

# ActiGraph Sleep Report

Name: GSTC1212759V

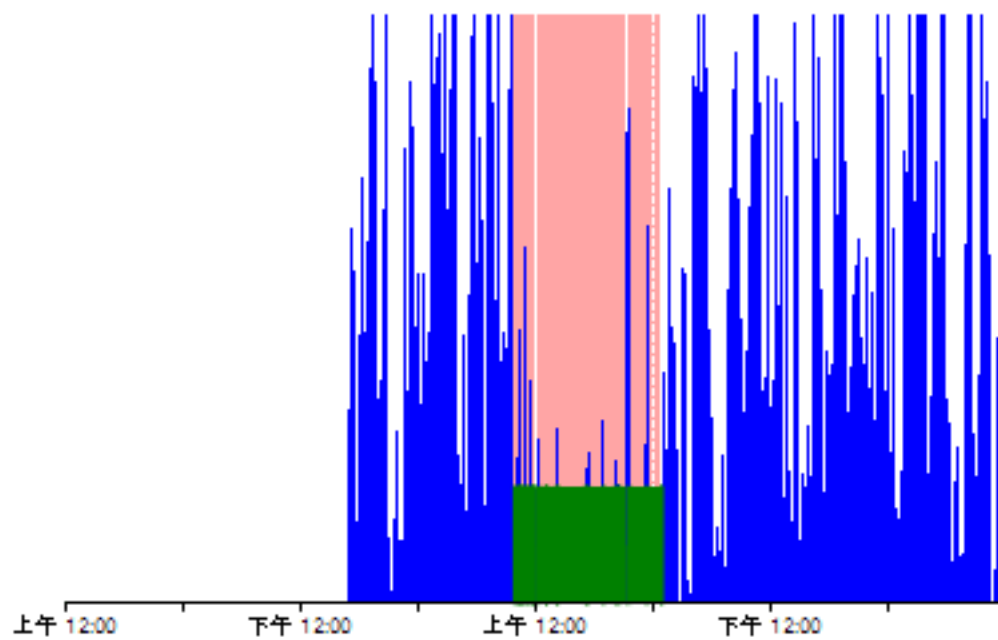
Data Start: 2017/6/14 02:31:00

Data End: 2017/6/16 02:59:00

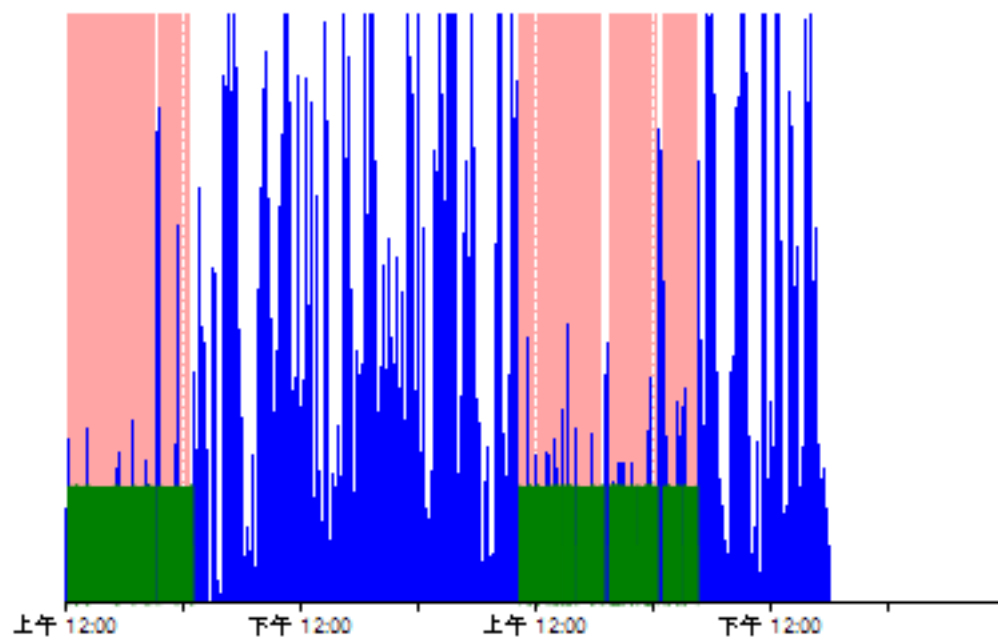
Weight: 136 lbs

Device Serial: TAS1F36160418

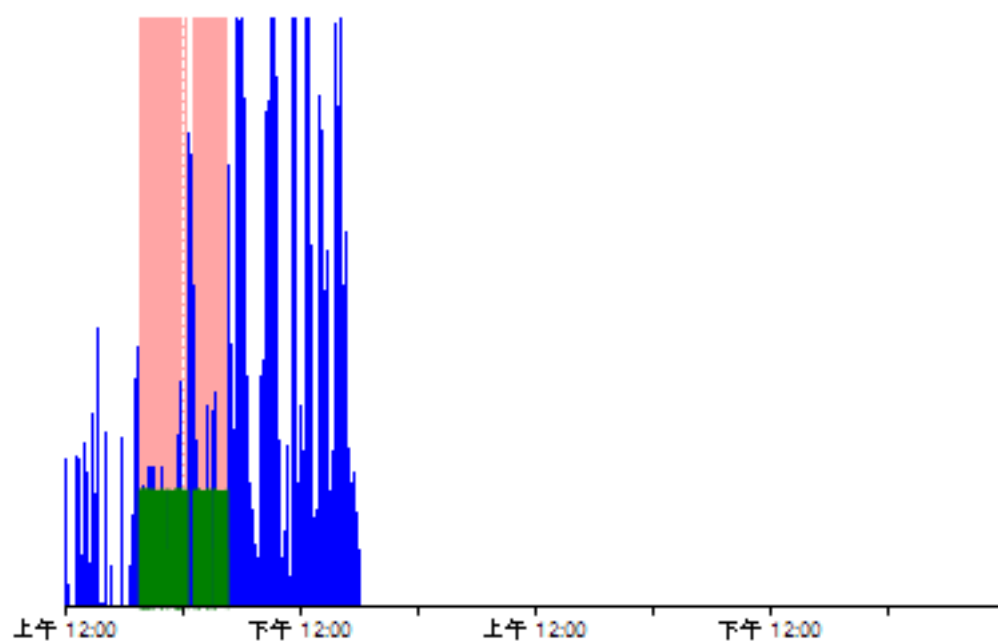
2017/6/14



2017/6/15



2017/6/16



# Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

In Bed	Out Bed	Latency (min)	Efficiency	Total Time in Bed (min)	Total Sleep Time (TST) (min)	Wake After Sleep Onset (WASO)	# of Awakenings	Avg Awakening (min)
2017/6/14 10:53	2017/6/14 11:57	0	51.56%	64	33	31	8	3.88
2017/6/15 12:12	2017/6/15 04:36	0	87.12%	264	230	34	9	3.78
2017/6/15 04:50	2017/6/15 06:28	0	89.8%	98	88	10	2	5
2017/6/15 11:12	2017/6/16 03:28	0	76.56%	256	196	60	17	3.53
2017/6/16 03:47	2017/6/16 06:13	0	76.71%	146	112	34	17	2
2017/6/16 06:35	2017/6/16 08:15	0	78%	100	78	22	6	3.67
<b>02:14</b>	<b>08:49</b>	<b>0</b>	<b>76.63%</b>	<b>154.67</b>	<b>122.83</b>	<b>31.83</b>	<b>9.83</b>	<b>3.24</b>