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## **Texto Cifrado Recebido**

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lrvmnir bpr sumvbwvr jx bpr lmiwv yjeryrki jx qmbm wi bpr xjvni mkd ymibrut jx irhx  
wi bpr riirkvr jx ymbinlmtmipw utn qmumbr dj w ipmhh but bj rhnvwdmbr bpr yjeryrki  
jx bpr qmbm mvvjudwko bj yt wkbrusurbmbwj k lmird jk xjubt trmui jx ibndt wb wi kjb  
mk rmit bmiq bj rashmwk rmvp yjeryrk mkd wbi iwokwxwvmkv mkd ijyr ynib  
urymwk nkrashmwkrd bj ower m vjyshrbr rashmkmbwj jkr cjhnd pmer bj lr fnmhwxwrd  
mkd wkiswurd bj invp mk rabrkb bpmb vjnhd urmvp bpr ibmbr jx rkhwopbrkrd ywkd  
vmsmlhr jx urvjokw gwko i jnkdhr ii i jnkd mkd ipmsrhrii ipmsr w dj kjb drry ytirhx bpr  
xwkmh mnbpjuwbt lnb yt rasruwrkv cwbp qmbm pmi hrxb kj d jnlb bpmb bpr xjhhjcwko  
wi bpr sujsru msshwvmbwj mkd wkbrusurbmbwj w jxxru bprjuwri wk bpr pjsr bpmb  
bpr riirkvr jx jqwkmcmk qmumbr cwhh urymwk wkbm vb

## **[Letras] Possíveis Letras pelas frequências**

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### **[Possível Solução]**

M => a

L => b

V => c

D => d

R => e

X => f

O => g

P => h

W => i

H => l

Q => k

Y => m

$K \Rightarrow n$

$J \Rightarrow o$

$S \Rightarrow p$

$F \Rightarrow q$

$U \Rightarrow r$

$I \Rightarrow s$

$B \Rightarrow t$

$N \Rightarrow u$

$E \Rightarrow v$

$C \Rightarrow w$

$A \Rightarrow x$

$T \Rightarrow y$

$G \Rightarrow z$

## **Texto Cifrado Decriptado**\_\_\_\_\_

because the practice of the basic movements of kata is the focus and mastery of self is the essence of matsubayashi ryu karate do i shall try to elucidate the movements of the kata according to my interpretation based on forty years of study it is not an easy task to explain each movement and its significance and some must remain unexplained to give a complete explanation one would have to be qualified and inspired to such an extent that he could reach the state of enlightened mind capable of recognizing soundless sound and shapeless shape i do not deem myself the final authority but my experience with kata has left no doubt that the following is the proper application and interpretaion i offer my theories in the hope that the essence of okinawan karate will remain intact

**[Autor e Fonte]** The Essence of Okinawan Karate-Do - Page 56

by Shoshin Nagamine