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Analysis of the Benefits of Tutoring in Improving Student Learning Skills

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Abstract

This research aims to analyze the benefits of tutoring programs in helping to improve students' learning skills. This study used a qualitative method based on data collection and was carried out by reviewing several books, journals and other documents in print and electronic form. Tutoring is a process that involves a tutor or teacher who provides additional assistance in mastering lesson material. Tutoring can help students learn effective study techniques. Trained tutors can teach students different study methods such as creating a study schedule, reading with comprehension, taking notes, and mastering memory techniques. With this guidance, students will be able to improve their learning efficiency and achieve better results.

Keywords: Learning Outcomes, Student Skills, Tutoring.

PRELIMINARY

Tutoring is the process of providing assistance carried out by an expert person to one or several individuals, whether children, teenagers or adults so that the person being guided can develop their abilities independently, by utilizing individual strengths and existing facilities that can be developed. Based on applicable norms. Tutoring is a learning assistance activity for students or pupils which aims to ensure that students achieve optimal learning achievement (Wayudi, *et.al.*, 2020; Prayitno & Erman, 2004). This activity can take the form of guidance at school that helps students adapt to the situations they face and plan their future according to their interests, abilities and social needs.

This ability cannot increase by itself but needs to be done through efforts with enthusiasm and a strong will. Fourth, questioning skills. Questioning skills are an important element that students need to master, remembering that students need to deepen the material discussed in the learning process. The aim of asking questions is to find out and understand lesson material that is not yet understood, and/or check the correctness of the concepts or understanding that students have (Rahayu & Anggraeni, 2017; Ahmadi & Widodo, 2004). Learning goals are also influenced by proper guidance, students will be taught how to organize study time, manage school assignments and develop positive study habits.

The purpose of tutoring is to find efficient and effective ways of studying for students, showing ways of studying that are in accordance with the methods and functions of using textbooks, providing information in the form of suggestions and instructions for those who use the library, making school assignments and preparing for exams (Sriyono, 2016; Rozak, *et.al.*, 2018). Choosing a field of study according to your talents, interests, intelligence, aspirations and physical or health condition, showing ways to deal with difficulties in a particular field of study, determining the distribution of time and planning a study schedule. Choose additional lessons both related to school lessons and developing talents and careers in the future.

Education is something that is very necessary in the life of every individual. However, each student has a different way of learning. Some students may find it easier to understand the material through independent study methods, while others need additional guidance to achieve maximum results. This is why tutoring is important in helping to find out students' learning skills, through learning a person can make improvements in various things related to life's interests (Prasetya, *et.al.*, 2019; Santoso & Rusmawati, 2019). Learning success can be achieved if students know the various skills they need in learning.

Learning skills refer to skills or abilities developed by students through a continuous practice process. These learning skills include aspects such as how to study effectively, organizing information, processing information, and using appropriate learning strategies. Learning skills can be explained as a skill that can develop students' independence in learning (Darmayanti, *et.al.*, 2020; Thahir & Hidriyanti, 2017). These study skills help students to become more effective in understanding and mastering subject matter.

By developing study skills, students can improve their ability to overcome learning problems and achieve better results in the learning process. In conclusion, study skills in tutoring refer to the skills or abilities developed by students in managing study time, processing information, and use effective learning strategies. By developing these learning skills, students can become more independent in learning and achieve better learning outcomes. Learning skills are an ability related to recording, organizing, synthesizing, recalling and the ability to use the information and ideas obtained. Then learning skills are seen as a source of strategies for pursuing how to learn.

METHOD

The method used in this study is a qualitative method based on data collection and carried out by reviewing several books, journals and other documents in print and electronic form. The focus of this research discussion is an analytical review of the benefits of tutoring in improving student learning skills. Research data analysis uses data re-check based on scientific articles from credible pages, including Sinta, Google Scholar, and DOAJ (Assingkily, 2021).

FINDINGS AND DISCUSSION

Skills in education focus on an individual's ability to use reason, ideas, creativity and knowledge to create, change or make something more meaningful. These skills must continue to be developed and trained continuously in order to increase a person's abilities so that they become experts or professionals in a particular field (Rambe, *et.al.*, 2023). Skills in education also include management abilities, such as the ability to work on time, prioritize tasks effectively, and be responsible for each task and work. Additionally, organizational skills are also important to ensure all work runs smoothly and to make decisions quickly and effectively (Harahap, *et.al.*, 2023; Bagus, *et.al.*, 2022). These skills also help in delegating tasks, sharing responsibilities with teammates, and managing time to be more efficient.

Learning success can be achieved if you have the various skills needed for learning. In the context of learning, students must master several learning skills, including: first, skills to carry out the learning process. Students can prepare lesson material before the lesson by re-reading previous notes and finding out what will be studied and how it is related (Mustiko & Trisnawati, 2021). Students must also be physically ready. A person's readiness to learn greatly influences the effectiveness of his or her learning. Second, the ability to remember, focus and learning resilience. Remembering should be based on need and awareness to achieve further learning goals. Ideally, the material studied should be remembered well (Ningsih & Suniasih, 2020).

Third, skills in preparing and completing tasks. Students who are studying are asked to complete certain assignments in each subject. One of the determining factors for student success in learning is the extent to which students can complete the tasks required by the teacher well (Al-Muwattho, *et.al.*, 2018). This ability cannot increase by itself but needs to be done through efforts with enthusiasm and a strong will. Fourth, questioning skills. Questioning skills are an important element that students need to master, remembering that students need to deepen the material discussed in the learning process. The aim of asking questions is to find out and understand lesson material that is not yet understood, and/or check the correctness of the concepts or understanding that students have (Zuschaiya, *et.al.*, 2021).

Fifth, note-taking skills, the skills that students have in recording explanations of the material that have been given by the teacher, these notes are written in an interesting way so that they are happy when they read the notes again (Karneli, 2020). Sixth, answering skills. The skills that students have to be able to answer questions given by the teacher in front of the class, with sufficient self-confidence so that they can answer the questions correctly (Hafidz, *et.al.*, 2023). In the educational context, learning skills are also an important part of skills in education. Study skills include the ability to manage study time effectively, use effective study strategies, develop critical thinking skills, manage school assignments well, use appropriate

learning resources, develop creative thinking skills, and apply learning methods that suit learning styles each student.

Thus, skills in education include a variety of abilities needed to achieve success in the learning process and self-development. These skills can be acquired through practice, experience, and ongoing education. In terms of the benefits of tutoring in helping to identify students' learning skills, there are several important things that must be done, such as: First, identify student learning styles. Tutoring helps identify student learning styles, such as visual, auditory or kinesthetic. By knowing students' learning styles, tutors can adjust teaching methods accordingly, so that students can understand the material better.

Second, support and motivation. Tutoring provides support and motivation to students. Experienced tutors can provide emotional encouragement to students, keep enthusiasm for learning high, and help students overcome frustration or boredom that may arise during the learning process. Third, increasing concentration and focus. Tutoring helps students improve their concentration and focus. In tutoring, tutors can provide more intensive attention to students, helping them stay focused and involved in the learning process. Fourth, personal and individual learning. Tutoring provides opportunities for students to learn personally and individually. Tutors can adjust teaching methods, difficulty levels, and learning pace according to each student's needs. Fifth, increasing academic achievement. Tutoring aims to improve student academic achievement. With the help of experienced tutors or teachers, students can gain a better understanding of the subject matter and improve their learning abilities.

The importance of learning skills is becoming increasingly apparent in the context of modern education. The continuously evolving curriculum, developments in information technology, and changes in learning paradigms require the adoption of appropriate learning strategies so that students can be successful (Erlangga, 2017). In addition, in a world that continues to change rapidly, the ability to continue learning and adapting to changes is the key to success in a career and professional life. With tutoring, students can develop learning skills that suit their needs and potential. Tutoring helps students become more independent in learning, improve concentration and focus, and achieve better learning outcomes.

CONCLUSION

Based on the description above, a conclusion can be drawn that tutoring has great benefits in helping to determine students' learning skills. From recognizing learning styles to providing support and motivation, tutoring can help students improve their learning skills. With tutoring, students can get better results in their learning process. Therefore, it is important for students to utilize tutoring to reach their full learning potential. Skills in education include various important abilities such as creativity, knowledge, management, organization, and learning skills. These skills must continue to be developed through practice and ongoing education to achieve success in learning and self-development. Tutoring plays an important role in helping students identify their learning styles, providing support and motivation, improving concentration and focus, and providing personalized and individualized learning. Thus, tutoring can improve students' academic performance and help them become more independent in learning, which is very important in the context of modern education and rapid changes in the world of work.

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