ActiGraph Sleep Report

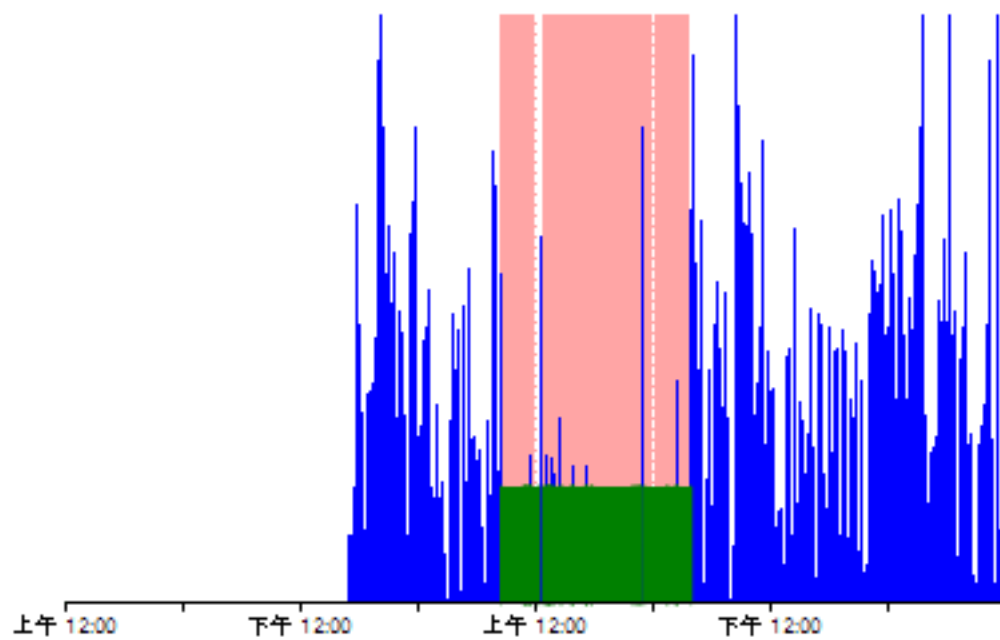## Name: GLYH1420698U

Data Start: 2017/6/21 02:29:00
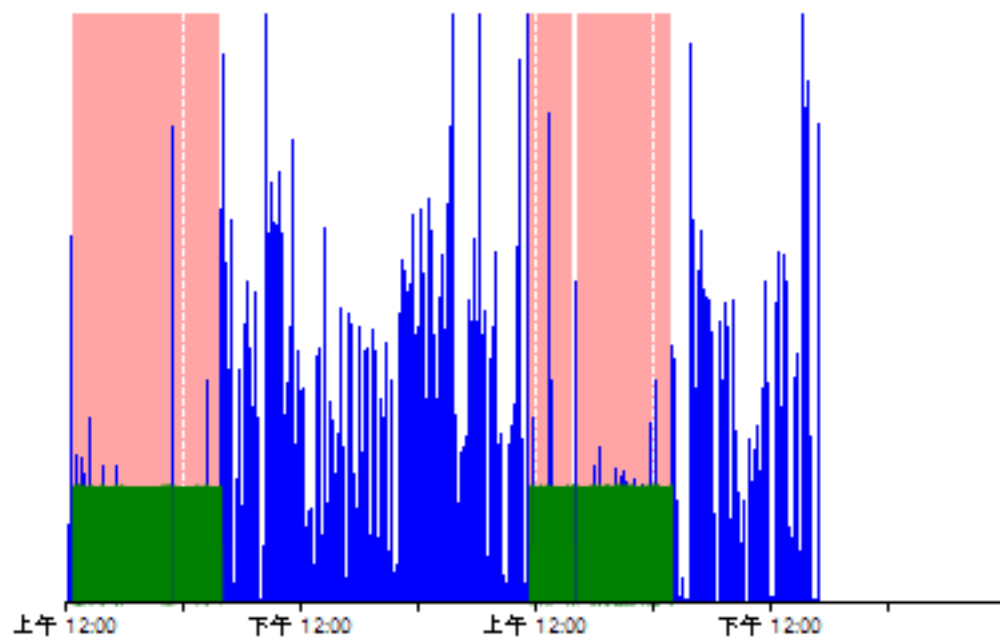
Data End: 2017/6/23 02:29:00

Device Serial: TAS1F36160422
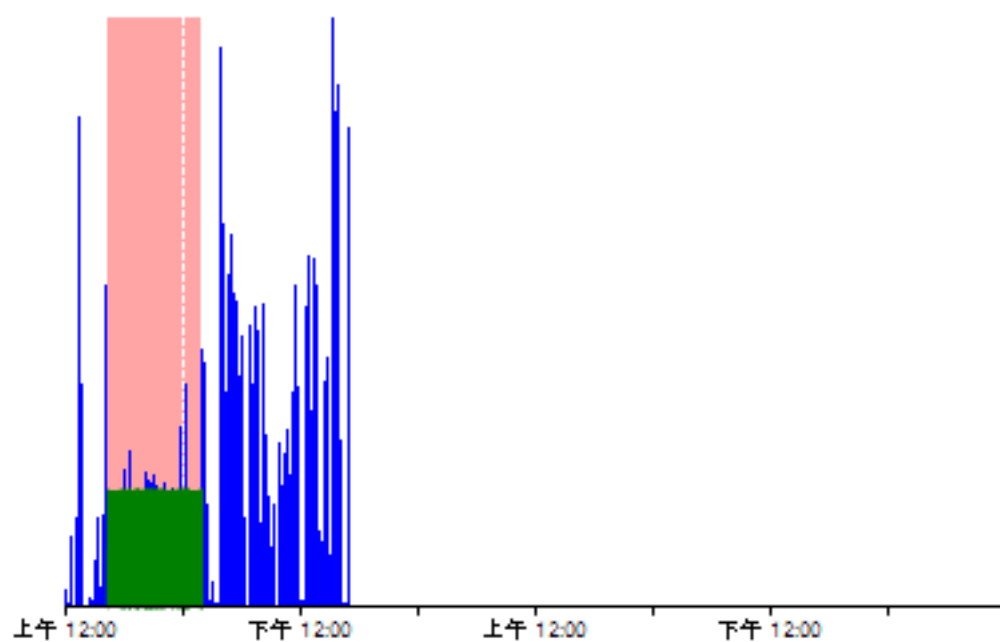
2017/6/21

上午 12:00　　　下午 12:00　　　上午 12:00　　　下午 12:00

2017/6/22

上午 12:00　　　下午 12:00　　　上午 12:00　　　下午 12:00

2017/6/23

上午 12:00　　　下午 12:00　　　上午 12:00　　　下午 12:00

Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

In Bed	Out Bed	Latency (min)	Efficiency	Total Time in Bed (min)	Total Sleep Time (TST) (min)	Wake After Sleep Onset (WASO)	# of Awakenings	Avg Awakening (min)
2017/6/21 10:15	2017/6/22 12:10	0	93.91%	115	108	7	5	1.4
2017/6/22 12:23	2017/6/22 07:56	0	89.4%	453	405	48	18	2.67
2017/6/22 11:44	2017/6/23 01:57	0	84.21%	133	112	21	6	3.5
2017/6/23 02:09	2017/6/23 06:57	0	84.72%	288	244	44	25	1.76
12:07	**04:15**	**0**	**88.06%**	**247.25**	**217.25**	**30**	**13.5**	**2.22**