

ActiGraph Sleep Report

Name: GLYH0428634O

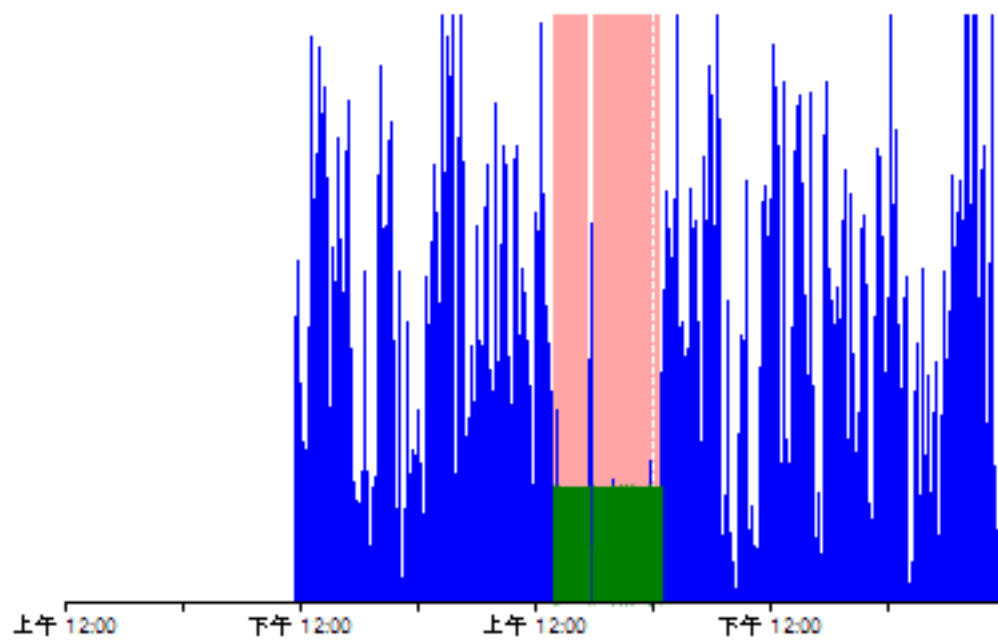
Data Start: 2017/5/9 11:48:00

Data End: 2017/5/11 11:59:00

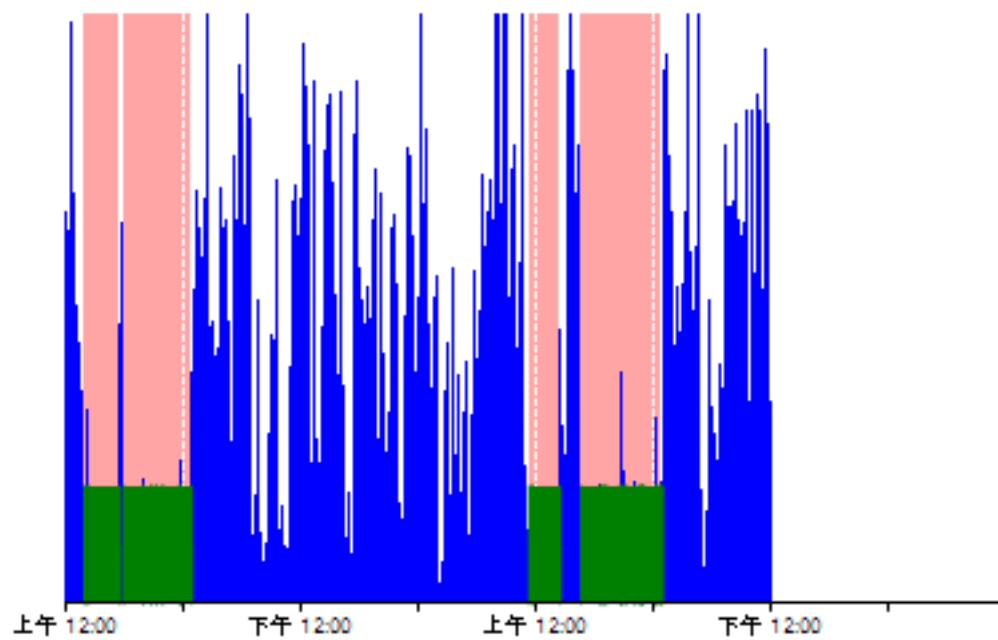
Weight: 137 lbs

Device Serial: TAS1F36160418

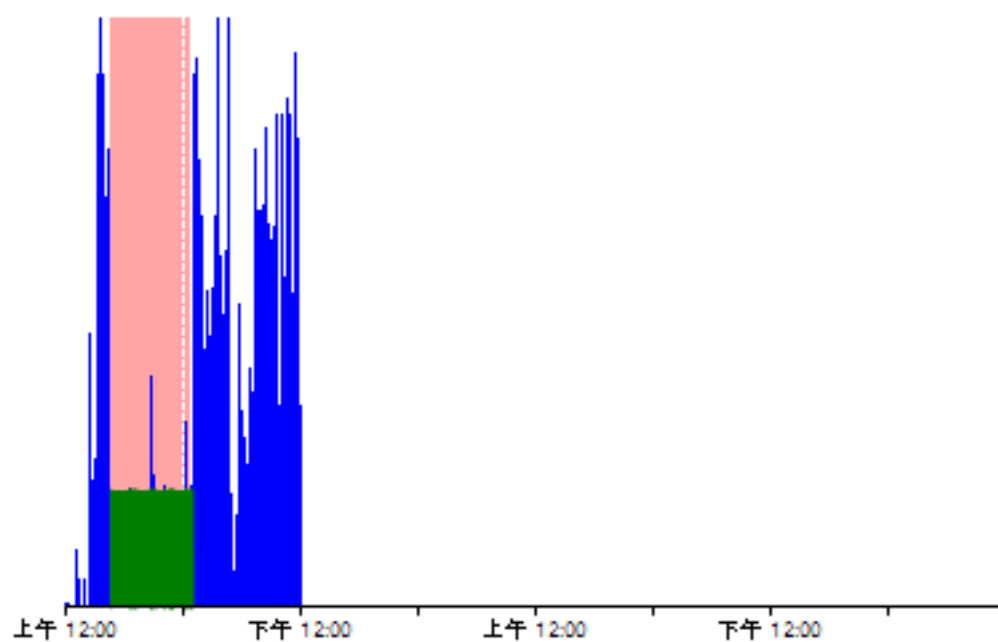
2017/5/9



2017/5/10



2017/5/11



Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

In Bed	Out Bed	Latency (min)	Efficiency	Total Time in Bed (min)	Total Sleep Time (TST) (min)	Wake After Sleep Onset (WASO)	# of Awakenings	Avg Awakening (min)
2017/5/10 12:58	2017/5/10 02:45	0	94.39%	107	101	6	1	6
2017/5/10 02:57	2017/5/10 06:26	0	96.17%	209	201	8	6	1.33
2017/5/10 11:40	2017/5/11 01:15	0	98.95%	95	94	1	1	1
2017/5/11 02:20	2017/5/11 06:28	0	89.11%	248	221	27	13	2.08
01:28	04:13	0	94.66%	164.75	154.25	10.5	5.25	2