

LONG-TERM DEBT AND CURRENT PORTION OF LONG TERM DEBT (Details) \$ in Thousands				1 Months Ended			3 Months Ended		12 Months Ended			
	Mar. 29, 2019 USD (\$)	Feb. 12, 2019 USD (\$) Vessel	Dec. 01, 2017 USD (\$)	Oct. 31, 2018 Building	Aug. 31, 2018 Building	Jul. 31, 2018 Building	Apr. 08, 2020 USD (\$)	Dec. 31, 2019 USD (\$)	Dec. 31, 2019 USD (\$) Vessel shares	Dec. 31, 2018 USD (\$)	Dec. 31, 2015 USD (\$)	Dec. 31, 2012 USD (\$)
Line of Credit Facility [Abstract]												
Current portion of long-term debt								\$ 23,537	\$ 23,537	\$ 18,692		
Contractual Obligation [Abstract]												
2020								26,379	26,379			
2021								23,265	23,265			
2022								23,632	23,632			
2023								24,016	24,016			
2024								236,272	236,272			
More than 5 years								78,101	78,101			
Total								411,665	411,665			
Liquidity Outlook [Abstract]												
Gross amount after deducting sales commissions and other fees and expenses									18,600			
Net amount after deducting sales commissions and other fees and expenses									\$ 17,900			
Common shares issued and sold (in shares) shares									5,260,968			
Maximum [Member]												
Liquidity Outlook [Abstract]												
At-the-market Offering of Common Stock	\$ 40,000											
Revolving Credit Facility [Member]												
Line of Credit Facility [Abstract]												
Maximum borrowing capacity											\$ 500,000	\$ 430,000
Deferred financing costs										1,700	\$ 4,600	
Drawn amount										313,400		
Repayment of debt		\$ 313,400										
Senior Secured Credit Facility [Member]												
Line of Credit Facility [Abstract]												
Maximum borrowing capacity		306,100										
Maturity date									Feb. 28, 2024			
Deferred financing costs		13,000						13,000	\$ 13,000			
Deferred finance costs, non-cash portion		\$ 6,100										
Drawn amount								291,800	291,800			
Current portion of long-term debt								18,700	18,700			
Amount of excess cash flow payment related to earnings								3,400				
Repayment of debt									\$ 14,300			
Debt instrument term									5 years			
Loan amortizing, maturity period									20 years			
Discretionary excess cash mechanism for the lender that equals to net earnings from collateral vessels		50.00%										
Debt covenants, minimum liquidity		\$ 30,000										
Debt covenants percentage in loan- to-vessel ratio		70.00%										
Number of vessels delivered Vessel		3										
Contractual Obligation [Abstract]												
2020	[1]							18,749	\$ 18,749			
2021	[1]							15,305	15,305			
2022	[1]							15,305	15,305			
2023	[1]							15,305	15,305			
2024	[1]							227,134	227,134			
More than 5 years	[1]							0	0			
Total	[1]							291,798	291,798			
Senior Secured Credit Facility [Member] Subsequent Event [Member]												
Line of Credit Facility [Abstract]												
Drawn amount							\$ 284,500					
Repayment of debt							\$ 7,300					
Financing of 2018 New buildings [Member]												
Line of Credit Facility [Abstract]												
Deferred financing costs								2,300	2,300			
Drawn amount								119,900	\$ 119,900	127,100		
Number of new buildings Building				3	3	3						
Percentage of purchase price expected to pay by lending provider			77.50%									
Proceeds from vessel financing			\$ 12,500									
Term of bareboat charter agreement									10 years			
Obligation to purchase the vessels			13,600									
First flexibility period to purchase									60 months			

