

ActiGraph Sleep Report

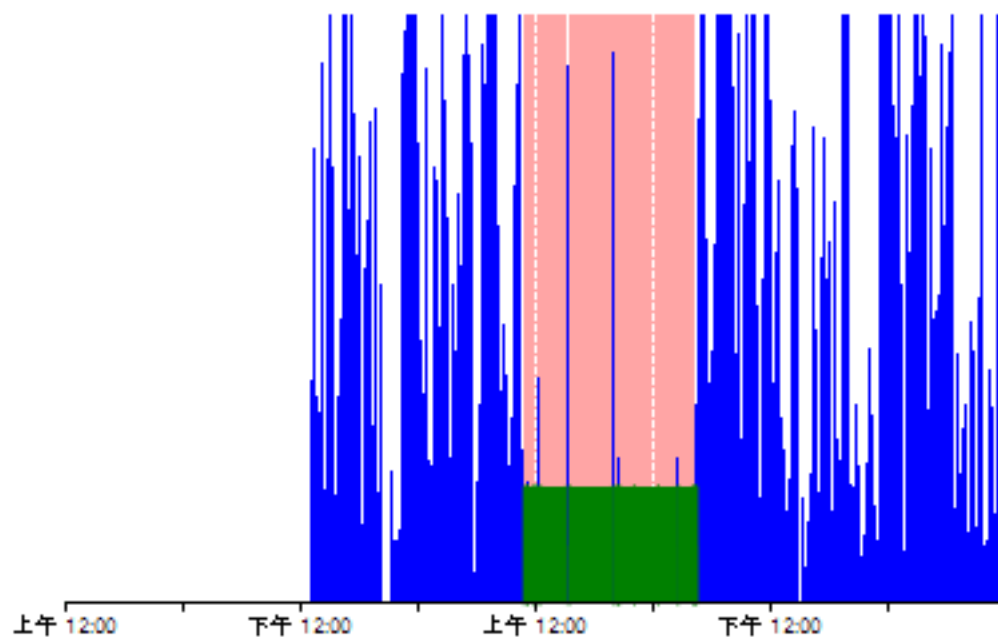
Name: GYCK1620078U

Data Start: 2017/5/2 12:31:00

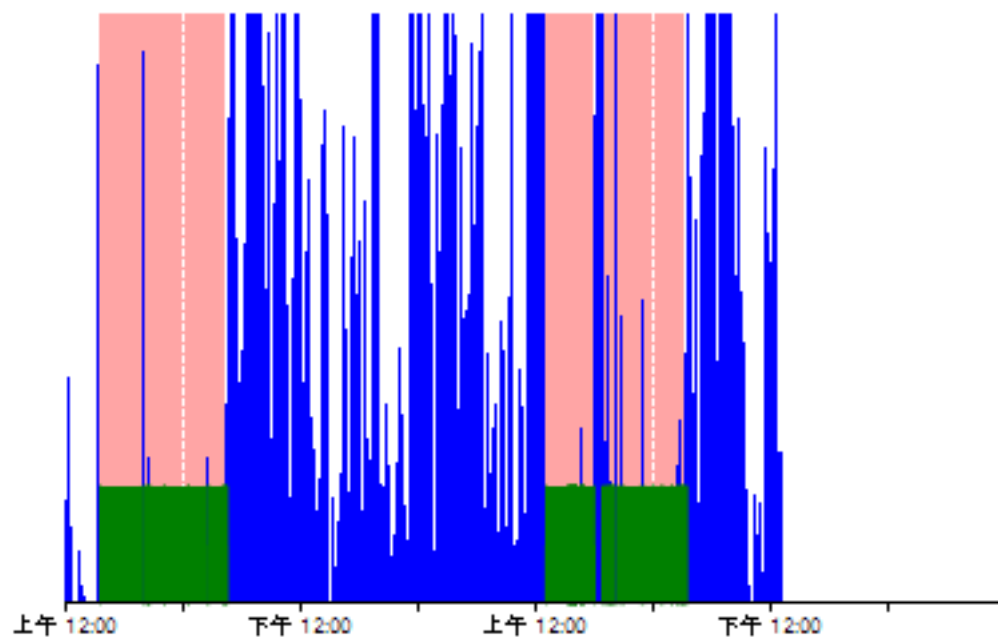
Data End: 2017/5/4 12:30:00

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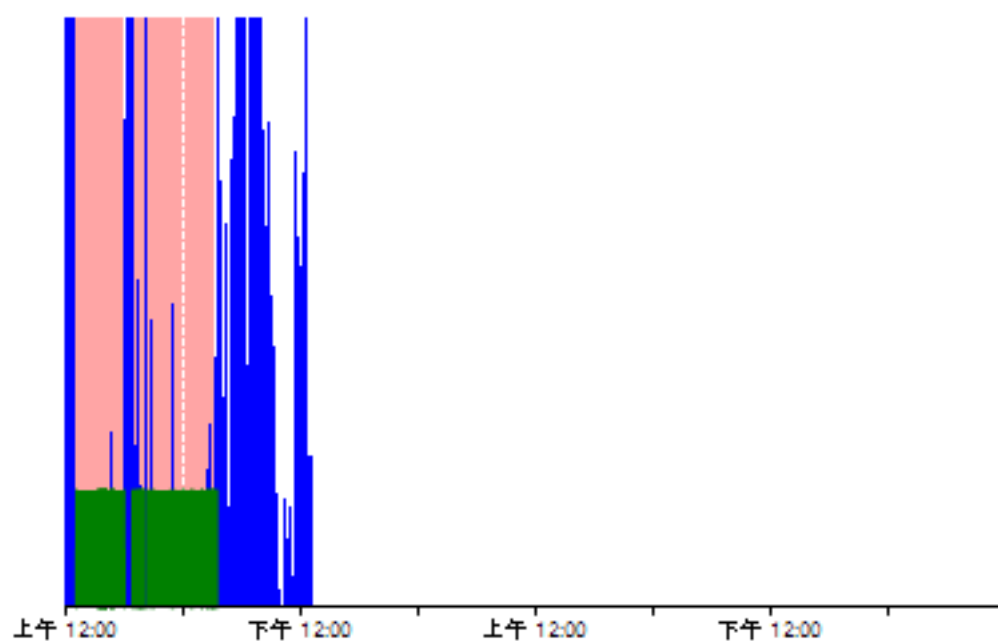
2017/5/2



2017/5/3



2017/5/4



Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

In Bed	Out Bed	Latency (min)	Efficiency	Total Time in Bed (min)	Total Sleep Time (TST) (min)	Wake After Sleep Onset (WASO)	# of Awakenings	Avg Awakening (min)
2017/5/2 11:24	2017/5/3 01:35	0	90.08%	131	118	13	5	2.6
2017/5/3 01:46	2017/5/3 08:13	0	94.57%	387	366	21	8	2.63
2017/5/4 12:32	2017/5/4 02:59	0	89.8%	147	132	15	12	1.25
2017/5/4 03:26	2017/5/4 07:42	0	78.52%	256	201	55	14	3.93
01:17	05:07	0	88.24%	230.25	204.25	26	9.75	2.67