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VESSELS (Tables)	12 Months Ended		
	Dec. 31, 2019		
VESSELS [Abstract]			
Vessels	The estimated useful life of a vessel is 25 years from the date the vessel is delivered from the shipyard.		
	All figures in USD '000	2019	2018
	Vessels as of January 1	1,307,087	1,769,967
	Additions Vessels	2,531	169,446
	Disposals Vessels	-	(632,326)
	Drydocking as of January 1	52,331	119,303
	Additions Drydocking	7,618	8,210
	Disposals Drydocking		(75,182)
	Total Vessels and Drydocking	1,369,567	1,359,418
	Less Accumulated Depreciation	(469,570)	(405,660)*
	Less Accumulated Impairment Loss on Vessels	<u> </u>	-*>
	Vessels	899,997	953,758
	*Depreciation charges of \$497.0 million related to vessels disposed of in 2018 is excluded		
	** Impairment charges of \$2.2 million and \$110.5 million related to vessels disposed of in 2018 is excluded		