Sudo apt install vsftpd

Sudo iptables -A INPUT -p tcp -dport 20 -j ACCEPT

Sudo iptables -A INPUT -p tcp -dport 21 -j ACCEPT

ftp localhost

sudo ufw enable

sudo ufw status //to confirm it's active

sudo ufw deny 20/tcp

sudo ufw deny 21/tcp

ftp localhost

tail /var/log/kern.log

sudo apt install nfs-kernel-server

sudo ufw allow 2049/tcp

echo '/tmp/shares \*(rw)' | sudo tee -a /etc/exports

sudo mount -t nfs localhost:/tmp/shares/mnt

scp /tmp/file.txt /mnt

sudo iptables-save > tmp/iptables-backup