,558 (29%)	4,454 (30%)	7,104 (28%)
More than half the days	4,389 (11%)	1,673 (11%)	2,716 (11%)
Nearly every day	4,170 (10%)	1,618 (11%)	2,552 (10%)
Not being able to stop or control worrying			
N/A	6,182 (15%)	1,634 (11%)	4,548 (18%)
Prefer not to say	407 (1.0%)	154 (1.0%)	253 (1.0%)
Not at all	15,223 (38%)	6,089 (41%)	9,134 (36%)
Several days	10,160 (25%)	3,894 (26%)	6,266 (25%)
More than half the days	4,074 (10%)	1,584 (11%)	2,490 (9.9%)
Nearly every day	4,090 (10%)	1,590 (11%)	2,500 (9.9%)
Comorbidity			
NA	6,205 (15%)	1,648 (11%)	4,557 (18%)
Prefer not to say	583 (1.5%)	212 (1.4%)	371 (1.5%)
No	15,005 (37%)	5,899 (39%)	9,106 (36%)
Yes	18,343 (46%)	7,186 (48%)	11,157 (44%)

Perception of illness threat			
Perceived severity (out of seven)	4.47 (1.96)	4.44 (1.99)	4.48 (1.94)
Perceived susceptibility (out of seven)	3.51 (1.83)	3.16 (1.73)	3.72 (1.86)

¹n (%); Mean (SD)