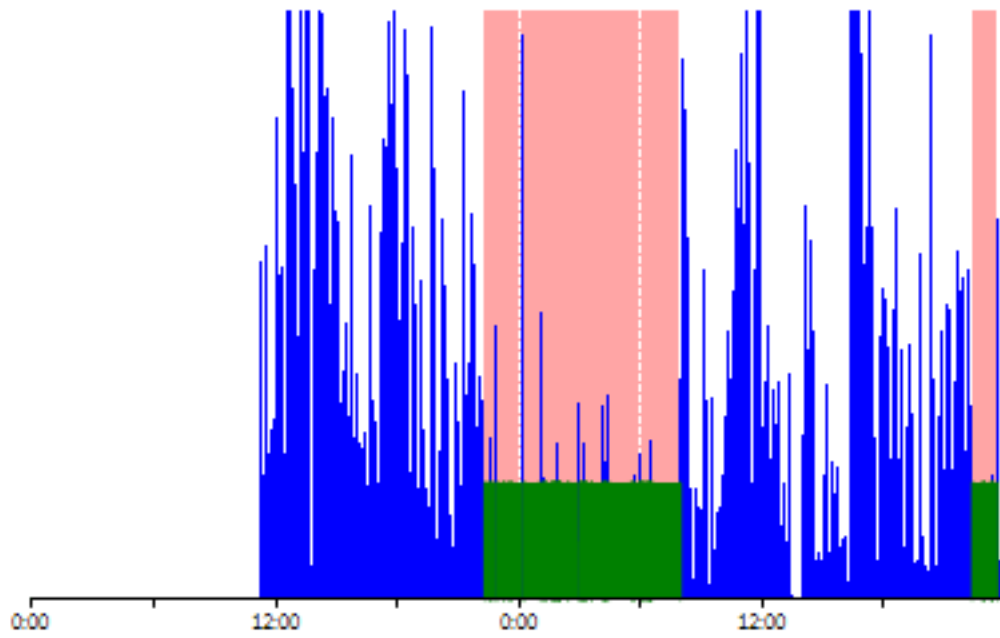# ActiGraph Sleep Report

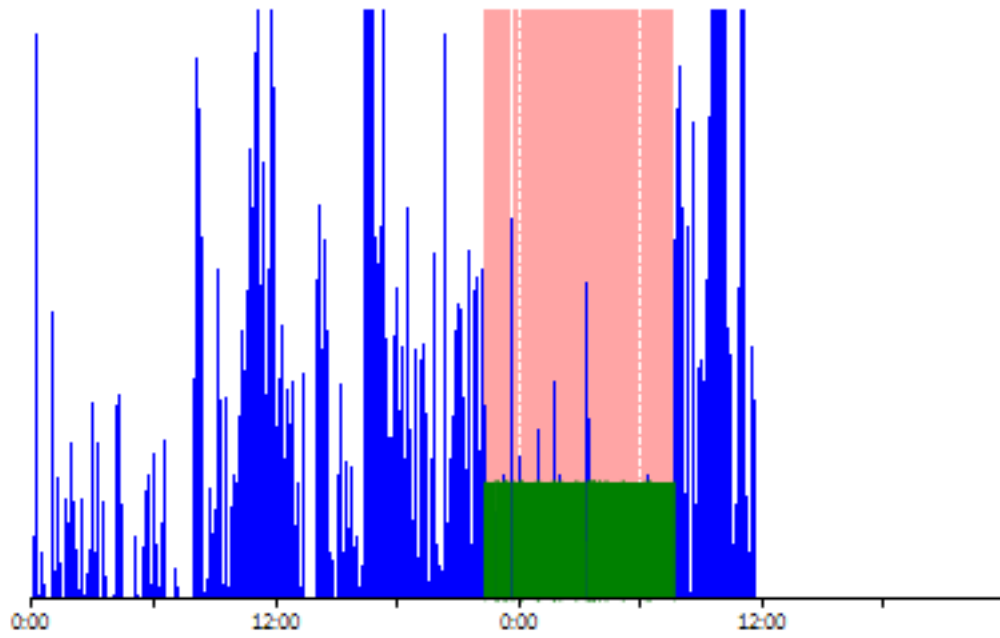## Name: GLYH1618693P

Data Start: 20/11/2017 11:13:00

Data End: 22/11/2017 11:44:00

Device Serial: TAS1F36160422
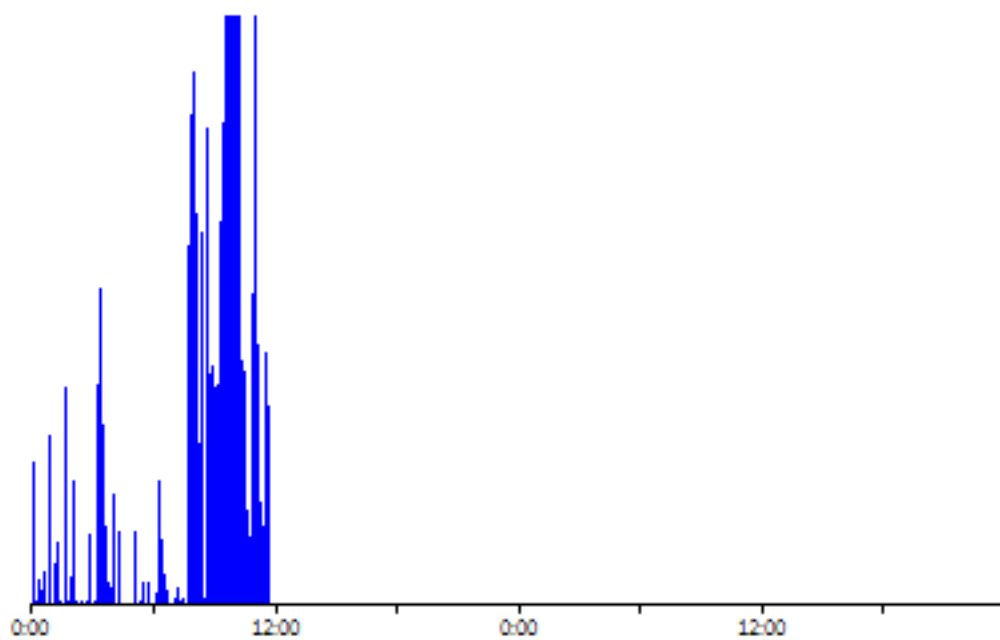
20/11/2017

21/11/2017

22/11/2017

Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

In Bed	Out Bed	Latency (min)	Efficiency	Total Time in Bed (min)	Total Sleep Time (TST) (min)	Wake After Sleep Onset (WASO)	# of Awakenings	Avg Awakening (min)
20/11/2017 22:18	21/11/2017 7:58	0	85.17%	580	494	86	38	2.26
21/11/2017 22:22	21/11/2017 23:35	0	89.04%	73	65	8	4	2
21/11/2017 23:45	22/11/2017 7:39	0	93.25%	474	442	32	18	1.78
22:48	**13:04**	**0**	**89.15%**	**375.67**	**333.67**	**42**	**20**	**2.1**