Reflection #14 Name: _Mausham Bista_ Total Points: _100_

5 pts Questions (50 points)

- 1. What did I do to prepare for this week? =I read the module-based preparation file for this week.
- 2. What concept from this week are you uncertain of our would like to know more about?
 - = I would like to know more about teamwork and how it can be used in industrial life.
- 3. What topics were studied this week, and what are their definitions?
 - = We learned the different things that can be helpful for us in technical teamwork, we learned about coordination, cooperation, conflict and all
- 4. What phase of your projects did you complete?
 - = I along with my teammates finished all the project that we were doing.
- 5. Summarize this week's scenario?
 - = In 14th week we do not have any classes, we just learn and be prepare for Christmas vacation.
- 6. What did I learn from the study material?
 - = From this study material, I learned about the teamwork, how it works and how important it is.
- 7. Why is this week's topic importance?
 - = This week topic is about synergy but the class was not mandatory but from the preparation I learned more the synergy, more effective work.

- 8. Where did you put your assignments in GitHub?

 = I put my assignment in my repository in the file name Technical-Teamwork-170.
- 9. What did you learn from your work on your project?

 = I discovered that the first time we do a project, it is never perfect.

 This means that in order to have strong teamwork and complete the project well, we must work harder and more diligently as a group.
- 10. How did this week scenario relate to the week's topic?= The class was not mandatory, but the preparation material reflected the week topic.

10 pts Questions (30 points)

- 1. Write a SMART goal for next week?
 - = A list of a few SMART objectives for the following week is supplied. I'll complete the courses I'm enrolled in through LinkedIn Learning to obtain a credential. To save money for a crisis, I'm going a week without eating out. I'll get up and go to bed early, and I won't use any technology for an hour before and after bed. I'll drink a lot of water to stay hydrated. I'll avoid social media and spend 30 minutes per day in meditation. I'll complete my work earlier than expected and use the extra time to concentrate on tasks that will improve my skills.
- 2. What would you do differently next week?
 - = I'm working on more ideas for the following week and will do my best to establish a rapport with my kids and earn their trust. I'll be more adaptable if I'm positive, sympathetic, etc. In a difficult circumstance, I won't try to panic or lose my composure. I'll pay more attention to the forthcoming action than to the argument. I'll

think back on my past errors and make an effort to improve going forward.

- 3. What is the most significant take-a-way you have gained from your study this week?
 - = Not just from this class, but from the entire period, I picked up a few new skills. I'm trying to handle myself professionally moving forward in order to do better and contribute more after this semester. I'm becoming a little more personal to maintain a positive mindset at work. I began to see how crucial having specific professional skills are for our initiatives and careers. Additionally, I read an essay by a man who engaged in unpleasant behavior at work and the problems it brought about, which inspired me to conduct myself correctly in my line of work.

20 pts Question (20 points)

- 1. How do you plan on contributing to the teams, besides completing your tasks?
 - = I'll actively participate in discussions and meetings so that I may contribute my ideas, uplift my employees, and offer support. I commit to treating every team member with respect, learning about their concerns, and being reachable if they need to discuss anything. I won't argue with anyone; instead, I'll handle things calmly and collectedly. Even if it is not my responsibility, I will always be available for the team and give it the precise guidance it needs. Since I will accept them for who they are, people may easily complete the project. I would approach people and be receptive to team members' suggestions.