Martin Keith Steven Crowley

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D.O.B: 25th August 1993

Profile

- Good communication and listening skills
- Get on well with other people
- Self-motivated and independent
- SIA Security license valid till: 28th August 2021
- Fire Marshal course completed

Experience

<u>DaySecure</u> (Formerly Cardinal Security) – Security Guard

Aug 2012 - Present

Responsible for monitoring and maintaining the security of the various premises covered by the Bernard Matthews contract via static gate duties, mobile patrols on foot and by vehicle. Site patrols require that I circulate amongst visitors and employees with the aim to preserve order and protect the safety of the site, including that of staff as well as company property. This could mean warning people of violations of the premises rules and reporting any violations accordingly.

Duties

- Providing a visible onsite security and deterrent presence.
- Watching out for, reporting and dealing with suspicious or unusual activity.
- Patrolling & monitoring the sites, including: offices buildings, factories, farms and car parks.
- Dealing with hostile visitors, employees and customers and escorting them from the site.
- Meeting and greeting official visitors.
- Locking up premises and making sure that doors, windows and gates are secured.
- Completing fire alarm and health and safety checks.
- Monitoring and authorising the entrance and departure of employees & visitors to the site.
- Dealing with emergency situations as they arise.
- Answering telephone calls and providing information during non-business hours.
- Reporting any incidents of concern to the security management and/or appropriate department.
- Responsible for monitoring and operating CCTV cameras and Alarm Systems.
- Assisting in administering first aid and reporting any accidents.
- Responding in a timely manner to alarms that have been set off by taking appropriate action and informing security management and emergency services when required.

Key Skills and Competencies

- Ability to handle conflict situations tactfully but firmly.
- Experience of night patrol duties and securing building perimeters.
- Ability to remain in a static position for long periods and work 12 hour shifts.

Royal Marines Jan 2012 – May 2012

In January 2012 I joined the Royal Marines as a recruit with the purpose to complete the much coveted 32 week Commando Training course at the Commando Training Centre Royal Marines at Lympstone, Exeter and pass out as a Royal Marines Commando. Sadly due to personal issues, I could not complete the course and had to leave early.

Throughout my time at CTCRM, I completed many areas of military training, including:

- Passing many uniform, kit and locker inspections on camp, and on exercise
- Completing both gym pass out and military drill pass out
- Going on various field exercises and learning military field training
- Weapons handling and range shoots
- · Leadership training, whilst on group orienteering during the day and night

Sports Direct - Sales Advisor

Oct 2011 - Jan 2012

In this role I had the opportunity to perform a number of tasks. To ensure the smooth running of the shop, and maintaining the shop standards by :

- Receiving deliveries, stock control, facing up shelves, gap checking
- Helping customers to find what they wanted, advising on products
- Operating the till and accurately handling cash and credit/debit cards
- Using the ICT systems for stock and pricing
- Participating in the day-to-day running of the shop
- Ensure all Health & Safety procedures are effectively carried out and reporting any concerns to the Retail Manager
- Work as part of a team with my colleagues
- Contribute to the identification of objectives for the short, medium and long term
- Being vigilant at all times and to help minimise stock loss.

Many aspects of the course work I completed in PE and through my own physical training were useful in this role as it allowed me to share my knowledge with other people.

Throughout my time I became more conversant with the way Sports Direct works and enjoyed the interaction between myself and the customers. As I learnt more about the shop and the products sold I found it easier to talk to people and enjoyed being able to show them what they wanted and where it was.

Halfords - Work Experience (Sales Advisor)

July 2008

I did a week's work experience at the Dereham Branch, my supervisor was Mike Wright during that week. I had the opportunity to perform a number of tasks during my work experience week, they ranged from :

- Stocking / facing up shelves / gap checking
- Stock room / deliveries
- Building bikes
- Instruction on Sat Navs and their key features
- Using the ICT systems for stock and pricing
- Assisting customers with their enquiries
- Helping customers to find what they wanted

Throughout the week I became more conversant with the way Halfords works and enjoyed the interaction between myself and the customers.

Key attributes

- Motivated
- Hard Working
- Punctual
- Keen to learn new skills
- IT Literate
- Clean Driving Licence

- Presentable
- Reliable
- Trustworthy
- · Good communicator
- Smart, Well Groomed & Confident
- Conscientious

Education

City College of Norwich

Sept 2009 to July 2011

BTEC National Diploma Level 3 Uniformed Public Services - Passed with Triple Distinction

Northgate High School

Sept 2004 to July 2009

- English Language GCSE Grade B
- English Literature GCSE Grade B
- French GCSE Grade B
- Science GCSE Grade A
- Additional Science Grade A
- Math GCSE Grade B
- History GCSE Grade C
- Physical Education GCSE Grade A
- RE GCSE Grade C
- ICT GCSE Grade B
- ICT GCSE Grade C

Additional Information

- Nominated and awarded for work excellence 5 consecutive years
- Awarded the title of Prefect in year 10 & 11
- Awarded the title of Prefect Buddy in year 11 (only 16 of these positions in the academic year)
- Played for the school rugby, rounder's & basketball team and was involved in coaching sessions with the younger students in the School
- Bronze Medallion in life saving & personal survival
- Completed a one week Outward Bound course at the Ullswater Outward Bound Trust Centre
- Completed and achieved a Superior Pass in the Potential Royal Marines Course

Interests

My hobbies are cinema, music, reading, gaming, swimming, running & going to the gym. I like to socialise with my wide circle of friends.