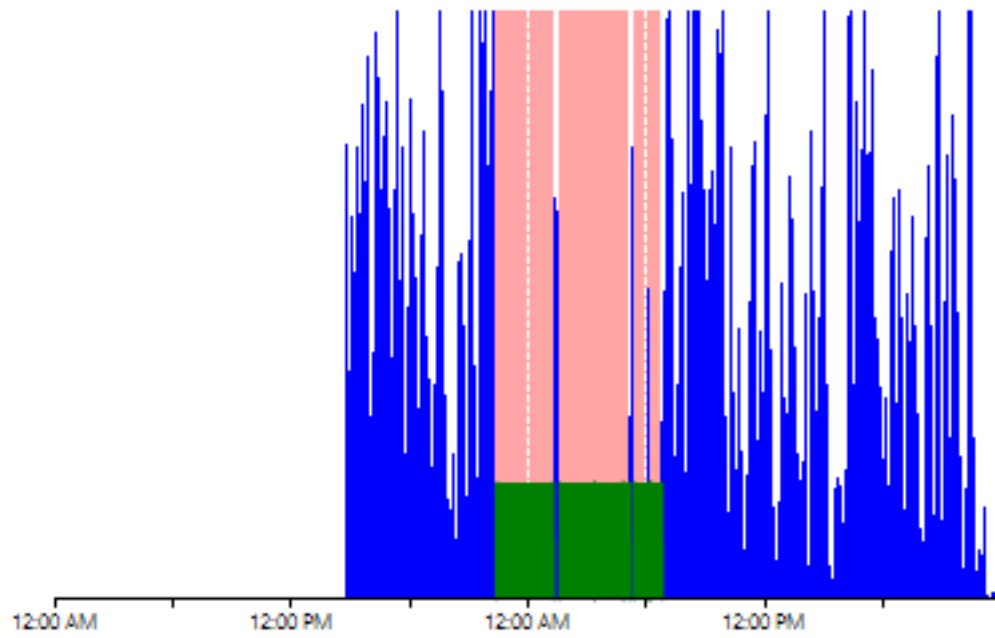# ActiGraph Sleep Report

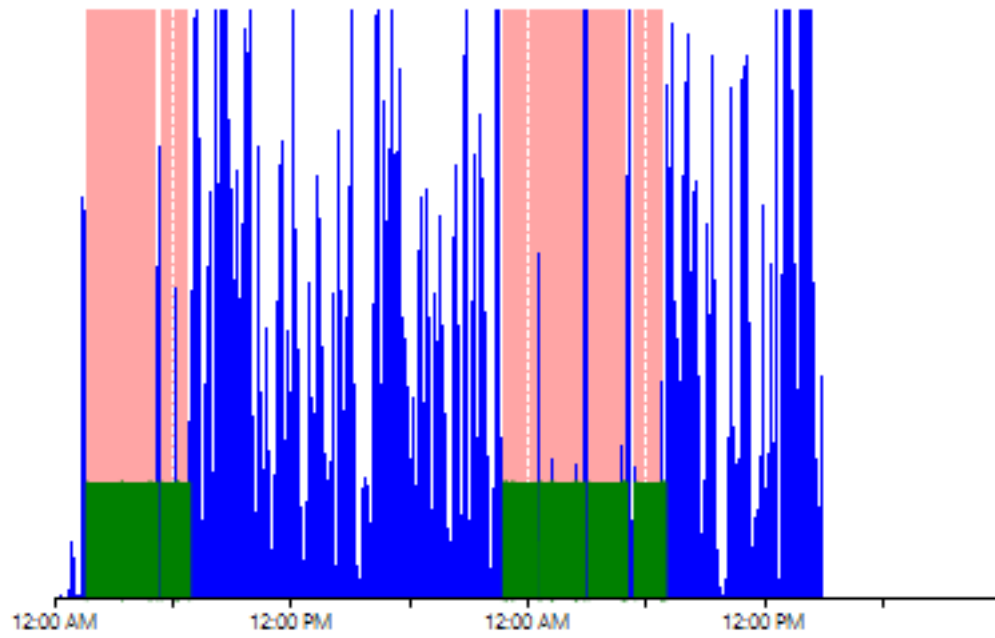## Name: GLYH0416262T

Data Start: 17/10/2017 2:49:00 PM

Data End: 19/10/2017 2:59:00 PM

Device Serial: TAS1F36160420
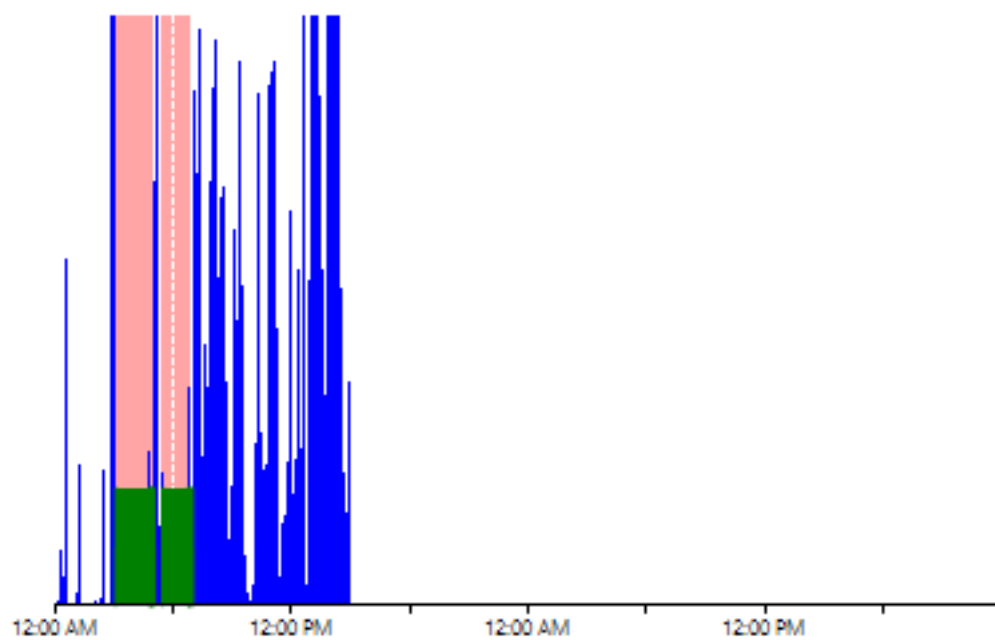
17/10/2017

18/10/2017

19/10/2017

Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

In Bed	Out Bed	Latency (min)	Efficiency	Total Time in Bed (min)	Total Sleep Time (TST) (min)	Wake After Sleep Onset (WASO)	# of Awakenings	Avg Awakening (min)
17/10/2017 10:26 PM	18/10/2017 1:18 AM	0	100%	172	172	0	0	0
18/10/2017 1:36 AM	18/10/2017 5:12 AM	0	99.07%	216	214	2	2	1
18/10/2017 5:23 AM	18/10/2017 6:49 AM	0	90.7%	86	78	8	2	4
18/10/2017 10:46 PM	19/10/2017 2:51 AM	0	93.47%	245	229	16	7	2.29
19/10/2017 3:04 AM	19/10/2017 5:02 AM	0	94.92%	118	112	6	2	3
19/10/2017 5:29 AM	19/10/2017 6:59 AM	0	94.44%	90	85	5	2	2.5
2:07 AM	**4:41 AM**	**0**	**95.43%**	**154.5**	**148.33**	**6.17**	**2.5**	**2.47**