

ActiGraph Sleep Report

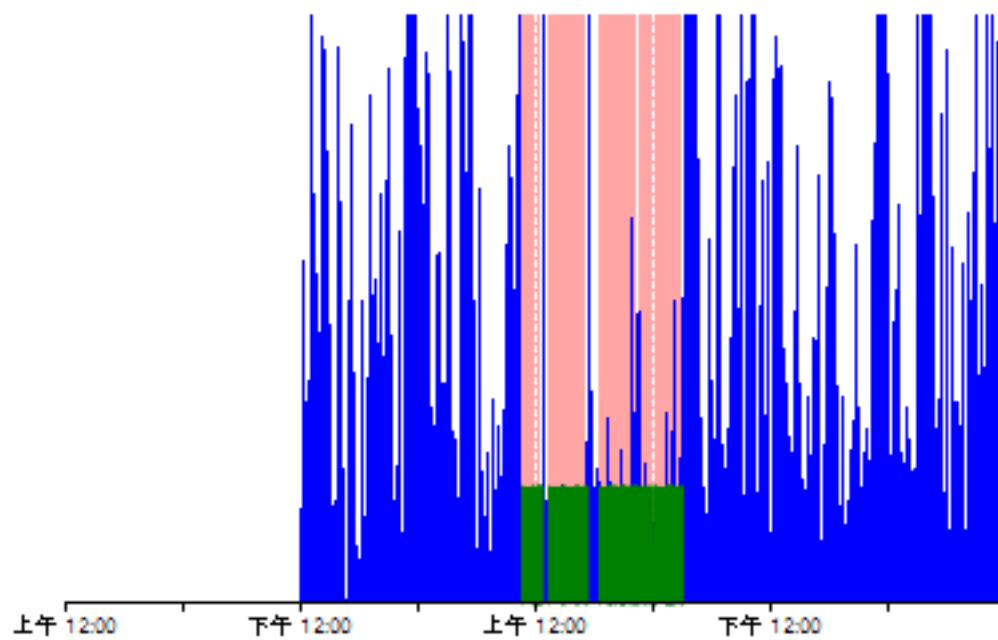
Name: GLYH0817169U

Data Start: 2017/5/9 12:04:00

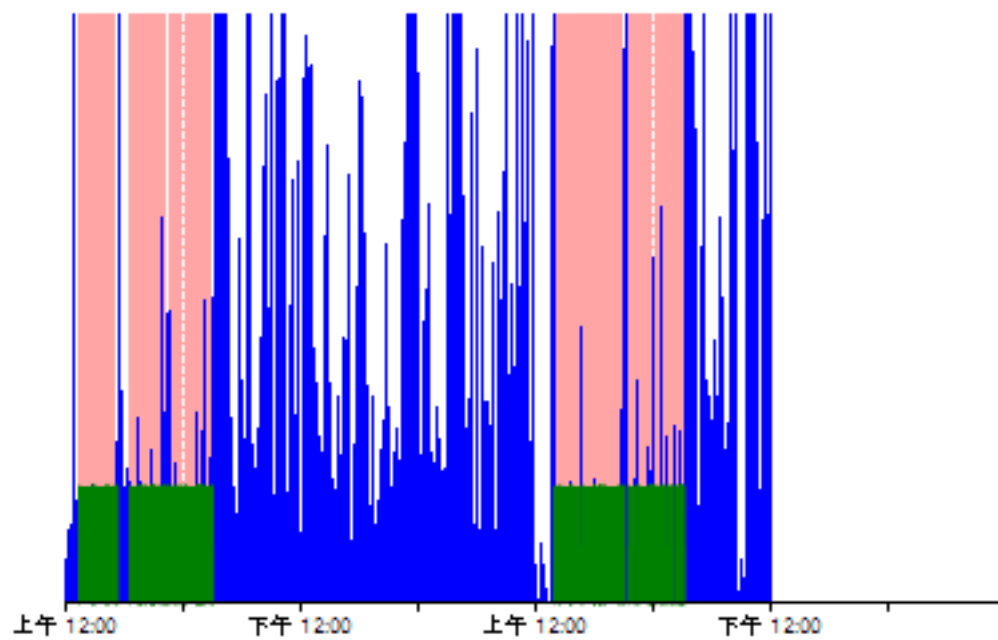
Data End: 2017/5/11 12:04:00

Device Serial: TAS1F36160422

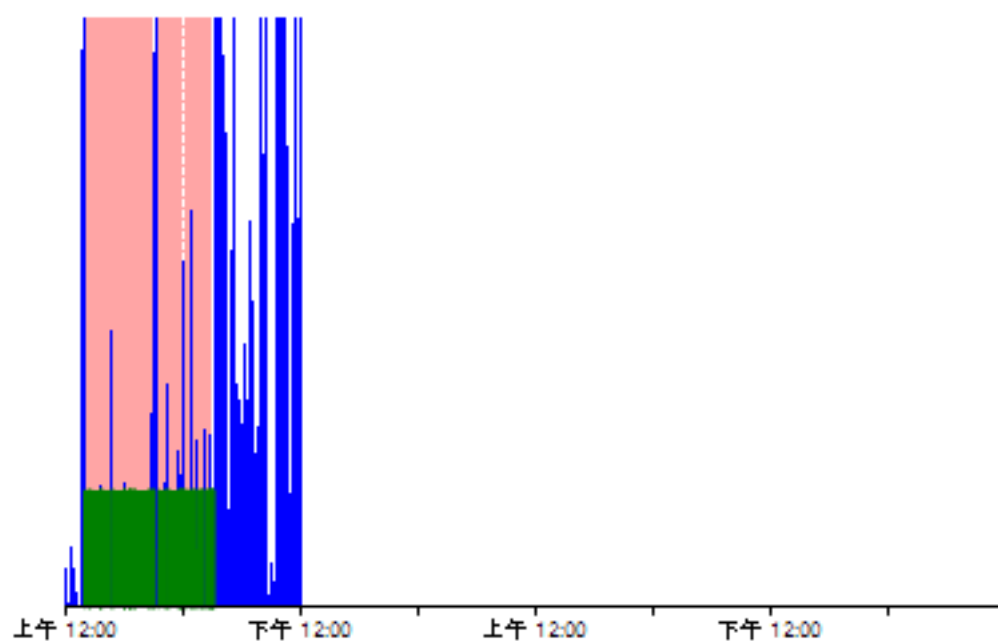
2017/5/9



2017/5/10



2017/5/11



Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

In Bed	Out Bed	Latency (min)	Efficiency	Total Time in Bed (min)	Total Sleep Time (TST) (min)	Wake After Sleep Onset (WASO)	# of Awakenings	Avg Awakening (min)
2017/5/9 11:20	2017/5/10 12:20	0	91.67%	60	55	5	4	1.25
2017/5/10 12:42	2017/5/10 02:38	0	89.66%	116	104	12	5	2.4
2017/5/10 03:17	2017/5/10 05:10	0	79.65%	113	90	23	11	2.09
2017/5/10 05:22	2017/5/10 07:29	0	77.17%	127	98	29	11	2.64
2017/5/11 01:01	2017/5/11 04:31	0	88.1%	210	185	25	12	2.08
2017/5/11 04:44	2017/5/11 07:34	0	67.06%	170	114	56	16	3.5
02:24	04:37	0	82.21%	132.67	107.67	25	9.83	2.54