

ActiGraph Sleep Report

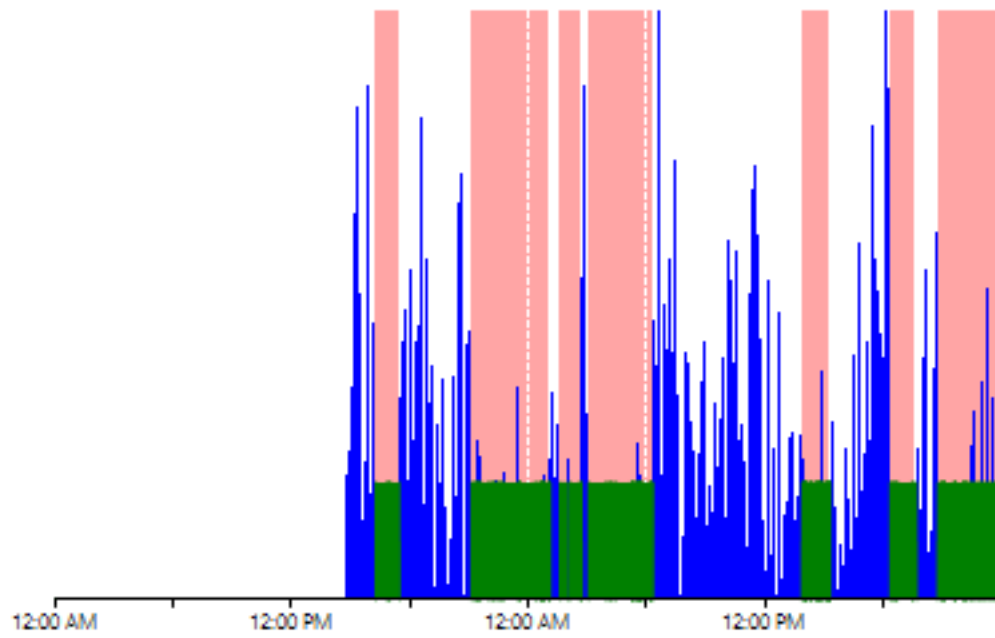
Name: GLYH1320536U

Data Start: 10/10/2017 2:51:00 PM

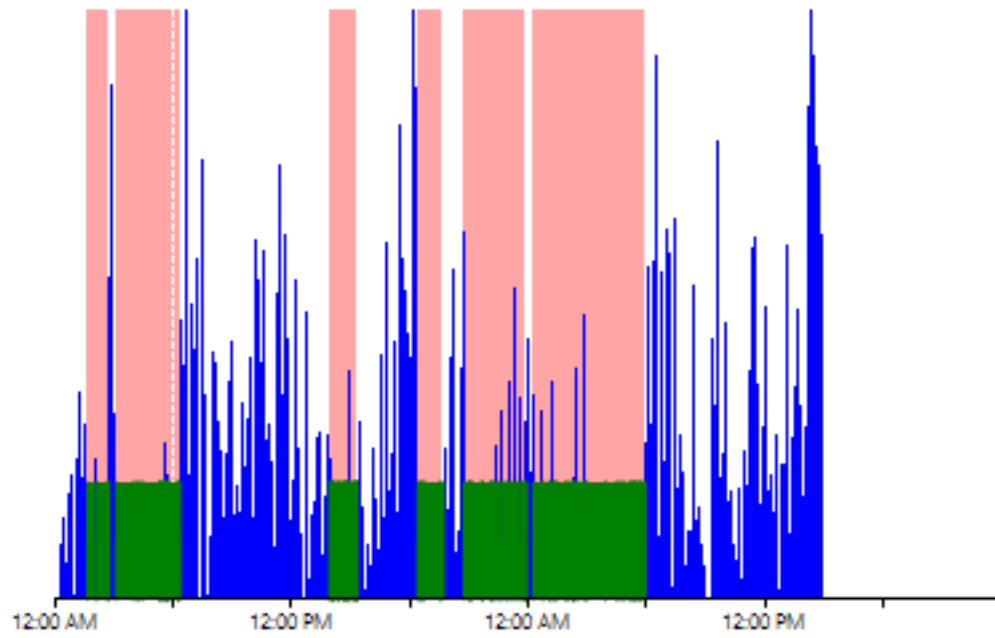
Data End: 12/10/2017 2:59:00 PM

Device Serial: TAS1F36160420

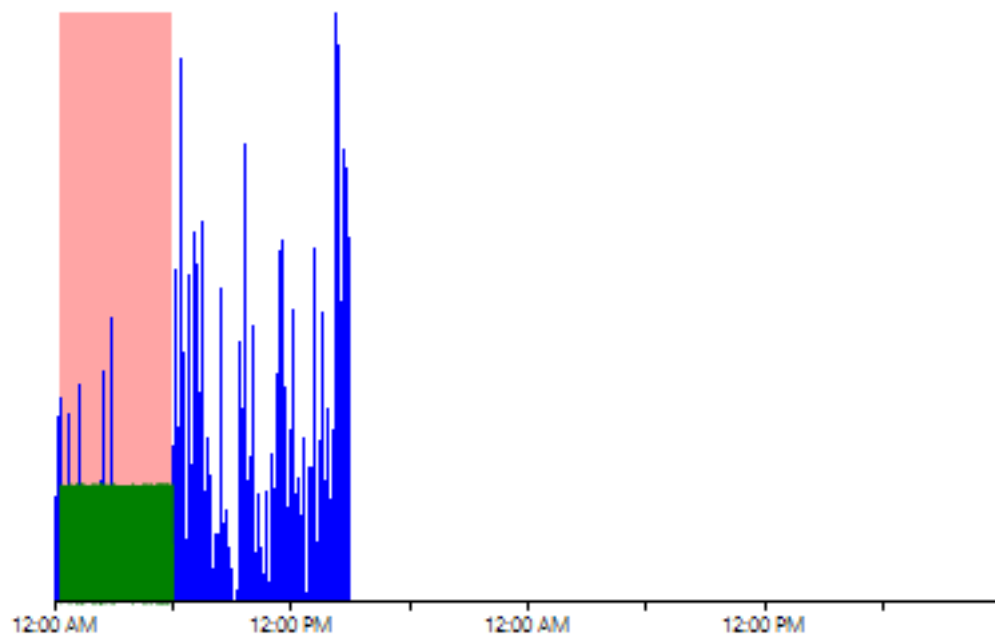
10/10/2017



11/10/2017



12/10/2017



Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

| In Bed | Out Bed | Latency (min) | Efficiency | Total Time in Bed (min) | Total Sleep Time (TST) (min) | Wake After Sleep Onset (WASO) | # of Awakenings | Avg Awakening (min) |
|---------------------|---------------------|---------------|------------|-------------------------|------------------------------|-------------------------------|-----------------|---------------------|
| 10/10/2017 4:17 PM | 10/10/2017 5:28 PM | 0 | 88.73% | 71 | 63 | 8 | 2 | 4 |
| 10/10/2017 9:08 PM | 11/10/2017 1:07 AM | 0 | 85.77% | 239 | 205 | 34 | 17 | 2 |
| 11/10/2017 1:40 AM | 11/10/2017 2:43 AM | 0 | 85.71% | 63 | 54 | 9 | 2 | 4.5 |
| 11/10/2017 3:05 AM | 11/10/2017 6:20 AM | 0 | 90.26% | 195 | 176 | 19 | 13 | 1.46 |
| 11/10/2017 1:55 PM | 11/10/2017 3:20 PM | 0 | 68.24% | 85 | 58 | 27 | 16 | 1.69 |
| 11/10/2017 6:24 PM | 11/10/2017 7:43 PM | 0 | 84.81% | 79 | 67 | 12 | 4 | 3 |
| 11/10/2017 8:49 PM | 11/10/2017 11:56 PM | 0 | 73.8% | 187 | 138 | 49 | 16 | 3.06 |
| 12/10/2017 12:20 AM | 12/10/2017 5:58 AM | 0 | 82.84% | 338 | 280 | 58 | 24 | 2.42 |
| 8:57 PM | 11:34 AM | 0 | 82.52% | 157.13 | 130.13 | 27 | 11.75 | 2.3 |