

Procedure 19-1

The French Manicure Using Polish

IMPLEMENTS AND MATERIALS

In addition to the basic materials on your manicuring table, you will need the following supplies:

- White polish
- Sheer pink, peach, or beige polish
- Base coat
- Glossy top coat

Preparation

Prepare the nail in the same way you would for polish. You may be starting with a manicured natural nail or a nail enhancement, but either way, the nail should be clean and free of oil and dust.

1 Apply base coat to all nails. Then apply one coat of sheer pink polish to all nails.



2 Start with the little finger. Hold the lateral edges of the finger, pulling the skin down on both sides to expose the entire free edge.



3 Take the white polish brush with polish on one side and start at the left edge of the nail, slightly higher than where you want the smile line to be. Gently pull the brush down, creating the arc of the smile line. When creating the French manicure look, try to get all of the white tip areas to be the same width and degree of smile line on every nail.

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- 4** Without removing the brush from the nail, lay the brush across the edge of the nail at a 45-degree angle and drag it along the edge of the nail while you rotate the finger with the holding hand.



- 5** When you get toward the right edge, tilt the brush up to create the arc of the smile line. Finishing the line in one movement will keep the smile line smooth and crisp.



- 6** Seal the tip. With a tiny bit of white polish, polish the edge of the nail to seal it. Then repeat steps 3 through 6 on all nails.



- 7** Apply top coat.



- 8** Present the finished look to your client.

Procedure 19-2

Animal Print Design Using Paint

IMPLEMENTS AND MATERIALS

In addition to the basic materials on the manicuring table, you will need the following supplies:

- Paint (white, black)
- Brushes (polish, striper)
- Top coat
- White polish (optional)

Preparation

- You will most likely paint your design over the top of polish or another art medium. Wait until the polish or other product is completely dry before you begin the hand-painted art.
- Prepare the nail just as you would for polish; be sure the nail is clean and free of oil and dust.

Procedure



1

Paint or polish the entire nail white. Allow it to dry.



2

Using the striper brush, load the lower three-quarters of the brush with black paint. Touch the tip of the brush to the left-side lower edge of the nail and lay the belly of the brush on the nail.



3 Pull the brush across the nail toward the center in a slightly wavy motion, lifting it away from the nail near the center.



4 Leaving space between strokes, do the same technique on the opposite side and slightly pass the center.



5 Repeat steps 2 through 4 until you reach the top of the nail. Try not to make the stripes perfect or meet in the middle; this creates a more realistic look. It also looks great to leave a large gap and create a short stripe in the center of the nail instead of always starting at one side or the other.



6 Apply top coat.

Procedure 19-3

3-D Flower Using Monomer Liquid and Polymer Powder

IMPLEMENTS AND MATERIALS

In addition to the basic materials on the manicuring table, you will need the following supplies:

- Colored, white, or glitter polymer powders
- Monomer liquid
- Dappen dish
- Lint-free absorbent wipes for your brush
- Monomer liquid and polymer powder brushes such as a #8 or #4 flat oval

1



1

Envision a circle on the nail where the flower will be and divide the circle in half.

2



2

Place a dry bead down on the nail so that it is inside the edge of the circle.

3



3

Place the tip of the brush toward the center of the bead and gently press down to enlarge it; this will begin the design with the opening of the first petal. Lean the brush back and gently pull the brush so that it floats across the top of the monomer liquid and polymer powder bead to stretch the petal to the edge of the circle.

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4 Repeat steps 2 and 3 to make two more petals, making sure all three petals only consume half of the circle. This will ensure that you leave enough space for the other two petals.



5 After adding petals four and five, create a very dry, tiny bead for the middle of the flower. Or, place a crystal or other embellishment in the center.



6 Leave the flower matte or apply a top coat for a finished look.

Application Tip:

For balance when adding connecting flowers or leaves, always place the center of the new piece between two petals of the main flower.

Procedure 19-4

Confetti Inlaid Design Using UV Gel

IMPLEMENTS AND MATERIALS

In addition to the basic materials on the manicuring table, you will need the following supplies:

- Clear UV gel
- Silver glitter
- UV gel light unit
- Brush for gel
- Gel cleanser
- UV gel top coat
- Flat or thin embellishments
- Medium-grit abrasive boards and buffers

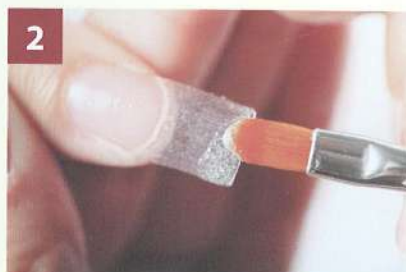
Preparation

Prepare the nails for UV gel and apply a set of clear tips, as described in Chapter 18. You can also create art or UV gel overlays on top of other nail enhancement surfaces, but you should not put UV gel over polish.

Procedure



- 1** Apply a thin layer of clear UV gel over the entire nail and tip and cure for two minutes or longer according to manufacturer directions. Be sure not to get the UV gel on the eponychium or surrounding skin.



- 2** Pick up a very small bead of clear UV gel and dip it into the silver glitter. Place the bead at the end of the nail tip. Smear the bead from side to side until the very edge is covered.



- 3** Brush the UV gel back to blend the glitter toward the nail bed. This will give the glitter a faded look. Cure for 2 minutes or longer according to the manufacturer's directions for the product.



- 4** Pick up a tiny bead of clear UV gel and a piece of confetti and place them on the nail in the desired position.

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- 5** Repeat step 4 with all the embellishments until the entire nail is decorated. Cure for 2 minutes or longer according to the manufacturer's directions for the product.

- 6** Pick up a large bead of UV gel and overlay the entire nail. Be sure to seal the tip. Cure for 2 minutes or longer, according to the manufacturer's directions for the product.

Application Tip:

To speed up the process when creating inlaid design nails, perform each step on all 10 nails before you go to the next step. For example, do the glitter bead on all 10 nails. Then apply all the pink hearts, then purple stars, etc. Then overlay four nails and cure those while you are overlaying the other hand. This process will also create consistency in the design.



- 7** Pick up a medium-size bead of UV gel and place it on the apex area. Remember to look at the nail from all angles to ensure that it has the correct structure and shape. Cure for 2 minutes or longer according to the manufacturer's directions for the product.

- 8** Remove the inhibition layer with a gel cleanser and file the shape and surface. Remember to be careful when filing inlaid design nails, as you want to be sure not to file through the product and into the design. Do not file or buff the surface with anything finer than a 180-grit abrasive.



- 9** Apply UV gel top coat according to the manufacturer's directions.



- 10** Present the finished look to your client.

Procedure 19-5

Crystal Art on Polish Using Embellishments

IMPLEMENTS AND MATERIALS

In addition to the basic materials on the manicuring table, you will need the following supplies:

- Wood stick
- Brush-on adhesive
- Top coat
- Tweezers
- Embellishments (crystals of varying sizes, beads)

Preparation

Ensure that the polish and top coat are dry before proceeding.

Procedure



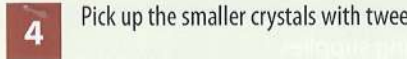
- 1 Choose the embellishments and place them on the table with the foil side down.



- 2 Apply a small amount of nail adhesive to the area where the crystals and beads will be laid. Apply the adhesive in small areas at a time so it does not dry before the embellishment is applied.



3 Place the larger crystals, first using tweezers. Then add more adhesive where needed.



4 Pick up the smaller crystals with tweezers or a wood stick dipped in top coat and place them near the larger crystals.



5 Pick up the beads with a wood stick dipped in top coat and place them next to the smaller crystals, around larger crystals, or in any gaps or spaces to fill in the design.



6 Allow the adhesive to dry completely. Then apply top coat to the nail around the crystal artwork so that it is slightly covering the beads.



7 Present the finished look to your client.

Procedure 19-6

Two-Color Fade or Color Graduation Using an Airbrush

IMPLEMENTS AND MATERIALS

In addition to the basic materials on the manicuring table, you will need the following supplies:

- Airbrush machine
- Airbrush paint
- Extra color cups, if applicable
- Airbrush cleaner in a squirt bottle
- Top coat or sealer and base coat
- Cotton and paper towels
- Water, alcohol, polish remover, and cuticle oil
- Wood stick

Preparation

Apply base coat to all 10 nails and let them dry.

Procedure



- 1** Load the airbrush. Put the paint into the unit and place your thumb on the client's finger just above the cuticle area. Most of the over-spray will land on your thumb, reducing cleanup on the client.

- 2** Start the spray on the paper towel and when the spray is correct, direct the spray toward the nail.



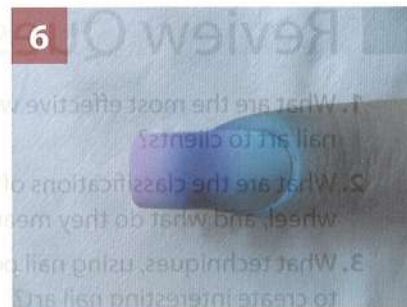
- 3** You may want to coat the nail with white paint first if you are using light colors; this will give your colors a brighter appearance in the finished look.

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- 4** Apply the first coat of color, spraying back and forth over the free edge of the nail. Add a few passes toward the center of the nail to create a soft edge for the second color to overlap.

- 5** Repeat on all nails. Return to the first nail and continue to apply light, thin coats of paint until you have reached the desired color or opacity. Then clean the airbrush to remove the first color paint.



- 6** Airbrush the second color, starting at the cuticle area of the nail and moving down. When the colors overlap, they should fade together and begin to form a beautiful transition shade.

- 7** Repeat on all nails. Return to the first nail and continue to spray the second color at the cuticle area of each nail until the desired color or opacity is achieved.



- 8** When the paint is dry, apply an ample amount of sealer or top coat. Be sure to seal all the edges. Then allow the client's nails to dry for 3 to 5 minutes.



- 9** Remove overspray from the client's skin by using a wood stick wrapped in cotton or a paper towel and saturated with water or alcohol.

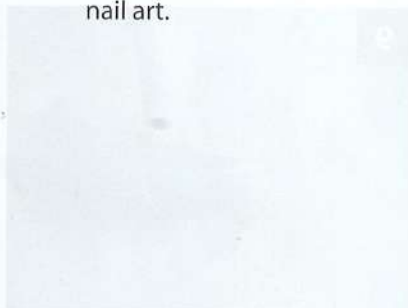
- 10** Repeat step 9, using polish remover if any paint remains, and repeat with cuticle oil if the skin is dry. Then apply a second layer of top coat or sealer for maximum durability, if desired.



- 11** Present the finished look to your client.

Review Questions

1. What are the most effective ways to introduce nail art to clients?
2. What are the classifications of color on the color wheel, and what do they mean?
3. What techniques, using nail polish, can be used to create interesting nail art?
4. Name three types of brushes used to paint flat nail art and describe their use.
5. List and describe the basic techniques used in hand-painted nail art.
6. Explain the use of dry and wet monomer liquid and polymer powder beads in the creation of nail art.
7. How is UV gel used and applied when creating an inlaid nail art design?
8. List four types of embellishments and describe how they are used.
9. What is the best airbrush system to use for nail art?
10. Name at least five benefits of participating in nail art competitions.



Remove overspray from the client's skin by using a wood stick wrapped in cotton or a paper towel and saturated with water or alcohol.

When the paint is dry, apply an ample amount of sealer or top coat. Be sure to seal all the edges. Then allow the client's nails to dry for 3 to 5 minutes.



Present the finished look to your client.