

What Happens During Antenatal Visits?

- **Blood Pressure Check:** Essential for spotting early signs of hypertension.



- **Urine Test:** Screens for infections or signs of gestational diabetes.
- **Ultrasound Scans:** Monitor your baby's development in real-time.



- **Blood Tests:** Track your iron levels and overall health.

- **Health Advice:** Receive personalized tips on managing symptoms, nutrition, and exercise.

