

ActiGraph Sleep Report

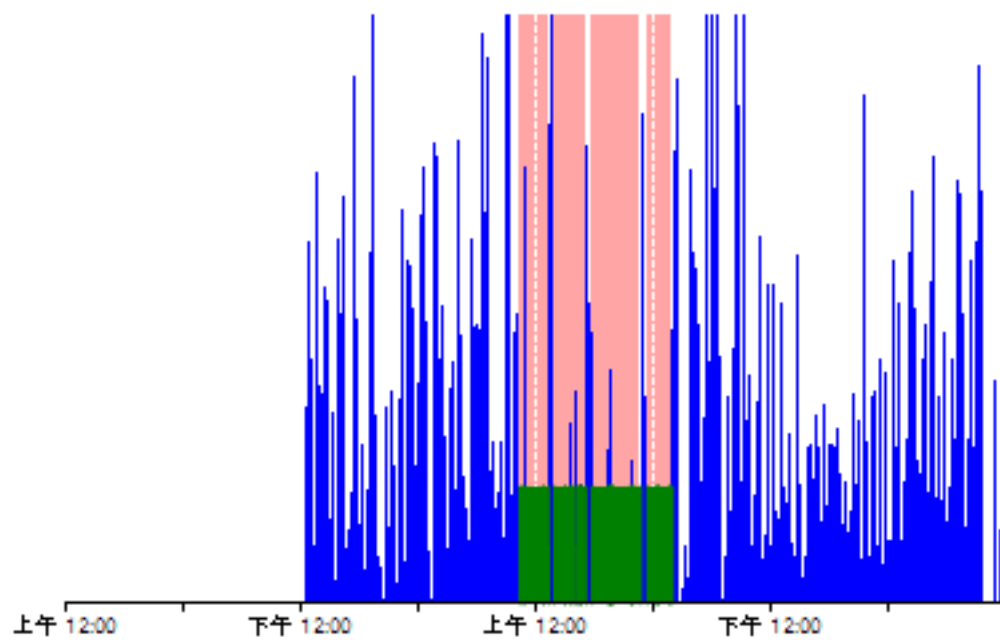
Name: GLYH1419082U

Data Start: 2017/5/9 12:19:00

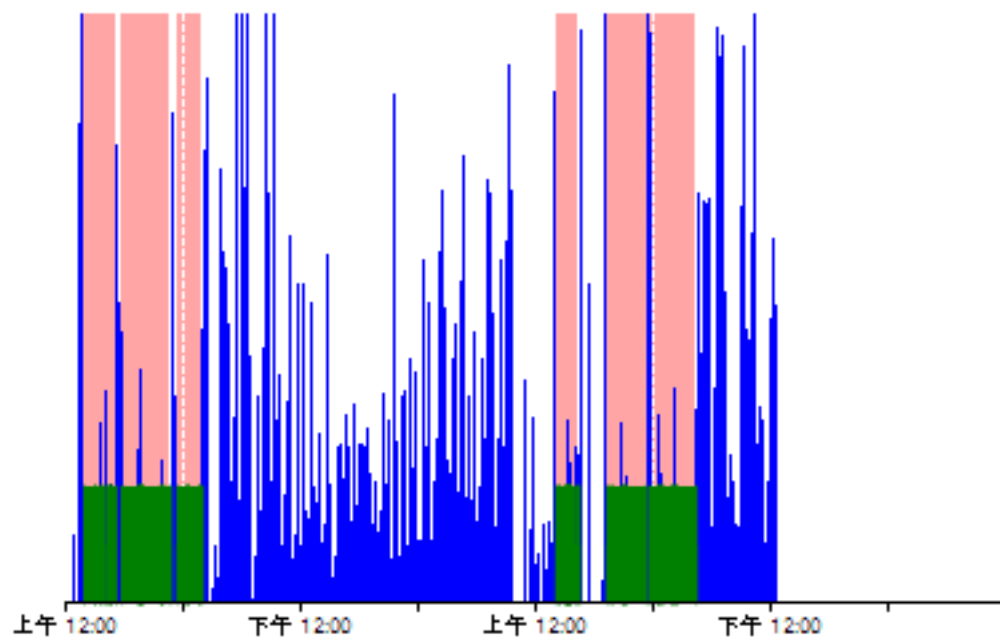
Data End: 2017/5/11 12:19:00

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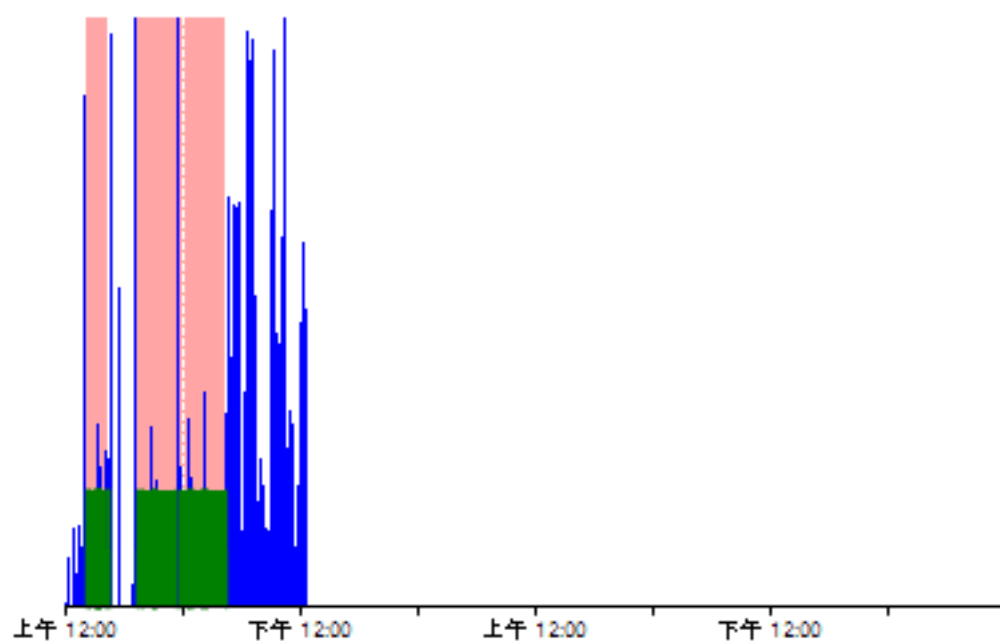
2017/5/9



2017/5/10



2017/5/11



Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

In Bed	Out Bed	Latency (min)	Efficiency	Total Time in Bed (min)	Total Sleep Time (TST) (min)	Wake After Sleep Onset (WASO)	# of Awakenings	Avg Awakening (min)
2017/5/9 11:14	2017/5/10 12:40	0	90.7%	86	78	8	2	4
2017/5/10 12:58	2017/5/10 02:34	0	84.38%	96	81	15	5	3
2017/5/10 02:54	2017/5/10 05:22	0	90.54%	148	134	14	6	2.33
2017/5/10 05:42	2017/5/10 06:59	0	96.1%	77	74	3	3	1
2017/5/11 01:03	2017/5/11 02:14	0	80.28%	71	57	14	8	1.75
2017/5/11 03:39	2017/5/11 05:40	0	95.04%	121	115	6	4	1.5
2017/5/11 05:54	2017/5/11 08:12	0	91.3%	138	126	12	6	2
02:46	04:31	0	89.76%	105.29	95	10.29	4.86	2.12