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Suggested Readings

- Clemente CD. *Anatomy: A Regional Atlas of the Human Body*, Ed. 3. Urban & Schwarzenberg, Baltimore, 1987.
- Hammer WI. *Functional Soft Tissue Examination and Treatment by Manual Methods*, Ed. 2. Aspen, Gaithersburg, 1999.
- Kendall FP, McCreary EK, Provance PG. *Muscles: Testing and Function*, Ed. 4. Williams & Wilkins, Baltimore, 1993.
- Lieber RL. *Skeletal Muscle Structure and Function: Implications for Rehabilitation and Sports Medicine*. Williams & Wilkins, Baltimore, 1992.
- Lowe W. *Functional Assessment in Massage Therapy*, Ed. 3. Orthopedic Massage Education & Research Institute, Bend, 1997.
- Mense S, Simons DG, Russell IJ. *Muscle Pain: Its Nature, Diagnosis, and Treatment*. Lippincott Williams & Wilkins, Philadelphia, 2001.
- Simons DG, Travell JG, Simons LS. *Travell & Simons' Myofascial Pain and Dysfunction: The Trigger Point Manual*, Vol.1, Ed. 2. Williams & Wilkins, Baltimore, 1999.
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