The Cumberlander

Knoxville First Cumberland Presbyterian Church, Inc.

6900 Nubbin Ridge, Knoxville, TN 37919 ~ E-mail: firstcpc@earthlink.net ~

(865) 588-8581

Rev. Mike Wilkinson ~ Pastor

Website: www.first-cumberland.org

Our Weekly Newsletter

"Loving God, Loving People"

It was suggested to me last Sunday that I share the key points of the sermon in *The Cumberland*, on Facebook, and on our website. The

message was about God's healing grace and the Scripture text was **Psalm** 147:3, where speaking of God, the psalmist writes: "He heals the brokenhearted and binds up their wounds" [Pvs.] My message focused

brokenhearted, and binds up their wounds." [RVS] My message focused on being healed from the emotional scars and baggage that all of seem to have. How does God heal our broken hearts and bind up our emotional wounds? He does so by changing the way we think—by changing our minds—by changing how we see Him, how we see the pain in our lives, and how we see ourselves. Romans 12:2 says: "... let God transform you into a new person by changing the way you think..." [NLT] Here is a basic life-truth: If you want to change your life—if you want to get well and get over the hurt, you have to change the way you think. Proverbs 23:7 says: "... as he thinks in his heart, so is he . . . " [NKJV] The best way for you to change the way you think about yourself is to look at what God thinks about you as a follower of Jesus Christ. First of all, because of God's grace, you are acceptable. We all want to be accepted, but unfortunately from time to time we are rejected by someone and this rejection causes us pain. Hear the Good News: Your acceptance was settled when you received God's grace the instant you trusted Christ as your Savior. Romans 15:7 says: "... Christ has accepted you." [CEV] Second, because of God's grace, you are valuable. Two things generally determine value; ownership and what someone is willing to pay. As a believer, First John 4:4 says: "... you belong to God, ..." [NLT] How much was paid for you? First Corinthians 7:23 says: "You were bought at a price; ..." [NIV] and that price was the physical and spiritual death of Jesus Christ. Third, because of God's grace, you are lovable. When you have been rejected, you do not feel lovable; instead, you feel worthless, but you are wrong because in Isaiah 54:10, God says: "... my unfailing love for you will not be shaken ... " [NIV] and Romans 5:8 says: "... God demonstrates his own love for us in this: While we were still sinners, Christ died for us." [NIV] Fourth, because of God's grace, you are forgivable. Since, even as followers of Christ, we are all sinners, I would suggest that you memorize Isaiah 43:25, where God says: "... I, am the one who takes care of your sins—that's what I do. I don't keep a list of your sins." [MSG] Notice here that your forgiveness is not based on your merit, but on God's forgiving nature. And finally, because of God's grace, you are capable. Philippians 4:13 says: "... I can do everything God asks me to do with the help of Christ who gives me the strength and power." [TLB] You find healing from emotional hurts and scars by do longer listening to the old voices from your past and by filling your mind with what God's says about you. God says, as His child, you are acceptable, valuable, lovable, forgivable, and capable. The bottom line is who are you going to believe—someone else or God?

Receive grace, live grace, show grace,

Pastor Mike

Friendship Club

Members of the **Friendship Club** will gather at **Sullivan's Fine Food**, in Rocky Hill, at 11:00 a.m., Wednesday, July 16th, for a Dutch-treat lunch. Everyone reading this article is automatically a member of the **Friendship Club** and is therefore invited to go on this outing.

Serene Manor

We are collecting items for the residents of **Serene Manor Nursing Home** (where **Jewell Kerr**'s daughter was lovingly cared for). These are the things needed at this time—men's underwear (all sizes) and both men's and women's sweatpants (all sizes). There will be boxes in the front hallway where you can put your donations. Thank you for your help in this undertaking.

For the glory of God, Knoxville First Cumberland Presbyterian Church exists to worship Christ, evangelize the lost, love one another and our neighbor, and learn more about our God.



First Cumberland,

where you belong!

Non-Profit
Organization
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Happy Birthday



25-Amy Pipkin Huether



Activities for July 20-26, 2014

Sun., 9:30 a.m. Sunday School

10:45 a.m. Worship Service

Wed., 6:30 p.m. Choir Practice

Fri., 8:00 a.m. Garage Sale in Basement Sat., 8:00 a.m. Garage Sale in Basement

(See web site for complete calendar listings)

Stewardship Report July 13, 2014

Sunday School	34
Worship	
Offering	
Memorial	

Among Our People

Jack Gaston celebrated his eighty-sixth birthday last week . . . Betty Hammill and family made a trip to Virginia last week for the wedding of her grandson . . . Jeannine Walker (Kim McCurry's mother) was not released from the hospital last week as hoped; instead, she remains in Parkwest Hospital under hospice care . . . J. David Hester has been moved into a regular room on the heart floor at Fort Sanders Hospital . . . B.F. Daniel was admitted to Parkwest Hospital last Sunday night (July 13th) . . . Peggy Bradshaw (Dianne Fielders mother) is in U.T Hospital . . . Dick Booher continues to recover at his sons home in Morristown . . . Pastor Mike and Joanna's house in Hoover has been rented and is no longer on the market; continue to pray for the sale of their house in Mill-brook

KITCHEN CLEANING

The ladies of the church have designated Wednesday, July 30th as the day to clean the big kitchen, off of the gym. Starting time is 10am. If need be we will come back on Thursday, July 31st to complete the job. We are asking all ladies who are available to come and help with this task.

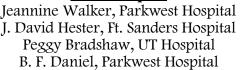
YOUTH GROUP

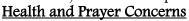
The Youth Group will going bowling this coming Sunday, July 20th at the Family Bowl. Please meet there at 2 pm. They will bowl until 4 pm. Bring \$10 for your bowling and bowling shoes.

WE STILL NEED ITMES FOR THE GARAGE SALE. PLEASE BRING US YOUR ITEMS THAT YOU DO NOT NEED!!!!



Prayer Concerns In the Hospital







CP Missionaries; Gordon Blaylock; Mildred Stone; Edna Fleenor; Howard Eblen; Mary Cregger; Gladys Stone; Mildred Acuff; Maxine McGuire; Ada Ladd; Carol Seeman; Bud and Betty Hickman (friends of Mary Ann Haney); Carl Overstreet (friend of Cliff Parrott); Jonathan Migas; Peggy Bradshaw (Dianne Fielder's mother); Nora Derreberry (Maxine Curtis's mother); Marlene Ritchey; Brian Migas; Mary McJunkins (Mary Wegman's mother); Donna Wingard (Mildred Acuff's daughter); Debbie and David Triese (Margaret Migas's sister and husband); Carl Ware; Allison, Hailey, Connor and Hannah Davis; Janie Beeler (Greg Beeler's wife); Ruth McNabb (mother of Tammy Eblen); Debbie Holloway; Mildred Gragg (friend of Mary Cregger); Kim and her family (friends of Amanda and Scott Roberts); Rebecca Rech (mother of Justin Rech); Jack and Jin Gaston; Cliff Parrott; Tom Williams (friend of Cliff Parrott); Dick Booher; Tom Parrott (Cliff Parrott's son); Larry Taylor (Joy's husband); Richard Hines (Jin Gaston's brother-in-law); Carl Kissiah (Joanna Wilkinson's father); the Whaley family (friends of Kathy Byers); J. David Hester; Christina and Baby Hinkle (Pastor Mike and Joanna's daughter and expected grandchild); Jeannine Walker (Kim McCurry's mother); Virginia Brown (Kim Halbert's grandmother); Brandon Hargutt; Bob Metts; Joni Warner (friend of Jewell Kerr's sons)

Please keep the Church office informed of any needed changes to our Prayer Concerns list. Call 588-8581 or email firstcpc@earthlink.net

Our ??th Annual Garage Sale

Our annual Garage Sale date is set for July 25 and 26. If you have items that you would like to donate to the church to sell, we are now taking items on Monday, Wednesday and Friday from 9 am to 1 pm at the downstairs entrance. If this time is not convenient for you call Maxine Curtis at 235-5839 to make arrangements for someone to meet you at the church. If you need someone to pick up your items, call Maxine at the number above to make arrangements. Volunteers will also be sorting, displaying the items, and pricing.

Ask your friends and neighbors if they have items they would like to donate to the church. We do provide tax receipts for those who need them.

If you have any questions about this event or would like to volunteer to help please call Maxine (357-0441 or 235-5839) or the church office (588-8581).

If you know of places to post flyers for the garage sale, we have flyers for the garage sale in the church office. Please stop by and pick some up and post them. Everyone can help in little ways to make this a huge success.