LONG-TERM DEBT AND				1 Months Ended			3 Months Ended		12 Months Ended			
CURRENT PORTION OF LONG TERM DEBT (Details) \$ in Thousands	Mar. 29, 2019 USD (\$)	Feb. 12, 2019 USD (\$) Vessel	Dec. 01, 2017 USD (\$)	2018	Aug. 31, 2018 Building	2018	Apr. 08, 2020 USD (\$)	Dec. 31, 2019 USD (\$)	Dec. 31, 2019 USD (\$) Vessel shares	Dec. 31, 2018 USD (\$)	Dec. 31, 2015 USD (\$)	Dec. 31, 2012 USD (\$)
Line of Credit Facility [Abstract]												
Current portion of long-term debt								\$ 23,537	\$ 23,537	\$ 18,692		
Contractual Obligation [Abstract]												
2020								26,379	26,379			
2021								23,265	23,265			
2022								23,632	23,632			
2023								24,016	24,016			
2024								236,272	236,272			
More than 5 years								78,101	78,101			
Total								411,665	411,665			
Liquidity Outlook [Abstract] Gross amount after deducting sales												
commissions and other fees and expenses									18,600			
Net amount after deducting sales commissions and other fees and expenses									\$ 17,900			
Common shares issued and sold (in									5,260,968			
shares)   shares Maximum [Member]												
Liquidity Outlook [Abstract]												
At-the-market Offering of Common	± 40 000											
Stock	\$ 40,000											
Revolving Credit Facility [Member]												
Line of Credit Facility												
[Abstract]											¢ 500 000	6 420 00
Maximum borrowing capacity  Deferred financing costs										1,700	\$ 500,000 \$ 4,600	\$ 430,00
Drawn amount										313,400	\$ 4,000	
Repayment of debt		\$ 313,400								313,400		
Senior Secured Credit Facility		ψ 515,100										
[Member] Line of Credit Facility												
[Abstract]												
Maximum borrowing capacity		306,100							T 1 00 0004			
Maturity date		40.000							Feb. 28, 2024			
Deferred financing costs  Deferred finance costs, non-cash		13,000 \$ 6,100						13,000	\$ 13,000			
portion Drawn amount								291,800	291,800			
Current portion of long-term debt								18,700	18,700			
Amount of excess cash flow payment related to earnings								3,400				
Repayment of debt									\$ 14,300			
Debt instrument term									5 years			
Loan amortizing, maturity period									20 years			
Discretionary excess cash mechanism for the lender that equals to net earnings from		50.00%										
collateral vessels												
Debt covenants, minimum liquidity		\$ 30,000										
Debt covenants percentage in loan- to-vessel ratio		70.00%										
Number of vessels delivered		3										
Vessel		3										
Contractual Obligation [Abstract]												
2020	[1]							18,749	\$ 18,749			
2021	[1]							15,305	15,305			
2022	[1]							15,305	15,305			
2023	[1]							15,305	15,305			
2024	[1]							227,134	227,134			
More than 5 years Total	[1] [1]							0 291,798	0 291,798			
Senior Secured Credit Facility [Member]   Subsequent Event	1							291,/98	231,/98			
[Member]												
Line of Credit Facility [Abstract]												
Drawn amount							\$ 284,500					
Repayment of debt							\$ 7,300					
Financing of 2018 New buildings [Member]												
Line of Credit Facility												
[Abstract] Deferred financing costs								2,300	2,300			
Deferred financing costs  Drawn amount								119,900	\$ 119,900	127,100		
Number of new buildings   Building				3	3	3		113,300	ψ 113,300	127,100		
Percentage of purchase price				3	3	3						
expected to pay by lending provider			77.50%									
Proceeds from vessel financing			\$ 12,500									
Term of bareboat charter									10 years			
agreement Obligation to purchase the vessels			13,600									
First flexibility period to purchase			10,000						60 months			
									-			

he vessels							
Second flexibility period to ourchase the vessels				8	34 months		
Minimum value adjusted equity		\$ 175,000					
Minimum value adjusted equity ratio		25.00%					
Minimum liquidity value		\$ 20,000					
Number of vessels delivered   Vessel					3		
ong term debt current				7,600	\$ 7,600	\$ 7,300	
Contractual Obligation Abstract]							
2020	[2]			7,630	7,630		
2021	[2]			7,960	7,960		
2022	[2]			8,327	8,327		
2023	[2]			8,711	8,711		
2024	[2]			9,138	9,138		
More than 5 years	[2]			78,101	78,101		
Total	[2]			\$ 119,867	\$ 119,867		
Financing of 2018 New ouildings [Member]   Minim Member]	um						
ine of Credit Facility Abstract]							
nterest rate		6.50%					
Financing of 2018 New ouildings [Member]   Maxim Member]	um						
ine of Credit Facility Abstract]							
nterest rate		6.72%					

<sup>[2]</sup> Refers to obligation to repay indebtness outstanding as of December 31, 2019 for financing of the 2018 Newbuildings