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Hello everybody and welcome to the max frequency podcast I am your host max Roberts and I have the distinct pleasure privilege and honor On the show for the very first time Abby Roberts my wife hi everybody Hello Abby, how are you?

Why are you shy?

Like we don't normally record our conversations that you know this is gonna be out there on the internet Yeah For whoever wants to listen to it.

Yeah, that's the beauty of the podcast.

We should have done this earlier Well, it was your idea you wanted to do it Like we should have done this like beginning a marriage before a baby after baby all the things probably probably would have been a smarter idea of digitizing and journaling and chronicling our relationship, but I mean, I don't know if this is a regular thing.

You're not like you're not permanently joining this show The brand it's called the max frequency podcast If it comes that we can have chickens we can have a be episodes the abbey specials, that's right annual specials Yeah, maybe do One show I listen to the talk show with John Gruber For a few years there They did Christmas specials where they were talking about one Star Wars movie every Christmas and you need to bring in Q A couple of people in a couple of episodes his wife Amy would be on the show as well.

So so maybe the Christmas special is in order maybe in our future possibly the summer special Christmas in July There we go the Christmas in July special Yeah, so you approached me I Would like you did sound like I found you in a corner She did you kind of cornered me in the house and said I would like to be on your podcast We should podcast together and I said, okay sure.

Why not?

This gives me a great excuse to buy a new microphone Which I did I decided to go down One I've had my eyes on for years.

So thank you for giving me the excuse to buy a new toy but then we I'm sitting here.

I'm like gosh, I got to think of some show notes here.

I got to think of What do I want to talk to my wife about?

On a podcast like I didn't talk to you about anything.

Yeah, I'm a day and so I was just thinking about my show in the angle of the show and How to like fold you into it.

Normally I'm talking to people about video games Production work things like that or whatever.

I talk to people about whatever I want And it's your show.

It is its max frequency podcast at Max's frequency.

I think that's like the tagline or description And so I think I'm looking at all this, you know, you looked at the notes.

I have the notes.

This is also the I Think I can count on one hand how many times I've done a show in person So that's what I was gonna say.

I was yeah, this changes the dynamic.

This is probably weird and different for you Well, not weird but different for you because you're looking Someone in the eye and it's different than looking at a screen.

Yeah, there's a very different energy going on in the room And I think that'll come through to the listener, but I want to start with how we got here to this very show which is Unprompted and out of the blue you Like became a podcast consumer now.

I've shared shows with you in the past I've tried to get you into some shows in the past things that I think you would like like cereal I really cereal is quintessential and You know, you're here there you try things out whatever but all of a sudden out of the blue.

It seems to me at least You're like, oh, I'm listening to this podcast.

I'm listening to this podcast I'm listening to this and then you're buying podcast merch.

You've got your your blue hoodie that I'm quite jealous of It's very nice.

And so you've turned into a Podcast listener naturally over the course of your life I've been doing this for over 15 years listening and producing and creating and so I'm curious how you How did you get to podcasting in 20, you know 20 23 20 24 year How did you stumble into this thing that I've been doing since you've known like you're not oblivious to them But you just didn't engage with them.

Yeah, I Think it started out like you would try to have me listen to cereal and then from cereal I would look up other podcasts as far as like crime Kind of podcast.

I don't know what those are called True crime true crime.

Yes, that's what I was looking for So like true crime stuff, but then that's like too creepy and I don't really want to consume that So then I was like, you know, I don't think podcasts are my thing because when I'm listening to stories on a podcast I just get sleepy same with like audiobooks and things like that Like even in the car remember we did a road trip and Were we listening to cereal?

Hmm.

I don't remember it could have been cereal I don't think so because Stephen King was to Tampa that was too short and you weren't we just listened to him in it in chunks I may have been cereal Was it?

Or maybe or something before that it could have been one of my attempts to get you to listen to slash read 112263 by Stephen King.

That's another book.

That's probably more like or The Lauren Graham book talking as fast as I can.

That's exactly it.

Okay, Gilmore Girls to Gilmore Girls So, I don't know I realized that when it's story based like that Then I get sleepy If it's more conversation based or in terms of seeking education and knowledge, I think I'm like Diving into it.

So what you're saying is you would like to listen to my podcast like in general Yeah, my shows not count or story based.

It's all conversational.

Well, it has to be conversation.

I'm more interested in Not that I'm not interested in people you have on your show, but you know yours is more Tech video game.

I'm more into like lifestyle podcasts or Youtubers.

Yeah like short influencers, um, but originally I started getting into podcasts because we got pregnant with our daughter and Immediately, I had this freakout moment.

Like if we're gonna raise a human I should probably know how to raise it You meant and you went to podcasts for that answer.

Yeah.

I don't know if you knew that no Because I feel like as a mother I'm supposed to have all this knowledge Automatically like this is what you're supposed to do with the newborn.

This is how you take care of a newborn This is the experience of just normal people trying to share that information So I actually went through my podcast yesterday Just took at stuff I downloaded and I was removing downloads because I'm sure that takes up space Yeah, I was removing it and I like a crap ton of stuff.

Can I say crap?

Say whatever you want.

Yes a ton of stuff I had was like motherhood stuff like I had lots and lots of nursing stuff like, you know how to get a baby to latch and Like how like are you supposed to do on both sides?

How do you pump like even just things like sleep habits?

I had a ton of different moms talking about sleep habits of babies and schedules and wake times and Gosh, it was overwhelming.

I'm just I'm like getting Vietnam flashbacks How to prevent postpartum Depression and you know all this knowledge that you suddenly have to have within eight nine months.

Yeah Yeah, I'm gonna have a child and whether I'm ready or not the most I can do is acquit myself with as much As much as possible.

Yeah, so like going to school I would listen to podcasts coming home The commute the commute is a perfect thing for the podcast.

Yeah well gosh ever since I stopped Having a commute.

Yeah, my podcast consumption has gone way down.

It's quite sad because I can't work and listen to a podcast because They're talking and my job is writing 90% of the time it's writing and so then I'm suddenly writing other people's sentences Yeah, and I can't do it now if it's a tedious task like entering data in a spreadsheet Then I could listen to a show But yeah, the commute is like a sacred space for the yeah For a podcast 20 to 30 minutes.

It's chunked up like that's enough time for me to really dive into something but Also, like have that.

Oh, I'm excited.

I get it.

Listen to this again when I hop back in the car a Random thing I was just listening to a show in the car the other day ironically, I think I Think it was last night maybe or the other day anyway, one of the hosts mentioned that they were listening to a show and one episode in particular was 14 hours And I was so fast Yeah, I think it was like games of the decade so I don't think my assumption is It is not an unfiltered straight conversation.

It's actually a Highly produced show is my assumption But I just heard a 14-hour podcast and almost like crumpled into dust So I'm taking it to the 30-minute chunks.

It would take 28 days It would take a month to listen to it in your commute scenario Now my Disney commute scenario, that'd be a week because it was at least two hours a day I miss it for that that part of that that part of the commute I missed because it was You couldn't do anything else.

You couldn't be on the phone.

You couldn't be writing you couldn't be You can watch anything.

I didn't want to listen to music.

I'd rather listen to a show so You're so anyway The commute tangent aside It was motherhood that brought you to the podcast rump now why why podcast over a YouTube video or books or blog posts like what drew you to the podcast?

I mean blog posts were still also very much prevalent.

Yeah, like seeking knowledge, but I think podcast is easy podcast is you pop it on if You like the vibe of the person you keep listening to it and it's very calming to actually it feels more personal.

I think listening to a mom with experience Talk about it and sure I could do a YouTube video and I've done plenty of those as well but I don't know something about just hearing the voice and then having that time to To listen to it in the car and you know, I couldn't seek enough knowledge.

I just had to keep listening To as much as I could consume at the time because I was like the more I listen the more my mind was at ease It felt like yeah, like if I know more about Baby sleep habits or baby schedule then I'll be more equipped And so it was more of like a comfort for me like instead of wasting in quotes this time in the car I'm going to make it I'm gonna take it and have a purpose for it.

Okay, I Like that and I did not know that But now we have an almost two-year-old like yeah.

No, it was all time that I ever had Right.

We can't listen to podcasts in the car anymore and We're professionals basically so but you're still listening to podcast sometimes I Have to I mean, I'm also not seeking knowledge like I was for motherhood, but I'm curious That's kind of what I'm curious about is what is the what have you transitioned into because it sounds like you started out purely from an educational or resource angle, but the shows That at least I'm aware of are not I only have like two shows.

That's fine that's still a podcast manageable for me, right, but Those aren't about how to be a mother.

Those are Those are your youtubers that you follow.

Yeah, and you just listen to that.

Those are the conversational ones.

So I'm curious How you came to that I guess I mean The what's up, dudes one.

I think that's the name of their podcast.

Is it the name of the show?

I think it is.

I don't know.

I know it's their slogan slogan Slogan it should be slow go and it's on that hoodie that I'm quite jealous of it's a nice it's a nice shade of blue it Actually is a nice hoodie - I almost wore it Because I was like if I'm gonna be on a podcast You should wear the merch.

I need max frequency merch.

I There's nothing to put on merch I have your face I'd wear that Yes, you see this man right here Could be a picture like on the back could be a picture of my bald spot just So it would be blank exactly just a blank t-shirt Man Abby what's up?

So I Don't know Matt and Abby were a couple I followed on YouTube forever And then they made their thing on tick-tock and Instagram and everything.

No their shows called the accidental podcast Oh, yes Unplanned that's it.

Cuz they Plan baby and all baby number two was a dumb plants That kid's gonna grow up and be like so a product that built your built the business that brings money into our family Thanks mom and dad So the unplanned podcast that is what it's yeah that just hit me So I mean they had their first baby around when we had Eloise I think I was pregnant when they had their first baby, so I'm pretty sure timeline wise They were doing stuff with their baby like before we got to it So it felt like a gradual like a little bit ahead of us.

Yeah, so it felt like things Oh, maybe this is a way that they're traveling parenthood could be an idea for me, and they obviously are sponsors for Different I Is it called sponsors?

They they like vouch for different companies sure yeah, they have sponsored products.

Yeah, yeah, so it's like I Was looking at what kind of products to get for Eloise especially with like nursing and stuff like that so Matt and Abby are a Young couple who had a baby like right before us and so it was I think it kind of started with they have knowledge I don't have and They may not be doing it the right way but they're doing it one way that we could also parent and so that felt comforting and helpful and Then this other one.

That's the point podcast has Kristen in it and Kristen is from I think she's from Winter Springs, Florida Kristen Johns Kristen Johns yeah, and she married Marcus Johns, and he was on vine I actually found her because I followed Marcus on vine, and I thought him and his brother Cody were hilarious and Then he married Kristen.

I was like Kristen is this sweet like I feel like I could be her friend type girl Mm-hmm.

She's very wholesome very sweet Christian girl and Then she also has kids now, but she's from I think Winter Springs, Florida Yeah, I think she went to FSU she went to FSU yeah, so she but she was raised in Winter Springs, Florida And then she moved to FSU for college and she was long-distance with her husband and all that But I don't know I've always liked her she was a beauty youtuber, and I was huge into the beauty World for so long and so since she came out with a podcast.

She is hilarious like she is so naturally funny She does it with her friend John and they are just it's literally about nothing like they have different points that they have But it's just shooting the brain type thing yeah exactly so That's pretty much it.

Those are the two shows that I listen to and They're both just very easy except for the unplanned podcast now has gotten into Having celebrities on the show so they just had the girl the lady who was The daughter and even Stevens, and she was Kim possible the voice mm-hmm, so I don't know just different interesting people Okay, and so you actually you just said Something that I Want to hone in on you said you listen to them, but In the beginning at least when I noticed that you were listening to podcast you weren't listening to them straight strictly you were watching them was specifically the unplanned podcast Was planned I pretty much always watch a video you're right so was it the video that drew you in or it was just was YouTube more convenient to you because Traditionally podcast you play in a podcast player

you play them You know an audio feed, but you've been watching them like it's actually Video podcast in the beginning were so rare it was like a bullet point in a keynote when Steve Jobs was introducing an iPod that could play video and like and here's a You know a video podcast now.

We just call those a YouTube video How crucial was video?

For getting you into this or you just well YouTube was where I had access like Obviously you go to apps and things that you're used to you're more convenient with So like I am on Instagram.

I'm on YouTube.

Those are like my main sources.

I don't go to my podcast app I've never gone to my podcast app.

So I think When my people who normally did YouTube videos made a podcast I was like, oh, this is really interesting Cuz I'm used to watching them on video so now if they have a podcast it just seems like a nice transition that instead of doing all these like Random family videos.

They're actually sitting down and having conversations And I think that's when I was like wait, I like this.

I like that.

They're just having conversations It's just casual like that and then Kristen is different because I really like Kristen and so I'm more willing to just listen to her As a person cuz her show is audio only right?

Well it is with free not patreon Which is part of why I was going to do the patreon is because you can get video and early access to a bunch of stuff but I Just listen to her specifically because it's the free version Okay, I like it.

So you just use Apple's podcast player.

Yeah Mm-hmm.

I don't know anything different.

I just do what I know Yeah, do you and so do you get like notification you have it all set up that way where like when new episodes up?

No, no, you just pop in there when you pop in there.

No, I know that she released like the unplanned podcast it's um, I Think it's on Wednesdays.

I don't know I'm not as loyal to that one because now they're doing so many different celebrities And so I'm able to kind of pick and choose when I want to listen to it.

Sure But with Kristen's podcast, I know that it comes out every Wednesday and so And I also follow her on Instagram and so she posts on her story or on that.

That's the point podcast story on Instagram then they're like we have a new podcast out and then I go rush over to the podcast app and I Try to listen when I can.

Yeah chunk it up.

Yeah, we got chunk it up these days doing dishes while it always plays One day one day I hope she'll just listen to a podcast in the car I know that won't really happen but I'd like to listen to anything except for wheels on the bus five speckled frogs or The wheels on the train wheels on the train baby music and like it's Rubble and crew We have we have for the record we have seen at least I have seen zero seconds of Paw Patrol or a rubble and crew Yeah, but the rubble and crew theme song goes hard way too hard Especially for just 45 seconds to like get a kid to watch a show Yeah, kinda so the rubble and crew is on the Eloise music playlist it's pretty good so Who knows if the show is good or not?

Yeah, rubble is like this bigger-than-life dog that just rocks out with his dog family and build make you know What is it the builder pops are building it up build anything you can dream?

They're getting it done and having fun working as a team Who's built the greatest family?

You would think we're the biggest rubble and crew fans but uh putting up the rock sign every time yeah, we have no idea Yeah, it's just 45 seconds of pure I Don't know It's better than most of the music on that playlist I'd say Yeah, it's like actually really exciting and not so incredibly repetitive.

Yeah, so that's a good one Yeah, you know I think that's Maybe just like wrap up the podcast thing.

I just think it's cool because that's Your journey is the beautiful thing About podcasts and why I love them so much is it's truly open in this sense of I mean there are Private and all this stuff as bigger companies have come in but podcasts Are open and ubiquitous with the internet and you can find a subject or a show about anything you like and you truly especially now Because back in the day to record a call with your friends over the computer Was very tough at least to a couple of 12 year olds But now you can just use a Spotify thing and you're recording a show the tools are so Quick and the barrier to entry so low to get just a show out there that you can find anything that you want and It's there when you need it, and then you can engage with it.

I like seeing it happen without me playing a role in it at all like I've Probably in the beginning and maybe a select few episodes Have been like you should listen to this like I made this this is really I think good But I've never been like you gotta listen to podcast babe like come on I think that's kind of like one of those things where it's like my mom and dad are making me do it And then it's almost not as enjoyable as it could be yeah But then when you decide to do it yourself, and you take your own journey in it, then it's more enjoyable Yeah, you've just come into it, and I think that's yeah, it's more natural.

Yeah, and now you At the very least have an appreciation for the medium and know that it's there when you want to find Knowledge or people or conversations about a certain thing that you want I do have a question for you Because it feels like you know there's so many influencers now when we were Just getting into social media.

It was like to be an influencer You had to have like a huge following yeah, or you had to trick everyone in the circle to But now I think this phrase is thrown around a lot But like everybody and their brother has a podcast like you can literally start a podcast Whenever you want, and it feels like now this form of media is so saturated with Every celebrity that's had five minutes like that hawk to a girl.



I just saw I follow the vile files or whatever It's a podcast you probably have no idea what that is He had the hawk to a girl And she just randomly did this interview in some big city and did this stupid like gross phrase And now she's on this podcast and like she's a big deal like people listen to the podcast because fuck do a girl on it So what do you think about?

Like everybody not everybody, but like so many people So that's the great thing about it is people can come in but what's also great about podcast is the shows that are truly great and the people that actually like truly care about Radio essentially like put in the work and do good things and they stay around there are So many shows that are just Scattered and left by the wayside and When you see big corporations coming in but like Spotify buying up shows moving things around at least I look at it and go these are just marketing moves to try and strong-arm your way into an industry, but the the openness of podcasting has has not been Taken away it's not been shifted despite the bajillions of dollars coming into this industry through ads and celebrity shows and all this stuff the open nature of podcasting is still vibrant and thriving and that's how resilient it is there's um, I don't remember the source on this but You'll hear probably you probably have heard this phrase on a show.

I would think you know and subscribe wherever you listen to podcast How many places on the internet?

Can you say wherever you get?

Yeah, X thing podcasts are Just a it's just a feed of audio files that you can access in a slew of apps or on YouTube Services it is truly in that sense open and there are plenty of ways companies have tried to Turn it into the equivalent of like a streaming service or cable or whatever through things like dynamic ad insertion or Just advertise in general or buying up huge shows and putting them behind paywalls like Joe Rogan and Spotify I'm not even a paywall for Spotify.

You just have to listen in Spotify's app, which is gross anyway But despite all of that You can still get shows wherever you listen to podcast and I think that's what's great and that's why I've been doing it for 15 years Because I love the medium I just didn't know if it would feel offensive because it's like me and my best friend have this five minutes of fame and now we have a podcast and It becomes this like overnight thing I'm sure the editing style and like The purpose and the audience is different But I feel like a lot of celebrities are just like I'm gonna start a podcast and then so sure They definitely see it more as a business opportunity.

I saw the other day That um This is us Has a podcast now.

I think it's called like that was yeah, so it's um, I Oh My gosh, I don't know the real names and I'm blank Randall the mother Mandymore thank you.

I forgot what his Randall's name his real name Him and Kevin.

Yeah.

No not Kevin who's Who's k-tub Toby?

They host the show and it's it's a rewatch show So they're rewatching the show and they probably haven't guessed Oh another podcast I listened to as a Gil or I used to listen to as a Gilmore Girls one where they would just talk about Gilmore Girls Mm-hmm.

So that's like a thing.

Yeah, really watching big shows, but this is us is not that old Also, who's rewatching this is us.

Do you just want to cry?

No, actually my coworker is Peyton.

She's really today.

She said that she's rewatching.

This is us I mean, I want to rewatch it eventually, but I feel like hey, I feel like it hasn't even been gone that long maybe I'm wrong maybe time is a flat circle, but So I see that and I'm like, yeah, whatever my I think where I take the biggest beef The bigs beef is just when like I'll use cereal as an example Cereal which arguably actually I don't think it's arguably like they created probably they ushered in the modern podcasting boo of Pop Culture and everything cereal season one Was unprecedented everyone suddenly was listening to a podcast at the time.

Oh, yeah, it's a cereal just wrapped up season four Earlier this year which was all about Guantanamo Bay It's a pretty good show.

It's very much season three, but much bigger and scarier scale scary in the sense of just what happens down there and so Guantanamo Bay Guantanamo Bay, it's like where they put The terrorists who did 9/11 and stuff like they kidnapped all these people It's basically a little US territory military base where torture and all this crazy stuff was happening Why do I not know about this?

I don't know.

I've never heard of that get mo Guantanamo Bay We've basically had this military prison torture site for the last 20 plus years Mm-hmm Okay, so anyway since season one of Cereal over the course of these years cereals been bought by the New York Times cereal productions And cereal productions is a business that Pushes out a bunch of other podcasts like the kids of Rutherford County, which is I think was probably the last show I recommended to you And so there's a couple of things that they always talk about they have credits in the show and they're like and are you know the art for the season was done by so-and-so or Check out, you know go here and you can get all our show notes Links, whatever and you go to the website and it's a beautiful website.

It's really well done.

The art is super cool It's a diorama East style Very neat but The way it appears in your podcast player it's just the standard serial logo The show notes are just the one maybe two sentence description of the episode and there they don't use any of the features that the capabilities of basically the open I Forget that the name of those ID three tags, which basically is just a thing in the mp3 pile That says like here's the art you're supposed to show Here's the description here are like links and stuff and chapters.

You can even do chapters in a podcast which I do With all my shows and so you the New York Times Which is just an institution right and a news organization Who on their website has beautiful things, but they they don't even point you to it In a meaningful way like you have to go out of your way to find this website they say it But they could they could give you the tools and means and actually show people the art In the podcast player like they could actually be showing off the things that they're I don't think they're just doing because it's a big corporate

it's a big corporation that doesn't care to take the time to Actually the way that it Technically should be it doesn't have to be done again podcasting is open.

These are very fullest potential and Make a more enjoyable experience for a listener now a listener may not Dig into the chapters or even click a link in the show notes that would take them to the New York Times website Which is where the New York Times wants you to go They probably just figure as long as you're listening then they're listening need audio.

Yes, you get to listen to their dynamically inserted ads.

Yes but Putting that art in as the episode art which each episode has its own art on the website Just embedding that into the mp3 to show up in the podcast player would make for a more enjoyable experience It's in that way.

It's almost like puzzle pieces of what are they gonna?

What's the diorama gonna be like this week?

but they don't and it's because Ultimately when it comes down to it, it's a big corporation that doesn't care about those details what they want is they have a huge subscription list that they know roughly the number of people that download and then they can charge for how many ads that they put in which are creepily tracked through IP address and location and dynamically inserted into the audio file because of audio cues Which is just ultimately a gross practice, but I get it.

It's how they make money And so like that's those are the things that bug me especially When I know the show could be doing it when it like the stuff you listen to I don't expect Matt and Abby to put chapters in their podcast or Special art on the show they could have theirs on their YouTube videos, but that's where it because that they thrive in the most I think right and that's easier For someone to do in YouTube you just put it in the description and YouTube will then do that YouTube will even try to smartly Guess what your chapters are if you don't do it yourself do Podcasts automatically do the dialogue thing where they can like I was listening to that's the point podcast and there was the little quote thing Where you press on it and the transcription?

Yeah the trans so that's new ish It's new for Apple podcasts, and they're using the same tech they use in so they don't physically have to write it and put in Apple will so there's two things Apple will and has transcribed your podcast for you using their servers and these open AI Model or not open a model put an AI model to transcribe it and they'll present it that way to you And you can read it you can in turn though Attach to the post in the RSS feed You're basically a subtitle file or a transcript file, and you can put your own transcript in there So if you pay for it or produce your own I produce a transcript for all of my podcast I can attach that and say no Apple.

I don't want your automatic transcription I just want I'll give you mine instead right so anyone so that's a relatively new feature Thanks to the AI boom of these tools and stuff So not every show does not every I not every podcast player I think Apple podcast might be the only major player that shows The transcription in line that's the one I listen You and most people it's that and Spotify truly are the the kingpins for the I'd say average consumer, so it's uh I Think that actually that implementation in Apple podcast is super slick and I think it then makes the show even more searchable because you can search for like I know someone said something I think So that's new But it is a supported feature like I can do that Anywhere and do you provide my transcripts openly and freely for everyone?

Now my transcripts are done the same way apples are so they're probably riddled with Errors from the model that's transcribing them Yeah, but it is just something that hopefully helps someone in some way Because I was Listening to them last night while I was in the shower and I had the transcript up And I don't know I'm the type of person or if I was listening to an audiobook I want the book in front of me, and I want to read along Yeah, I get that my dad's the same way I can't because I read faster than they talk and yeah that does get frustrating So I'm like I can't do it if I'm gonna listen.

I just need to listen.

I can't it's just more immersive that way Yeah, no, that's a super handy thing and so those are the types of things that bug me more is when Someone could do something about it and and in general I know that they would care about it if someone sat down and actually talked to them about it But they don't do it anyway.

I don't feel the same way when Matt and an Abbey have a show and they don't offer all these features I don't expect that from them, but I would expect that from a show like the New York Times or I Don't have my phone with me.

I doubt the verge Like if the verge is a tech news say I doubt they do Have the things that I you know would think that they would care about so it just I don't know Those are the things that bug me more than the influx of people because will they still be here in five years Maybe maybe not I Will be and I think the resiliency of the open nature of podcast will continue to hold So I'm it doesn't bug me I want people to make podcast I love that Anyone can start a podcast and there's a lot of podcasts to do with just pop culture stuff in general like so many Taylor Swift fans like Lyrics like oh my gosh, I saw this and this and this and they talk about it that Gilmore Girls when I was talking about I was just two girls talking about Gilmore Girls and each week.

They have a different theme and You know, there's just so much The Bachelorette and The Bachelor They just talk about episodes so then you can kind of relate to and be like, oh my gosh, I thought this too So, I don't know.

I think it's just a way of bringing people together as a community But I know if it you had any like negative offensive thoughts about it, like I was here first This is my territory.

I do it the way that it's like meant to be Versus I'm just recording a conversation and throwing it out there and hope it sticks.

I started out by recording conversation throwing it out there I have I'm all for it.

Yeah, I I've It's kind of like a it's like a punching You know in comedy and stand-up comedy They talk about never You you shouldn't really punch down Like Jerry Seinfeld should not make fun of a lesser comedian.

He's Jerry Seinfeld like yeah He should punch up to people above him.

I You don't want to punch down to someone but I feel fair calling out You know Sarah Koenig and the New York Times for not Providing at least show notes with a link to their website, which is where they want you to go That's the part that drives me nuts, man They want you to go to the website telling me to go to the they want you to sign up for the New York Times and they don't even Like the most they don't even make it easy for you to do that.

It's so Just like give me an hour with them I Don't know man.

It's just crazy.

It blows my mind They want your money so bad Exactly I Didn't expect half the show really to be about podcast.

But here we are talk is very metal way podcast about podcast Oh, I feel like you just didn't know how I got into podcast.

That's a good question.

I liked it.

I like talking about it I want to pivot now that we're free pivot pivot Oh That's a friends I was like, I know that's something You have in Your childhood closet a tote Well boy, there's a tall clear tote.

Oh boy, and I'd say half of the tote is filled with big box PC game boxes for the sims 2 and it's many many expansions because that's how computer games used to buy DLC was to buy a disc and install it and so I've been playing games since I was 5 years old.

You've been playing games a fairly long time, but I'd say You don't play as many games as I do no I find the games I like and I stick with that thing you get into them pretty hard for sure I'm just curious Obviously we know about Sims 2 what you were Sims Sims 2 Sims 2 rocks forever, man Yeah, that was you everywhere Sims lover.

Yeah, love love You know, so you yeah, you've got the Sims you guys grew up with the n64 You got a ps2 with your Shrek parties and your Spyros like, hmm I'm just curious I guess about your earliest memories with video games Because you know, we have some of your games here at the house now.

We've got I've got your ps2 collection in a drawer Yeah, you've got some DS stuff I'm Your earliest gaming memories now my earliest memories were definitely on the PC I mean pia the PlayStation and ps2 they were worn out from playing games too, but do you I Think you do have a PlayStation one you guys started we do.

Yeah for sure.

It's in I think it was up in your sister's room Yeah, I think I found it last time we were we for sure had a ps1.

Okay.

Was it ps1 first or n64 first?

N64 actually that was all Smash Brothers Mario Kart like that was okay.

That's the own Donkey Kong The orange or yellow the other banana.

Yeah, we have that here.

I Mind we have my copy It's behind we wore that thing completely out Pokemon yeah wore that out, you know Just like that type of stuff on n64 was definitely a big one, especially with

Katie's n64 with the Pikachu Mm-hmm, my older sister is with the Pikachu lighting up with its cheeks like Blowing on the cartridges making it work, you know all the kids stuff that you do.

Yeah so obviously n64 PlayStation but PC is where I Really?

Remember it just taking off especially because we would buy just junky little PC games I had this Barbie one where I would Do her makeup do her clothes like do makeover there were so many different just girly games Mm-hmm where I felt like I had freedom over choice and as a kid you just always want choices And when you're given those choices, it's fun.

And then I think it went from that and I had Was that called zoo tycoon?

Oh my gosh, the amount of times I played the amount of hours I put into zoo tycoon was you ever were you ever a roller coaster tycoon?

No, just you take it No, I don't have a roller coaster.

Thank you.

Oh we have no I'm just kidding I Had roller coaster tycoon - hmm that one I remember Playing quite a bit my my PC gaming memories were like backyard baseball Or putt-putt did you ever play putt-putt?

No the little purple car Let's see if I can pull up a picture of putt-putt for you Pajama Sam those kind of games.

Did you ever play jumpstart games?

I mean we played some pretty Oh for sure Yeah, jumpstart like the different grades Yeah, we had my mom would buy ones for each grade and we would do it over the summer and you learn stuff and it's oh My gosh, yeah the universe you ever play putt-putt.

No Putt-putt was awesome.

That's cute.

Yeah, Papa was great So I remember these are like my early PC memories.

We're playing games like those But you You guys went particularly hard into the Sims.

Oh the Sims.

Yeah, I remember going into Stores and getting the new Sims pack and like every birthday or whatever Like we got a new Sims pack and it was like, oh my gosh.

This one's got pets.

We can have pets now Yeah, or this one is a seasons.

Oh my gosh now we have seasons So it felt like we were just consistently unlocking new things and that one mythical pack or whatever where you get to be a vampire whatever like all of that it just felt magical because We reach Sims to the highest potential we could reach at one point and then they would come out with an expansion pack and that expansion pack was like the goat and then College when you could go to college.

Yeah.

Okay that oh my gosh.

It was all great So then I'm curious.

I think I know the answer Were you like following Sims 2 news or was this more of a moment?

You'd walk into a store and see a box on a shelf you had never seen before.

No, we had news I don't remember how we got the news, but I remember knowing when they were released.

Oh, so you had your finger on the pulse Yes, because I remember it may have been through the sims boxes like they show in the next I don't remember Okay, I don't remember you ever walk into a store and see a sims 2 box and go I've never heard of this expansion I need it right now.

Yes, but they were usually with the small ones where it was like like the IKEA one Expensive for what it was like IKEA.

I'm not spending \$20 on IKEA when I can save money to go buy The college one or whatever it was, but you do have the IKEA one.

So you did spend eventually it was probably a gift I probably didn't go out there unless I was desperate for new And then custom content became a thing where you could just download crap off the internet And then it was like why do why are we buying all these expansion packs?

Like when I can just like download random people's coded Outfits or whatever and then that opened up a whole other world and then all of a sudden cheats became a thing and you could Max out your money or whatever.

So Sims just had so much potential in it and it still makes me excited to even talk about the Sims because it was such a big part of Growing up and it was one of those things where my sister and I would fight over The computer and we literally made coupons for each other for this is my computer time.

This is your computer time And we actually split the Sims into Rebecca you are going to Make the buildings and the houses because I didn't want to design the houses and then I would move people in and actually play storyline, mmm type thing So, yeah, I never played the Sims But I do understand their importance and it is a it is a transformative series I've watched design essays and stuff on like the AI behind them.

I understand the Sims important Okay it So then Like I know you've played a little bit of the sims 4 On your laptop that really shouldn't have been running the sims 4 why Why do you not have piles of Sims 3 Sims 4 boxes of stuff like what I Guess why did you not stick with it?

I Think I just put so much stock in the Sims 2 like those graphics were the graphics I wanted I didn't want this updated gorp looking people For Sims 3 and Sims 4 I didn't want to follow all of that.

I just wanted my Nostalgic, you know, I wanted to feel like I was building on the same thing I already built on so it just felt like starting over it didn't feel like it was part of the same series It felt like they were trying too hard to make it new and fresh.

And so then why don't you feel that way about Animal Crossing?

because you have prison on Animal Crossing wild world, but they're different enough like Sims.

I feel like it's so open world and They're still like characters you build on your own all this stuff with Animal Crossing.

It's different settings right like city or island or And also, I think Animal Crossing isn't it more spaced out like Sims.

I don't know.

Maybe it's not and different devices That was that pull on the switch like Right switch Animal Crossing new horizons came out at the perfect time for the entire world with kovid and switch really launched in a thriving scene, but You had Animal Crossing on the DS wild world Prison we have that safe backed up.

We have the box.

We have everything preserved You obviously you didn't ever had a gamecube so you never played the first Animal Crossing You guys do and did have a Wii but you never pursued city folk Am I right?

You never played the Wii one.

See the thing was with the Wii It was always family games for the most part.

It was like if you're playing the Wii it's up on the big TV, you know Everyone's watching it.

It doesn't feel like an Animal Crossing type game What's it called like environment?

Atmosphere like we were playing Wii Sports.

We were playing monkey ball.

We were playing Spyro We were watching each other on it.

It's It didn't feel like it was a family thing.

Yeah, so So like the consoles on the TV, those were more family sister bonding time things, but the PC Was individual or the DS which was a personal portable console yes, where I think I launched a lot of my individual love for gaming because there was the one Christmas or birthday or whatever and my parents were like you can either Get an mp3 player or you can get a Nintendo DS because we were both interested in Both things and so my sister got the mp3 player that she wanted and I very much wanted a Nintendo DS the pink metallic one Specifically and we have it sitting right up there and I'm still so proud of myself for not getting that pastel pink non shiny one The metallic finish is very nice in you Thank you very much.

You guys put like a sticker protective thing over everything and I peeled it all off and It's in pristine condition.

I wish you guys might have the box somewhere I took care of my things.



You did your DS is in pristine my original DS the hinge broke eventually the top screen broke.

Yeah It was a it was a sad time.

I still have the box for it though I still have the boxes for all those things.

I just want to put things.

I always brought mine around in a carrying case and stuff.

Yeah So it was always fashion diner - I Had life simulation stuff.

Yes, like taking care of pets or babies or zoo animals or Storyline like but all very free world pick it up.

Put it down whenever you kind of feel like yeah Is there ever been a game or a type of game that you've?

You've wanted to play but you never Did play because either it was this isn't a game.

I want to play on the TV in the living room it's not a party game or like you just didn't have the means to get it or There's one that was like Stardew.

I had a friend in college Lewis when I was in his moon.

Yes Because he would play that all throughout immunology class and he would get A's on the test and I would just sit there and I'd watch him play and he was so Into it and it reminded me of Stardew Valley.

So I've always kind of wanted to play that one Mm-hmm, and people would talk about that one.

There are a lot of those anything not life or farming Stardew Stardew is a game.

I forgot that you've poured a ton of time into on the PC Primarily you do have it on switch, but you spent the bulk of your time on Your PC, you know, let me think of any games You can't look over at the shelf.

I'm just I'm curious what you Play those like Tony Hawk skate games.

Yeah Here's Here's something that we're actually We're doing again for the first time in almost a decade.

I'm actually Getting some Facebook memories of getting some trophies because like I used to Trophies used to publish to Facebook and so actually about I'd have to look it up but a decade ish or more ago We were playing The Walking Dead season 2 And that was one of the things that we did fairly early on in our relationship together to spend time together and I think bond You probably were trying to bond with me over my hobby of gaming, but we would play those telltale But we both enjoyed those we both were into The Walking Dead for sure super into The Walking Dead And that's why I wanted to play and it was a choice game which followed kind of a storyline from The Walking Dead.

Yeah, so Those games and you're cute.

So, uh-huh.

Thank you those games though those decision games that we played we played Walking Dead 1 & 2 The Wolf Among Us Firewatch I Remember those Firewatch very good.

I've looked at getting that physically.

It's pretty expensive now to get it fit.

I We own it digitally.

Yeah, I've just it was one of those limited run type of games I think actually from limited run games, so it's like popular Is huge is huge deal actually that studio.

It's so the stories got to be told someday.

They announced a second game and it was gonna be like a Archaeologist in Egypt type thing and then they got They basically all joined valve which is a huge game company and they all just kind of got assigned to other projects and that game Yeah, that game will never come out now valve is on my poop list Sure, I it is a game I think about like that law I forget what it was called I'd have to look it up I remember the reveal trailer I just just I feel like we all lost something there and when they They were bought up by valve and joined those teams and started making stuff for dota and half-life and all that stuff.

So I Mean they worked on cool things.

It's just that game never saw the light today.

I think we played some other stuff I think I had you play journey Sand We did play flower same developer.

Yeah, but so there are a couple things there but those decision Games where you have to like go on a journey and you have specific things to do I like watching you do them which really became a big prevalent thing in our relationship and of course the last of us which has been a This name source of our child.

So yeah kind of a big deal yeah, but with the Walking Dead it was all about choice and you took control of the Controls like I'm just so bad the controls nor do I care to control the game So I think just being able to watch almost like an interactive television show Yeah, where we try to was make decisions together.

Yeah.

Yeah, those are fun And we're actually we were playing it for the first time in over a decade We got all four seasons for 16 bucks Impressive it's good and it's all on the disc which is important to me.

It didn't require download and I bought the wolf among us the other day same deal so that we could replay that because that's getting a sec a sequel Oh Allegedly will be out.

I Think they said this year, but I feel like it'll be next year.

Yeah, it's already been delayed.

So hopefully that's good Really looking forward to that.

Actually I watched the trailer the other day.

It looks pretty good Do you remember?

When I got the last of us part two like three days early.

Mm-hmm, and we this was still summer of kovat So we both you were out of you weren't teaching.

I was furloughed And we just like closed the blinds or and I just we played it like three days I basically kept you a prisoner.

I was like Abby.

I'm playing this game.

I remember you basically saying I'm doing this whether you Husband I'll be rotting on the couch.

It was That was probably the last time I had a Full like a full binge of a game.

Yeah, and I don't know when I'll ever get that again yeah, it truly being furloughed during kovat was like I My situation specifically I know it was ranges for people all over and was extremely difficult time for people but it was like the last summer vacation I'll ever have and I think also People were so scared with what was going on in the world.

They relied on things like that just to Mm-hmm.

Keep saying like you wanted to play that video game because it's it's a it's a game that you love and You had the time.

So why not?

Yeah I Remember calling you because I already had I already had the collector's edition on pre-order and the ps4 Pro which came with the game And I'm standing in a mom-and-pop game should game store and I'm like, babe they have it They'll sell it to me.

I have to buy this third copy of a game.

I Eventually sold that copy And recoup those costs because I sold it with the other ps4 that I was replacing But you were like, yes, I called you Fervently.

It's like you gotta pick up the phone.

I probably I probably would have bought it even if you didn't answer Yeah, but I was like you gotta let me buy this game.

So and it's so funny I went there not to get the last of us.

I went there to get spongebob she's So I did that I remember that but those I Love playing those types of games with you.

Yeah, where we can specifically the choice ones because it does feel like you have oh The quarry do you remember playing the quarry together?

Oh the teen the teen whore camp slasher That was my favorite Like I know we have a tie to walking down all that but like that was baller So, you know, do you remember when I did the guide for until dawn the other team they're re-releasing that this fall on ps5 Like updated graphics and all that stuff.

I haven't played that game I've been thinking about that.

We should buy it because You I think played maybe like you sat for a couple pieces, but because it was work.

I was just playing it Right, but now I mean I'm Because that's the same developer that was the game that kind of put them on the map of Horror decision games so cool.

So like the quarry is a spiritual successor to Dark stuff together.

We're like, yeah Teens die Yeah, but that's the fun that's what makes those fun I and it always They're all coming back to me.

Hmm Detroit become human.

Oh my gosh, when you replay that one - that was like Your decision at the end like you made one decision.

I remember specifically you made this decision You I know what decision it was oh you do you remember specifically what because I just remember the consequence of it Spoilers for Detroit become human What do you think the decision like I killed the girl or no, I left her You like left the girl, but you basically don't that's where we the result ended up you made one decision and basically suddenly everyone got the bad ending the the The robot from Grey's Anatomy.

He died.

Yeah you Cara got stuck alone at a dump for androids like in the rain She's alone all the sudden without anyone.

Yeah, and the other I forget the other character the detective he probably died - like one decision and quickly just went to the end game and it showed the 1% of people made that choice.

Maybe I was just in a mood like just end it all man.

I'm done It was so bad, but then also we played After that, I played with you heavy rain Jason Yes Child in the mall and it was the first time I got a good ending in that game.

I Like those games.

Yeah, those are fun.

Those are so fun.

We're pretty That's really how we should spend our time.

We don't should we wrap up the show and go play the Bye guys, bye Desus.

Thank you all so much.

I Mean we could It's been an hour and five minutes or so We could save it all for the next time you're on the show I didn't expect to talk about podcasts for so long on the podcast on the show again Maybe the annual Christmas special Christmas in July Christmas in July Do you do you want to what time is it?

Oh, it's 10 o'clock.

Oh, no, it's 10 o'clock.

Yeah, it's my bedtime Yeah, I saw your notification.

Oh, yeah sleep my dick come on.

It's like an hour ago No, it comes on at quarter till so that was 20 minutes ago.

Oh Felt like an hour ago Wow Thank you all so much for listening I normally this is where I would like talk about my guest and where you can find them online and all the things but my wife Is that my house you can find her at my house.

Don't come find me at my house She Doesn't really do anything there's a tick-tock with coffees.

I was gonna say do anything online.

Oh, I don't do a single thing online You have a tick-tock where you do use your coffee videos you do have a YouTube channel Mrs.

Roberts science lab where you do middle school Science experiments you did a couple of them for the summer here five.

Yeah.

Yeah.

So if you have middle school aged Kids that want some science experiments.

It's probably a good play thing to check out If you'd like to follow me, you can find all my writing over at max frequency net and listen To this and my other show chapter select a seasonal podcast where we bounce back and forth between a series exploring its evolution design and legacy Rolling out a bunch of episodes right now from the backlog with extended bonus content and all that jazz.

So Make sure you check all that stuff out, but I think that'll do it until next time adios