

The 7 Anchoring Declarations

Spoken daily or weekly to help children internalize truth, identity, and purpose.

The 7 Anchoring Declarations for Children

1. I am known by God and created with intention.
2. I belong to this family and am deeply loved.
3. I am not what I do or what others say, I am who God says I am.
4. I carry God's truth in my heart, even when the world is confusing.
5. I am safe to ask questions, make mistakes, and grow stronger.
6. I have a purpose, and my life is part of something bigger than me.
7. I am never alone, God is with me, and my family is always there for me.

Optional Use:

- Create printable wall cards
- Add call-and-response rhythms during devotions
- Let kids write or decorate their favorite one weekly