



ADA Project - GYM WEBSITE

FitBitLife

Fitness programs that get results;
at home or in the gym



**YOUR WORKOUT
YOUR WAY**

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DECLARATION



“We do hereby declare that this submission is our own work conformed to the norms and guidelines given in the Ethical Code of Conduct of the Institute and that, to the best of our knowledge and belief, it contains no material previously written by another neither person nor material (data, theoretical analysis, figures, and text) which has been accepted for the award of any other degree or diploma of the university or other institute of higher learning, except where due acknowledgement has been made in the text.”

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ACKNOWLEDGEMENT

We would like to express our special thanks and gratitude to our teacher Mrs. Garima Chhikara ma'am as well as our college Delhi Technological University which gave me the golden opportunity to do this interesting project on the topic "FitBitLife" - Gym Website, which also helped us in doing a lot of research and discovering many new things on the subject matter.

Secondly, we would also like to thank our parents, friends and classmates who helped us a lot in finalizing this project within the limited time frame which had been given to us. We're really thankful to all of them.

Our special thanks go to our university i.e., Delhi Technological University for providing us such a great platform and such good teachers for overlooking our project and its progress. Having such a great curriculum which helps us to improve our learning skill as well as presenting our work in the form of a report, such as this kind of project work will definitely go a long way in our quest to improve our skills.

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ABSTRACT

FitBitLife Gym Website front-end is developed through HTML, CSS, and JS using bootstrap framework. Bootstrap is the popular front-end component library to build responsively. The purpose of this project is to create a static website for the GYM, from which the user can get the details of the GYM such as about the GYM, contact details, to register onto the gym, location, etc. However, the project is user-friendly and attractive in which the user can modify the layout regarding their needs. There is no database as a back-end of the project as it is just a simple interactive website which is created to show the details of the GYM or to contact the GYM owner regarding it's membership or any other talks.



Basically, the project includes the GYM Workout front-end concept. Also, the website looks refine with good division of the section. Moreover, the website includes a refine user-friendly layout which is attractive and responsive. Also, the website consists of all the requirements need for GYM Workout with a responsive section.

INTRODUCTION



Our **FitBitLife** Gym Website is a gym and health club membership management system. Our Gym Management includes a member registering system, about the instructors present in our gym, about the class schedule and has a range of reports that help in the management of your club. Our Gym Management Software is a complete gym and recreation facility system program which looks after all of our members, memberships and activities. It is designed for gyms, recreation centers, and health clubs. Our Gym management Software provides lots of functions such as data entry of customer, keeping records of all the things about customers classes, plan, and physical fitness which help to provide good quality of services to customer from Gym managers. In this proposed system, the total information about the coaches is also shared onto the website. Services provided by Gym are also handled by this system. This system structure is become very simple to understand.



OBJECTIVES



The main objective of the Project on Gym Website is to manage the details of Gym, Trainer, Member, Facility, Fitness Class. It manages all the information about Gym, Time Slot, Fitness Class, Gym. The project is totally built at the administrative end and thus only the administration is guaranteed the access. The purpose of the project is to build an application program to reduce the manual work for managing the Gym, Trainer ,Time Slot, Member.

- It provide facilities about Gym, Member, Facility and Fitness Class Details
- It shows information on Time Slot detail for the facilities detail, Fitness class detail, Gym.
- It manage information for the Trainer and also of gym.
- It increases the efficiency of managing the Gym the trainer and the members.
- The objective is also to have a good user interface, be expandable, easy to operate and easy to understand by the user and operator.



FEATURES

- The website includes all the requirements need like about workout, gallery, client review and a contact form.
- It is a user-friendly and responsive website.
- The GUI on our websites provides clear interaction with the users.
- It is is a comprehensive application management system that assists your gym administration and helps you organize effectively.
- It has an efficient navigation bar, that will lead us to our respect section of our website.



TECHNOLOGIES USED

We have developed the project using the following technologies:-

- **HTML5** - Page structure and layout has been designed by using HTML



- **CSS3** - All the designing part has been done by the CSS



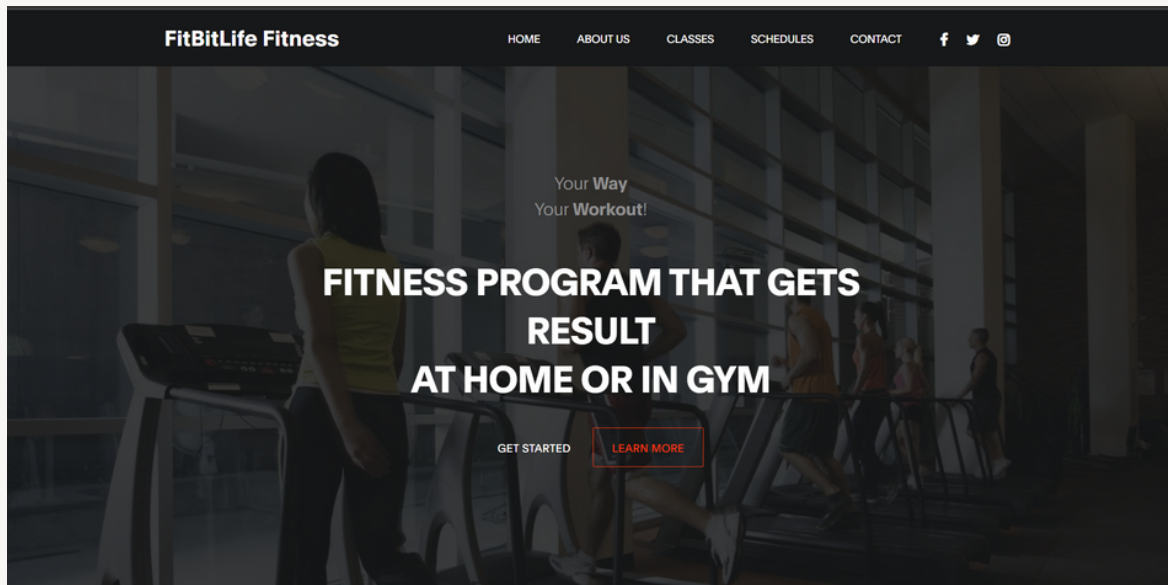
- **JAVASCRIPT** - All the validation task and the designing has been done by the JavaScript



- **BOOTSTRAP** - Bootstrap is the most popular CSS Framework for developing responsive and mobile-first websites.



DESIGN OF OUR PROJECT



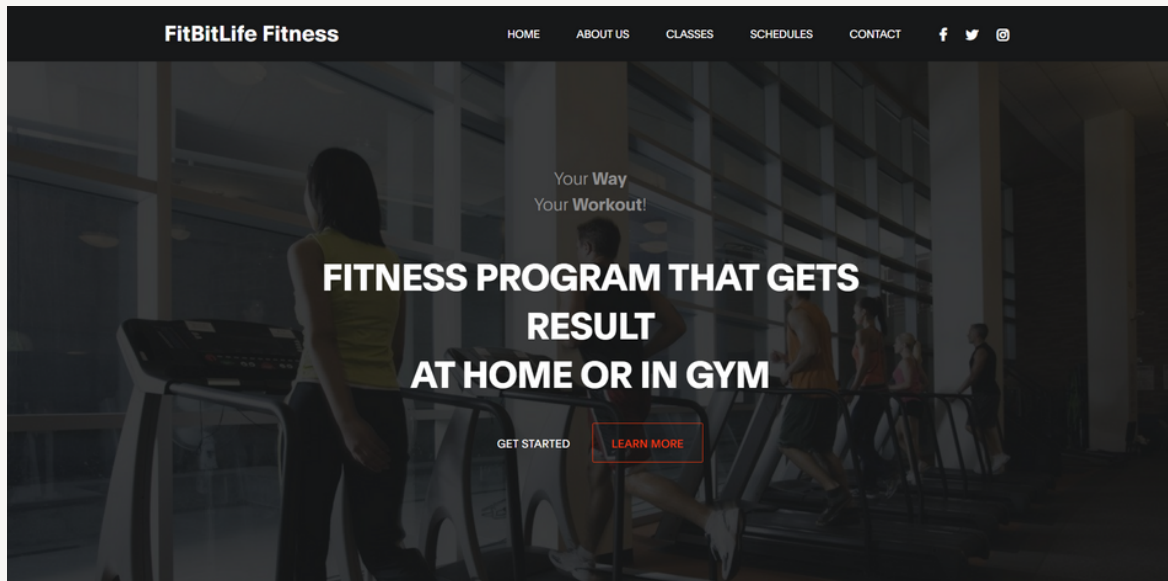
Our project is divided into the following sections:

- **HOME PAGE :-** This section show us the main screen of our project.
- **ABOUT US PAGE :-** It consist of information regarding the gym instructors and trainer.
- **CLASSES PAGE :-** This section of our website provides the information regarding different classes.
- **SCHEDULES :-** This page basically gives us the weekly schedule of our GYM.
- **CONTACT US :-** This section provide a privilege to the user to contact the GYM faculities.

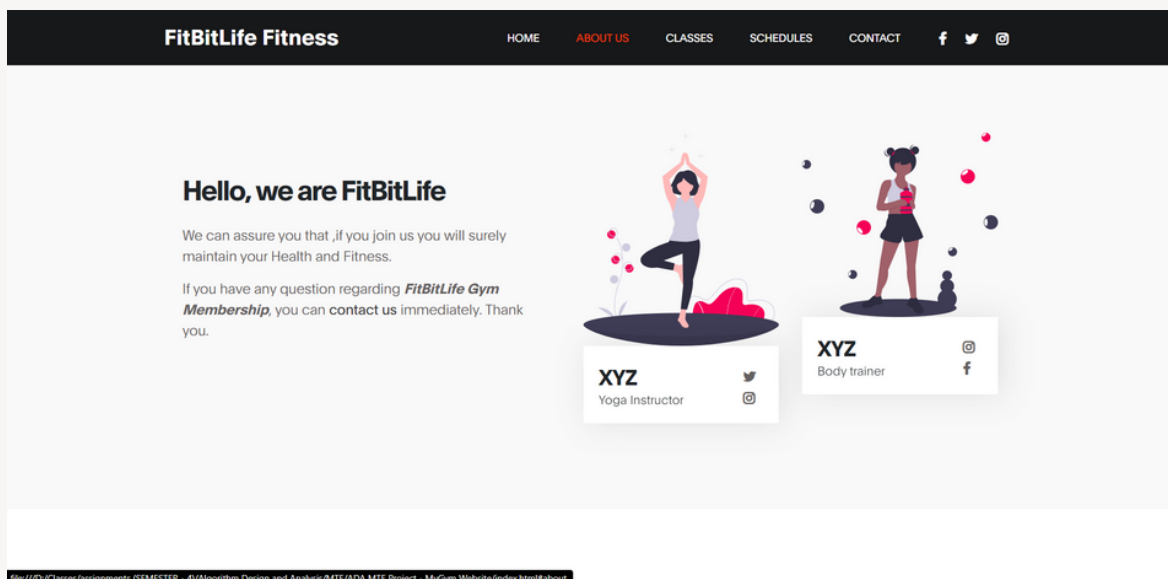


DIFFERENT MODULES OF OUR PROJECT

HOME SCREEN




ABOUT US




CLASSES

FitBitLife Fitness
HOME
ABOUT US
CLASSES
SCHEDULES
CONTACT
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t
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Get A Perfect Body
Our Training Classes



Yoga
Trained by - Yoga Expert
Yoga is a light, which once lit will never dim
₹1800



Aerobics
Trained by - Aerobics Trainer
True power of energy comes from Aerobics
₹2000



Cardio
Trained by - Cardio Experts
Good things come to those who sweat....
₹2500

SCHEDULES

FitBitLife Fitness
HOME
ABOUT US
CLASSES
SCHEDULES
CONTACT
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our GYM weekly schedules
Workout Timetable

	MON	TUE	WED	THU	FRI	SAT
7:00 AM	Cardio 7:00 AM - 9:00 AM	Power Fitness 7:00 AM - 9:00 AM			Yoga Section 7:00 AM - 9:00 AM	
9:00 AM			Boxing 8:00 AM - 9:00 AM	Aerobic 8:00 AM - 9:00 AM		Cardio 8:00 AM - 9:00 AM
11:00 AM		Boxing 11:00 AM - 2:00 PM	Aerobic 11:30 AM - 3:30 PM		Body work 11:50 AM - 5:20 PM	
2:00 PM	Boxing 2:00 PM - 4:00 PM	Power lifting 3:00 PM - 6:00 PM		Cardio 6:00 PM - 9:00 PM		Crossfit 5:00 PM - 7:00 PM



CONTACT US

FitBitLife Fitness

HOME

ABOUT US

CLASSES

SCHEDULES

CONTACT



Feel free to ask anything

Send Message

Where you can find us

Rohini ,Delhi , India



REFERENCES

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- <https://blog.hubspot.com/website/website-development>
- <https://themes.getbootstrap.com/>
- <https://designshack.net/articles/graphics/an-introduction-to-animation-in-web-design/>
- <https://code-paper.com/javascript/examples-data-aos-html>
- <https://michalsnik.github.io/aos/>