

ActiGraph Sleep Report

Name: GYCK1519932U

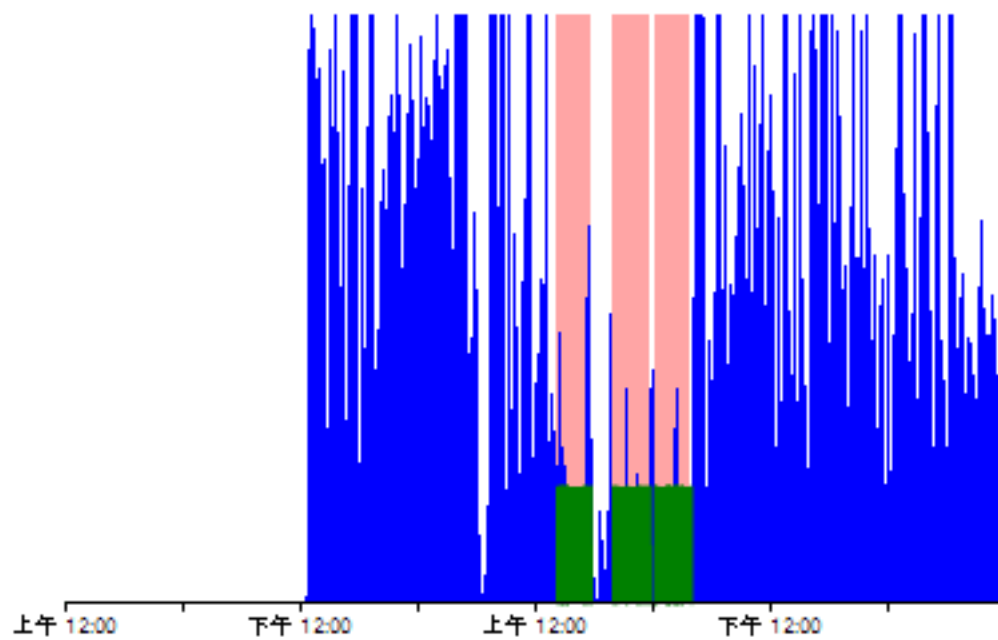
Data Start: 2017/5/2 12:20:00

Data End: 2017/5/4 12:36:00

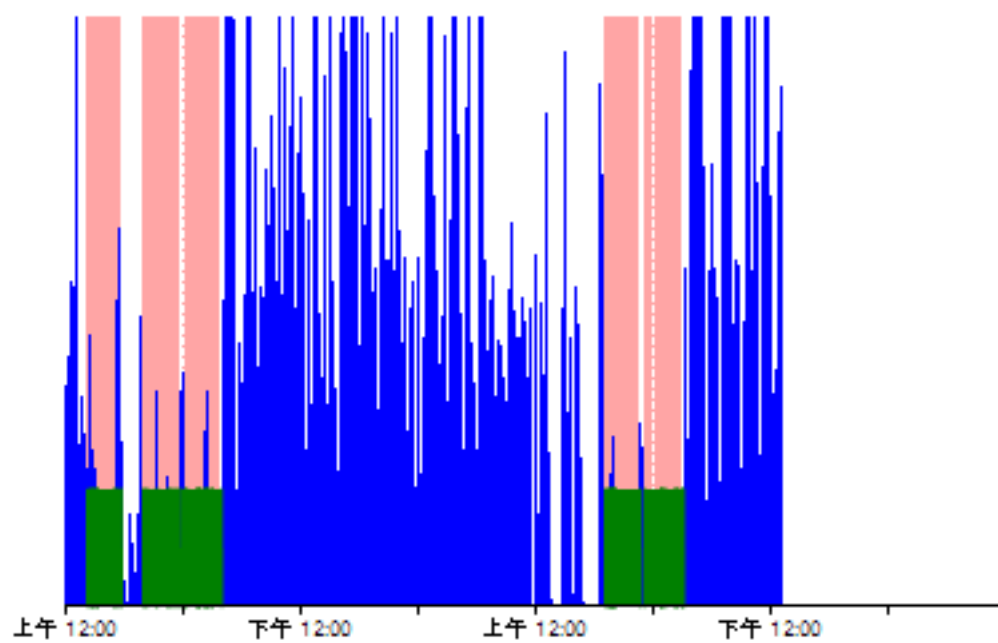
Weight: 135 lbs

Device Serial: TAS1F36160418

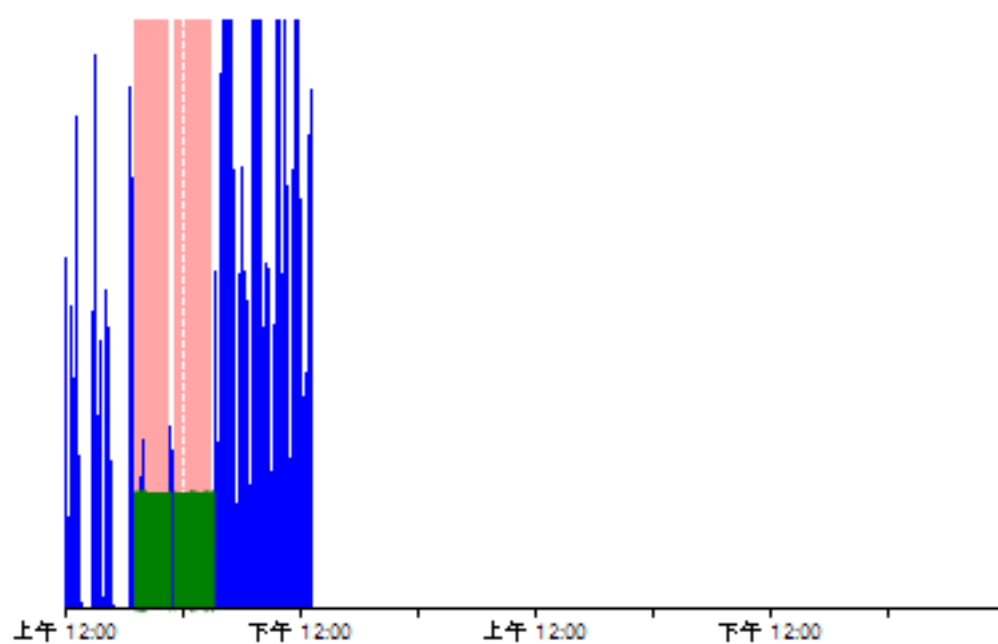
2017/5/2



2017/5/3



2017/5/4



Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

In Bed	Out Bed	Latency (min)	Efficiency	Total Time in Bed (min)	Total Sleep Time (TST) (min)	Wake After Sleep Onset (WASO)	# of Awakenings	Avg Awakening (min)
2017/5/3 01:09	2017/5/3 02:51	0	75.49%	102	77	25	6	4.17
2017/5/3 03:57	2017/5/3 05:51	0	91.23%	114	104	10	5	2
2017/5/3 06:04	2017/5/3 07:58	0	85.96%	114	98	16	8	2
2017/5/4 03:34	2017/5/4 05:20	0	84.91%	106	90	16	6	2.67
2017/5/4 05:33	2017/5/4 07:33	0	93.33%	120	112	8	6	1.33
04:03	05:54	0	86.18%	111.2	96.2	15	6.2	2.42