ActiGraph Sleep Report

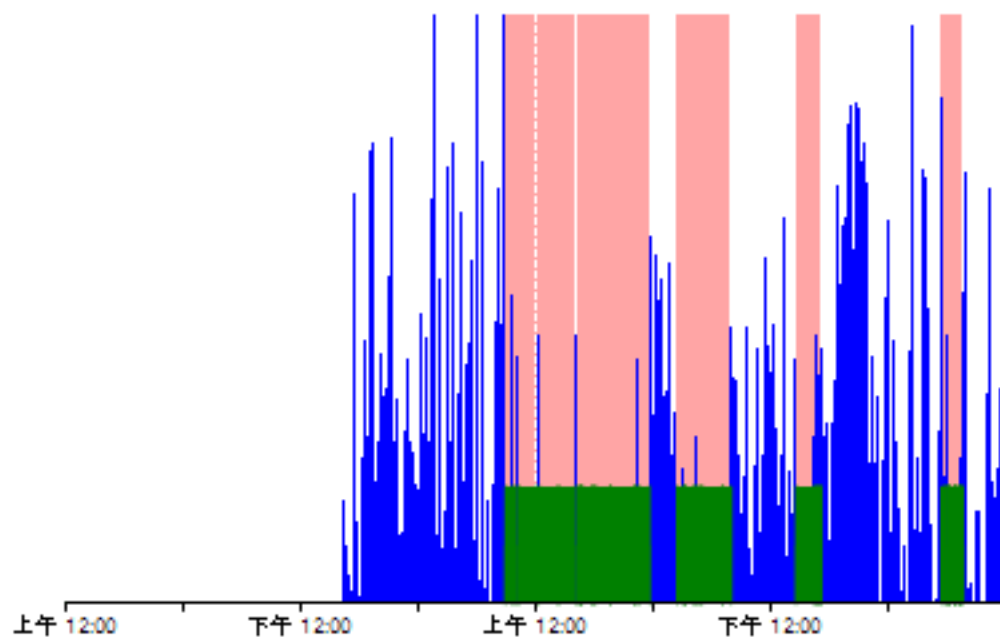## Name: GLYH0724496V

Data Start: 2017/6/13 02:12:00
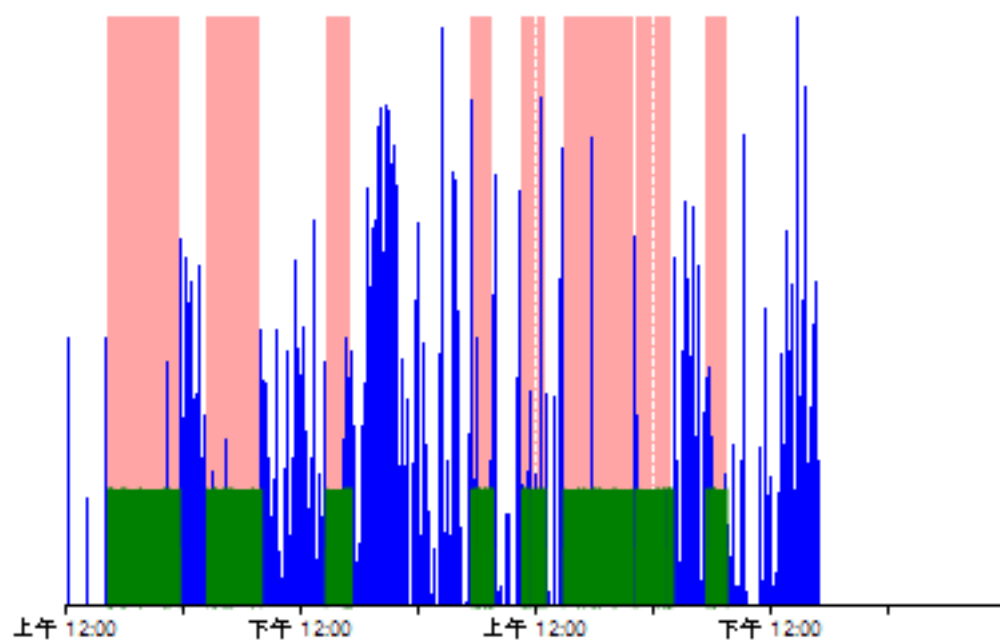
Data End: 2017/6/15 02:29:00

Device Serial: TAS1F36160421
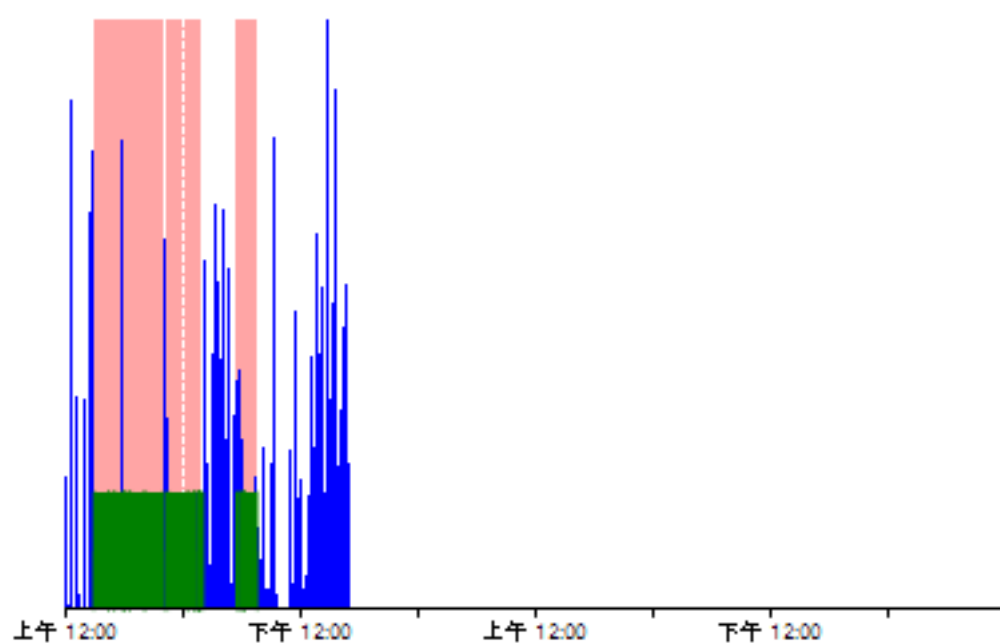
2017/6/13

上午 12:00　　　　下午 12:00　　　　上午 12:00　　　　下午 12:00

2017/6/14

上午 12:00　　　　下午 12:00　　　　上午 12:00　　　　下午 12:00

2017/6/15

上午 12:00　　　　下午 12:00　　　　上午 12:00　　　　下午 12:00

Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

In Bed	Out Bed	Latency (min)	Efficiency	Total Time in Bed (min)	Total Sleep Time (TST) (min)	Wake After Sleep Onset (WASO)	# of Awakenings	Avg Awakening (min)
2017/6/13 10:27	2017/6/14 02:01	0	87.85%	214	188	26	4	6.5
2017/6/14 02:11	2017/6/14 05:49	0	93.12%	218	203	15	7	2.14
2017/6/14 07:14	2017/6/14 09:59	0	84.85%	165	140	25	6	4.17
2017/6/14 01:18	2017/6/14 02:33	0	77.33%	75	58	17	3	5.67
2017/6/14 08:47	2017/6/14 09:49	0	69.35%	62	43	19	7	2.71
2017/6/14 11:20	2017/6/15 12:30	0	65.71%	70	46	24	5	4.8
2017/6/15 01:26	2017/6/15 05:00	0	90.65%	214	194	20	6	3.33
2017/6/15 05:13	2017/6/15 07:00	0	89.72%	107	96	11	5	2.2
2017/6/15 08:45	2017/6/15 09:45	0	85%	60	51	9	3	3
12:57	**08:29**	**0**	**82.62%**	**131.67**	**113.22**	**18.44**	**5.11**	**3.61**