

As a user I want to view online workouts so I can have a guided workout at home

**Given**

- I can View images and videos
- I have an account

**When**

- I open the workout page

**Then**

- I can see videos and images for workout routines

As a user I want to earn a medal for working out 4 weeks in a row so that I can feel rewarded and motivated during my workouts

**Given**

- I have an active account
- I have worked out at least once a week 4 weeks in a row

**When**

- I finish my workout for the fourth week in a row

**Then**

- I get a reward describing this achievement
- I continue to workout towards further rewards in the future