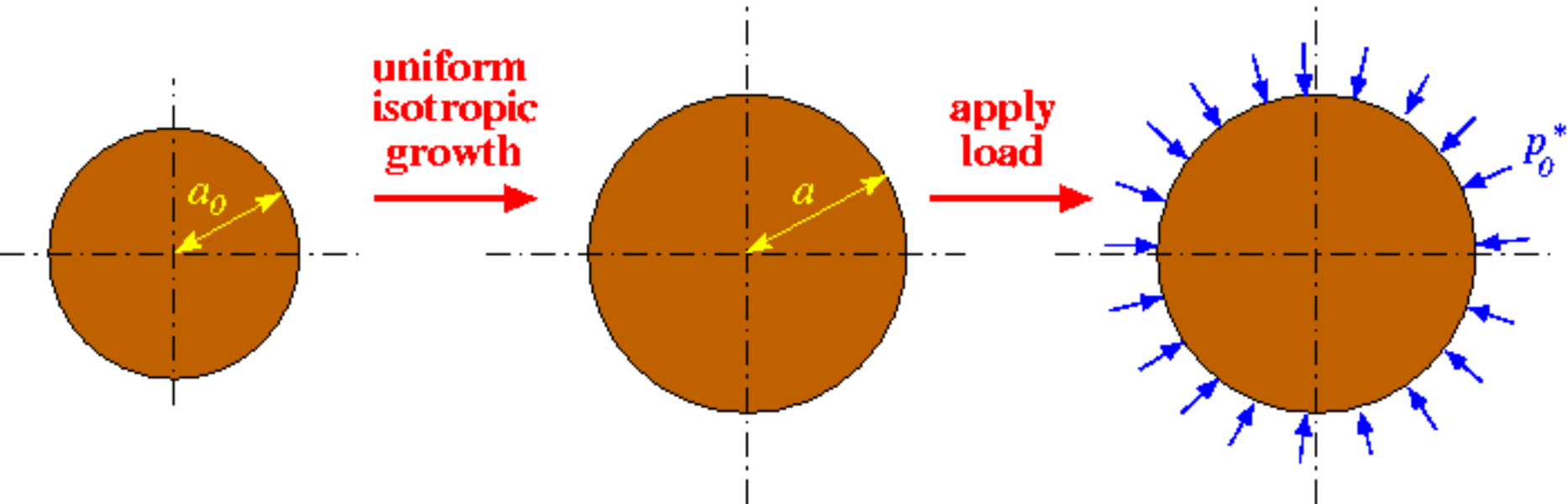
uniform
isotropic
growth
apply
load
a_0
a
p_0^*