

Do you like to get up early in the morning?

I hate getting up early in the morning. It makes me even more tired. Sometimes though, there isn't much of a choice. But I guess an early start isn't always too bad.

What is your morning routine?

My morning routine consists of getting ready and dressed for school. I then eat my breakfast, a banana or porridge on my way to school or at my desk once I arrive.

Is breakfast important?

Breakfast is very important. It sets me up for the day and gives me energy to do activities in the morning. A good breakfast can enable me to concentrate on my study and not be distracted.

What do you do in the mornings?

In the mornings, I wake up, brush my teeth, have a bath and get ready for work. I drink a cup of coffee, which I think it's a perfect way to start my day.