

SURPRISE TWIST TURKEY VEGGIE DUMPLING SOUP

Yield: 5 servings



Ingredients

2 tablespoons unsalted margarine, butter or spread with no trans fat

1 box RICE-A-RONI® Chicken Flavor

3 cans no salt added chicken broth (14 oz.)

2 cups leftover turkey

1 pound bag frozen mixed veggies

4 cups water

1 can refrigerator biscuits

1/2 teaspoon dill weed

Cooking Instructions

Combine margarine and vermicelli rice mixture, saute until golden.

Immediately add remaining ingredients (except biscuits) and quickly bring to a boil over high heat for 8 minutes.

Cut biscuits into quarters and arrange over boiling soup top; sprinkle with dill; cover and continue to boil for 10 minutes until "dumplings" are cooked through.

Nutritional Info

450 calories. Total fat 11g. Saturated fat 3.5g. Trans fat 1g. Cholesterol 45mg. Sodium 970mg. Total Carbohydrate 59g. Dietary fiber 1g. Total sugars 9g. Protein 26g.

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