# The Cumberlander

### Knoxville First Cumberland Presbyterian Church, Inc.

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Our Weekly Newsletter

"Loving God, Loving People"

March 19, 2014



We are now in the third week of the season of **Lent**. How is your preparation going? Have you been able to give up some distraction to your spiritual life and focus more on your relationship with the risen Christ? I hope you have, but I also know that when we attempt to do such things, Satan has a way of quietly slipping in and placing obstacles in our path. Knowing his *modus operandi* (method of operation) should

make it easier to overcome the temptations Satan places in our path. Of course, the method Jesus used when facing temptation is the best way to overcome Satan—simply use Scripture to rebuff the Tempter. When we do this, we are claiming God's promises for our lives. As I said last Sunday: "As we continue on this *Lenten* journey to the cross, remember that in Christ God has promises us so much—He holds before us not just forgiveness of our sins and life everlasting, as fantastic as these things are, but He offers, as well, a full and rich life here and now; a life where we can do what we think is impossible for us to do. We can forgive those who have hurt and frustrated us. We can share the Gospel with our family, friends, neighbors, co-workers, and classmates. We can overcome sinful habits. We can become both cheerful and generous givers. The list is as endless as our needs." Grace,

#### Pastor Mike

#### **Sow Generously for FISH**

Time is drawing near for our **FISH** duties. I hope to know soon when our groceries will be delivered to the **FISH** Panty. **Steve McCurry** will be ordering the food from **Second Harvest Food Bank** soon and he will ask for the delivery date to be Friday, March 28<sup>th</sup>, sometime in the morning. When we have confirmation of this I will let you know. Thanks to all who have signed up to bag on three Saturdays—March 29<sup>th</sup>, April 5<sup>th</sup>, and April 12<sup>th</sup>—at 9:30 a.m. This is done at the Pantry site. May God bless our church as we sow generously to help feed the hungry in our community.

—Betty Hammill

#### **Session Meeting**

Our **Session** will meet this coming Sunday evening, March 23<sup>rd</sup>, at 6:00 p.m., in the Keene Room.

#### Friendship Club

The next outing of the **Friendship Club** is this Wednesday, March 19<sup>th</sup>, at 11:00 a.m. We will meet at **Farmers Family Restaurant**, 8459 Kingston Pike (next to Party City).

#### **Cumberland Presbyterian Women's Ministry**

Ladies of the church, it is time to gather again. We will meet at **Betty Hammill**'s house Sunday evening, March 30<sup>th</sup>, at 5:30 p.m. [*Note the time change from 5:00 p.m. to 5:30 p.m.*] We will begin with a meal, and end with a program by **Pastor Mike** and **Joanna** on "The Role of Women in the Church". Please sign up on the bulletin board by the Church Office if you plan to come; this will help with meal preparation. Thank you.

#### **Surprise Birthday Celebration**

Sunday, March 30<sup>th</sup>, is **Mildred Acuff's** 89<sup>th</sup> birthday and the ladies of the church want to give her a surprise birthday celebration. [*This announcement will not appear in the newsletter Mildred will receive.*] This celebration will occur at the close of the ladies' meeting to be held at **Betty Hammill**'s house. All the ladies attending this meeting are asked to bring **Mildred** a birthday card. Then, at the close of the meeting, we will sing "Happy Birthday" and present her with the cards. Anyone—woman or man, teenager or child—who is unable to attend may give a birthday card to either **Betty Hammill** or **Pastor Mike** and they will be presented to **Mildred** that evening, as well. Remember, this a secret!

For the glory of God, Knoxville First Cumberland Presbyterian Church exists to worship Christ, evangelize the lost, love one another and our neighbor, and learn more about our God.





## Happy Birthday



#### March

26-Lisa Hayes 27-Howard Eblen



#### Activities for March 23-29, 2014

Sun., 9:30 a.m. Sunday School 10:45 a.m. Worship Service

4:00 p.m. Handbell Practice 6:00 p.m. Session

Wed., 6:30 p.m. Choir Practice

(See web site for complete calendar listings)

#### Stewardship Report March 16, 2014

Sunday School	39
Worship	75
Offering	
Building Fund	
Facility Reimbursement	

## Among Our People

**Peggy Bradshaw** – mother of Dianne Fielder – "back home" at Heritage Assist. Living North following rehab for fall few weeks back ... **Edna Fleenor** still in hospital recovering from fall a couple of weeks back ... Tom and Lois Witmer will be traveling with Hailey Davis and Laci Witmer to Memphis this weekend for the Tennessee State Gymnastics Championship Meet ...

#### The 40 Days of Lent

Lent is the season of the church year that's associated with repentance, fasting, and preparing ourselves for Easter. It begins with Ash Wednesday (March 5<sup>th</sup> this year) and ends on Holy Saturday (April 19<sup>th</sup>), the day before Easter Sunday or Resurrection Day. (Sundays are not counted since Jesus was resurrected on that day.) Lent is a time to focus on the sacrifice of Christ, often choosing to "sacrifice" certain pleasures or behaviors in our life, or finding ways to volunteer or serve others.

Why is it observed for 40 days?

The number 40 is a very significant number in the Bible (as are others as well) and is found several times throughout the Bible. Lent represents the 40 days Jesus spent in the desert fasting and preparing Himself for His ministry here on earth. He underwent temptation during that time but remained blameless, using Scripture to rebuff Satan's attacks.



March 20, 12:57 P. M. is the first day of Spring, The Vernal Equinox.



### Prayer Concerns In the Hospital



#### Health and Prayer Concerns

CP Missionaries; Mary Jane and Gordon Blaylock; Mildred Stone; Edna Fleenor; Howard Eblen; Mary Cregger; Gladys Stone; Mildred Acuff; Maxine McGuire; Ada Ladd; Carol Seeman; Bud and Betty Hickman (friends of Mary Ann Haney); Carl Overstreet (friend of Cliff Parrott); Jonathan Migas; Peggy Bradshaw (Dianne Fielder's mother); Nora Derreberry (Maxine Curtis's mother); Marlene Ritchey; Brian Migas; Mary McJunkins (Mary Wegman's mother); Donna Wingard (Mildred Acuff's daughter); Debbie and David Triese (Margaret Migas's sister and husband); Carl Ware; Allison, Hailey, Connor and Hannah Davis; Janie Beeler (Greg Beeler's wife); Ruth McNabb (mother of Tammy Eblen); Debbie Holloway; Mildred Gragg (friend of Mary Cregger); Kim and her family (friends of Amanda and Scott Roberts); Rebecca Rech (mother of Justin Rech); Jack Gaston; Marie Jobson (friend of the Witmer's); Grace Flory (Lois Witmer's mother); Cliff Parrott; Janet Simcox (lung cancer); Dale Craddo (Scott Robert's uncle); Tom Williams (friend of Cliff Parrott); Dick Booher; Becky Rader; Brandon Hargutt; Alice Montgomery; Lynne Garrison (Lois Witmer's sister)

Please keep the Church office informed of any needed changes to our Prayer Concerns list. Call 588-8581 or email firstcpc@earthlink.net

#### Lay Ministry Corner

~ Donna Walker

Live Lent ~ Week 3

Lent is a good time to serve others. This week - for seven days - we will perform acts of service each day. This could include donating food to Second Harvest, planning to help out with the FISH pantry, walking a neighbor's dog, collecting your pocket change each day and donating it, sending a card to someone who is alone or hurting or volunteering at church. This task may take more planning than the previous tasks, but we are commanded to love our neighbors, and daily service to others is a good way to start fulfilling this commandment. May God bless others through your decision to serve God this week!

#### **WORK DAY**

The Building and Grounds Committee will be scheduling a work day for March 29 beginning at 9A.M., weather permitting. Alternate day is April 5 at 9 A.M. Contact a member of the B&G committee, (Jim Curtis, Brack Emory, Scott Roberts and James O'Neal) to let them know that you can help and what needs to be done.

Thanking you in advance for your support and help!!!