

ActiGraph Sleep Report

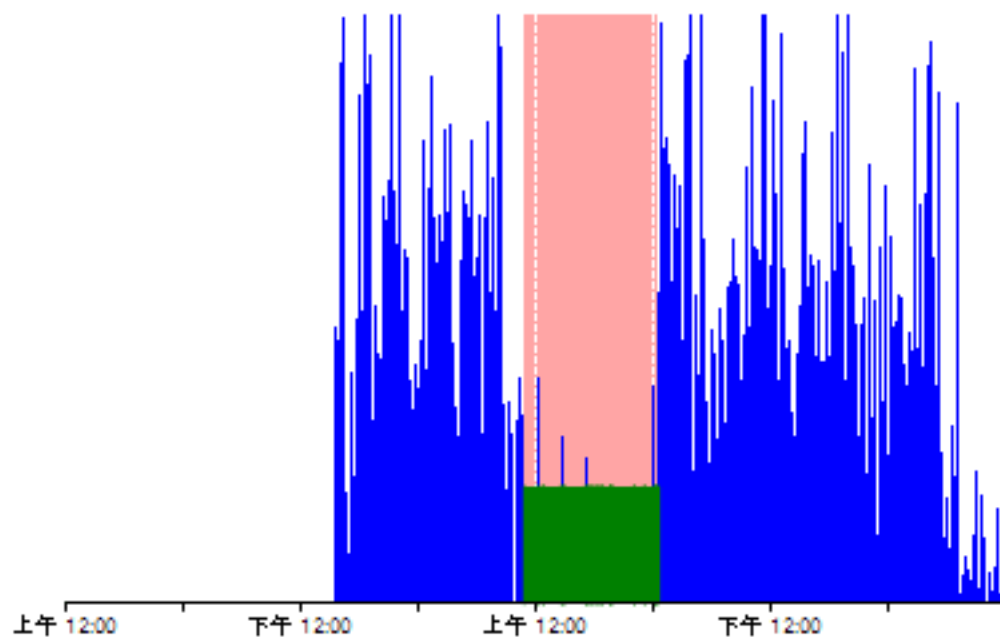
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Data Start: 2017/5/16 01:50:00

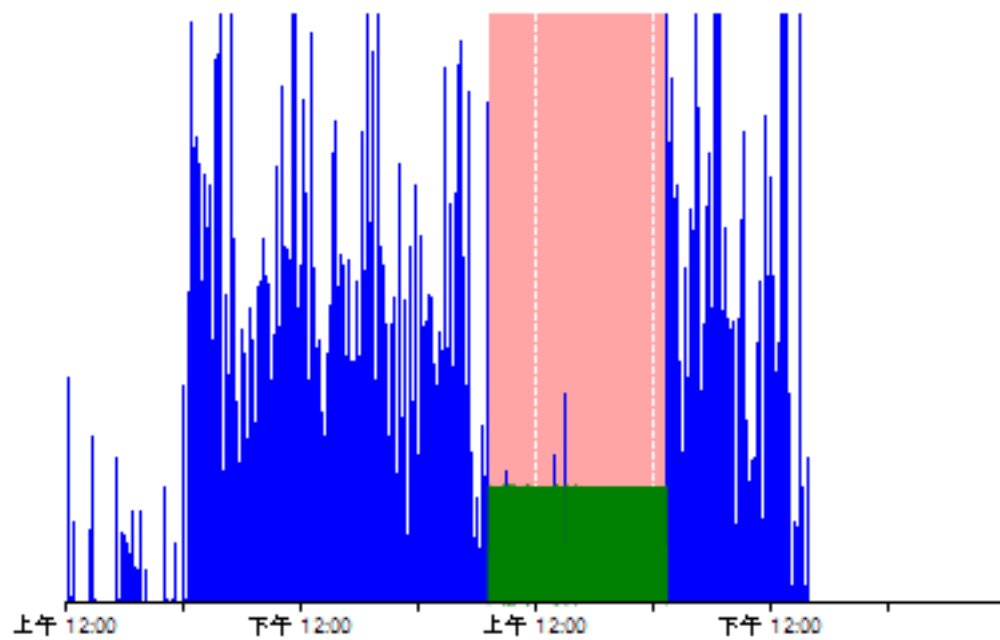
Data End: 2017/5/18 01:59:00

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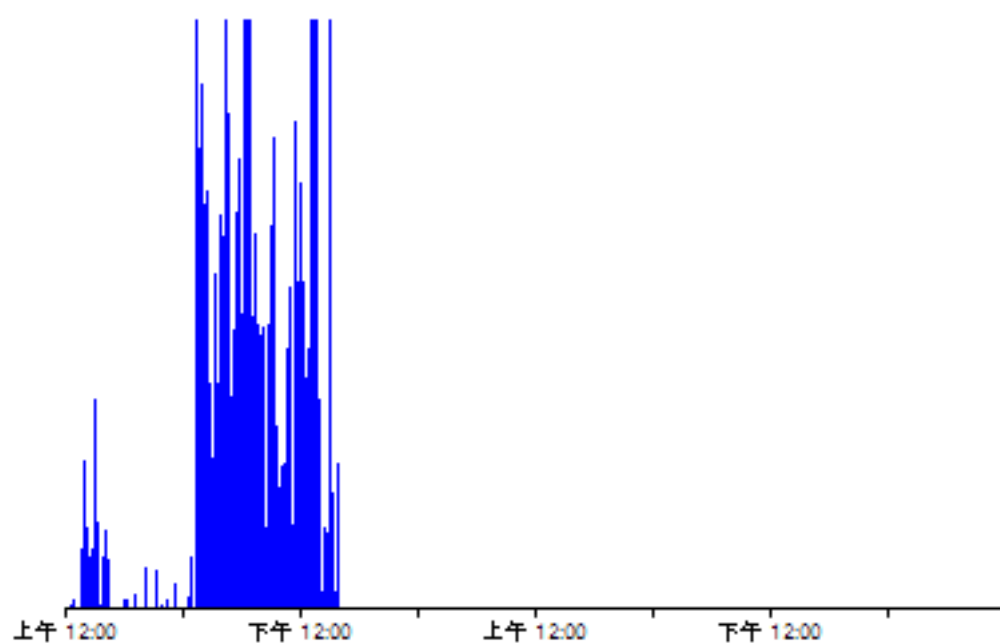
2017/5/16



2017/5/17



2017/5/18



Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

In Bed	Out Bed	Latency (min)	Efficiency	Total Time in Bed (min)	Total Sleep Time (TST) (min)	Wake After Sleep Onset (WASO)	# of Awakenings	Avg Awakening (min)
2017/5/16 11:25	2017/5/17 06:17	0	91.26%	412	376	36	16	2.25
2017/5/17 09:37	2017/5/18 06:40	0	95.76%	543	520	23	11	2.09
10:31	06:28	0	93.51%	477.5	448	29.5	13.5	2.19