

ActiGraph Sleep Report

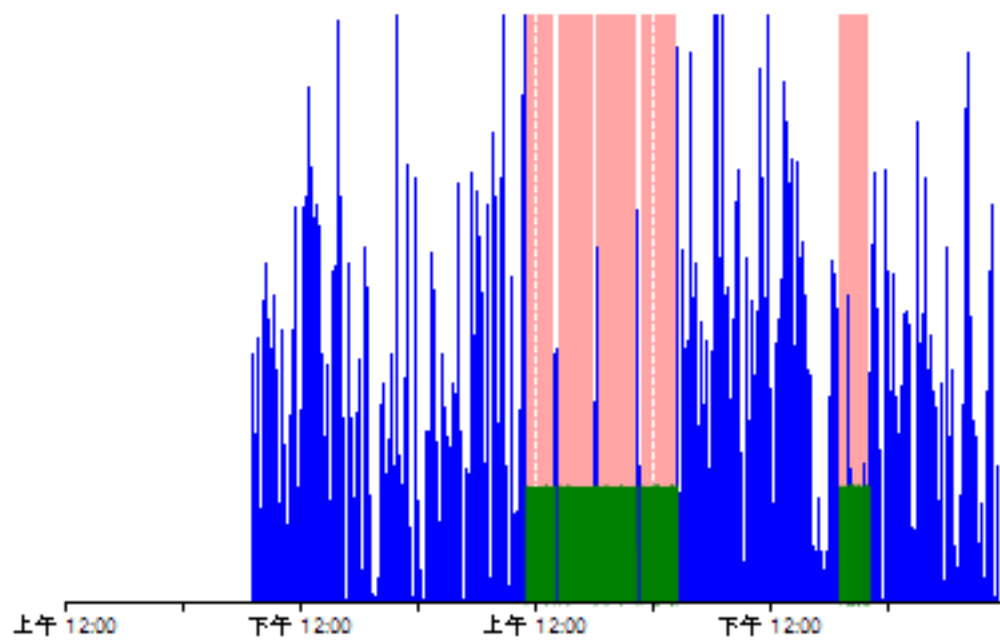
Name: GLYH1518838W

Data Start: 2017/4/19 09:37:00

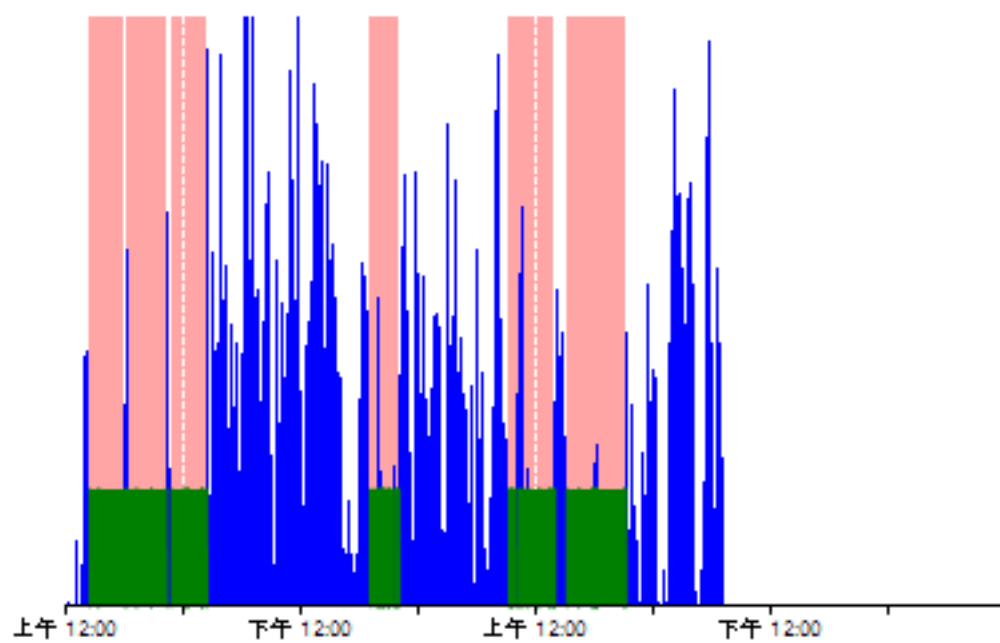
Data End: 2017/4/21 09:36:00

Device Serial: TAS1F36160421

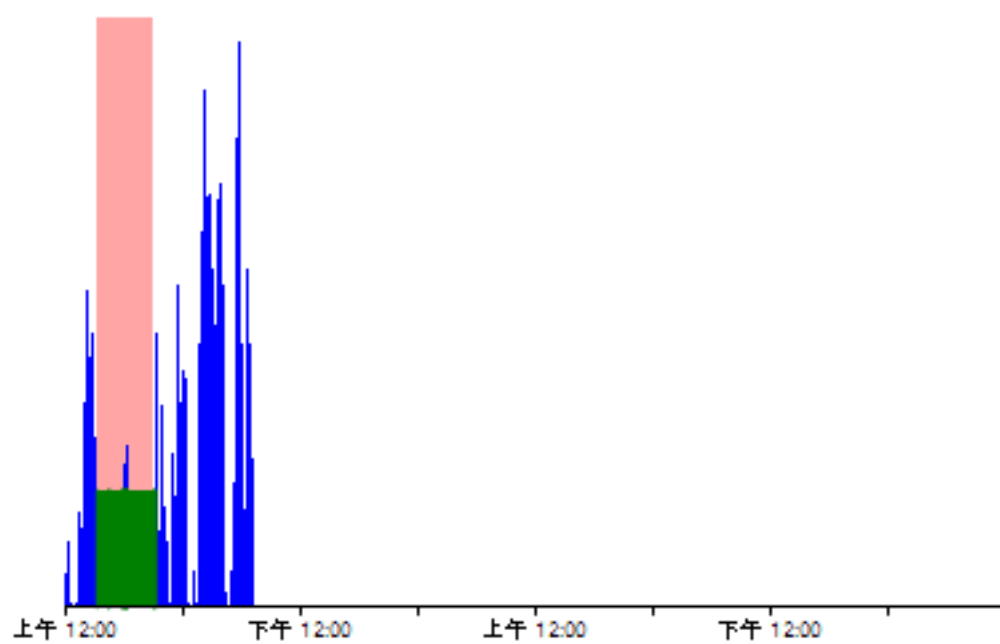
2017/4/19



2017/4/20



2017/4/21



Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

In Bed	Out Bed	Latency (min)	Efficiency	Total Time in Bed (min)	Total Sleep Time (TST) (min)	Wake After Sleep Onset (WASO)	# of Awakenings	Avg Awakening (min)
2017/4/19 11:32	2017/4/20 12:59	0	98.85%	87	86	1	1	1
2017/4/20 01:15	2017/4/20 03:00	0	98.1%	105	103	2	1	2
2017/4/20 03:10	2017/4/20 05:08	0	98.31%	118	116	2	2	1
2017/4/20 05:24	2017/4/20 07:13	0	93.58%	109	102	7	5	1.4
2017/4/20 03:36	2017/4/20 05:00	0	66.67%	84	56	28	8	3.5
2017/4/20 10:39	2017/4/21 12:59	0	77.14%	140	108	32	9	3.56
2017/4/21 01:36	2017/4/21 04:34	0	93.26%	178	166	12	7	1.71
12:10	05:33	0	89.41%	117.29	105.29	12	4.71	2.55