



This first aid level 1 course is for persons required to assess an emergency situation and provide basic life support and first aid in order to stabilise patients prior to transfer to the emergency services.

Learners credited with this unit standard will be able to demonstrate an understanding of emergency scene management and elements of anatomy and physiology, assess an emergency situation, apply first aid procedures to life-threatening situations and treat common injuries

This Multimedia Training Programme Includes:



Detailed subject notes and illustrations



Progress quizzes keep learning on track



An overhead slide presentation providing supplementary information



Videos illustrate best practices, case studies, and operational examples



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Perform basic life support and first aid procedures (first aid level 1)

UNIT STANDARD NUMBER: 119567

UNIT STANDARD LEVEL (NQF): 01 (5 credits)

FIELD: Health Sciences and Social Services

Duration

Full Training (Novice): 2 Day

Recertification Training/Evaluation: 1 Day

Remedial Training: 1 Day

Students

Minimum of 2

Course outline

Emergency scene management

We take learners through maintaining personal safety in terms of preventing injuries to self and infectious diseases, safeguarding the emergency scene according to relevant practices and legislation, safeguarding the injured person according to relevant practices and legislation and the implications of rendering first aid in terms of the relevant medical legislation.

Elementary anatomy and physiology

This module deals with the respiratory, circulatory, digestive, nervous and musculoskeletal systems. The systems of the human body are described in terms of their structure and function and the manner in which the systems relate to each other in accordance with basic medical science.

Assessing an emergency situation

We show learners how to assess an emergency situation in terms of priority treatments, how to identify the cause of an emergency by the main contributing factors, how to identify the type of injury in terms of broad classifications and how to assess the type of assistance required.

Apply first aid in a life-threatening situation

We show learners how to ensure that the first aid treatment applied is appropriate to the situation and how to prevent complications, how to improvise equipment that is not readily available in order to perform the procedure required, how to take universal precautions to prevent infection, how to apply first aid in accordance with current practices, how to perform cardio-pulmonary resuscitation (CPR) and artificial respiration (AR) in accordance with accepted procedures and how to refer to medical assistance in accordance with the specific needs of the casualty.

Treat common injuries

This module identifies and describes the different types of injuries and conditions according to their severity, cause and possible treatment, universal precautions to take in terms of preventing infection and providing follow-up care in accordance with the specific needs of the casualty.

Each learner will receive

- A learner workbook including progress quizzes
- Logbook and checklist example templates
- A portfolio of evidence of practical and theoretical evaluations

Assessment methods

We conduct a formative theoretical assessment at the beginning of the course to gauge the learner's initial understanding (novices only). At the end of the training, a summative theoretical, as well as a practical application assessment is conducted, and the learner is found competent, and if not, additional developmental areas are identified and suggested.