### **Psychological Bulletin**

# Parents Favor Daughters: A Meta-Analysis of Gender and Other Predictors of Parental Differential Treatment --Manuscript Draft--

Manuscript Number:	BUL-2023-1103R3
Full Title:	Parents Favor Daughters: A Meta-Analysis of Gender and Other Predictors of Parental Differential Treatment
Abstract:	Decades of research highlight that differential treatment can have negative developmental consequences, particularly for less favored siblings. Despite this robust body of research, less is known about which children in the family tend to be favored or less favored by parents. The current study examined favored treatment as predicted by birth order, gender, temperament, and personality. We also examined whether links were moderated by multiple factors (i.e., parent gender, age, reporter, domain of parenting/favoritism). Multilevel meta-analysis data were collected from 30 peer-reviewed journal articles and dissertations/theses, and 14 unused data sets. In all, the data reflected 19,469 unique participants (Mean age = 19.57, SD = 13.92). Results showed that when favoritism was based on autonomy and control, parents tended to favor older siblings. Further, parents reported favoring daughters. Conscientious and agreeable children also received more favored treatment. For conscientious children, favoritism was strongest when based on differences in conflict (i.e., more conscientious children had relatively less conflict with their parents). Parents and clinicians should be aware of which children in a family tend to be favored as a way of recognizing potentially damaging family patterns.
Article Type:	Article
Keywords:	birth order, siblings, favoritism, temperament, personality
Corresponding Author:	Alexander Jensen, PhD Brigham Young University Provo, Utah UNITED STATES
Corresponding Author E-Mail:	alexjensen@byu.edu
Corresponding Author Secondary Information:	
Corresponding Author's Institution:	Brigham Young University
Other Authors:	McKell A Jorgensen-Wells
Corresponding Author's Secondary Institution:	
First Author:	Alexander Jensen, PhD
Order of Authors Secondary Information:	
Manuscript Region of Origin:	UNITED STATES
Suggested Reviewers:	Bonamy Oliver University College London b.oliver@ucl.ac.uk has also done meta-analysis work on parental differential treatment
	Kirsten Buist University of Utrecht klbuist@uu.nl Has also done meta-analysis work on parental differential treatment
	Alison Pike University of Sussex alisonp@sussex.ac.uk Has done some of the best work in this area
	Jenny Padilla

	Notre Dame jpadill5@nd.edu A rising star in this area of research
	Jill Suitor Purdue University jsuitor@purdue.edu Jill is likely the world's leading scholar on parental differential treatment
Opposed Reviewers:	
	Alexander Jensen, PhD
	McKell A Jorgensen-Wells
Additional Information:	
Question	Response
I have read the Instructions to Authors on the Psychological Bulletin website.	Yes
I have included a cover letter that contains the names and contact information of all authors. Inclusion of such information indicates that these individuals have agreed to be an author.	Yes
I have read and agree to follow the APA Journals Internet Posting Guidelines.  Manuscripts with dissemination preacceptance will likely not be considered for publication in Psychological Bulletin. Authors must disclose any news and online activity at any point of the editorial process.	Yes
I attest that this manuscript is not being considered by another journal nor has it been published elsewhere. If applicable, I have provided information in my cover letter about any closely related manuscripts that have been submitted for consideration to the same or another journal. If the manuscript has been previously published in conference proceedings I have explained this in my cover letter.	Yes
I have obtained permission to reproduce or adapt any copyrighted material from other sources and am able to provide documentation for this permission.	Yes
I agree to comply with APA Ethics Code Standard 8.14a, Sharing Research Data for Verification, allowing other qualified professionals to confirm the analyses and results should my manuscript be accepted for publication. Per APA guidelines I will	Yes

retain raw data for a minimum of 5 years after publication of the research.	
If my manuscript is accepted for publication, I agree to transfer copyright to APA per the guidelines on the APA Publication Rights Form.	Yes
I have followed instructions to adequately conceal the identity of all authors to ensure masked review.	Yes
If my manuscript submission includes supplemental materials, I have explained the relevance of these materials in the cover letter, in the article itself, and within the supplemental materials.	Yes
Was this manuscript or a manuscript that covered any overlapping issues submitted to Psychological Bulletin in the past?	No
Has this manuscript or a related one been previously submitted to Psychological Bulletin and rejected without an invitation to resubmit?	No
If your paper is a commentary, are you submitting a commentary of a paper currently in press? (Psychological Bulletin does not accept commentaries of manuscripts published earlier, as commentaries are sought at the time of review of a manuscript. Other commentaries may be submitted to other outlets.)	No
Was your manuscript prepared in LaTex?	No
Please provide an explanation. as follow-up to "Was your manuscript prepared in LaTex?"	It was prepared in word.
Does your manuscript report a narrative review?	No
Please provide an explanation. as follow-up to "Does your manuscript report a narrative review?"	It is a meta-analysis
Original color figures can be printed in color at the editor's and publisher's discretion provided the author agrees to pay a portion of the cost. A list of the color figure prices charged to the author is available <a href="here">here</a> . Please indicate which statement applies to your manuscript:	Print figures in grayscale, display as color online only. There is no cost to the author for this option.

If your paper is accepted, do you have any disclosures that would need to be listed on the Full Disclosure of Interests form? This includes any interests or activities that might be seen as influencing the research (e.g., financial interests in a test or procedure, funding by pharmaceutical companies for research).

No, I have no disclosures to report.



September 26, 2024

Dear Dr. Johnson,

Attached you will find the revised version of our meta-analysis entitled "Parents Favor Daughters: A Meta-Analysis of Gender and Other Predictors of Parental Differential Treatment" (BUL-2023-1103R3) for consideration in *Psychological Bulletin*. The authors for this paper are Alexander C. Jensen<sup>1</sup> and McKell A. Jorgensen-Wells<sup>2</sup>.

We sincerely appreciate the feedback from yourself and the reviewers. The thorough and thoughtful comments have helped us craft a better manuscript. We have included a letter that details our response and revisions for each piece of feedback.

Alexander C. Jensen, Ph.D.

aly Jon

Associate Professor of Human Development

School of Family Life

Brigham Young University

<sup>1</sup>School of Family Life, Brigham Young University

<sup>2</sup>Social, Personality, and Developmental Psychology, Western University

- 1. From your Figure 1, we see that you identified another meta-analysis in your search for studies. Consider commenting on any issues with this prior meta-analysis, which appears to be the only one that previously addressed your phenomenon. If you have not already done so, you might also highlight important prior conceptual or review papers (you listed finding 30 of these). It is important for you to justify what your meta-analysis adds beyond this source. Make adjustments as necessary to your introduction and Discussion.
  - 1. Response: Our search terms were necessarily broad, this meant that we captured many sources which were ultimately unrelated or only tangentially related to the content of this study (they were often about sibling relationships in general). The referenced meta-analysis (Buist et la., 2013) was on PDT, but examined how PDT promoted psychopathology in children and adolescents. In other words, it did not address the same questions as our paper, even tangentially. The excluded review papers were even more different than our study. They addressed completely different topics (e.g., the role of sibling closeness and conflict in social development). As such, we do not believe there is a need to specifically address those papers in our study.
- 2. We find your meta-regression results somewhat under-reported. Specifically, you find significant moderation patterns in meta-regressions, but report only the slopes of each model, without also showing how estimated mean effect sizes vary based on meaningful levels of continuous moderators or of categorical moderators. Often it can be useful to put these in Tables and/or Figures (depending on their interest value). It might change some of your conclusions (e.g., if an association is null for some categories of studies or respondents). See the most recent <u>Bulletin editorial</u> (and its discussion of Figure 2). <u>Roberts et al.'s (2017)</u> meta-analysis provides an exemplary approach for presenting moderation results simultaneously in a single deviation graph (see their Figure 1). If you need help, please <u>email my office directly</u>.
  - 1. Response: This information was already presented in the text, but we love the suggestion of a deviation plot. We now include a deviation plot in Figure 2.
- 3. If you masked any citations or other material for review purposes, please include the full information now.
  - 1. Response: There were two instances. Both are now included.
- 4. Please add a citation for your online repository page to the list of references, if you have not already. For instructions on how to generate a citation, please visit this <u>page</u>, which explains how to do so with OSF repositories.
  - 1. Response: The reference is now included
- 5. If your paper includes a **meta-analysis**, **journal policy is that:** 
  - Authors must store data in a permanent repository (e.g., <a href="https://osf.io">https://osf.io</a>) and code unless they obtain an exemption from the editor-in-chief. Include a link to your data in the author note on your title page. If you are not including your data, please explain why in your cover letter and author note after the editor approves the exemption.

- 1. Response: The data and code are on OSF.
- Meta-analyses must include a table of studies with the values of all descriptive statistics, moderators and effect sizes. (These can be in online supplemental documents.)
  - Response: Supplemental Tables 3-10 provide simplified summaries of this
    information for each model. We included these tables because the data
    include multiple effect sizes from each source. This means we had
    thousands of effect sizes. To provide sufficient detail, however, we also
    now include Supplemental Table 17 which includes the requested
    information for each effect size.
- 6. Of course, give your work one last careful proofreading. Be attentive to expression, clarity, and other aspects of APA style (7th ed.). In fact, your main manuscript file(s) are attached with additional stylistic suggestions provided by a member of my staff. We agree with the proofreader that your title needs careful work. These and other suggestions try to bring the writing style more into conformity with APA style, which emphasizes clarity. And there are some comments added where your input is needed to resolve an issue. Please resolve all of the tracked changes and comments. There is no need to comment on these in your Response to Reviewers document (unless you disagree about some change) but do acknowledge that you have received the files and have addressed these issues.
  - 1. Response: Thank you, we have carefully attended to the feedback within the manuscript (including a title update) and completed a careful proofreading. We do have a few specific comments in response:
    - The term unused data sets we have wrestled with the proper term for these for years. We are uncomfortable with the term unpublished because it implies that the data could have still been used for theses/dissertations or conference presentations. These are data that have not been used or analyzed in the past. Thus, we use the term unused data sets.

## Parents Favor Daughters: A Meta-Analysis of Gender and Other Predictors of Parental Differential Treatment

Alexander C. Jensen<sup>1</sup> & McKell A. Jorgensen-Wells<sup>2</sup>

<sup>1</sup>School of Family Life, Brigham Young University

<sup>2</sup>Social, Personality, and Developmental Psychology, Western University

Acknowledgements: This work was funded by an internal grant to the first author. We thank the students who spent countless hours searching for and documenting studies. We especially thank Raechel B. Russo, Brittany M. Pollard, Lauren E. Andrus, Janna M. Pickett, Virginia K Leiter, and Savannah L. Kroff for their efforts in teaching and mentoring other research assistants.

Conflicts of Interest: None

Author Note: The hypotheses and analytic strategy were preregistered with the Open Science Foundation before analysis was conducted. The preregistration, along with all analysis code, data, and coding scheme can be found at the following web address:

https://osf.io/kxf3v/?view\_only=895011acce57411fbc117626f7fcb1bd

Corresponding Author: Alexander C. Jensen; 2086 JFSB, BYU, Provo, UT, 84602; 801-422-8335

Masked Manuscript without Author Information (clean copy)

THE FAVORITE CHILD

1

Parents Favor Daughters: A Meta-Analysis of Gender and Other Predictors of Parental **Differential Treatment** 

Conflicts of Interest: None

Author Note: The hypotheses and analytic strategy were preregistered with the Open Science Foundation before analysis was conducted. The preregistration, along with all analysis code, data, and coding schemes can be found at the following web address:

https://osf.io/kxf3v/?view\_only=895011acce57411fbc117626f7fcb1bd

#### Abstract

Decades of research highlight that differential treatment can have negative developmental consequences, particularly for less favored siblings. Despite this robust body of research, less is known about which children in the family tend to be favored or less favored by parents. The current study examined favored treatment as predicted by birth order, gender, temperament, and personality. We also examined whether links were moderated by multiple factors (i.e., parent gender, age, reporter, domain of parenting/favoritism). Multilevel meta-analysis data were collected from 30 peer-reviewed journal articles and dissertations/theses, and 14 unused data sets. In all, the data reflected 19,469 unique participants (Mean age = 19.57, SD = 13.92). Results showed that when favoritism was based on autonomy and control, parents tended to favor older siblings. Further, parents reported favoring daughters. Conscientious and agreeable children also received more favored treatment. For conscientious children, favoritism was strongest when based on differences in conflict (i.e., more conscientious children had relatively less conflict with their parents). Parents and clinicians should be aware of which children in a family tend to be favored as a way of recognizing potentially damaging family patterns. Keywords: birth order, differential treatment, family, parental favoritism, personality, siblings, temperament.

Public significance statement: This large-scale meta-analysis found that parents may be inclined to provide relatively favored treatment to daughters, conscientious children, and agreeable children. Parents may also be inclined to give more freedom and autonomy to older siblings.

Parents and clinicians should be aware of which children in a family tend to be favored as a way of recognizing potentially damaging family patterns.

## Parents Favor Daughters: A Meta-Analysis of Gender and Other Predictors of Parental Differential Treatment

Academic scholars have examined the consequences of parental favoritism (often termed parental differential treatment [PDT] or differential parenting in academic research contexts) for several decades. As a whole, this body of literature suggests that siblings who receive favored parental treatment tend to have better mental health (Ponappa et al., 2017; Shanahan et al., 2008), fewer problem behaviors (Meunier et al., 2012; Rolan & Marceau, 2018), more academic success (Barrett Singer & Weinstein, 2000), better self-regulation (Deater-Deckard et al., 2001; Meunier et al., 2013), and healthier relationships (Jensen & McHale, 2017; Kowal & Kramer, 1997). The inverse is also supported in these studies—that is, siblings who receive less preferential treatment tend to have poorer outcomes in these same outcomes. Importantly, PDT consistently has unique consequences beyond the effects of parenting in general (e.g., Ponappa et al., 2017; Rolan & Marceau, 2018; Shanahan et al., 2008). In other words, the positive and negative outcomes associated with PDT are not about good and bad parenting, but about being parented differently. Given the potential impacts of PDT, it is important to examine what predicts which children in the family receive favored or less favored treatment.

Despite decades of research on the potential consequences of PDT, comparatively less is known about which children in the family tend to be favored. Anchored in child effects models (Bell, 1968; Branje et al., 2010), this meta-analysis builds on existing PDT research to investigate who is more likely to receive favored treatment within families. We specifically looked at birth order, gender, temperament, and personality as potential predictors of favored treatment. We further examined multiple factors that may moderate these associations, including child age, parent gender, the reporter of PDT, the domain of parenting, and how PDT was

measured.

#### **Child Effects and Moderating Contexts**

Traditionally, research on parenting and child outcomes is based on a "top-down" model where parenting (the top) influences the development and behavior of children (the bottom; e.g., Bornstein et al., 2020). In his landmark 1968 study, Bell encouraged scholars to look beyond top-down, parent-to-child models and consider how children may elicit types of parenting. Since Bell's call to a broader perspective, generations of scholars have found evidence that individual characteristics of children can draw out or encourage certain types of parenting (Paschall & Mastergeorge, 2016; Van den Bulck et al., 2016). For example, a recent meta-analysis of 45 samples established that in the current literature, after controlling for parents' baseline psychological well-being and incompetent parenting, children's externalizing behaviors may be harmful for parents' psychological well-being (e.g., depressive symptoms, stress) and elicit incompetent parenting (e.g., harsh parenting, psychological control; Yan et al., 2021).

Links between child characteristics and PDT are likely heterogeneous. We anticipated that several factors may moderate links between children's characteristics and PDT. Those factors were parent gender, child age, the reporter of PDT (parent or child), the domain of parenting (overall favoritism, affection, conflict, resources), and how PDT was measured (perception or difference score). In the following sections we include discussions of these moderators where applicable.

The way PDT is measured needs more explanation before we review the following literature. Some studies use what we call a perceptions-based approach, where scholars have an individual provide his or her personal perception of PDT (Peng et al., 2018; Zhao et al., 2021). Other studies use what we call the difference score approach, where researchers assess parenting

with multiple reports from one individual or reports from multiple people; researchers then compare the multiple reports via difference score (e.g., Child 1's parental warmth minus Child 2's parental warmth; Browne et al., 2018; Padilla et al., 2020). Historically, the research on PDT has ignored the differences between the way perceptions and difference scores are assessed. Two studies, however, have reported on perception and difference scores collected in the same sample, claiming that the two are correlated but the link is small (Coldwell et al., 2008; Jensen & Whiteman, 2014). As such, we anticipated that links between children's characteristics and PDT would differ based on how PDT was measured, but we offered no specific hypotheses.

#### **Correlates of PDT**

#### Birth Order

The research in this area highlights that links between birth order and PDT may change depending on moderating factors, such as age and the domain of parenting. These changes may be strong enough to make it difficult to discern general patterns. For example, in early childhood, evidence suggests that parents have more conflict with older siblings compared to younger siblings (Volling & Elins, 1998). Yet, studies that have examined birth order and differential conflict in later childhood (Jenkins et al., 2003), adolescence (for fathers; Tucker et al., 2003), young adulthood (Salmon et al., 2012), and midlife (Suitor et al., 2016; Suitor & Pillemer, 2007) have found no link between birth order and differential conflict. Thus, birth order and differential conflict seem to show different patterns depending on the child's age. Consequently, it is essential to examine the moderating role of the domain of parenting because other domains show different patterns. Specifically, for differential affection, data suggests that there is no association between birth order and differential affection throughout early childhood (Volling & Elins, 1998), as there was with differential conflict (Volling & Elins, 1998). But younger siblings may

be given relatively more affection in adolescence (Tucker et al., 2003), young adulthood (Salmon et al., 2012), and midlife (Suitor et al., 2016; Suitor & Pillemer, 2007); these patterns are not seen with differential conflict (Salmon et al., 2012; Suitor et al., 2016). Other domains of parenting exist in the PDT literature (overall PDT, differential resources, differential autonomy), but it is unknown how links with these domains may vary like the differences between differential conflict and differential affection.

Beyond age and domain of parenting, the literature suggests more complex patterns when factoring in parent gender. In some cases, links emerged only for mothers (Tucker et al., 2003), and some studies only examined links with maternal PDT at the exclusion of fathers (Suitor et al., 2016; Suitor & Pillemer, 2007). In other instances, patterns were based on the perception of children themselves (Salmon et al., 2012), with still other cases based on parent perceptions (Jenkins et al., 2003). Altogether, these studies convey that although birth order is likely linked to PDT, the heterogeneity of moderators across these studies makes it difficult to identify consistent patterns. Thus, we made no formal hypotheses.

#### Gender

Beyond birth order, parents may tend to give preferential treatment for children based on the child's gender. The current literature suggests that, overall, findings are mixed on which gender receives more favorable treatment. Some PDT studies found that fathers tend to favor sons (Tucker et al., 2003) and mothers tend to favor daughters (Kalmijn, 2013; Suitor & Pillemer, 2006; Suitor et al., 2006; Tucker et al., 2003). Several other studies, however, report that in some cases mothers may provide preferential treatment to sons (Meunier et al., 2012). Still others suggest that daughters may be more favored across the board (Coldwell et al., 2008; Jensen et al., 2015; Pauker et al., 2014; Salmon et al., 2012; Suitor et al., 2016), with more

studies reporting few to no differences (Browne et al., 2012; Hamwey & Whiteman, 2021; Keller et al., 2001; Roskam & Meunier, 2009).

Similar to patterns with birth order, it is difficult to make sense of these findings because of the variation among these studies on key moderators. Studies that examined gender and PDT measured children at different ages (Browne et al., 2012; Gozu & Newman, 2020), focused on either maternal or paternal PDT (Hamwey & Whiteman, 2021; Suitor et al., 2016), used reports from either children or parents (Davey et al., 2009; Meunier et al., 2012), explored different domains of parenting (Jensen et al., 2015; Tucker et al., 2003), and measured PDT in different ways (Browne et al., 2012; Salmon et al., 2012). We offered no specific hypotheses about how these moderators may change links between gender and PDT, but we did anticipate that metanalysis models would help elucidate any consistent patterns.

#### Temperament and Personality

Parents may find some temperaments and personalities easier to parent, which may elicit different types of parental treatment (Lengua et al., 2019). For example, between-family studies suggest that children with sociable temperaments may help parents feel competent (Grady & Karraker, 2017), potentially eliciting positive parenting. Other between-family research similarly finds that neurotic children may elicit less parental warmth, whereas agreeable and open children may encourage more parental warmth (de Haan et al., 2012; Egberts et al., 2015).

Our conceptualization of the link between temperament and PDT was necessarily broad because definitions of temperament are diverse (Shiner et al., 2012). Rather than focus on one specific approach to temperament (e.g., the notion of easy, difficult, and slow to warm up; Thomas & Chess, 1977), we based our use of temperament in the child effects model (Bell, 1968; Branje et al., 2010). Our overall premise was that some temperaments are easier or more

difficult for parents to navigate and thus may elicit favored or less favored treatment (Atzaba-Poria & Pike, 2008). For example, extant literature suggests that a child may elicit parental negativity if their temperament includes heightened negative affect (Jenkins et al., 2003) because a child who tends to react with strong negative emotions may be harder to comfort. Along these lines, other research on temperament and PDT has found that young children who are temperamentally more negative or less prosocial may have relatively more conflict with their parents (Deater-Deckard et al., 2001). In later childhood, children with a more positive temperament may be comparatively less controlled by fathers (Roskam & Meunier, 2009). Further, in young adulthood, children who are more sociable and less shy may have a relatively more affectionate relationship with their parents (Daniels, 1986).

For personality, we focused on the commonly used Big Five factor model (e.g., Oshio et al., 2018). Consistent with current PDT literature, we focused on all five aspects separately (Openness, Conscientiousness, Extraversion, Agreeableness, and Neuroticism). In childhood (Meunier et al., 2012) and adulthood (Davey et al., 2009; Gozu & Newman, 2020; Sulloway, 2001), Openness may elicit less favored treatment. Conscientiousness seems to elicit favored treatment in childhood (Meunier et al., 2012), young adulthood (Jensen et al., 2020), and midlife (Sulloway, 2001), although one study found that Conscientiousness was not linked to PDT among young adults (Gozu & Newman, 2020). Extraversion may encourage less favored treatment in both childhood (Meunier et al., 2012) and young adulthood (Gozu & Newman, 2020). One study found that extraverted adults recalled being favored when they were growing up (Davey et al., 2009). In terms of Agreeableness, multiple studies found no link with PDT (Gozu & Newman, 2020; Jensen et al., 2020; Sulloway, 2001), but one study found that in early childhood, more agreeable children experienced more controlling behaviors from their parents

than their sibling (Meunier et al., 2012). Lastly, Neuroticism has been linked to less favored treatment in childhood (Meunier et al., 2012) and adulthood (Davey et al., 2009; Sulloway, 2001), although one study of young adults found no association (Gozu & Newman, 2020).

Thus, on the whole, we expected easier temperaments and Conscientiousness to be linked with favored treatment (Grady & Karraker, 2017; Jensen et al., 2020; Meunier et al., 2012). We also expected Openness, Extraversion, and Neuroticism to be linked to less favored treatment (Davey et al., 2009; Meunier et al., 2012; Sulloway, 2001). As with birth order and gender, the studies that link temperament and personality with PDT vary by the ages studied, the examination of maternal and paternal PDT, reporter of PDT, the domains of parenting explored, and how PDT was measured.

#### **Current Study**

Founded in the child effects model (Bell, 1968), we asked whether children's characteristics were linked to favored parental treatment. Our data and models were based on within-family studies that compare siblings in the same families to one another on parental treatment rather than between-family comparisons commonly used in other areas of research on parental treatment/investments (e.g., the Trivers-Willard hypothesis; Freese & Powell, 1999). In regard to birth order, gender, and one aspect of personality (Agreeableness), research findings were too inconsistent to make concrete hypotheses. Beyond those characteristics, we hypothesized that easier-to-parent temperaments (i.e., less negativity, more positivity; Hypothesis 1) and high Conscientiousness (Hypothesis 2) would be linked to favored treatment. Additionally, we hypothesized that the Big Five personality factors of high Openness, Extraversion, and Neuroticism would be linked to less favored treatment.

Beyond main effects, we anticipated that several factors would moderate associations between children's characteristics and PDT. These factors were child age, parent gender, the reporter of PDT, the domain of parenting, and how PDT was measured. Given the variability of the use of these factors in the literature, we offered no specific hypotheses concerning the direction or magnitude of these potential effects.

#### Method

#### **Literature Search**

The sources we used were drawn from a broader data set that connects numerous constructs with PDT. The larger meta-analysis data set was intended to contribute to several meta-analysis studies. The literature search for the broader meta-analysis data set was collected between August 2015 and April 2022 by the lead author and several research assistants. Sources of any publication date until April 2022 were included. We used APA PsycInfo, Google Scholar, Family & Society Studies Worldwide, and PubMed Central to search articles' titles, abstracts, key terms, and bodies for previously established terms: "nonshared environments," "parental favoritism," "parental differential treatment," "differential treatment," "differential parenting," "within-family differences," "siblings," "parenting," and "sibling favoritism." We selected peerreviewed journal articles, master's theses, and doctoral dissertations with any relevance to PDT. We conducted backward and forward citation searches of the initial articles, theses, and dissertations. The initial search and review of citations produced 243 potential articles. We then removed 5 duplicate articles. Next, we assessed the eligibility of the remaining articles. Articles were deemed ineligible for many reasons. Those reasons include: they did not have effect sizes that correlated PDT with any of the study variables (n = 90; birth order, gender, temperament, the Big Five personality), they did not have a measure of PDT (n = 79), they were a conceptual

or review article with no data (n = 30), they had only qualitative data (n = 5), they did not have human subjects (n = 3), or they were a meta-analysis (n = 1). In total, 30 studies were included in the analysis.

We also searched for unpublished analyses (e.g., conference presentations) or unused data. The lead author contacted thirteen scholars from North America, Europe, and Asia whose research focuses on siblings and parenting regarding unpublished analyses or data on PDT. These scholars did not impart any unpublished analyses, but they did share 11 data sets (cross-sectional and longitudinal) that contained completely unique data or outcomes that had not been analyzed in published articles. The lead author contributed an additional three data sets. Thus, 14 data sets with unused data were included in the analysis. See Figure 1 for the flow of reports and studies into the meta-analysis.

#### **Data Structure**

The data for this study were multilevel, with a total of four different levels. Level 4 consisted of unique samples. Nested within samples were what we termed *sources* (Level 3). In many instances, data were longitudinal, or as with unused data, many correlations were run separately for mixed- and same-sex sibling pairs. In other cases, multiple peer-reviewed articles have been published from the same data set. In these cases, we drew data from the same overall sample, but some characteristics may differ between sources (e.g., age). Nested within each source were effect sizes (Level 2). Most sources measured different domains of PDT, or PDT based on different reporters, which could vary by effect size within the same sources. Lastly, nested within effect sizes were the individual participants (Level 1). Because our study was a meta-analysis, we did not have the original data from the participants (aside from unused data) and could not include moderators at the participant level.

The current study utilized 2,170 effect sizes from 87 sources nested within 36 samples, totaled from all models. Overall, the data represented 19,469 unique participants. The complete list of the individual sources used is available in Supplemental Table 1.

#### **Coding Procedures and Reliability**

Coding was completed in three stages. In the first stage, we coded the characteristics of the sources and samples. Each source was coded individually by three researchers who then reconciled all differences. In the second stage, the three researchers coded the relevant effect sizes from each study. If critical information (e.g., correlations) was missing from any source, we contacted the source's corresponding author. This second stage was also triple coded, with all discrepancies reconciled. In the third stage, researchers evaluated the measures in every source, coding the direction of each measure to determine whether effect sizes needed to be reverse coded prior to analysis. For example, in some cases, higher values on a negative emotionality measure might have reflected greater negative emotionality, and in other measures, less negative emotionality. This stage was also triple coded in the same manner as the first two stages, and all discrepancies were reconciled. After the three coding stages, we conducted several reviews of the data to ensure that data had been entered and cleaned correctly.

#### **Coding of Variables and Moderators**

#### **Child Characteristics**

Birth order was coded as relative position to the sibling(s) used as a reference for PDT, with higher values indicating the target child was older than the referent sibling. Gender was coded as self-reported gender with higher values reflecting male participants. Temperament included a variety of factors that broadly define temperament (i.e., less negative emotionality, more persistence, less reactivity, more approachability, and less rigidity); all factors were coded

so that higher values reflected a more preferred or easier-to-parent temperament. Personality characteristics consisted of the Big Five personality factors (Openness, Conscientiousness, Extraversion, Agreeableness, and Neuroticism; Oshio et al., 2018). Each personality factor was coded so that higher values reflected more presence of the given trait.

#### Parental Differential Treatment (PDT)

We also grouped PDT based on similarity of domain of parenting. Based on the literature we reviewed, we included five domains: overall, positive interactions, negative interactions, resources, and control. Overall PDT consisted of favoritism, global favoritism, and perception of favoritism measures. Positive interactions PDT included differences in affection, closeness, warmth, supportiveness, acceptance, or positivity. Negative interactions PDT included differential negative parenting, conflict, hostility, coldness, and harsh/punitive discipline.

Resources PDT consisted of privileges, time, homework support, or money-given/financial assistance. Control PDT involved differences in control, autonomy allowance, overprotection, protectiveness, or monitoring. Each domain was coded so that higher values reflected favored treatment (i.e., more favored overall, more positive parental interactions, fewer negative interactions, more resources, and being controlled less).

#### Data Quality

Additional methodological features were coded that speak to the quality of data drawn from the sources. Detailed information on these variables are included in Supplemental Table 2.

#### **Effect Sizes**

Bivariate correlations were used as the measure of effect size. For 124 effect sizes (5.7% of all effect sizes), the bivariate correlation was not available, and we were unable to obtain it from the author of the original source. In these instances, we used the available information in

the source to calculate a standardized semipartial correlation (Card, 2012). Following the work of Peterson and Brown (2005), we adjusted each positive standardized semipartial correlation by .05 to account for other variables' influence on the effect size. In models in which 30 or more effect sizes were based on standardized semipartial correlations, we also included an effect-size-level moderator to test whether effects varied between those of bivariate correlations and the standardized semipartial correlations.

#### **Analytic Strategy**

All data were analyzed using the metafor package (Viechtbauer, 2010) in R version 4.2.2 (R Core Team, 2022). We followed the same process for testing each of our models. Prior to the analysis, we examined missing data patterns. Although there were no missing effect sizes, there were instances of missing moderators. Among moderators with missing values across all models, the average percentage of effect sizes with missing moderator values was 4.74% (SD = 4.32%, Mdn = 3.70%, range = 0.14%-16.67%; for more information, see Supplemental Tables 3-10). Six moderators had no missing data across all models. We then used procedures outline by Howard and colleagues (2015) to impute data. Following these guidelines, we first created a series of principal component auxiliary variables (PCAs) for each model using linear and nonlinear combinations of all variables without missing values. The sets of PCAs were then used as auxiliary variables to impute 50 data sets for each model.

Following imputation, we conducted analysis in several steps. First, we tested Model 1, which examined the bivariate correlation between PDT and each predictor. Because publication bias is a large concern in meta-analysis (van Aert et al., 2019), in Model 2 we also controlled for whether the source was peer-reviewed or not. This variable tested whether published effect sizes differed from those from other sources (theses, dissertations, unused data).

Next, we determined whether moderator analysis was appropriate. We first used the Q statistic included with Model 1 (Lipsey & Wilson, 2001). If the Q statistic was not significant, then we did not proceed to Model 2 because there was not significant heterogeneity in the model, regardless of level. Because of the multilevel nature of our models, we also examined the heterogeneity at each observable level (sample, source, and effect size). Moderators from each level were only included if significant heterogeneity existed at the corresponding level. Further, we examined the frequencies of nominal moderators. Based on past recommendations, we excluded Level 4 (sample) and Level 3 (source) nominal moderators that had a count of fewer than 5 in any group and Level 2 (effect sizes) nominal moderators with fewer than 30 in any group (Card, 2012).

Last, we tested Model 2, which included moderators and controls (if conditions of heterogeneity were met). At Level 4 (sample) we included the United States ( $0 = sample \ not$  from USA,  $1 = sample \ from \ USA$ ). At Level 3 (source) we included the average family size in the source, percentage of participants in the source that were Caucasian, percentage of participants in the source that were male, percentage of participants in the source that were younger than their sibling, percentage of participants in the source that were the same sex as their sibling, average age spacing between siblings in the source, average age of participants in the source, and whether the source was a published peer-reviewed article (0 = no, 1 = yes). At Level 2 (effect sizes) we included the parent the PDT is based on, the reporter of the PDT ( $0 = parent \ reported$ ,  $1 = child \ reported$ ), and the domain of the PDT (see Tables 1-4 and Supplemental Tables 11-14 for more information on which variables were actually included in each model). Each percentage variable was divided by 10 so that 0 reflected 0%, 5 reflected 50%, and 10 reflected 100%. All continuous moderator and control variables were centered at their grand mean. Significant

moderator and control effects were further examined via simple slopes by testing continuous moderators at +1 standard deviation and -1 standard deviation and nominal variables at each level.

It was counterintuitive to include birth order and gender as control variables in models testing the links between PDT and birth order and PDT and gender. Each source, however, could still vary in the percentage of the sample that are older siblings or the percentage that are male participants. Thus, it is important to control for variation in the gender/birth order makeup of each sample/source. For example, the correlation between gender and PDT could potentially be different in sources with fewer male individuals as compared to more male individuals. Means, standard deviations, and proportions for each moderator in all models are summarized in Supplemental Tables 15 and 16.

#### **Transparency and Openness**

The hypotheses and analytic strategy were preregistered with the Open Science

Foundation before analysis was conducted. The preregistration, along with all analysis code,
data, and coding scheme can be found at the following web address:

https://osf.io/kxf3v/?view\_only=895011acce57411fbc117626f7fcb1bd. There were no deviations from the preregistration.

#### **Results**

#### **Descriptive Statistics**

Descriptive data for the unique samples and sources included in each model are presented separately in Supplemental Tables 3-10. Across all models, the average age of participants was 19.6 (SD = 13.9). Most samples were from the United States (66.7%), all others were from Western Europe or Canada. The participants from the included samples were primarily white (M)

= 82.4%, SD = 21.9%), female (M = 52.5%, SD = 6.3%), the same gender as their sibling (M = 63.5%, SD = 38.6%), and older than their siblings (M = 53.6%, SD = 11.7%). Represented participants, on average, were 2.80 (SD = 1.10) years apart in age from their sibling. Most sources included PDT from both mothers and fathers (82.8%), whereas others only included maternal PDT (13.8%), and others, only paternal PDT (3.4%). Most sources used only child reports of PDT (62.1%) and others used reports from children and parents (19.5%), and some from parents only (18.4%). Most sources measured multiple domains of parenting (74.7%). Across sources that measured multiple domains, all of them included positive interactions, fewer included negative interactions (43.1%), and overall PDT (14.9%). Of sources that only examined one domain of parenting, overall PDT was the most common (74.7%), followed by positive interactions (6.9%), and negative interactions (1.1%). Lastly, the most common way to assess PDT was via perceptions-based measures (42.5%), followed by difference score-based measures (31.0%), and sources that used both approaches (26.4%).

#### **Birth Order**

Results for birth order are found in Table 1. Model 1 showed a negative correlation, indicating a trend toward favoring younger siblings. Significant heterogeneity was found for the overall model and for each level, so we proceeded to moderator analysis (tests included a total of 17 moderators). Model 2 showed an effect of parent gender, specifically the contrast of PDT from both parents compared to PDT from mothers. Simple slopes (see Figure 2 Panel A) revealed that when PDT was assessed as the combined parenting of mothers and fathers, older siblings tended to be favored (r = .256, se = .084, p = .002). There was no association between birth order and PDT from mothers only (r = -.004, se = .075, p = .963). In Model 2, effects differed by some domains of parenting. Simple slopes showed that parents tended to favor older

siblings in terms of control (i.e., control them less/grant more autonomy; r = .184, se = .067, p = .006). There were no links between birth order and overall PDT (r = -.004, se = .075, p = .963) or differential positive interactions (r = -.088, se = .068, p = .193). Lastly, Model 2 revealed an effect of age. Simple slopes testing showed that the effect was not significant for young adults (+1 SD; r = .078, se = .09, p = .395) or for children (-1 SD; r = -.085, se = .072, p = .241).

#### Gender

Results for gender are found in Table 2. Model 1 revealed that gender was not associated with PDT. Tests for heterogeneity showed significant variation only at Level 4 and Level 2, thus we excluded moderators at Level 3 (tests included a total of 8 moderators). Model 2 showed a significant effect of reporter of PDT. Simple slopes (see Figure 2 Panel B) showed a negative association when PDT was reported by parents (r = -.115, se = .039, p = .003); that is, parents tended to report favoring daughters. When PDT was reported by children, there was no link between PDT and gender (r = .025, se = .033, p = .450). An effect of country also emerged. For samples from the United States, there was a negative association between PDT and gender (r = -.183, se = .039, p = .000). In countries other than the United States (most of them in Europe), the effect was also negative (r = -.115, se = .039, p = .003), indicating that after controlling for other factors, parents tended to favor daughters, but even more so in the United States.

#### **Temperament**

Results for temperament are found in Supplemental Table 11. Neither model revealed significant effects.

#### **Personality**

Results for Openness are found in Supplemental Table 12. Neither model showed significant effects.

Results for Conscientiousness are found in Table 3. Model 1 revealed a positive correlation, suggesting that conscientious children tended to be more favored. Although significant heterogeneity was found at Levels 4 and 2, only moderators at Level 2 were included because of group frequencies in the Level 4 variable (tests included a total of 5 moderators). Model 2 showed that patterns differed between differential positive interactions and differential negative interactions. Simple slopes (see Figure 2 Panel C) showed a positive correlation for positive interactions (r = .073, se = .034, p = .032), meaning that conscientious children tended to have relatively more positive interactions with their parents. A positive association also emerged for differential negative interactions (r = .098, se = .036, p = .007). That is, conscientious children tended to have relatively fewer negative interactions with their parents, but the effect was even stronger than the effect for differential positive interactions.

Results for Extraversion are found in Supplemental Table 13. There were no effects.

Results for Agreeableness are found in Table 4. Model 1 showed a positive association for Agreeableness, meaning that on average, the more agreeable children were, they tended to be treated more favorably. Significant heterogeneity was found at Levels 3 and 2, so moderators were tested at those levels (tests included a total of 13 moderators). An effect of domain of parenting emerged. Simple slopes (see Figure 2 Panel D) showed that there was no association for differential positive interactions (r = .008, se = .044, p = .848). There was also no association for differential resources (r = -.015, se = .038, p = .695).

Results for Neuroticism are found in Supplemental Table 14. There were no effects.

#### **Discussion**

We conceptualized the current study on the foundation of the child effects model (Bell, 1968; Branje et al., 2010) and the notion that children's characteristics may elicit types of

parenting (de Haan et al., 2012; Lengua et al., 2019). In doing so, we focused on within-family differences in parenting. Specifically, we analyzed how birth order, gender, temperament, and personality were linked to PDT. The current literature is heterogeneous in terms of ages studied, the gender of the parent, the reporter of PDT, the domain of parenting considered, and how PDT was measured. Thus, we examined each of these areas as potential moderators. We first discuss each predictor of PDT and moderators as relevant to each predictor. Then we discuss patterns of each moderator across all models.

#### **Birth Order**

Based on the existing research (e.g., Salmon et al., 2012; Tucker et al., 2003), we did not offer a directional hypothesis of how birth order would be linked to PDT. A small overall main effect of birth order suggested that, on average, younger siblings receive favorable treatment to a slight degree. In this regard, our findings of within family differences in parenting are in contrast to between family studies on parenting that find that parents are more attentive to firstborn infants (Keller & Zach, 2002) and spend more time with firstborns through adolescence (Price, 2008). The small main effect of younger siblings being favored, however, was no longer significant when controls and moderators were added to the model. Indeed, moderator analysis suggests that there is more to the story. Our results suggest that when PDT was based on control or autonomy, older siblings tended to be favored (a small to medium effect). That is, parents tend to be less controlling of or grant more autonomy to older siblings. In childhood, and even into adolescence, older siblings, on average, are more developmentally capable than their younger siblings (Jensen & McHale, 2015). Thus, a higher level of autonomy is developmentally appropriate (Campione-Barr et al., 2015). A challenge that parents face is that differential control, regardless of whether it is developmentally appropriate or not, has been linked to lower

self-worth and more problem behaviors among less favored siblings in both childhood (Deater-Deckard et al., 2001) and adolescence (Feinberg et al., 2000; McHale et al., 2005). In other words, whether differential control is developmentally appropriate or not, siblings may not see it as fair.

Our arguments regarding PDT from both parents and regarding the domain of parenting do not address the wide range of ages included in our models. Of the sources included in the birth order models, the youngest average age of participants was about 5 years old. The oldest average age of participants was nearly 60. Although our models controlled for age, the ideal would have been to test higher-level interactions with age (e.g., domain of parenting by age). Only five sources included an average age of participants over 40, and those sources were drawn from only two samples, which precluded the ability to test whether moderated patterns varied at different developmental periods. More work is needed on PDT in mid to later life so that future meta-analyses can include these types of tests.

#### Gender

As with birth order, we did not offer directional hypotheses regarding the link between gender and PDT. Our initial main effects model suggested no effects, but our moderator analyses suggest important nuances. First, after controlling for other moderators, our models suggest that parents report they slightly favor daughters over sons (a small effect). Children report no differences. That is, daughters do not perceive that they are favored more than sons, and vice versa. Our findings are somewhat consistent with research between families. A large meta-analysis of parenting differences between boys and girls found that across the board there were no gender differences in parenting, except that in studies published since 1990, parents tend to be more supportive of the autonomy of girls as compared to boys (Endendijk et al., 2016). Other

gender and parenting scholars have suggested that when looking at between-family differences, explicit gendered differences in parenting are rare (Mesman & Groeneveld, 2018). These same scholars argue that parents do differ in the implicit gendered messages they give their children (Mesman & Groeneveld, 2018). For example, parents commonly make gender stereotyped comments about story characters to their children (e.g., Endendijk et al., 2014; Van der Pol et al., 2015). Those differences in implicit parenting from between-family studies may help explain why our findings showed differences when reported by parents, but not by children. Past meta-analytic data shows that girls are significantly higher in effortful control, on average, than boys (Else-Quest et al., 2006). Based on the child effects model (Bell, 1968; Branje et al., 2010), it may mean that girls are easier to parent on average. It is possible that within families, parents are aware that daughters are easier to parent and thus may recognize implicit differences in their parenting. Given that explicit differences in parenting are rare (Mesman & Groeneveld, 2018), parents may not treat their daughters and sons differently enough that siblings recognize those differences.

#### **Temperament and Personality**

Based on existing literature (de Haan et al., 2012; Lengua et al., 2019), we anticipated that easier-to-parent temperaments and the Big Five personality trait of Conscientiousness would be linked to favored treatment. We also expected Openness, Extraversion, and Neuroticism to be linked to less favored treatment. We offered no specific hypotheses regarding the personality characteristic Agreeableness.

Our findings revealed no main or moderated effects regarding temperament. These null results contrast with between family research that finds children higher in negative emotionality (Paulussen-Hoogeboom et al., 2007) and lower in effortful control (Spinrad et al., 2012) tend to

elicit lower-quality parenting. Historically, temperament is a nebulous construct with varied definitions. Although we attempted to code characteristics of temperament around a child effects perspective (Bell, 1968; Branje et al., 2010) and the notion that some characteristics may be easier to parent (Lengua et al., 2019), it is possible that we included too many temperament characteristics. Currently, insufficient work exists between sub areas of temperament (i.e., negative emotionality, sociality) to examine specific areas separately. Thus, future studies should explore specific definitions and domains of temperament and how they may individually elicit PDT.

Consistent with our expectations, at the main effect level, parents tend to slightly favor conscientious children (small effect). Unexpectedly, a main effect of Agreeableness also emerged (very small effect). Similar to conscientious children, agreeable children may be easier to parent. Agreeable children may tend to acquiesce in the face of potential conflict and may be quick to try to please parents (Van Heel et al., 2020; Costa & McCrae, 1992). Conscientious children may be responsive and responsible (Huver et al., 2010; Costa & McCrae, 1992). The main effect of Conscientiousness was qualified by the domain of parenting. Our results show that although conscientious children receive comparatively favored treatment in terms of positive interactions (i.e., affection), they receive even more favored treatment in terms of negative interactions (i.e., conflict). Because conscientious children are likely more aware of and attuned to family patterns and moods (Huver et al., 2010; Costa & McCrae, 1992), they may elicit less conflict with a parent than other siblings may. Our findings with conscientiousness are consistent with some work on between-family links of personality with parenting that find that parents are more affectionate and less reactive to conscientious children in part because the parents of conscientious children feel more competent (Egberts et al., 2015).

Our models found no effects for Openness, Extraversion, and Neuroticism. These null findings are consistent with some between-family research that finds no links between child personality and parenting (Ayoub et al., 2021), and they contrast with other findings that do link Openness, Extraversion, and Neuroticism to parenting (Egberts et al., 2015). Drawing conclusions from our null findings is difficult. Of all our models, these three were based on the fewest number of effect sizes. The smaller number of effect sizes limited the variability in moderators and, in some cases, excluded them from analysis. It is possible that with a larger sample of data, effects would emerge among some moderators. Scholars will also need to consider more complex patterns. Recent research suggests that relative similarity in personality between a sibling and mother may elicit comparatively more autonomy support (Vrolijk et al., 2022). Perhaps parent-child similarity in openness, extraversion, and neuroticism matters more than the child's own levels.

#### **Patterns across Moderators**

For each of our models, we proposed that several moderators may alter main effects. As noted, not every model had enough variation at the appropriate level to test all moderators. Regardless, we did see some moderated effects regarding parent gender, reporter of PDT, and domain of parenting. Surprisingly, no effects emerged regarding how PDT was measured. Past research has suggested that PDT as measured by perceptions and PDT as measured by difference scores are correlated, but the link is small (Coldwell et al., 2008; Jensen & Whiteman, 2014). Thus, it is possible that the two measurement approaches reflect different family processes. Our work, however, is consistent with other recent meta-analyses (Jensen et al., 2022; Jensen et al., 2023) suggesting that when PDT is examined conceptually as a dependent variable, there are no differences in links between predictors and PDT based on how PDT is measured. Despite these

patterns, future studies will need to examine how PDT (as an independent variable) is associated with an array of developmental psychosocial outcomes and how those associations may differ by measurement type.

We also saw some effects across the domain of parenting. For example, a main effect suggested that younger siblings are slightly favored, but moderator analysis suggests that older siblings are favored in terms of control. The domain of parenting was significant in other models too, but the individual simple slopes were not themselves significant. This may be an effect of statistical power. Given the importance of the domain of parenting in other PDT research (e.g., Kowal & Kramer, 1997; Kowal et al., 2006; Shanahan et al., 2008), it likely plays an important role, even if the current study cannot provide more conclusive evidence.

Lastly, our study speaks to the potential developmental aspects of PDT. Two of our models (birth order and agreeableness) were able to examine age as a moderator. In these models, age was either not a significant moderator (agreeableness) or simple slopes effects were not significant for either children or adults (birth order). The current literature notes links between PDT and the adjustment of offspring in childhood (e.g., Meunier et al., 2012) adolescence (e.g., Shanahan et al., 2008), young adulthood (e.g., Jensen et al., 2015), and midlife (e.g., Peng et al., 2018). Despite these consistent links, it is possible that PDT may matter in different ways or manifest in different domains at different stages of life. Although our analysis cannot speak to PDT's developmental influence on adjustment across the life course, our findings suggest that the small effect for agreeable children being favored does not differ from childhood through adulthood. In other words, parents tend to favor the same adult offspring as they do in childhood.

#### Limitations

Despite the rigor of our analyses, this study was not without limitations. First, the availability of sources inherently limits our analyses. All available sources for this study were drawn from samples from North America and Western Europe. Although our results likely generalize to these regions, past work shows that findings often do not generalize across countries or cultures (e.g., comparing western and eastern cultures; Apicella et al., 2020). Our article search procedures may have also hindered the inclusion of studies from other countries and cultures. We only included sources reported in English. Other studies may exist that were published in other languages. Ideally, future studies will examine these processes in different cultures, countries, and contexts, and includes sources in any language. Additionally, although enough data existed to conduct main effects analyses in all models and moderator analyses in most models, we were still limited. This limitation is particularly evident in models for Openness, Extraversion, and Neuroticism. Sample size limitations also impacted our ability to examine additionally important moderating contexts. As seen in our findings with gender and some past studies (e.g., Kowal et al., 2006), parents' and children's perceptions of PDT often vary. This issue is confounded in the intersection of how PDT is measured. Ideally, future studies will examine the reporter of PDT and how it is measured as interacted with other crucial factors such as domain of parenting. Further, we were unable to consider the critical role of fairness. Important work by Kowal and colleagues (Kowal & Kramer, 1997; Kowal et al., 2006) has shown that perceived fairness around differences in parenting is an essential aspect of PDT related process. Unfortunately, this concept has not yet been studied in a sufficient number of sources to merit meta-analysis.

Our study was also potentially limited by conceptualization and coding choices. As noted, temperament has historically included a wide variety of definitions. We attempted to

simplify these approaches by using the child effects orientation (Bell, 1968; Branje et al., 2010) and focusing on traits that may be easier to parent. Different aspects of temperament may matter more than others. Specifically, emotionally negative children may be particularly difficult to parent (Paulussen-Hoogeboom et al., 2007), even compared to other temperaments. Future work, when enough data exists, should strive to break temperament down into individual domains. Another limitation is the strength of our observed effects. For the most part, our effect sizes were small. The reasons why parents treat their children differently are likely more complex and extend beyond the factors explored in this study (Jensen et al., 2022; Jensen et al., 2023). Future work will need to continue to explore who is favored or less favored in the family and also explore factors linked to how differently siblings are treated (e.g., age spacing; Rolan & Marceau, 2018).

#### **Conclusions**

Beyond the limitations of the current study, our findings contribute to the literature in meaningful ways. First, our findings support notion from the child effects model (Bell, 1968) that characteristics and traits of offspring may elicit parenting. Our findings specifically suggest that within families, some children may be easier to parent than others. Second, our findings show that the perceptions of family members may differ from one another. The perceptions of parents and offspring may not match, even if based on the same experiences. Our findings also have implications for clinicians and parents. Past work has noted that less favored children tend to have a variety of poorer developmental outcomes, such as worse mental health (Ponappa et al., 2017; Shanahan et al., 2008), greater problem behaviors (Meunier et al., 2012; Rolan & Marceau, 2018), and poorer family relationships (Jensen & McHale, 2017; Kowal & Kramer, 1997). Clinicians working with individuals who display these maladaptive patterns may want to

consider the potential role PDT may have played in their development. Our findings provide an idea of which siblings in a family may be prone to be less favored, and thus at greater risk for maladaptive outcomes: sons, younger siblings (in some cases), the less conscientious, and the less agreeable. Still, caution is warranted because in most cases we were unable to test whether those patterns look different in children, adolescents, and other life stages. Regardless, the broader literature is clear that PDT can be linked to maladaptive developmental outcomes (Meunier et al., 2012; Rolan & Marceau, 2018) and our findings suggest that individuals' characteristics may play a role in eliciting PDT.

## References

- \*Asterisked citations contained at least one study that was included in the meta-analysis.
- Apicella, C., Norenzayan, A., & Henrich, J. (2020). Beyond WEIRD: A review of the last decade and a look ahead to the global laboratory of the future. *Evolution and Human Behavior*, 41(5), 319-329. https://doi.org/10.1016/j.evolhumbehav.2020.07.015
- Atzaba-Poria, N., & Pike, A. (2008). Correlates of parental differential treatment: Parental and contextual factors during middle childhood. *Child Development*, 79(1), 217-232. https://doi.org/10.1111/j.1467-8624.2007.01121.x
- Ayoub, M., Zhang, B., Göllner, R., Atherton, O. E., Trautwein, U., & Roberts, B. W. (2021).

  Longitudinal associations between parenting and child big five personality

  traits. *Collabra: Psychology*, 7(1), 29766. https://doi.org/10.1525/collabra.29766
- Barrett Singer, A. T., & Weinstein, R. S. (2000). Differential parental treatment predicts achievement and self-perceptions in two cultural contexts. *Journal of Family Psychology*, 14(3), 491-509. https://doi.org/10.1037/0893-3200.14.3.491
- Bell, R. Q. (1968). A reinterpretation of the direction of effects in studies of socialization. *Psychological Review*, 75(2), 81-95. https://doi.org/10.1037/h0025583
- Bornstein, M. H., Putnick, D. L., Bohr, Y., Abdelmaseh, M., Lee, C. Y., & Esposito, G. (2020).

  Maternal sensitivity and language in infancy each promotes child core language skill in preschool. *Early Childhood Research Quarterly*, *51*, 483-489.

  https://doi.org/10.1016/j.ecresq.2020.01.002
- Branje, S. J., Hale, W. W., Frijns, T., & Meeus, W. H. (2010). Longitudinal associations between perceived parent-child relationship quality and depressive symptoms in

- adolescence. *Journal of Abnormal Child Psychology*, *38*(6), 751-763. https://doi.org/10.1007/s10802-010-9401-6
- \*Browne, D. T., Meunier, J. C., O'Connor, T. G., & Jenkins, J. M. (2012). The role of parental personality traits in differential parenting. *Journal of Family Psychology*, 26(4), 542-553. https://doi.org/10.1037/a0028515
- Browne, D. T., Wade, M., Plamondon, A., Leckie, G., Perlman, M., Madigan, S., & Jenkins, J. M. (2018). Child and contextual effects in the emergence of differential maternal sensitivity across siblings. *Developmental Psychology*, 54(7), 1265-1276. http://dx.doi.org/10.1037/dev0000506
- Campione-Barr, N., Lindell, A. K., Short, S. D., Greer, K. B., & Drotar, S. D. (2015). First-and second-born adolescents' decision-making autonomy throughout adolescence. *Journal of Adolescence*, 45, 250-262. https://doi.org/10.1016/j.adolescence.2015.10.009
- Card, N. A. (2012). Applied meta-analysis for social science research. Guilford Press.
- Coldwell, J., Pike, A., & Dunn, J. (2008). Maternal differential treatment and child adjustment:

  A multi-informant approach. *Social Development*, 17(3), 596-612.

  https://doi.org/10.1111/j.1467-9507.2007.00440.x
- Costa Jr, P. T., & McCrae, R. R. (1992). Revised NEO personality inventory (NEO-PI-R) and NEO five-factor (NEO-FFI) inventory professional manual. Odessa, Fl: PAR.
- \*Daniels, D. (1986). Differential experiences of siblings in the same family as predictors of adolescent sibling personality differences. *Journal of Personality and Social*\*Psychology, 51(2), 339. https://doi.org/10.1037/0022-3514.51.2.339
- \*Davey, A., Tucker, C. J., Fingerman, K., & Savla, J. (2009). Within-family variability in representations of past relationships with parents. *The Journals of Gerontology Series B:*

- *Psychological Sciences and Social Sciences, 64B*(1), 125-136. https://doi.org/10.1093/geronb/gbn001
- de Haan, A. D., Deković, M., & Prinzie, P. (2012). Longitudinal impact of parental and adolescent personality on parenting. *Journal of Personality and Social*\*Psychology, 102(1), 189. https://doi.org/10.1037/a0025254
- \*Deater-Deckard, K., Pike, A., Petrill, S. A., Cutting, A. L., Hughes, C., & O'Connor, T. G. (2001). Nonshared environmental processes in social-emotional development: An observational study of identical twin differences in the preschool period. *Developmental Science*, 4(2), F1–F6. https://doi.org/10.1111/1467-7687.00157
- Egberts, M. R., Prinzie, P., Dekovic, M., de Haan, A. D., & van den Akker, A. L. (2015). The prospective relationship between child personality and perceived parenting: Mediation by parental sense of competence. *Personality and Individual Differences*, 77, 193-198. https://doi.org/10.1016/j.paid.2014.12.046
- Else-Quest, N. M., Hyde, J. S., Goldsmith, H. H., & Van Hulle, C. A. (2006). Gender differences in temperament: A meta-analysis. *Psychological Bulletin*, *132*(1), 33–72. https://doi.org/10.1037/0033-2909.132.1.33
- Endendijk, J. J., Groeneveld, M. G., Bakermans-Kranenburg, M. J., & Mesman, J. (2016).

  Gender-differentiated parenting revisited: Meta-analysis reveals very few differences in parental control of boys and girls. *PloS one*, *11*(7), e0159193.

  https://doi.org/10.1371/journal.pone.0159193
- Endendijk, J. J., Groeneveld, M. G., Mesman, J., Van der Pol, L. D., Van Berkel, S. R., Hallers-Haalboom, E. T., & Bakermans-Kranenburg, M. J. (2014). Boys don't play with dolls:

- Mothers' and fathers' gender talk during picture book reading. *Parenting: Science and Practice*, 14, 141–161. https://doi.org/10.1080/15295192.2014.972753
- \*Feinberg, M. E., Neiderhiser, J. M., Simmens, S., Reiss, D., & Hetherington, E. M. (2000).

  Sibling comparison of differential parental treatment in adolescence: Gender, self-esteem, and emotionality as mediators of the parenting-adjustment association. *Child Development*, 71(6), 1611-1628. https://doi.org/10.1111/1467-8624.00252
- \*Finzi-Dottan, R., & Cohen, O. (2010). Young adult sibling relations: The effects of perceived parental favoritism and narcissism. *The Journal of Psychology*, *145*(1), 1-22. https://doi.org/10.1080/00223980.2010.528073
- Freese, J., & Powell, B. (1999). Sociobiology, status, and parental investment in sons and daughters: Testing the Trivers-Willard hypothesis. *American Journal of Sociology*, 104(6), 1704-1743. https://doi.org/10.1086/210221
- \*Furman, W., & Buhrmester, D. (1985). Children's perceptions of the qualities of sibling relationships. *Child Development*, *56*(2), 448-461. https://doi.org/1129733
- \*Gozu, H., & Newman, J. (2020). Parental differential treatment of siblings and fairness perception: Moderating role of personality. *Journal of Child and Family Studies*, 29, 3129-3141. https://doi.org/10.1007/s10826-020-01811-4
- Grady, J. S., & Karraker, K. (2017). Mother and child temperament and interacting correlates of parenting sense of competence in toddlerhood. *Infant and Child Development*, 26(4), 1-15. https://doi.org/10.1002/icd.1997
- \*Hamwey, M. K., & Whiteman, S. D. (2021). Jealousy links comparisons with siblings to adjustment among emerging adults. *Family Relations*, 70, 483-497. https://doi.org/10.1111/fare.12428

Howard, W. J., Rhemtulla, M., & Little, T. D. (2015). Using principal components as auxiliary variables in missing data estimation. *Multivariate Behavioral Research*, *50*, 285–299. https://doi.org/10.1080/00273171.2014.999267

- Huver, R. M., Otten, R., De Vries, H., & Engels, R. C. (2010). Personality and parenting style in parents of adolescents. *Journal of Adolescence*, *33*(3), 395-402. https://doi.org/10.1016/j.adolescence.2009.07.012
- Jenkins, J. M., Rasbash, J., & O'Connor, T. G. (2003). The role of the shared family context in differential parenting. *Developmental Psychology*, 39(1), 99-113. https://doi.org/10.1037/0012-1649.39.1.99
- Jensen, A. C. (2023, August 14). The Favorite Child. Retrieved from osf.io/kxf3v
- Jensen, A. C., Jorgensen-Wells, M. A., Andrus, L. E., Pickett, J. M., Leiter, V. K., Bell Hadlock, M. E., & Dayley, J. C. (2023). Sibling differences and parental differential treatment of siblings: A multilevel meta-analysis. *Developmental Psychology*, 59(4), 644-654.
  https://doi.org/10.1037/dev0001406 Jensen, A. C., & McHale, S. M. (2015).
  What makes siblings different? The development of sibling differences in academic achievement and interests. *Journal of Family Psychology*, 29, 469-478.
  https://doi.org/10.1037/fam00000090
- Jensen, A. C., & McHale, S. M. (2017). Mothers', fathers', and siblings' perceptions of parents' differential treatment of siblings: Links with family relationship qualities. *Journal of Adolescence*, 60, 119-129. https://doi.org/10.1016/j.adolescence.2017.08.002
- Jensen, A. C., Pickett, J. M., Jorgensen-Wells, M. A., Andrus, L. E., Leiter, V. K., & Graver, H. (2022). The family stress model and parents' differential treatment of siblings: A

- multilevel meta-analysis. *Journal of Family Psychology*, *36*(6), 851-862. https://doi.org/10.1037/fam0000978
- Jensen, A. C., & Whiteman, S. D. (2014). Parents' differential treatment and adolescents' delinquent behaviors: Direct and indirect effects of difference score- and perception-based measures. *Journal of Family Psychology*, 28, 549-559.
  https://doi.org/10.1037/a0036888
- \*Jensen, A. C., Apsley, H. B., Rolan, E. P., Cassinat, J. R., & Whiteman, S. D. (2020). Parental differential treatment of siblings and adolescents' health-related behaviors: The moderating role of personality. *Journal of Youth and Adolescence*, 49(1), 150-161. https://doi.org/10.1007/s10964-019-01076-1
- \*Jensen, A. C., Pond, A. M., & Padilla-Walker, L. M. (2015). Why can't I be more like my brother? The role and correlates of sibling social comparison. *Journal of Youth and Adolescence*, 44, 2067-2078. https://doi.org/10.1007/s10964-015-0327-8
- \*Kalmijn, M. (2013). How mothers allocate support among adult children: Evidence from a multiactor survey. *The Journals of Gerontology Series B: Psychological Sciences and Social Sciences*, 68(2), 268-277. https://doi.org/10.1093/geronb/gbs110
- Keller, H., & Zach, U. (2002). Gender and birth order as determinants of parental behaviour. *International Journal of Behavioral Development*, 26(2), 177-184. https://doi.org/10.1080/01650250042000663
- \*Keller, M. C., Nesse, R. M., & Hofferth, S. (2001). The Trivers–Willard hypothesis of parental investment: no effect in the contemporary United States. *Evolution and Human Behavior*, 22(5), 343-360. https://doi.org/10.1016/S1090-5138(01)00075-7

Kowal, A. K., & Kramer, L. (1997). Children's understanding of parental differential treatment. *Child Development*, 68(1), 113-126. https://doi.org/10.2307/1131929

- Kowal, A. K., Krull, J. L., & Kramer, L. (2006). Shared understanding of parental differential treatment in families. *Social Development*, *15*(2), 276-295. https://doi.org/10.1046/j.1467-9507.2006.00341.x
- Lengua, L. J., Gartstein, M. A., & Prinzie, P. (2019). Temperament and personality trait development in the family: Interactions and transactions with parenting from infancy through adolescence. In D. P. McAdams, R. L. Shiner, & J. L. Tackett (Eds.), Handbook of personality development (pp. 201–220). The Guilford Press.
- Lipsey, M. W., & Wilson, D. B. (2001). Practical meta-analysis. Sage.
- McHale, S. M., Updegraff, K. A., Shanahan, L., Crouter, A. C. and Killoren, S. E. (2005), Siblings' Differential Treatment in Mexican American Families. *Journal of Marriage* and Family, 67, 1259–1274. https://doi.org/10.1111/j.1741-3737.2005.00215.x
- Mesman, J., & Groeneveld, M. G. (2018). Gendered parenting in early childhood: Subtle but unmistakable if you know where to look. *Child Development Perspectives*, 12(1), 22-27. https://doi.org/10.1111/cdep.12250
- \*Meunier, J. C., Bisceglia, R., & Jenkins, J. M. (2012). Differential parenting and children's behavioral problems: Curvilinear associations and mother—father combined effects.

  \*Developmental Psychology, 48(4), 987-1002. https://doi.org/10.1037/a0026321
- Meunier, J. C., Boyle, M., O'Connor, T. G., & Jenkins, J. M. (2013). Multilevel mediation: Cumulative contextual risk, maternal differential treatment, and children's behavior within families. *Child Development*, 84(5), 1594-1615. https://doi.org/10.1111/cdev.12066

\*Meunier, J. C., Roskam, I., Stievenart, M., Van De Moortele, G., Browne, D. T., & Wade, M. (2012). Parental differential treatment, child's externalizing behavior and sibling relationships: Bridging links with child's perception of favoritism and personality, and parents' self-efficacy. *Journal of Social and Personal Relationships*, 29(5), 612-638. https://doi.org/10.1177/0265407512443419

- Oshio, A., Taku, K., Hirano, M., & Saeed, G. (2018). Resilience and Big Five personality traits:

  A meta-analysis. *Personality and Individual Differences*, 127, 54-60.

  https://doi.org/10.1016/j.paid.2018.01.048
- Padilla, C. M., Hines, C. T., & Ryan, R. M. (2020). Infant temperament, parenting and behavior problems: Variation by parental education and income. *Journal of Applied Developmental Psychology*, 70, 101179. https://doi.org/10.1016/j.appdev.2020.101179
- Paschall, K. W., & Mastergeorge, A. M. (2016). A review of 25 years of research in bidirectionality in parent—child relationships: An examination of methodological approaches. *International Journal of Behavioral Development*, 40(5), 442-451. https://doi.org/10.1177/0165025415607379
- \*Pauker, S., Perlman, M., Prime, H., & Jenkins, J. M. (2017). Differential parenting and children's social understanding. *Social Development*, 26(3), 645-657. https://doi.org/10.1111/sode.12214
- Paulussen-Hoogeboom, M. C., Stams, G. J. J. M., Hermanns, J. M. A., Peetsma, T. T. D. (2007).
  Child negative emotionality and parenting from infancy to preschool: A meta-analytic review. *Developmental Psychology*, 43, 438–453. https://doi.org/10.1037/0012-1649.43.2.438

Peng, S., Suitor, J. J., & Gilligan, M. (2018). The long arm of maternal differential treatment: Effects of recalled and current favoritism on adult children's psychological well-being. *The Journals of Gerontology: Series B*, 73(6), 1123-1132. https://doi.org/10.1093/geronb/gbw105

- Peterson, R. A., & Brown, S. P. (2005). On the use of beta coefficients in meta-analysis. *Journal of Applied Psychology*, 90, 175–181. https://doi-org/10.1037/0021-9010.90.1.175
- Ponappa, S., Bartle-Haring, S., Holowacz, E., & Ferriby, M. (2017). The family system and depressive symptoms during the college years: Triangulation, parental differential treatment, and sibling warmth as predictors. *Journal of Marital and Family Therapy*, 43(1), 145-158. https://doi.org/10.1111/jmft.12175
- Price, J. (2008). Parent-child quality time: Does birth order matter?. *Journal of Human Resources*, 43(1), 240-265. https://doi.org/10.3368/jhr.43.1.240
- R Core Team (2021). R: A language and environment for statistical computing. R Foundation for Statistical Computing, Vienna, Austria. https://www.R-project.org/
- Rolan, E. & Marceau, K. (2018) Individual and sibling characteristics: Parental differential treatment and adolescent externalizing behaviors. *Journal of Youth and Adolescence*, 47, 2535-2553. https://doi.org/10.1007/s10964-018-0892-8
- \*Roskam, I., & Meunier, J. C. (2009). How do parenting concepts vary within and between the families?. *European Journal of Psychology of Education*, 24(1), 33-47. https://doi.org/10.1007/BF03173473
- \*Salmon, C. A., Shackelford, T. K., & Michalski, R. L. (2012). Birth order, sex of child, and perceptions of parental favoritism. *Personality and Individual Differences*, 52(3), 357-362. https://doi.org/10.1016/j.paid.2011.10.033

Shanahan, L., McHale, S. M., Crouter, A. C., & Osgood, D. W. (2008). Linkages between parents? differential treatment, youth depressive symptoms, and sibling relationships. 

\*Journal of Marriage and Family, 70(2), 480-494. https://doi.org/10.1111/j.1741-3737.2008.00495.x\*

- Shiner, R. L., Buss, K. A., McClowry, S. G., Putnam, S. P., Saudino, K. J., & Zentner, M. (2012). What is temperament now? Assessing progress in temperament research on the Twenty-Fifth Anniversary of Goldsmith et al.. *Child Development Perspectives*, *6*(4), 436-444. https://doi.org/10.1111/j.1750-8606.2012.00254.x
- Spinrad, T. L., Eisenberg, N., Silva, K. M., Eggum, N. D., Reiser, M., Edwards, A., Iyer, R.,
  Kupfer, A. S., Hofer, C., Smith, C. L., Hayashi, A., & Gaertner, B. M. (2012).
  Longitudinal relations among maternal behaviors, effortful control and young children's committed compliance. *Developmental Psychology*, 48(2), 552–566. https://doi.org/10.1037/a0025898
- \*Suitor, J., Gilligan, M., Peng, S., Con, G., Rurka, M., & Pillemer, K. (2016). My pride and joy? Predicting favoritism and disfavoritism in mother—adult child relations. *Journal of Marriage and Family*, 78(4), 908-925. https://doi.org/10.1111/jomf.12288
- \*Suitor, J. J., & Pillemer, K. (2006). Choosing daughters: Exploring why mothers favor adult daughters over sons. *Sociological Perspectives*, 49(2), 139-161. https://doi.org/10.1525/sop.2006.49.2.139
- \*Suitor, J. J., & Pillemer, K. (2007). Mothers' favoritism in later life the role of children's birth order. *Research on Aging*, 29(1), 32-55. https://doi.org/10.1177/0164027506291750

\*Suitor, J. J., Pillemer, K., & Sechrist, J. (2006). Within-family differences in mothers' support to adult children. *The Journals of Gerontology Series B: Psychological Sciences and Social Sciences*, 61(1), S10-S17. https://doi.org/10.1093/geronb/61.1.S10

- \*Sulloway, F. J. (2001). Birth order, sibling competition, and human behavior. In Conceptual challenges in evolutionary psychology (pp. 39-83). Springer, Dordrecht.
- Thomas, A. & Chess, S. (1977). Temperament and development. New York: New York University Press.
- \*Tucker, C. J., McHale, S. M., & Crouter, A. C. (2003). Dimensions of mothers' and fathers' differential treatment of siblings: Links with adolescents' sex-typed personal qualities.

  Family Relations, 52(1), 82-89. https://doi.org/10.1111/j.1741-3729.2003.00082.x
- Van Aert, R. C., Wicherts, J. M., & Van Assen, M. A. (2019). Publication bias examined in meta-analyses from psychology and medicine: A meta-meta-analysis. *PloS one*, *14*(4), https://doi.org/10.1371/journal.pone.0215052
- Van den Bulck, J., Custers, K., & Nelissen, S. (2016). The child-effect in the new media environment: Challenges and opportunities for communication research. *Journal of Children and Media*, 10(1), 30-38. https://doi.org/10.1080/17482798.2015.1121897
- Van der Pol, L. D., Groeneveld, M. G., Van Berkel, S. R., Endendijk, J. E., Hallers-Haalboom, E. T., Bakermans-Kranenburg, M. J., & Mesman, J. (2015). Fathers' and mothers' emotion talk with their girls and boys from toddlerhood to preschool age. *Emotion*, *15*, 854–864. https://doi.org/10.1037/emo0000085
- Van Heel, M., Bijttebier, P., Colpin, H., Goossens, L., Van Den Noortgate, W., Verschueren, K., & Van Leeuwen, K. (2020). Perspective taking, empathic concern, agreeableness, and

parental support: Transactional associations across adolescence. *Journal of Adolescence*, 85, 21-31. https://doi.org/10.1016/j.adolescence.2020.09.012

- Viechtbauer, W. (2010). Conducting meta-analyses in R with the metafor package. *Journal of Statistical Software*, *36*, 1–48. https://doi.org/10.18637/jss.v036.i03
- Volling, B. L., & Elins, J. L. (1998). Family relationships and children's emotional adjustment as correlates of maternal and paternal differential treatment: A replication with toddler and preschool siblings. *Child Development*, 69(6), 1640-1656. https://doi.org/10.1111/j.1467-8624.1998.tb06182.x
- Vrolijk, P., Van Lissa, C. J., Branje, S., Meeus, W. H., & Keizer, R. (2022). Parent–child personality similarity and differential autonomy support toward siblings. *Journal of Family Psychology*, *36*(6), 839. https://doi.org/10.1037/fam0000955
- Yan, N., Ansari, A., & Peng, P. (2021). Reconsidering the relation between parental functioning and child externalizing behaviors: A meta-analysis on child-driven effects. *Journal of Family Psychology*, 35(2), 225–235. https://doi.org/10.1037/fam0000805
- Zhao, Y., Chen, F., Yuan, C., Luo, R., Ma, X., & Zhang, C. (2021). Parental favoritism and mobile phone addiction in Chinese adolescents: The role of sibling relationship and gender difference. *Children and Youth Services Review*, 120, 105766.
  https://doi.org/10.1016/j.childyouth.2020.105766

Figure 1. Flow of Reports and Studies into the Meta-Analysis

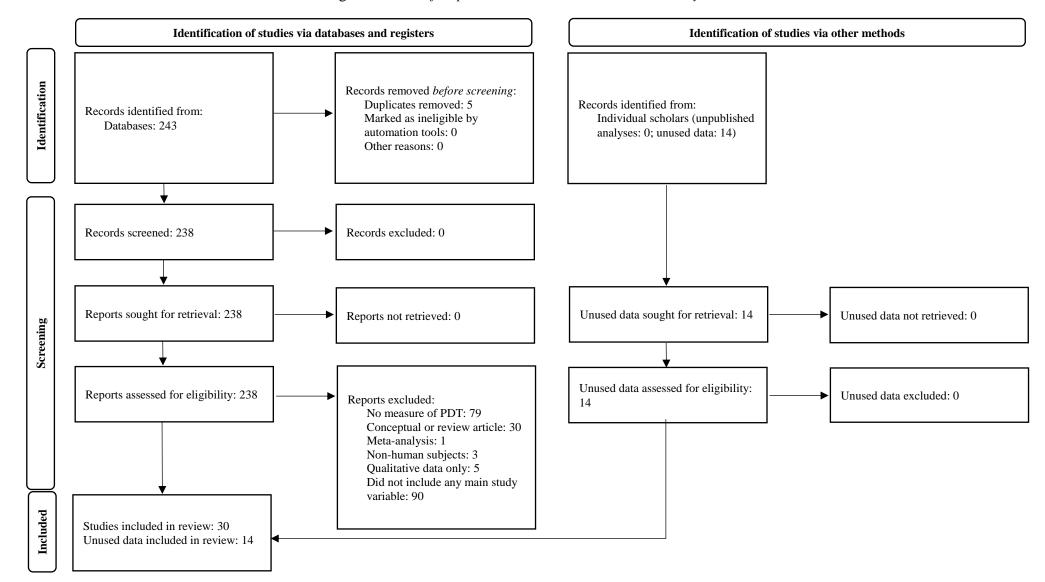
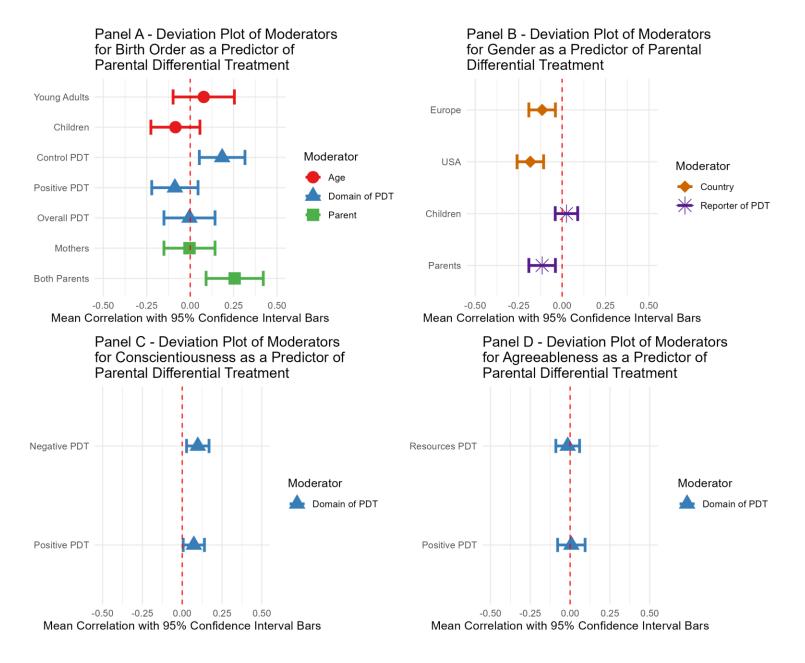


Figure 2. Deviation Plots for Significant Moderators for Separate Models



**Table 1**Results for models examining the correlation between relative levels of parental differential treatment (PDT) and birth order.

Variable	Model 1		Model 2	
	est. (95% CI)	SE	est. (95% CI)	SE
Intercept	055* (097,012)	.022	004 (150, .143)	.075
Level 4 variables				
United States			084 (235, .067)	.077
Level 3 variables				
Average family size			125 (261, .011)	.069
Caucasian (%)			006 (029, .018)	.012
Male (%)			.009 (078, .096)	.044
Younger than sibling (%)			038 (110, .034)	.037
Siblings same sex (%)			002 (007, .002)	.002
Average age spacing			028 (142, .086)	.058
Age			.006* (.001, .012)	.003
Peer-reviewed			.023 (121, .166)	.073
Level 2 variables				
Parent reported on (reference = mother)				
PDT from father			022 (053, .008)	.016
PDT from both parents			.260*** (.184, .335)	.039
PDT reported by child (CR)			.020 (032, .071)	.027
Difference score-based measure (DSBM)			.026 (020, .071)	.023
Domain of PDT (reference = overall PDT)				
Positive PDT			084* (153,015)	.035
Negative PDT			.033 (034, .101)	.035
Resource PDT			058 (135, .020)	.040
Control PDT			.197*** (.108, .286)	.045
Q residual	7504.57***		5795.49***	
F for omnibus test of moderators			10.26***	
Variance components				
Level 4 (samples)	.0039**		.0098**	
Level 3 (sources)	.0033***		.0024**	
Level 2 (effect sizes)	.0424***		.0334***	
Intra-class correlations				
Level 4 (samples)	.078		.214	
Level 3 (sources)	.066		.053	
Level 2 (effect sizes)	.855		.733	

Notes. Analysis conducted with four-level multilevel meta-analysis models based on 719 effect sizes from 68 different sources that came from 22 unique samples. N = 12,884 unique participants. In these models, the participant level is considered Level 1, but is not included. Est = bivariate correlation; CI = confidence interval. PDT = parental differential treatment. Negative effects reflect younger siblings being favored; positive effects reflect older siblings being favored.

<sup>\*</sup> p < .05, \*\* p < .01, \*\*\* p < .001

Table 2

Results for models examining the correlation between relative levels of parental differential treatment (PDT) and gender.

Variable	Model 1		Model 2	
	est. (95% CI)	SE	est. (95% CI)	SE
Intercept	012 (045, .021)	.017	115*** (191,040)	.039
Level 4 variables				
United States			068* (128,008)	.030
Level 2 variables				
Parent reported on (reference = mother)				
PDT from father			.001 (031, .033)	.016
PDT reported by child (CR)			.140*** (.074, .206)	.034
Difference score-based measure (DSBM)			.051 (010, .112)	.031
Domain of PDT (reference = overall PDT)				
Positive PDT			.019 (025, .062)	.022
Negative PDT			.021 (025, .068)	.024
Resource PDT			.041 (009, .090)	.025
Used Standardized Semi-Partial Correlation			.045 (017, .107)	.032
Q residual	3343.61***		2241.73***	
F for omnibus test of moderators			2.98**	
Variance components				
Level 4 (samples)	.0050***		.0014	
Level 3 (sources)	.0000		.0000	
Level 2 (effect sizes)	.0174***		.0179***	
Intra-class correlations				
Level 4 (samples)	.224		.072	
Level 3 (sources)	.000		.000	
Level 2 (effect sizes)	.776		.928	

Notes. Analysis conducted with four-level multilevel meta-analysis models based on  $3\overline{7}8$  effect sizes from 57 different sources that came from 29 unique samples. N = 16,290 unique participants. In these models, the participant level is considered Level 1, but is not included. Est = bivariate correlation; CI = confidence interval. PDT = parental differential treatment. Negative effects reflect daughters being favored; positive effects reflect sons being favored. \*p < .05, \*\*p < .01, \*\*\*p < .001

**Table 3**Results for models examining the correlation between relative levels of parental differential treatment (PDT) and conscientiousness.

	Model 1		Model 2	
Variable	est. (95% CI)	SE	est. (95% CI)	SE
Intercept	.059* (.005, .113)	.027	.073* (.007, .139)	.034
Level 2 variables				
Parent reported on (reference = mother)				
PDT from father			017 (036, .001)	.010
PDT reported by child (CR)			009 (044, .027)	.018
Difference score-based measure (DSBM)			017 (053, .019)	.018
Domain of PDT (reference = positive PDT)				
Negative PDT			.051*** (.026, .075)	.013
Resource PDT			005 (032, .022)	.014
Q residual	495.69***		385.67***	
F for omnibus test of moderators			4.58**	
Variance components				
Level 4 (samples)	.0052***		.0051***	
Level 3 (sources)	.0000		.0000	
Level 2 (effect sizes)	.0017***		.0009**	
Intra-class correlations				
Level 4 (samples)	.756		.844	
Level 3 (sources)	.000		.001	
Level 2 (effect sizes)	.244		.155	

Notes. Analysis conducted with four-level multilevel meta-analysis models based on 189 effect sizes from 22 different sources that came from 8 unique samples. N=6,938 unique participants. In these models, the participant level is considered Level 1, but is not included. Est = bivariate correlation; CI = confidence interval. PDT = parental differential treatment. Negative effects reflect less conscientious siblings being favored; positive effects reflect more conscientious siblings being favored.

<sup>\*</sup> p < .05, \*\* p < .01, \*\*\* p < .001

**Table 4**Results for models examining the correlation between relative levels of parental differential treatment (PDT) and agreeableness.

Variable	Model 1		Model 2	
	est. (95% CI)	SE	est. (95% CI)	SE
Intercept	.023* (.002, .043)	.011	.008 (077, .094)	.044
Level 3 variables				
Average family size			.024 (212, .261)	.121
Caucasian (%)			009 (049, .031)	.021
Male (%)			.009 (091, .108)	.051
Younger than sibling (%)			.035 (232, .302)	.136
Siblings same sex (%)			003 (007, .002)	.002
Average age spacing			041 (204, .122)	.084
Age			.001 (010, .011)	.005
Peer-reviewed			.023 (060, .105)	.042
Level 2 variables				
Parent reported on (reference = mother)				
PDT from father			003 (023, .017)	.010
PDT reported by child (CR)			.012 (025, .049)	.019
Difference score-based measure (DSBM)			012 (050, .026)	.019
Domain of PDT (reference = positive PDT)				
Negative PDT			007 (033, .019)	.013
Resource PDT			043** (072,014)	.015
Q residual	360.62***		307.15***	
F for omnibus test of moderators			1.21	
Variance components				
Level 4 (samples)	.0002		.0032	
Level 3 (sources)	.0008**		.0011	
Level 2 (effect sizes)	.0016***		.0014***	
Intra-class correlations				
Level 4 (samples)	.060		.571	
Level 3 (sources)	.309		.191	
Level 2 (effect sizes)	.631		.238	

Notes. Analysis conducted with four-level multilevel meta-analysis models based on 192 effect sizes from 23 different sources that came from 9 unique samples. N=7,318 unique participants. In these models, the participant level is considered Level 1, but is not included. Est = bivariate correlation; CI = confidence interval. PDT = parental differential treatment. Negative effects reflect less agreeable siblings being favored; positive effects reflect more agreeable siblings being favored.

<sup>\*</sup>p < .05, \*\*p < .01, \*\*\*p < .001

Supplemental Material

Click here to access/download **Supplemental Material**Supplemental Materials 24.9.25.docx