Reflection #8 Name: _Mausham Bista_ Total Points: _100_

5 pts Questions (50 points)

- 1. What did I do to prepare for this week?
 =I read the module-based preparation file for this week.
- 2. What concept from this week are you uncertain of our would like to know more about?
 - = I would like to know more about conflict how it can be harmful and useful in teamwork.
- 3. What topics were studied this week, and what are their definitions?
 - = We learned the different things that can be helpful for us by having effective conflict.
- 4. What phase of your projects did you complete?
 - = I did the acorn project draft from beginning as I got very low marks.
- 5. Summarize this week's scenario?
 - = In this eighth week, we learned how the conflict can be useful for us if we did it effectively and demonstrated in the front by holding hand of 1-1 and 2-2.
- 6. What did I learn from the study material?
 - = From this study material, I learned why the conflict in our life is useful for us in teamwork.
- 7. Why is this week's topic importance?
 - = This week's topic is important because it teaches us that how we can use conflict for effective work, we learned about effective

communication and skills with effective listening. That all are useful for us in teamwork.

- 8. Where did you put your assignments in GitHub?

 = I put my assignment in my repository in the file name Technical-Teamwork-170.
- 9. What did you learn from your work on your project?

 = I learned that when we do project for the first time it is never perfect that mean we need to work more and try harder as a team and communicate better way to have a good teamwork and the project to be done nicely.
- 10. How did this week scenario relate to the week's topic?
 = In this week we learned about effective communication skills, conflict resolution and how the conflict can be effective while doing teamwork which is all related to the week's topic i.e., Conflict.

10 pts Questions (30 points)

- 1. Write a SMART goal for next week?
 - = I've included a list of a few SMART goals for the upcoming week. Through LinkedIn Learning, I'll finish the courses I'm enrolled in and acquire a certificate. I won't eat out for a week in order to save money for an emergency. I'll go to bed early, rise early, and during the hour before and after bed, I won't use any devices. I'll take a lot of water to hydrate myself. I'll forgo social media and meditate for 30 minutes each day. I'll finish my work ahead of schedule and utilize the additional time to focus on projects that will advance my abilities.
- 2. What would you do differently next week?

 = I'm attempting to come up with other ideas for the upcoming week, and I'll try my best to win my students' trust while forming a

good rapport with them. I'll be more adaptive if I'm upbeat, understanding, etc. I won't try to panic or lose my cool in a challenging situation. I'll focus more on the action going ahead rather than the debate. I'll reflect on my past mistakes and try to do better in the future.

- 3. What is the most significant take-a-way you have gained from your study this week?
 - = This week, I learned a few new talents. After this week of classes, I'm making an effort to conduct myself professionally in order to do better and make a greater contribution. To have a pleasant work attitude, I'm getting a little more personal. I came to realize how important having certain professional abilities are for our professions and initiatives. In addition, I read an essay by a man who behaved impolitely in his work and the issues it caused, which motivated me to act properly in my field.

20 pts Question (20 points)

- 1. How do you plan on contributing to the teams, besides completing your tasks?
 - = I'll actively participate in meetings and conversations so that I may share my thoughts, encourage my coworkers, and give assistance. I promise to treat each team member with respect, ask them about their issues, and be accessible if they need to talk about them. I won't dispute with anyone; instead, I'll take care of matters in a cool, collected manner. While that is not my duty, I will always be there for the team and provide the specific direction it requires. People may easily accomplish the project since I will accept them for who they are. I would approach people and be open to advice from team members.