

ActiGraph Sleep Report

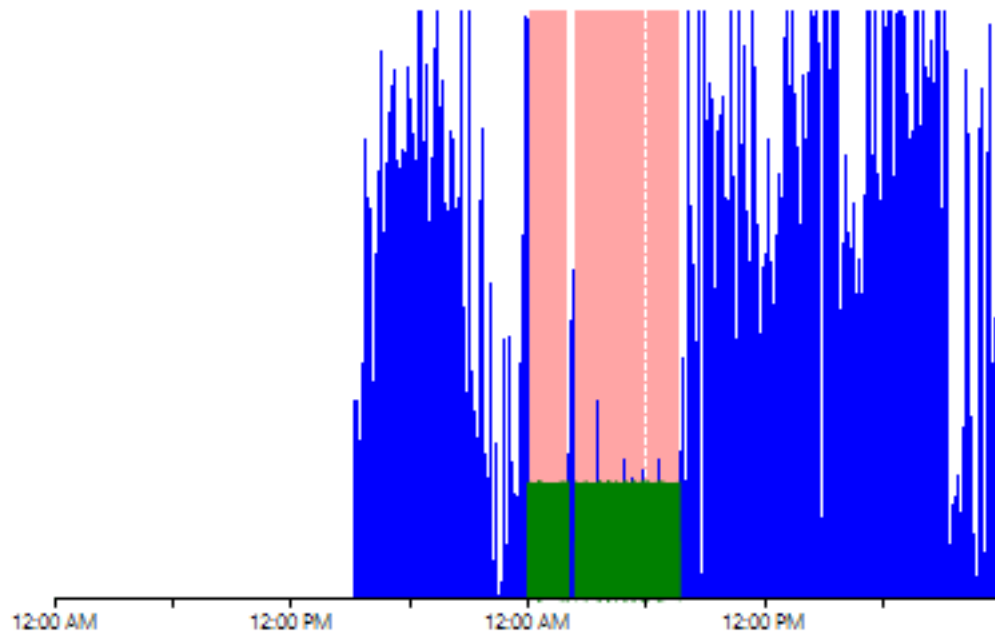
Name: GLYH0826826U

Data Start: 24/10/2017 3:10:00 PM

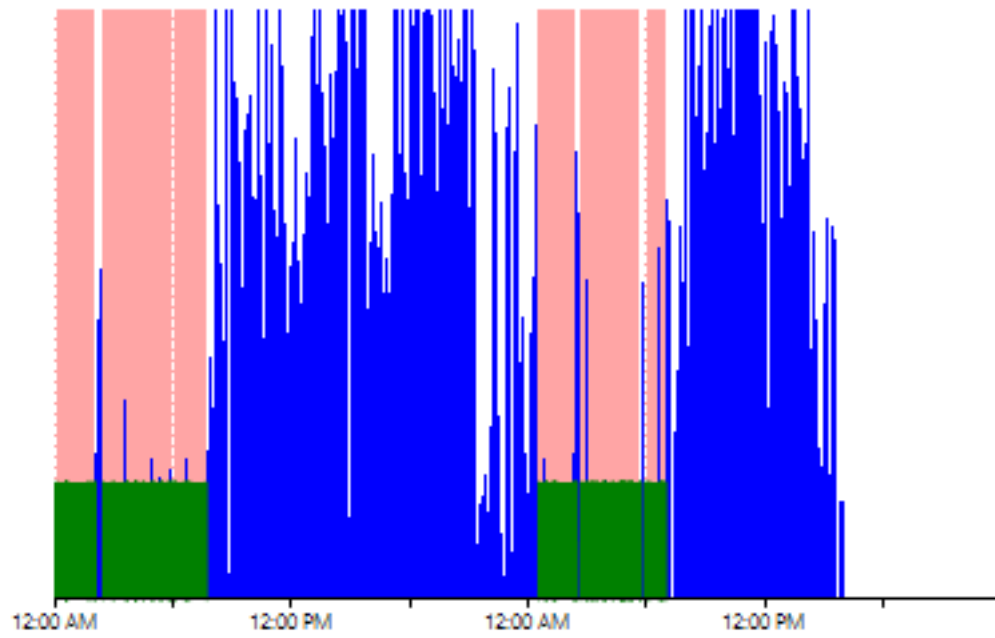
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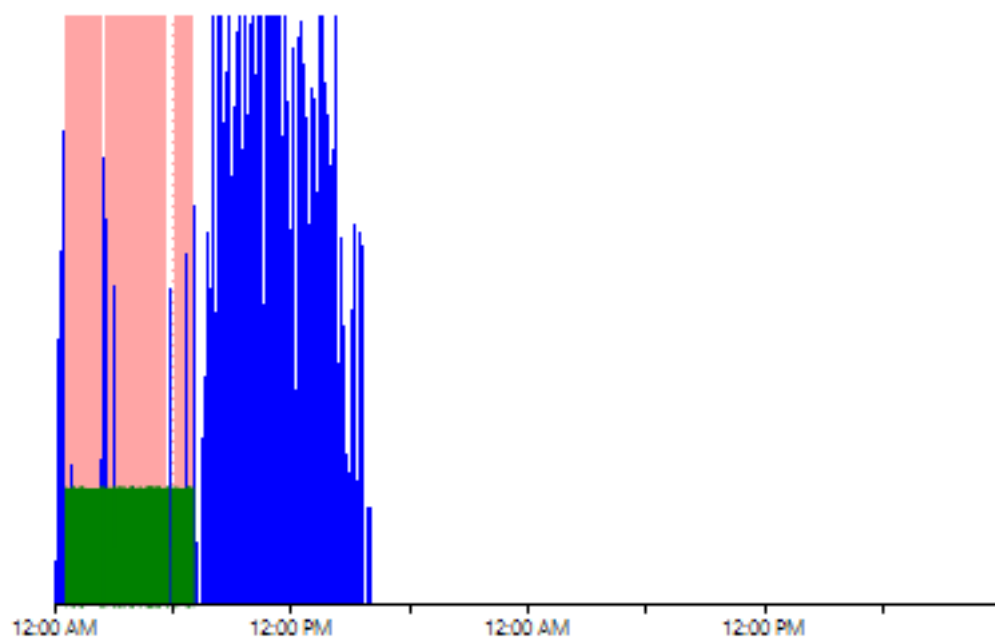
24/10/2017



25/10/2017



26/10/2017



Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

In Bed	Out Bed	Latency (min)	Efficiency	Total Time in Bed (min)	Total Sleep Time (TST) (min)	Wake After Sleep Onset (WASO)	# of Awakenings	Avg Awakening (min)
25/10/2017 12:04 AM	25/10/2017 2:02 AM	0	94.92%	118	112	6	5	1.2
25/10/2017 2:26 AM	25/10/2017 7:41 AM	0	90.48%	315	285	30	18	1.67
26/10/2017 12:34 AM	26/10/2017 2:26 AM	0	93.75%	112	105	7	7	1
26/10/2017 2:39 AM	26/10/2017 5:44 AM	0	84.86%	185	157	28	19	1.47
26/10/2017 5:57 AM	26/10/2017 7:00 AM	0	84.13%	63	53	10	4	2.5
2:20 AM	4:58 AM	0	89.63%	158.6	142.4	16.2	10.6	1.53