ActiGraph Sleep Report

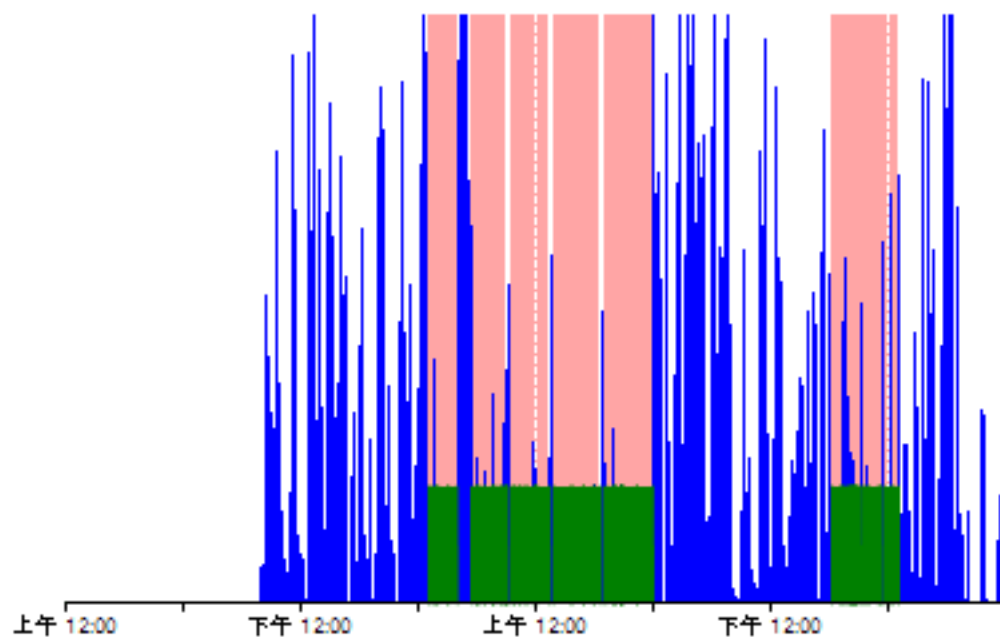## Name: FMC21610324M

Data Start: 2017/6/20 09:59:00
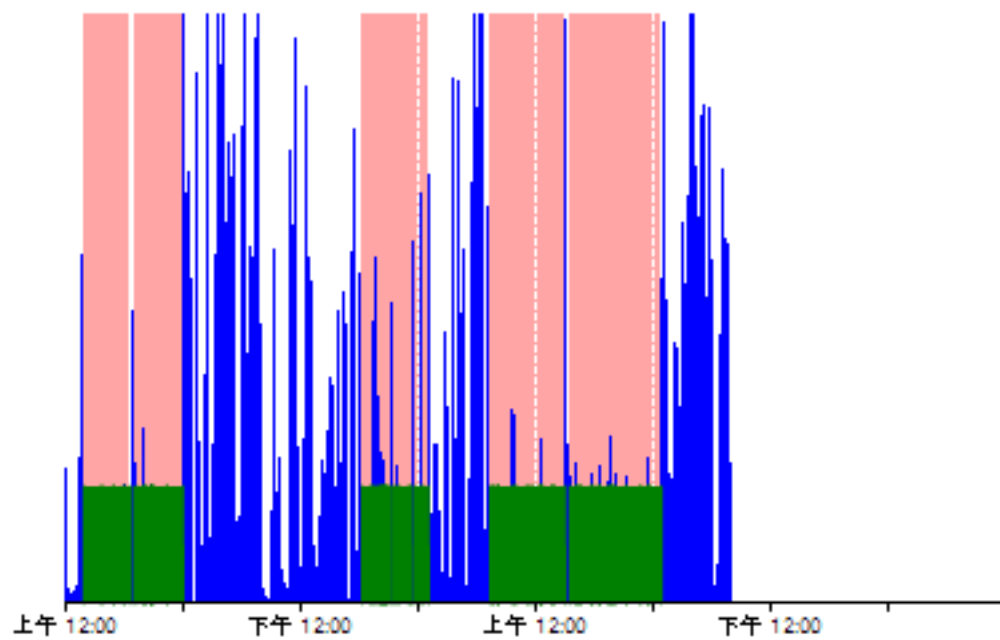
Data End: 2017/6/22 09:59:00

Device Serial: TAS1F36160420
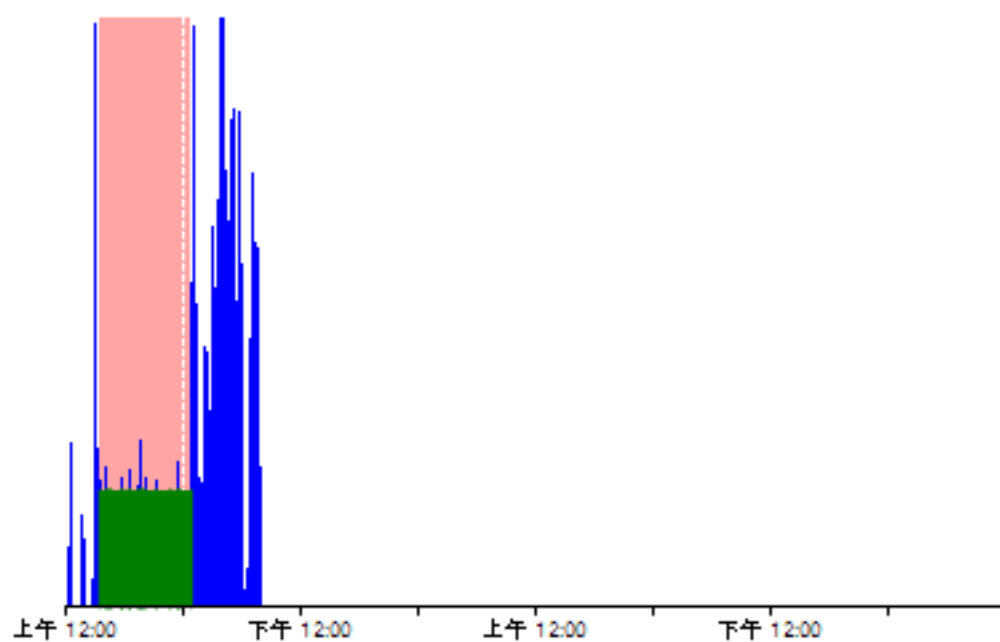
2017/6/20

上午 12:00　　下午 12:00　　上午 12:00　　下午 12:00

2017/6/21

上午 12:00　　下午 12:00　　上午 12:00　　下午 12:00

2017/6/22

上午 12:00　　下午 12:00　　上午 12:00　　下午 12:00

Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

In Bed	Out Bed	Latency (min)	Efficiency	Total Time in Bed (min)	Total Sleep Time (TST) (min)	Wake After Sleep Onset (WASO)	# of Awakenings	Avg Awakening (min)
2017/6/20 06:33	2017/6/20 07:59	0	87.21%	86	75	11	3	3.67
2017/6/20 08:47	2017/6/20 10:32	0	87.62%	105	92	13	8	1.63
2017/6/20 10:43	2017/6/21 12:42	0	92.44%	119	110	9	6	1.5
2017/6/21 12:55	2017/6/21 03:20	0	97.93%	145	142	3	3	1
2017/6/21 03:36	2017/6/21 05:59	0	93.01%	143	133	10	6	1.67
2017/6/21 03:09	2017/6/21 06:32	0	71.43%	203	145	58	13	4.46
2017/6/21 09:41	2017/6/22 01:29	0	92.11%	228	210	18	12	1.5
2017/6/22 01:44	2017/6/22 06:25	0	92.88%	281	261	20	15	1.33
10:08	**09:52**	**0**	**89.33%**	**163.75**	**146**	**17.75**	**8.25**	**2.15**