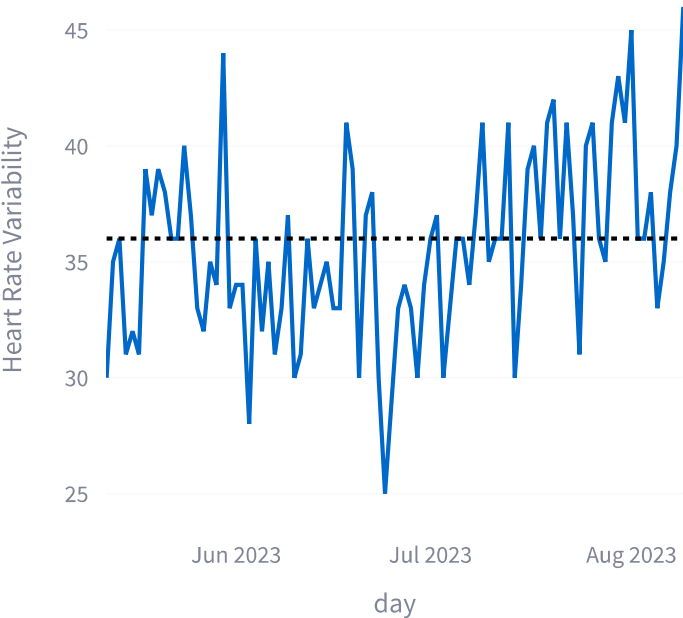
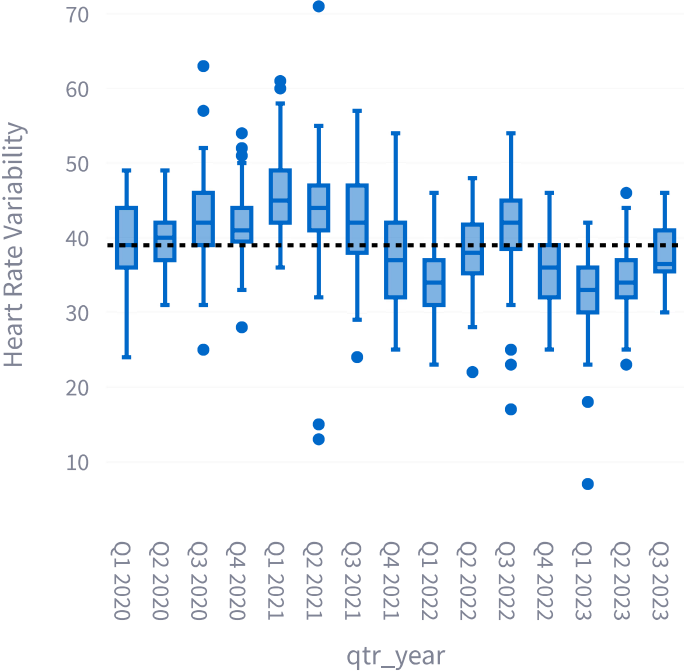


Matthew Myers Oura Ring Data

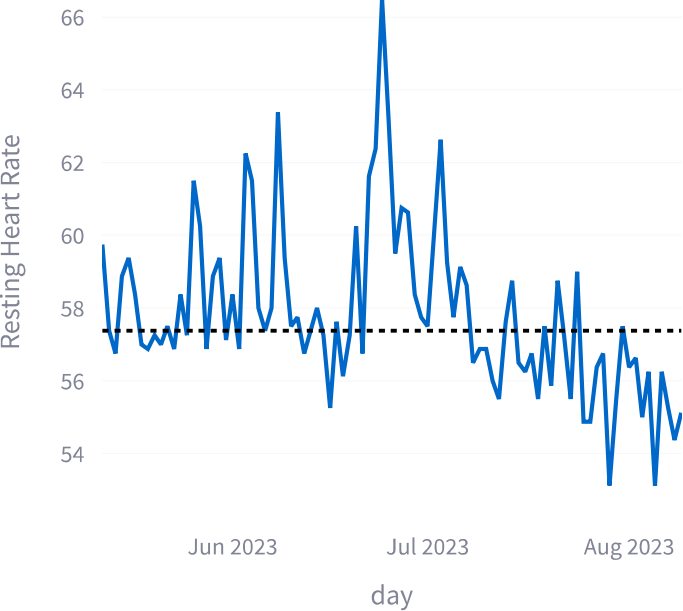
Past 90 Days of Average HRV



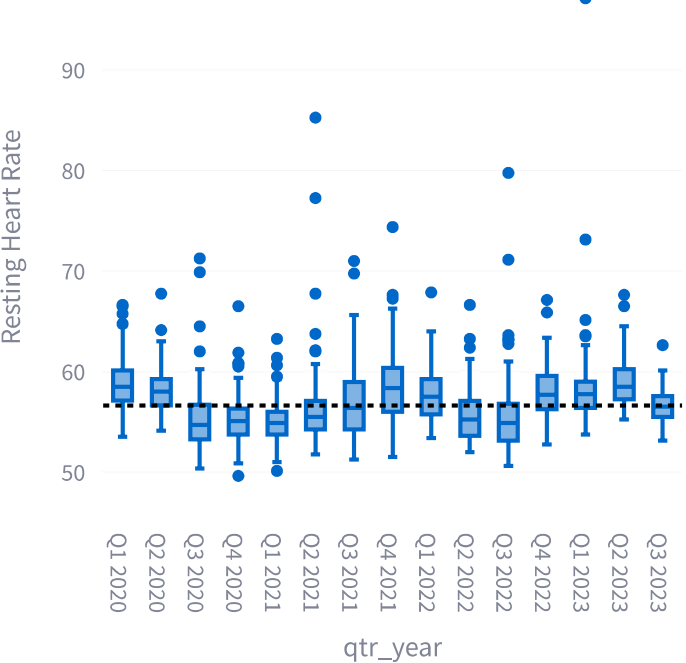
Average HRV Quarterly Distributions



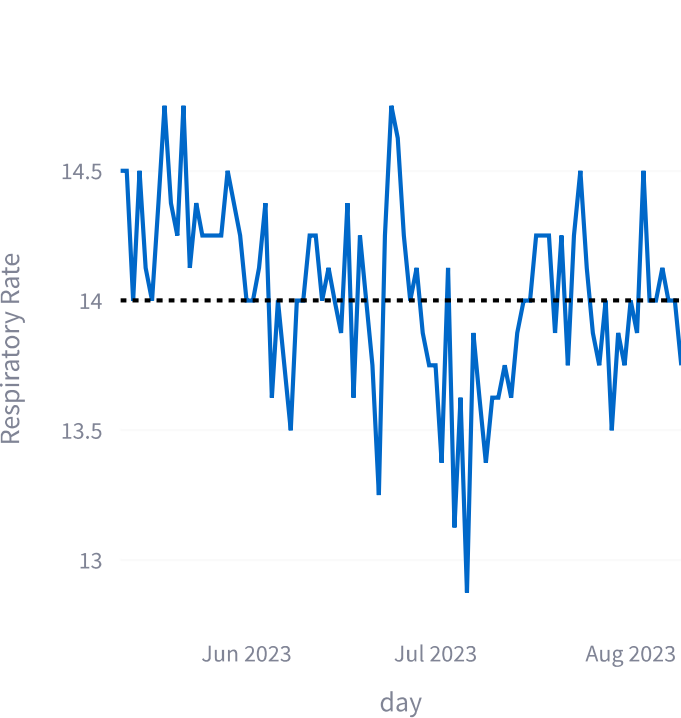
Past 90 Days Average Resting Heart Rate



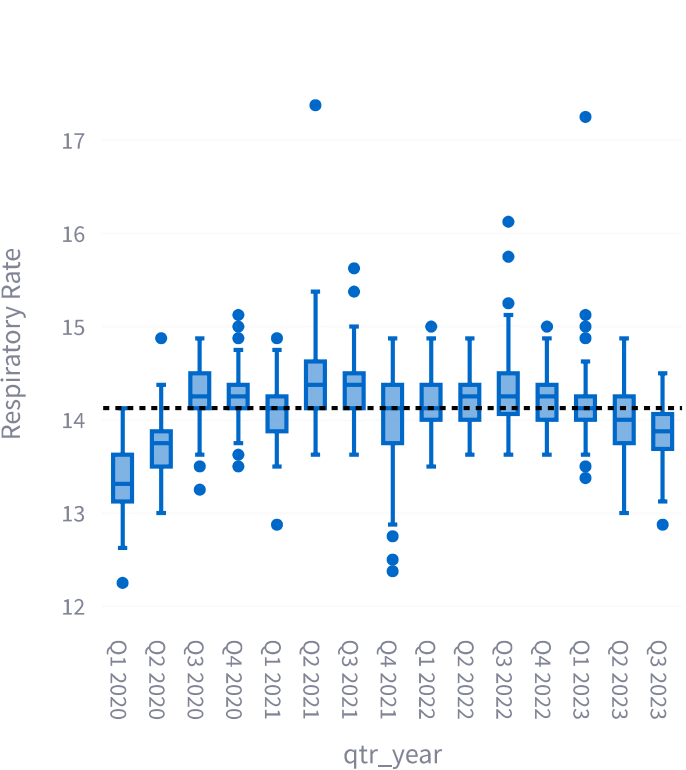
Average Resting Heart Rate Quarterly Distributio



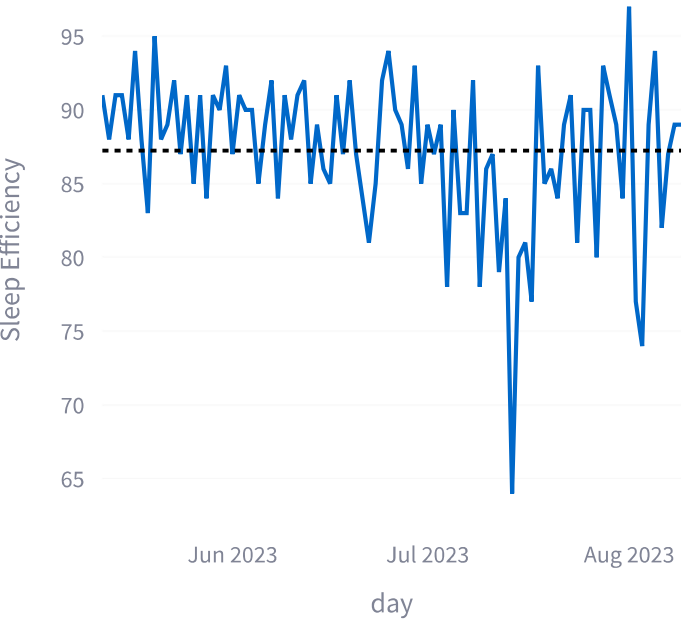
Past 90 Days Average Respiratory Rate



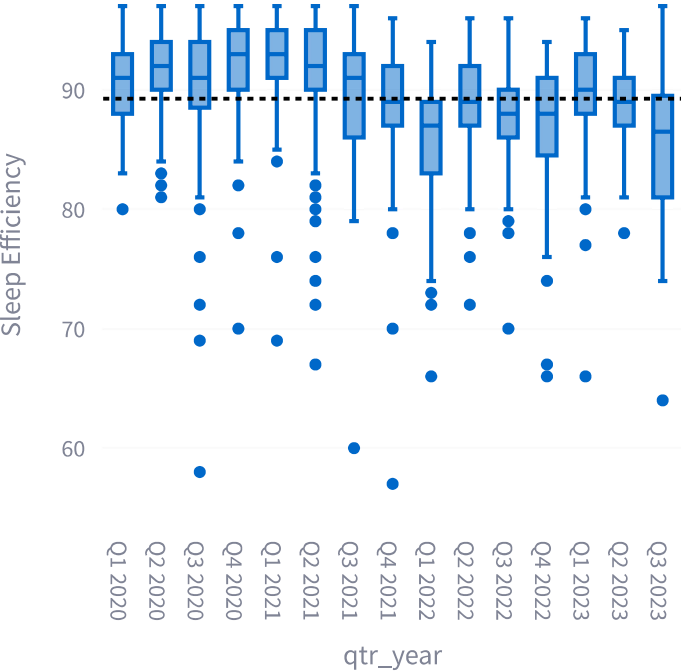
Average Respiratory Rate Quarterly Distributions



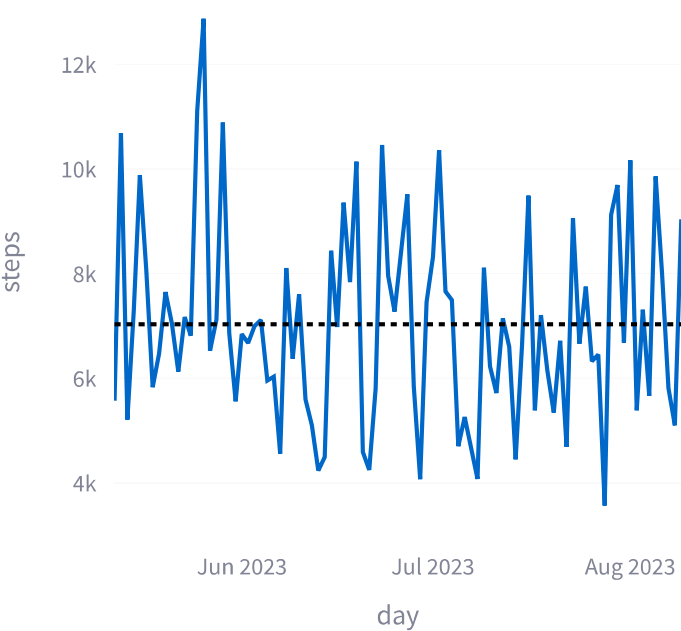
Past 90 Days Nightly Sleep Efficiency



Nightly Sleep Efficiency Quarterly Distributions



Past 90 Days Daily Steps



Daily Steps Quarterly Distributions

