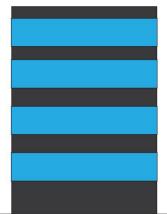
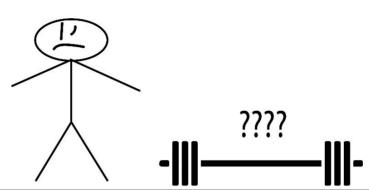
Nick is a busy office worker in a big city who spends to much time wokring



Nick decided he needs to get fit in order to feel healthier, but as he is a beginner has no clue where to start, and does not know how to diet



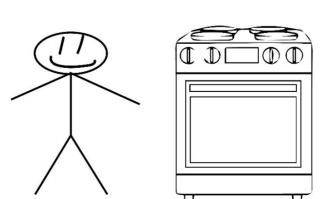
Nick decides to download our app, which will help him improve with more knowledge a workout plan, and nuitrtional needs



Nick uses the AI to biegin to learn how to workout and excels in the gym!



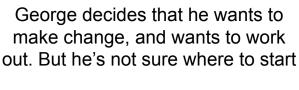
In the kicthen nick learns the exact macros and calories his body needs in order to build the most amount of musice and help him reach his goals



After a while nick learns all the infromation needed in order to succeed in the gym and completes all his goals!

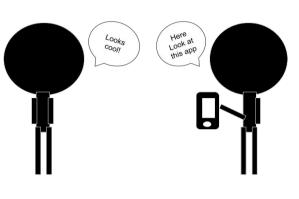


George, our main character, is spending too much time in the office

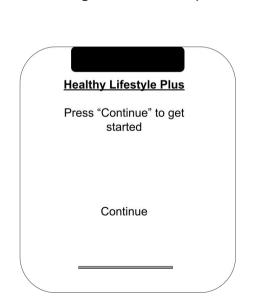




One of George's coworkers recommends to him a fitness app that will make a workoutplan, depending on his goals and equipment / space available.



George decides to give the app a try and begins to set it up.



George set's up a plan that fits his needs through the app and begins to work hard



After a few months, George is in the best shape of his life, and happier than ever thanks to the fitness app he found.



Jake Linnett

A flyer was put up for a marathon.



Mike, our main character, finds it and decides to do the marathon but doesn't know how to prep.



Mike then opens up his phone to find an app that helps to make a workout plan to meet his goals.





5 Months

later.....



1 more month!



He then commits to it and gives the app a try.

Now that he doesn't have to worry about the planning he's been able to get in shape.

Mike then wins the marathon since he was given a proper workout plan from the app.