ActiGraph Sleep Report

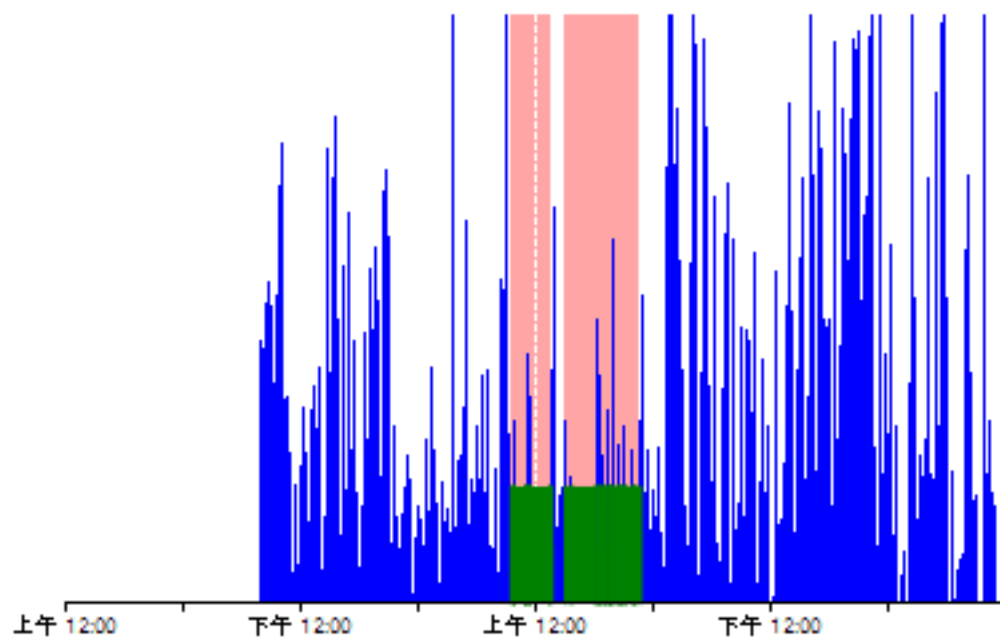## Name: GLYH1012824V

Data Start: 2017/5/23 09:54:00
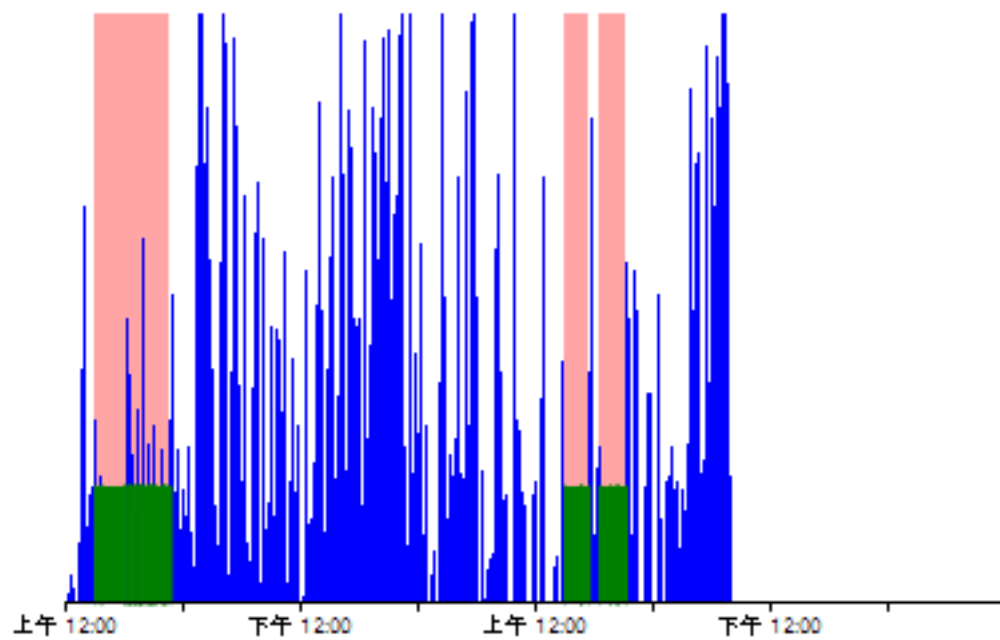
Data End: 2017/5/25 09:59:00

Device Serial: TAS1F36160422
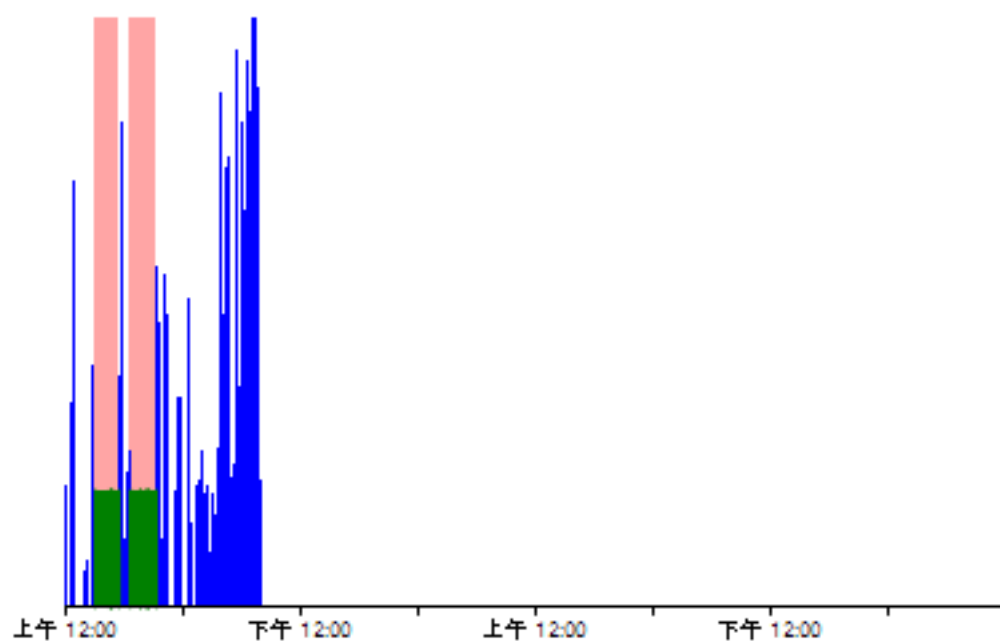
2017/5/23

上午 12:00　　下午 12:00　　上午 12:00　　下午 12:00

2017/5/24

上午 12:00　　下午 12:00　　上午 12:00　　下午 12:00

2017/5/25

上午 12:00　　下午 12:00　　上午 12:00　　下午 12:00

Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

In Bed	Out Bed	Latency (min)	Efficiency	Total Time in Bed (min)	Total Sleep Time (TST) (min)	Wake After Sleep Onset (WASO)	# of Awakenings	Avg Awakening (min)
2017/5/23 10:44	2017/5/24 12:50	0	86.51%	126	109	17	8	2.13
2017/5/24 01:33	2017/5/24 05:23	0	74.35%	230	171	59	19	3.11
2017/5/25 01:30	2017/5/25 02:44	0	97.3%	74	72	2	2	1
2017/5/25 03:19	2017/5/25 04:38	0	92.41%	79	73	6	3	2
01:16	**03:23**	**0**	**87.64%**	**127.25**	**106.25**	**21**	**8**	**2.63**