**二零二一年八月上**

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| 日期\项目 | 早餐 | 口语 | 数学 | 单词 | 午休 | 英语 | 力扣 | 公考 | 健身 | 钢琴 | 阅读 | 按时睡觉 |
| 08.16 |  |  |  |  |  |  |  |  |  |  |  |  |
| 08.17 |  |  |  |  |  |  |  |  |  |  |  |  |
| 08.18 |  |  |  |  |  |  |  |  |  |  |  |  |
| 08.19 |  |  |  |  |  |  |  |  |  |  |  |  |
| 08.20 |  |  |  |  |  |  |  |  |  |  |  |  |
| 08.21 |  |  |  |  |  |  |  |  |  |  |  |  |
| 08.22 |  |  |  |  |  |  |  |  |  |  |  |  |
| 08.23 |  |  |  |  |  |  |  |  |  |  |  |  |
| 08.24 |  |  |  |  |  |  |  |  |  |  |  |  |
| 08.25 |  |  |  |  |  |  |  |  |  |  |  |  |
| 08.26 |  |  |  |  |  |  |  |  |  |  |  |  |
| 08.27 |  |  |  |  |  |  |  |  |  |  |  |  |
| 08.28 |  |  |  |  |  |  |  |  |  |  |  |  |
| 08.29 |  |  |  |  |  |  |  |  |  |  |  |  |
| 备注 | 8点 | 流利说 | 考研数学 |  |  | anki复习 | c&python | 党，写作，刷题 | 两天一轮 |  | caculus | 23:00 |