ActiGraph Sleep Report

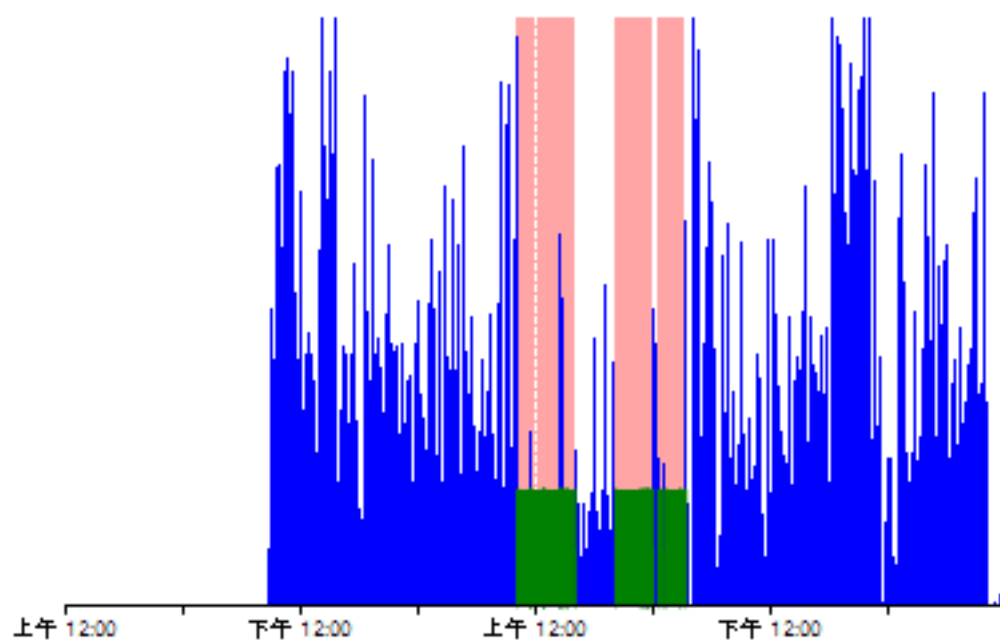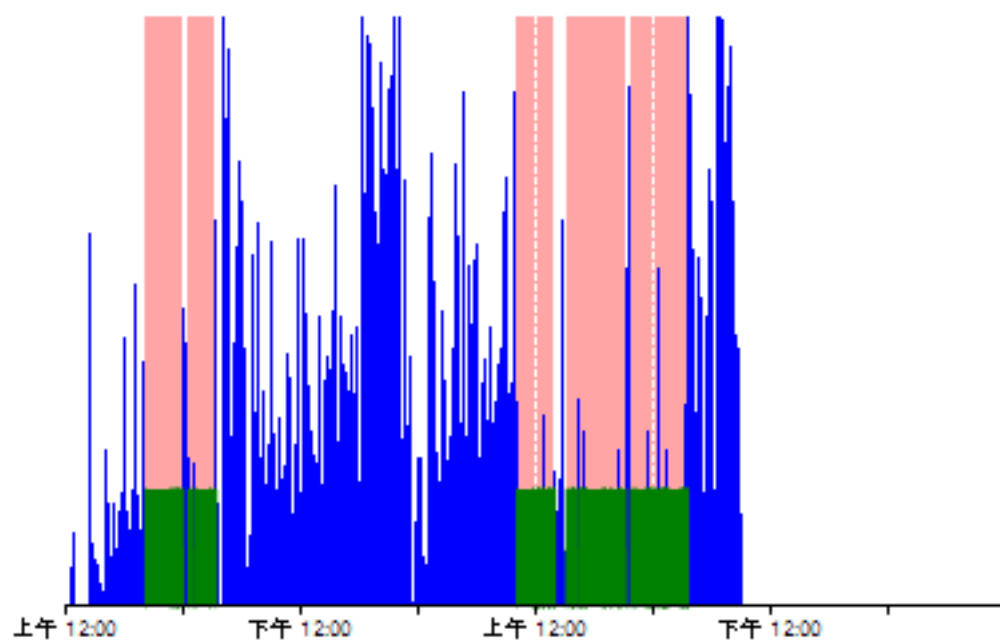## Name: GYCK1110740O

Data Start: 2017/5/23 10:21:00

Data End: 2017/5/25 10:29:00

Device Serial: TAS1F36160421
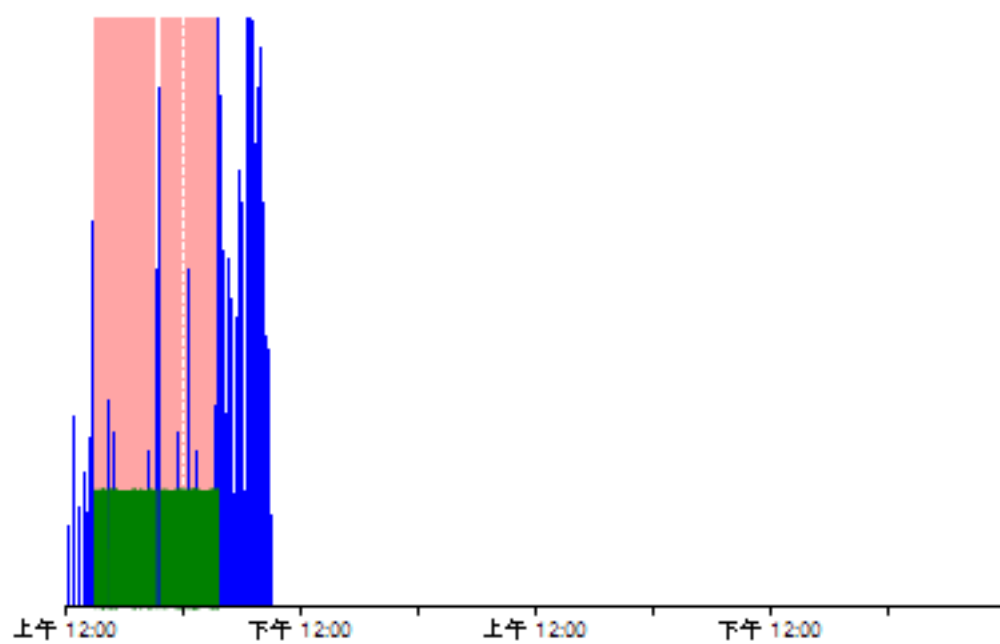
2017/5/23

2017/5/24

2017/5/25

Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

In Bed	Out Bed	Latency (min)	Efficiency	Total Time in Bed (min)	Total Sleep Time (TST) (min)	Wake After Sleep Onset (WASO)	# of Awakenings	Avg Awakening (min)
2017/5/23 11:05	2017/5/24 02:01	0	90.91%	176	160	16	8	2
2017/5/24 04:06	2017/5/24 05:59	0	88.5%	113	100	13	4	3.25
2017/5/24 06:20	2017/5/24 07:40	0	88.75%	80	71	9	2	4.5
2017/5/24 11:04	2017/5/25 12:58	0	88.6%	114	101	13	8	1.63
2017/5/25 01:34	2017/5/25 04:35	0	87.85%	181	159	22	12	1.83
2017/5/25 04:51	2017/5/25 07:46	0	80.57%	175	141	34	15	2.27
02:30	**04:49**	**0**	**87.53%**	**139.83**	**122**	**17.83**	**8.17**	**2.18**