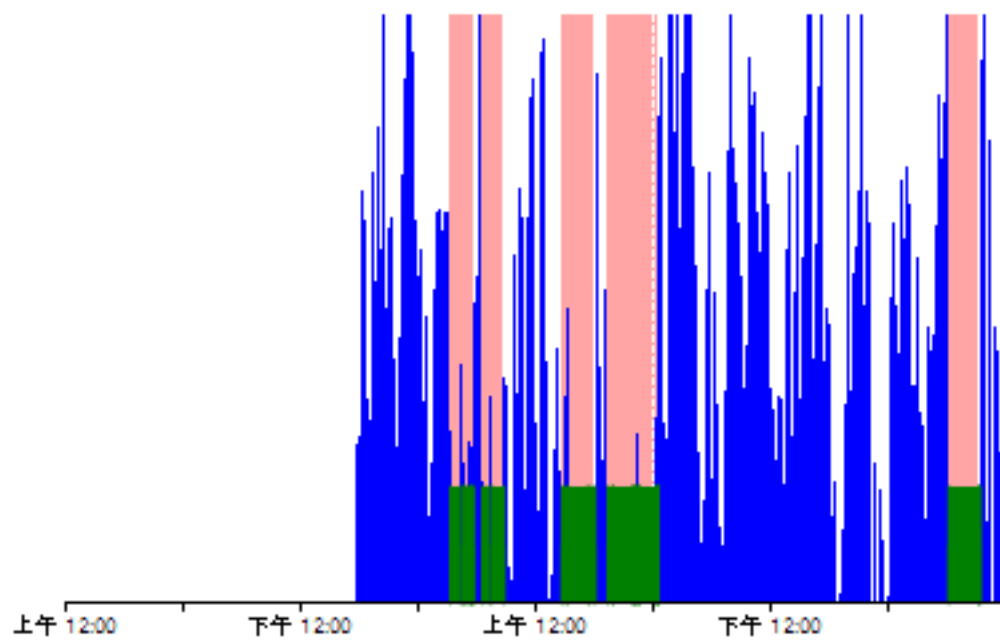# ActiGraph Sleep Report

Name: GYCK0913931V

Data Start: 2017/5/29 02:55:00
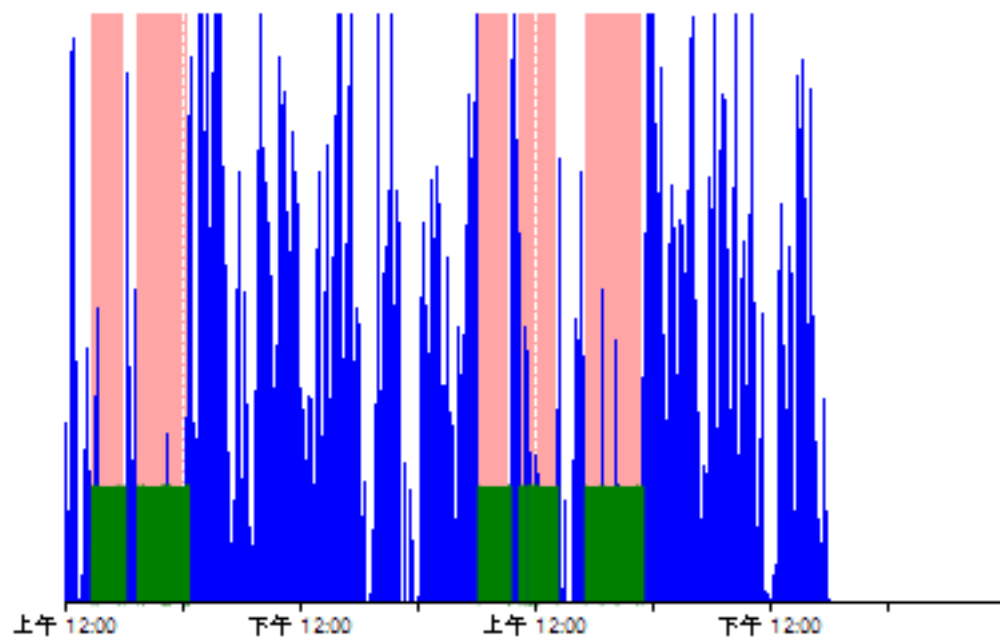
Data End: 2017/5/31 02:59:00

Device Serial: TAS1F36160421
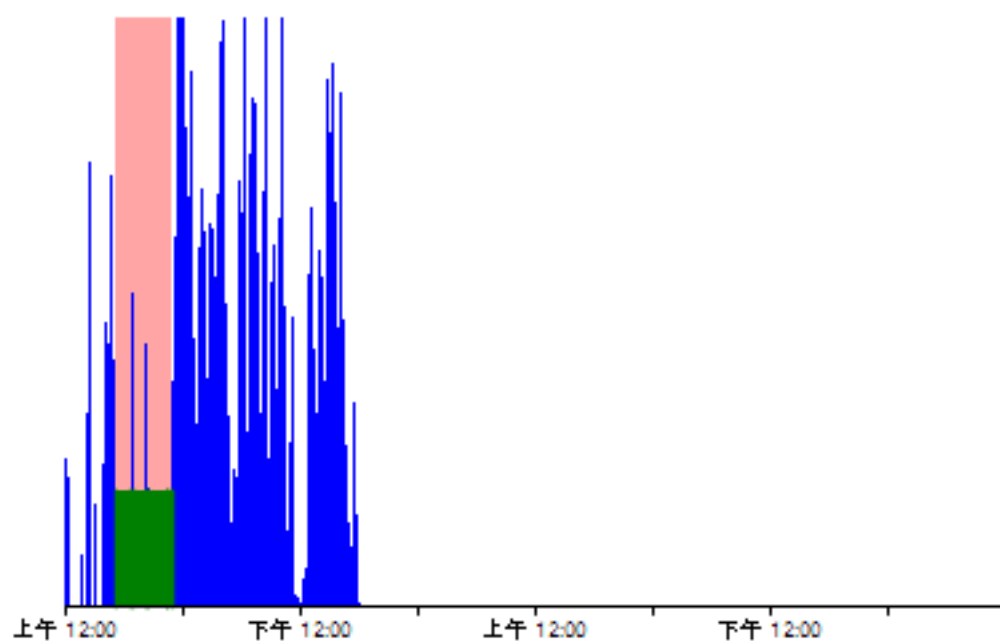
2017/5/29

2017/5/30

2017/5/31

Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

In Bed	Out Bed	Latency (min)	Efficiency	Total Time in Bed (min)	Total Sleep Time (TST) (min)	Wake After Sleep Onset (WASO)	# of Awakenings	Avg Awakening (min)
2017/5/29 07:40	2017/5/29 08:50	0	62.86%	70	44	26	4	6.5
2017/5/29 09:19	2017/5/29 10:23	0	87.5%	64	56	8	1	8
2017/5/30 01:20	2017/5/30 03:02	0	87.25%	102	89	13	2	6.5
2017/5/30 03:41	2017/5/30 06:16	0	93.55%	155	145	10	7	1.43
2017/5/30 09:05	2017/5/30 10:41	0	98.96%	96	95	1	1	1
2017/5/30 11:13	2017/5/31 01:07	0	76.32%	114	87	27	6	4.5
2017/5/31 02:33	2017/5/31 05:29	0	90.91%	176	160	16	3	5.33
11:33	**11:41**	**0**	**85.33%**	**111**	**96.57**	**14.43**	**3.43**	**4.21**