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Dear BPDED editorial team,

we are pleased to submit our manuscript “Translation, Validation and Extended Factor Models of the German State Difficulties in Emotion Regulation Scale (S-DERS)” for consideration as an original research article in Borderline Personality Disorder and Emotion Dysregulation (BPDED).

Given BPDED's focus on advancing the understanding of emotion dysregulation, we believe our study offers valuable insights. Emotion regulation is increasingly recognized as a dynamic process, yet most assessments rely on trait-based, retrospective self-reports. The original S-DERS, published in 2017, addressed this gap by providing a state-based measure of emotion regulation difficulties. Our preregistered study extends this work by presenting the German translation and validation of the S-DERS, evaluated following an experimental mood induction to capture real-time emotional processes.

In addition to validating the German S-DERS, we conducted an extensive comparison of structural models to better understand the relationships between different subcomponents of emotion regulation difficulties. This includes analyses of simple structure models, exploratory structural equation models, higher-order models, bifactor models, and network models—offering a comprehensive perspective that aligns with BPDED’s interest in the complexities of emotion dysregulation.

Our findings provide novel insights into the structural underpinnings of state-based emotion regulation difficulties. To promote transparency and facilitate re-use in future studies, we have made our comprehensive preregistration, codebook, data, and analysis code openly available.

Thank you for considering our manuscript. We look forward to the opportunity to contribute to BPDED and to engage with its readership.

Ein Bild, das Handschrift, Kalligrafie, Schrift, Typografie enthält.

Automatisch generierte BeschreibungSincerely,

Dr. Maurizio Sicorello