

ActiGraph Sleep Report

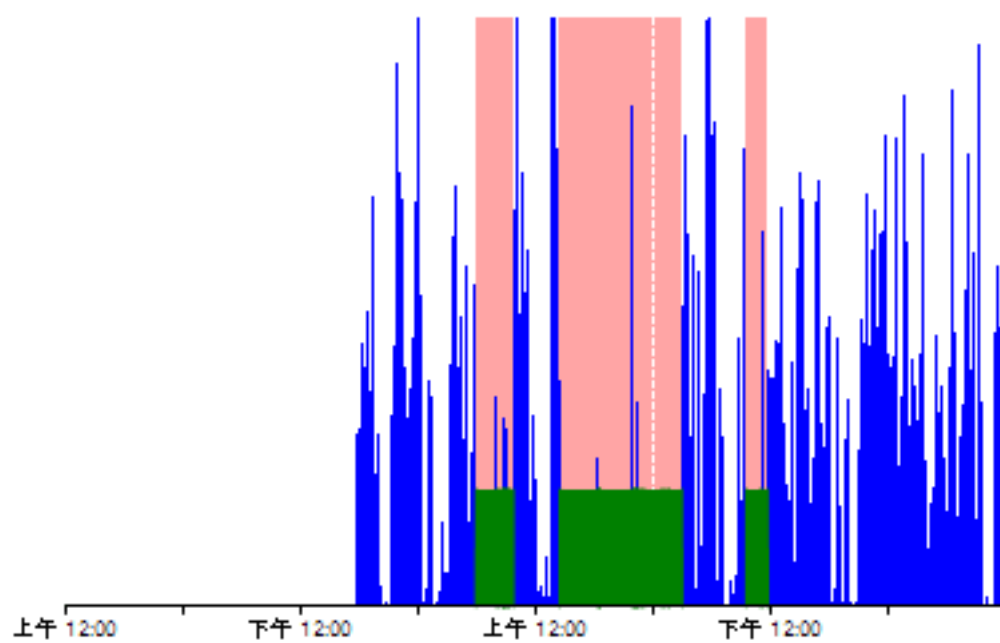
Name: GSTC0515761R

Data Start: 2017/6/6 02:54:00

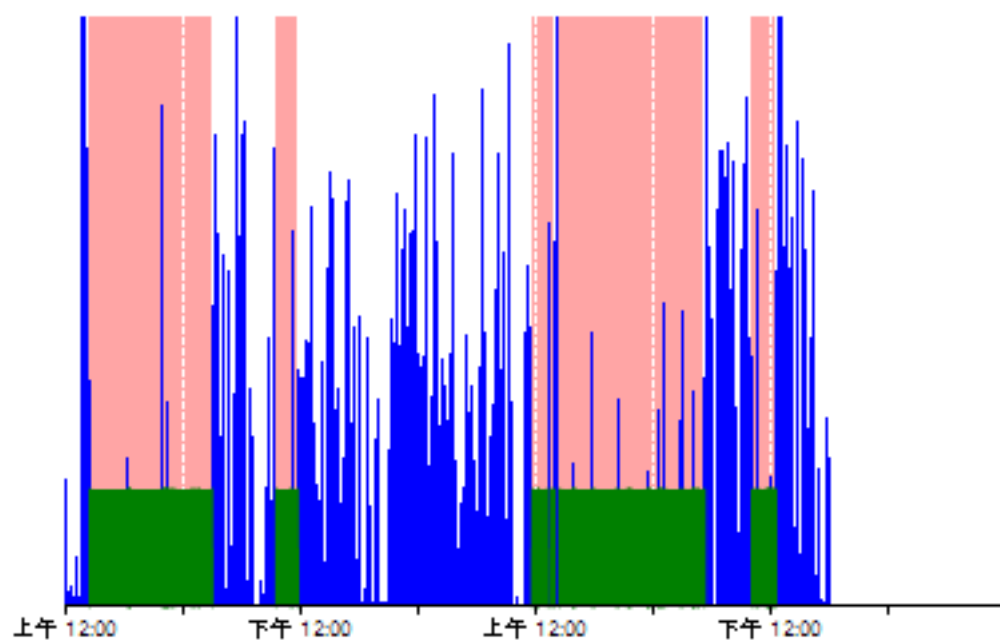
Data End: 2017/6/8 02:59:00

Device Serial: TAS1F36160420

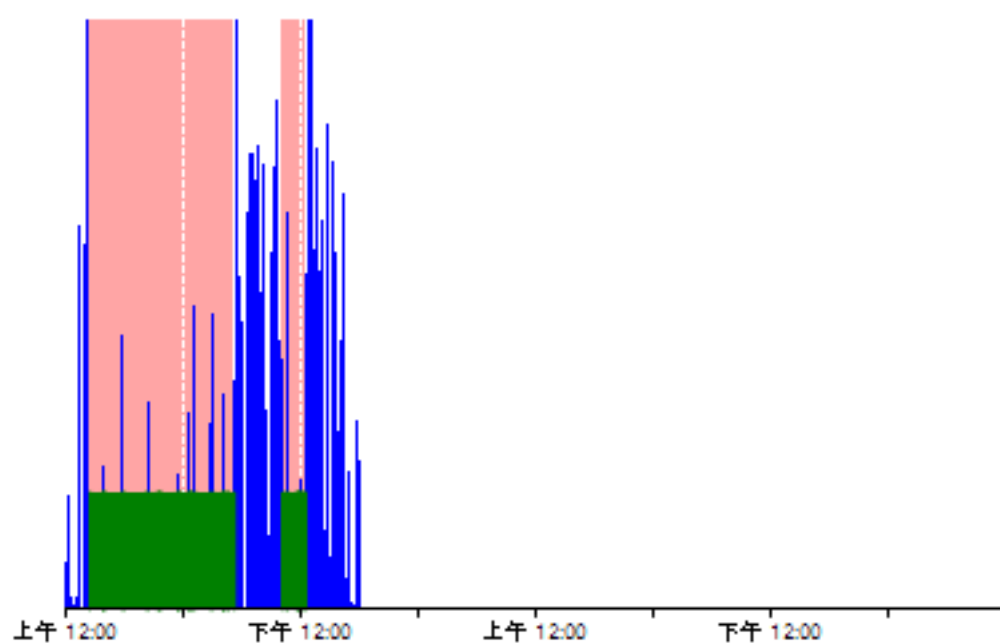
2017/6/6



2017/6/7



2017/6/8



Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

In Bed	Out Bed	Latency (min)	Efficiency	Total Time in Bed (min)	Total Sleep Time (TST) (min)	Wake After Sleep Onset (WASO)	# of Awakenings	Avg Awakening (min)
2017/6/6 08:57	2017/6/6 10:51	0	89.47%	114	102	12	5	2.4
2017/6/7 01:15	2017/6/7 07:28	0	92.23%	373	344	29	9	3.22
2017/6/7 10:45	2017/6/7 11:51	0	89.39%	66	59	7	1	7
2017/6/7 11:49	2017/6/8 12:58	0	85.51%	69	59	10	2	5
2017/6/8 01:15	2017/6/8 08:37	0	88.69%	442	392	50	15	3.33
2017/6/8 11:06	2017/6/8 12:16	0	80%	70	56	14	5	2.8
03:31	10:40	0	87.55%	189	168.67	20.33	6.17	3.3