

ActiGraph Sleep Report

Name: GYCK0815713R

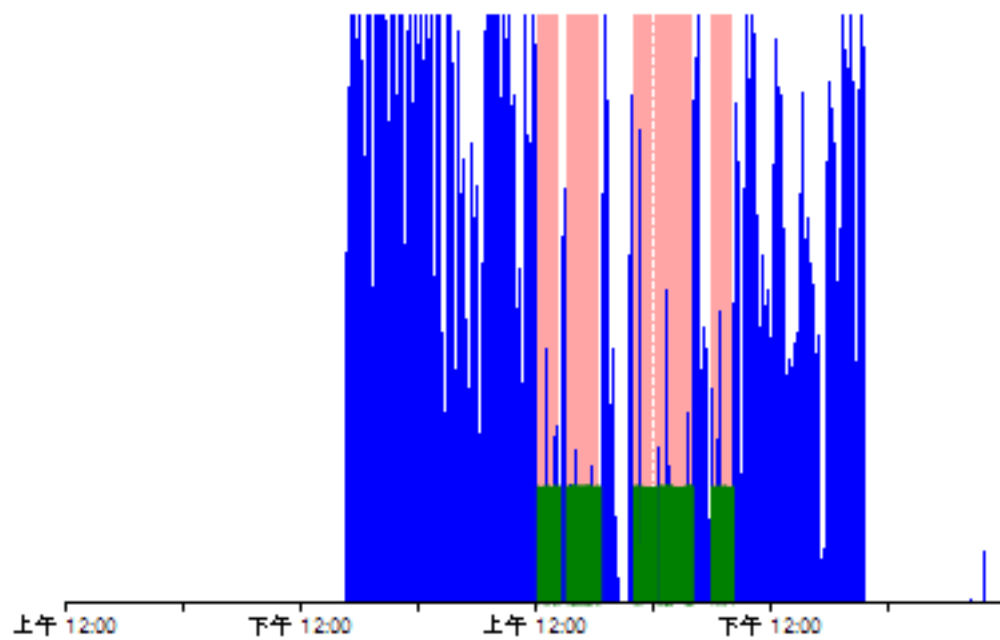
Data Start: 2017/5/29 02:21:00

Data End: 2017/5/31 02:29:00

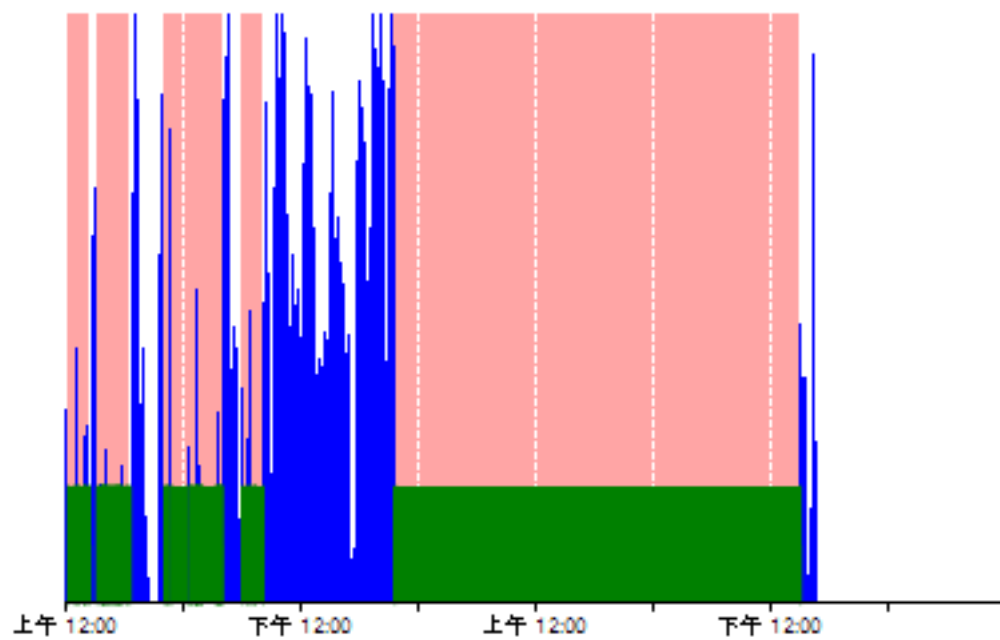
Weight: 137 lbs

Device Serial: TAS1F36160418

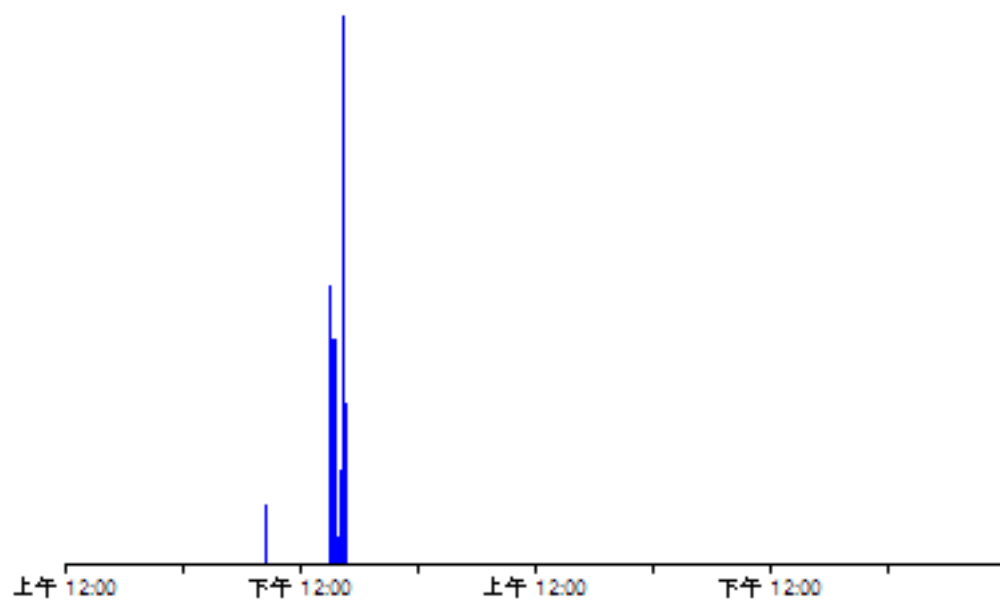
2017/5/29



2017/5/30



2017/5/31



Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

In Bed	Out Bed	Latency (min)	Efficiency	Total Time in Bed (min)	Total Sleep Time (TST) (min)	Wake After Sleep Onset (WASO)	# of Awakenings	Avg Awakening (min)
2017/5/30 12:07	2017/5/30 01:14	0	74.63%	67	50	17	4	4.25
2017/5/30 01:36	2017/5/30 03:18	0	80.39%	102	82	20	12	1.67
2017/5/30 05:03	2017/5/30 08:00	0	76.84%	177	136	41	14	2.93
2017/5/30 09:02	2017/5/30 10:05	0	77.78%	63	49	14	3	4.67
2017/5/30 04:50	2017/5/31 01:31	0	100%	1241	1241	0	0	0
01:43	07:13	0	81.93%	330	311.6	18.4	6.6	2.79