

# ActiGraph Sleep Report

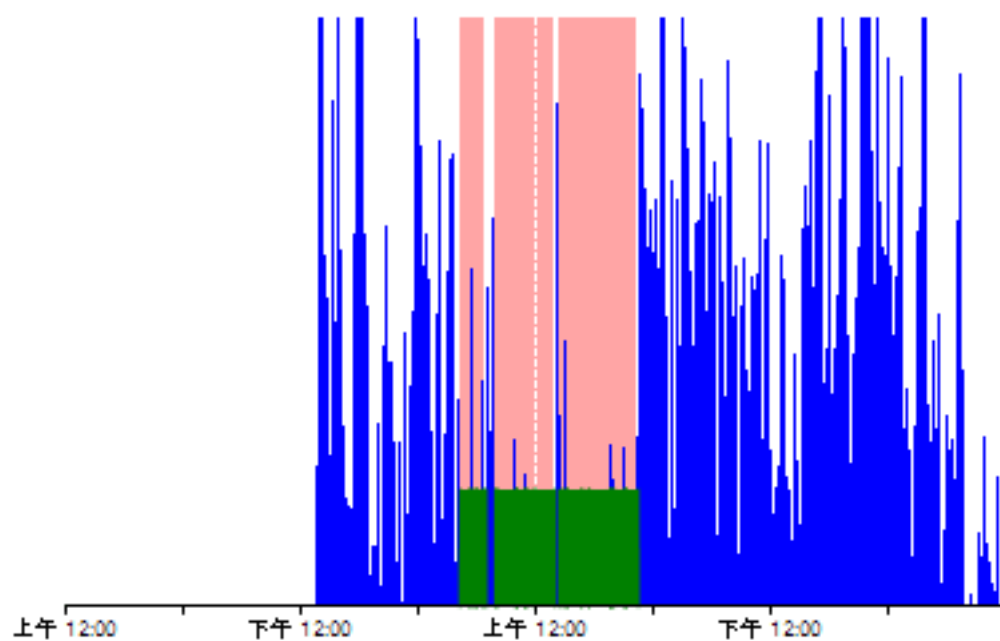
Name: GLYH082047U

Data Start: 2017/5/9 12:50:00

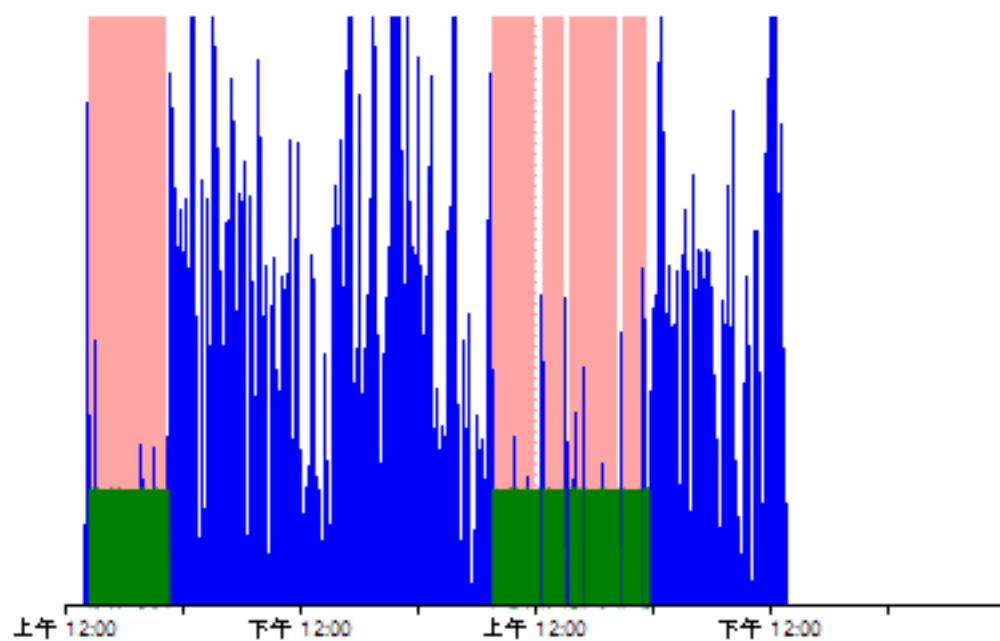
Data End: 2017/5/11 12:50:00

Device Serial: TAS1F36160421

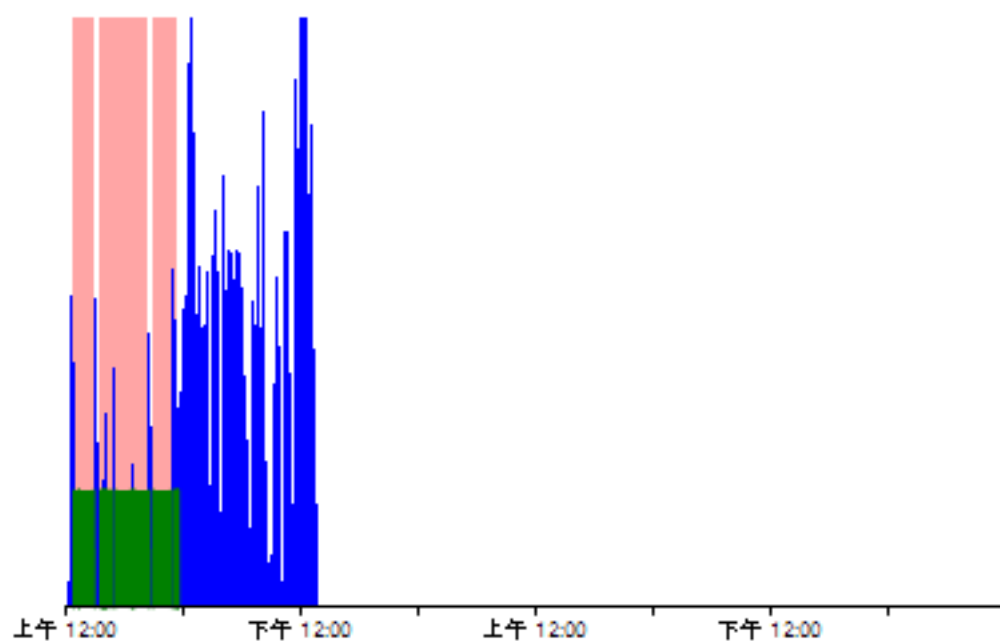
2017/5/9



2017/5/10



2017/5/11



# Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

In Bed	Out Bed	Latency (min)	Efficiency	Total Time in Bed (min)	Total Sleep Time (TST) (min)	Wake After Sleep Onset (WASO)	# of Awakenings	Avg Awakening (min)
2017/5/9 08:08	2017/5/9 09:28	0	80%	80	64	16	4	4
2017/5/9 09:56	2017/5/10 01:00	0	94.02%	184	173	11	6	1.83
2017/5/10 01:16	2017/5/10 05:14	0	93.28%	238	222	16	9	1.78
2017/5/10 09:52	2017/5/11 12:11	0	94.24%	139	131	8	5	1.6
2017/5/11 12:26	2017/5/11 01:27	0	98.36%	61	60	1	1	1
2017/5/11 01:46	2017/5/11 04:16	0	83.33%	150	125	25	7	3.57
2017/5/11 04:27	2017/5/11 05:45	0	78.21%	78	61	17	3	5.67
<b>11:58</b>	<b>05:37</b>	<b>0</b>	<b>88.78%</b>	<b>132.86</b>	<b>119.43</b>	<b>13.43</b>	<b>5</b>	<b>2.69</b>