ActiGraph Sleep Report

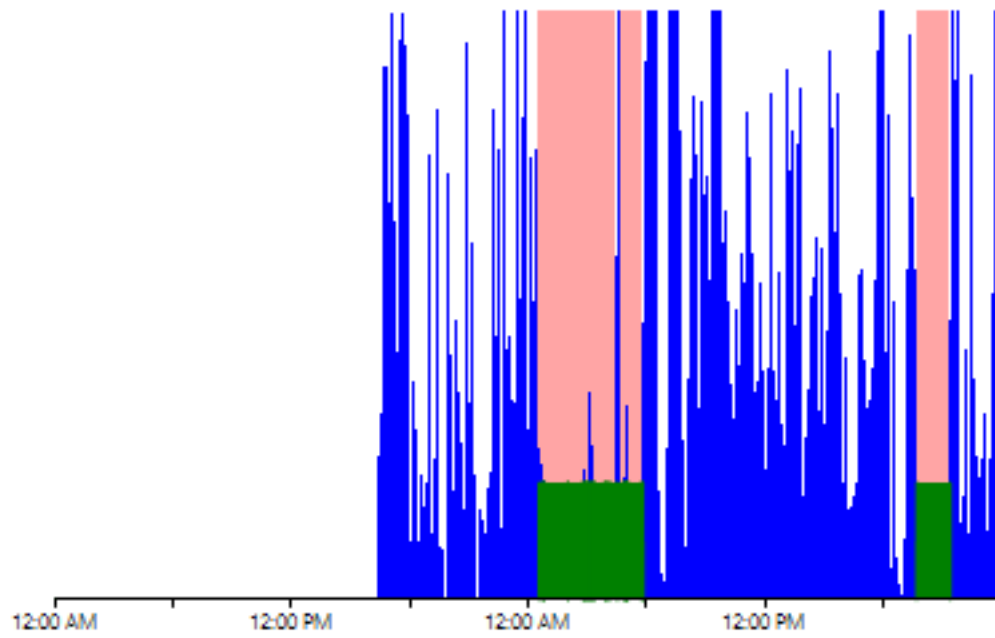## Name: GLYH1113313M

Data Start: 8/11/2017 4:25:00 PM
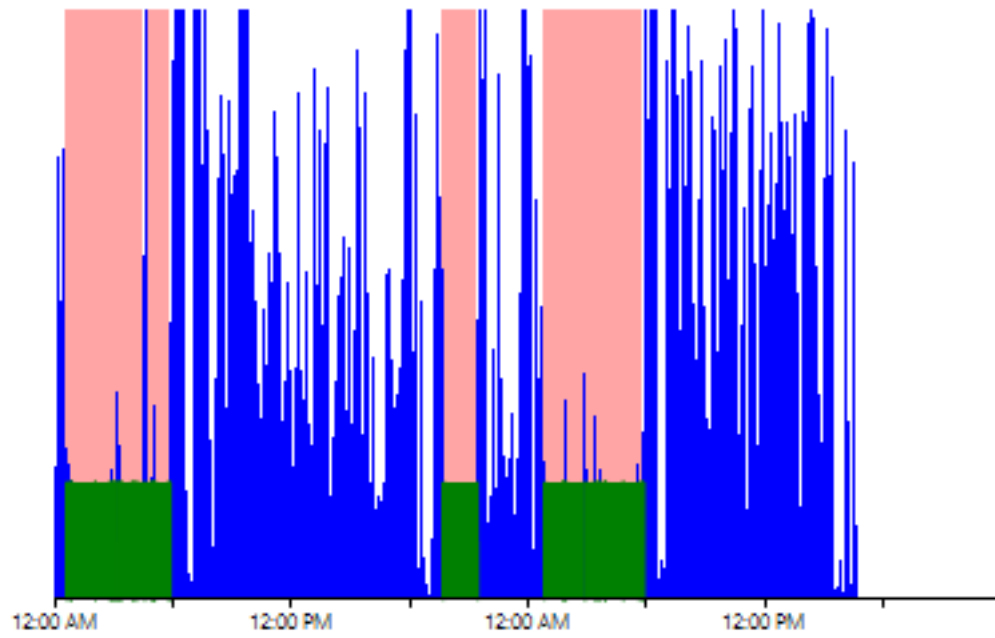
Data End: 10/11/2017 4:40:00 PM

Device Serial: TAS1F36160422
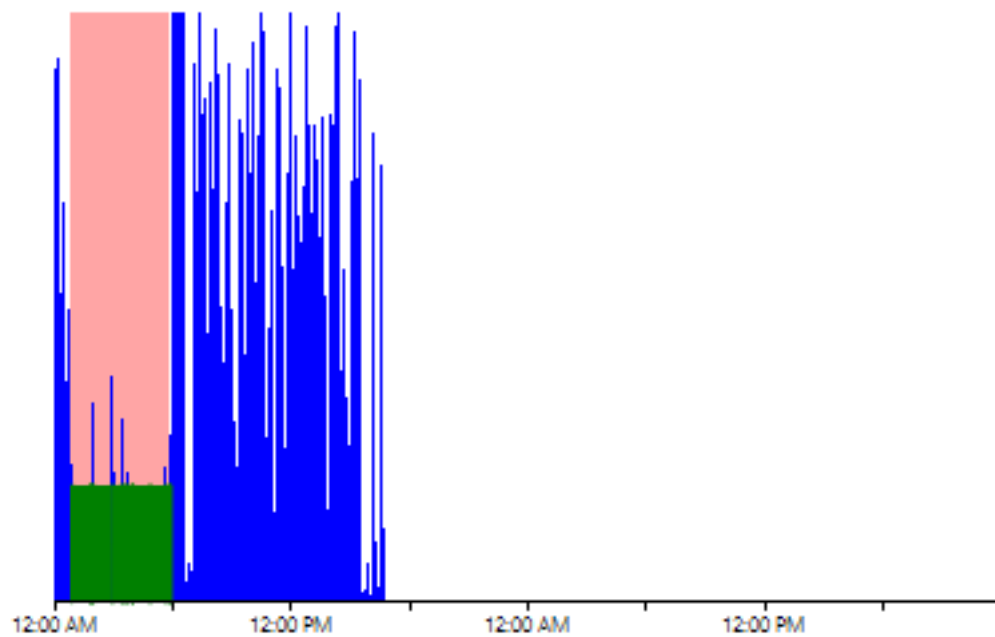
8/11/2017

12:00 AM   12:00 PM   12:00 AM   12:00 PM

9/11/2017

12:00 AM   12:00 PM   12:00 AM   12:00 PM

10/11/2017

12:00 AM   12:00 PM   12:00 AM   12:00 PM

Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

In Bed	Out Bed	Latency (min)	Efficiency	Total Time in Bed (min)	Total Sleep Time (TST) (min)	Wake After Sleep Onset (WASO)	# of Awakenings	Avg Awakening (min)
9/11/2017 12:36 AM	9/11/2017 4:29 AM	0	84.98%	233	198	35	13	2.69
9/11/2017 4:40 AM	9/11/2017 5:51 AM	0	92.96%	71	66	5	5	1
9/11/2017 7:44 PM	9/11/2017 9:27 PM	0	100%	103	103	0	0	0
10/11/2017 12:52 AM	10/11/2017 5:53 AM	0	90.7%	301	273	28	12	2.33
12:28 AM	**9:25 AM**	**0**	**92.16%**	**177**	**160**	**17**	**7.5**	**2.27**