

Installation Guide:

Download EaseCopy.zip and extract it. You will see a file named EaseCopy.jsxbin. Move EaseCopy.jsxbin to the following location. If you already have After Effects open, you will need to restart the program after moving the file.

Windows:

Program Files\Adobe\Adobe After Effects < version > \Support Files\ScriptUI Panels

Mac:

Applications/Adobe After Effects < version > / Scripts / Script UI Panels

Or from inside After Effects you can select File>Scripts>Install ScriptUI Panel.. Choose EaseCopy.jsxbin and AE will install it for you.

To open EaseCopy within After Effects, select it from the bottom section of your Window menu. A window will appear containing EaseCopy's UI. You can dock the panel to your After Effects workspace wherever it's most most convenient for you.

You can now use EaseCopy with KBAR, the handy toolbar extension by Khanyu Inc. click will copy keys, alt-click will paste eases, shift-click will paste values. Or you can pass arguments to EaseCopy to give each button instance one function. You can use 'copy', 'paste', or 'value' as arguments.

EaseCopy now comes with shortcut scripts for assigning to keyboard shortcuts! These are **EaseCopy-CopyEase**, **EaseCopy-PasteEase**, and **EaseCopy-PasteValues**. Install them as scripts, assign them to keyboard shortcuts with the Keyboard Shortcuts Editor, and you can use EaseCopy from your keyboard!

https://helpx.adobe.com/after-effects/using/keyboard-shortcuts-reference.html