Describe a file of TV program that made you laugh. You should say: What the program is When you watched it Who you watched it with Why it made you laughed I watched a film called "monster-in-law". It is about a widowed woman whose son is about to get married to someone that she doesn't like. I watched it a few weeks ago at home. It was a gloomy and rainy day, so we thought that the best thing to do would be to watch a funny movie. I watched it with one of my close friends. It made me laugh so much because the main character schemed to do everything she could to call off her son's weeding. She was not happy with the new family member and does the most ridiculous things to hurt her. It made me laugh even more because I had watched the film before, but couldn't remember most of it so, when I watched it again, I found it even funnier and it refreshed my memory of what had happened the first time when I watched it. And it also laughed even more because when I watched it with my friend, her laughter made me laugh too! Do you think adults are likely to be happier than children? Yes. Adults are able to enjoy more experiences than children and are also able to experiment with things that make them happy. As an adult, there is more freedom available to enjoy things, for example, having a drink with some friends to relax or travelling around the world on their own.

其他观点

No, I think children will always be happier than adults because they have NO responsibilities. Adults are bombarded with bills, work, everyday struggles that children do not have. Children usually have no care in the world whatsoever, so there is very little that they have to worry about.

#### Is laughing beneficial to children, how about old people?

Laughing is beneficial to children because it is something that can be used to keep a child calm and it distracts them from something that causes pain or that hurts them. It is also helpful for old people, because a positive mental status can benefit their health.

其他观点

Laughing may not benefit elderly people much especially in comparison to younger ones because they have a lot to deal with. They may be tired, they may be tired, they may be undergoing surgeries or experiencing aches and pains and laughter may actually be the furthest from their minds.

#### What do you do when you feel sad?

When I feel sad, I absolutely have to listen to music. Even if I am at home, I grab my earphones, put it on the highest volume and listen to a song which can cheer me up. This comforts me so much.

其他观点

I write poetry on how I am feeling when I feel sad. It helps me to visualize how I feel, and it becomes a coping mechanism. And this method has helped me go through some difficult times.

# Why do children like to laugh?

Children like to laugh because this tells parents and those who care for them that they are happy about something and it shows that they have a sense of humor. And it makes them feel good.

其他观点

Children are very innocent, and they tend to look at the world in a very different angle from adults. Many things happening around them are funny to them and can crack them up.

# What kinds of things do Chinese people do to be happy?

Some people go out and enjoy some time with friends. The interaction with friends makes them very happy, so they are able to forget the things that bother them. This works quite well with social and outgoing people.

### 其他观点

Most people choose to include in some form of creative activity. I've noticed that many adults start to learn oil painting in recent years. Outdoor activities are popular for letting off steam. It could be going bike riding, going to the gym or go shopping. These leisure activities do put a smile on people's faces.