



Theratri Report - Johnny Appleseed

Session Number: 10

Therapist Notes: Child: Talk to Puddy 3 times a week
Talk to Puddy after feeling anxious

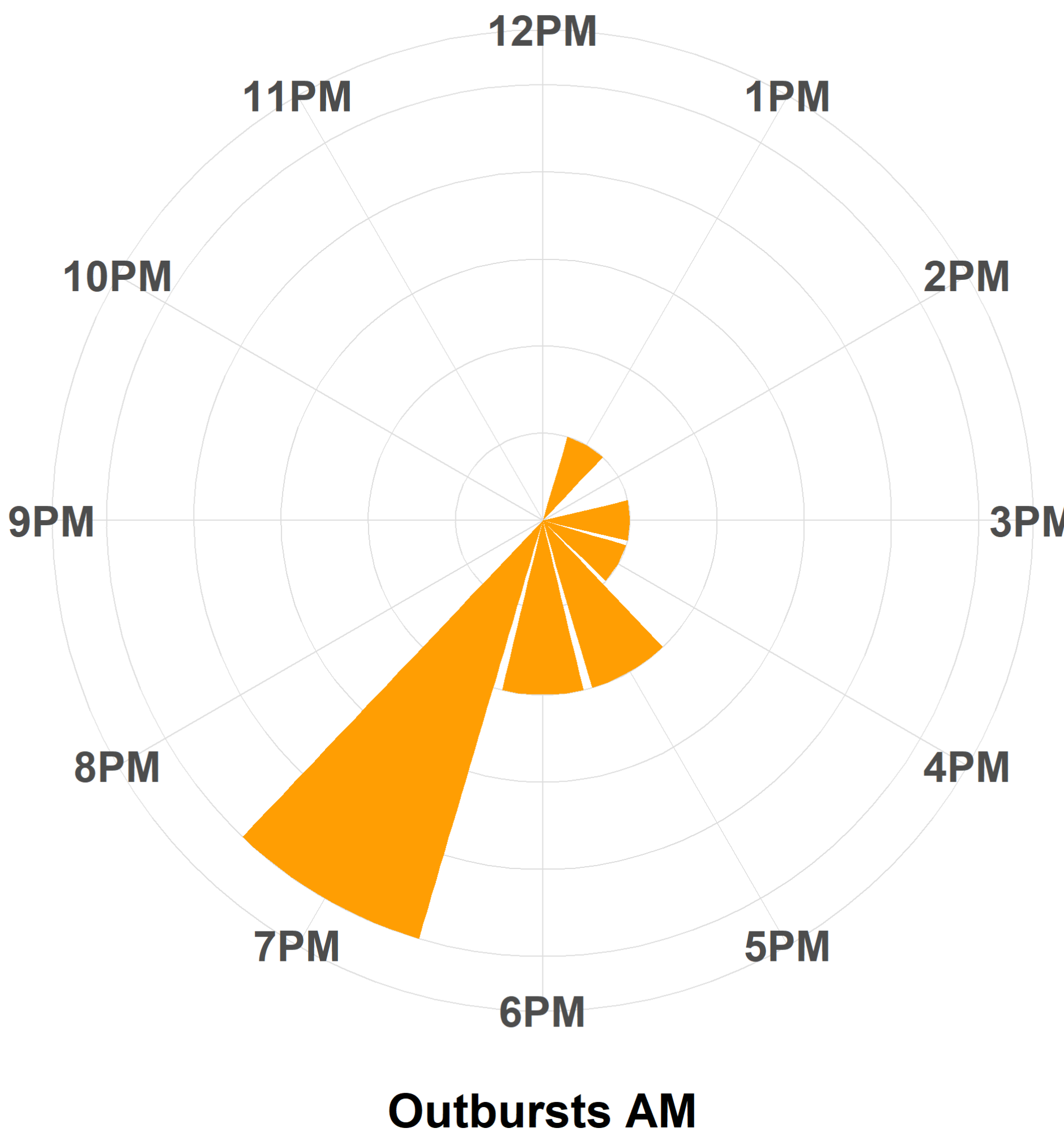
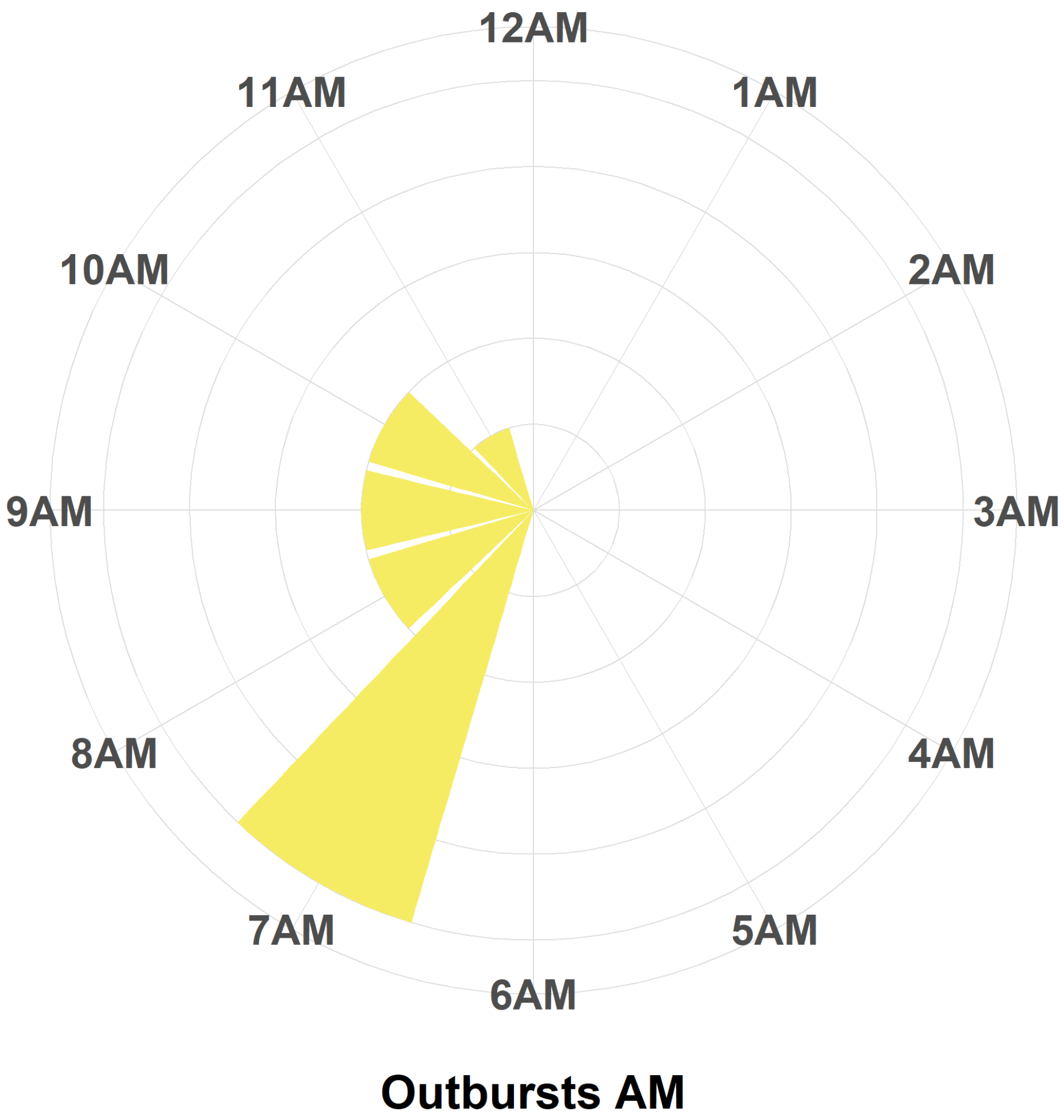
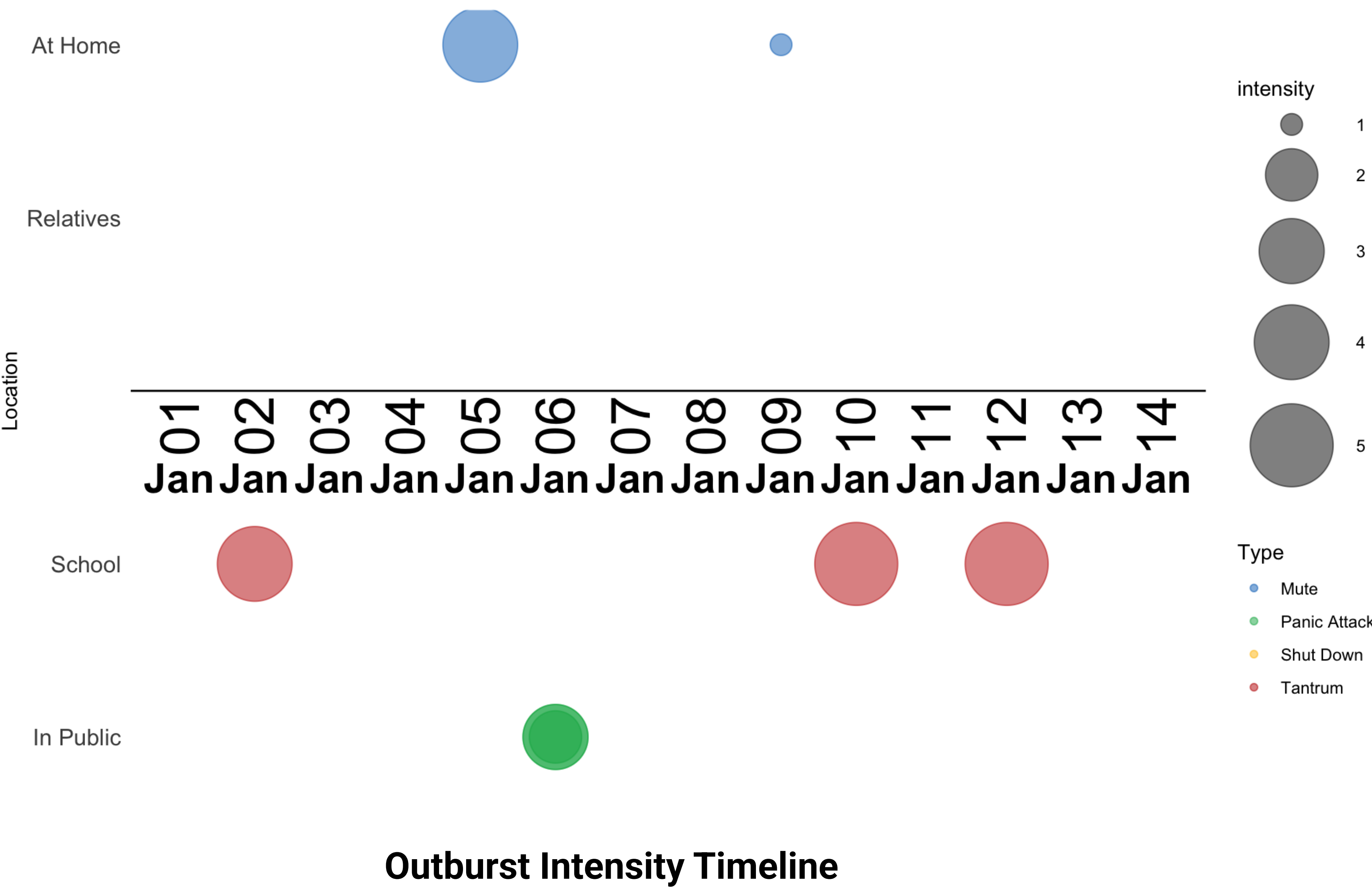
App Check-ins: 16 (Child) / 4 (Parent)

Parents: Track Johnny's outbursts

Report Highlights

Child Check-In Key Points:

- Mentioned **scared** 8 times (up 33%)
- Talked about **“teacher”** 14 times (down 1%)
- Attempted **breathing exercises** 2 times (up 100%)
- Scared** was co-mentioned with **“teacher”** 7 times



Highest Intensity Events as Reported by Parents:

- “Johnny had a **tantrum** right off the bus ... I told him he needs to go to school or **cannot play** Minecraft.”
- “We were doing **homework** when he got **angry** ... we **gave** up.”