ActiGraph Sleep Report

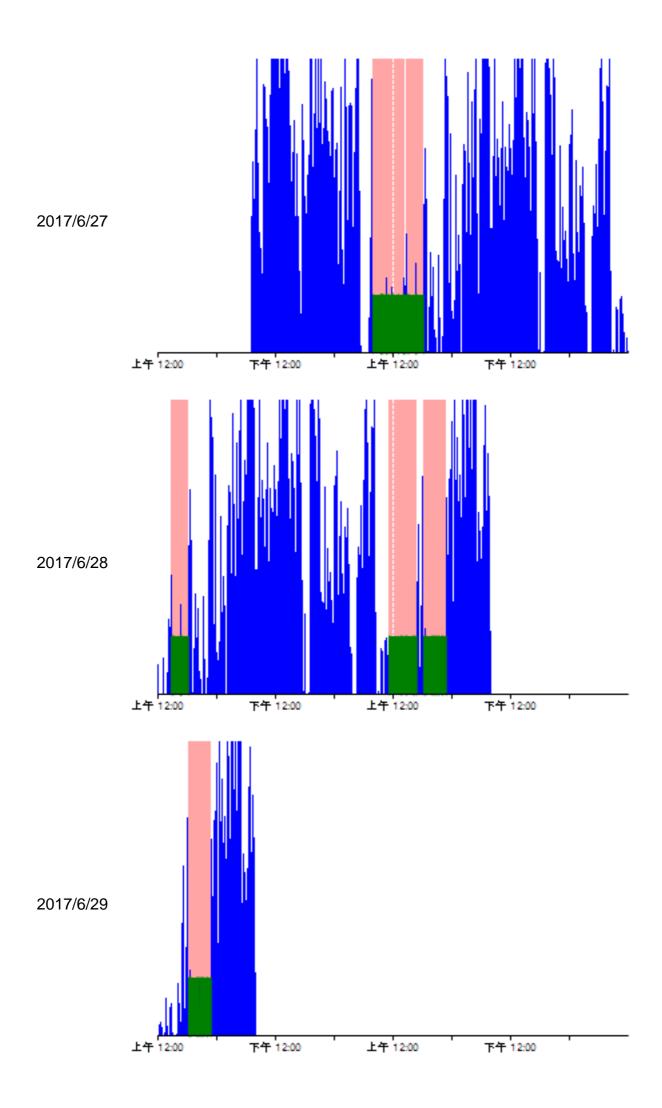
Name: GLYH0920150T

Data Start: 2017/6/27 09:36:00

Data End: 2017/6/29 09:59:00

Weight: 136 lbs

Device Serial: TAS1F36160418



Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

In Bed	Out Bed	Latency (min)	Efficiency	Total Time in Bed (min)	Total Sleep Time (TST) (min)	Wake After Sleep Onset (WASO)	# of Awakenings	Avg Awakening (min)
2017/6/27 09:58	2017/6/28 01:15	0	88.83%	197	175	22	13	1.69
2017/6/28 01:25	2017/6/28 03:06	0	93.07%	101	94	7	4	1.75
2017/6/28 11:35	2017/6/29 02:25	0	94.71%	170	161	9	3	3
2017/6/29 03:11	2017/6/29 05:25	0	82.09%	134	110	24	5	4.8
12:32	03:02	0	89.67%	150.5	135	15.5	6.25	2.48