

## Clinical Note

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Patient: John Doe

Diagnosis: Chronic Lower Back Pain

Prescribed Sessions:

- Physiotherapy (2 sessions per week for 4 weeks)
- Occupational Therapy (1 session per week for 6 weeks)

Equipment Suggested:

- Low-cost lumbar support cushion
- Mid-level adjustable standing desk

Additional Notes:

Patient requires gentle support equipment to minimize strain during recovery.