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**Describe an occasion when you helped a person**

**You should say:**

**What the situation was**

**Who you helped**

**How you helped**

**And explain how you felt after giving help**

When I was going home last summer holiday. I helped someone at the train station.

As I was waiting for the train in the waiting hall, I saw a lady in her fifties who looked very worried. She was busy rummaging through her bags and pockets.

I went to her and asked if she had lost anything. She told me that she couldn't find her ID card. She couldn't get on the train without it. I told her not to worry and then took her to the information desk at the station. The personnel there said she could get a temporary ID at the customer service window. I followed the direction and accompanied the lady to that window. There she offered another form of identification and was given a temporary ID card to get on the train with. She was finally relieved and thanked me again and again before I got on my train.

I felt very happy that I helped her. Helping other people can bring ourselves happiness so I will try my best to help more people.

**Do you like helping others?**

Yes, I think that there's a sense of satisfaction in helping others. It's a gratifying feeling when you've helped someone in some way. I'd feel extremely guilty if I didn't help someone, knowing that there was something that I could do.

其他观点

Not if it puts myself at risk, I think that it's a good thing to be generous. However I also think that there is a line of how far people should go to help others.

**In your view, should children be taught to help others?**

Yes, it is necessary as it's an important quality that children should have, one that is easy to teach and easy to share with others. After they grow up, they will feel thankful for learning this.

其他观点

It's not as important as teaching children to help themselves, I think that they should be taught about the responsibility of looking after themselves before looking after others.

**How can we encourage children to help others?**

Perhaps by rewarding the children when they do a kind deed for someone else. This could

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encourage them to help more people in the future, working as a win-win situation.

其他观点

I think that children could be encouraged by seeing their favorite movie stars and pop stars showing a good example. These stars could be seen helping someone else and they could encourage their fans to do the same.

**Do you think people are less willing to help others these days, compared to the past?**

I think people are less willing, because there is a multitude of charities that promote the amount that they help others, meaning that people are less inclined to help as they believe that others are already doing it.

其他观点

I think people are more willing than ever, especially those who volunteer and help out at charity events. Through social media, more and more people are getting involved with helping others.