

# *Monday Night Club*

# Volunteer

# Role Description

**Responsible to:** Initially to Monday Night Club Committee. They will be supported by the Volunteer Project Co-ordinator and the Volunteering Activities Co-ordinator.

**Outline of Role:** As a volunteer you will assist in the running of each session and will participate in activities alongside our members. The aim is to give our members the opportunity to socialise with their peers and take part in several different activities to give them a break from their daily lives.

**WHAT THE PROJECT DOES:** Monday Night Club (MNC) is a volunteering group who run activities for adults with a variety of intellectual disabilities and other special needs. We run activities based at the Guild including arts and crafts, music sessions and games as well as bringing in university societies to perform, companies such as pets for therapy and each term we take the whole group to McDonalds. You will not be expected to volunteer every week, just as often as you are able to or want to!

**GENERAL DUTIES:**

* Volunteering with Monday Night Club is extremely rewarding and does not require a huge time commitment. As a volunteer you simply have to turn up and interact with our members by helping them to get involved in activities and chatting to them. Each week some volunteers may be asked to set up/ clear away a few chairs and tables as well as prepare tea and biscuits- tea break is normally the highlight of the session! Volunteers will also be asked to help with trips outside the Guild, for example McDonalds, and our annual summer trip.

**PERSON SPECIFICATION:**

Volunteers must:

We’re looking for dedicated individuals who are considerate and willing to give up some of their own time to support a group of vulnerable adults. You will need to be patient and understanding as sometimes the role can be challenging, but 9 times out of 10 there will be no problems and all you will need is enthusiasm and a sense of fun. Experience working with vulnerable adults or individuals with special needs is an added benefit, however it is not required as MNC is very hands on and you will learn the skills needed directly through working with the members. Although it can be daunting at first there are always more experienced members working alongside you as well as members of the committee who are always happy to assist if needed.