

ActiGraph Sleep Report

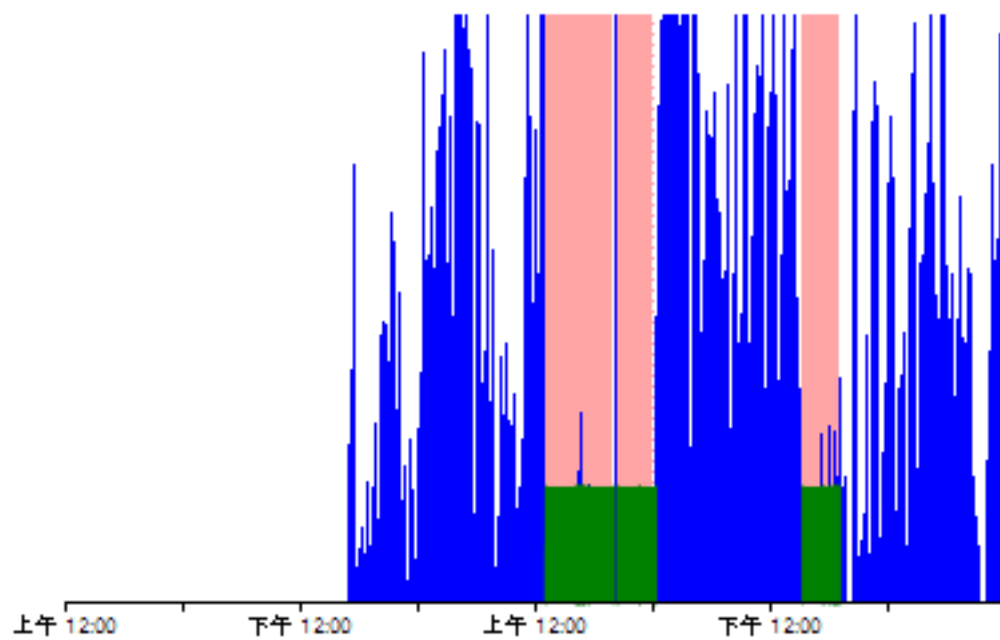
Name: GSTC1310591O

Data Start: 2017/5/23 02:31:00

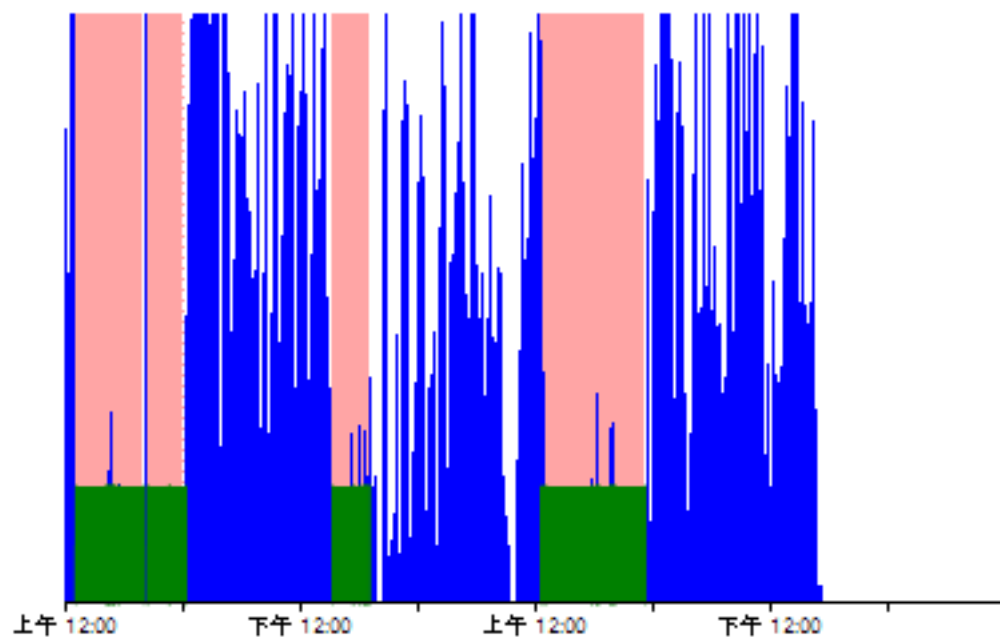
Data End: 2017/5/25 02:39:00

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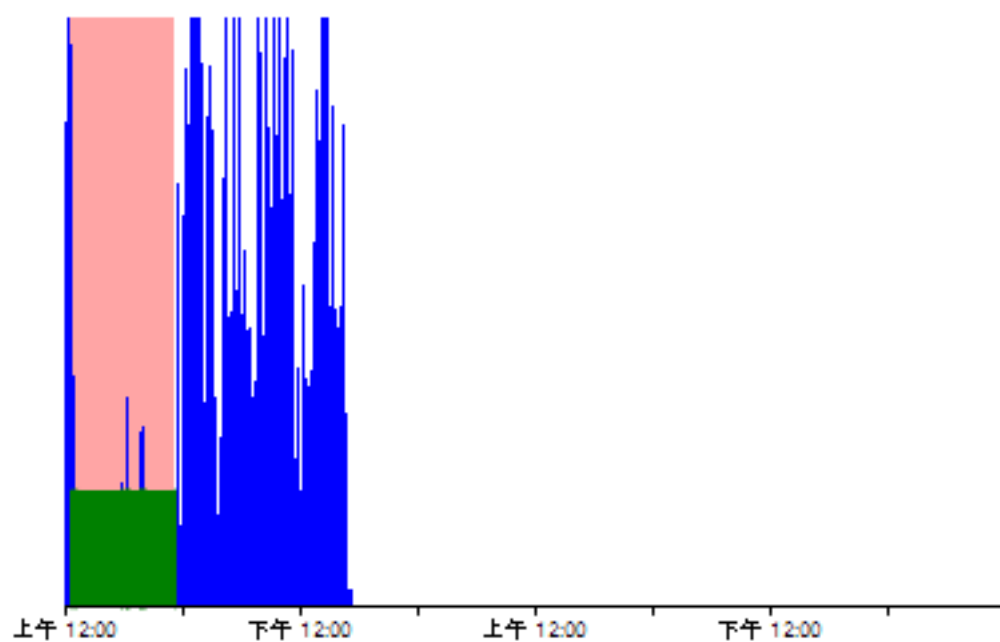
2017/5/23



2017/5/24



2017/5/25



Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

In Bed	Out Bed	Latency (min)	Efficiency	Total Time in Bed (min)	Total Sleep Time (TST) (min)	Wake After Sleep Onset (WASO)	# of Awakenings	Avg Awakening (min)
2017/5/24 12:31	2017/5/24 04:01	0	94.76%	210	199	11	6	1.83
2017/5/24 04:13	2017/5/24 06:08	0	99.13%	115	114	1	1	1
2017/5/24 01:39	2017/5/24 03:30	0	81.98%	111	91	20	5	4
2017/5/25 12:19	2017/5/25 05:35	0	93.99%	316	297	19	7	2.71
10:40	07:48	0	92.47%	188	175.25	12.75	4.75	2.68