

SHAYLA C. HOLUB

The University of Texas at Dallas
School of Behavioral and Brain Sciences
800 W. Campbell Road, GR 41
Richardson, TX 75080-3021

Telephone: (972) 883-4473

Fax: (972) 883-2491

E-mail: sholub@utdallas.edu

[Healthy Development Project \(utdallas.edu\)](http://HealthyDevelopmentProject.utdallas.edu)

Education

Doctor of Philosophy in Psychology (Developmental concentration)

Bowling Green State University, Bowling Green, OH.

May, 2005

Dissertation: Young Children's Perceived Competence: Validation of a New Instrument and Ecological Influences on Overly Positive Self-Perceptions in Preschoolers

Advisor: Dara Musher-Eizenman, Ph. D.

Master of Arts in Psychology (Developmental concentration)

Bowling Green State University, Bowling Green, OH.

May, 2003

Thesis: Birth of a Sibling: Role Acquisition Within the Family System

Advisor: Dara Musher-Eizenman, Ph. D.

Bachelor of Science in Experimental Psychology

Millikin University, Decatur, IL. *Summa Cum Laude, James Millikin Scholar, Phi Kappa Phi*

May, 2000

Honors Thesis: The Development of an Automatic Color-Naming Process and Priming of the Stroop Effect in Non-Color Words

Advisor: James St. James, Ph. D.

Academic Appointments

2021-Present	Department Head, Psychology
2020-2021	Co-Department Head, Psychology (Program Head, BS in Psychology and Child Learning and Development; Program Head Ph D in Psychological Sciences)
2016-2021	Program Head, Human Development and Early Childhood Disorders, The University of Texas at Dallas
2013-2020	Area Head, Psychological Sciences, The University of Texas at Dallas (included being Program Head, BS in Psychology and B.S. in Child Learning and Development; Program Head Ph D in Psychological Sciences)
2012-Present	Associate Professor, Psychological Sciences, The University of Texas at Dallas
2005-2012	Assistant Professor, Psychological Sciences, The University of Texas at Dallas

Honors and Awards

2015	Moller Teaching Award, School of Behavioral and Brain Sciences, UT-Dallas
2010	Teaching Award, School of Behavioral and Brain Sciences, UT-Dallas
2009	Honoree, Galerstein Women's Center, UT-Dallas

2009	Nominee, Chancellor's Council Outstanding Teaching Award
2005	New Investigator Award, Cooper Institute Conference
2004	Bowling Green State University Dissertation Fellowship
2004	Shanklin Award Finalist for Excellence in Research, Bowling Green State University
1999	Scovill Award Winner for Scholarship, Leadership and Service, Millikin University

Grants Awarded

2024-2027	National Science Foundation REU Site: Culturally Responsive Research in Developmental Science, Renewal M. Maguire (PI) & J. Nelson (Co-PI), Holub, Kane, Mills, Lei Su, Rollins, Spence, Tang, Warner-Czyz (Senior Personnel) Role: Senior Personnel National Science Foundation Amount Awarded: \$468,821
2021-2024	National Science Foundation REU Site: Culturally Responsive Research in Developmental Science M. Maguire (PI) & M. T. Owen (Co-PI), Holub, Mills, Nelson, Rojas, Rollins, Scotch, Spence, Swanson, Warner-Czyz (Senior Personnel) Role: Senior Personnel National Science Foundation Amount Awarded: \$327,848
2017-2019	Jerry M. Lewis, M.D. Mental Health Research Foundation Family Feeding Relationships: How Daily Stressors Impact Mealtime Interactions and Child Health Principal Investigator: Shayla C. Holub, Co-PI: Jackie Nelson Amount Awarded: \$30,000
2009- 2010	Hogg Foundation for Mental Health Psychosocial Outcomes Related to Childhood Obesity During the Preschool Years Principal Investigator: Shayla C. Holub Amount Awarded: \$14,998
2006-2007	Timberlawn Psychiatric Research Foundation The Role of Parents' Restrictive Feeding Practices and General Parenting Style in Children's Eating Attitudes and Behavior Principal Investigator: Shayla C. Holub Amount Awarded: \$27,357

Grants Submitted

2025-2028	National Science Foundation LangDiv: Contextual Impacts on Family Language Environments and Child Language Acquisition J. Nelson (PI), M. Maguire, S. Holub, P. Su (Co-Is) Role: Co-I
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National Science Foundation
Amount Requested: \$644,352
Submitted 7/30/24

- 2019-2024 **NIH (National Institute of Nursing Research)**
Family Feeding Relationships: How Daily Stressors Impact Mealtime Interactions and Child Health
Principal Investigators: Shayla C. Holub, Jackie Nelson
Co-Investigators: Margaret Owen
Status: Submitted June 2018, Unfunded
- 2018-2023 **NIH (National Institute of Nursing Research)**
Family Feeding Relationships: How Daily Stressors Impact Mealtime Interactions and Child Health (Resubmission)
Principal Investigators: Shayla C. Holub, Jackie Nelson
Co-Investigators: Alexandra Evans
Status: Submitted June 2017, Unfunded
- 2017-2022 **NIH (National Institute of Nursing Research)**
Family Feeding Relationships: How Daily Stressors Impact Mealtime Interactions and Child Health
Principal Investigators: Shayla C. Holub, Jackie Nelson
Co-Investigators: Alexandra Evans
Status: Submitted October, 2016, Scored, Unfunded
- 2017-2018 **Jerry M. Lewis, M.D. Mental Health Research Foundation**
Family Feeding Relationships: How Daily Stressors Impact Mealtime Interactions and Child Health
Principal Investigators: Shayla C. Holub, Jackie Nelson
Status: Submitted November, 2016, Unfunded (resubmission encouraged)
- 2011-2013 **NIH (National Institute of Child and Human Development)**
Restriction in the Parent-Child Feeding Relationship: Does Parenting Style Matter?
Principal Investigator: Shayla C. Holub
Status: Submitted February, 2011, Scored, Unfunded
- 2011-2013 **NIH (National Institute of Diabetes and Digestive and Kidney Diseases)**
Parenting, Self-Regulation, and Risk of Obesity in Ethnic Minority Preschoolers
Principal Investigators: Margaret O'Brien Caughy, Margaret Tresch Owen
Co-Investigators: Alexandra Evans, Shayla C. Holub
Status: Submitted June, 2011, Unfunded

Peer-Reviewed Journal Articles (* denotes current or former student mentee)

31. Nelson, J.A., Hafiz, M., Nuth, E., Heinrich, M.S., & **Holub, S. C.** (in press). "Sit down and Eat": Daily associations between preschoolers' physical activity at dinner and parent's feeding coparenting and control. *Developmental Psychology*.

30. Hafiz, M., Nelson, J. A., Patel, N. H., & **Holub, S. C.** (2023). Parent dysregulation and child negativity in relation to parent response to child negative emotions. *Family Relations*, 1-16.
29. Murdick, H. B., Nelson, J. A., Pylypciw, M., & **Holub, S. C.** (2023) Conflict and negotiation with preschoolers during family meals. *Journal of Family Psychology*, 37, 984-992.
28. **Holub, S. C.**, & Nelson, J. A., (2022). Daily variability in mothers' and fathers' feeding practices and associations with children's eating behaviors. *Appetite*, 176, 1-8.
27. Nelson, J. A., & **Holub, S. C.** (2022). Mothers' and fathers' perceptions of daily mealtime coparenting, *Appetite*, 168, 1-6.
26. Boyer, B., Nelson, J.A., & **Holub, S. C.** (2021). Sex differences in the relation between body mass index trajectories and adolescent social adjustment. *Social Development*, 30, 1094-1113.
25. Hinkley, S.B*., **Holub, S.C.** & Menter, A. (2020). The validity of cutaneous body image as a construct and as a mediator of the relationship between cutaneous disease and mental health. *Dermatology and Therapy*, 10, 203–211.
24. Tan, C.*, & **Holub, S. C.** (2018). The effects of happiness and sadness on children's snack consumption. *Appetite*, 123, 169-174.
23. Ruhl, H.*, Holub, S. C., & Dolan, E. A*. (2016). The Reasoned/Reactive Model: A new approach to examining eating decisions among female college dieters and nondieters. *Eating Behaviors*, 23, 33-40.
22. Boyer, B., Nelson, J.A., & **Holub, S.C.** (2015). BMI trajectories in early childhood predicting cardiovascular risk in adolescence, *Journal of Adolescent Health*, 56, 599-605.
21. Tan, C.*, & **Holub, S. C.** (2015). Emotion regulation feeding practices link parents' emotional eating to children's emotional eating: A moderated mediation study. *Journal of Pediatric Psychology*, 40, 657-663.
20. Tan, C.*, & **Holub, S. C.** (2012). Maternal feeding practices associated with food neophobia. *Appetite*, 59, 483- 487.
19. **Holub, S. C.** & Dolan, E. A.* (2012). Mothers' beliefs about infant size: Associations with attitudes and infant feeding practices. *Journal of Applied Developmental Psychology*, 33, 158-164.
18. **Holub, S. C.**, Haney, A. H.*, & Roelse, H.* (2012). Deconstructing the concept of the healthy eater self-schematic: Relations to dietary intake, weight and eating cognitions. *Eating Behaviors*, 13, 106-111.

17. Patel, S. L.*, & **Holub, S. C.** (2012). Body size matters in provision of help: Factors related to children's willingness to help overweight peers. *Obesity*, 20, 382-388.
16. **Holub, S. C.**, Tan, C.*, & Patel, S. L.* (2011). Factors associated with mothers' obesity stigma and young children's weight stereotypes. *Journal of Applied Developmental Psychology*, 32, 118-126.
15. Tan, C.*, & **Holub, S. C.** (2011). Children's self-regulation in eating: Associations with inhibitory control and parents' feeding behavior. *Journal of Pediatric Psychology*, 36, 340-345.
14. **Holub, S. C.**, & Musher-Eizenman, D. R. (2010). Examining preschoolers' nutrition knowledge using a meal creation and food group classification task: Age and gender differences. *Early Child Development and Care*, 180, 787-798.
13. Musher-Eizenman, D. R., de Lauzon-Guillain, B., **Holub, S. C.**, Leporc, E., & Charles, M. A. (2009). Child and parent characteristics related to parental feeding practices: A cross-cultural examination in the US and France. *Appetite*, 52, 89-95.
12. de Lauzon-Guillain, B., Musher-Eizenman, D., Leporc, E., **Holub, S.** & Charles, M. A. (2009). Parental feeding practices in the United States and in France: Relationships with child's characteristics and parent's eating behavior. *Journal of the American Dietetic Association*, 109, 1064-1069.
11. **Holub, S. C.** (2008). Individual differences in the anti-fat attitudes of preschool-children: The importance of perceived body size. *Body Image*, 5, 317-321.
10. **Holub, S. C.**, Tisak, M. S., & Mullins, D. (2008). Gender differences in children's hero attributions: Personal choices and evaluations of typical male and female heroes. *Sex Roles*, 58, 567-578.
9. Musher-Eizenman, D. R., & **Holub, S. C.** (2007). Comprehensive Feeding Practices Questionnaire: Validation of a new measure of parental feeding practices. *Journal of Pediatric Psychology*, 32, 960-972.
8. Musher-Eizenman, D. R., **Holub, S. C.**, Hauser, J. C., & Young, K. M. (2007). The relationship between parents' anti-fat attitudes and restrictive feeding. *Obesity*, 15, 2095-2102.
7. Tisak, M. S., **Holub, S. C.**, & Tisak, J. (2007). What nice things do boys and girls do?: Preschoolers' perspective of peers' behaviors at school and at home. *Early Education and Development*, 18, 183-199.

6. McAuley, D., Reiss-Jones, M., **Holub, S. C.**, Johnston, H., & Miller, N. (2006). The time of our lives: Lifespan development of timing and event tracking. *Journal of Experimental Psychology: General*, 135, 348-367.
5. **Holub, S. C.**, Musher-Eizenman, D. R., Persson, A. V., Edwards-Leeper, L. A., Goldstein, S. E., & Miller, A. B. (2005). Do preschool children understand what it means to 'diet,' and do they do it? *International Journal of Eating Disorders*, 38, 91-93.
4. Gordon, A. K., Musher-Eizenman, D. R., **Holub, S. C.**, & Dalrymple, J. (2004). What are children thankful for?: An archival analysis of children's gratitude before and after the attacks of September 11. *Journal of Applied Developmental Psychology*, 25, 541-553.
3. Musher-Eizenman, D. R., **Holub, S. C.**, Miller, A. B., Goldstein, S. E., & Edwards-Leeper, L. (2004). Body size stigmatism in preschool children: The role of control attributions. *Journal of Pediatric Psychology*, 29, 613-620.
2. Musher-Eizenman, D. R., **Holub, S. C.**, Edwards-Leeper, L., Persson, A. V., & Goldstein, S. E. (2003). The narrow range of acceptable body types for preschoolers and their mothers. *Journal of Applied Developmental Psychology*, 24, 259-272.
1. Musher-Eizenman, D. R., **Holub, S. C.**, & Arnett, M. (2003). Attitude and peer influences on adolescent substance use: The moderating effect of age, sex, and substance. *Journal of Drug Education*, 33, 1-23.

Book Chapters

Musher-Eizenman, D. R., & **Holub, S. C.** (2006). Children's eating in the absence of hunger: The role of restrictive feeding practices. In R. K. Flamenbaum (Ed.), *Childhood obesity and health research* (pp. 135-156). Hauppauge, NY: Nova.

Manuscripts Currently Under Peer-Review (* denotes current or former student)

MacPhail*, D. C. G. & **Holub, S. C.** (under second review). The moderating effect of cultural values on acculturative stress and body image.

Nelson, J. A., & **Holub, S. C.** (under first review). Parents' feeding stress and pressure: Family mealtime dynamics with preschoolers across one week.

Manuscripts In Preparation or Under Revision (* denotes current or former student)

Nguyen, G.*, & **Holub, S. C.** (in preparation). Forgiveness is a virtue: Global and domain-specific self-forgiveness as predictors of eating and body image disturbance

Holub, S. C. & Patel, S. (in preparation). Using social consensus theory as a framework for intervening on weight prejudice in young children: A storybook intervention.

Holub, S. C. (in preparation). Parental restrictive feeding practices and weight status in early childhood: Associations with psychosocial outcomes.

Heinrich, M. and Holub, S. C. (in preparation) “Using food to cope: Global and body image coping styles and problematic eating behaviors.”

MacPhail, D., Heinrich, M., Medrano, L., Holub, S. C. (in preparation). Socially right (and left) in the feels: Effects of ideology and empathy on weight prejudice.”

MacPhail, D., Heinrich, M., & Holub, S. C. (in preparation). My Body is My Temple: Body Sanctification, Body Attitudes, and Disordered Eating.

Conference Presentations (* denotes current or former student)

MacPhail*, D.C.G., Koch*, M., Heinrich*, M., **Holub, S. C.** (August, 2024). *Acculturative stress, discrimination, and muscularity outcomes: Gender and generational differences*. American Psychological Association Annual Convention. Seattle, WA.

MacPhail*, D. C. G. (August, 2024). *Familism, body image, and eating behaviors: Differences by generational status*. Three-minute thesis talk presented by doctoral student for American Psychological Association Annual Convention. Seattle, Washington. *Talk initiated and presented by student. Supported as graduate mentor.*

MacPhail*, D., Heinrich*, M., Koch*, M., & **Holub, S. C.** (May 2024). The moderating effect of cultural values on acculturative stress and body perception. Poster presented at the *Association for Psychological Science*, San Francisco, CA.

Heinrich, M*, MacPhail*, D. C. G., & **Holub, S. C.** (April, 2024). *Maternal feeding practices as predictors of eating and body image in adolescent daughters*. Poster presented at The Society for Research on Adolescence 2024, Chicago, IL.

MacPhail, D.C.G., Koch, M., Heinrich, M., Holub, S. C. (March, 2024). *Body perception and eating behaviors: Gender differences and their theoretical implications*. Poster presented at Southwestern Psychological Association 2024, San Antonio, TX.

MacPhail, D.C.G., Heinrich, M., Koch, M., & Holub, S. C. (March, 2024). *Development and validation of the Identity Centrality Measure (ICM)*. Poster presented at the Southwestern Psychological Association 2024, San Antonio, TX.

Hafiz, M*, Nelson, J. A., & **Holub, S. C.** (November, 2023). *Family mealtime with preschoolers: Daily associations between child activity level, parent responsiveness, and coparenting*. Poster presented at the annual meeting of the *National Council of Family Relations*, Orlando, FL.

Messenger, L*, Nelson, J. A., & **Holub, S. C.** (November, 2023). *The role of daily marital relationship quality on mothers' and fathers' mealtime coparenting perceptions*. Poster

presented at the annual meeting of the *National Council of Family Relations*, Orlando, FL.

Heinrich, M*., MacPhail, D. C. G*., Lim, V*., Mohan, S*., & **Holub, S. C.** (May, 2023). *The effect of peer modeling on body image in young adult women*. Poster presented at the Association for Psychological Science, Washington, D.C.

Holub, S. C., Mirza, K*., Mohamed, I*., Heinrich, M*., & MacPhail, D*. (May, 2023). *Controlling feeding practices and coparenting during childhood and college students' body image and eating disturbance*. Poster presented at the Association for Psychological Science, Washington, D.C.

MacPhail, D.C.G*., Heinrich, M*., Medrano, L. M*., Mbah, C. C*., & **Holub, S. C.** (May, 2023). *Ideology and empathy: Influence on evaluations of weight*. Poster presented at The Association for Psychological Science, Washington, D.C.

MacPhail, D. C.G*., Heinrich, M*., Yarlagadda, B*., Samudrala, R*., & **Holub, S. C.** (April, 2023). *My body is a temple: Body sanctification, body attitudes, and disordered eating*. Poster presented at Southwestern Psychological Association, Frisco, TX.

Heinrich, M*., MacPhail, D. C.G*., Medrano, L*., & **Holub, S. C.** (April, 2023). *Eating to cope: Body image coping, global coping styles, and eating behavior*. Poster presented at Southwestern Psychological Association, Frisco, TX.

MacPhail, D*., Heinrich, M*., & **Holub, S. C.** (April, 2023). *The moderating effect of cultural values on acculturative stress and body dissatisfaction*. Poster presented at Southwestern Psychological Association, Frisco, TX.

Heinrich, M*., MacPhail, D. C.G*., Takle, C*., & **Holub, S. C.** (March, 2023). *Maternal modeling of body image and eating to their adolescent daughters*. Poster presented at Society for Research in Child Development, Salt Lake City, UT.

Mudrick, H., Nelson, J. A., Pylypciw, M., & **Holub, S. C.** (Nov, 2022). *Conflict and negotiation with preschoolers during family meals*. Poster presented at the annual meeting of the National Council of Family Relations. Minneapolis, MN.

Holub, S. C., Heinrich, M*., & De la Cerda, C. B*. (April, 2021). *Weight bias during early and middle childhood: Affective, behavioral, and cognitive responses to overweight peers*. Poster presented at the Society for Research on Child Development, Virtual.

Owen, M. T., Mata-Ortero, A-M., Nelson, J. A., Villa Baird, A., & **Holub, S. C.*** (April, 2021). *Covid-19 pandemic stressors related to Latina mothers' mental distress, child problem behavior, and coping strategies*. Poster presented at the Society for Research on Child Development, Virtual.

- Heinrich, M.*, De la Cerda, C. B.*, White, T.*, & **Holub, S. C.** (April, 2021). *Assessing the utility of eating in the absence of hunger at home*. Poster presented at the Society for Research on Child Development, Virtual.
- De La Cerda, B.A.*, Heinrich, M.*, **Holub, S. C.**, Nelson, J. A., Scully, A., & Straughan, A. (April, 2021). *Naturalistic observation of fathers' controlling feeding practices during meal times*. Poster presented at the Society for Research on Child Development, Virtual.
- Murdick, H., Plylpciw, M., Nelson, J. A., & **Holub, S. C.** (April, 2021). *"I'm not eating that!": Assessing parent-child interactions during mealtime conflicts*. Poster presented at the Society for Research on Child Development, Virtual.
- Hafiz, M., Nelson, J. A., & **Holub, S. C.** (April, 2021). *Mothers' and fathers' dysregulation and response to child distress in the context of child reactivity*. Paper presented at the Society for Research on Child Development, Virtual.
- Nguyen, G.* & **Holub, S. C.** (March, 2020). *Is self-forgiveness a virtue?: The role of self-forgiveness in eating and problematic eating behaviors and body image disturbance*. Poster accepted to the Society for Research on Adolescence Biennial Conference, San Diego, CA. *Conference cancelled due to the COVID-19 Pandemic.
- Holub, S. C.**, & Nelson, J. A. (April, 2020). *Home chaos and feeding stress*. Paper accepted to the Southwestern Psychological Association Annual Conference, Frisco, Texas. *Conference cancelled due to the COVID-19 Pandemic.
- Hafiz, M., Enters, M. E., Patel, N.H., Nelson, J. A., & **Holub, S. C.** (April, 2020). *Parent emotional support from early childhood to emerging adulthood*. Symposium accepted to the Southwestern Psychological Association Annual Conference, Frisco, Texas. *Conference cancelled due to the COVID-19 Pandemic.
- King, C. E., Jafri, I. & **Holub, S. C.** (April, 2020). *Developmental differences in social desirability and children's weight prejudice*. Poster accepted to the Southwestern Psychological Association Annual Conference, Frisco, Texas. *Conference cancelled due to the COVID-19 Pandemic.
- Vinson, M., Kachapilly, M., Naveed, A., & **Holub, S. C.** (April, 2020). *Eating to cope: Body image coping, global coping styles, and eating behavior*. Poster accepted to the Southwestern Psychological Association Annual Conference, Frisco, Texas. *Conference cancelled due to the COVID-19 Pandemic.
- Utesmi, A., Askew, A., Nava-Mojica, A., Hagenimana, S., Banh, S. T., & **Holub, S. C.** (April, 2020). *My body is a temple: Body sanctification, body attitudes, and eating disorders*. Poster accepted to the Southwestern Psychological Association Annual Conference, Frisco, Texas. *Conference cancelled due to the COVID-19 Pandemic.

- Holub, S. C.** (May, 2020). *Weight bias during early and middle childhood: Affective, behavioral, and cognitive responses to overweight peers*. Poster accepted to the SRCD Special Topic Meeting: Construction of the Other: Development, Consequences, and Applied Implications of Prejudice and Discrimination, Puerto Rico. *Conference cancelled due to the COVID-19 Pandemic.
- Holub, S. C., Nelson, J. A., Villarreal, D.L., & Smith, O.** (March, 2019). Day-to-day variability in mothers' and fathers' dinnertime feeding practices. Paper presented at the Society for Research on Child Development Biennial Meeting, Baltimore, MD.
- Holub, S. C.** (March, 2019). *Reading labels and setting tables: Examining children's eating and food-related parenting from an ecological perspective (Chair)*. Symposium organized at the Society for Research on Child Development, Baltimore, MD.
- Terry, C.* & Holub, S. C. (July, 2018). Parents' beliefs in their toddlers' ability to self-regulate food intake. Poster presented at International Congress on Infant Studies, Philadelphia, PA.
- Terry, C.*, Chu, P.*, Neerukonda, S.*, Moirangthem, S*., De Montfort Shepherd, A.*, Gammon*, S., Dolan, E., & Holub, S. C. (April, 2018). *Maternal Eating Style Predicts the Controlling Feeding Practices Used with Infants*. Poster presented at the Society for Research on Human Development Meeting, Frisco, TX.
- Holub, S. C., Terry, C*., & Cheng, D*.** (April, 2017). *Discussions of Hunger, Satiety, and Energy Regulation during Family Meals*. Paper presented at the Society for Research on Child Development Biennial Meeting, Austin, TX.
- Holub, S. C., Patel. S. L*., & Moirangthem, S*.** (May, 2016). *Changing Children's Weight Prejudice using Social Consensus Theory*. Poster presented at the Association for Psychological Sciences, Chicago, IL.
- Holub, S. C.** (March, 2015). *Family Matters: Exploring Attachment Orientation and Parenting Style in the Domain of Child Feeding (Chair)*. Symposium organized at the Society for Research on Child Development, Philadelphia, PA.
- Holub, S. C., & Hinkley, S.*** (March, 2015). *Psychological Control in the Parent-Child Feeding Relationship*. Paper presented at the Society for Research on Child Development, Philadelphia, PA.
- Hinkley, S.* & **Holub, S. C., & Cheng, D.*** (March, 2015). *Examining Parents' and Children's Reports of Body-Related Parenting Practices and Relations to Children's Body Dissatisfaction*. Poster presented at the Society for Research on Child Development, Philadelphia, PA.

- Ruhl, H*., & **Holub, S. C.** (March, 2014). *The Reasoned/Reactive Model: A new framework for examining adolescents' eating decisions*. Paper presented at the Biennial Meeting of the Society for Research on Adolescence, Austin, TX.
- Holub, S. C.** (March, 2014). *Why do adolescents eat the way they do?: Examining factors related to unhealthy eating behavior (Chair)*. Symposium presented at the Biennial Meeting of the Society for Research on Adolescence, Austin, TX.
- Ruhl, H*., & **Holub, S. C.** (March, 2014). *Understanding factors related to adolescents' drinking behaviors with the new Reasoned/Reactive Model*. Poster presented at the Biennial Meeting of the Society for Research on Adolescence, Austin, TX.
- Hinkey, S*., & **Holub, S. C.** (March, 2014). *Gender differences in the role of peers and media in adolescents' body dissatisfaction*. Paper presented at the Biennial Meeting of the Society for Research on Adolescence, Austin, TX.
- Patel, S. L.*, & **Holub, S. C.** (April, 2013). *The role of weight status and age in overweight children's social relationships during early childhood*. Poster presented at the Society for Research on Child Development, Seattle, WA.
- Ruhl, H*., Dolan, E. A.*, & **Holub, S. C.** (April, 2013). *Junk food is not my friend: Determinants and outcomes of dieting behaviors in college*. Poster presented at the Society for Research on Child Development, Seattle, WA.
- Tan, C.* & **Holub, S. C.** (April, 2013). *Parents' and children's emotional eating: The role of parenting styles*. Poster presented at the Society for Research on Child Development, Seattle, WA.
- Dolan, E. A*., Ruhl, H*., & **Holub, S. C.** (April, 2013). *"Just one more bite!": Investigating mothers' controlling behaviors when feeding their infants*. Poster presented at the Society for Research on Child Development, Seattle, WA.
- Hinkley, S*., & **Holub, S. C.** (April, 2013). *Tweens' and teens' body dissatisfaction: The role of parents*. Paper presented at the Society for Research on Child Development, Seattle, WA.
- Holub, S. C.** (April, 2013). *Bringing developmental science to pediatric obesity research: Biobehavioral stress, family process, and social contexts (Discussant)*. Symposium presented at the Society for Research on Child Development, Seattle, WA.
- Patel, S. L.*, & **Holub, S. C.**, (2012, March). *Parents' appearance and weight-related criticism toward young children*. Poster received prize for graduate student research and was presented at the Society for Research on Human Development, New Orleans, LA.
- Roelse, H*., Dolan, E. A*., Hinkley, S. & **Holub, S. C.** (2012, March). *Individual differences in perceived influence of maintaining a food diary on eating behaviors*. Poster presented at the Society for Research on Human Development, New Orleans, LA.

- Hinkley, S.*, Roelse, H.*, & **Holub, S. C.** (2012, March). *Thinking about food...Associations with dieting and fear of fat*. Poster presented at the Society for Research on Human Development, New Orleans, LA.
- Tan, C.*, Dolan, E. A.*, & **Holub, S. C.** (2012, March). *Mood induction: Effects on children's eating behaviors*. Poster presented at the Society for Research on Human Development, New Orleans, LA.
- Dolan, E. A.*, Tan, C.*, **Holub, S. C.**, & Patel, S. L.* (2012, March). *Mothers' restrained eating and child gender: Associations with restrictive feeding practices*. Poster presented at the Society for Research on Human Development, New Orleans, LA.
- Holub, S. C.**, Tan, C.*, Dolan, E. A.*, Patel, S. L.*, & Roelse, H.* (2011, April). *Parent and child characteristics associated with parental feeding practices*. In C. N. Markey (Chair). *Parents' role in children's obesity risk*. Symposium presented at the Society for Research on Child Development, Montreal, Canada.
- Patel, S. L.*, Tan, C.*, Fajans, J.*, & **Holub, S. C.** (2011, April). *Children's perceptions of snack food healthiness: Is it related to liking and consumption?* Poster presented at the National Conference in Pediatric Psychology, San Antonio, TX.
- Tan, C.*, Patel, S. L.*, Roelse, H. B.*, Wilson, A. N.*, & **Holub, S. C.** (2011, April). *Parenting style and feeding practices in children's acceptance of new foods*. Poster presented at the National Conference in Pediatric Psychology, San Antonio, TX.
- Dolan, E. A.*, Hinkley, S. B.*, **Holub, S. C.** (2011, April). *Mothers' beliefs about their infants' body shapes: Accuracy and associations with feeding*. Poster presented at the National Conference in Pediatric Psychology, San Antonio, TX.
- Roelse, H.*, Tan, C.*, Hinkley, S.*, Haney, A.*, Richards, S.*, & **Holub, S. C.** (2011, April). *The role of parenting styles in influencing the effectiveness of modeling behaviors*. Poster presented at the National Conference in Pediatric Psychology, San Antonio, TX.
- Dolan, E. A.*, Tan, C.*, Farago, F.*, Trauterman, S. L.*, Schindler, C. K.*, Moiger, S.*, Reith, E.* & **Holub, S. C.** (2010, April). *Mothers' beliefs about their infants' body shapes: Accuracy and associations with feeding*. Poster presented at the Southwestern Psychological Association, Addison, TX.
- Patel, S. L.*, Bacani, J. W.*, Haney, A. M.*, & **Holub, S. C.** (2010, April). *Beliefs about obesity: Perceptions of size and obesity stigma*. Poster presented at the Southwestern Psychological Association, Addison, TX.
- Tan, C.*, Farago, F.*, & **Holub, S. C.** (2010, March). *Media exposure, appearance orientation and negative attitudes about weight*. Poster presented at the Society for Research on Adolescence, Philadelphia, PA.

- Patel, S. L.*, & **Holub, S. C.** (2010, March). Children's decisions about helping peers: Does body size matter? Poster received prize for graduate student research and was presented at Society for Research in Human Development, San Antonio, TX.
- Holub, S. C.**, Dolan, E. A.*, & Patel, S. L.* (2009, April). *Maternal sensitivity in the parent-child feeding relationship*. Poster presented at the Texas Obesity Research Center conference, Houston, TX.
- Holub, S. C.** (2009, April). *An observational study of maternal restriction and children's eating behavior*. In **S. C. Holub** (Chair). *The development of children's eating behaviors: Family matters*. Symposium presented at the Society for Research on Child Development, Denver, CO.
- Holub, S. C.**, Tan, C.*, & Dolan, E. A.* (2009, April). *No more! Children's refusals during a mealtime observation*. In J.M. Blissett (Chair). *Food restriction and refusal*. Symposium presented at the Society for Research on Child Development, Denver, CO.
- Tan, C.*, Dolan, E. A.*, & **Holub, S. C.** (2009, April). *Children's obesity stereotypes and intentions to play with overweight peers*. Poster presented at the Society for Research on Child Development, Denver, CO.
- Tan, C.*, **Holub, S. C.**, & Oliveira, D.* (2008, April). *Early emerging weight beliefs in children: The role of parental attitudes*. Poster presented at Conference on Human Development, Indianapolis, IN.
- Holub, S. C.** & Tan, C.* (2008, March). *The figure array methodology: New questions about accuracy of perceptions and attitudes about weight*. Poster presented at the Society for Research on Adolescence, Chicago, IL.
- Shafique, T.*, & **Holub, S. C.** (2008, February). *Anti-fat attitudes: Children's expectations about the behaviors of peers of differing body sizes*. Poster presented at the Society for Personality and Social Psychology, Albuquerque, NM.
- Holub, S. C.** (2007, April). *Observations of children eating in the absence of hunger: The importance of parents' feeding practices and eating behaviors*. In **S. C. Holub** (Chair). *Individual differences in children's eating behaviors and parents' feeding practices*. Symposium presented at the Society for Research on Child Development, Boston, MA.
- Holub, S. C.** (2007, April). *Preschoolers' perceptions of their own body size are related to their anti-fat attitudes*. Poster presented at the Society for Research on Child Development, Boston, MA.
- Klaus, J. F., & **Holub, S. C.**, & Aultman, C. (2007, April). *Mothers' and fathers' parenting sensitivity as predictors of children's weight outcomes*. Poster presented at the Society for Research on Child Development, Boston, MA.

- Holub, S. C.,** Tan, C. *, Roberts, K. M. *, Shafique, T. *, Kuperman, T. *, Patel, P. *, Oliveira, D. *, Niedwiecki, K. *, Hutto, S. *, & Bhatt, A. * (2007, April). *Examination of the figure array methodology for assessing body-size attitudes*. Poster presented at the Annual Meeting of the Southwestern Psychological Association, Fort Worth, TX.
- Holub, S. C.** (2006, May). *Parenting style influences the relationship between parents' feeding practices and child weight*. Poster presented at the Annual Association for Psychological Science Conference in New York.
- Holub, S. C.,** Bates, K. *, & Wolfe, K. * (2006, March). *Maternal anti-fat attitudes are related to preschoolers' body dissatisfaction*. Poster presented at the Biennial Conference of the Society for Research in Human Development, Fort Worth, TX.
- Holub, S. C.** (2005, October). *Is restrictive feeding related to child weight?: It depends on the context*. Poster presented at the Annual Cooper Institute Conference titled Childhood Obesity: Updates and Innovations, Dallas, TX.
- Musher-Eizenman, D. R., **Holub, S. C.,** & Miller, A. B. (2005, October). *Restrictive feeding practices: Mothers' motivations for limiting what their children eat*. Poster presented at the Annual Cooper Institute Conference titled Childhood Obesity: Updates and Innovations, Dallas, TX.
- Musher-Eizenman, D. R., & **Holub, S. C.** (2005, April). *Restrictive feeding practices, child eating outcomes, and parenting styles*. Paper presented at the Society for Research on Child Development. Atlanta, GA.
- Holub, S. C.** (2005, April). *Positive bias in young children's reports of perceived competence*. Poster presented at the Society for Research on Child Development. Atlanta, GA.
- Holub, S. C.,** Musher-Eizenman, D. R., & Costilow, D. (2005, April). *Young children's understanding of healthy and unhealthy food choices*. Poster presented at the Society for Research on Child Development. Atlanta, GA.
- Tisak, M. S., **Holub, S. C.,** Mullins, D., & Tisak, J. (2005, April). *What constitutes nice acts? Preschoolers' perspectives of boys' and girls' behaviors at school and home*. Poster presented at the Society for Research on Child Development. Atlanta, GA.
- Holub, S. C.,** Hauser, J. C., Young, K. M., & Musher-Eizenman, D. R. (2004, November). *Fear of fat as a predictor of dieting and feeding practices*. Poster presented at the Annual BGSU Research Conference: Engaging Minds Across Disciplines. Bowling Green, OH.
- Costilow, D., Miller, A. B., **Holub, S. C.,** & Musher-Eizenman, D. R. (2004, November). *Reasons for parental restriction of child food intake*. Poster presented at the Annual BGSU Research Conference: Engaging Minds Across Disciplines. Bowling Green, OH.

- Holub, S. C.** & Musher-Eizenman, D. R. (2004, March). *Older adolescent sibling relationship quality: Structural variables, family process variables and normative beliefs*. Poster presented at the Biennial Meeting of the Society for Research on Adolescence. Baltimore, MD.
- McCauley, D., Reiss-Jones, M., **Holub, S. C.**, Miller, N., & Moynihan, H. (2003, June). *Effects of age and tempo in the timing control of rhythmic performance*. Paper presented at the Annual Meeting of the Society for Music Perception and Cognition. Las Vegas, NA.
- Holub, S. C.** (2003, April). *Children's self-perceptions during the transition to siblinghood*. Poster presented at the Biennial Meeting of the Society for Research on Child Development. Tampa, FL.
- Mullins, D. N., **Holub, S. C.**, & Tisak, M. S. (2003, April). *Gender differences in children's conceptions of heroes*. Poster presented at the Biennial Meeting of the Society for Research on Child Development. Tampa, FL.
- Musher-Eizenman, D. R., Persson, A. V., **Holub, S. C.**, Goldstein, S. E., Edwards-Leeper, L. A., Collins, A., & Miller, A. B. (2003, April). *Preschool children's dieting behaviors and understanding of the word "diet"*. Poster presented at the Biennial Meeting of the Society for Research on Child Development. Tampa, FL.
- McCauley, D., Reiss-Jones, M., **Holub, S. C.**, Miller, N., & Moynihan, H. (2003, March). *Effects of age and tempo in the timing control of rhythmic performance: A lifespan study*. Paper presented at the Annual Meeting of the New England Sequencing and Timing Conference. New Haven, CT.
- Dalrymple, J., **Holub, S.**, Gordon, A. K., & Musher-Eizenman, D. (2003, February). *What are children thankful for? An archival analysis of gratitude before and after the terrorist attacks*. Poster presented at the Annual Conference of the Society for Personality and Social Psychology. Los Angeles, CA.
- McCauley, D., **Holub, S. C.**, Miller, N., Miller, J.P. (2002, November). *Developmental changes in the timing and control of rhythmic movements: A lifespan perspective*. Poster presented at the Annual BGSU Research Conference: In Celebration of Research in All Disciplines. Bowling Green, OH.
- Holub, S. C.**, & Musher-Eizenman, D. R. (2002, April). *Birth order and substance use*. Poster presented to the Society for Research on Adolescents. New Orleans, LA.
- Goldstein, S. E., Tisak, M. S., Boxer, P., Persson, A. V., & **Holub, S.** (2001, August). *Preschoolers' normative and prescriptive beliefs about relational and overt aggression*. Poster presented at the Annual Meeting of the American Psychological Association. San Francisco, CA.

St. James, J., & **Holub, S.** (2001, May). *Negative priming in a study of automaticity of stereotyping*. Paper presented at the Midwestern Psychological Association Annual Meeting. Chicago, IL.

Teaching

Courses Taught:

Fall 2012-2019	PSYC/HCS 6350: Social Development, UT Dallas, Graduate Course
Spring 2006-2010, 2013, 2017, 2019-2022, 2023	HD CD 6320: The Developing Child: Toddler and Preschool Years, UT Dallas, Graduate Course
Spring 2017, Fall 2017	HD CD 6390: Introduction to Infant Mental Health, UT Dallas, Graduate Course, Co-taught in S2017, Independent study in F2017
Spring & Fall 2006-2015	PSY 2301: Introduction to Psychology, UT Dallas, Undergraduate Course
Spring 2016, Fall 2018-2023	PSY/CLDP 3332: Social and Personality Development, UT Dallas, Undergraduate Course
Fall 2006-2011	CLDP 3394/3194: Research and Evaluation Methods with Lab, UT Dallas, Undergraduate Course
Fall 2005	PSY 3393: Experimental Projects, UT Dallas, Undergraduate Course
Fall 2003	PSY: Child Development, Bowling Green State University, Undergraduate Course

Doctoral Advisement:

Donald MacPhail, Began advisement August 2022
Melissa Heinrich, Began advisement August 2020
Callie De La Cerda, Began advisement August 2020

Shane Solis, Began advisement

Zaharra Withers, Began advisement August 2017, ended advisement January 2018
Courtney Terry, Began advisement August 2015, ended advisement May 2018
Sarah Hinkley, Degree awarded August 2015
Sanobar Patel, Degree awarded December 2013
Elaine Dolan, Degree awarded August 2013
Holly Roelse, Degree awarded August 2013
Cin Cin Tan, Degree awarded May 2012
Leilani Hinton, Degree awarded from UT-Southwestern May 2011

Masters Advisement:

Jordan Slagle, Degree awarded May 2022

Kathleen Voss, Degree awarded May 2019
Angelica Rodriguez, Degree awarded May 2019
Sarah Gammon, Degree awarded May 2018
Jessica Duley, Degree awarded May 2016
Letitia Bledsoe, Degree awarded in May 2014
Flora Farago, Degree awarded May 2010
Rabih Dahdouh, Degree awarded May 2010
Tashnuva Shafique, Degree awarded August 2007

Graduate Student Committees:

Psychological Science/Psychology- Dawn Brinkley (Qualifying Thesis), Chong Man Chow (Dissertation, graduated Summer, 2011), Fadwa Elashi (Qualifying Thesis), Meredith Grant (Dissertation, graduated Summer, 2011), Asheley Landrum (Qualifying Thesis, Dissertation, graduated December 2013), Sydney Rowles (Qualifying Thesis, Dissertation, graduated August 2018), Conrad Corretti (Qualifying Thesis), Brittany Boyer (Dissertation, graduated August 2018), Fouroz Shirvani (Dissertation, graduated Summer, 2017), Deyaun Villereal (Qualifying Thesis, Dissertation, graduated Summer 2020), Kaitlin Sands (Qualifying Thesis), Olivia Smith (Dissertation, graduated Spring 2020), Megan Adelson (Dissertation, graduated Summer 2020), Katie Austin (Dissertation, graduated Spring 2022), Melissa Amos (Qualifying Thesis, Dissertation, graduated Summer 2022), Samantha Redig (Thesis), Mariam Hafiz (Thesis, Dissertation), Denise Williams (Dissertation),

Cognition and Neuroscience- Asal Baragchizadeh (Dissertation), Ying Hu (Dissertation)

Human Development and Early Childhood Disorders- Yoon Seon Han (Master's Thesis)

Honors Student Advisement (Supervisor/First Reader):

Alexandra Wilson, Ann Marie Haney, Sarah Trauterman, Conrad Capili, Davelle Cheng, Leah Scoggins, Grace Nyguen, Anna Straughan, Anna Scully, Hedwig Gavino, Alexandria Cui, Sahana Kodali, Unnati Penta

Honors Student Advisement (Second Reader):

Chris Peterson, Fadwa Elashi, Katherine Maggard, Nicole Stillo, Connie Aultman, Faraha Hasan, Grace Koontz

Professional and University Citizenship

Reviewing:

American Journal of Media Psychology
Appetite
Body Image
British Journal of Developmental Psychology
Child Development
Early Child Development and Care
Early Education and Development
European Review of Applied Psychology
International Journal of Behavioral Nutrition and Physical Activity

International Journal of Obesity
 International Journal of Pediatric Obesity
 Journal of Applied Developmental Psychology
 Journal of Eating and Weight Disorders
 Journal of Early Adolescence
 Journal of Health Psychology
 Journal of Nutrition Education and Behavior
 Journal of Youth and Adolescence
 Maternal and Child Nutrition
 Merrill Palmer Quarterly
 Obesity
 PLOS One
 Public Health Nutrition
 Sex Roles
 Social Development
 Social Psychology Quarterly
 Society for Research on Child Development Biennial Meeting Conference Submissions; 2009-
 Panel 18: “Parenting”; 2011- Panel 4: “Childhood: Social Processes”, 2013- Panel 5:
 “Developmental Psychopathology”, 2020- Panel 23”Social, Emotional, Personality.

Membership in Professional Organizations:

Society for Research in Child Development
 Society for Research on Adolescence
 Society of Pediatric Psychology
 Society for Research in Human Development
 Sigma Xi
 Phi Kappa Phi
 Association for Psychological Science

University Activities and Committees:

2022-Present	Inclusion, Diversity, Equity and Access (IDEA) Committee
2022-Present	Academic Program Review Committee
2018	University Faculty Workload Policy Committee
2017-2020	Chair, University Assessment Committee
2016-2017	Teaching Leader, Center for Teaching and Learning
2016-2017	Chair, Program Review Committee
2013-2019	Member, Committee on Education Policy
2009- 2015	Member, The University of Texas at Dallas Wellness Committee
2008- 2010	Senator, The University of Texas at Dallas Academic Senate
2007- 2009	Reviewer, The University of Texas at Dallas Institutional Review Board Committee
2007, 2008, 2010	Lecturer, University of Texas at Dallas Scholars’ Day
2002-2004	Senator, Bowling Green State University Graduate Student Senate

School of Behavioral and Brain Sciences Activities and Committees:

2022-Present	Clinical Psychological Science PhD Program Development Committee
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2022- Present	Equity, Justice Inclusion
2021- Present	Department of Psychology Diversity and Anti-Racism Standing Committee
2020-2021	Founding Co-Chair, Department of Psychology Diversity and Anti-Racism Working Group
2019-Present	BBS Executive Council, Academic Advisory Council
2019-2020	Chair, BBS Faculty Search Committee
2018	BBS Faculty Workload Policy Committee
2018	Member, Dean Search Committee
2018	Member, Faculty Search Committee
2016	Member, Strategic Planning Committee
2015-Present	Member, SONA Committee
2015	Chair, Faculty Search Committee
2013-Present	Member, Academic Advisory Council
2013-2022	Member, Doctoral Recruitment and Admissions Committee
2013-2016	Member, Psych and CLDP Curriculum Review Committees
2011	Member, Undergraduate Advisor Search Committee
2011- 2013	Chair, Scholarship Committee, School of Behavioral and Brain Sciences
2010- 2013	Member, Psychological Sciences Undergraduate Travel Award Committee
2006- Present	Member, Human Development and Early Childhood Disorders Admissions Committee
2006- 2010	Member, Website Review Committee, School of Behavioral and Brain Sciences
2006- 2010	Member, Scholarship Committee, School of Behavioral and Brain Sciences
2008- 2009	Co-Chair, The School of Behavioral and Brain Science Colloquium Series
2007	Member, The School of Behavioral and Brain Sciences Undergraduate Recruitment Task Force

Professionally-Relevant Community Service:

2006- Present	Member, Dallas Area Coalition for Childhood Obesity
2007, 2011	Volunteer, Get Kidz Fit, Dallas Area Coalition for Childhood Obesity
2006	Member, Program Committee for the Shaping America's Youth Dallas Town Hall Meeting on Childhood Obesity

Community Outreach Through Invited Talks and Publications:

Holub, S. C. (2020, September 26th). *Bringing everyone to the table: Parenting to help children develop healthy eating habits*. Talk Presented to WB Travis Vanguard and Academy, Parent Staff Education Seminar, Dallas, TX.

Holub, S. C. (2019, December 9th). *Bringing everyone to the table: Parenting to help children develop healthy eating habits*. Talk Presented at Lamplighter Elementary, Parent Education Series, Dallas, TX.

Holub, S. C. (2019, October 29th). *Setting the table: Parents' role in lessening obesity risk & promoting child health*. Talk Presented at BBS Brain Matters Annual Lecture, Richardson, TX.

- Holub, S. C.** (2019, October 24th). *Bringing everyone to the table: Parenting to help children develop healthy eating habits*. Talk Presented at Harrington Elementary, Parent Education Series, Plano, TX.
- Holub, S. C.** (2019, January 18). *Using Children's Appearance-Related Observations for Good. In Strategic Parenting: Embracing Hard Discussions to Enrich Children's Development*. Talk presented at Center for Children and Families Spring Forum, Richardson, TX.
- Holub, S. C.** (2016, May 13th). *Healthy eating behaviors: Nurturing the parent-child feeding relationship*. Talk presented at First 3 Years, Food for Thought Lecture and Training Workshop, Dallas, TX.
- Holub S.C.** (2016, March 5th). *Promoting family health through the parent-child feeding relationship*. Talk presented at the Center for Children and Families Spring Lecture Series, Richardson, TX.
- Holub, S. C.** (2014, October 8th). *Developing healthy eating practices and weight attitudes in children*. Talk presented at Carpe Diem, Richardson, Texas.
- Holub, S. C.** (2010, November 16th). *Developing healthy eating practices and weight attitudes in children*. Talk presented at St. Patricks' Lecture Series, Dallas, Texas.
- Holub S.C.** (2009, February 26th). *Developing healthy eating habits in infants, toddlers, and school-aged kids*. Talk presented at Metroplex Moms Lecture Series, Addison, TX.
- Holub S.C.** (2009, February 25th). *Childhood obesity: How parents can help children develop healthy eating practices*. Talk presented at the First Annual Center for Children and Families Spring Lecture Series, Richardson, TX.
- Musher-Eizenman, D. R., & **Holub, S. C.** (2005). What young children think of overweight individuals. *Pediatrics for Parents*, 21, 5.