

# ActiGraph Sleep Report

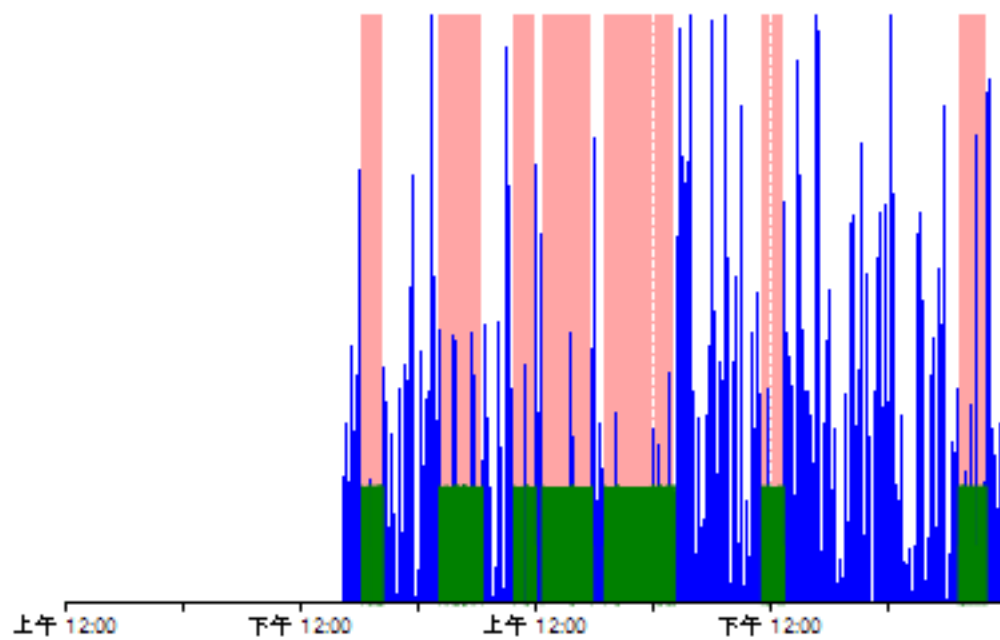
Name: GLYH0413329R

Data Start: 2017/6/14 02:15:00

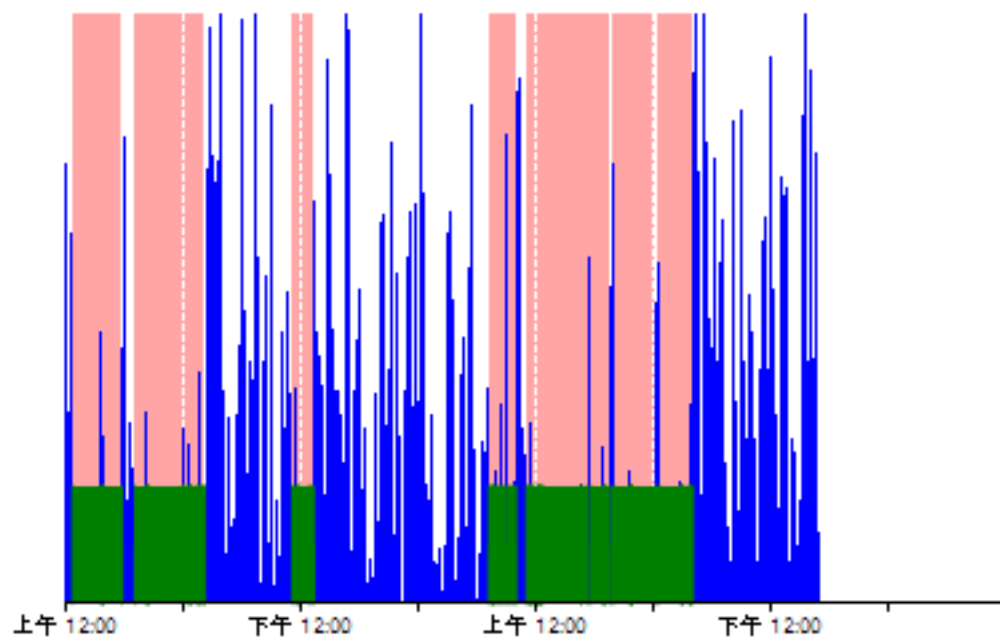
Data End: 2017/6/16 02:29:00

Device Serial: TAS1F36160422

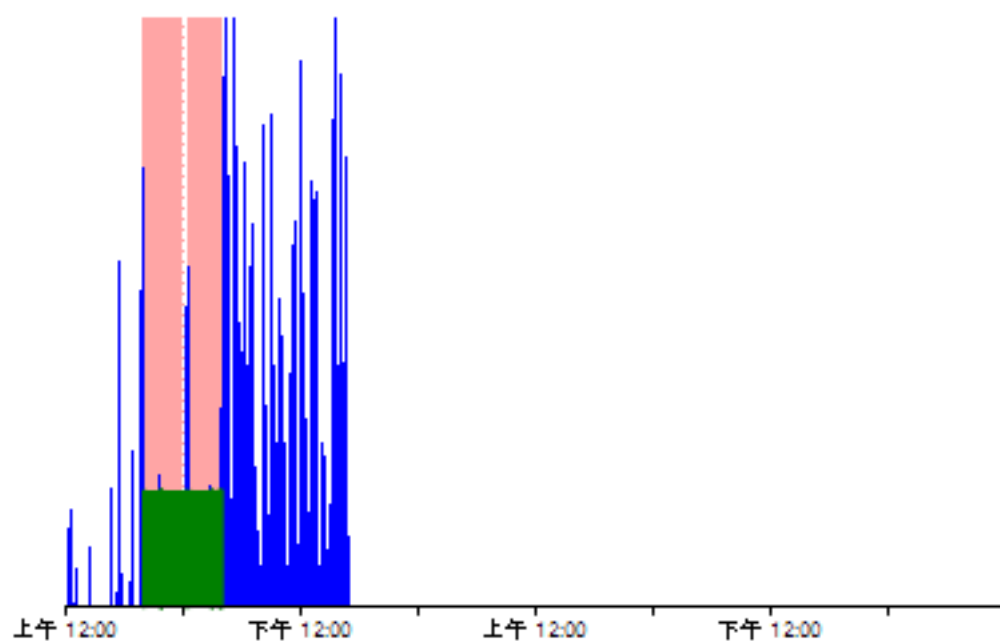
2017/6/14



2017/6/15



2017/6/16



# Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

In Bed	Out Bed	Latency (min)	Efficiency	Total Time in Bed (min)	Total Sleep Time (TST) (min)	Wake After Sleep Onset (WASO)	# of Awakenings	Avg Awakening (min)
2017/6/14 03:09	2017/6/14 04:11	0	67.74%	62	42	20	5	4
2017/6/14 07:07	2017/6/14 09:16	0	79.84%	129	103	26	8	3.25
2017/6/14 10:55	2017/6/14 11:59	0	84.38%	64	54	10	2	5
2017/6/15 12:21	2017/6/15 02:52	0	94.7%	151	143	8	2	4
2017/6/15 03:32	2017/6/15 07:03	0	91%	211	192	19	9	2.11
2017/6/15 11:34	2017/6/15 12:40	0	86.36%	66	57	9	3	3
2017/6/15 09:37	2017/6/15 10:59	0	64.63%	82	53	29	6	4.83
2017/6/15 11:32	2017/6/16 03:47	0	89.8%	255	229	26	11	2.36
2017/6/16 04:01	2017/6/16 06:08	0	97.64%	127	124	3	3	1
2017/6/16 06:19	2017/6/16 07:59	0	92%	100	92	8	4	2
<b>12:48</b>	<b>12:29</b>	<b>0</b>	<b>84.81%</b>	<b>124.7</b>	<b>108.9</b>	<b>15.8</b>	<b>5.3</b>	<b>2.98</b>