

ActiGraph Sleep Report

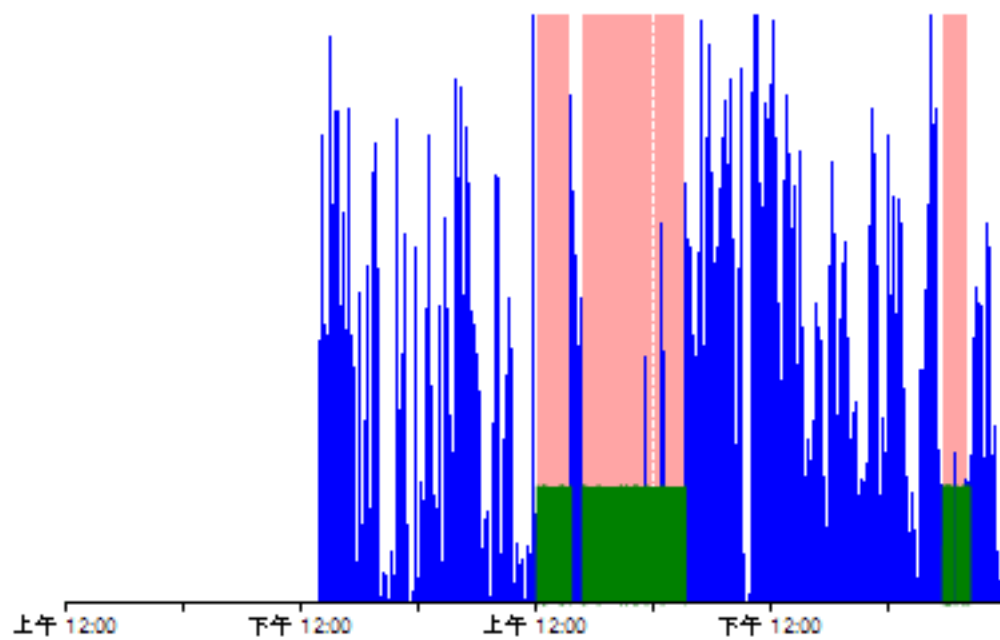
Name: GYCK1015211M

Data Start: 2017/5/2 12:55:00

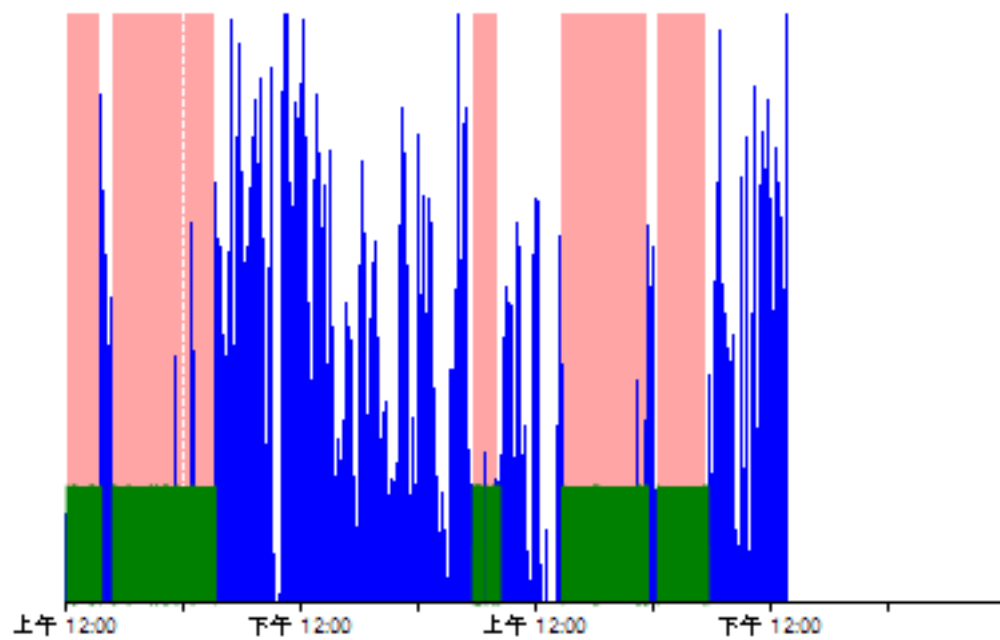
Data End: 2017/5/4 12:54:00

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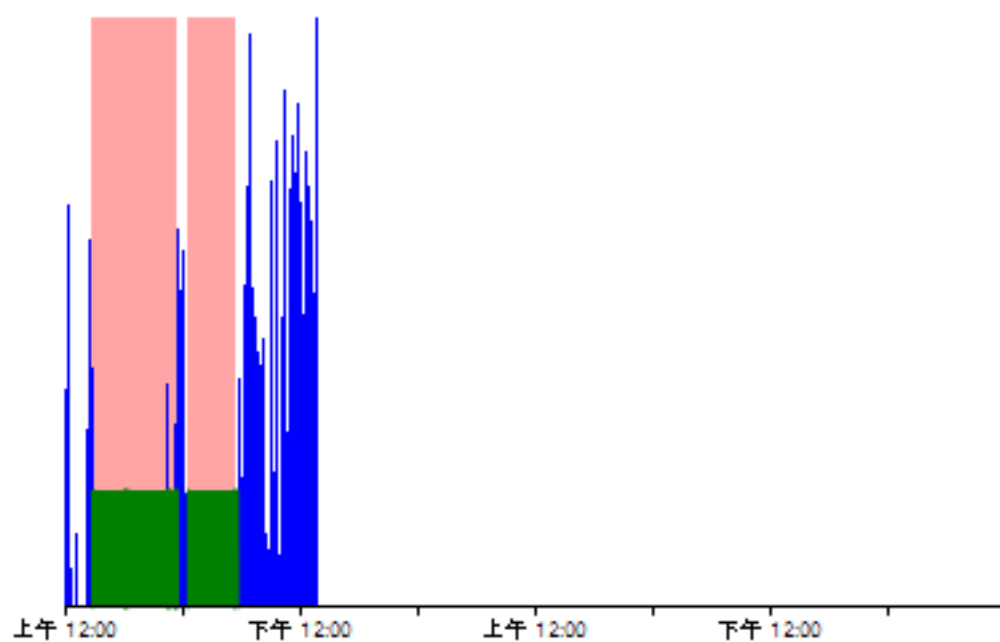
2017/5/2



2017/5/3



2017/5/4



Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

In Bed	Out Bed	Latency (min)	Efficiency	Total Time in Bed (min)	Total Sleep Time (TST) (min)	Wake After Sleep Onset (WASO)	# of Awakenings	Avg Awakening (min)
2017/5/3 12:05	2017/5/3 01:47	0	87.25%	102	89	13	4	3.25
2017/5/3 02:25	2017/5/3 07:38	0	91.69%	313	287	26	8	3.25
2017/5/3 08:49	2017/5/3 10:08	0	67.09%	79	53	26	7	3.71
2017/5/4 01:25	2017/5/4 05:43	0	96.51%	258	249	9	6	1.5
2017/5/4 06:15	2017/5/4 08:47	0	99.34%	152	151	1	1	1
01:23	09:12	0	88.38%	180.8	165.8	15	5.2	2.88