

# ActiGraph Sleep Report

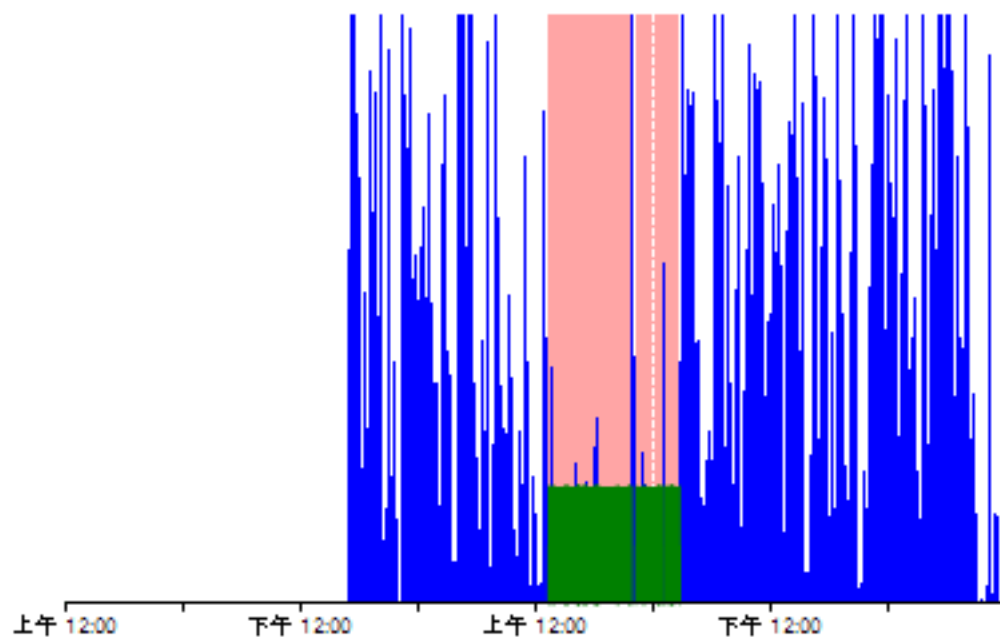
Name: GLYH1418228M

Data Start: 2017/8/7 02:26:00

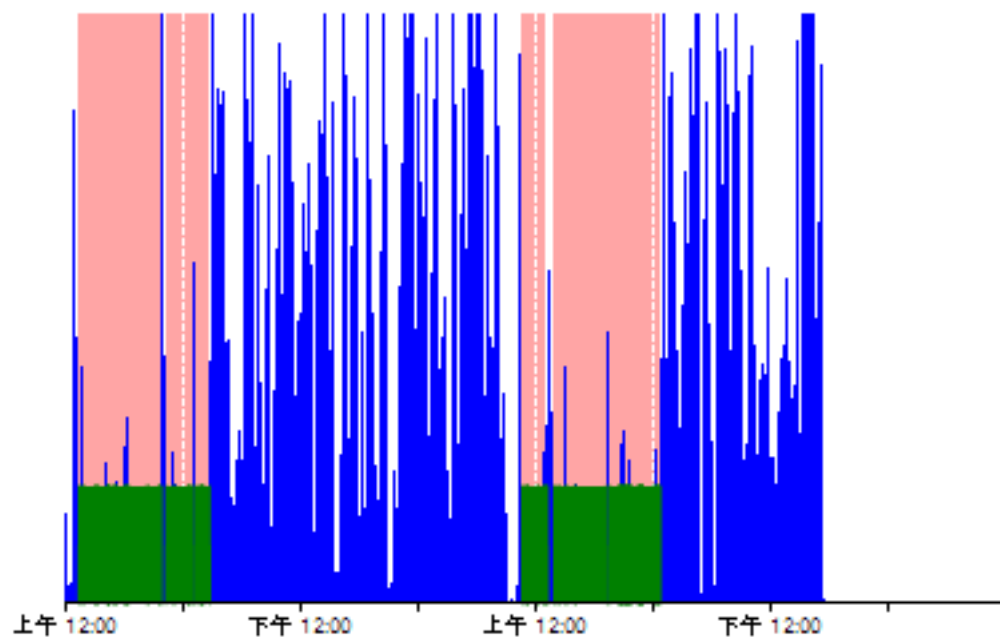
Data End: 2017/8/9 02:59:00

Device Serial: TAS1F36160420

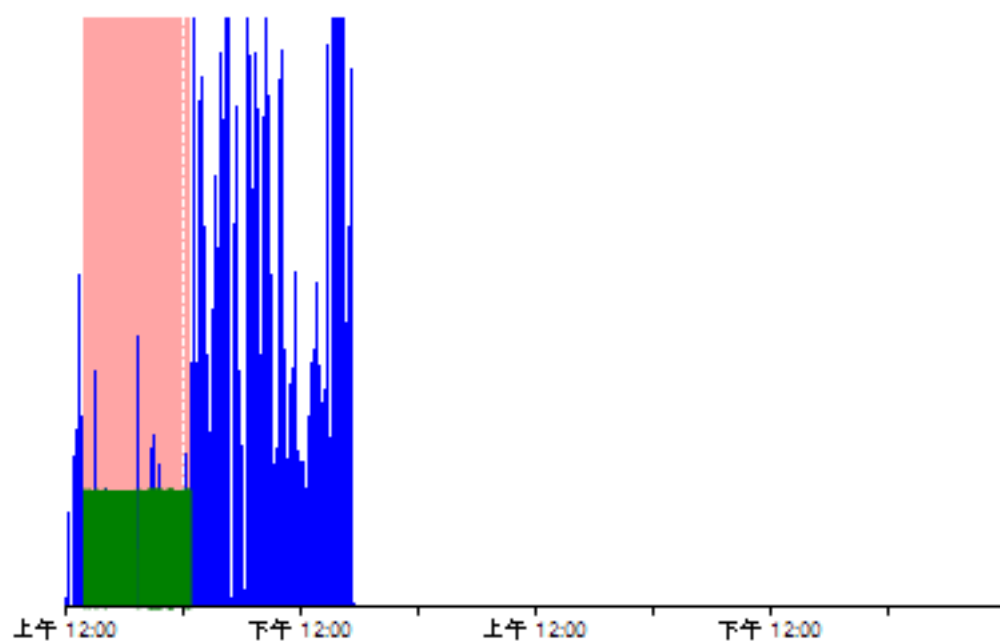
2017/8/7



2017/8/8



2017/8/9



# Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

In Bed	Out Bed	Latency (min)	Efficiency	Total Time in Bed (min)	Total Sleep Time (TST) (min)	Wake After Sleep Onset (WASO)	# of Awakenings	Avg Awakening (min)
2017/8/8 12:40	2017/8/8 04:52	0	90.08%	252	227	25	13	1.92
2017/8/8 05:07	2017/8/8 07:21	0	80.6%	134	108	26	7	3.71
2017/8/8 11:19	2017/8/9 12:36	0	90.91%	77	70	7	5	1.4
2017/8/9 12:57	2017/8/9 06:21	0	84.88%	324	275	49	22	2.23
<b>01:30</b>	<b>04:47</b>	<b>0</b>	<b>86.62%</b>	<b>196.75</b>	<b>170</b>	<b>26.75</b>	<b>11.75</b>	<b>2.28</b>