ActiGraph Sleep Report

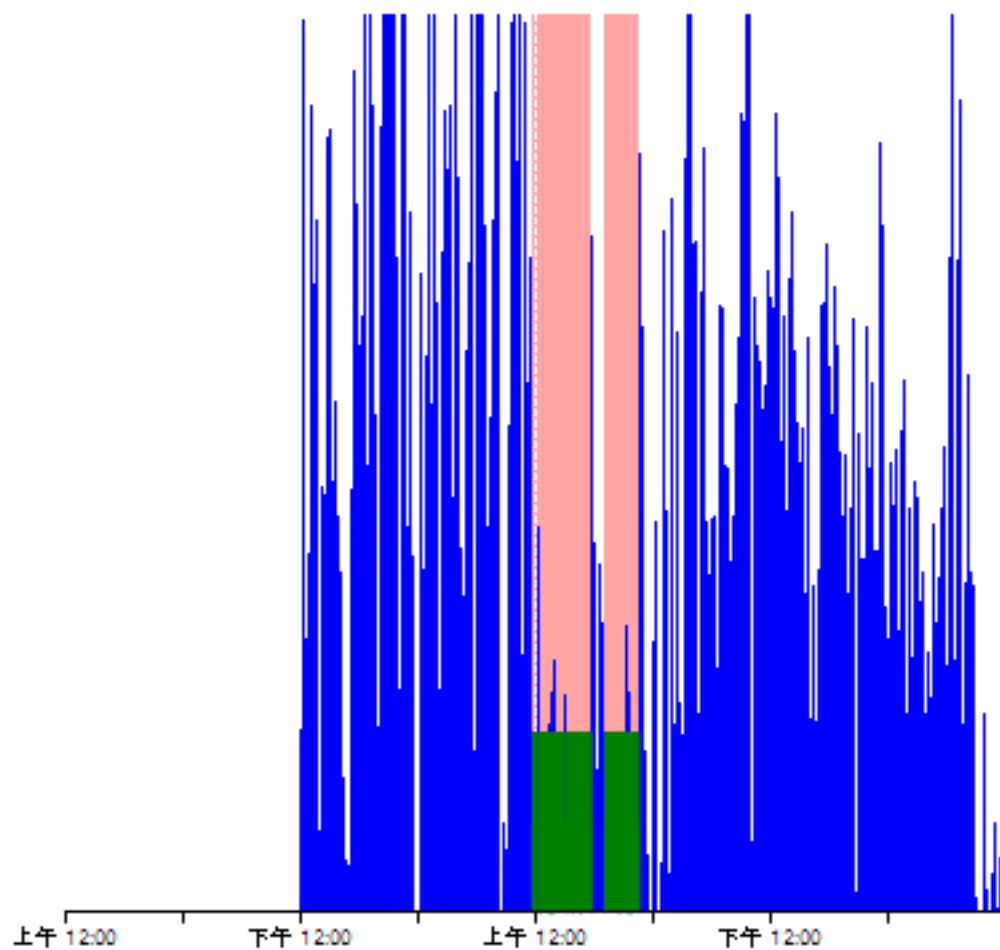## Name: GSTC1413815S

Data Start: 2017/5/16 12:00:00
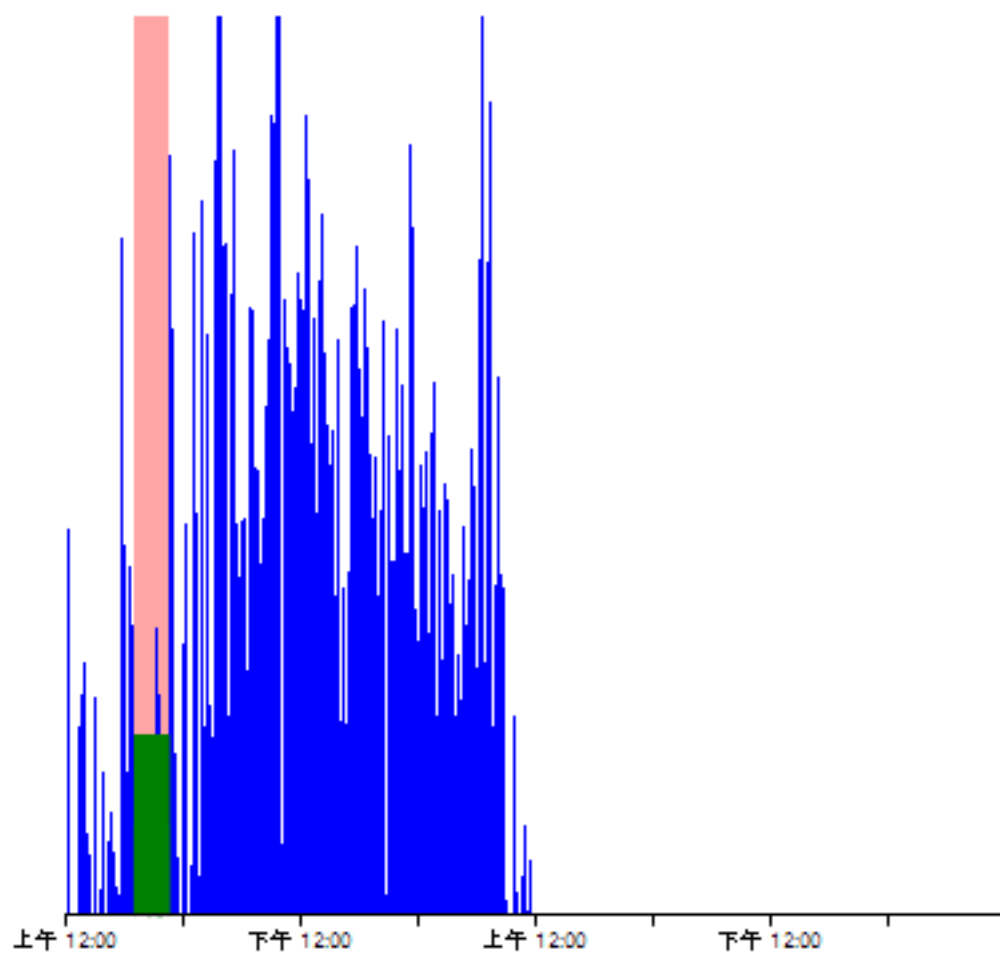
Data End: 2017/5/17 11:59:00

Device Serial: TAS1F36160420

2017/5/16

上午 12:00　　　下午 12:00　　　上午 12:00　　　下午 12:00

2017/5/17

上午 12:00　　　下午 12:00　　　上午 12:00　　　下午 12:00

Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

In Bed	Out Bed	Latency (min)	Efficiency	Total Time in Bed (min)	Total Sleep Time (TST) (min)	Wake After Sleep Onset (WASO)	# of Awakenings	Avg Awakening (min)
2017/5/16 11:51	2017/5/17 02:50	0	81.56%	179	146	33	11	3
2017/5/17 03:32	2017/5/17 05:15	0	90.29%	103	93	10	6	1.67
01:41	**04:02**	**0**	**85.93%**	**141**	**119.5**	**21.5**	**8.5**	**2.53**